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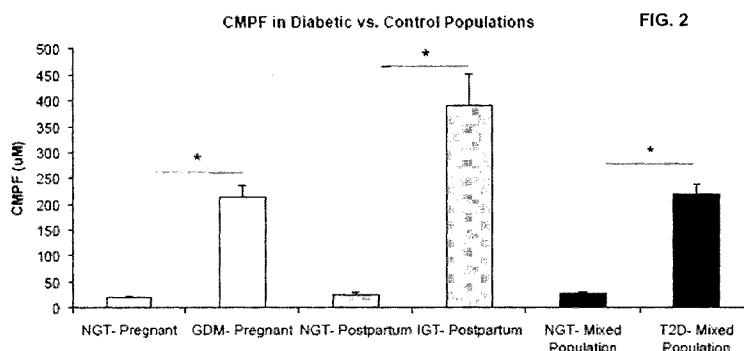
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(54) Title: CMPF AS A BIOMARKER FOR DIABETES AND ASSOCIATED METHODS



(57) Abstract: Provided are methods for identifying or monitoring a subject having, or at risk of developing, impaired glucose homeostasis. Carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) is shown to be a biomarker for impaired glucose homeostasis and/or conditions characterized by  $\beta$ -cell dysfunction. Comparing a test level of CMPF in a subject to a control level identifies subjects having, or at risk of developing, impaired glucose homeostasis. Also provided are methods of causing impaired glucose homeostasis or  $\beta$ -cell dysfunction and methods of screening for compounds that affect the activity of  $\beta$ -cells. Also provided are methods for the treatment of  $\beta$ -cell dysfunction by reducing the physiological levels of CMPF in a subject as well as the use of a OAT modulator for the treatment of  $\beta$ -cell dysfunction.

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CMPF AS A BIOMARKER FOR DIABETES AND ASSOCIATED METHODSRELATED APPLICATIONS

[0001] This application claims priority to United States Provisional Patent Application No. 61/703,867 filed on September 21<sup>st</sup>, 2012, and United States Provisional Patent Application No. 61/787,718 filed on March 15<sup>th</sup>, 2013, the contents of which are both hereby incorporated by reference in their entirety.

FIELD

[0002] The present invention relates to the field of diabetes and more specifically to 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) as a biomarker for subjects having, or at risk of developing, impaired glucose homeostasis and/or diabetes.

INTRODUCTION

[0003] Rising obesity rates, increasingly sedentary lifestyles and an aging population continue to drive dramatic increases in the prevalence of type 2 diabetes (T2D). An estimated 260 million people worldwide are affected by T2D, with millions more living with pre-diabetes, a condition of impaired glucose tolerance (IGT) which puts an individual at higher risk of developing T2D, and a further 7 million people being newly diagnosed annually. While obesity and insulin resistance contribute to the development of T2D, it is ultimately the inability of the  $\beta$  cell to respond to changing metabolic demands that leads to the development of the disease.

[0004] Importantly, the occurrence of another form of diabetes, Gestational Diabetes Mellitus (GDM) is also increasing. GDM currently afflicts 3-14% of pregnant women and is a condition in which women with no previous history of diabetes exhibit IGT during late pregnancy when there is severe insulin resistance. This severe acquired insulin resistance provides a significant physiological stress on  $\beta$  cell compensatory capacity, similar to that observed in T2D, wherein appropriate adaptation results in normal glucose tolerance (NGT), indicative of a low risk of future T2D, and insufficient  $\beta$  cell



(b) comparing the test level of CMPF to a control level wherein a difference or similarity in the test level of CMPF relative to the control level is indicative of the subject having, or at risk of developing, impaired glucose homeostasis.

5 [0009] In one embodiment, the control level is representative of a level of CMPF in subjects without impaired glucose homeostasis and an increased test level of CMPF relative to the control is indicative of the subject having, or at risk of developing impaired glucose homeostasis. In one embodiment, the control level is representative of a level of CMPF in subjects with impaired  
10 glucose homeostasis and a similar or greater test level of CMPF relative to the control is indicative of the subject having, or at risk of developing impaired glucose homeostasis. Optionally, the method further comprises treating a subject identified as having, or at risk of developing, impaired glucose homeostasis. For example, in one embodiment, a subject identified as having  
15 impaired glucose homeostasis is treated with a CMPF inhibitor. In one embodiment, the subject is treated with insulin. In one embodiment, the subject is treated with metformin, GLP-1 receptor agonists, GLP-1 analogs, sulfonylureas or an insulin sensitizer. In some embodiments, treating a subject comprises administering to the subject an agent suitable for the  
20 treatment of impaired glucose homeostasis such as a CMPF inhibitor, insulin, metformin, GLP-1 receptor agonists, GLP-1 analogs, sulfonylureas, or insulin sensitizers etc.

[0010] In another embodiment, there is provided a method of monitoring a subject having impaired glucose homeostasis comprising:

25 (a) determining a test level of 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) in a sample from the subject; and  
  
(b) comparing the test level of CMPF to a level of CMPF from the subject at an earlier time point, wherein an increase in the level of CMPF is indicative of more severe impaired glucose homeostasis in  
30 the subject or a decrease in the level of CMPF is indicative of improved glucose homeostasis in the subject.

[0011] In one embodiment, the methods described herein for identifying or monitoring a subject having impaired glucose homeostasis include obtaining or providing a sample from the subject prior to determining a test level of CMPF. In one embodiment a subject having, or at risk of developing, 5 impaired glucose homeostasis has, or is at risk of developing a condition characterized by  $\beta$ -cell dysfunction. In one embodiment, the condition characterized by  $\beta$ -cell dysfunction is impaired glucose tolerance, pre-diabetes, gestational diabetes mellitus, insulin resistance or type 2 diabetes. Optionally, the step of determining the test level of CMPF in the sample 10 comprises detecting CMPF in the sample. For example, in one embodiment CMPF is detected in the sample using mass spectrometry, spectroscopy or immunohistochemistry. In one embodiment, CMPF is detected using an antibody specific for CMPF, such as in an enzyme-linked immunosorbent assay. In one embodiment, CMPF is detected using gas 15 chromatography/mass spectrometry (GC-MS) or liquid chromatography mass spectrometry (LC-MS).

[0012] In another embodiment, there is provided a method of causing  $\beta$ -cell dysfunction in one or more  $\beta$ -cells comprising contacting the one or more  $\beta$ -cells with CMPF. Optionally, the  $\beta$ -cells are *in vivo*, *in vitro* or *ex vivo*. 20 In one embodiment, contacting the  $\beta$ -cells with CMPF causes impaired insulin secretion. In one embodiment, the method comprises contacting the cells with a concentration of CMPF greater than 20  $\mu$ M, 50  $\mu$ M, 100  $\mu$ M, 150  $\mu$ M, 200  $\mu$ M, 300  $\mu$ M or 500  $\mu$ M. Optionally, the  $\beta$ -cells are in a subject *in vivo* and the method comprises administering CMPF to the subject. In one embodiment, 25 the subject is an animal such as a mouse or rat. Optionally, the methods described herein of causing  $\beta$ -cell dysfunction are useful for generating *in vitro* or *in vivo* models of  $\beta$ -cell dysfunction. In some embodiments, such models are useful for screening test agents to identify candidates useful for treating conditions associated with impaired glucose homeostasis or  $\beta$ -cell 30 dysfunction.

[0013] In one embodiment, there is provided a method of screening for agents that affect the activity of  $\beta$ -cells comprising:

- (a) providing one or more  $\beta$ -cells wherein the activity of the  $\beta$ -cells has been reduced by contacting the  $\beta$ -cells with 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF);
- (b) contacting the  $\beta$ -cells with a test agent; and
- 5 (c) determining the effect of the test agent on the activity of the  $\beta$ -cells.

[0014] In one embodiment, the method further comprises identifying the test agent as effective if its effect on the activity of the  $\beta$ -cells is above a threshold level. In one embodiment, the activity is insulin secretion. In one embodiment, the activity is insulin exocytosis. In one embodiment, the activity is glucose stimulated insulin secretion (GSIS). In one embodiment, the activity is fatty acid or amino acid stimulated insulin secretion. In one embodiment, the activity is insulin secretion as regulated by the incretin hormones. In one embodiment, the activity is the transcription or translation of genes that control insulin biosynthesis and/or secretion (exocytosis), insulin-regulating genes or glucose-sensing genes. In one embodiment, the activity is the transcription or translation of one or more genes that directly or indirectly affect insulin transcription, insulin translation, insulin biosynthesis and/or secretion (exocytosis), insulin-regulating genes or glucose-sensing genes. In one embodiment, the one or more genes are selected from SLC2A1, SLC2A2, GCK, Kir6.2, ABCC8, CACNA1D, CACNA1A, CACNA1H, KCNB1, SNAP25, STX1A, VAMP2, SYN1A, PDX1, MAFA, NKX6.1, INS (in mice INS1 or INS2), PCSK1, PCSK2 and CPE. In one embodiment, the activity is  $\beta$ -cell mass expansion or  $\beta$ -cell loss. Optionally, test agents that affect the activity of  $\beta$ -cells are identified as candidates useful for the treatment of a condition characterized by  $\beta$ -cell dysfunction.

[0015] In another embodiment, there is provided a method of treating  $\beta$ -cell dysfunction in a subject in need thereof, comprising administering to the subject a 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) inhibitor. In one embodiment, there is also provided the use of a CMPF inhibitor for the treatment of  $\beta$ -cell dysfunction in a subject in need thereof. In one embodiment, there is also provided a CMPF inhibitor for use in the

treatment of  $\beta$ -cell dysfunction in a subject in need thereof. Also provided is the use of a CMPF inhibitor in the manufacture of a medicament for the treatment of  $\beta$ -cell dysfunction. Optionally, the subject has, or is suspected of having, impaired glucose homeostasis, impaired glucose tolerance, pre-  
5 diabetes, insulin resistance, gestational diabetes mellitus or type 2 diabetes. In one embodiment, the CMPF inhibitor is an OAT inhibitor. In one embodiment, the CMPF inhibitor is an OAT activator.

[0016] In one embodiment, the CMPF inhibitor lowers the physiological concentration of CMPF in the blood. In one embodiment, the CMPF inhibitor  
10 lowers the physiological concentration of CMPF in pancreatic islet cells. In one embodiment, the CMPF inhibitor lowers the physiological concentration of CMPF in insulin producing cells such as  $\beta$ -cells. In one embodiment, the CMPF inhibitor is an OAT modulator. In one embodiment, the OAT modulator is an inhibitor of OAT1, OAT3 and/or OAT4. Examples of OAT-specific  
15 inhibitors include, but are not limited to probenecid, p-aminohippurate (PAH), pravastatin, novobiocin, sulfinpyrazone, and benzylpenicillin/Penicillin G (PCG), cilastatin and KW-3902. In one embodiment, the OAT inhibitor is a non-specific OAT inhibitor such as probenecid. In one embodiment, the OAT inhibitor is specific for OAT1 such as PAH. In one embodiment, the OAT  
20 inhibitor is specific for OAT3 such as PCG or Pravastatin.

[0017] Other features and advantages of the present invention will become apparent from the following detailed description. It should be understood, however, that the detailed description and the specific examples while indicating preferred embodiments of the invention are given by way of  
25 illustration only, since various changes and modifications within the spirit and scope of the invention will become apparent to those skilled in the art from this detailed description.

#### BRIEF DESCRIPTION OF THE DRAWINGS

[0018] Figure 1. A) Histogram showing fold change in biomolecules  
30 significantly changed in GDM vs. NGT patient plasma based on metabolomic profiling. CMPF is the most highly upregulated with a 5.69 fold increase in

GDM vs. NGT. B) Results of two independent metabolomic screens on unique cohorts showing a similar fold increase in CMPF in GDM compared to NGT patients. First run in black, second run in white, average of two runs in grey. GDM values are all significantly elevated compared to respective NGT populations, \*P<0.01.

[0019] Figure 2 shows ELISA results showing significantly elevated levels of CMPF in plasma samples of GDM vs. NGT patients taken during pregnancy, IGT vs. NGT patients taken postpartum, and T2D vs. NGT controls in a mixed gender population. GDM-pregnant patients (N=24) have ~10 fold greater plasma concentration of CMPF as compared to NGT-pregnant (N=24) controls, p<0.001. Plasma samples taken from the same pregnant women one year postpartum show that women who had GDM and went on to develop IGT postpartum (N=5) had a 13 fold increase in plasma CMPF compared to women who maintained NGT both during pregnancy and postpartum (N=5). Plasma samples from a mixed gender population of T2D (N=6) show a ~10 fold increase in plasma CMPF as compared to an NGT control population (N=6). In all cases, P<0.05, and samples are matched for age, race, gender and pre-pregnancy BMI. For the pregnancy and postpartum samples, patients are also matched for family history of diabetes.

[0020] Figure 3 shows that CMPF significantly impairs GSIS in MIN6 cells and intact primary human and murine islets. A) Treatment of MIN6 cells with either vehicle (0 CMPF, black) or 200uM CMPF (white), shows that CMPF treatment significantly impairs GSIS and KCl-stimulated insulin secretion after a 4 hour pre-incubation (n=4). Treatment of primary human (B) and murine (C) islets with vehicle (0 CMPF, black), 20uM CMPF (grey), or 200uM CMPF (white) demonstrated that 200uM CMPF impairs GSIS after 24 hour pre-incubation in both human and murine islets as compared to both vehicle and 20uM CMPF controls (n=5 for human and n=4 for murine islets). LG= 2.8mM glucose, HG=16.7mM glucose, KCl= 16.7mM glucose + 30mM KCl. \*p<0.05.

[0021] Figure 4 shows that CMPF treatment does not induce apoptosis or necrosis in in vitro treated cells despite inhibiting GSIS. A) MIN6 cells were treated for 4hrs with 0uM (EtOH vehicle control), 20uM or 200uM CMPF prior to being loaded with Annexin V and propidium iodide fluorescent dyes, and counterstained with Hoechst dye. Annexin V and propidium iodide staining were only observed in the positive control, MIN6 treated with 5mM H<sub>2</sub>O<sub>2</sub> for 3hrs. B) Primary CD1 islets were dispersed and treated with vehicle control (0 CMPF, black), 20uM CMPF (grey), or 200uM CMPF (white) for 48 hours, then stained with Annexin V, Propidium Iodide and Hoechst dye. Quantification of double positive staining was assessed by an Arrayscan VTI HCS reader.

[0022] Figure 5 shows that CMPF treatment reduces total insulin content and expression of genes associated with insulin biosynthesis and glucose sensing. Murine islets were treated for 24hrs with vehicle control (0 CMPF), 20uM (20 CMPF), or 200uM (200 CMPF) CMPF, and assessed for total insulin content and mRNA expression. 200uM CMPF significantly reduced total insulin content (A) and insulin mRNA (B) as compared to vehicle control. Decreased insulin mRNA expression may be due to decreased expression of insulin transcription factors including Pdx-1, MafA and HNF4a (C). Decreased expression of insulin processing enzymes PCSK1, 2 and CpE (D) indicate that CMPF may also impair post-translational insulin processing. Finally, CMPF causes decreased expression of the beta cell glucose transporter GLUT2, and GCK, the rate-limiting enzyme critical for glucose metabolism (E), perhaps impairing glucose sensing and metabolism. In all cases n=4, \*P<0.05.

[0023] Figure 6 shows that IP injections of CMPF elevate plasma levels and OGTTs performed following 3 days of IP injection show impaired insulin secretion and impaired glucose tolerance in mice treated with CMPF. CD1 mice were injected IP with either vehicle control (black) or CMPF (white). A) Plasma samples were taken at 10, 30, 60, 120 and 360 minutes post-IP injection and assayed for CMPF. Mice injected with CMPF had significantly elevated (p<0.05) levels of plasma CMPF for up to 2 hours but not at 6 hours post-injection (n=4/group). Over the 3-day course of IP injections, mice were

monitored for body weight (B), random-fed blood glucose (C) and plasma insulin (C). There was no difference in any of these parameters. Following 3 consecutive days of CMPF injections, mice were fasted for 14hrs and OGTTs were performed. CMPF treated mice have significantly impaired insulin secretion compared to vehicle injected controls (D) and impaired glucose tolerance (C) (n=10 per group, p<0.05).

[0024] Figure 7 shows that islets taken from mice injected IP with CMPF for 3 days show impaired GSIS, decreased total insulin content and decreased insulin mRNA. A) There is no significant difference in islet size between CMPF injected mice (Treated, white) and vehicle controls (Control, black). The islets do demonstrate impaired GSIS (B), decreased total insulin content (C) and decreased insulin mRNA (D), consistent with in vitro treatment of isolated primary islets. N=5, \*P<0.05.

[0025] Figure 8 shows that CMPF may cause insulin resistance and OGTTs performed following 7 days of IP injection show impaired insulin secretion and impaired glucose tolerance in mice treated with CMPF. CD1 mice were injected IP with either vehicle control (black) or CMPF (white). Over the 7-day course of IP injections, mice were monitored for body weight (A), and random-fed blood glucose (B) and plasma insulin (C). There was no difference in either body weight or blood glucose, however the CMPF-treated mice had significantly elevated plasma insulin levels on days 4-7 of injections, indicating that CMPF is contributing to insulin resistance. The lower body weights on day 8 are following a 14-hour fast, immediately prior to the OGTTs. Following 7 consecutive days of CMPF injections, mice were fasted for 14hrs and OGTTs were performed. CMPF treated mice have significantly impaired glucose tolerance (D) compared to controls, which corresponded to significantly impaired insulin secretion (E). Islets isolated from the mice immediately following the OGTTs showed significantly increased insulin secretion under low glucose and significantly reduced insulin secretion under high glucose in CMPF injected mice relative to controls (F). (n=8 per group, p<0.05).

[0026] Figure 9 shows the structure and molecular formula of 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF). CMPF is found endogenously at concentrations of 20 $\mu$ M in healthy individuals and in excess of 200 $\mu$ M in uremic individuals.

5 [0027] Figure 10 shows that CMPF impairs beta cell function after 24 hours of treatment. CD1 mouse islets treated for 24 hours with 200 $\mu$ M CMPF have significantly impaired glucose- and KCl-stimulated insulin secretion compared to vehicle treated controls.

[0028] Figure 11 shows that OAT1 and OAT3 function in CMPF  
10 transport into the kidney while OAT4 is responsible for secretion into the kidney lumen. OATs 1 and 3 function as exchangers, absorbing CMPF from the plasma into the proximal tubule cells of the kidney, and releasing dicarboxylic acids into the blood. The co-transporter NaDC3 replenishes dicarboxylic acid in the cells by transporting both dicarboxylic acids and  
15 sodium ions into the cells. Once CMPF is in the tubule cells, it is excreted into the kidney lumen by OAT4 in exchange for chloride ions.

[0029] Figure 12 shows that probenecid blocks OAT transporter function in vivo. Panel (A) is adapted from Costigan et al. 1996 and shows  
20 CMPF is cleared from the plasma when 5mg/kg is administered alone (light grey). When CMPF is co-administered with 150mg/kg probenecid, its clearance is significantly reduced over time. Panel (B) shows that twice daily injections of 150mg/kg probenecid in mice inhibits OAT transporter function, as evidenced by significantly reduced plasma uric acid concentrations.

[0030] Figure 13 shows that the OAT transporters and co-transporter  
25 are expressed in the pancreatic islet cells. In panel (A) OAT1, OAT3 and NaDC3 are expressed in the mouse islet at levels comparable to other islet genes. Panel (B) shows that OAT3 and NaDC3 are predominantly expressed in insulin-producing cells, while OAT1 and OAT4 are predominantly expressed in noninsulin producing human islet cells. C) Expression of OAT1,  
30 OAT3 and NaDC3 is confirmed in human islets by western blotting. The human proximal tubule cell line HK-2 was used as positive control.

[0031] Figure 14 shows that inhibition of the OAT transporters blocks CMPF-inhibition of beta cell function. Panel (A) shows that pre-treatment of islets with 1mM Probenecid prior to 24 hour treatment with 200uM CMPF preserved insulin secretion in isolated mouse islets. Panel (B) shows that pre-treatment of islets with 300uM of the OAT3-specific blocker PCG prior to 24 hour treatment with 200uM CMPF preserved glucose-stimulated insulin secretion in isolated mouse islets.

[0032] Figure 15 shows that Probenecid *in vivo* has no effect on glucose tolerance. Mice injected with 150mg/kg probenecid twice daily for 3 days had no difference in (A) body weight or (B) blood glucose. Panel (C) shows an OGTT was performed on day 4 and showed no difference in glucose tolerance between vehicle controls and probenecid-injected mice.

[0033] Figure 16 shows that after 7 days of CMPF injection, mice have reduced glucose utilization based on hyperinsulinemic-euglycemic clamps. A) Schematic illustrating injection and surgical timeline. B) Glucose infusion rate (C) glucose appearance and (D) disappearance rates and (E) glycolytic rate in 7 day CMPF-injected mice compared to vehicle controls (N=4/group). No difference in the post/basal glycolytic rate suggests that CMPF does not induce insulin resistance, but instead decreases glucose appearance and disappearance rates. \*\*P<0.01, \*\*\*P<0.001. Values mean  $\pm$  SEM.

[0034] Figure 17 shows that CMPF is metabolized by beta-cells to increase ROS and alter insulin biosynthesis. A) Proinsulin in the media of 24hr treated islets (n=4/group). B) Mitochondrial membrane potential (MMP) following acute addition of vehicle control or 200 $\mu$ M of CMPF (N=3/group). C) ROS levels in 4- and 24-hour treated mouse islets with representative images (N=10-15 islets/mouse from 4 mice/group). D) Expression of antioxidant genes *Cat* and (e) *Ucp2* (n=4/group). F) ROS accumulation in 24hr-treated islets treated with 500 $\mu$ M NAC (n=10 islets/mouse from 4 mice/group). G) GSIS and (h) total insulin content from 24hr-treated islets co-treated with 500 $\mu$ M NAC (n=4/group). Western blots showing (i) Ser9 phosphorylation of GSK3 $\beta$ , (j) Ser473 phosphorylation of AKT (n=3/group). K)

Immunofluorescent staining showing nuclear translocation of FOXO1 and (l) PDX1 with CMPF and NAC treatment (n=3-6). Quantification of nuclear percentage of (m) FOXO1 and (n) PDX1 based on immunofluorescent staining with CMPF and NAC treatment. O) Western blots showing protein abundance of PDX1 and FOXO1. Values are mean +/- SEM. Student's t-test (a, c-j, m-o), one-way ANOVA (b). \*P<0.05, \*\*P<0.01, \*\*\*P<0.001.

[0035] Figure 18 shows that CMPF causes decreased expression of insulin biosynthesis genes, and altered expression of metabolic genes. A) Expression of insulin, insulin processing enzymes, insulin transcription factors and glucose-sensing genes in 24-hour treated islets (N=5-6/group). B) MMP following 24-hour incubation with control or 200µM CMPF, and change in fluorescence (N=4/group). C) Classification of significantly changed genes by microarray in 24-hour treated mouse islets based on biological function (N=3, P<0.05). Values are mean +/- SEM. Student's t-test (a,c), one-way ANOVA (b). \*P<0.05, \*\*P<0.01

[0036] Figure 19 shows that CMPF enters the beta-cell through Organic Anion Transporter 3. A) Microarray analysis of human islets showing expression of OAT transporters and beta-cell genes (n=3). Validation of OAT expression in human islets by (b) RT-PCR, (c) western blot, and (d) immunofluorescent staining with insulin (n=3-5). Human kidney samples are from the HK2 human proximal tubule cell line. GSIS from murine islets co-treated with OAT inhibitors (e) Probenecid, (f) benzylpenicillin (PCG) and (g) p-aminohippurate (PAH) (n=4/group). h) Total insulin content from murine islets co-treated with CMPF and PCG (n=4). Values mean +/- SEM. Student's t-test (a, e-h). \*P<0.05, \*\*P<0.01, \*\*\*P<0.001.

[0037] Figure 20 shows that conjugating CMPF to fatty acid-free BSA has no effect on CMPF-impaired glucose-stimulated insulin secretion. CMPF was conjugated to fatty acid free BSA for 6 hours prior to addition of islets for green and blue bars. The same protocol used for the conjugation of oleate was used. Black and white bars indicate addition of CMPF with 0.1% BSA in the media without pre-conjugation. N=3. \*P<0.05.

DESCRIPTION OF VARIOUS EMBODIMENTS

[0038] In one aspect of the description, 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) has been shown to be a biomarker useful for identifying subjects having, or at risk of developing, impaired glucose homeostasis. As set out in Example 1, levels of the furan fatty acid CMPF were found to be elevated in subjects with gestational diabetes mellitus (GDM) compared to subjects with normal glucose tolerance. Women who developed impaired glucose tolerance within 1 year post-partum following GDM were also found to have particularly elevated levels of CMPF compared to women who maintained normal glucose tolerance over the same time period. In another aspect of the disclosure, high physiologically relevant levels of CMPF have been shown to impair insulin secretion *in vitro*. Furthermore, injections of CMPF have been shown to impair  $\beta$ -cell function and prevent glucose stimulated insulin secretion *in vivo*. CMPF therefore impairs glucose disposal as measured by a glucose tolerance test and is associated with the pathogenesis of impaired glucose homeostasis and conditions characterized by  $\beta$ -cell dysfunction such as GDM, impaired insulin secretion, glucose intolerance and type II diabetes. The use of a CMPF inhibitor such as probenecid has been shown to abolish the effect of CMPF on glucose-stimulated insulin secretion. Remarkably, the administration of probenecid has also been shown to elevate circulating CMPF levels *in vivo* without altering glucose tolerance. CMPF inhibitors that reduce the physiological levels of CMPF in the blood and/or pancreatic islets cells are therefore expected to be useful for the treatment of  $\beta$ -cell dysfunction, such as in subjects with impaired glucose homeostasis.

[0039] The present description therefore provides methods for identifying subjects having, or at risk of developing, impaired glucose homeostasis as well as methods for monitoring subjects with impaired glucose homeostasis. Optionally, subjects having or at risk of developing impaired glucose homeostasis have  $\beta$ -cell dysfunction or a condition characterized by  $\beta$ -cell dysfunction. Optionally, the methods described herein

are useful for identifying or monitoring subjects with impaired glucose homeostasis who do not have  $\beta$ -cell dysfunction.

[0040] Also provided are methods for causing  $\beta$ -cell dysfunction by contacting one or more cells with CMPF. Methods for causing  $\beta$ -cell  
5 dysfunction are useful for generating *in vitro* or *in vivo* models of impaired glucose homeostasis and conditions characterized by  $\beta$ -cell dysfunction. The present disclosure also provides methods of screening for compounds that affect the activity of  $\beta$ -cells. Also provided are methods for the treatment of  $\beta$ -  
10 cell dysfunction or a condition characterized by  $\beta$ -cell dysfunction comprising administering to the subject a CMPF inhibitor, or the use of a CMPF inhibitor for the treatment of  $\beta$ -cell dysfunction or a condition characterized by  $\beta$ -cell dysfunction. In one embodiment, the CMPF inhibitor is an OAT activator and treatment with the OAT activator helps reduce the levels of CMPF in the  
15 blood. Optionally, the CMPF inhibitor is an OAT inhibitor such as probenecid, p-aminohippurate (PAH) or benzylpenicillin (PCG), or combinations thereof. In one embodiment, treatment with an OAT inhibitor helps reduce the levels of CMPF in pancreatic islet cells.

#### *Definitions*

[0041] As used herein, "impaired glucose homeostasis" refers to a  
20 transient or persistent condition wherein a subject is unable to maintain normal levels of glucose in the blood. Examples of impaired glucose homeostasis include, but are not limited to, impaired insulin secretion, impaired glucose tolerance, pre-diabetes, gestational diabetes mellitus, insulin resistance or type 2 diabetes. Optionally, subjects with impaired glucose  
25 homeostasis also have  $\beta$ -cell dysfunction.

[0042] As used herein, the term " $\beta$ -cell dysfunction" refers to a condition wherein the viability or physiological activity of  $\beta$ -cells is impaired. In one embodiment,  $\beta$ -cell dysfunction refers to the inability of beta cells to secrete sufficient bioactive insulin to maintain normal levels of glucose, fatty  
30 acids and other nutrients in the blood and tissues. In one embodiment,  $\beta$ -cell dysfunction refers to inappropriately exaggerated insulin secretion by  $\beta$ -cells

that contributes to the development of insulin resistance  $\beta$ -cell dysfunction is optionally a condition of one or more cells *in vitro*, *ex vivo*, or *in vivo*. Examples of  $\beta$ -cell dysfunction include, but are not limited to, impaired insulin secretion, impaired glucose tolerance, pre-diabetes, gestational diabetes mellitus, insulin resistance or type 2 diabetes.

[0043] As used herein, the term "subject" refers to any member of the animal kingdom that has  $\beta$ -cells which store and release insulin in order to control levels of glucose in the blood. In one embodiment, the subject is a human. In one embodiment, the subject has, or is suspected of having, a condition characterized by  $\beta$ -cell dysfunction. In one embodiment, the subject is an animal such as a rat or mouse.

