



- (51) **International Patent Classification:**
G01N33/53 (2006.01) *G01N33/58* (2006.01)
- (21) **International Application Number:**
PCT/CA20 12/001 157
- (22) **International Filing Date:**
17 December 2012 (17.12.2012)
- (25) **Filing Language:** English
- (26) **Publication Language:** English
- (30) **Priority Data:**
61/576,168 15 December 2011 (15.12.2011) US
2,771,621 9 March 2012 (09.03.2012) CA
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- (81) **Designated States** (unless otherwise indicated, for every kind of national protection available): AE, AG, AL, AM,

AO, AT, AU, AZ, BA, BB, BG, BH, BN, BR, BW, BY, BZ, CA, CH, CL, CN, CO, CR, CU, CZ, DE, DK, DM, DO, DZ, EC, EE, EG, ES, FI, GB, GD, GE, GH, GM, GT, HN, HR, HU, ID, IL, IN, IS, JP, KE, KG, KM, KN, KP, KR, KZ, LA, LC, LK, LR, LS, LT, LU, LY, MA, MD, ME, MG, MK, MN, MW, MX, MY, MZ, NA, NG, NI, NO, NZ, OM, PA, PE, PG, PH, PL, PT, QA, RO, RS, RU, RW, SC, SD, SE, SG, SK, SL, SM, ST, SV, SY, TH, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UZ, VC, VN, ZA, ZM, ZW.

- (84) **Designated States** (unless otherwise indicated, for every kind of regional protection available): ARIPO (BW, GH, GM, KE, LR, LS, MW, MZ, NA, RW, SD, SL, SZ, TZ, UG, ZM, ZW), Eurasian (AM, AZ, BY, KG, KZ, RU, TJ, TM), European (AL, AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI, FR, GB, GR, HR, HU, IE, IS, IT, LT, LU, LV, MC, MK, MT, NL, NO, PL, PT, RO, RS, SE, SI, SK, SM, TR), OAPI (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, ML, MR, NE, SN, TD, TG).

Published:

— with international search report (Art. 21(3))



WO 2013/086624 A1

(54) **Title:** METHODS FOR DIAGNOSING ALZHEIMER'S DISEASE

(57) **Abstract:** A method of diagnosing Alzheimer's disease in a subject comprising: a) determining and/or characterizing the telomeric organization of cells in a test sample from the subject; wherein a difference in the telomeric organization, for example the number and/or length of telomeres in the test sample cells compared to a control is indicative the subject has Alzheimer's disease or an increased risk of developing Alzheimer's disease.

Title: Methods for Diagnosing Alzheimer's Disease**CROSS-REFERENCE TO RELATED APPLICATIONS**

[0001] This PCT application claims benefit under 35 U.S.C. 119(e) to U.S. provisional application no. 61/576,168, filed December 15, 2011, incorporated herein by reference in its entirety. This application also claims benefit to Canadian patent application no. 2,771,621, filed March 9, 2012, incorporated herein by reference in its entirety.

10 Field of the Disclosure

[0002] The disclosure relates to diagnostic methods for dementias such as Alzheimer's disease and particularly to methods involving characterizing the organization of telomeres to diagnose Alzheimer's disease or an increased risk of developing Alzheimer's disease.

15 Background of the Disclosure

[0003] The ends of linear chromosomes are capped by telomeres. Human telomeres consist of repetitive two thymidine (TT), one adenine (A) and 3 glycine (GGG) subunits, which are associated with a variety of telomere-binding proteins known as the sheltering complex (Blackburn et al., 1994, de Lange et al., 2002).

20 [0004] Telomeres get progressively shorter with each cell division. This process occurs because the DNA-replication machinery is incapable of fully replicating the ends of linear molecules, and, degradation and oxidative damage of nucleotides in DNA. Telomerase is an enzyme, which has the ability to prevent telomeres from shortening although most of the cells do not express sufficient quantities of this enzyme to prevent this process. As a result, telomeres shorten with age in tissues and cells (Kenkichi et al., 2001, Harley et al., 2001, Huffman et al., 1990).