[0044] The term "sample" refers to any fluid or other specimen from a subject which can be assayed for CMPF. For example, in one embodiment, the sample is blood or a blood derivative such as serum or plasma. Optionally, the sample is plasma in the form of EDTA (sodium, K2 or K3) or heparin. In one embodiment, the sample is urine or sweat. In one embodiment, levels of CMPF are determined in a test sample from a subject. Optionally, the test sample may be a frozen or archived sample.

[0045] The term "control level" as used herein refers to a level of CMPF in sample from a subject or a group of subjects who are either known as having a particular condition or as not having a particular condition. The control can vary depending on what is being monitored, assessed or identified. For example, in one embodiment a difference or similarity in the test level of CMPF relative to the control level is indicative of the subject having, or at risk of developing, impaired glucose homeostasis. In one embodiment a difference or similarity in the test level of CMPF relative to the control level is indicative of the subject having, or at risk of developing, the condition characterized by  $\beta$ -cell dysfunction. The control can also be a predetermined standard, average or reference range of values. Optionally, the term "control level" includes a level of CMPF in a test sample from a subject determined at an earlier time point. In one embodiment, the control is an age

or sex-matched control. In some embodiments, the control level is indicative of a subject without impaired glucose homeostasis, optionally about 20  $\mu\text{M}$ . In some embodiments, the control level is indicative of a subject with impaired glucose homeostasis, optionally about 50  $\mu\text{M}$ , 100  $\mu\text{M}$ , 150  $\mu\text{M}$  or 200  $\mu\text{M}$ . In  
5 some embodiments, a level of CMPF greater than the control level indicates that a subject has, or is at risk of developing, impaired glucose homeostasis.

[0046] As used herein "agent" refers to a molecule, compound or substance of determined or undetermined composition including but not limited to organic or inorganic molecules, polypeptides, antibodies,  
10 polysaccharides or other biomolecules or an extract made from biological materials such as bacteria, plants, fungi, or animal cells or tissues. Optionally the agent is a molecule, compound or substance in an array such as a combinatorial small molecule array or display library. In one embodiment, the agent is an organic compound such as probenecid, p-aminohippurate (PAH)  
15 or benzylpenicillin (PCG).

[0047] As used herein, "activity of  $\beta$ -cells" refers to any changes in the size, viability or physiological activity of  $\beta$ -cells that impacts the sensing of nutrients or the synthesis, storage or release of insulin. Examples of the activity of  $\beta$ -cells include, but are not limited to glucose stimulated insulin  
20 secretion, transcription or translation of insulin genes or glucose-sensing genes, a change in the number of  $\beta$ -cells or an expansion, depletion or failure in expansion in  $\beta$ -cell mass. Optionally, the methods described herein include determining the effect of a test agent on a single activity or two or more activities of one or more  $\beta$ -cells.

25 [0048] As used herein, the term "impaired glucose tolerance" refers to a condition marked by a pre-diabetic state of hyperglycemia that is associated with insulin resistance. The term "insulin resistance" refers to a physiological condition wherein insulin becomes less effective at lowering blood sugar levels. The term "gestational diabetes mellitus" refers to a condition in which  
30 women without previously diagnosed type 2 diabetes exhibit high blood glucose levels during pregnancy. As used herein, the term "pre-diabetes"

refers to a condition wherein a subject exhibits impaired fasting glycemia and/or impaired glucose tolerance which has not progressed to diabetes mellitus or type 2 diabetes. As used herein, the term "type 2 diabetes" also known as non-insulin-dependent diabetes mellitus (NIDDM) is a metabolic disorder characterized by high blood glucose in the context of insulin resistance and relative insulin deficiency. Optionally, type 2 diabetes refers to subjects with fasting plasma glucose  $\geq 7.0$  mmol/l (126 mg/dl). Suitable criteria for the identifying subjects with impaired glucose homeostasis, diabetes,  $\beta$ -cell dysfunction and/or related conditions are found in *Standards of Medical Care in Diabetes- 2012 Diabetes Care*, volume 35, supplement 1, January 2012, hereby incorporated by reference.

[0049] The term "antibody" as used herein is intended to include monoclonal antibodies, polyclonal antibodies, and chimeric antibodies. The antibody may be from recombinant sources and/or produced in transgenic animals. The term "antibody fragment" as used herein is intended to include without limitations Fab, Fab', F(ab')<sub>2</sub>, scFv, dsFv, ds-scFv, dimers, minibodies, diabodies, and multimers thereof, multispecific antibody fragments and domain antibodies. Antibodies can be fragmented using conventional techniques. For example, F(ab')<sub>2</sub> fragments can be generated by treating the antibody with pepsin. The resulting F(ab')<sub>2</sub> fragment can be treated to reduce disulfide bridges to produce Fab' fragments. Papain digestion can lead to the formation of Fab fragments. Fab, Fab' and F(ab')<sub>2</sub>, scFv, dsFv, ds-scFv, dimers, minibodies, diabodies, bispecific antibody fragments and other fragments can also be synthesized by recombinant techniques.

[0050] Antibodies for CMPF are commercially available from Life Sciences Advanced Technology Inc. (St. Petersburg, FL) or Noventin Biosciences (Cambridge, Mass.). However, a person skilled in the art will appreciate that one could produce other antibodies that are specific for CMPF or for biomarkers associated with CMPF metabolism or degradation. To produce monoclonal antibodies, antibody producing cells (lymphocytes) can be harvested from an immunized animal with the antigen of interest (e.g.

CMPF) and fused with myeloma cells by standard somatic cell fusion procedures thus immortalizing these cells and yielding hybridoma cells. Such techniques are well known in the art, (e.g. the hybridoma technique originally developed by Kohler and Milstein (Nature 256:495-497 (1975)) as well as  
5 other techniques such as the human B-cell hybridoma technique (Kozbor et al., Immunol.Today 4:72 (1983)), the EBV-hybridoma technique to produce human monoclonal antibodies (Cole et al., Methods Enzymol, 121:140-67 (1986)), and screening of combinatorial antibody libraries (Huse et al., Science 246:1275 (1989)). Hybridoma cells can be screened  
10 immunochemically for production of antibodies specifically reactive with the antigen of interest and the monoclonal antibodies can be isolated.

[0051] As used herein the term "CMPF inhibitor" includes any agent which sequesters or lowers the physiological concentration of CMPF in blood or plasma and/or lowers the physiological concentration of CMPF in  
15 pancreatic islet cells. In one embodiment, the CMPF inhibitor increases the clearance of CMPF from plasma. In one embodiment, the CMPF inhibitor is an OAT activator. In one embodiment, the OAT activator increases the clearance of CMPF from plasma. In one embodiment, the CMPF inhibitor lowers the physiological concentration of CMPF in pancreatic  $\beta$ -cells. In one  
20 embodiment, the CMPF inhibitor inhibits the activity of an Organic Anion Transporter (OAT) expressed in pancreatic islet cells. In one embodiment, the CMPF inhibitor is an OAT inhibitor.

[0052] As used herein, "OAT inhibitor" refers to any agent that inhibits the expression or activity of an Organic Anion Transporter (OAT). In one  
25 embodiment, the OAT inhibitor inhibits the expression or activity of OAT1 (also known as SLC22A6), OAT3 (also known as SLC22A8) and/or OAT4 (also known as SLC22A11). Examples of OAT inhibitors include, but are not limited to, probenecid, benzylpenicillin (PCG) and p-aminohippurate (PAH).

[0053] As used herein "OAT activator" refers to any agent that  
30 increases the expression or activity of an Organic Anion Transporter (OAT). In

one embodiment, the OAT activator is specific for OAT4 (also known as SLC22A11).

[0054] "Treating" or "Treatment" as used herein and as is well understood in the art, means an approach for obtaining beneficial or desired results, including clinical results. Beneficial or desired clinical results can include, but are not limited to, alleviation or amelioration of one or more symptoms or conditions, diminishment of extent of disease, stabilized (i.e. not worsening) state of disease (e.g. maintaining sufficient insulin and/or physiologically normal levels of blood glucose), preventing spread of disease, delay or slowing of disease progression, amelioration or palliation of the disease state, diminishment of the reoccurrence of disease, and remission (whether partial or total), whether detectable or undetectable. "Treating" and "Treatment" can also mean prolonging survival as compared to expected survival if not receiving treatment. "Treating" and "treatment" as used herein also include prophylactic treatment. In one embodiment, treatment methods comprise administering to a subject a therapeutically effective amount of a CMPF inhibitor as described herein and optionally consists of a single administration, or alternatively comprises a series of administrations. In one embodiment, "treating" includes improving  $\beta$ -cell function in a subject with impaired glucose homeostasis.

[0055] As used herein, the phrase "effective amount" or "therapeutically effective amount" means an amount effective, at dosages and for periods of time necessary to achieve the desired result. For example in the context of treating impaired glucose homeostasis, an effective amount is an amount that [helps improve  $\beta$ -cell function or helps stabilize levels of insulin and/or glucose at physiologically normal concentrations] compared to the response obtained without administration of the compound. Effective amounts may vary according to factors such as the disease state, age, sex and weight of the subject. The amount of a given compound that will correspond to such an amount will vary depending upon various factors, such as the given drug or compound, the pharmaceutical formulation, the route of administration, the type of disease or disorder, the identity of the subject or host being treated,

and the like, but can nevertheless be routinely determined by one skilled in the art.

[0056] In one embodiment, the compounds such as the CMPF inhibitors described herein are prepared or formulated for administration to a subject in need thereof as known in the art. Conventional procedures and ingredients for the selection and preparation of suitable formulations are described, for example, in Remington's Pharmaceutical Sciences (2003 - 20th edition) and in The United States Pharmacopeia: The National Formulary (USP 24 NF19) published in 1999.

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*Methods of Identifying or Monitoring  $\beta$ -cell Dysfunction*

[0057] In one embodiment, there is provided a method of identifying a subject having, or at risk of developing, impaired glucose homeostasis. In one embodiment, the method comprises:

- 15 a) determining a test level of 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) in a sample from a subject; and  
(b) comparing the test level of CMPF to a control level wherein a difference or similarity in the test level of CMPF relative to the control level is indicative of the subject having, or at risk of developing,  
20 impaired glucose homeostasis.

[0058] There is also provided a method of monitoring a subject having impaired glucose homeostasis comprising:

- 25 (a) determining a test level of 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) in a sample from the subject; and  
(b) comparing the test level of CMPF to a level of CMPF from the subject at an earlier time point, wherein an increase in the level of CMPF is indicative of more severe impaired glucose homeostasis in the subject and a decrease in the level of CMPF is indicative of improved glucose homeostasis in the subject.

[0059] In one embodiment, the methods described herein for identifying or monitoring subjects with impaired glucose homeostasis are useful for identifying or monitoring subjects having, or at risk of developing,  $\beta$ -cell dysfunction. Optionally, the methods described herein include obtaining or  
5 providing a sample from the subject. For example, in one embodiment, the sample is a blood, plasma, serum or urine sample or another biological sample that can be analyzed for CMPF levels.

[0060] In one embodiment the methods described herein are useful for identifying or monitoring conditions wherein the regulation of blood glucose  
10 levels is impaired. Examples of conditions characterized by impaired glucose homeostasis include, but are not limited to,  $\beta$ -cell dysfunction, impaired glucose tolerance, pre-diabetes, gestational diabetes mellitus (GDM), insulin resistance or type 2 diabetes. In one embodiment, the magnitude of the CMPF level in a subject reflects the severity of the impairment of the  
15 regulation of blood glucose levels in the subject. In one embodiment, the magnitude of the CMPF level in a subject reflects the severity of  $\beta$ -cell dysfunction in the subject.

[0061] A skilled person will appreciate that differences or similarities between the levels of CMPF observed in a test sample from a subject and a  
20 control level can be used to identify or monitor subjects having or suspected of having impaired glucose homeostasis.

[0062] For example, if one is identifying or monitoring gestational diabetes mellitus (GDM), the control can be from a subject or group of subjects who are known not to have GDM and a higher level of CMPF in the  
25 test subject relative to the control is indicative of GDM or an increased risk of GDM in the test subject. Optionally, the control can be from a subject or group of subjects who are known to have GDM and a similar level of CMPF in the test subject relative to the control is indicative of GDM or an increased risk of GDM in the test subject.

30 [0063] In one embodiment, the control is from a subject or group of subjects who are known not to have impaired glucose tolerance and a higher

level of CMPF in the test subject relative to the control is indicative of impaired glucose tolerance or an increased risk of impaired glucose tolerance in the test subject. Optionally, the control can be from a subject or group of subjects who are known to have impaired glucose tolerance and a similar level of  
5 CMPF in the test subject relative to the control is indicative of impaired glucose tolerance or an increased risk of impaired glucose tolerance in the test subject.

[0064] In one embodiment, the control is from a subject or group of subjects who are known not to have pre-diabetes and a higher level of CMPF  
10 in the test subject relative to the control is indicative of pre-diabetes or an increased risk of pre-diabetes in the test subject. Optionally, the control can be from a subject or group of subjects who are known to have pre-diabetes and a similar level of CMPF in the test subject relative to the control is indicative of impaired glucose tolerance or an increased risk of pre-diabetes in  
15 the test subject.

[0065] In one embodiment, the control is from a subject or group of subjects who are known not to have insulin resistance and a higher level of CMPF in the test subject relative to the control is indicative of insulin resistance or an increased risk of insulin resistance in the test subject.  
20 Optionally, the control can be from a subject or group of subjects who are known to have insulin resistance and a similar level of CMPF in the test subject relative to the control is indicative of insulin resistance or an increased risk of insulin resistance in the test subject.

[0066] In one embodiment, the control is from a subject or group of  
25 subjects who are known not to have type 2 diabetes and a higher level of CMPF in the test subject relative to the control is indicative of type 2 diabetes or an increased risk of type 2 diabetes in the test subject. Optionally, the control can be from a subject or group of subjects who are known to have type 2 diabetes and a similar level of CMPF in the test subject relative to the  
30 control is indicative of type 2 diabetes or an increased risk of type 2 diabetes in the test subject.

- [0067] In one embodiment, the control level is representative of a level of CMPF in subjects with normal glucose tolerance and an increased level of CMPF in the test sample relative to the control level is indicative of impaired glucose tolerance.
- 5 [0068] Levels of CMPF in plasma of subjects without impaired glucose homeostasis are generally in the range of about 10  $\mu\text{M}$  to 30  $\mu\text{M}$ , typically about 20  $\mu\text{M}$ . In one embodiment, plasma CMPF levels in a test subject significantly higher than about 20  $\mu\text{M}$  are indicative of impaired glucose homeostasis. In one embodiment, a level of CMPF in plasma greater than 50  
10  $\mu\text{M}$ , 100  $\mu\text{M}$ , 150  $\mu\text{M}$ , 200  $\mu\text{M}$ , 300  $\mu\text{M}$  or 500  $\mu\text{M}$  is indicative of impaired glucose homeostasis. In one embodiment, the magnitude of the level of CMPF in a subject is indicative of the severity of impaired glucose homeostasis in the subject.
- [0069] In one embodiment, the step of determining the test level of  
15 CMPF in the sample comprises detecting CMPF in the sample. In one embodiment, the step of determining the test level of CMPF includes detecting or determining the level of a metabolite or analyte of CMPF in the sample that is representative of CMPF levels. For example, in one embodiment, the methods described herein include detecting or determining  
20 the level of one or more precursor molecules that give rise to CMPF, or by-products of CMPF metabolism or degradation. In one embodiment, the methods described herein include detecting or determining the level of one or more albumin-bound proteins/metabolites/peptides such as thyroxine (thyroid hormone) which have altered abundance due to increased plasma levels of  
25 CMPF. CMPF is highly albumin-bound and can out-compete other albumin-bound proteins. (Lim et al., *Metabolism* (1993), 42(11); 1468). Therefore, elevated levels of CMPF in the blood may cause displacement of other albumin bound proteins such as thyroxine, increasing their free (non-albumin bound) levels in the blood.
- 30 [0070] Optionally, the methods described herein include processing the sample prior to detecting CMPF. For example, in one embodiment the sample

is processed to remove constituents from the sample and/or isolate or purify CMPF in the sample that may interfere with the detection of CMPF. In one embodiment, the sample may be processed using chromatography. In one embodiment, the sample is processed to remove highly abundant proteins  
5 such as albumin prior to detecting CMPF in the sample.

[0071] Different methods known to a skilled person for detecting CMPF are useful for the purposes of the methods described herein. For example in one embodiment CMPF is detected using mass spectrometry (MS), optionally gas chromatography/mass spectrometry (GC-MS) or liquid chromatography  
10 mass spectrometry (LC-MS). In one embodiment, the step of detecting CMPF includes using High Performance Liquid Chromatography (HPLC) or Nuclear Magnetic Resonance (NMR) spectroscopy.

[0072] In one embodiment, immunohistochemical methods are useful for detecting CMPF. For example, CMPF is readily detected using antibodies  
15 that specifically bind CMPF. In one embodiment, CMPF is detected using an Enzyme-Linked Immunosorbent Assay (ELISA). Any method of labeling the antibody that facilitates detection would be useful (e.g. radioactively labeled peptide, enzyme or fluorescently tagged peptide). Other assays useful for detecting CMPF may include, but are not limited to: radioimmunoassay,  
20 enzyme-linked immunosorbent assay (ELISA), "sandwich" assays, precipitin reactions, gel diffusion immunodiffusion assay, agglutination assay, fluorescent immunoassays and immunoelectrophoresis assays.

#### *Methods of Causing $\beta$ -cell Dysfunction*

[0073] In one aspect of the disclosure, higher than normal levels of  
25 CMPF have been shown to cause  $\beta$ -cell dysfunction. Accordingly, in one embodiment, there is provided a method of causing  $\beta$ -cell dysfunction in one or more  $\beta$ -cells comprising contacting the one or more  $\beta$ -cells with CMPF. Optionally, the  $\beta$ -cells are islet cells. In one embodiment, the  $\beta$ -cells are *in vitro*, *in vivo* or *ex vivo*. The methods described herein for causing  $\beta$ -cell  
30 dysfunction are useful for generating *in vitro*, *in vivo* or *ex vivo* models of conditions characterized by  $\beta$ -cell dysfunction such as diabetes.

[0074] In one embodiment, contacting  $\beta$ -cells with supra-physiological concentrations of CMPF will cause  $\beta$ -cell dysfunction. For example, in one embodiment,  $\beta$ -cells are contacted with a concentration of CMPF of greater than 50  $\mu$ M, 100  $\mu$ M, 150  $\mu$ M, 200  $\mu$ M, 300  $\mu$ M or 500  $\mu$ M. A skilled person will appreciate that the greater the concentration of CMPF the greater the dysfunction caused in  $\beta$ -cells.

[0075] In one embodiment, the  $\beta$ -cells are *in vitro* and contacting the  $\beta$ -cells with CMPF causes impaired insulin secretion. Alternatively the  $\beta$ -cells are *in vivo*, such as in an animal model of  $\beta$ -cell dysfunction. In one embodiment the  $\beta$ -cells are in a subject *in vivo*, and the method comprises administering CMPF to the subject. In one embodiment, the subject is an animal with  $\beta$ -cells that store and release insulin, such as a mouse or rat.

[0076] A skilled person will appreciate administering a suitable dosage of CMPF in order to elicit the desired level of  $\beta$ -cell dysfunction *in vitro*, or in the subject *in vivo*. In one embodiment, the method comprises administering at least 5 mg/kg CMPF to the subject. In one embodiment, the method comprises administering at least 7 mg/kg, at least 10 mg/kg or at least 20 mg/kg to the subject. Optionally, CMPF can be administered orally, by injection or by any other means such that the level of CMPF is increased in the blood. For example, CMPF can be administered by intraperitoneal, intravenous, subcutaneous or intramuscular injections as well as through oral gavage or through an enriched diet with CMPF or the precursor fatty acid. In one embodiment, there is provided a composition comprising CMPF and one or more pharmaceutically acceptable carriers useful for administration to a subject.

[0077] In one embodiment, contacting one or more  $\beta$ -cells with CMPF causes a conditions characterized by  $\beta$ -cell dysfunction selected from impaired glucose tolerance, pre-diabetes, gestational diabetes mellitus, insulin resistance or type 2 diabetes. A skilled person will appreciate that causing  $\beta$ -cell dysfunction *in vitro*, *ex vivo* or *in vivo* using the methods described herein can be used for generating models of  $\beta$ -cell dysfunction. In one embodiment,

the methods described herein include using  $\beta$ -cells or subjects that have been administered CMPF as an animal model for a condition characterized by  $\beta$ -cell dysfunction.

*Methods of Screening for Compounds*

5 [0078] In one aspect, there is provided a method of screening for agents that affect the activity of  $\beta$ -cells. As described herein, CMPF can be used to generate models of  $\beta$ -cell dysfunction. Agents that restore or improve  $\beta$ -cell function in cells that have higher than physiologically normal levels of CMPF are therefore candidates for the treatment of conditions characterized  
10 by  $\beta$ -cell dysfunction. In one embodiment, there is provided a screening method comprising:

- (a) providing one or more  $\beta$ -cells wherein the activity of the  $\beta$ -cells has been reduced by contacting the  $\beta$ -cells with 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF)
- 15 (b) contacting the  $\beta$ -cells with a test agent; and
- (c) determining the effect of the test agent on the activity of the  $\beta$ -cells.

[0079] Optionally, the  $\beta$ -cells are *in vivo*, *in vitro* or *ex vivo*. In one embodiment, the  $\beta$ -cells are islet cells. In one embodiment, the test agent is  
20 identified as effective if its effect on activity is above a threshold level. For example, in one embodiment, test agent may be identified as effective if it restores at least 10%, at least 20%, at least 30%, at least 40% or at least 50% of the activity of the  $\beta$ -cells compared to the activity of the  $\beta$ -cells before their activity had been reduced by contacting the cells with CMPF. In one  
25 embodiment, the activity is any activity of the  $\beta$ -cell which improves the storage or secretion of insulin or the regulation of glucose in the blood. For example, in one embodiment the activity is the size or viability of the  $\beta$ -cells such as determined by detecting  $\beta$ -cell mass expansion or  $\beta$ -cell loss. In one embodiment, the activity is insulin exocytosis. In one embodiment, the activity  
30 is glucose stimulated insulin secretion (GSIS). The activity of the  $\beta$ -cells may also be determined by detecting the transcription or translation of insulin or

insulin transcription factor genes, glucose-sensing genes or insulin processing genes. In one embodiment, the method includes determining the expression of one or more insulin or insulin transcription factor genes or one or more glucose-sensing genes or one or more insulin processing genes. In one  
5 embodiment, the insulin or insulin transcription factor genes are INS, PDX1, MAFA or NKX6.1. In one embodiment, the glucose-sensing genes are GLUT2, GLUT1 or GCK. In one embodiment the insulin processing genes are PCSK1, PCSK2, or CPE. In one embodiment, the genes are selected from SLC2A1, SLC2A2, GCK, Kir6.2, ABCC8, CACNA1D, CACNA1A, CACNA1H,  
10 KCNB1, SNAP25, STX1A, VAMP2, SYN1A, PDX1, MAFA, NKX6.1, INS (in mice INS1 or INS2), PCSK1, PCSK2 and CPE. Optionally, the genes described herein are human or their non-human counterparts.

[0080] A skilled person in the art will appreciate that a number of different assays may be used to determine the activity of  $\beta$ -cells. For example,  
15 expression of relevant genes can be determined by RT-PCR, quantitative RT-PCR, microarrays or by other assays known in the art.

[0081] In one embodiment, the screening method described herein is useful for identifying compounds that affect  $\beta$ -cell mass expansion and the activity of the  $\beta$ -cells is determined by a Brdu and/or Ki67 assay. In another  
20 embodiment, the methods described herein are useful for identifying compounds that affect  $\beta$ -cell loss and  $\beta$ -cell loss is determined by Annexin 5-propidium iodide staining, trypan blue staining or caspase 3 activity assays/staining.

#### *Treatment of $\beta$ -cell Dysfunction using CMPF Inhibitors*

25 [0082] As described herein, higher than normal levels of CMPF have been shown to be associated with  $\beta$ -cell dysfunction. Reducing the levels of CMPF circulating *in vivo* in a subject with elevated levels of CMPF and/or a condition characterized by  $\beta$ -cell dysfunction is therefore expected to have a beneficial effect on  $\beta$ -cell activity. Furthermore, reducing the levels of CMPF in  
30 pancreatic islet cells such as  $\beta$ -cells is expected to have a beneficial effect on  $\beta$ -cell activity. As shown in Example 2, OAT transporters are expressed in

pancreatic islet cells and inhibition of OATs blocks CMPF-inhibition of  $\beta$ -cell function. Inhibiting OAT transporter function in subjects with a condition characterized by  $\beta$ -cell dysfunction is therefore expected to have a beneficial effect on  $\beta$ -cell activity.

5 [0083] Furthermore, as shown in Example 2 injections of CMPF impair  $\beta$ -cell function and prevent glucose stimulated insulin secretion *in vivo*. The use of a CMPF inhibitor such as probenecid abolished the effect of CMPF on glucose-stimulated insulin secretion. Remarkably, the administration of probenecid has also been shown to elevate circulating CMPF levels *in vivo*  
10 without altering glucose tolerance. While probenecid raises blood levels of CMPF, it is thought to prevent it from entering the beta cell and therefore protects the beta cell from effects of CMPF. CMPF inhibitors that reduce the physiological levels of CMPF in the blood and/or pancreatic islets cells are therefore expected to be useful for the treatment of  $\beta$ -cell dysfunction, such as  
15 in subjects with impaired glucose homeostasis. Similarly, OAT inhibitors and/or specific OAT inhibitors such as PCG which is specific for OAT3 are expected to be useful for the treatment of  $\beta$ -cell dysfunction

[0084] Accordingly, in one aspect, there is provided a method for the treatment of a condition characterized by  $\beta$ -cell dysfunction by reducing the  
20 physiological levels of CMPF in a subject. In one embodiment, the method comprises administering to the subject a 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) inhibitor. In one embodiment, the method comprises reducing the physiological levels of CMPF in pancreatic islet cells in a subject. Optionally, the subject has, or is suspected of having, impaired  
25 glucose tolerance, pre-diabetes, insulin resistance, gestational diabetes mellitus or type 2 diabetes.

[0085] In one embodiment, there is also provided the use of a 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) inhibitor for the treatment of  $\beta$ -cell dysfunction in a subject in need thereof. In some  
30 embodiments, the CMPF inhibitor reduces the physiological levels of CMPF in the subject, such as the levels of CMPF circulating in blood and/or the levels

of CMPF in pancreatic islet cells. Optionally, the subject has, or is suspected of having, impaired glucose tolerance, pre-diabetes, insulin resistance, gestational diabetes mellitus or type 2 diabetes.

[0086] In one aspect, there is provided a method for the treatment of a  
5 condition characterized by  $\beta$ -cell dysfunction by modulating the interaction of  
CMPF with one or more Organic Anion Transporters (OAT) in a subject. For  
example, in one embodiment the administration or use of an OAT-specific  
inhibitor such as probenecid or penicillin G (PCG) helps reduce the  
physiological levels of CMPF in pancreatic islet cells. In one embodiment, the  
10 administration or use of an OAT-specific activator helps reduce the  
physiological levels of CMPF in the blood. In one embodiment, the OAT-  
specific activator is an activator of OAT4.

*Kits for Identifying or Monitoring  $\beta$ -cell Dysfunction*

[0087] In one embodiment, there is provided pre-packaged kits that  
15 comprise some or all of the reagents necessary to perform any of the  
methods described herein. Optionally, the kits may include one or more  
control samples. In some embodiments the control sample is known to  
contain a specific level of CMPF, such as about 20 $\mu$ M, about 50 $\mu$ M, about  
100 $\mu$ M, about 150 $\mu$ M or about 200 $\mu$ M. In other embodiments, the kits include  
20 a negative control that is known not to contain CMPF. In a further  
embodiment, the control sample is known to contain a certain level of CMPF  
or correspond to impaired glucose homeostasis or a specific condition  
characterized by impaired glucose homeostasis or  $\beta$ -cell dysfunction. In  
some embodiments the kits include at least one antibody selective for CMPF.  
25 In some embodiments, the kits will include detailed instructions for carrying  
out the methods described herein.

[0088] The above disclosure generally describes the present  
application. A more complete understanding can be obtained by reference to  
the following specific examples. These examples are described solely for the  
purpose of illustration and are not intended to limit the scope of the  
30 application. Changes in form and substitution of equivalents are

contemplated as circumstances might suggest or render expedient. Although specific terms have been employed herein, such terms are intended in a descriptive sense and not for purposes of limitation.