30 [0005] The function of telomeres is to mask and protect the ends of chromosomes from exposure to DNA damage. Telomeres maintain chromosome integrity. When telomere ends are unprotected, genomic instability is triggered. Genomic instability has been implicated as a major causal factor in cancer and aging (Charames et al., 2003, Holland et al., 2009, Haniakra et al., 2011).

[0006] Genomic instability is a crucial step in the development of most cancers. It has been suggested that inactivation of DNA repair pathways, which leads to an increased mutation rate and chromosomal instability, can initiate and accelerate the neoplastic process (Lothe et al., 1993, Rudolph et al., 1999, Colleu-
5 Durel et al., 2001, Chan et al., 2002).

[0007] Genomic instability increases with age (Slagboom et al., 1999). There are a few potential mechanisms that have been proposed to explain age-dependent genome instability. These include the accumulation of oxidative damage to DNA, defects in mitochondrial functions that promote oxidative stress and DNA damage,
10 mutations in proteins required for efficient DNA replication, DNA repair and checkpoints, telomere erosion and epigenetic effects on DNA repair and other genome maintenance programs (Hayflick et al., 1977, Sohal et al., 1985, Harley et al., 1990).

[0008] Telomeres become shorter during our life. Accumulation of short
15 telomeres in our tissues contributes to pathological conditions such as congenital dyskeratosis, Werner premature aging syndrome and Alzheimer's disease (Yu et al., 1996, Shen et al., 1998, Fry et al., 1999, Burns et al., 2002, Panossian et al., 2003, Thomas et al., 2007).

[0009] Studies on telomere lengths in patients with Alzheimer's disease (AD)
20 have revealed contrary results. Telomere shortening in AD seems to be cell type dependent (Panossian et al., 2003, Baird et al., 2004, Thomas et al., 2008). Short telomeres are found in cells such as lymphocytes, leukocytes, peripheral blood mononuclear cells, fibroblast cells, and buccal cells (BCs) from Alzheimer's patients (Jenkit et al., 2003, Panossian et al., 2003, Honig et al., 2006, Lukaset et al., 2009)
25 whereas in brain tissue such as the hippocampus, telomeres have been found to be longer than in controls (Thomas et al., 2008). These findings indicate important differences in telomere maintenance in AD patients in different groups of cells.

[0010] AD is a neurodegenerative condition resulting in neuronal death. AD patients show symptoms of impaired memory, judgment and decision-making among
30 other cognitive disabilities (Burns et al., 2002, Du et al., 2001). AD patients are currently diagnosed on clinical grounds while excluding other causes of dementia. The two histopathological structures present within the brain that positively identify

AD conclusively at post-mortem are the neurofibrillary tangles and the amyloid-based neuritic plaques (Haroutunian et al., 1998, Matsson et al., 2000, Kawas et al., 2003).

[0011] Neurofibrillary tangles are composed of microtubule-associated hyperphosphorylated tau protein. Tau is associated with tubulin in the formation of
5 microtubules. One function of microtubules is to provide points of attachment for chromosomes during cell division, which, if disrupted may result in an increased incidence of chromosome malsegregation and genomic instability (Iqbal et al., 1998, Petkova et al., 2002). The second histopathological feature of AD patients is the presence of amyloid-based neuritic plaques. β -amyloid peptide ($A\beta_{42}$) originates
10 from the aberrant proteolysis of the amyloid precursor protein (APP) (Petkova et al., 2002, Antzutkin et al., 2002). The APP gene APP is located on chromosome 21. Aneuploidy of chromosomes 17 and 21 are common hallmarks of AD and genomic instability (Thomas et al., Mutagenesis 2008).

[0012] AD is an age related disease associated with genomic instability.
15 Telomere shortening was studied in lymphocytes and fibroblasts in AD and age related healthy controls (Panossian et al., 2003, Cawthorn et al., 2003). A study by Thomas using PCR revealed a trend of shorter telomeres in AD samples compared to age matched controls (Thomas et al., 2008). Shorter telomeres were detected in peripheral blood mononuclear cells from AD patients (Honig et al., 2006, Thomas et
20 al., 2008, Lukens et al., 2009).

Summary of the Disclosure

[0013] An aspect provides a method of determining a diagnostic characteristic in a subject suspected of having or having Alzheimer's disease and/or
25 dementia comprising:

a) determining and/or characterizing the telomeric organization of cells in a test sample from the subject;

wherein a difference in the telomeric organization of the test sample cells compared to a control provides diagnostic information for determining, for example whether the
30 subject has Alzheimer's disease and/or dementia or an increased risk of developing Alzheimer's disease and/or dementia.

[0014] An aspect provides a method of diagnosing Alzheimer's disease and/or dementia in a subject comprising:

a) determining and/or characterizing the telomeric organization of cells in a test sample from the subject;

wherein a difference in the telomeric organization of the test sample cells compared to a control is indicative the subject has Alzheimer's disease and/or dementia or an increased risk of developing Alzheimer's disease and/or dementia.

[0015] Another aspect of the disclosure provides a method for evaluating cells derived from a subject suspected of having or having Alzheimer's disease and/or dementia comprising:

- a) obtaining a test cell sample from the subject,
- 10 b) assaying the test cell sample to determine the telomeres organization signature of the test sample,
- c) comparing the test cell sample signature to one or more control telomeres organization reference signatures, and
- d) identifying differences or similarities between the test cell sample
15 signature and the one or more control reference signatures;

wherein the telomeres organization signature of the test cell sample is indicative of whether the subject has Alzheimer's disease and/or dementia or an increased risk of developing Alzheimer's disease and/or dementia.

[0016] The Alzheimer's disease is optionally mild Alzheimer's disease, moderate Alzheimer's disease or severe Alzheimer's disease.

[0017] In an embodiment, determining the telomeres signature comprises determining one or more of telomere numbers, telomere lengths, and/or nuclear volume.

[0018] A difference in telomeres organization is found for example when at least one parameter of the telomeres organization signature of the sample cell is different compared to the reference signature. Accordingly, in one embodiment, the method comprises:

- a) determining a telomeres organization signature of a test cell sample from the subject, determining the telomeres organization signature comprising determining one or more of telomere numbers, telomere lengths and nuclear volume of the test cell sample, and
30

b) comparing the telomeres organization signature of the test cell sample with a reference telomeres organization signature, the reference signature comprising reference values for one or more of telomere numbers, telomeres length and nuclear volume;

5 wherein an increase in the telomere numbers and/or a decrease in telomere length and/or nuclear volume in the test sample telomeres organization signature compared to the reference telomeres organization signature is indicative the subject has Alzheimer's disease and/or dementia or an increased risk of developing Alzheimer's disease and/or dementia.

10 [0019] In another embodiment, the method comprises:

a) determining a telomeres organization signature of a test cell sample from the subject, determining the telomeres organization signature comprising determining one or more of telomere numbers and telomere lengths of the test cell sample, and

15 b) comparing the telomeres organization signature of the test cell sample with a reference telomeres organization signature, the reference signature comprising reference values for one or more of telomere numbers and telomere length;

20 wherein an increase in the telomere numbers and/or a decrease in telomere length in the test sample telomeres organization signature compared to the reference telomeres organization signature is indicative the subject has Alzheimer's disease and/or or dementia or an increased risk of developing Alzheimer's disease and/or or dementia.

[0020] In another embodiment, the method comprises:

25 a) determining a telomeres organization signature of a test sample from the subject, determining the telomeres organization signature comprising determining nuclear volume of the test cell sample , and

30 b) comparing the telomeres organization signature of the test cell sample with a reference telomeres organization signature, the reference signature comprising reference values for nuclear volume;

wherein a decrease in the nuclear volume in the test sample telomeres organization signature compared to the reference telomeres organization

signature is indicative the subject has Alzheimer's disease and/or dementia or an increased risk of developing Alzheimer's disease and/or dementia.