[0089] The following non-limiting examples are illustrative of the present application:  
5

**EXAMPLE 1: CMPF is a Biomarker for Impaired Glucose Homeostasis**

*Materials and Methods*

[0090] Plasma samples were collected from women in either the late second or early third-trimester of pregnancy. Glucose tolerance was tested first using a glucose challenge test (GCT) between 24 and 28 weeks gestation, followed by a 3 hour 100g-glucose oral glucose tolerance test (OGTT). Based on the results from these tests women were categorized into 4 groups: gestational diabetes mellitus (GDM), gestational impaired glucose tolerance (GIGT), abnormal GCT but normal glucose tolerance by OGTT (abGCT NGT), and normal GCT normal OGTT (NGT). Plasma samples used for analysis were taken after fasting, before the start of the OGTT.  
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[0091] The fasting plasma samples were tested using selected reaction monitoring mass spectroscopy (SRM-MS) in combination with either gas chromatography (GC) or liquid chromatography (LC) for separation of the analytes to quantitatively compare the metabolome of GDM and NGT patients. The metabolome represents the collection of all metabolites in a biological cell, tissue, organ or organism, which are the by-products of metabolism and include but are not limited to carbohydrates, amino acids, and FFAs. The relative abundance of these molecules changes extremely rapidly in response to stimulation such as eating, exercising, and in pathophysiological conditions such as GDM or T2D. Twelve plasma samples from each group were investigated and 342 named biochemicals were quantified in each sample. A low q-value (<0.1) was used to determine confidence in results.  
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30 *Results*

[0092] Of the 342 metabolites investigated, 52 were significantly changed ( $P < 0.05$ ) between the GDM and NGT populations. Grouping of the metabolites based on biological classification revealed that patients with GDM have significantly increased levels of free fatty acids (FFAs) compared to NGT patients, indicating an increased reliance on alternative (*non-glucose*) sources of energy (Figure 1a). The most significantly changed metabolite in the screen, 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF), was significantly elevated (5.69 fold) in GDM as compared to NGT samples. An independent screen of a second cohort of samples replicated this result (Figure 1b). This finding was further validated using an ELISA kit specific for human CMPF in 48 human plasma samples (24 NGT and 24 GDM) (Figure 2). Importantly, CMPF was shown to be even more significantly elevated in 5 women who developed IGT within one year post-partum following GDM as compared to 5 women who maintained NGT during both of these time periods, as well as in a mixed gender population of T2D patients compared to NGT matched controls (Figure 2). This strongly suggests that CMPF is involved in the development of T2D as well as GDM. Furthermore, levels of CMPF are therefore useful for predicting impaired glucose homeostasis and type 2 diabetes in subjects with glucose levels that are more or less normal.

[0093] Since beta cell failure is a major underlying cause of both GDM and T2D, the effect of increased CMPF on beta cell function was investigated both *in vitro* and *in vivo*. Using physiological concentrations of CMPF (20uM and 200uM, as observed in our NGT-pregnant and GDM-pregnant samples respectively (Figure 2)), as well as a vehicle control (EtOH), its effect was studied on glucose-stimulated insulin secretion (GSIS) and insulin secretion in response to direct depolarization using the secretagogue KCl in an immortalized murine beta cell line (MIN6), as well as primary isolated human and murine islets (Figure 3A). Pre-treatment of monolayer MIN6 cells with 200uM CMPF for 4 hours significantly impaired GSIS as compared to 20uM and vehicle controls, while identical treatment with 200uM CMPF caused an equivalent impairment in both human and murine islets after 24 hours (Figure 3B, C). Therefore, high physiologically relevant levels of CMPF impair GSIS.

[0094] Next the mechanism underlying the observed impairment in GSIS following treatment with CMPF was investigated. To determine whether CMPF was inhibiting GSIS by inducing beta cell apoptosis, Annexin V and Propidium Iodide staining was performed in MIN6 cells treated with vehicle (EtOH), 20uM or 200uM CMPF for 4hrs to look for apoptosis and necrosis respectively. No significant staining was observed in any of the CMPF treatment conditions, despite 200uM CMPF for 4hrs causing significant reduction in GSIS. MIN6 cells treated with 5mM H<sub>2</sub>O<sub>2</sub> for 3hrs were used as a positive control (Figure 4). CMPF does not impair GSIS by inducing beta cell apoptosis or necrosis.

[0095] In the absence of apoptosis and necrosis, CMPF must be impairing GSIS by causing beta cell dysfunction. First, the effect of CMPF treatment on insulin biosynthesis was investigated to determine if insulin is available to be released upon stimulation. MIN6, murine and human islets were treated with vehicle control, 20uM and 200uM CMPF for 4hrs (MIN6) or 24hrs (islets), and total insulin content measured. In all cases, total insulin content was significantly reduced by treatment with 200uM CMPF as compared to vehicle controls (murine islets used as representative, Figure 5A). The reduction in total insulin content was observed in the absence of changes in total DNA, validating that CMPF is not inducing apoptosis. Lower total insulin content may be due to either defective insulin processing from proinsulin to mature insulin, or insufficient insulin transcription. To determine the mechanism through which CMPF is reducing total insulin content, quantitative PCR (qPCR) was performed on RNA that was isolated from murine islets treated with either vehicle control or 200uM CMPF for 24hrs. A significant reduction in insulin mRNA was observed (Figure 5B), as well as insulin transcription factors PDX1, MAFA and HNF4a (Figure 5C), suggesting that CMPF impairs insulin transcription. Additionally, significantly lower levels of mRNA were observed for the insulin processing enzyme CpE, and trending lower levels of PCSK1 and 2 (Figure 5D). Together these results suggest that CMPF causes beta cell dysfunction by inhibiting insulin transcription and post-translational processing.

[0096] The observed significant reduction in the beta cell-specific transcription factor PDX1 suggested investigating a possible inhibition of expression of critical glucose-sensing genes in CMPF treated islets. PDX-1 has been reported to be essential for the transcription of the beta cell glucose transporter GLUT2, as well as the rate-limiting glucose processing enzyme glucokinase (GCK). qPCR was again used to determine that 200uM of CMPF for 24hrs on murine islets significantly reduced expression of GLUT2, and caused a trend toward lower expression of GCK compared to vehicle treated controls (Figure 5E). CMPF may therefore impair GSIS by lowering GLUT2 expression, preventing the beta cells from taking up and subsequently metabolizing glucose to stimulate insulin secretion.

[0097] The discovery that CMPF acts to impair beta cell function, combined with the significant elevation in plasma CMPF concentrations in GDM, IGT and T2D patients suggests that CMPF may play a causative role in the development of GDM and T2D. To investigate the effect of CMPF on glucose homeostasis, (Figure 8C). The significantly increased plasma insulin levels together with no difference in blood glucose levels suggest that CMPF is inducing insulin resistance in treated mice as compared to controls. Following a 14hr fast, CMPF injected mice had significantly higher blood glucose and significantly lower plasma insulin levels following three days of IP injection (Figure 6C,D), while following seven days of IP injection, mice had both significantly higher blood glucose and plasma insulin levels, again suggestive of an insulin resistant phenotype (Figure 8D). During the OGTTs, the CMPF injected group had significantly impaired insulin secretion at 10, 20 and 30 minutes post gavage, and significantly higher insulin secretion at 120 minutes compared to the vehicle control group after three days of IP injections (Figure 6D). This impairment in insulin secretion corresponded to a significantly higher blood glucose at 30, 60 and 120 minutes post gavage. Following seven days of IP CMPF treatment mice had significantly higher blood glucose at 20, 30, 60 and 120 minutes post gavage (Figure 8D), and this corresponded to significantly impaired insulin secretion at 10, 30 and 60 minutes post gavage compared to vehicle injected controls (Figure 8E).

Therefore, elevated plasma CMPF concentrations cause impaired beta cell function and prevent GSIS *in vivo*, resulting in glucose intolerance. Chronically elevated CMPF levels may also induce insulin resistance. Together these results suggest that CMPF may play a causative role in the pathogenesis of GDM and T2D.

[0098] To assess the effect of *in vivo* administration of CMPF directly on the beta cells, the islets were isolated from the 3-day and 7-day IP injected mice immediately following the OGTT. There was no significant difference in islet size between CMPF and vehicle control injected mice in either case, further validating that CMPF does not induce beta cell apoptosis (Figure 7A, 3-day injected used as representative). Islets from mice treated with CMPF did however have significantly decreased GSIS (Figure 7B) and lower total insulin content (Figure 7C, 3-day injected used as representative), confirming the observed reduced insulin secretion during the OGTT. Interestingly, islets isolated from the 7-day CMPF injected mice had significantly elevated insulin secretion under low glucose stimulation as compared to vehicle-injected controls, validating the significantly higher basal plasma insulin levels observed following the 14hour fast *in vivo* (Figure 8F). The reduced total insulin content corresponded to lower insulin mRNA levels (Figure 7D, 3-day injected used as representative), consistent with the *in vitro* studies described herein.

[0099] The significantly elevated levels of CMPF in the plasma of women with GDM, IGT, and a mixed population of T2D patients compared to NGT controls indicates that this compound may play an important role in the development of diabetes. This is supported by *in vitro* data in an immortalized beta cell line (MIN6) and isolated primary human and murine islets demonstrating that concentrations of CMPF observed in diabetic plasma impair GSIS after 24hr incubation. This impairment of GSIS is not due to beta cell apoptosis or necrosis, but is likely caused by impairment of insulin biosynthesis (transcription and post-translational processing), and decreased capacity for glucose sensing, uptake and metabolism. Acute *in vivo* studies in mice show that CMPF impairs insulin secretion and causes glucose

intolerance. Ex vivo evaluation of these islets demonstrate that there is no difference in islet size (indicating an absence of apoptosis), but a significantly reduced capacity for GSIS. Altogether, this suggests that CMPF may be an underlying cause of beta cell failure associated with GDM and T2D.

5 [00100] The fact that CMPF levels are significantly elevated in the plasma of women with GDM and patient with T2D indicate that CMPF is useful as an early biomarker in the prediction of GDM or T2D from a simple blood test without the use of GCTs or OGTTs, which are time-intensive and highly unpleasant for the patient. This would be especially useful in the  
10 diagnosis of GDM as HbA1c tests cannot be used. If CMPF is causally involved in the development of T2D, its levels would be expected to be elevated prior to a high HbA1c reading, allowing for medical intervention before the patient is exposed to an extended period of hyperglycemia.

[00101] At physiologically relevant levels observed in diabetic patients  
15 (200uM) CMPF impairs GSIS and causes glucose intolerance in a relatively short period of time (3 days of IP injection), suggesting that CMPF is having a direct effect on the beta cell. The extra-pancreatic effect of insulin resistance is observed beginning at day four of IP CMPF injection, suggesting that CMPF is acting to directly impair beta cell function, as well as to increase insulin  
20 resistance in the peripheral tissues Therefore, inhibition of CMPF activity in pre-diabetic and diabetic patients with GDM or T2D may improve beta cell function and improve peripheral insulin sensitivity, and thus be a viable treatment of GDM and/or T2D.

#### **EXAMPLE 2: Inhibition CMPF for the Treatment of $\beta$ -cell Dysfunction**

25 [00102] As shown in Example 1 and Figure 10, CMPF impairs beta cell function and whole-body glucose homeostasis at concentrations observed in the plasma of gestational and type 2 diabetic patients. Initially identified as a potential uremic toxin, the majority of research done with CMPF has been focused on identifying its interaction with the kidney. Fairly recent studies  
30 have identified two organic anion transporters, OAT1 (SLC22A6) and OAT3 (SLC22A8), which are responsible for the transport of CMPF from the plasma

to the proximal tubule cells of the basolateral membrane, and a third, OAT4 (SLC22A11), which is responsible for excretion of CMPF in the urine (Deguchi et al., 2005) (Figure 11). The OATs function as organic anion exchangers, transporting one anion molecule into the cell and simultaneously transporting one endogenous dicarboxylic acid out of the cell (Sekine et al., 2006). The presence of endogenous dicarboxylic acids within the cell is therefore critical for OAT function, thus they are expressed along with a sodium-dicarboxylate co-transporter, NaDC3 (SLC13A3), which functions to transport dicarboxylic acids back into the cells (Figure 11).

10 *Effect of CMPF on GSIS*

[00103] Studies using OAT-specific inhibitors probenecid, p-aminohippurate (PAH) and benzylpenicillin (PCG) have demonstrated that by blocking both OAT1 and OAT3 the secretion of CMPF can be completely inhibited in vivo (Deguchi et al., 2005). Probenecid is a competitive inhibitor of the OATs and acts by preferentially binding the transporters, preventing CMPF and other OAT ligands from transporter binding. In the treatment of gout, Probenecid prevents the re-uptake of uric acid from the urine into the proximal tubules by preventing uric acid binding to OAT4 (a homolog of OAT1 and OAT3 located on the luminal side of proximal tubule cells), limiting the amount of uric acid being returned to the blood supply and thus eliminating gout (Mason, 1954). When given in addition to antibiotics, Probenecid prolongs the circulation of antibiotics in the blood stream by preventing their uptake into the kidneys via OAT1 (Butler, 2005). Administration of probenecid causes a reduction in the clearance of CMPF, resulting in accumulation of CMPF in the plasma (Costigan et al., 1996) (Figure 12A). Significantly lower uric acid levels in the plasma of probenecid-treated mice, indicating that its re-uptake through OAT transporters is impaired, further support blockage of OAT transporter activity (Figure 12B). Using concentrations of PCG that selectively inhibit OAT3, it has been shown that 65-75% of CMPF secretion was prevented, indicating that this is the primary transporter of CMPF in the kidney (Deguchi et al. 2005).

*OAT transporters in the kidney*

[00104] The expression of OAT transporters is significantly reduced in the kidneys in rodent models of T2D (Mishra et al., 2004). In the db/db mouse  
5 model of T2D, both the OAT3 and OAT1 transporters have significantly reduced expression by microarray (Mishra et al., 2004; More et al., 2012). This finding suggests that CMPF levels may be elevated in the plasma of GDM and T2D patients due to a down-regulation of expression of its transporter in the kidney, thus limiting its ability to be secreted in the urine.  
10 This hypothesis is consistent with the observed increase in plasma levels of CMPF during kidney failure and uremia. Under these physiological conditions OAT1, 3, 4 and NaDC3 have all been reported to have significantly decreased expression in the kidney (Deguchi et al. 2005)

*Blockage of OAT transporter function causes increased plasma CMPF concentrations in mice*  
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[00105] The present description provides an unexpected link between OAT1, OAT3, NaDC3 or OAT4 and diabetes. Microarray data of normal glucose tolerant (NGT) mouse and human islets shows strong expression of OAT1, OAT3 and NaDC3 in relation to other proteins known to be expressed  
20 in the islet (Mouse islets as representative, Figure 13A). There is no mouse equivalent of OAT4. This expression profile is further supported by transcriptome analysis of purified human beta cells, mouse islets, and mouse- and rat-derived beta cell lines all showing relatively strong expression of OAT1, 3 and NaDC3 (Kutlu et al. 2009). The finding that these transporters  
25 are expressed in the pancreatic islets was further validated in human islets using immuno-fluorescent staining and western blotting as shown in Figure 13B,C. Interestingly, the primary CMPF transporter OAT3 and the co-transporter NaDC3 show the strongest staining in insulin expressing (beta) cells, while OAT1 and OAT4 show stronger staining in non-insulin positive  
30 cells (presumably alpha, delta, and epsilon cells) (Figure 13B). By western blot, strong bands corresponding to OAT1, OAT3, OAT4 and NaDC<sub>3</sub> are found in human islets and the human proximal tubule cell line HK-2. Studies

examining the transcriptome of T2D islets show significantly increased expression of OAT1 and OAT3 in T2D islets compared to healthy controls (Dominguez et al., 2011). It is therefore possible that enhanced OAT1 and OAT3 expression in the pancreatic beta cells is increasing CMPF transport  
5 into the beta cells in T2D, thus facilitating CMPF-mediated beta cell dysfunction.

*OAT transporters are expressed in pancreatic islet cells.*

[00106] To determine if the OAT transporters are responsible for CMPF  
10 transport into beta cells, CD1 mouse islets were pre-treated 1mM Probenecid prior to the addition of CMPF to ensure blockage of the channels and complete exclusion of CMPF from the cells. A dosage of 1mM Probenecid was selected based on previous evidence that this concentration was sufficient to inhibit anion transport from beta cells without any observed effect  
15 on glucose-stimulated insulin secretion (Arkhammar et al. 1989). Islets were pre-treated with 1mM Probenecid for 3 hours prior to the addition of 200uM CMPF. After 24 hours cells were assessed by GSIS. Treatment with 200uM CMPF alone produced a significant decrease in GSIS under both high glucose and KCl-stimulated conditions, consistent with previous findings,  
20 while treatment with 1mM Probenecid for 27 hours had no effect on GSIS compared to vehicle controls. Treatment of islets with 1mM probenecid in addition to 200uM CMPF (CMPF+P) completely abolished the effect of CMPF on the islets (Figure 14A). CMPF+P treated islets exhibited high-glucose and KCl-stimulated insulin secretion equal to that of vehicle-treated controls.  
25 Therefore, probenecid inhibits the effect of CMPF. Similar results were obtained using the OAT3-specific inhibitor PCG. Islets were again pre-treated for 3 hours with 300uM PCG prior to 24-hour 200uM CMPF treatment (Figure 14B). CMPF alone was able to significantly inhibit insulin secretion under high glucose stimulation, while 300uM PCG had no significant effect. Treatment  
30 with 300uM PCG and 200uM CMPF inhibited the effect of CMPF, resulting in control levels of insulin secretion.

*Inhibition of the OATs blocks CMPF-inhibition of beta cell function*

[00107] While administration of Probenecid elevates circulating CMPF levels, this does not alter glucose tolerance, suggesting that CMPF alters beta cell function in vivo through the OATs. Mice were injected IP with 150mg/kg probenecid twice daily for 3 days as previously described (Baudoux et al.,  
5 2012). No differences were observed in body weight or fasting blood glucose (Figure 15A,B). On the 4th day, a 2g/kg OGTT was performed and showed no significant difference in glucose tolerance (Figure 15C). As 3 days of CMPF-treatment alone was able to induce glucose intolerance, probenecid appears to block the activity of CMPF on the beta cell.

10 **EXAMPLE 3: Characterization of the Effects of CMPF on Beta Cell Function.**

[00108] Gestational diabetes (GDM), a condition with serious health implications for mother and child, results from failure of the beta-cells to adapt to increased metabolic demands. The cause of GDM and the extremely high  
15 rate of progression to type-2 diabetes (T2D) remain unknown. As shown in Example 1, the furan fatty acid metabolite CMPF is remarkably elevated in the plasma of humans with GDM, T2D and pre-diabetes. In mice, diabetic-levels of CMPF induced glucose intolerance, impaired glucose-stimulated insulin secretion and decreased glucose utilization. Here, the inventors show that  
20 CMPF enters the beta-cell through a novel transport mechanism to be metabolized, resulting in impaired mitochondrial function, oxidative stress, dysregulation of key beta-cell transcription factors PDX1 and FOXO1, and ultimately reduced insulin biosynthesis. Importantly, CMPF-induced beta-cell dysfunction could be prevented by specifically blocking its transport or through  
25 anti-oxidant treatment.

Materials and Methods

*Hyperinsulinemic Euglycemic Clamps*

[00109] Hyperinsulinemic euglycemic clamps were performed as previously described (Liu et al., 2012) following 7 days of IP injections with  
30 either CMPF or vehicle. Internal and external cannulation was performed on day 3 of the injection protocol.

*Gene Expression*

[00110] Total RNA was extracted from 24 hour vehicle or CMPF-treated islets using the Qiagen RNeasy Plus mini kit (Hilden, Germany). Microarray analysis was performed as previously described (Basford et al. 2012) using  
5 the Affymetrix Mouse 430 2.0 Gene Chip at the University Health Network microarray center (Toronto, Canada). Significant changes were defined as  $P < 0.05$ . Microarray data will be available on the NCBI GEO database at the time of publication. Human islet microarray data can be found at GEO40709. Reverse transcription from total RNA and quantitative real time PCR (qPCR)  
10 analysis was performed as previously described (Basford et al. 2012). Primers were designed using Primer3 software (NCBI). Data were normalized to beta actin mRNA.

*ROS accumulation and islet size in isolated islets*

[00111] The level of superoxide and  $H_2O_2$  were determined using  
15 mitoSOX red and 2',7'-dichlorodihydro fluorescein diacetate (CM-H<sub>2</sub>-DCFDA) respectively (Molecular Probes, Invitrogen, Canada) in isolated islets treated with either vehicle control or 200 $\mu$ M CMPF for 4 or 24 hours, as previously described (Lee et al. 2009). Bright field images were used to determine islet size.

*Mitochondrial Membrane Potential (MMP)*

[00112] Dispersed isolated islets were treated with either vehicle control or 200 $\mu$ M CMPF for 24 hours prior to loading with rhodamine 123 (25 ug/ml, 10 min) in 2.8mM glucose imaging buffer. 5mM NaN<sub>3</sub> was added to fully depolarize the MMP (Diao et al., 2008).

*Western Blotting*

[00113] CMPF-treated and control mouse islets were lysed in RIPA  
25 buffer (Cell Signaling, Danvers, MA, USA) containing protease inhibitor cocktail (Roche, Mississauga, ON, Canada). Lysates were spun at 12,000rpm and supernatant was loaded onto a 4-15% SDS-PAGE gradient gel (BioRad,  
30 Mississauga, ON, Canada) and transferred onto PVDF membrane using a Turbo Blotter (BioRad). The membrane was probed with the corresponding

antibodies, and imaged using Kodak Imager 4000pro (Carestream, Rochester, NY, USA).

#### *Immunofluorescent staining*

[00114] The cellular localization of FOXO1 and PDX1 were determined  
5 in dispersed CD1 mouse islet cells using immunofluorescence. The presence  
of the organic anion transporters (OATs) were determined in dispersed  
human islet cells also using immunofluorescence. Staining was performed as  
previously described (Diao et al., 2008). Images were acquired using a  
confocal microscope (Quorum Wave FX Spinning Disc; Perkin Elmer,  
10 Waltham ML, USA) and Volocity software (Perkin Elmer).

### **Results**

#### *CMPF Reduces Whole-body Glucose Utilization*

[00115] As shown in Example 1, elevated plasma CMPF results in  
glucose intolerance and impaired insulin secretion. Interestingly, despite  
15 defective GSIS, seven-day CMPF treatment was associated with fed-state  
hyperinsulinemia and hyperglucagonemia. Despite elevated insulin levels, no  
significant difference in insulin sensitivity was observed between CMPF and  
vehicle-treated mice by insulin-tolerance testing (ipITT). To more thoroughly  
examine integrated glucose homeostasis, hyperinsulinemic euglycemic  
20 clamps were performed. As shown in Figure 16, though there is a significant  
reduction in the glucose infusion rate (Figure 16b), the overall glycolytic rate  
indicates that there is no difference in the response to insulin (post  
clamp/basal) (Figure 16e). Therefore, the difference in glucose infusion is due  
to significantly lower glucose appearance basally (Figure 16c), and  
25 significantly reduced insulin appearance post-clamp (Figure 16d). 7 days of  
CMPF treatment does not induce insulin resistance, but reduces whole body  
glucose utilization.

#### *CMPF is Metabolized to Increase ROS*

[00116] Lower total insulin content may be due to beta-cell exhaustion  
30 caused by over-stimulation and/or defective insulin production. To determine  
the mechanism through which CMPF diminishes insulin content, we

measured insulin in the media following 24hr treatment. There was no difference in accumulation of total insulin (data not shown), however there was substantially more proinsulin in the media of CMPF-treated islets compared to controls, consistent with an altered proinsulin:insulin ratio  
5 observed in T2D patients (Kamoda et al. 2006) (Fig. 17a). Impaired insulin processing has previously been associated with elevated levels of the mitochondrial protein uncoupling protein 2 (UCP2) (Kashemsant and Chan, 2006). Excess substrate for the electron transport chain leads to the formation of ROS, which can induce UCP2 expression. To first determine if CMPF is  
10 metabolized by beta-cells, we measured changes in mitochondrial membrane potential (MMP) in mouse islets acutely treated with CMPF. CMPF caused a transient membrane hyperpolarization consistent with an increase in proton motive force generated through beta-oxidation (Fig. 17b). This corresponded to a 2-fold increase in ROS in CMPF-treated islets over controls after 4 and  
15 24hrs of treatment (Fig. 17c). Increased antioxidant gene expression, including Ucp2 and catalase (Cat) after 24hrs of CMPF treatment suggests that the cells are compensating for the oxidative stress (Fig. 17d,e) (Robson-Doucette et al., 2011). The increase in ROS production caused by CMPF-treatment was inhibited by co-treatment with the antioxidant N-Acetyl-  
20 Cysteine (NAC) (Fig. 17f). Importantly, co-treatment with NAC rescued insulin secretion and insulin content to near control levels in CMPF-treated islets (Fig. 17g,h). Therefore, oxidative stress caused by CMPF metabolism impaired GSIS and insulin processing, and is reversible through reducing ROS generation.

#### 25 *CMPF Impairs Insulin Biosynthesis*

[00117] Elevated ROS has been shown to modulate insulin transcription (Poitout and Robertson, 2008; Robertson, 2004) through alterations in AKT and GSK3 $\beta$  activity (Kawamori et al., 2006, Boucher et al., 2006, Kawamori et al., 2003). To determine the mechanism through which  
30 CMPF decreases insulin biosynthesis we examined its effect on these key regulators. Under normal conditions, AKT and GSK3 $\beta$  have reciprocal activities. Active pAKT phosphorylates and inactivates GSK3 $\beta$ , preventing

phosphorylation of downstream targets (Humphrey et al., 2010). However, under conditions of oxidative stress AKT is inactive (Kawamori et al., 2006). Both AKT and GSK3 $\beta$  phosphorylation were significantly impaired after 24hr CMPF treatment compared to controls (Fig. 17i,j), indicating decreased AKT and increased GSK3 $\beta$  activity. To determine if these changes had an effect on insulin transcription, the localization of two key insulin transcription factors, PDX1 and FOXO1 were examined using immunofluorescent staining. FOXO1 is normally sequestered in the cytosol due to phosphorylation by AKT (Kitamura et al., 2005). In CMPF-treated islets, FOXO1 is translocated to the nucleus (Fig. 17k,m), reflecting decreased AKT activity (Kawamori et al., 2007). Conversely, PDX1, which is directly phosphorylated by GSK3 $\beta$  (Boucher et al., 2008), is sequestered outside of the nucleus, consistent with increased GSK3 $\beta$  activity (Fig. 17l,n). Absolute levels of these transcription factors were not significantly different, indicating that altered localization is not due to changed protein abundance (Fig. 17o). Translocation of both FOXO1 and PDX1 was prevented by treatment with the antioxidant NAC, indicating that oxidative stress contributes to defective insulin biosynthesis (Fig. 17k-n). Altered activity of these transcription factors is further confirmed by decreased mRNA levels of key target genes including *Ins1*, transcription factors *Pdx1* and *Mafa*, proinsulin processing enzymes *Cpe*, *Pc1* and *Pc2*, and the glucose transporter *Glut2* (Boucher et al., 2006; Kaneto et al. 2008) (Fig. 18a).

#### *CMPF Alters Glucose Metabolism*

[00118] Given that CMPF causes hyperinsulinemia during the fed-state in vivo, and exaggerated secretion of insulin from islets under non-stimulatory conditions in vitro, we rationalized that there must be a defect in glucose-sensing and/or secretion of insulin that could not be solely explained by effects on insulin production. Elevated ROS associated with FFA metabolism has been shown to stimulate insulin secretion under non-stimulatory glucose concentrations (Robson-Doucette et al., 2011; Saddeh et al., 2012; Joseph et al., 2004). Dispersed mouse islets treated for 24hrs with 200 $\mu$ M CMPF showed significantly greater hyperpolarization of the MMP under sub-stimulatory glucose concentrations, and significantly reduced MMP

hyperpolarization under high glucose conditions when compared to vehicle treated controls, consistent with the elevated ROS (Fig. 17b). These data suggest that CMPF metabolism leads to excessive proton motive force resulting in increased insulin secretion under low glucose conditions and also  
5 impairs glucose metabolism and thus GSIS. To confirm changes in mitochondrial function, 24hr CMPF treated islets were analyzed by microarray. Overall, 6.2% of transcripts were significantly differentially expressed following CMPF treatment. When organized based on biological process, the largest differentially expressed cluster encompassed genes  
10 involved in metabolism (38%) (Fig.17c). Specifically, a significant upregulation of genes related to fat oxidation was observed, which suggests a 'switch' from glucose oxidation-driven metabolism to fat oxidation (Elks et al., 1993). Such a switch can decrease the beta-cell's ability to sense and metabolize glucose, limiting their capacity for GSIS thus may explain CMPF's effect on beta-cells  
15 (Hue et al., 2009).

#### *CMPF Enters the Beta-cell Through OAT3*

[00119] Dibasic urofurans, including CMPF, are normally secreted in the urine (Deguchi et al., 2005), and CMPF is known to be elevated in the plasma of uremic patients due to loss of the organic anion transporters  
20 (OATs) responsible for their clearance (Sassa et al., 2000). OAT3 (Slc22a8) and OAT1 (Slc22a6) transport CMPF into the kidney proximal tubule cells and require the co-transporter NaDC3 to function (Deguchi et al., 2004). OAT4 (Slc22a11) is the efflux transporter that removes CMPF from the proximal tubule into the kidney lumen in humans (Deguchi et al., 2005). We therefore  
25 investigated whether CMPF also enters the beta-cell through these transporters. Microarray analysis of human islets shows expression of all four transcripts at levels comparable to that of the beta-cell KATP channel Kcnj11 (Fig. 19a). This was further validated by RT-PCR, with bands corresponding to each of the transporters, as well as by immunoblotting (Fig. 19b,c). To  
30 determine protein localization, we performed immunofluorescent staining in dispersed human islet cells (Fig. 19d). OAT3 and NaDC<sub>3</sub> show strong staining in insulin positive beta-cells. OAT1 and OAT4 are predominantly expressed in

insulin-negative cells. Costaining with glucagon revealed that OAT4 is also not expressed in glucagon-positive cells. Therefore, the OAT transporters are expressed in the islet, with OAT3 and NaDC<sub>3</sub> being strongly expressed in insulin-positive cells.