[0021] In an embodiment, a decrease of at least 10, 20, 30, 40 or 50% in the nuclear volume in the test sample telomeres organization signature compared to the reference telomeres organization signature is indicative the subject has Alzheimer's disease and/or dementia or an increased risk of developing Alzheimer's disease and/or dementia.

[0022] In an embodiment, determining the telomeres organization comprises determining telomere numbers, telomere length and cell nuclear volume.

10 [0023] In one embodiment, the method comprises

(a) determining a telomeres organization signature of a test cell sample from a subject suspected of having or having Alzheimer's disease and/or dementia, determining the telomeres organization comprising determining one or more of telomere numbers, telomere length and nuclear volume, and

15 (b) detecting one or more of an increase in the telomere numbers, a decrease in telomere length and a decrease in the nuclear volume in the test cell sample telomeres organization signature compared to the reference telomeres organization signature.

[0024] Detecting one or more of an increase in the telomere numbers, a decrease in telomere length and a decrease in the nuclear volume in the test cell sample telomeres organization signature compared to the reference telomeres organization signature is for example indicative of Alzheimer's disease and/or dementia or an increased likelihood of developing Alzheimer's disease and/or dementia.

25 [0025] In another aspect of the disclosure, a method for evaluating cells derived from a subject suspected of having or having Alzheimer's disease and/or dementia is provided comprising:

a) obtaining a first test cell sample from the subject,

b) subsequently obtaining a second test cell sample from the subject,

30 c) assaying the first and second test cell samples to determine the telomeres organization signature of each of the test samples,

d) comparing the first test cell sample signature to the second test cell signature, and

e) identifying differences or similarities between the first cell sample signature and the second cell signature;

5 wherein differences in the telomeres organization signature of the test cell samples are indicative of changes in telomere organization and similarities in the telomeres organization signature of the test cell samples are indicative of a stable telomere organization.

[0026] In one embodiment, a difference in the telomeres organization of the
10 second sample cell compared to the first sample is indicative the subject has progressing Alzheimer's disease and/or dementia and/or ameliorating Alzheimer's disease and/or dementia and a lack of difference in the telomeres organization of the second sample compared the first sample is indicative of stable Alzheimer's disease and/or dementia.

15 [0027] Optionally, the difference in telomeres organization is telomere numbers and/or telomere length.

[0028] In another embodiment, the method comprises:

a) obtaining a first test cell sample from the subject,

b) subsequently obtaining a second test cell sample from the subject
20 after the subject has received one or more treatments,

c) assaying the first and second test cell samples to determine the telomeres organization signature of each of the test cell samples,

d) comparing the first cell sample signature to the second cell signature, and

25 e) identifying differences or similarities between the first test cell sample signature and the second cell signature;

wherein a difference in the telomeres organization of the second test sample cells compared to a sample obtained prior to the one or more treatments is indicative the subject is responding or not responding to the treatment.

[0029] In yet another aspect of the disclosure, a method for evaluating cells derived from a subject suspected of having or having dementia is provided comprising:

- a) obtaining a test cell sample from the subject,
- 5 b) assaying the test cell sample to determine the telomeres organization signature of the test cell sample,
- c) comparing the test cell sample signature to one or more control telomeres organization reference signatures, and
- d) identifying differences or similarities between the test cell sample
10 signature and the one or more control reference signatures;

wherein differences or similarities in the telomeres organization signature of the test cell sample compared to the reference telomeres organization is indicative of whether the subject has dementia or an increased risk of developing dementia.

15 [0030] In one embodiment, the method comprises

- (a) determining a telomeres organization signature of a test sample cell from the subject, determining the telomeres organization signature comprising determining one or more of one or more of telomere numbers, telomere length and nuclear volume, and
- 20 (b) comparing the telomeres organization signature of the test sample cell with a reference telomeres organization signature, the reference signature comprising values for one or more of telomere numbers, telomere length and nuclear volume;

25 wherein an increase in the telomere numbers, decrease in telomere length and/or decrease in nuclear volume in the test sample cell 3 compared to the reference 3D telomeres organization signature is indicative the subject has dementia or an increased risk of developing dementia.

[0031] In one embodiment of the methods described above, determining the telomeres organization signature comprises using quantitative fluorescence in situ
30 hybridization (quantitative FISH or Q-FISH). In another embodiment, the determining and/or characterizing the telomeric organization signature comprises 3D analysis.

[0032] In another embodiment, determining the telomeres organization signature comprises detecting telomeres with a relative fluorescent intensity of (a) less than 20000 units, (b) 20001-40000 units and (c) greater than 40001 units.

[0033] In an embodiment, decreases in telomere length of short and mid-size
5 and/or large telomeres is indicative of disease or an increased likelihood of disease (e.g. Alzheimer's, or dementia).

[0034] Optionally, the sample comprises buccal cells, lymphocytes, leukocytes, peripheral blood mononuclear cells or fibroblast cells.

[0035] In another embodiment, the telomeres organization is determined on
10 interphase telomeres.

[0036] Other features and advantages of the present disclosure will become apparent from the following detailed description. It should be understood, however, that the detailed description and the specific examples while indicating preferred
15 embodiments of the disclosure are given by way of illustration only, since various changes and modifications within the spirit and scope of the disclosure will become apparent to those skilled in the art from this detailed description.

Brief description of the drawings

[0037] An embodiment of the disclosure will now be described in relation to
20 the drawings in which:

[0038] Figure 1. Telomere distribution according to their number and size in buccal cells of Alzheimer's patients (Figure 1A-Mild AD; Figure 1B-Moderate AD; Figure 1C -Severe AD) from different staging groups and their healthy controls. Results are based on 3D analysis of 30 cells from patients and representative
25 controls. All three staging groups of Alzheimer's patients showed (grey line) significant increases (**A-p**<.0001; **B-p**<.0001; **C-p**<.0001) in number of telomeres as compared to healthy controls (black line). The mild, moderate and advanced AD patients' telomeres are also shorter compared to healthy controls (**A-p**<.0001; **B-p**<.0001; **C-p**<.0247).

[0039] Figure 2. Block diagram of a system for characterizing a 3D
30 organization of telomeres in interphase nuclei.

[0040] Figure 3. Figure 3 depicts 2D and 3D nuclear staining of telomeres and DNA in Buccal cells from Alzheimer's patients and a healthy control (Figure 3A-mild AD; Figure 3B-moderate AD; Figure3C-advanced AD)I. Representative 2D pictures showed significantly increased numbers of telomeres in each of the
5 Alzheimer's staging groups compared to healthy controls. 3D images reveal not only an increased number of telomeres but also shorter telomeres in Alzheimer's patients.

Detailed description of the Disclosure

[0041] The present disclosure will now be further described. In the following passages, different aspects are defined in more detail. Each aspect so defined may
10 be combined with any other aspect or aspects unless clearly indicated to the contrary. In particular, any feature indicated as being preferred or advantageous may be combined with any other feature or features indicated as being preferred or advantageous.

I. Definitions

15 [0042] The term "Alzheimer's disease" as is known in the art used herein means a neurodegenerative condition resulting in neuronal death wherein patients show for example symptoms of impaired memory, judgment and decision-making among other cognitive disabilities, wherein patients are diagnosed on clinical grounds while excluding other causes of dementia, and includes, mild, moderate and
20 severe (e.g. advanced) AD. AD patients are currently diagnosed on clinical grounds while excluding other causes of dementia. Diagnosis presently involves a comprehensive evaluation such as a complete health history, physical examination, neurological and mental status assessments, analysis of blood and urine, electrocardiogram, and possibly an imaging exam, such as CT or MRI. Conclusive
25 AD diagnosis involves post mortem analysis. The two histopathological structures present within the brain that positively identify AD conclusively at post-mortem are the neurofibrillary tangles and the amyloid-based neuritic plaques (Haroutunian et al., 1998, Matsson et al., 2000, Kawas et al., 2003).