5 [00120] To determine if OATs are responsible for CMPF transport into beta-cells, we utilized inhibitors of OAT function. Probenecid is a non-specific OAT-blocker (Miyamoto et al., 2012). Treatment of islets with 1mM probenecid for 24hrs rescued insulin secretion from CMPF-treated islets to control levels (Fig. 19e). To determine which OAT is primarily responsible for  
10 CMPF transport into beta-cells, we treated islets with 300µM of benzylpenicillin (PCG), an OAT3-specific inhibitor, or 50µM of paminohippurate (PAH), an OAT1-specific inhibitor (Deguchi et al., 2005). Consistent with previous reports that OAT3 is the dominant CMPF transporter (Deguchi et al., 2005), PCG was able to rescue insulin secretion and insulin  
15 content from CMPF-treated islets to control levels (Fig. 19f,h). However, treatment with PAH had no effect on secretion (Fig. 19g). Therefore, CMPF is transported into the beta-cell through OAT3, and blockage of this transporter prevents CMPF from impairing GSIS and insulin biosynthesis.

### **Discussion**

20 [00121] The underlying cause of both GDM and T2D is a failure of the beta-cell to respond to changing metabolic demands; namely increased insulin resistance (Buchanan, 2001; Kahn 2003; Prentki and Nolan, 2006). Here we demonstrate that the furan fatty acid metabolite CMPF impairs pancreatic beta-cell function at concentrations observed in patients with GDM,  
25 T2D, and impaired glucose tolerance during the transition from GDM to T2D, consistent with a progressive decline in beta-cell function during this period (Retnakaran et al., 2010). Treatment with CMPF recapitulates many key characteristics of diabetes, including basal hyperinsulinemia (Wijendran et al., 1999) with impaired GSIS and reduced whole-body glucose utilization (Kuhl,  
30 1991; Bowes, 1996). *In vitro*, we demonstrate that CMPF metabolism causes beta-cell dysfunction through impairment of mitochondrial function and

glucose metabolism, as well as inducing oxidative stress. Elevated ROS levels altered the activity of key kinases AKT and GSK3 $\beta$ , changing transcriptional activity, and ultimately reducing insulin transcription and post-translational processing. Therefore elevated plasma CMPF may play an important causal role in beta-cell dysfunction associated with GDM, T2D and the progression from GDM to T2D.

The effect of CMPF can be rescued by two distinct approaches: blocking CMPF entry into the beta-cell, and reducing ROS accumulation. Here we show for the first time that CMPF enters the beta-cell through the OAT3 transporter, which has previously only been functionally characterized on the basolateral membrane of kidney proximal tubules cells (Deguchi et al., 2005), with low levels of expression reported in the liver and brain (Sweet et al., 2002; Deguchi et al., 2006). We show that CMPF transport can be blocked using the commonly prescribed drugs probenecid and benzylpenicillin, which non-specifically and specifically inhibit OAT3 transport respectively. Interestingly, we show that while human beta-cells express influx transporter OAT3, the efflux transporter OAT4 is absent. Thus during diabetes when plasma CMPF is elevated, potentially due to altered OAT activity in the kidney, it can presumably enter the beta-cell but not exit, promoting its metabolism and associated effects. Therefore, preventing CMPF influx through blockage of the OAT transporters, or increasing CMPF efflux from the beta-cell is are attractive avenues for future research into the prevention of beta-cell failure.

[00122] Once inside the beta-cell, CMPF is metabolized, causing impaired glucose utilization and increased ROS production. Low-level ROS production potentiates GSIS, aiding the beta-cell in responding to acute increases in nutrients including FFAs (Robson-Doucette et al., 2011; Saadeh et al., 2012; Poitout and Robertson, 2008). However, longer-term, the beta-cell is particularly vulnerable to oxidative stress due to relatively low expression of antioxidant enzymes relative to other tissue types (Robson-Doucette et al., 2011; Robertson, 2004). Treatment with anti-oxidants has been proposed as a promising approach for the treatment of T2D, and has

been shown to attenuate islet fibrosis and apoptosis and improve glucose tolerance and insulin sensitivity in rodent models (Lee et al., 2011). Our finding that pre-treatment with the antioxidant NAC prevents CMPF from inducing beta-cell failure suggests that antioxidant treatment may also be  
5 used in the prevention and/or treatment of GDM.

[00123] While the present invention has been described with reference to what are presently considered to be the preferred examples, it is to be understood that the invention is not limited to the disclosed examples. To the contrary, the invention is intended to cover various modifications and  
10 equivalent arrangements included within the spirit and scope of the appended claims.

[00124] All publications, patents and patent applications are herein incorporated by reference in their entirety to the same extent as if each individual publication, patent or patent application was specifically and  
15 individually indicated to be incorporated by reference in its entirety.

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- 30

## CLAIMS:

1. A method of identifying a subject having, or at risk of developing, impaired glucose homeostasis comprising:
  - 5 (a) determining a test level of 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) in a sample from a subject; and
  - (b) comparing the test level of CMPF to a control level wherein a difference or similarity in the test level of CMPF relative to the control level is indicative of the subject having, or at risk of developing, impaired glucose homeostasis.
- 10 2. The method of claim 1, further comprising obtaining a sample from the subject prior to step (a).
3. The method of claim 1 or 2, wherein the impaired glucose homeostasis is gestational diabetes mellitus, type 2 diabetes, impaired glucose tolerance, pre-diabetes, or insulin resistance.
- 15 4. The method of claim 3, wherein the impaired glucose homeostasis is impaired glucose tolerance and the control level is:
  - 20 i) representative of a level of CMPF in subjects without impaired glucose tolerance and an increased test level of CMPF relative to the control is indicative of the subject having, or at risk of developing impaired glucose tolerance; or
  - ii) representative of a level of CMPF in subjects with impaired glucose tolerance and a similar or greater test level of CMPF relative to the control is indicative of the subject having, or at risk of developing impaired glucose tolerance.
- 25 5. The method of claim 3, wherein the impaired glucose homeostasis is pre-diabetes and the control level is:

- i) representative of a level of CMPF in subjects without pre-diabetes and an increased test level of CMPF relative to the control is indicative of the subject having, or at risk of developing pre-diabetes; or
- ii) representative of a level of CMPF in subjects with pre-diabetes and a similar or greater test level of CMPF relative to the control is indicative of the subject having, or at risk of developing pre-diabetes.
- 5
6. The method of claim 3, wherein the impaired glucose homeostasis is gestational diabetes mellitus and the control level is:
- i) representative of a level of CMPF in subjects without gestational diabetes mellitus and an increased test level of CMPF relative to the control is indicative of the subject having, or at risk of developing gestational diabetes mellitus; or
- 10
- ii) representative of a level of CMPF in subjects with gestational diabetes mellitus and a similar or greater test level of CMPF relative to the control is indicative of the subject having, or at risk of developing gestational diabetes mellitus.
- 15
7. The method of any one of claims 1 to 3, wherein the impaired glucose homeostasis is type 2 diabetes and the control level is:
- i) representative of a level of CMPF in subjects without type II diabetes and an increased test level of CMPF relative to the control is indicative of the subject having, or at risk of developing type 2 diabetes; or
- 20
- ii) representative of a level of CMPF in subjects with type II diabetes and a similar or greater test level of CMPF relative to the control is indicative of the subject having, or at risk of developing type II diabetes.
- 25
8. The method of any one of claims 1 to 3, wherein the control level is representative of a level of CMPF in subjects with normal glucose tolerance.
9. The method of any one of claims 1 to 8, wherein the control level is a pre-determined standardized control level.

10. The method of any of any one of claims 1 to 8, wherein the control level is a level of CMPF in plasma greater than 50  $\mu\text{M}$ , 100  $\mu\text{M}$ , 150  $\mu\text{M}$  or 200  $\mu\text{M}$ .
11. The method of any one of claims 1 to 10, wherein determining the test  
5 level of CMPF in the sample comprises detecting CMPF in the sample.
12. The method of claim 11, wherein detecting CMPF in the sample comprises using mass spectrometry (MS), optionally gas chromatography/mass spectrometry (GC-MS) or liquid chromatography mass spectrometry (LC-MS).
- 10 13. The method of claim 11, wherein detecting CMPF in the sample comprises using High Performance Liquid Chromatography (HPLC) or Nuclear Magnetic Resonance (NMR) spectroscopy.
14. The method of claim 11, wherein detecting CMPF in the sample comprises using antibodies that specifically bind CMPF.
- 15 15. The method of claim 14, wherein detecting CMPF in the sample comprises using an Enzyme-Linked Immunosorbent Assay (ELISA).
16. The method of any one of claims 11 to 15, further comprising processing the sample prior to detecting CMPF.
17. The method of any one of claims 1 to 16, wherein the sample is a  
20 blood sample, optionally serum or plasma.
18. The method of any one of claims 1 to 16, wherein the sample is sweat or urine.
19. The method of any one of claims 1 to 18, wherein the subject is human.

20. A method of monitoring a subject having impaired glucose homeostasis comprising:
- (a) determining a test level of 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) in a sample from the subject; and
  - 5 (b) comparing the test level of CMPF to a level of CMPF from the subject at an earlier time point, wherein an increase in the level of CMPF is indicative of more severe impaired glucose homeostasis in the subject or a decrease in the level of CMPF is indicative of improved glucose homeostasis in the subject.
- 10 21. The method of claim 20, further comprising obtaining a sample from the subject prior to step (a).
22. The method of claim 20 or 21, wherein the impaired glucose homeostasis is  $\beta$ -cell dysfunction, impaired glucose tolerance, pre-diabetes, gestational diabetes mellitus, insulin resistance or type 2 diabetes.
- 15 23. The method of any one of claims 20 to 22, wherein determining the test level of CMPF in the sample comprises detecting CMPF in the sample.
24. The method of claim 23, wherein detecting CMPF in the sample comprises using mass spectrometry (MS), optionally gas chromatography/mass spectrometry (GC-MS) or liquid chromatography mass spectrometry (LC-MS).
- 20 25. The method of claim 23, wherein detecting CMPF in the sample comprises using High Performance Liquid Chromatography (HPLC) or Nuclear Magnetic Resonance (NMR) spectroscopy.
26. The method of claim 23, wherein detecting CMPF in the sample
- 25 comprises using antibodies that specifically bind CMPF.

27. The method of claim 26, wherein detecting CMPF in the sample comprises using an Enzyme-Linked Immunosorbent Assay (ELISA).
28. The method of any one of claims 20 to 27, further comprising processing the sample prior to detecting CMPF.
- 5 29. The method of any one of claims 20 to 28, wherein the sample is a blood sample, optionally serum or plasma.
30. The method of any one of claims 20 to 28, wherein the sample is sweat or urine.
31. A method of causing  $\beta$ -cell dysfunction in one or more  $\beta$ -cells  
10 comprising contacting the one or more  $\beta$ -cells with 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF).
32. The method of claim 31, wherein the  $\beta$ -cells are islet cells.
33. The method of claims 31 or 32, wherein the  $\beta$ -cells are *in vitro*, *in vivo* or *ex vivo*.
- 15 34. The method of any one of claims 31 to 33, comprising contacting the  $\beta$ -cells with a concentration of CMPF of greater than 50  $\mu$ M, 100  $\mu$ M, 150  $\mu$ M or 200  $\mu$ M.
35. The method of claim 31 or 32, wherein the  $\beta$ -cells are *in vitro* and contacting the  $\beta$ -cells with CMPF causes impaired insulin secretion.
- 20 36. The method of claim 31, wherein the  $\beta$ -cells are in a subject *in vivo*, and the method comprises administering CMPF to the subject.
37. The method of claim 36, wherein the subject is an animal, such as a mouse or rat.

38. The method of claim 37, comprising administering at least 5 mg/kg CMPF to the animal.
39. The method of any one of claims 36 to 38, further comprising using the animal as an animal model for a condition characterized by  $\beta$ -cell dysfunction.
- 5 40. The method of any one of claims 31 to 39, wherein the  $\beta$ -cell dysfunction comprises impaired glucose tolerance, pre-diabetes, gestational diabetes mellitus, insulin resistance or type 2 diabetes.
41. A method of screening for agents that affect the activity of  $\beta$ -cells comprising:
- 10 (a) providing one or more  $\beta$ -cells wherein the activity of the  $\beta$ -cells has been reduced by contacting the  $\beta$ -cells with 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF);
- (b) contacting the  $\beta$ -cells with a test agent; and
- (c) determining the effect of the test agent on the activity of the  $\beta$ -cells.
- 15 42. The method of claim 41, further comprising identifying the test agent as effective if its effect on the activity of the  $\beta$ -cells is above a threshold level.
43. The method of claim 41 or 42, wherein the activity is glucose stimulated insulin secretion (GSIS).
44. The method of claim 41 or 42, wherein the activity is the transcription  
20 or translation of one or more genes that directly or indirectly affect insulin transcription, insulin translation, insulin biosynthesis and/or secretion (exocytosis), insulin-regulating genes or glucose-sensing genes
45. The method of claim 44, wherein step (c) comprises determining the expression of the one or more genes.

46. The method of claim 44 or 45, wherein the genes are selected from SLC2A1, SLC2A2, GCK, Kir6.2, ABCC8, CACNA1D, CACNA1A, CACNA1H, KCNB1, SNAP25, STX1A, VAMP2, SYN1A, PDX1, MAFA, NKX6.1, INS (in mice INS1 or INS2), PCSK1, PCSK2 and CPE.
- 5 47. The method of claim 44 or 45, wherein the genes are GLUT2 or GCK.
48. The method of claims 41 or 42, wherein the activity is  $\beta$ -cell mass expansion.
49. The method of claim 48, wherein  $\beta$ -cell mass expansion is determined by a Brdu and/or Ki67 assay or using flow cytometry.
- 10 50. The method of claims 41 or 42, wherein the activity is  $\beta$ -cell loss.
51. The method of claim 50, wherein  $\beta$ -cell loss is determined by Annexin 5-propidium iodide staining.
52. The method of any one of claims 41 to 51, wherein the  $\beta$ -cells are islet cells.
- 15 53. The method of any one of claims 41 to 52, wherein the  $\beta$ -cells are *in vitro*, *in vivo* or *ex vivo*.
54. The method of any one of claims 41 to 53, wherein the test agents that effect the activity  $\beta$ -cells are identified as candidates for the treatment of a condition characterized by impaired glucose homeostasis, such as  $\beta$ -cell dysfunction, impaired glucose tolerance, pre-diabetes, insulin resistance, gestational diabetes mellitus or type 2 diabetes.
- 20 55. A method of treating  $\beta$ -cell dysfunction in a subject in need thereof, comprising administering to the subject a therapeutically effective amount of a 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF) inhibitor.
- 25

56. The method of claim 55, wherein the subject has, or is suspected of having, impaired glucose tolerance, pre-diabetes, insulin resistance, gestational diabetes mellitus or type 2 diabetes.

5

57. The method of claim 55 or 56, wherein the CMPF inhibitor is an modulator of Organic Anion Transporter (OAT) 1, OAT3 and/or OAT4.

58. The method of any one of claims 55 to 57, wherein the CMPF inhibitor  
10 is probenecid, p-aminohippurate (PAH), benzylpenicillin (PCG) or a combination thereof.

59. Use of a 3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid (CMPF)  
inhibitor for the treatment of  $\beta$ -cell dysfunction in a subject in need thereof.

15

60. The use of claim 59, wherein the subject has, or is suspected of having, impaired glucose tolerance, pre-diabetes, insulin resistance, gestational diabetes mellitus or type 2 diabetes.

20 61. The use of claims 59 or 60, wherein the CMPF inhibitor is a modulator of Organic Anion Transporter (OAT) 1, OAT3 or OAT4.

62. The use of any one of claims 59 to 61, wherein the CMPF inhibitor is  
25 probenecid, p-aminohippurate (PAH), benzylpenicillin (PCG) or a combination thereof.

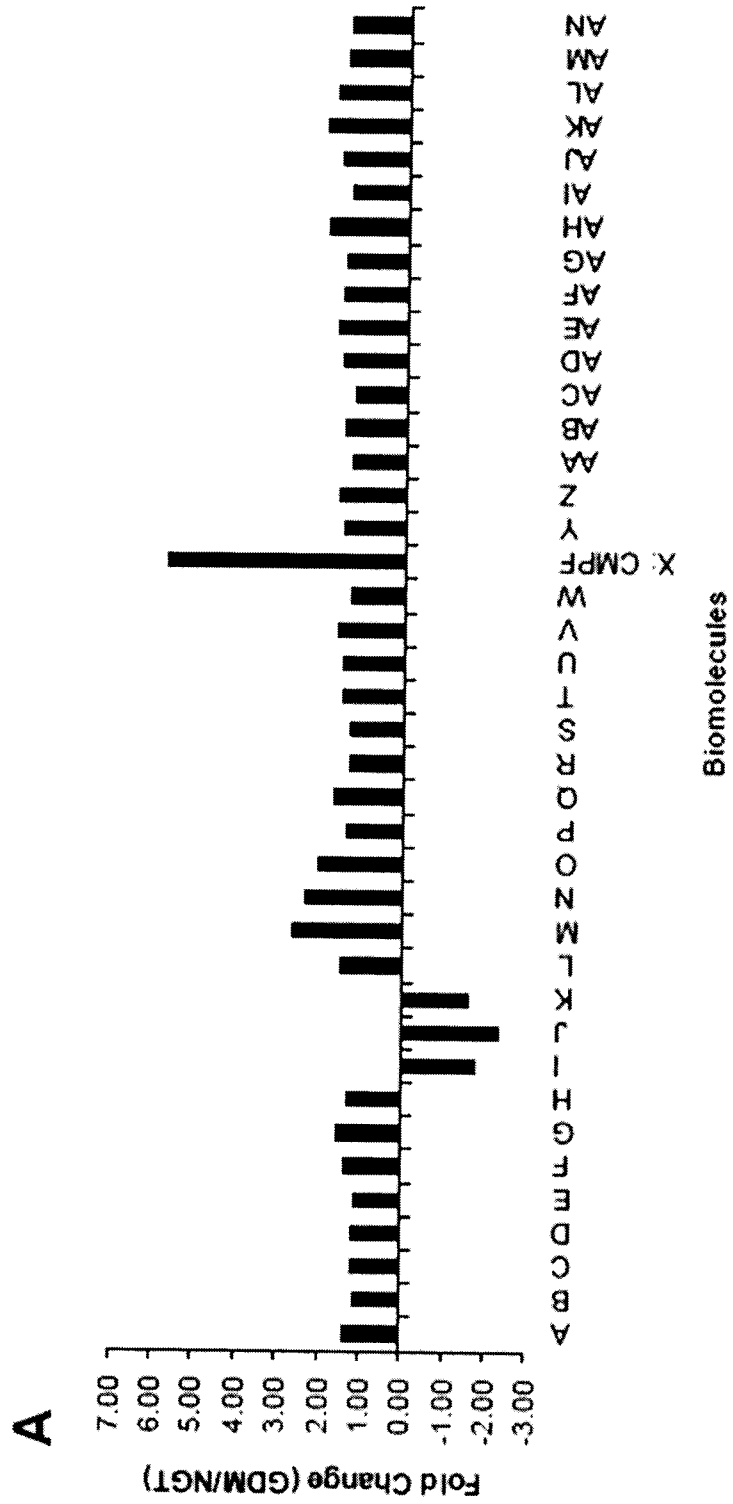


FIG. 1

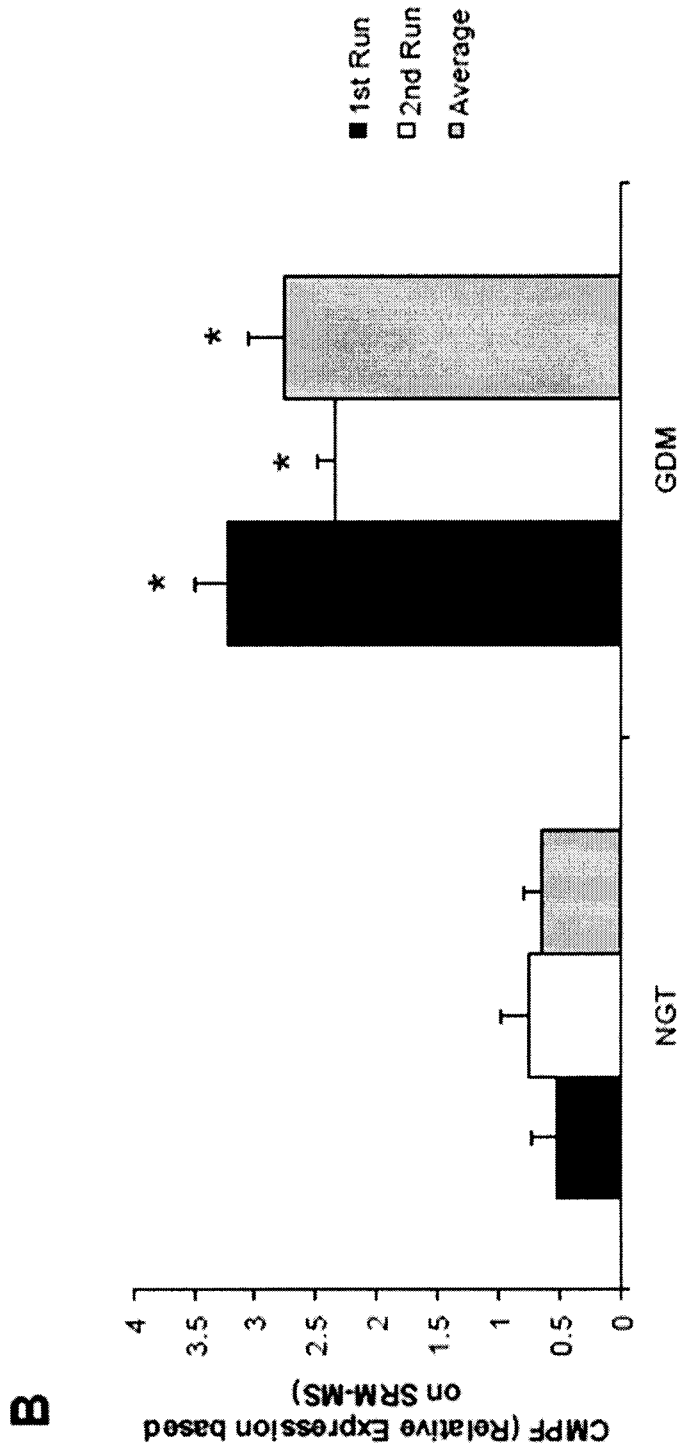


FIG. 1 (CONT.)

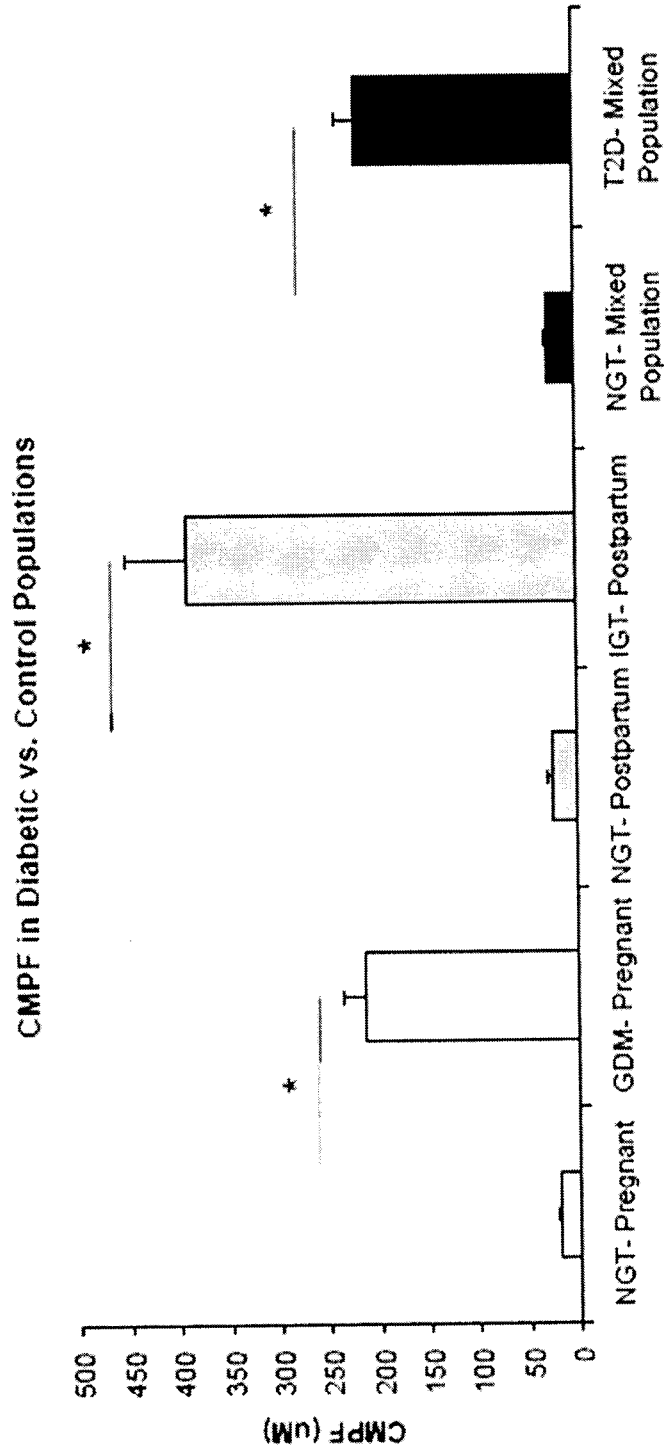


FIG. 2

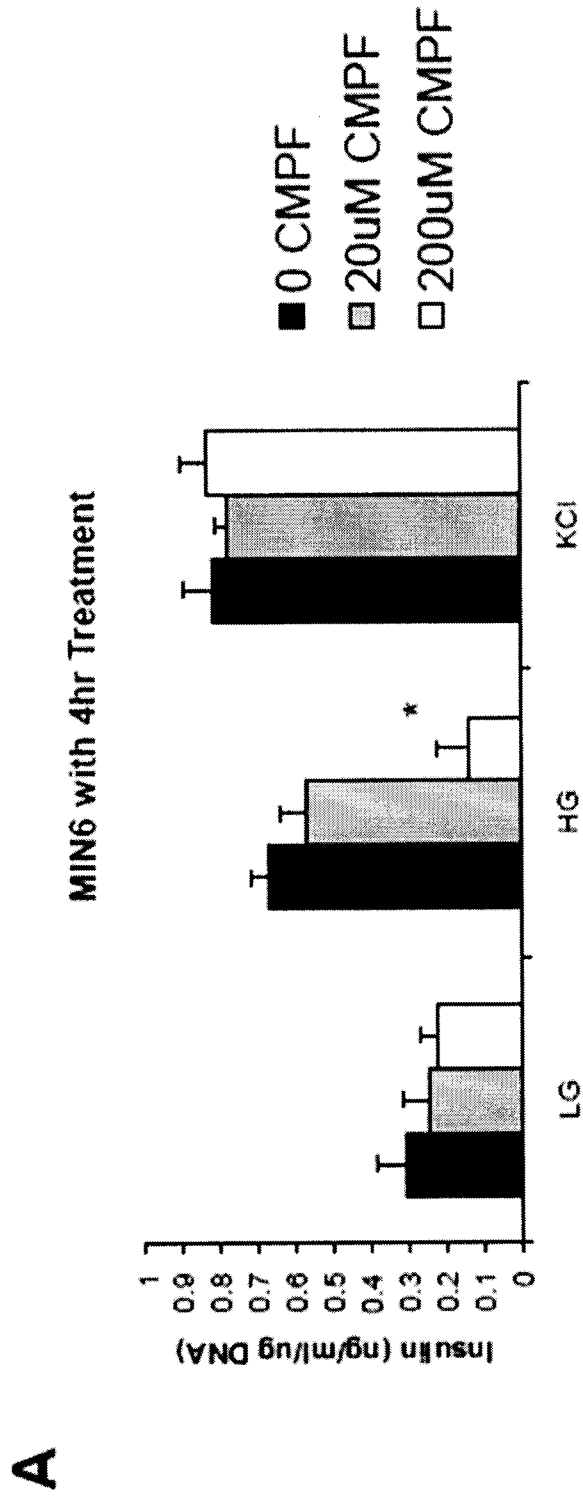


FIG. 3

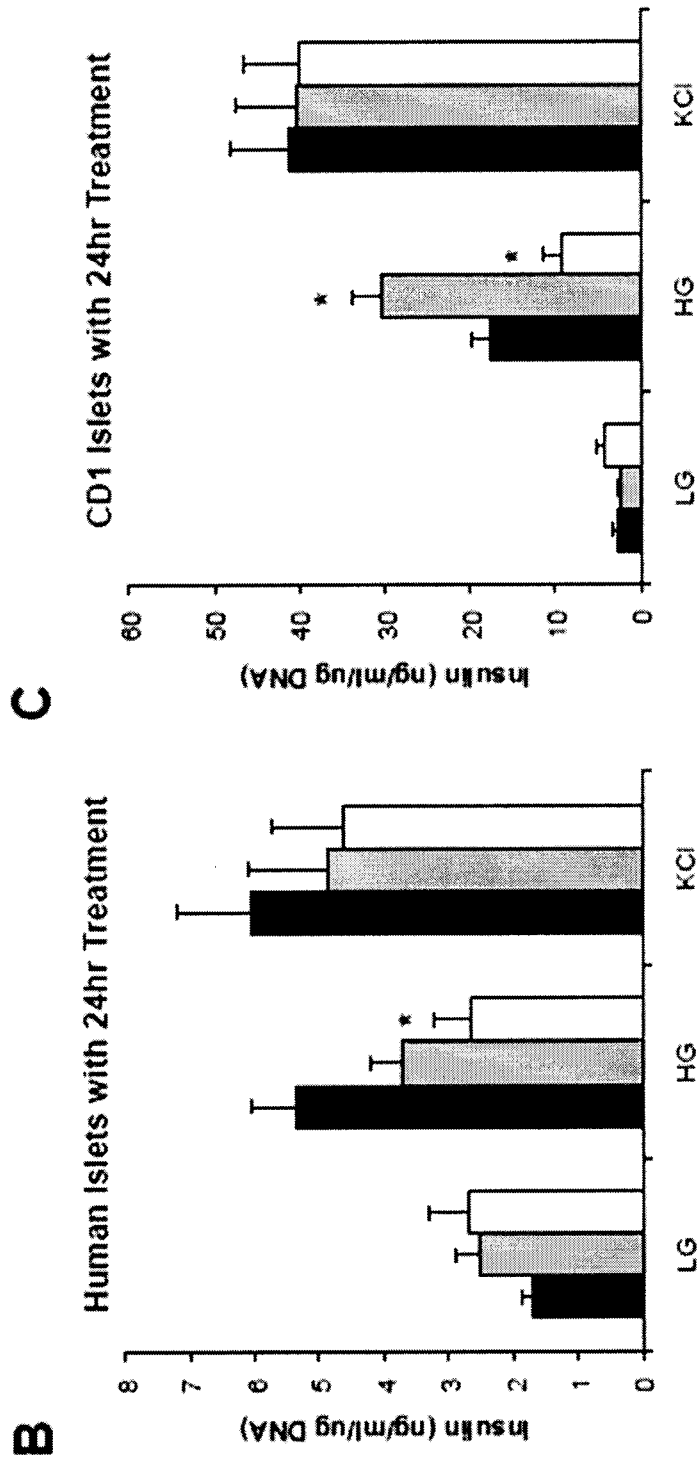


FIG. 3 (CONT.)

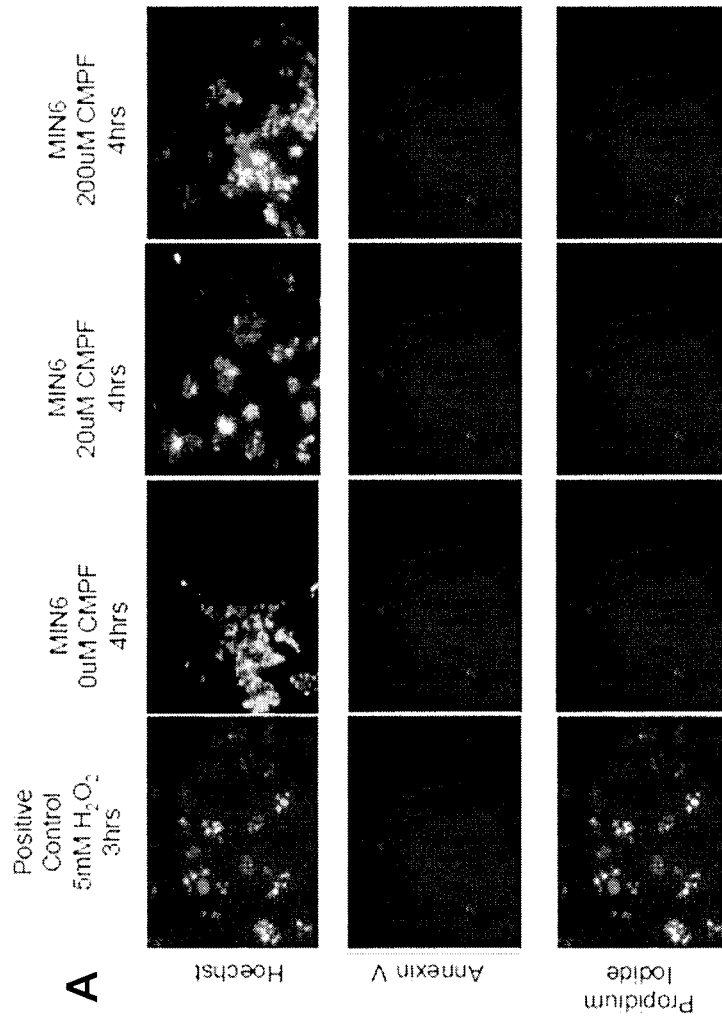


FIG. 4

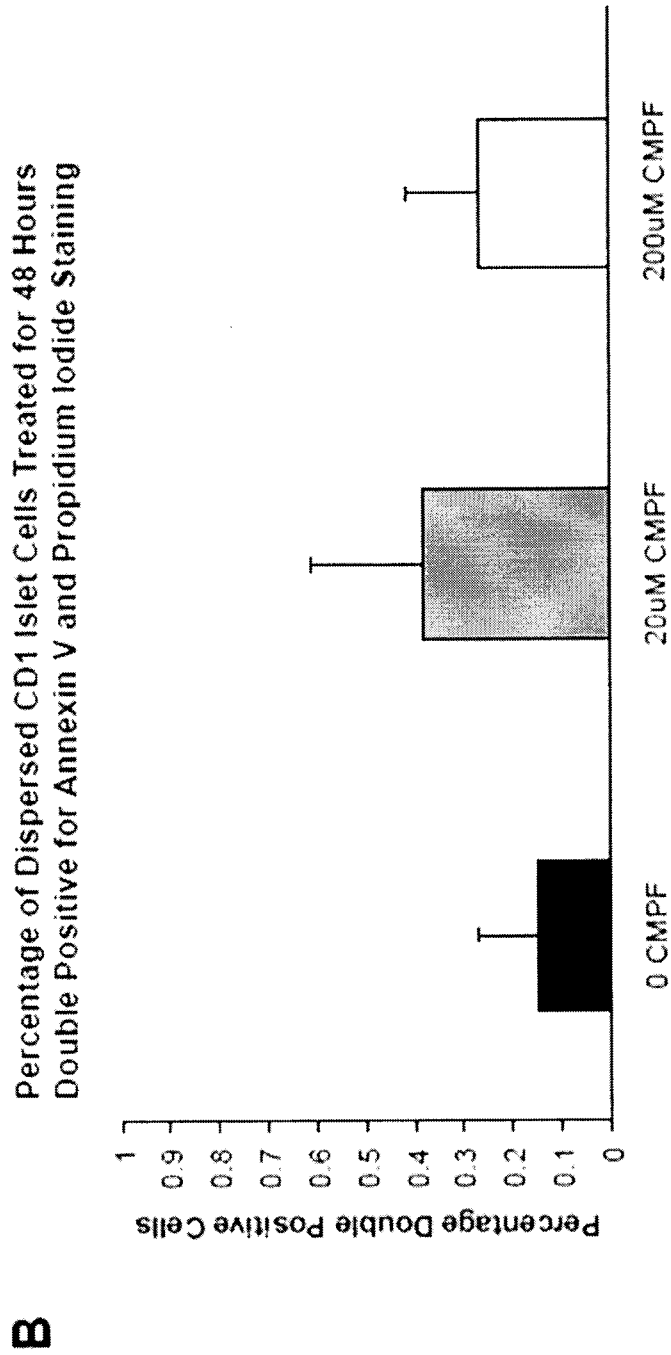


FIG. 4 (CONT.)

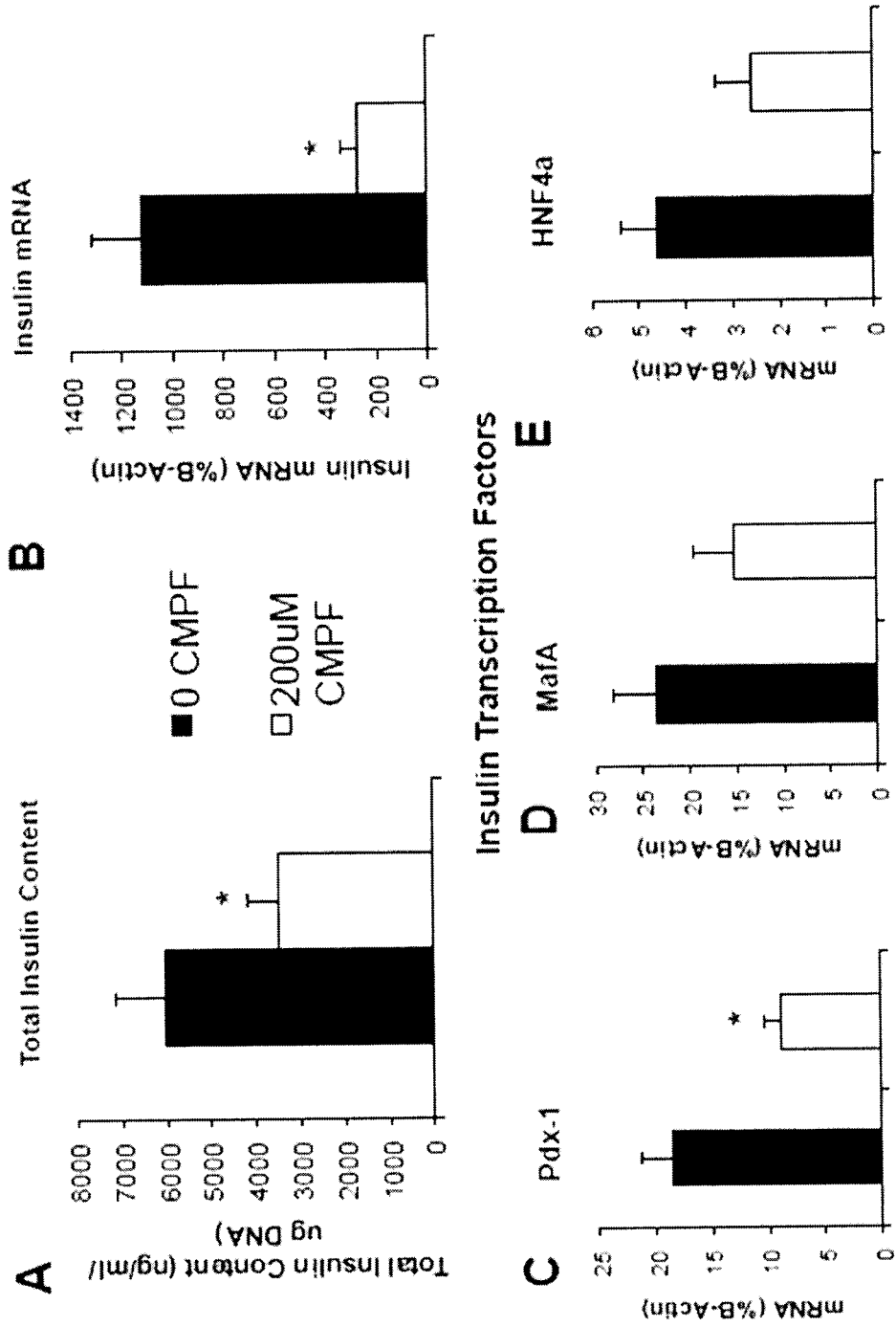


FIG. 5

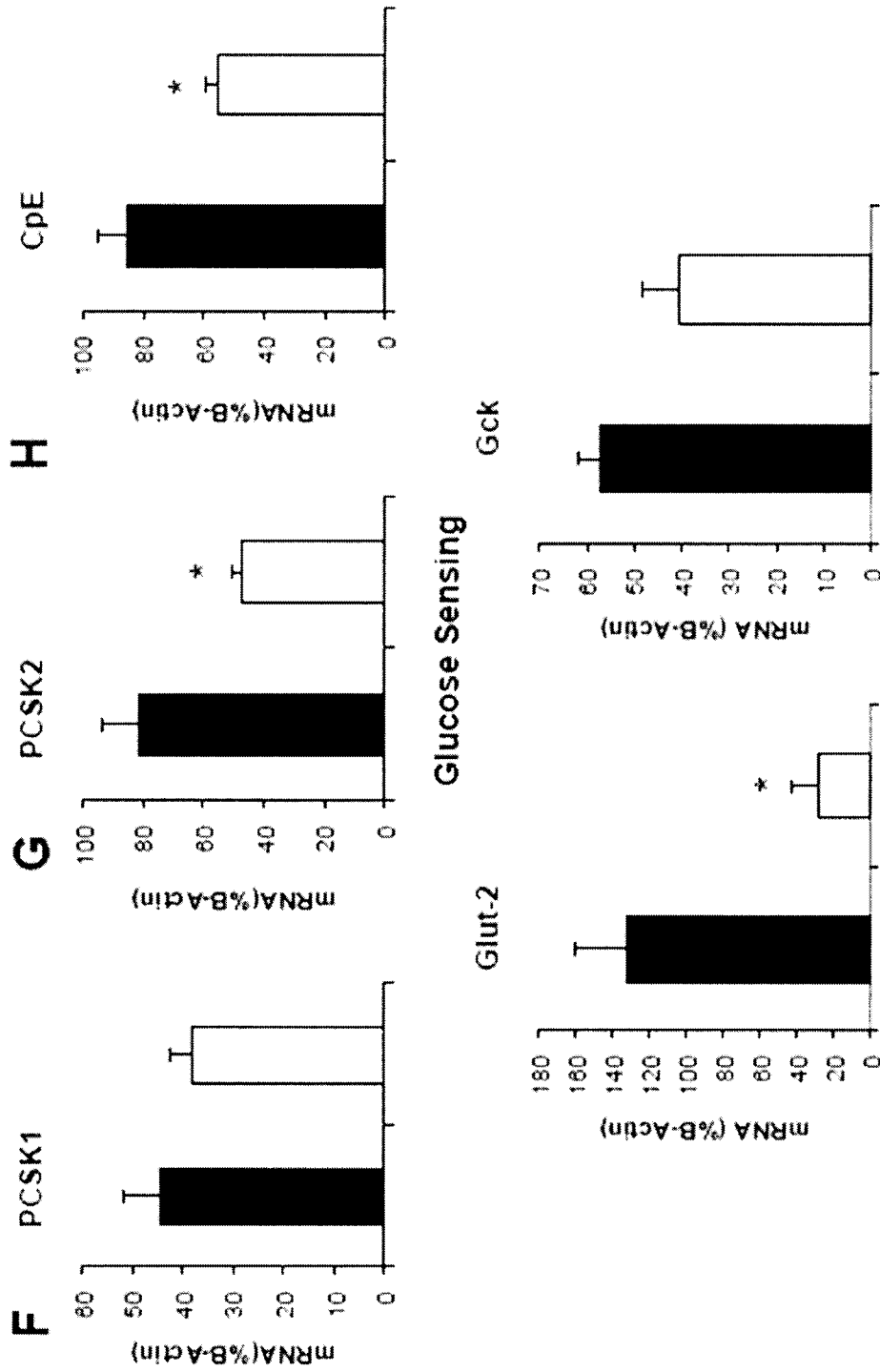


FIG. 5 (CONT.)

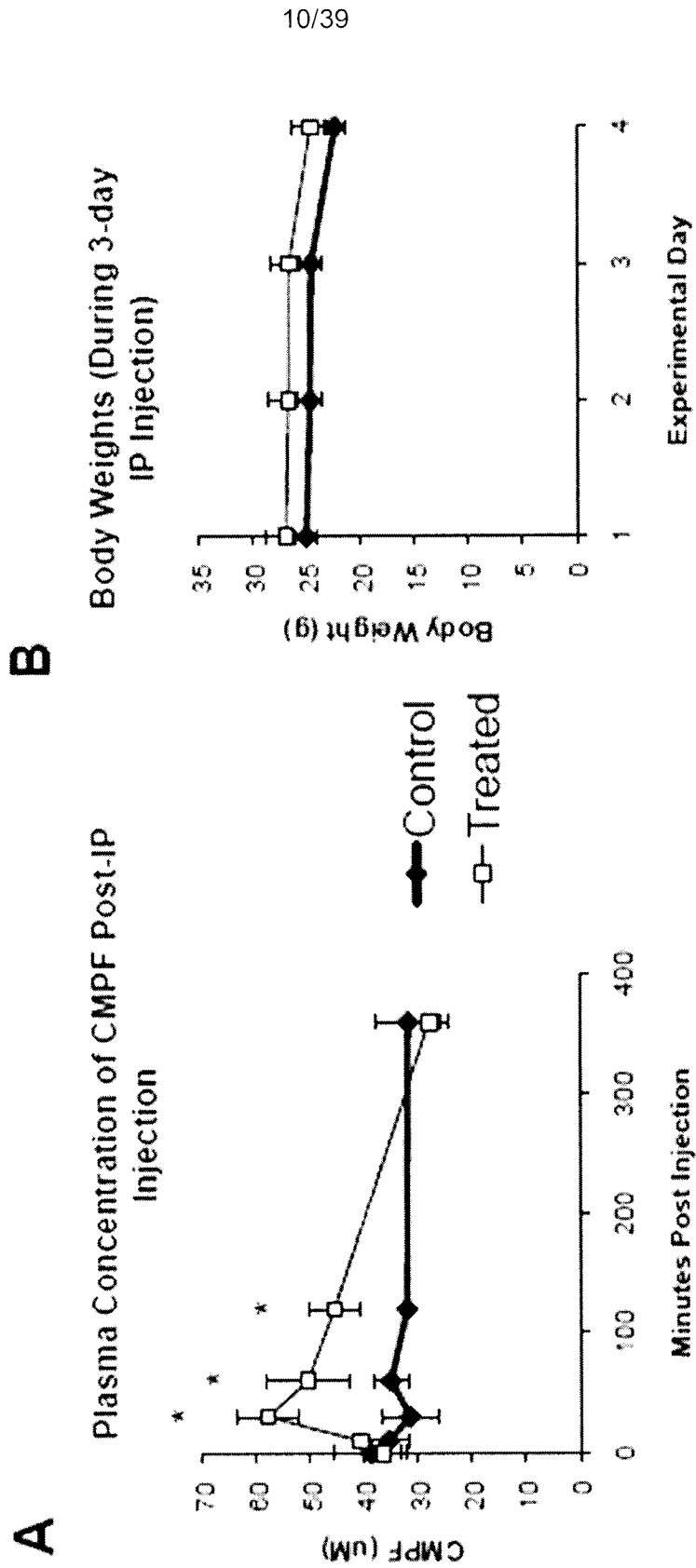


FIG. 6

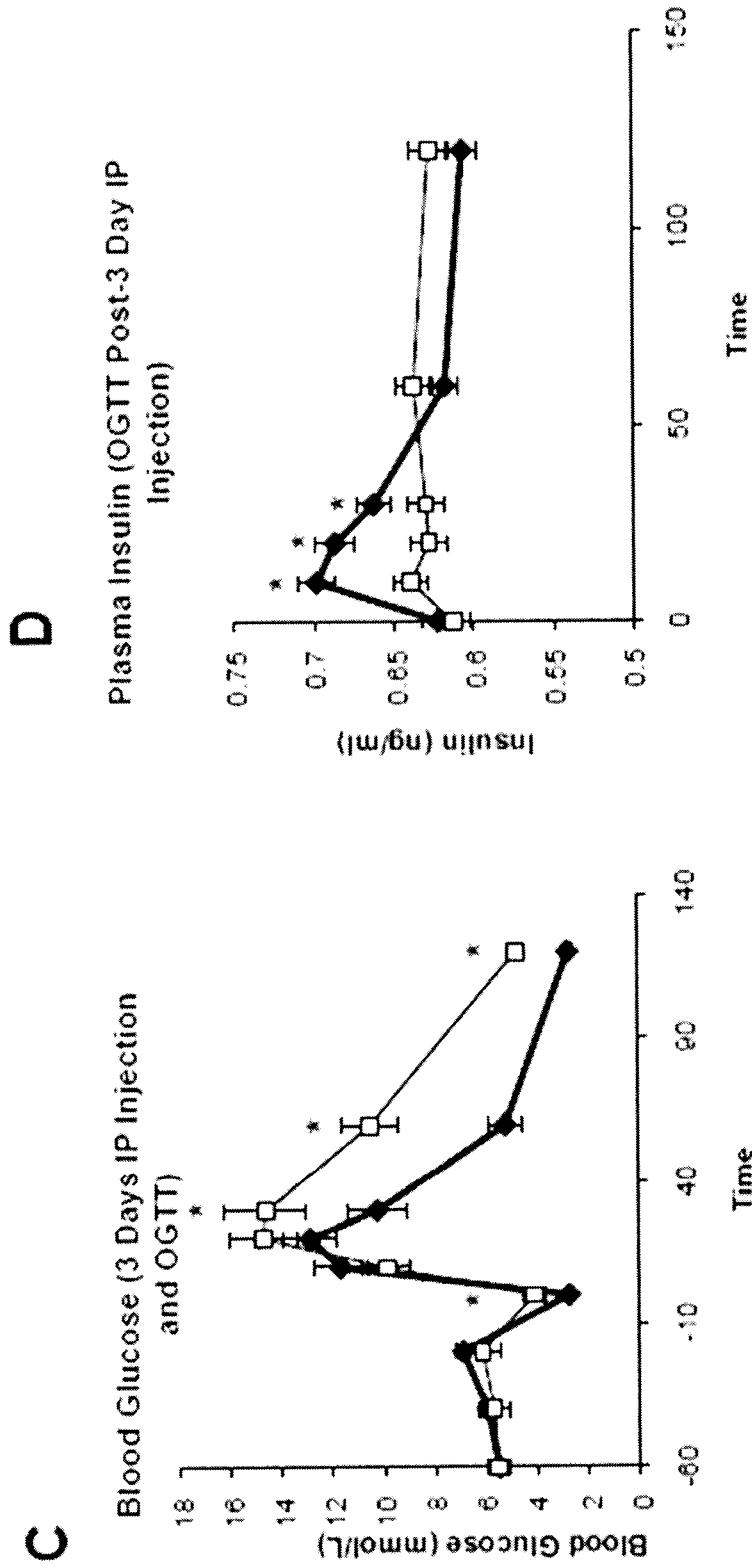


FIG. 6 (CONT.)

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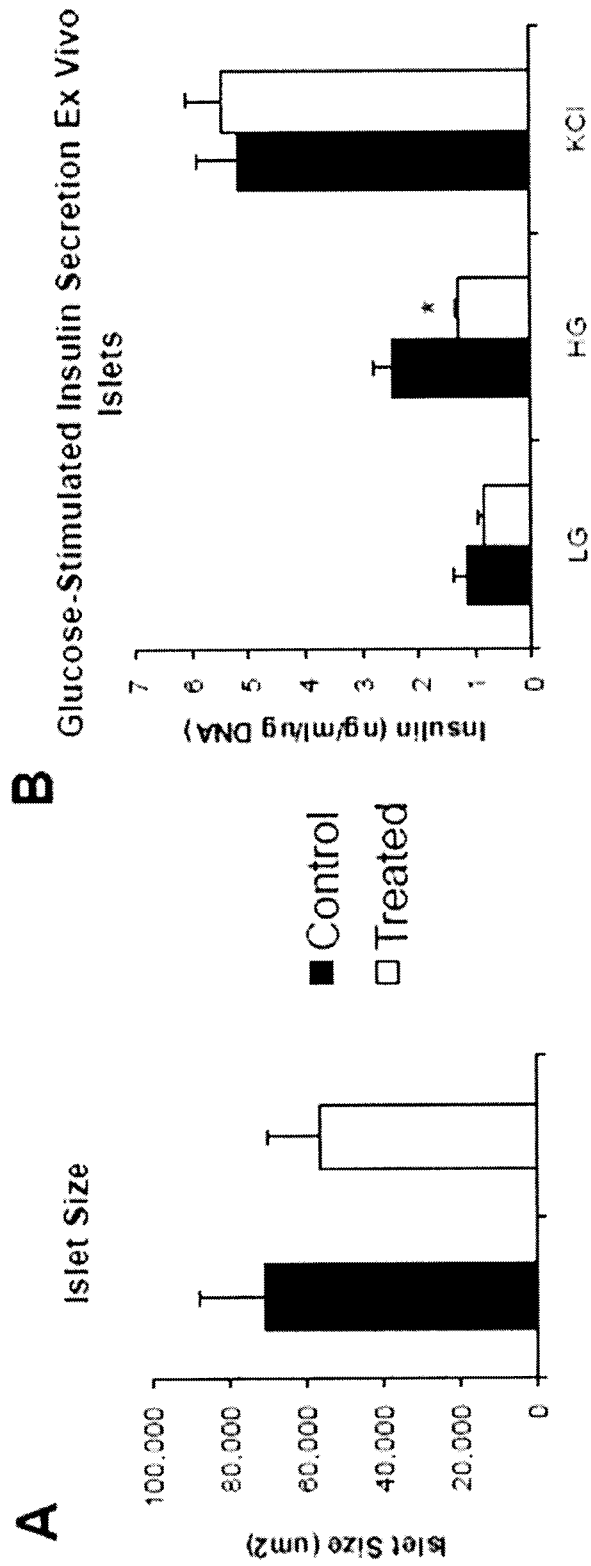


FIG. 7

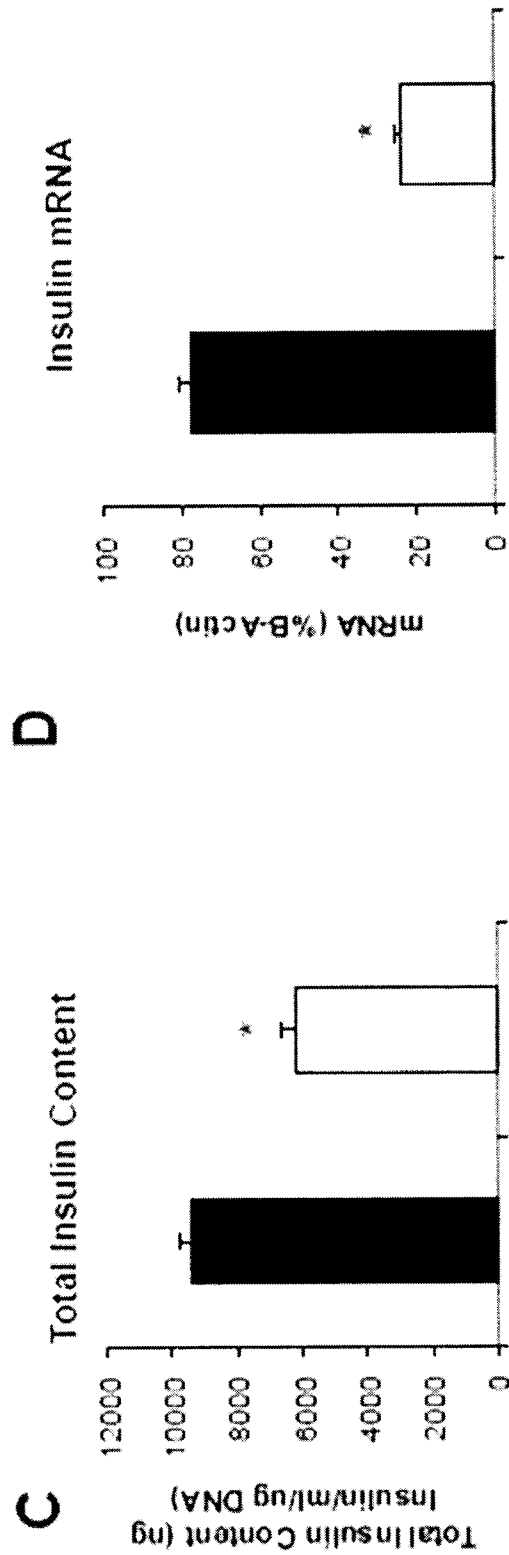


FIG. 7 (CONT.)