[0043] "Mild AD" as used herein in reference to .a patient means for example
30 a patient with a Montreal Cognitive Assessment (MoCA) test (Nasreddine et al., 2005) score above 18/30; "Moderate AD" refers to for example a patient with a Mini-Mental State Exam (MMSE) (Folstein et al., 1975) score between 16/30 and 21/30 (inclusive); and "Severe AD" or "Advanced AD" which are used interchangeably,

refers for example to a patient with an MMSE score < 16/30. Other comparable grading scales can also be used.

[0044] The term "buccal cells" or "BCs" as used herein means cells in the mouth cavity including for example buccal epithelial cells from the cheek.

5 [0045] The term "control" as used herein means any tissue, biological fluid or cell sample from one or more subjects not having Alzheimer's disease (AD) (e.g. control subjects) such as an age matched control or a value derived from such samples describing a telomeric organization parameter (e.g. determined from a sample from a control subject or group of control subjects). The value can be a
10 threshold or cut off value, for example corresponding to number of telomeres, above which is associated with AD, or telomere length, below which is associated with AD. In embodiments where the severity of AD is being compared, the control can be a disease control for example mild AD. A subject with telomere parameters such as a decrease in length or increase in number compared to the disease control is
15 identified as having moderate or severe AD. The control can be a value arising from population studies, theoretical models, or the characterization of control cells.

[0046] The term "age matched control" as used herein means a control that is within 15 years, 10 years, 5 years or 1 year of the test subject.

[0047] The phrase "characterizing telomeric organization of cells" as used
20 herein means the application of a method comprising an algorithm to image data to determine at least one parameter of the telomeric organization, or optionally acquiring image data and the application of a method comprising an algorithm to image data to determine at least one parameter of the telomeric organization.

[0048] The phrase "determining telomeric organization of cells" as used
25 herein means the application of a method to a sample which results in identifying at least one parameter that characterizes the telomeric organization. For example, parameters include telomere number in a cell, telomere length, and a/c ratio.

[0049] The term "sample" as used herein means any tissue, biological fluid or cell sample comprising chromosomal DNA containing cells (e.g. test cells) from a
30 subject, including for example buccal cells, lymphocytes, leukocytes, peripheral blood mononuclear cells or fibroblast cells. The sample can also comprise brain tissue for example collected post mortem. The sample can be processed using methods known in the art. For example, buccal cells can be obtained by buccal swab

using sterile swabs, smearing the buccal cells on microscope slides and storing the samples frozen and/or fixed, optionally using formaldehyde and stored until ready for processing.

5 [0050] As used herein, the term "cell" includes more than one cell or a plurality of cells or portions of cells. The term "test cell" is a cell from a subject that is suspected of having Alzheimer's disease and/or dementia. The term "control cell" is a suitable comparator cell e.g. a cell that is an age matched control. In one embodiment, a "test cell sample" comprises at least 5, 10, 15, 20, 25, 30, 40 or 50 cells.

10 [0051] The term "subject" as used herein refers to any member of the animal kingdom, preferably a human being.

[0052] The term "three dimensional (3D) analysis" as used herein means any technique that allows the 3D visualization and/or image analysis of cells, for example high resolution deconvolution microscopy, and can include one or more of 3D
15 microscopy, image restoration or deconvolution, visualization and image analysis. An example of 3D image analysis is provided in Vermolen et al., 2005, which is incorporated herein by reference, and US. Patent No. 7,801,682, issued September 21, 2010 titled **Method of Monitoring Genomic Instability Using 3D Microscopy and Analysis**, which is also herein incorporated by reference.

20 [0053] The term "two dimensional (2D) analysis" as used herein means any technique that allows the 2D visualization and/or image analysis of cells, such as 2D microscopy and can include one or more of 2D microscopy, visualization and image analysis.

[0054] The terms "telomeric organization" and "telomeres organization" as
25 used herein refers to the 3D arrangement of the telomeres during any phase of a cell cycle and includes such parameters as alignment (e.g. nuclear telomere distribution), state of aggregation, telomere numbers per cell and/or telomere sizes, a/c ratios and/or nuclear volumes. For example, fluorescent intensity is proportional to telomere size. Telomere size can be assessed by measuring fluorescent units (which
30 are arbitrary units) as is demonstrated in the graphs of mild, moderate and severe AD compared to controls. "Telomeric organization" also refers to the size and shape of the telomeric disk, captured for example in an a/c ratio and which is the organized structure formed when the telomeres condense and align during the late G2 phase of

the cell cycle. The term "state of aggregation" refers to the presence or absence of telomere aggregate(s) and/or the size and shape of the aggregates of telomeres. For example, telomeres with a relative fluorescent intensity (x-axis) ranging from 0-20,000 units are classified as short, with an intensity from 20,001-40,000 units as
5 mid-sized, and with an intensity >40,001 units as large. Mid and large size telomeres can also be grouped together for example >20,001 units. As another example, telomere aggregates are defined as clusters of telomeres that are found in close association and cannot be further resolved as separate entities at an optical resolution limit of for example 200nm (63x oil) and 350 nm (40x).

10 [0055] The term "telomeres organization signature" as used herein refers to a telomeric organization of a cell or average of a group of cells for example at least 5 cells, a least 10 cells, at least 15 cells, at least 20 cells, at least 25 cells or at least 30 cells and which can be used to classify the cell sample for example as normal or aberrant; Alzheimer's or non-Alzheimer's; progressing or stable; responsive to
15 treatment or non-responsive to treatment. The criteria that define the differences include such parameters as alignment (e.g. nuclear telomere distribution), state of aggregation, telomere numbers per cell and/or telomere sizes, a/c ratios and/or nuclear volumes. The telomeres organization signature can be from a test cell sample or reference cell sample or samples.

20 [0056] The term "test cell sample telomeres organization signature" as used herein refers to a telomeres organization signature obtained from a cell or group of cells in a test sample, for example a cell from a subject that is suspected of having Alzheimer's disease or a risk of having Alzheimer's disease.

[0057] The term "reference telomeres organization signature" as used herein
25 refers to a telomeres organization signature from a control or reference cell sample or derived therefrom. For example, a reference telomeres organization signature is optionally obtained from a cell sample from a subject or group of subjects that is known as not having Alzheimer's disease or a risk of having Alzheimer's disease (e.g. negative control) or that is known as having Alzheimer's disease (e.g. positive
30 control).

[0058] The term "telomere length" as used herein refers to the relative fluorescent intensity of telomeres. For example, telomeres with a relative fluorescent intensity (x-axis) ranging from 0-20,000 units are classified as short, with an intensity from 20,001-40,000 units as mid-sized, and with an intensity >40,001 units as large

(Knecht H, Sawan B, Lichtensztejn Z, Lichtensztejn D, Mai S.. *Lab Invest.* 2010;90(4):61 1-619).

[0059] The "difference in telomeric organization between the sample and the control and/or in the test cell compared to the control cell" or "differences or
5 similarities between the test sample signature and the one or more control reference signatures" can be determined, for example by counting the number of telomeres in the cell, measuring the size or volume of any telomere or telomere aggregate, or measuring the alignment of the telomeres, and comparing the difference between the cells in the sample and the cells in the control. The differences in telomeric
10 organization between the sample and the control can be measured and compared using individual cells or average values from a population of cells. The telomeres in a test cell may also be fragmented and therefore appear smaller than those in the control cell. Accordingly, a change or difference in telomeric organization in the test cell compared to the control cell can be determined by comparing parameters used
15 to characterize the organization of telomeres. Such parameters are determined or obtained for example, using a system and/or method described herein below.

[0060] The term "short telomeres" as used herein means telomeres with a relative fluorescent intensity (x-axis) ranging from 0-20,000 units which are classified as short, the term "mid-sized telomeres" as used herein means telomeres with a
20 relative fluorescent intensity (x-axis) ranging from 20,001-40,000 units which are classified as mid-sized and "large telomeres" as used herein means telomeres with a relative fluorescent intensity (x-axis) of >40,001 units which are classified as large.