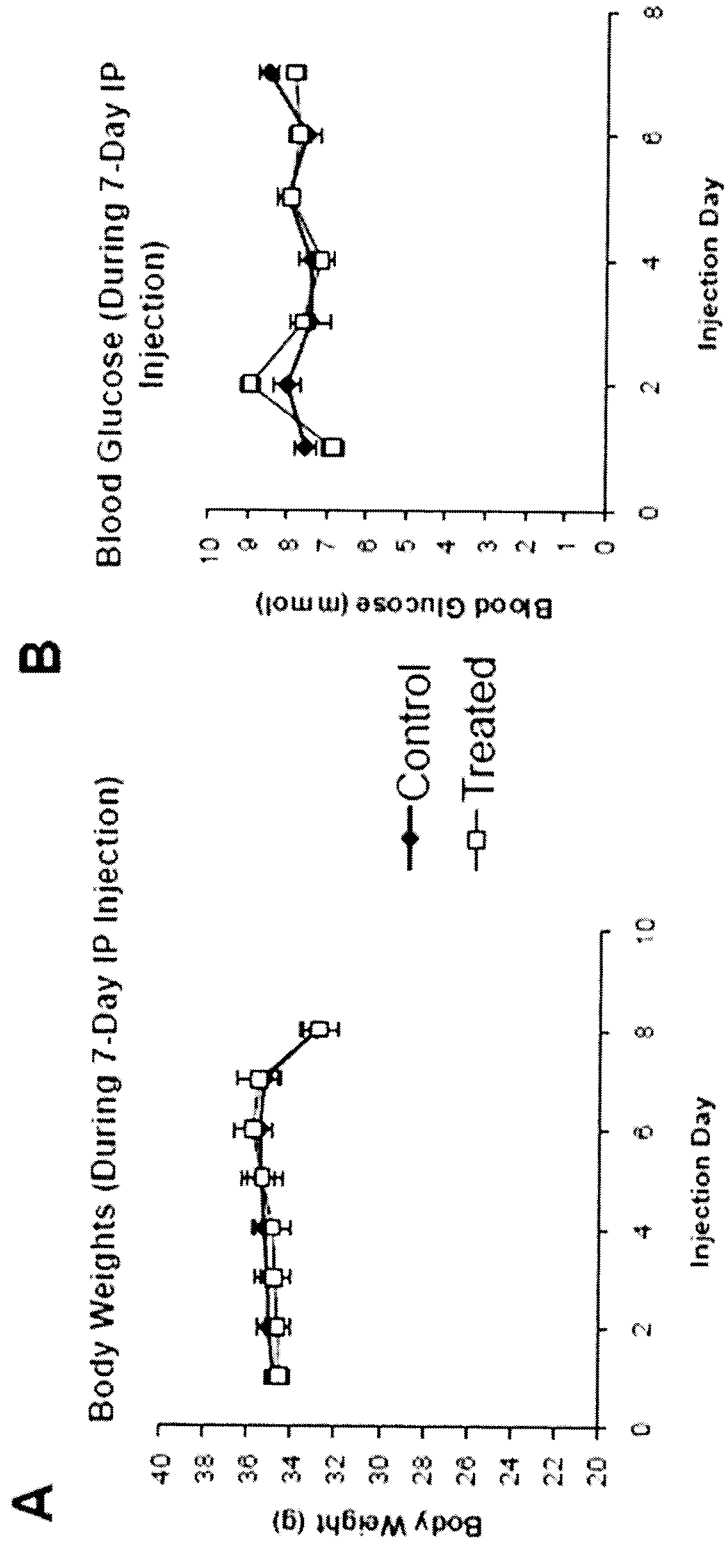


FIG. 8

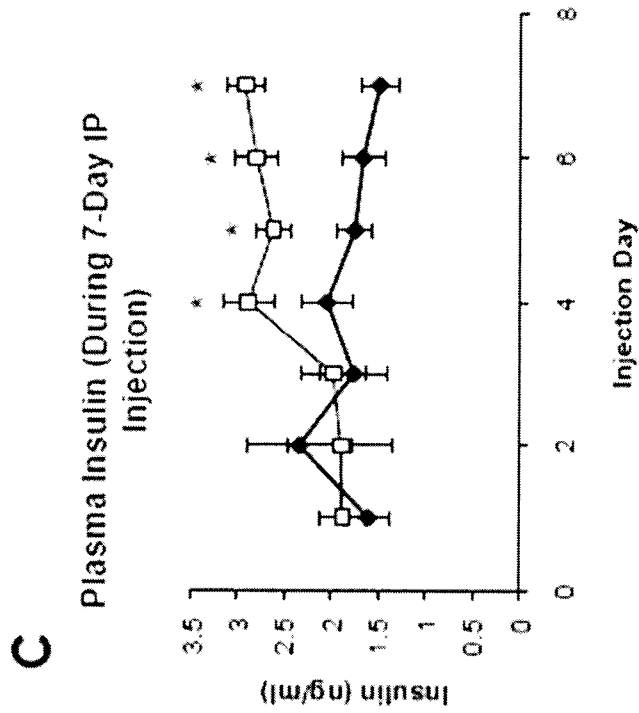
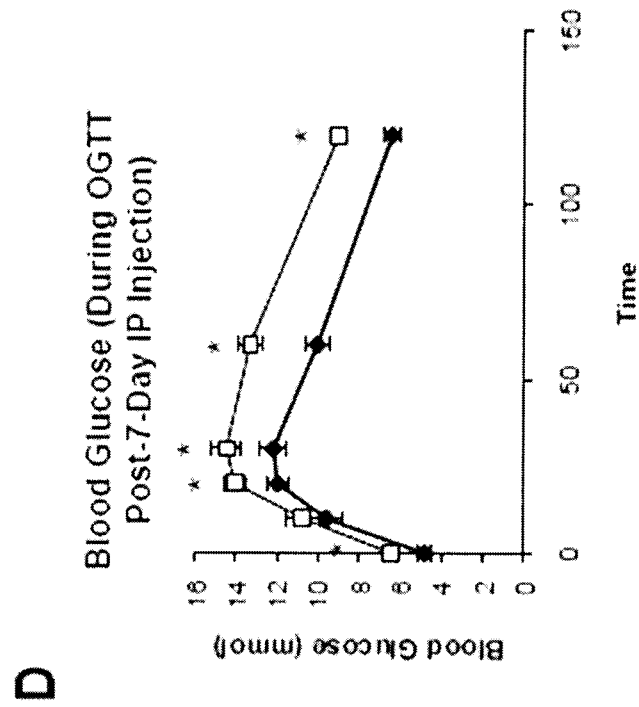
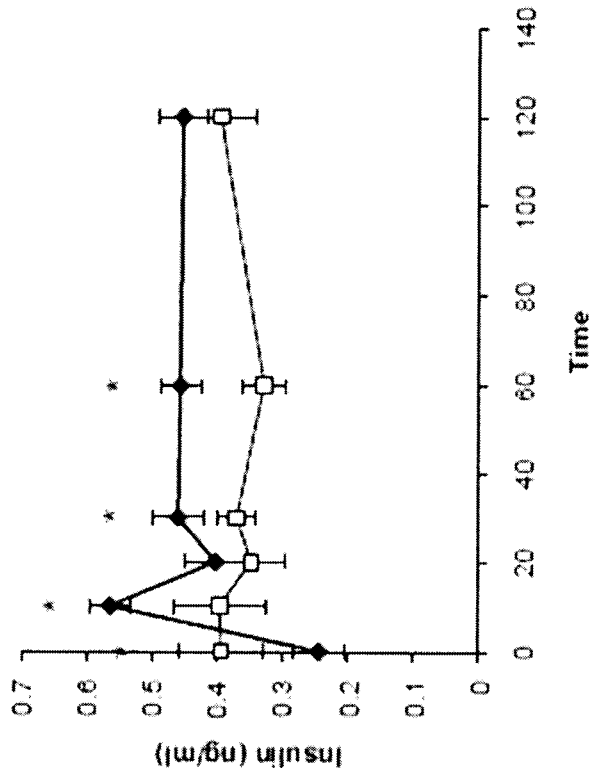


FIG. 8 (CONT.)

**E**

Plasma Insulin (During OGTT Post-7-Day IP Injection)



GSIS of Ex Vivo Islets (Following OGTT)

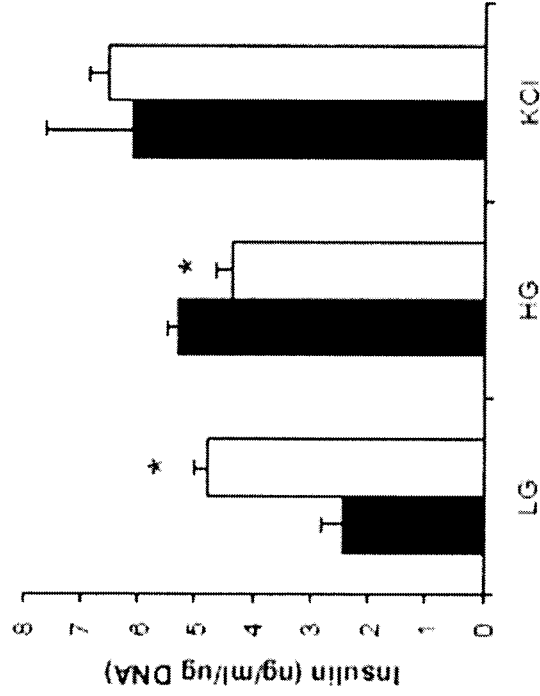
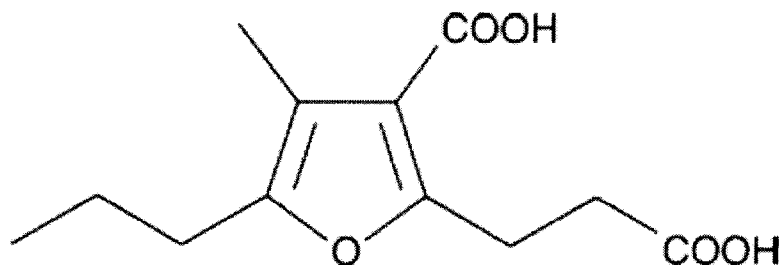


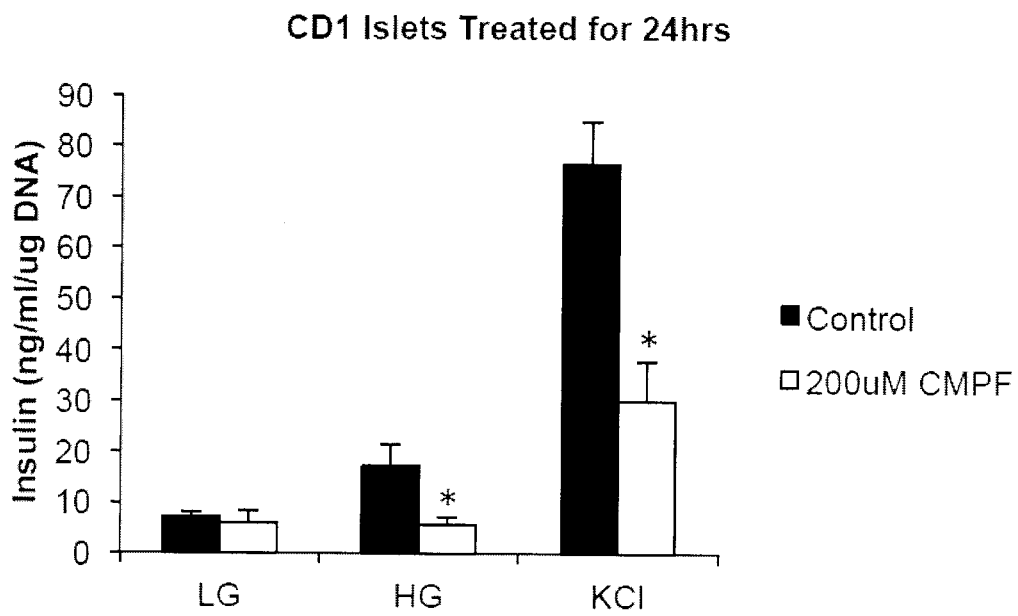
FIG. 8 (CONT.)

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Formal Name	3-carboxy-4-methyl-5-propyl-2-furanpropanoic acid
Molecular Formula	$C_{12}H_{16}O_5$
Formula Weight	240.3
Formulation	A crystalline solid
$\lambda_{max}$	260 nm

FIG. 9



**FIG. 10**

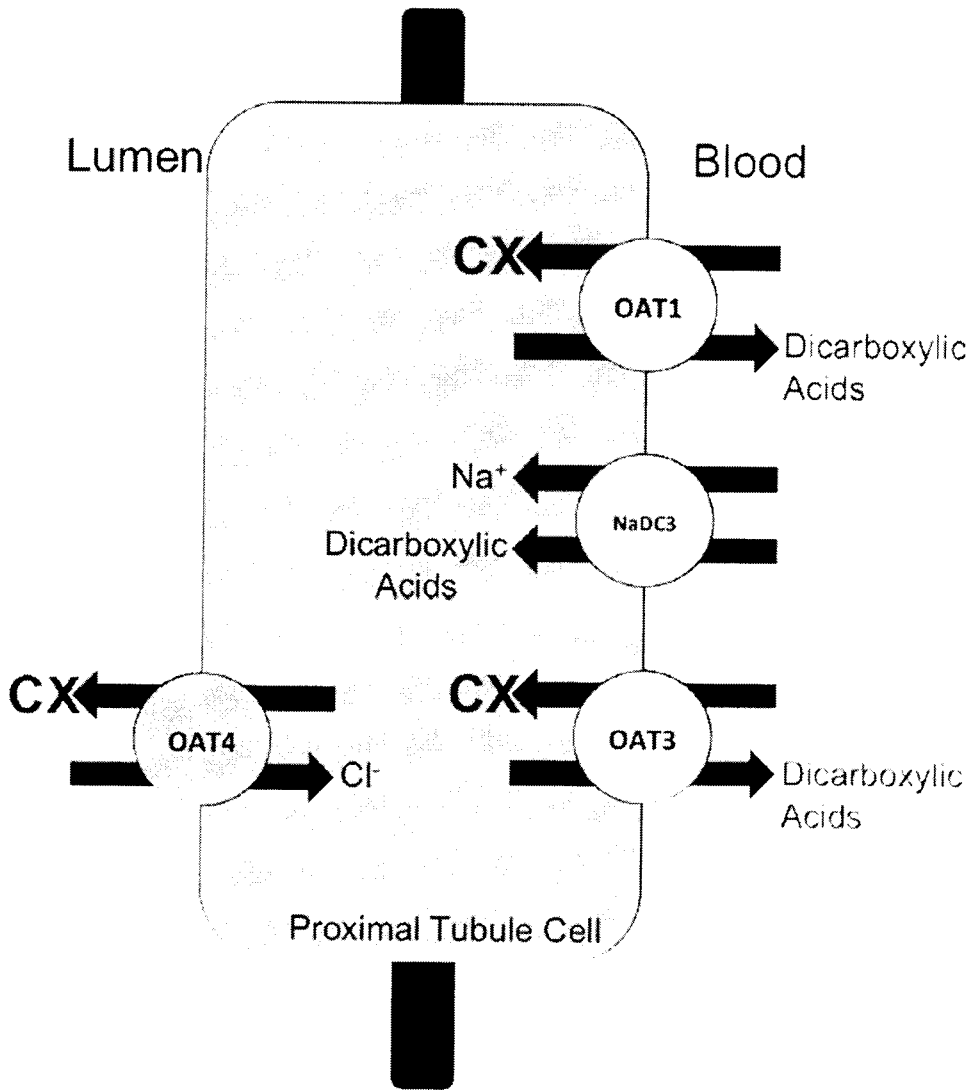


FIG. 11

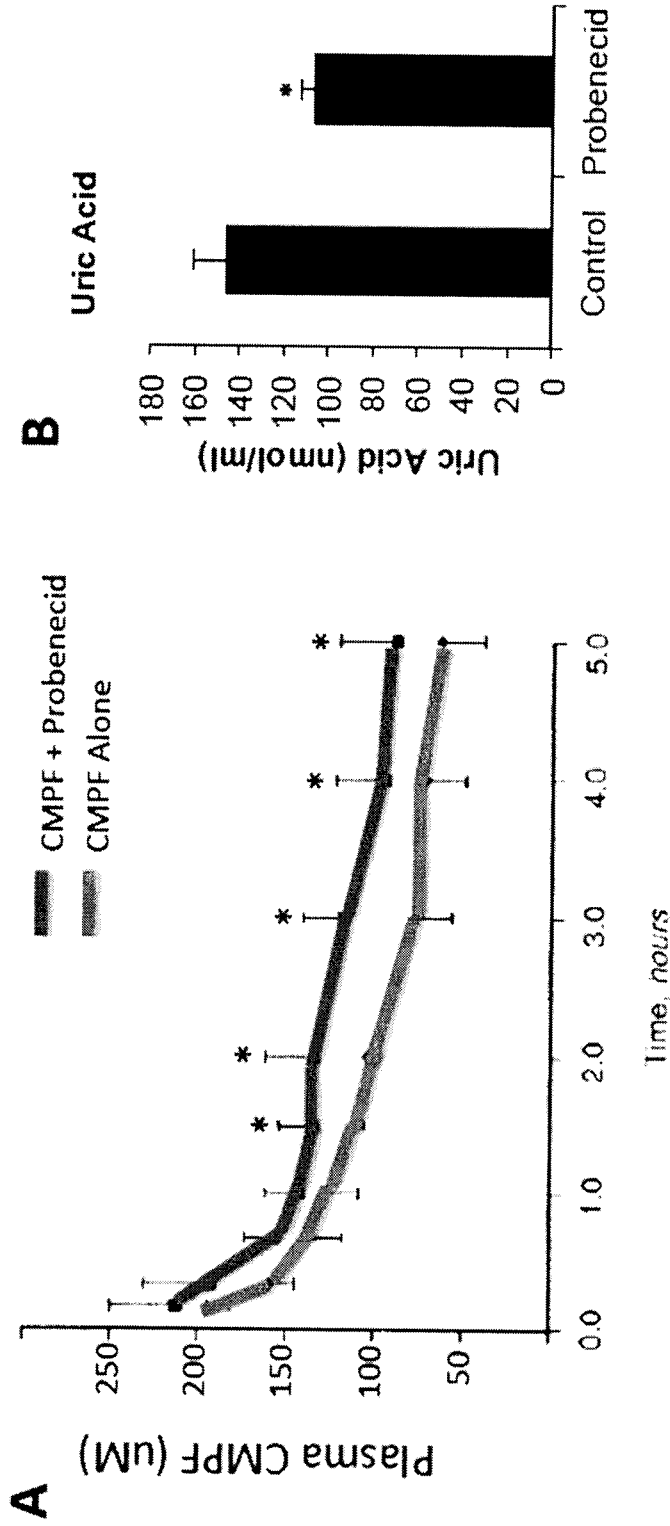


FIG. 12

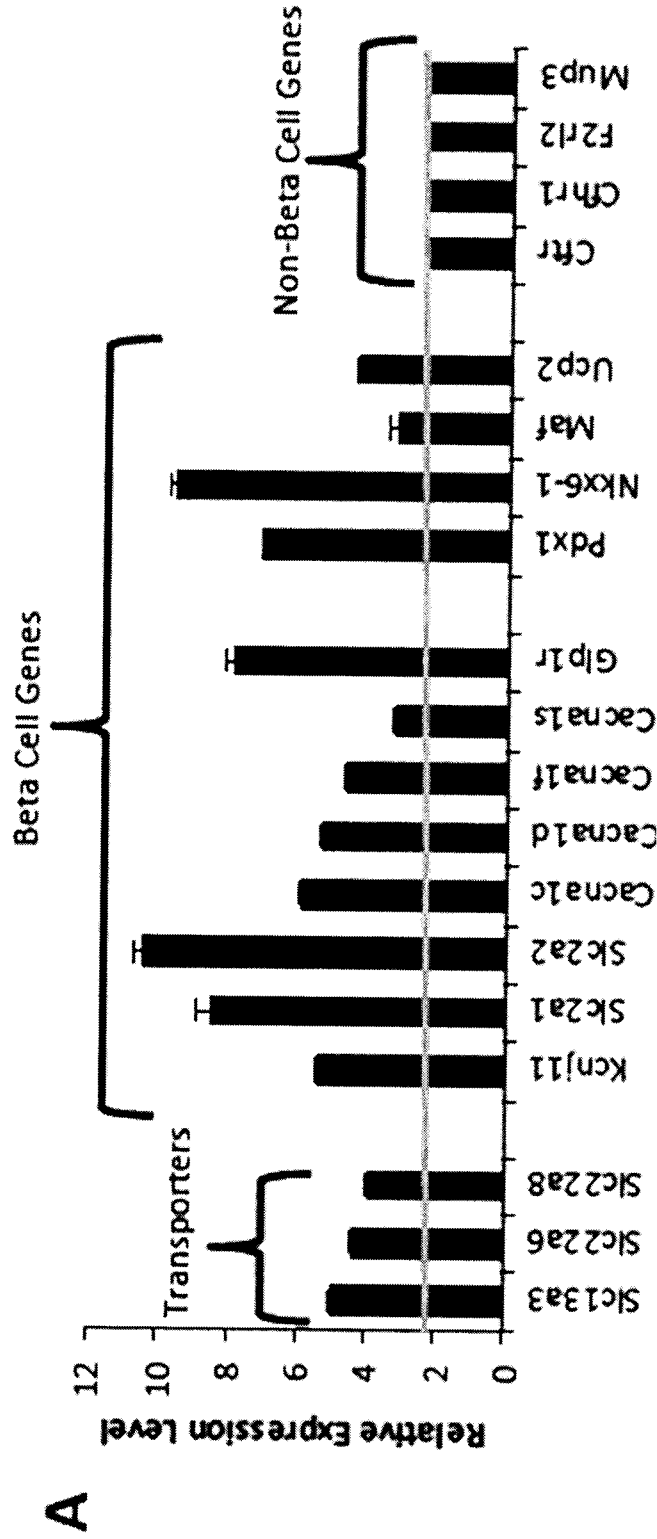


FIG. 13

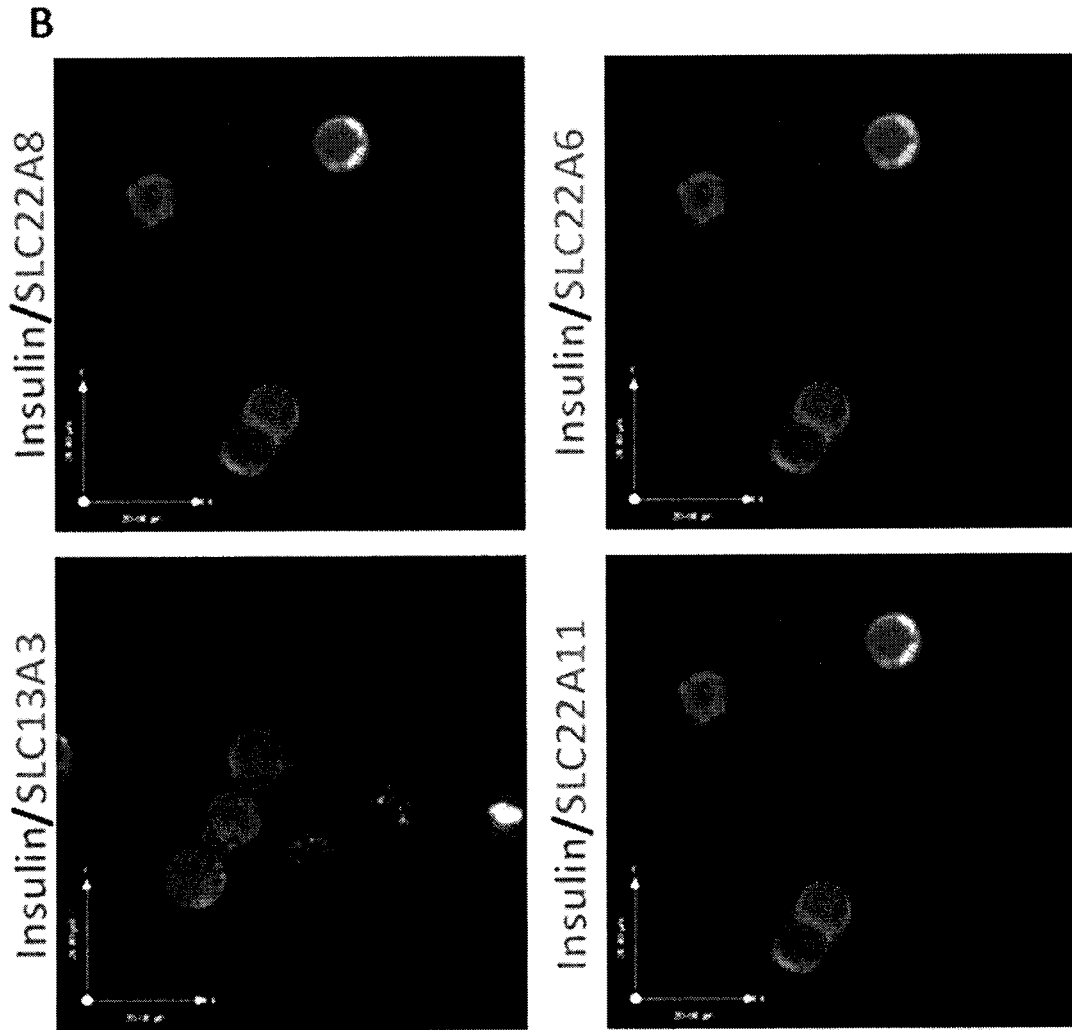


FIG. 13 (CONT.)



FIG. 13 (CONT.)

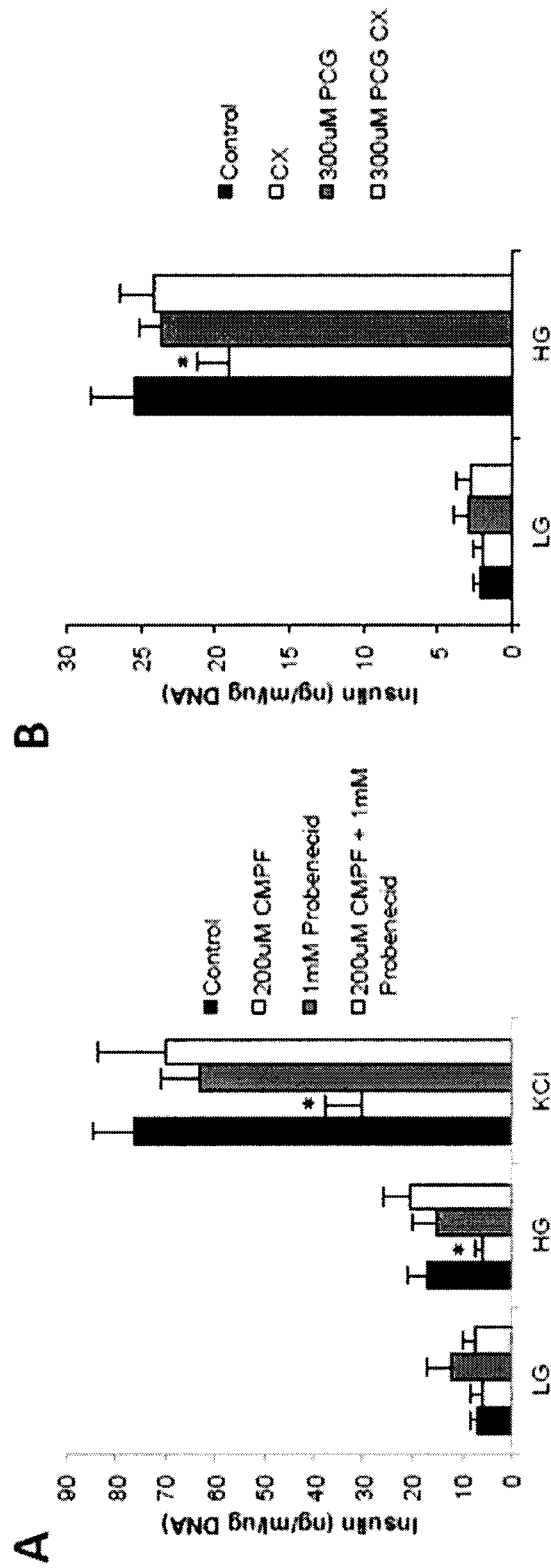


FIG. 14

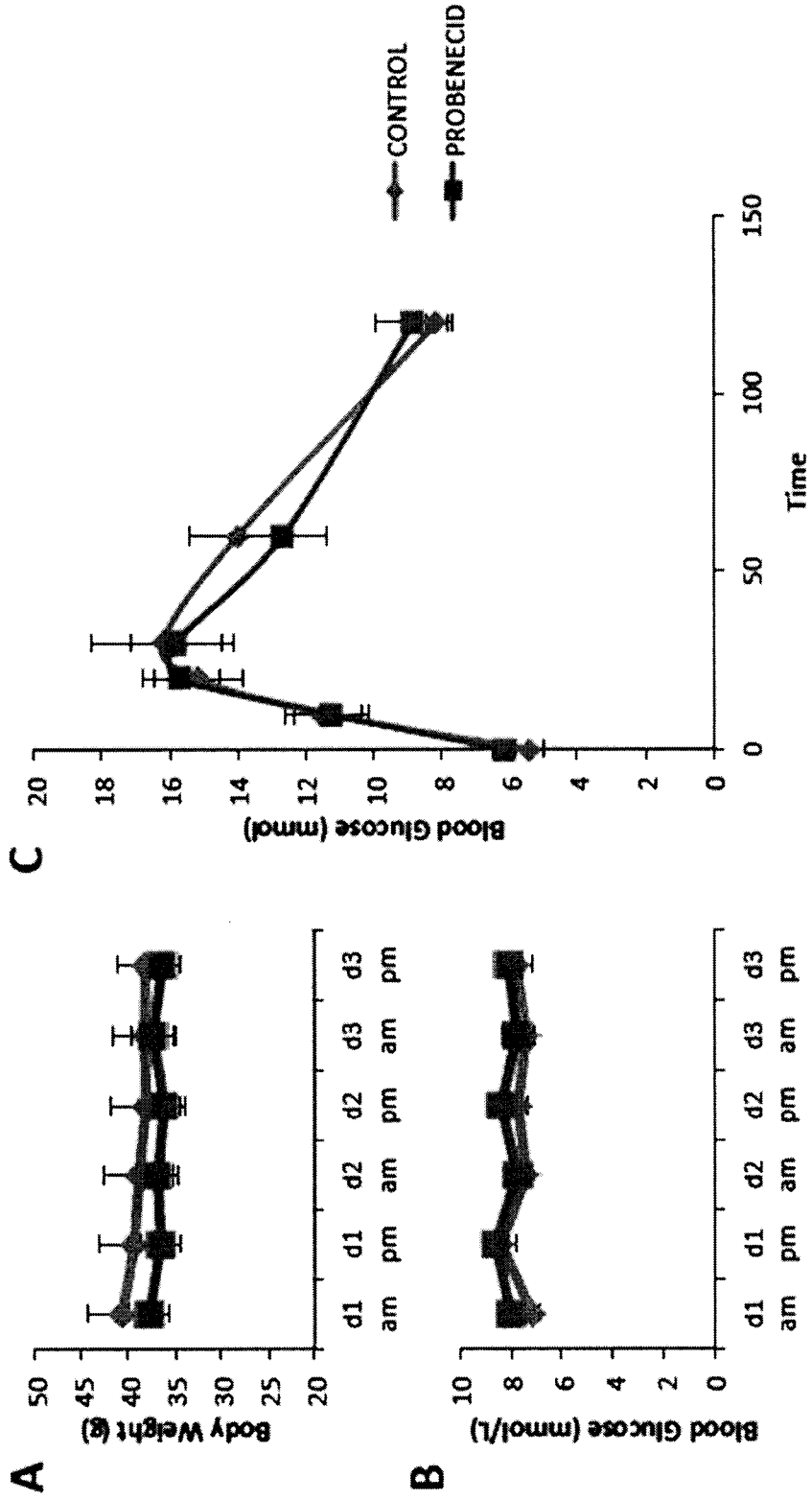


FIG. 15

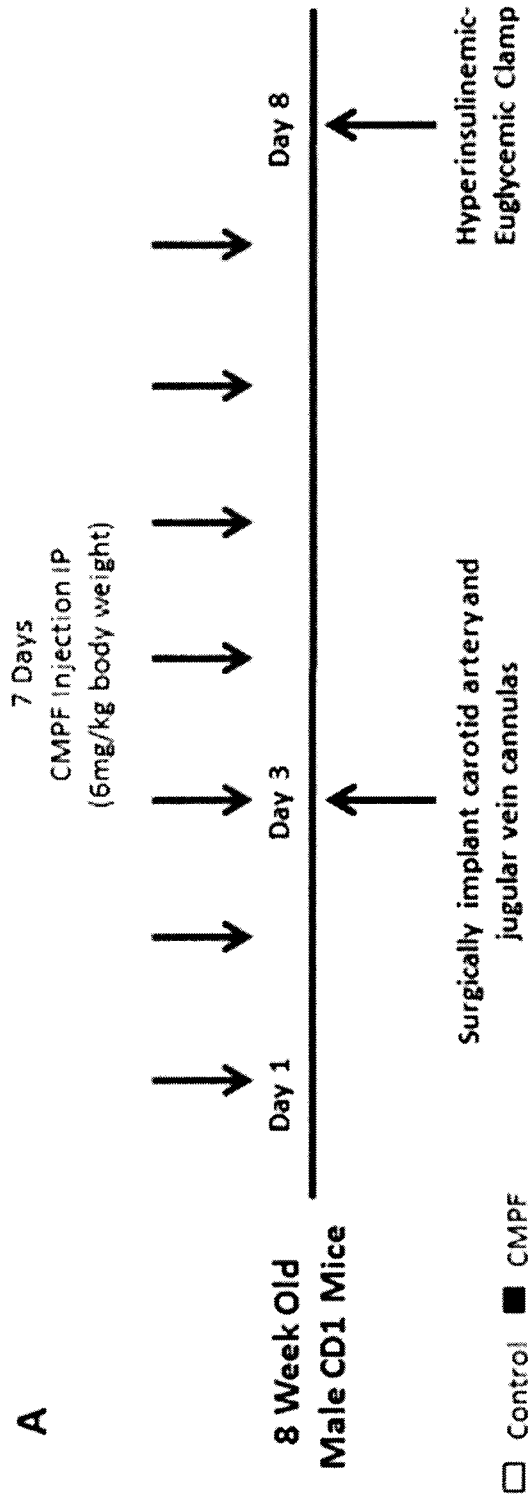


FIG. 16

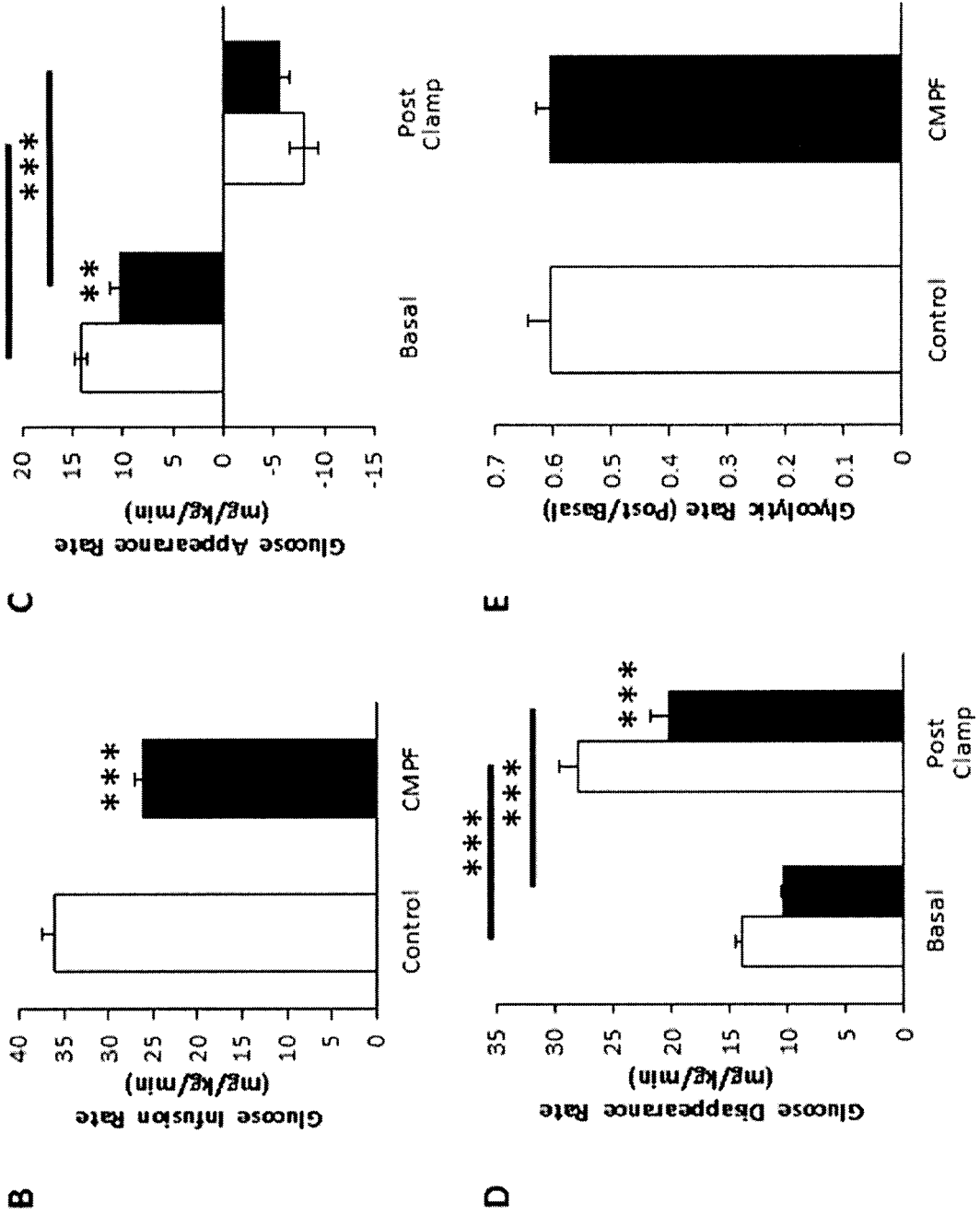


FIG. 16 (CONT.)

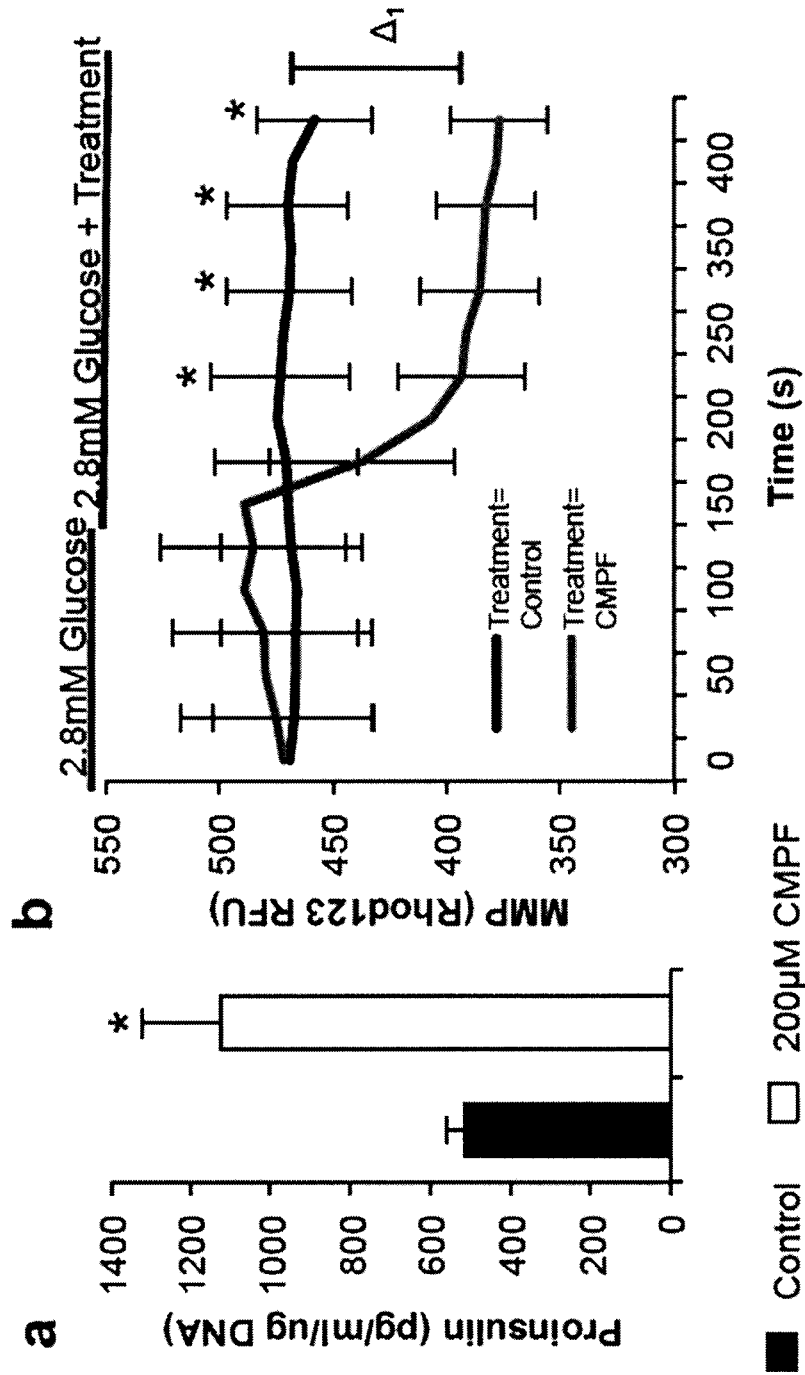


FIG. 17

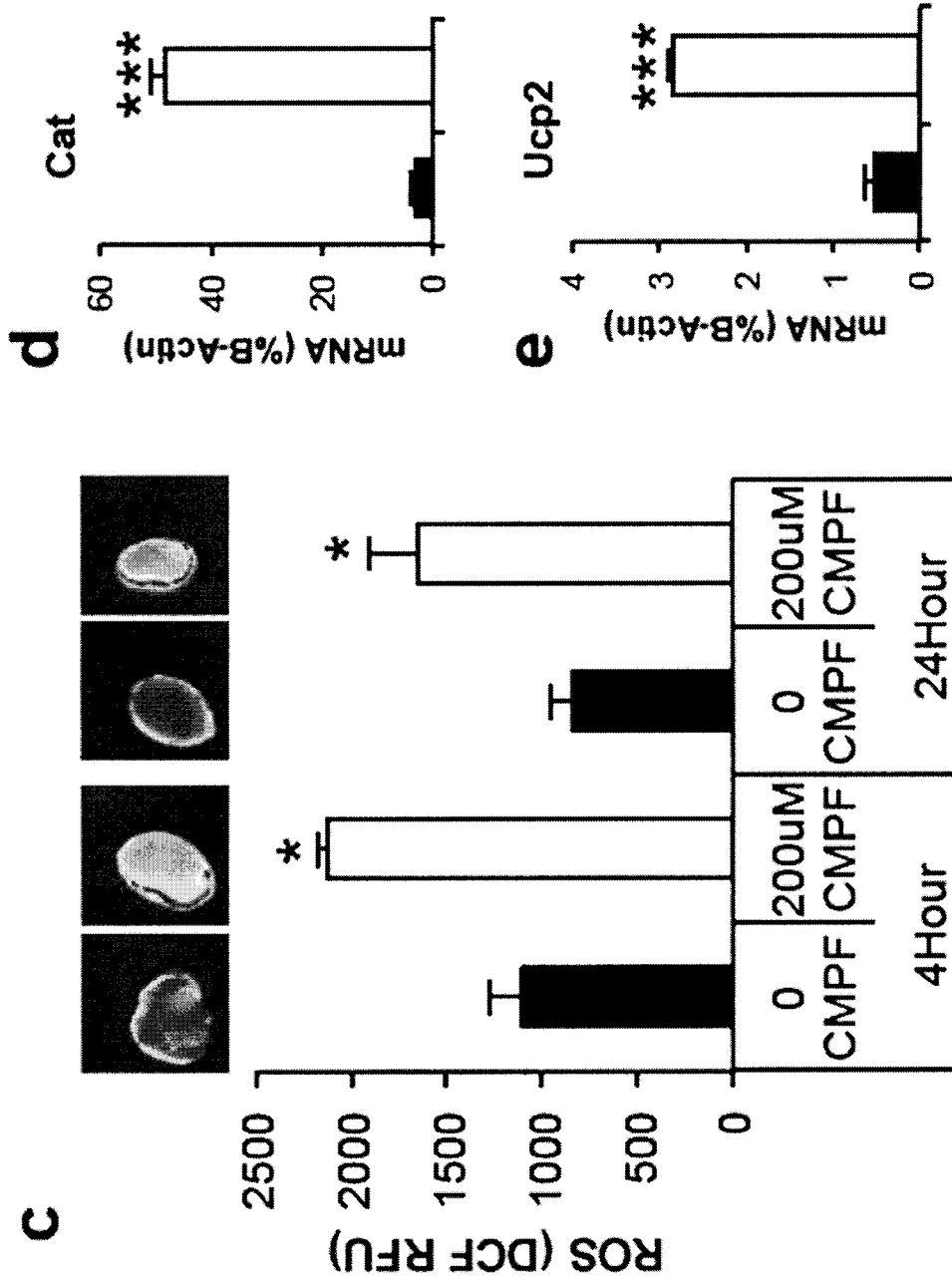


FIG. 17 (CONT.)

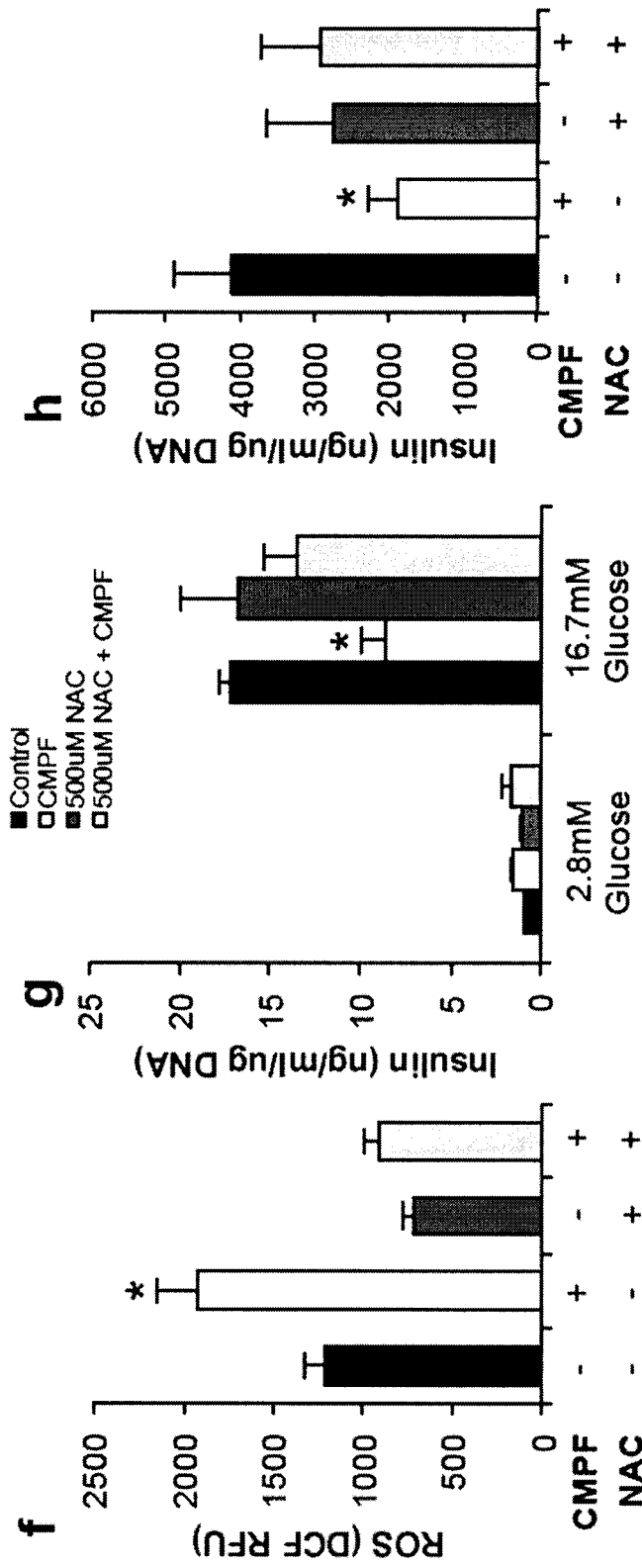


FIG. 17 (CONT.)

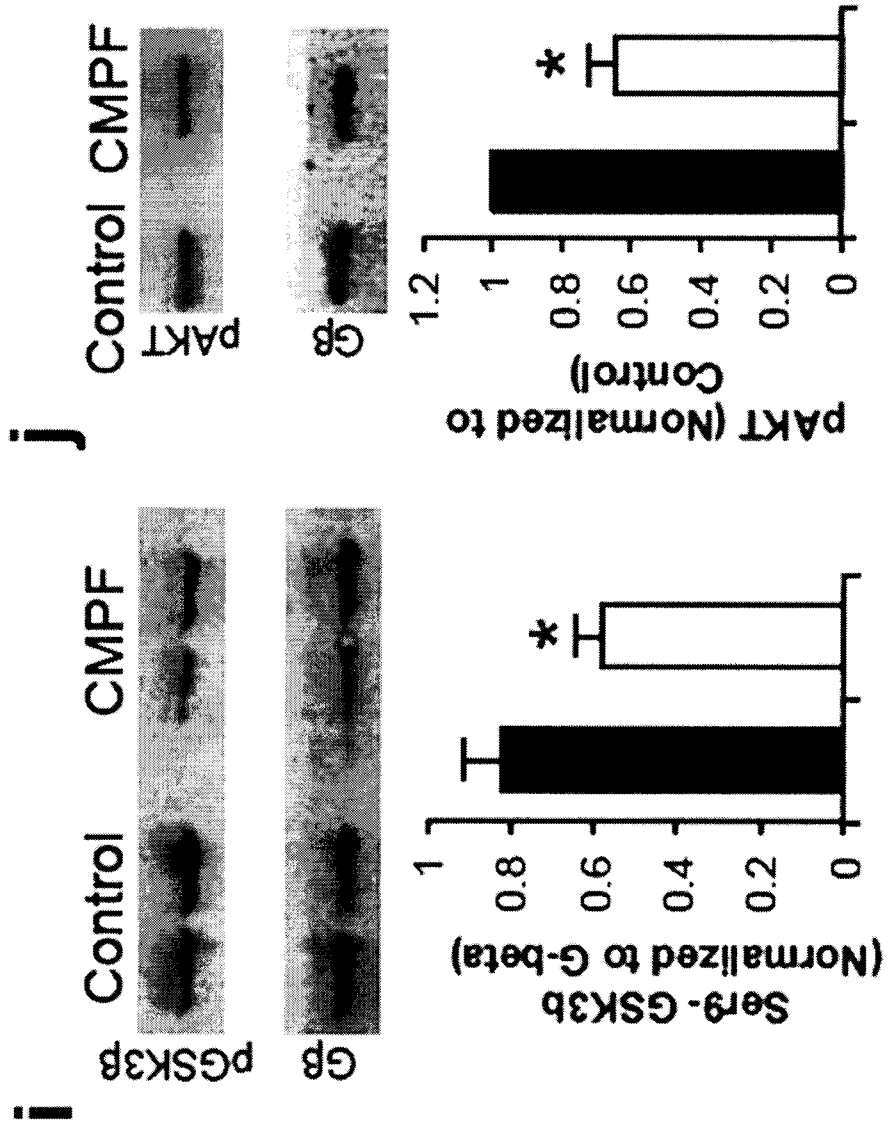


FIG. 17 (CONT.)

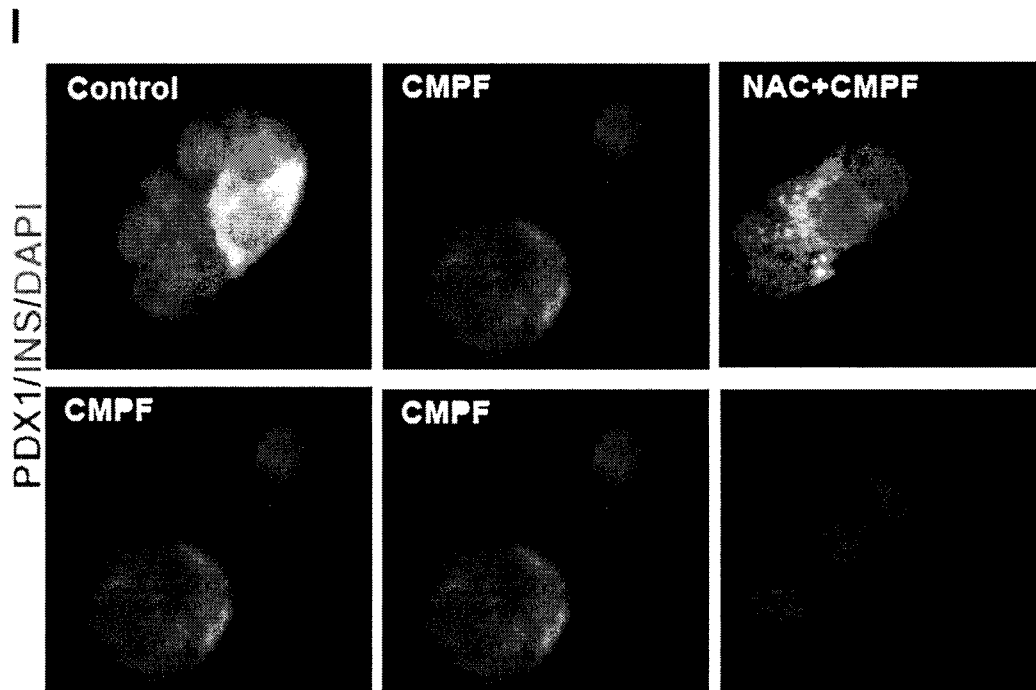
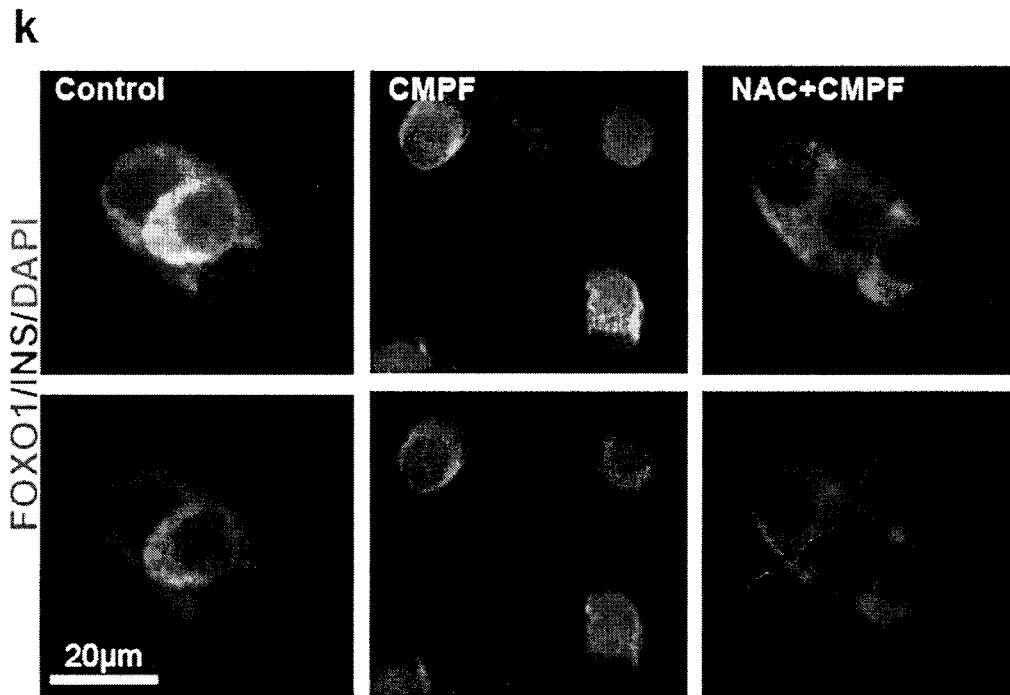


FIG. 17 (CONT.)

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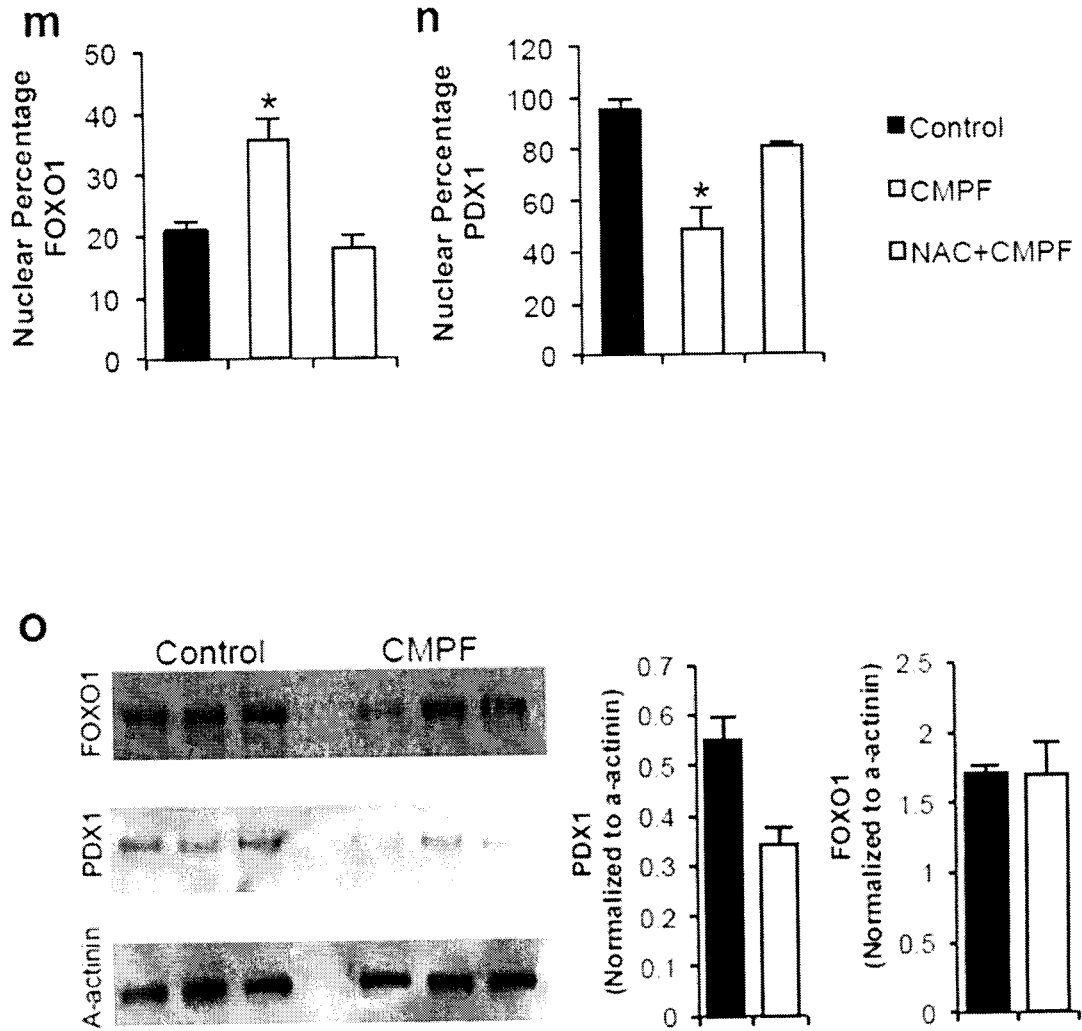


FIG. 17 (CONT.)

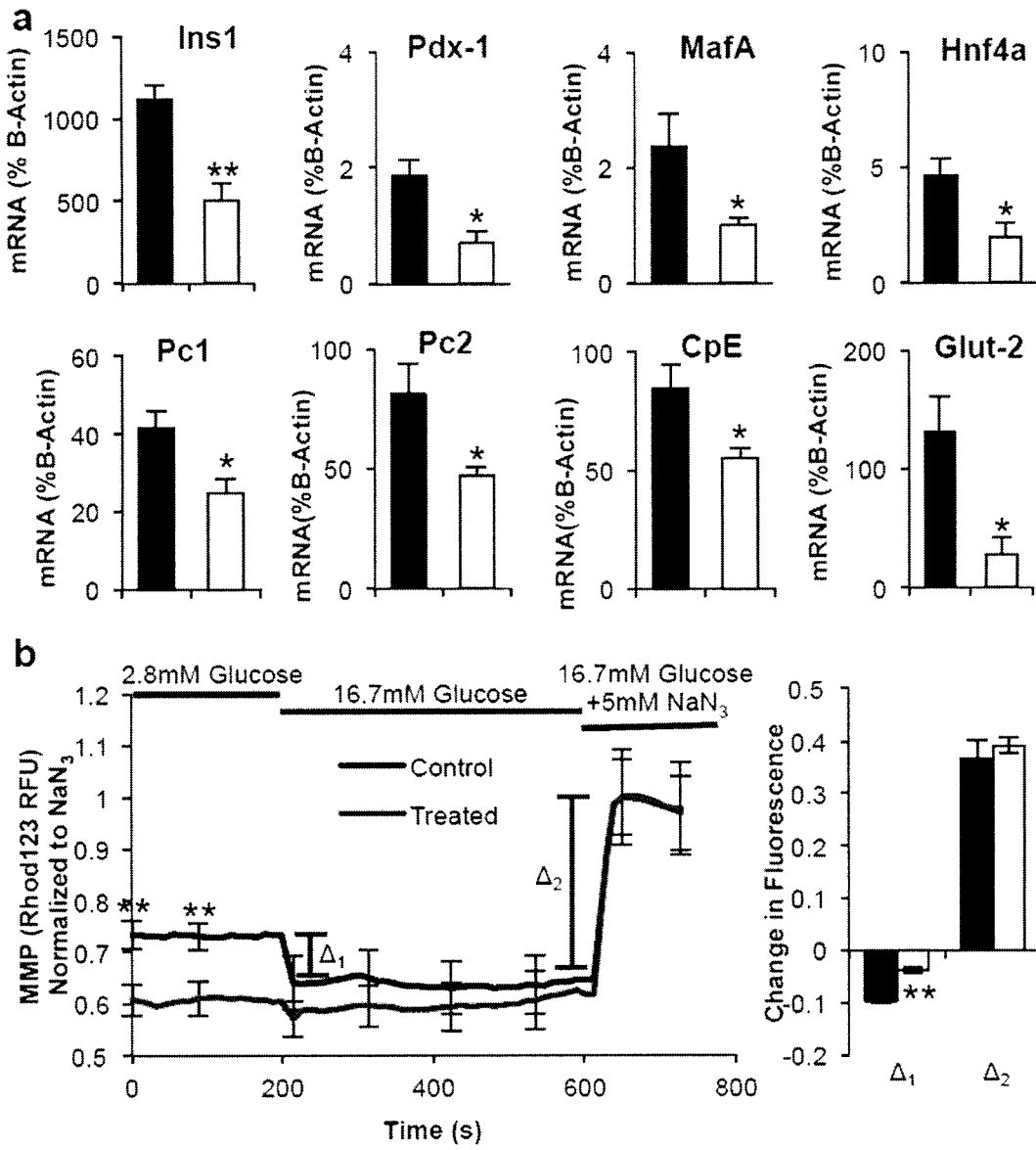


FIG. 18

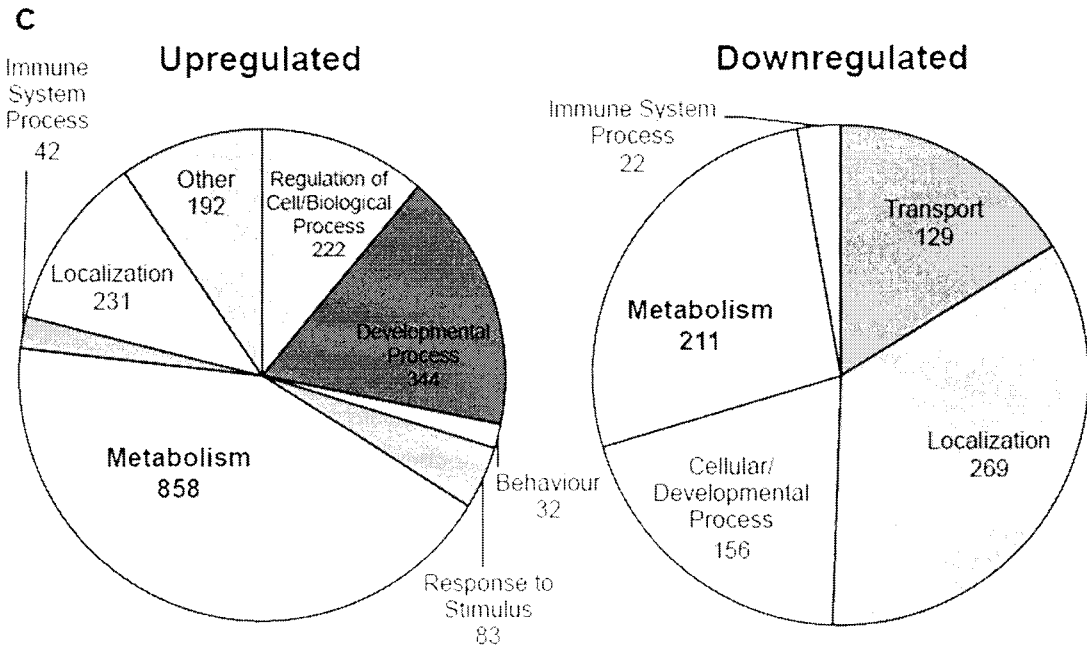


FIG. 18 (CONT.)

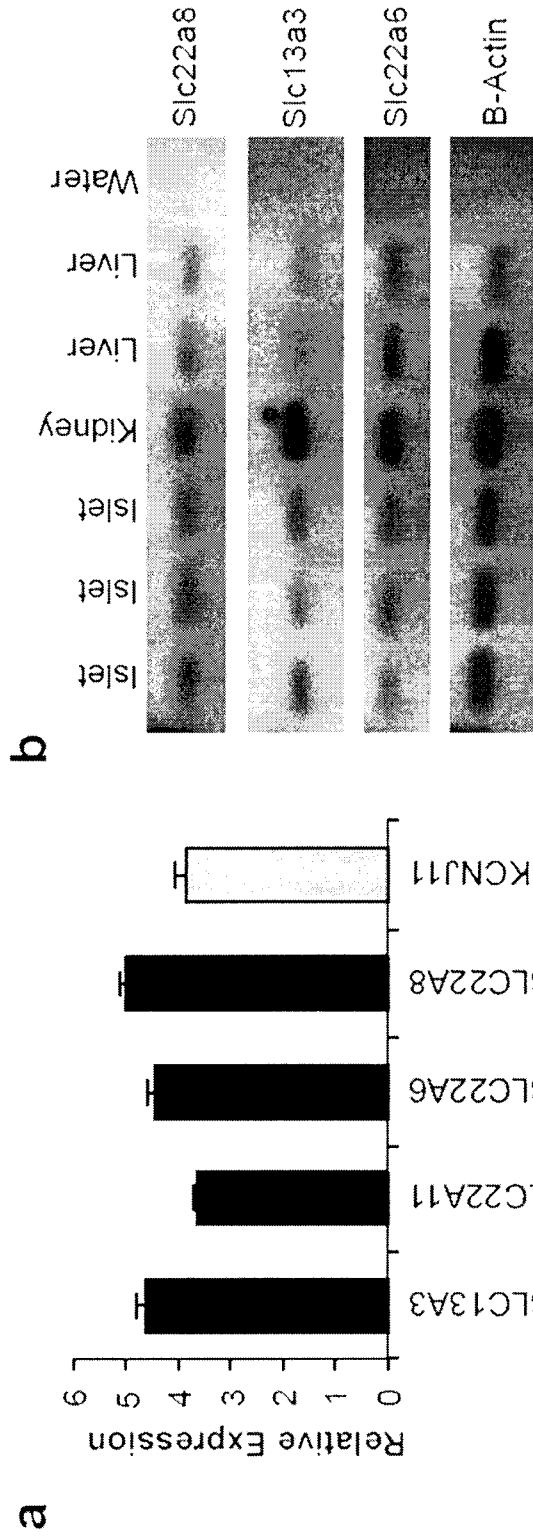
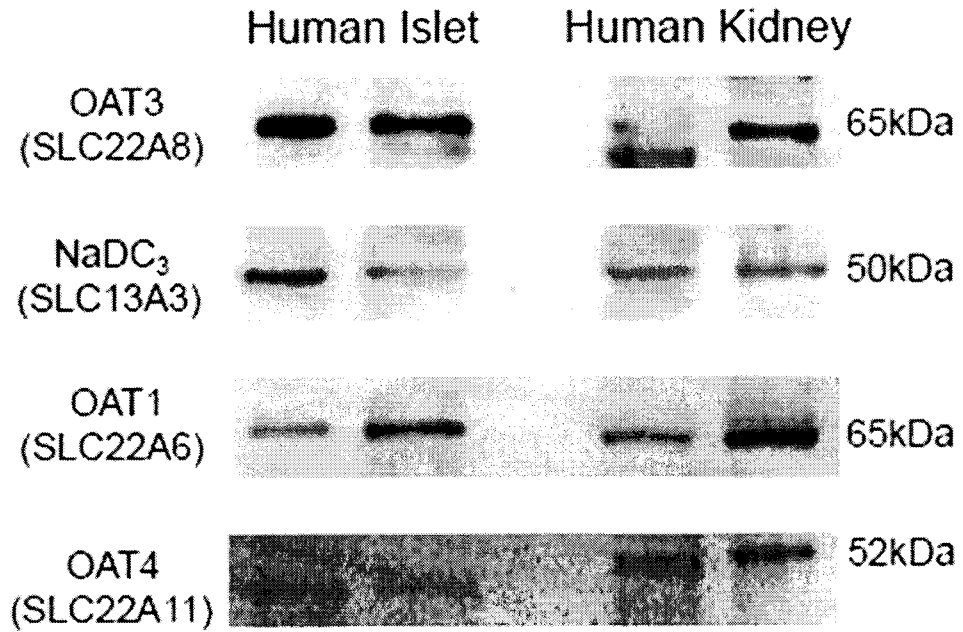


FIG. 19

**C**



**FIG. 19 (CONT.)**

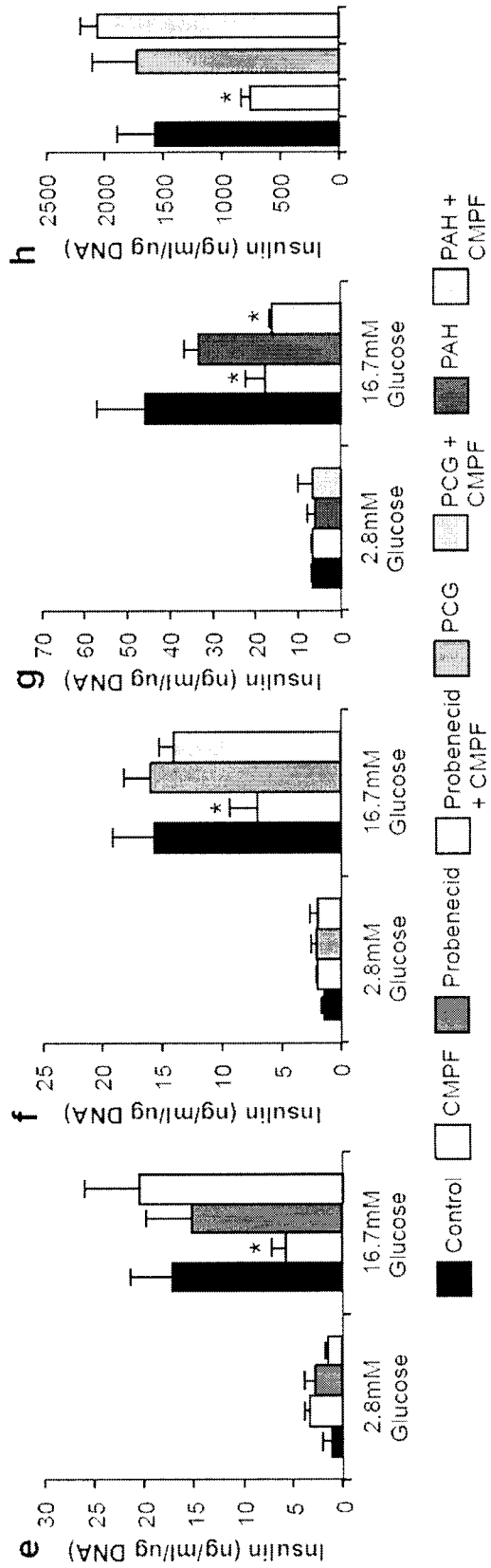
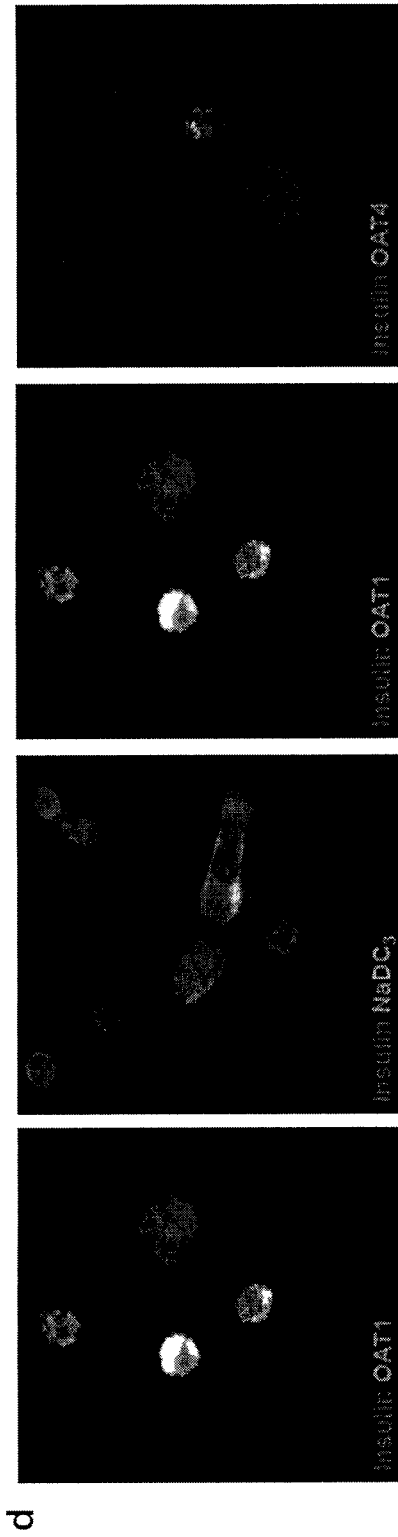


FIG. 19 (CONT.)

### GSIS with CMPF and BSA Conjugation

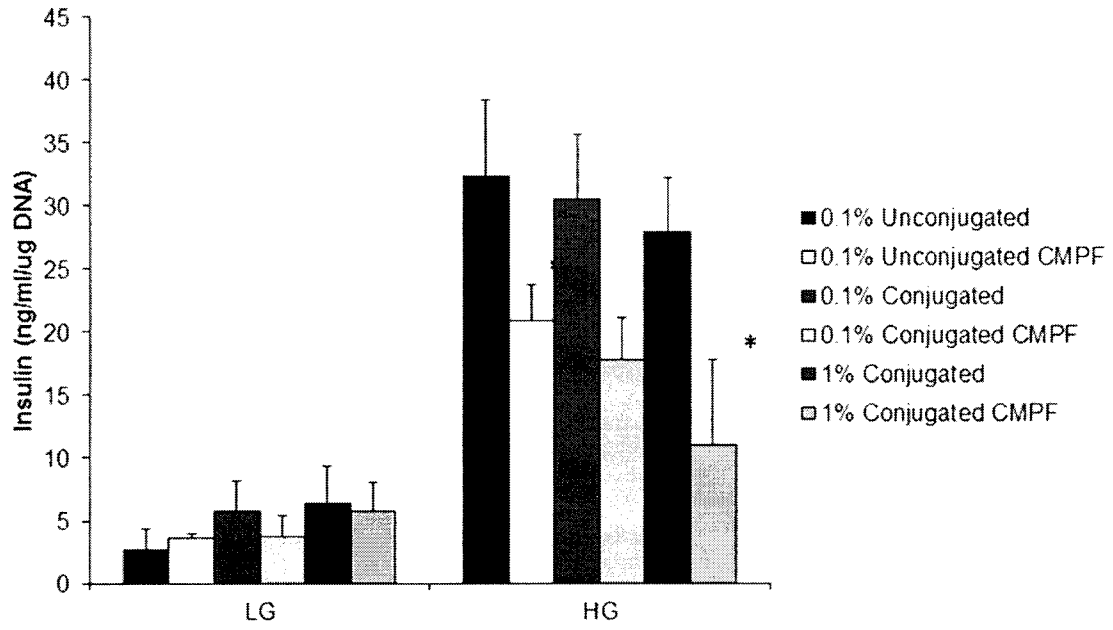


FIG. 20

**INTERNATIONAL SEARCH REPORT**

International application No.  
PCT/CA2013/000798

<p>A. CLASSIFICATION OF SUBJECT MATTER                  IPC (2006.01): <i>A61K 31/43, A61K 31/196, A61K 31/198, A61P 3/08, A61P 3/10, C07C 307/68; 12Q 1/02, C12Q 1/68, G01N 30/72, G01N 33/48, G01N 33/483, G01N 33/53, G01N 33/543</i>                  According to International Patent Classification (IPC) or to both national classification and IPC</p>																						
<p>B. FIELDS SEARCHED</p> <p>Minimum documentation searched (classification system followed by classification symbols)                  IPC (2006.01): <i>A61K 31/43, A61K 31/196, A61K 31/198, A61P 3/08, A61P 3/10, C07C 307/68; C12Q 1/02, C12Q 1/68, G01N 30/72, G01N 33/48, G01N 33/483, G01N 33/53, G01N 33/543</i></p> <p>Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched</p>																						
<p>Electronic database(s) consulted during the international search (name of database(s) and, where practicable, search terms used)                  STN (Registry, Caplus, Medline), Total Patent, Canadian Patent Database                  Keyword: glucose, diabetes, insulin, beta-cells, islet, pancreas, probenecid, p-aminohippuric acid, benzylpenicillin, OAT1, OAT3, OAT4</p>																						
<p>C. DOCUMENTS CONSIDERED TO BE RELEVANT</p> <table border="1" style="width:100%; border-collapse: collapse;"> <thead> <tr> <th style="width:10%;">Category*</th> <th style="width:60%;">Citation of document, with indication, where appropriate, of the relevant passages</th> <th style="width:30%;">Relevant to claim No.</th> </tr> </thead> <tbody> <tr> <td align="center">A</td> <td>WO 2013/086365 A2 (Brown et al.) 13 June 2013 (13-06-2013) *the whole document*</td> <td align="center">1-54, 59-62</td> </tr> <tr> <td align="center">A</td> <td>WO 2013/059234 A1 (Lawton et al.) 25 April 2013 (25-04-2013) *the whole document*</td> <td align="center">1-54, 59-62</td> </tr> <tr> <td align="center">A</td> <td>WO 2012/015904 A2 (Shuster et al.) 2 February 2012 (02-02-2012) *the whole document*</td> <td align="center">1-54, 59-62</td> </tr> <tr> <td align="center">A</td> <td>WO 2011/146683 A1 (Shuster et al.) 24 November 2011 (24-11-2011) *see Table 15*</td> <td align="center">1-54, 59-62</td> </tr> <tr> <td align="center">A</td> <td>WO 2010/045180 A1 (Alexander et al.) 22 April 2010 (22-04-2010) *the whole document*</td> <td align="center">1-54, 59-62</td> </tr> <tr> <td align="center">A</td> <td>WO 2009/059150 A2 (Mc Creedy et al.) 7 May 2009 (07-05-2009) *the whole document*</td> <td align="center">1-54, 59-62</td> </tr> </tbody> </table>		Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.	A	WO 2013/086365 A2 (Brown et al.) 13 June 2013 (13-06-2013) *the whole document*	1-54, 59-62	A	WO 2013/059234 A1 (Lawton et al.) 25 April 2013 (25-04-2013) *the whole document*	1-54, 59-62	A	WO 2012/015904 A2 (Shuster et al.) 2 February 2012 (02-02-2012) *the whole document*	1-54, 59-62	A	WO 2011/146683 A1 (Shuster et al.) 24 November 2011 (24-11-2011) *see Table 15*	1-54, 59-62	A	WO 2010/045180 A1 (Alexander et al.) 22 April 2010 (22-04-2010) *the whole document*	1-54, 59-62	A	WO 2009/059150 A2 (Mc Creedy et al.) 7 May 2009 (07-05-2009) *the whole document*	1-54, 59-62
Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.																				
A	WO 2013/086365 A2 (Brown et al.) 13 June 2013 (13-06-2013) *the whole document*	1-54, 59-62																				
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A	WO 2010/045180 A1 (Alexander et al.) 22 April 2010 (22-04-2010) *the whole document*	1-54, 59-62																				
A	WO 2009/059150 A2 (Mc Creedy et al.) 7 May 2009 (07-05-2009) *the whole document*	1-54, 59-62																				
<p><input type="checkbox"/> Further documents are listed in the continuation of Box C.      <input checked="" type="checkbox"/> See patent family annex.</p>																						
<p>* Special categories of cited documents :</p> <p>"A" document defining the general state of the art which is not considered to be of particular relevance</p> <p>"E" earlier application or patent but published on or after the international filing date</p> <p>"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)</p> <p>"O" document referring to an oral disclosure, use, exhibition or other means</p> <p>"P" document published prior to the international filing date but later than the priority date claimed</p>	<p>"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention</p> <p>"X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone</p> <p>"Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art</p> <p>"&amp;" document member of the same patent family</p>																					
<p>Date of the actual completion of the international search</p> <p>21 November 2013 (21-11-2013)</p>	<p>Date of mailing of the international search report</p> <p>28 November 2013 (28-11-2013)</p>																					
<p>Name and mailing address of the ISA/CA                  Canadian Intellectual Property Office                  Place du Portage I, C114 - 1st Floor, Box PCT                  50 Victoria Street                  Gatineau, Quebec K1A 0C9                  Facsimile No.: 001-819-953-2476</p>	<p>Authorized officer</p> <p><b>Guillaume Tessier (819) 934-0420</b></p>																					

**INTERNATIONAL SEARCH REPORT**International application No.  
PCT/CA2013/000798**Box No. II Observations where certain claims were found unsearchable (Continuation of item 2 of the first sheet)**

This international search report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons :

1.  Claim Nos. : 55-58  
because they relate to subject matter not required to be searched by this Authority, namely :  
  
Claims 55-58 are directed to a method for treatment of the human or animal body by surgery or therapy which the International Search Authority is not required to search. However, this Authority has carried out a search based on the alleged effects or purposes/uses of the product defined in claims 55-58.
2.  Claim Nos. :  
because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out, specifically :
3.  Claim Nos. :  
because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

**Box No. III Observations where unity of invention is lacking (Continuation of item 3 of first sheet)**

This International Searching Authority found multiple inventions in this international application, as follows :

1.  As all required additional search fees were timely paid by the applicant, this international search report covers all searchable claims.
2.  As all searchable claims could be searched without effort justifying additional fees, this Authority did not invite payment of additional fees.
3.  As only some of the required additional search fees were timely paid by the applicant, this international search report covers only those claims for which fees were paid, specifically claim Nos. :
4.  No required additional search fees were timely paid by the applicant. Consequently, this international search report is restricted to the invention first mentioned in the claims; it is covered by claim Nos. :

- Remark on Protest**  The additional search fees were accompanied by the applicant's protest and, where applicable, the payment of a protest fee.
- The additional search fees were accompanied by the applicant's protest but the applicable protest fee was not paid within the time limit specified in the invitation.
- No protest accompanied the payment of additional search fees.

**INTERNATIONAL SEARCH REPORT**  
Information on patent family members

International application No.  
**PCT/CA2013/000798**

Patent Document Cited in Search Report	Publication Date	Patent Family Member(s)	Publication Date
WO2013086365A2	13 June 2013 (13-06-2013)	None	
WO2013059234A1	25 April 2013 (25-04-2013)	None	
WO2012015904A2	02 February 2012 (02-02-2012)	CA2807811A1 CNI03229052A EP2598873A2 JP2013532830A US2013217647A1 WO2012015904A3	02 February 2012 (02-02-2012) 31 July 2013 (31-07-2013) 05 June 2013 (05-06-2013) 19 August 2013 (19-08-2013) 22 August 2013 (22-08-2013) 10 May 2012 (10-05-2012)
WO2011146683A1	24 November 2011 (24-11-2011)	US2013115649A1	09 May 2013 (09-05-2013)
WO2010045180A1	22 April 2010 (22-04-2010)	US2012003158A1	05 January 2012 (05-01-2012)
WO2009059150A2 2010)	07 May 2009 (07-05-2009)	EP2227689A2  EP2227689A4 EP2227689B1 EP2546649A2 EP2546649A3 ES2402142T3 JP2011503547A JP5270684B2 US2010279956A1 WO2009059150A3	15 September 2010 (15-09-2010)  30 March 2011 (30-03-2011) 26 December 2012 (26-12-2012) 16 January 2013 (16-01-2013) 27 March 2013 (27-03-2013) 29 April 2013 (29-04-2013) 27 January 2011 (27-01-2011) 21 August 2013 (21-08-2013) 04 November 2010 (04-11-2010) 18 June 2009 (18-06-2009)

专利名称(译)	CMPF作为糖尿病和相关方法的生物标志物		
公开(公告)号	<a href="#">EP2897614A1</a>	公开(公告)日	2015-07-29
申请号	EP2013839563	申请日	2013-09-20
[标]申请(专利权)人(译)	多伦多大学		
申请(专利权)人(译)	理事会多伦多大学		
当前申请(专利权)人(译)	理事会多伦多大学		
[标]发明人	WHEELER MICHAEL PRENTICE KACEY DAI FEIHAN RETNAKARAN RAVI		
发明人	WHEELER, MICHAEL PRENTICE, KACEY DAI, FEIHAN RETNAKARAN, RAVI		
IPC分类号	A61K31/43 A61K31/196 A61K31/198 A61P3/08 A61P3/10 C07D307/68 C12Q1/02 C12Q1/68 G01N30/72 G01N33/48 G01N33/483 G01N33/53 G01N33/543 A61K31/195 A61K38/17 G01N30/88 G01N33/50		
CPC分类号	G01N33/5005 A61K31/195 A61K31/196 A61K31/198 A61K31/43 A61K38/177 C07D307/68 G01N33/5023 G01N33/507 G01N33/5308 G01N2030/8822 G01N2800/042 G01N2800/50 G01N2800/52 Y10T436/142222		
代理机构(译)	POTTER CLARKSON LLP		
优先权	61/703867 2012-09-21 US 61/787718 2013-03-15 US		
其他公开文献	EP2897614A4		
外部链接	<a href="#">Espacenet</a>		

#### 摘要(译)

提供了用于鉴定或监测具有葡萄糖动态平衡障碍或处于发生葡萄糖动态障碍的风险中的受试者的方法。已显示羧基-4-甲基-5-丙基-2-咪唑丙酸 ( CMPF ) 是葡萄糖稳态受损和/或以β细胞功能障碍为特征的病症的生物标志物。将受试者中CMPF的测试水平与对照水平进行比较, 确定受试者具有葡萄糖动态平衡受损或处于发展受损葡萄糖动态平衡的风险中。还提供了引起葡萄糖稳态或β细胞功能障碍受损的方法以及筛选影响β细胞活性的化合物的方法。还提供了通过降低受试者中CMPF的生理水平来治疗β-细胞功能障碍的方法, 以及使用OAT调节剂治疗β-细胞功能障碍的方法。