[0061] The term "a/c ratio" as used herein describes the level to which the volume occupied by the telomeres is oblate. The larger it is, the more oblate (or
25 disklike) is the shape of the volume occupied by the telomeres, while $a/c = 1$ means that this volume is spherical.

[0062] The term "nuclear volume" as used herein means the volume of a cell nucleus. Nuclear volume can be calculated according to the 3D nuclear 4', 6-diamidino-2-phenylindole staining (DAPI) protocol described in Vermolen BJ et al.,
30 (2005).

[0063] As used herein, and as well understood in the art, "treatment" is an approach for obtaining beneficial or desired results, including clinical results. Beneficial or desired clinical results can include, but are not limited to, alleviation or

amelioration of one or more symptoms or conditions, diminishment of extent of disease, stabilized (i.e. not worsening) state of disease, preventing spread of disease, delay or slowing of disease progression, amelioration or palliation of the disease state, and remission (whether partial or total), whether detectable or
5 undetectable. "Treatment" can also mean prolonging survival as compared to expected survival if not receiving treatment.

[0064] "Palliating" a disease or disorder means that the extent and/or undesirable clinical manifestations of a disorder or a disease state are lessened and/or time course of the progression is slowed or lengthened, as compared to not
10 treating the disorder.

[0065] In understanding the scope of the present disclosure, the term "comprising" and its derivatives, as used herein, are intended to be open ended terms that specify the presence of the stated features, elements, components, groups, integers, and/or steps, but do not exclude the presence of other unstated
15 features, elements, components, groups, integers and/or steps. The foregoing also applies to words having similar meanings such as the terms, "including", "having" and their derivatives. Finally, terms of degree such as "substantially", "about" and "approximately" as used herein mean a reasonable amount of deviation of the modified term such that the end result is not significantly changed. These terms of
20 degree should be construed as including a deviation of at least $\pm 5\%$ of the modified term if this deviation would not negate the meaning of the word it modifies.

[0066] The recitation of numerical ranges by endpoints herein includes all numbers and fractions subsumed within that range (e.g. 1 to 5 includes 1, 1.5, 2, 2.75, 3, 3.90, 4, and 5). It is also to be understood that all numbers and fractions
25 thereof are presumed to be modified by the term "about." Further, it is to be understood that "a " "an," and "the" include plural referents unless the content clearly dictates otherwise. The term "about" means plus or minus 0.1 to 50%, 5-50%, or 10-40%, preferably 10-20%, more preferably 10% or 15%, of the number to which reference is being made.

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II. Methods

[0067] It is demonstrated herein using 3D analysis that the number of telomeres is increased and lengths of telomeres and nuclear volume are decreased

in subjects with Alzheimer's disease compared to healthy controls. It is demonstrated for example that the changes in telomere numbers and lengths are sufficiently uniform to allow differentiation between AD patients and controls.

5 [0068] Differences were also seen with aphasia. Aphasia can result from head injury or stroke or develop from dementia.

[0069] 3D nuclear imaging analysis is a very sensitive technique and as demonstrated herein can be used to measure not only telomere length but also telomere aggregates and numbers in the buccal cells, nuclear volume, distributions of telomeres in the nucleus from its center to periphery and a/c ratio. The methods
10 described for example permit more parameters to be assessed providing more comprehensive diagnostic characteristic. In addition, as 3D analysis is very sensitive, diagnostic accuracy is improved.

[0070] An aspect provides a method of determining a diagnostic characteristic in a subject suspected of having or having Alzheimer's disease
15 comprising:

a) determining and/or characterizing the telomeric organization of cells in a test sample from the subject;

wherein a difference in the telomeric organization of the test sample cells compared to a control provides diagnostic information for determining, for example whether the
20 subject has Alzheimer's disease or an increased risk of developing Alzheimer's disease.

[0071] Another aspect includes a method of diagnosing Alzheimer's disease in a subject comprising:

a) determining and/or characterizing the telomeric organization of cells
25 in a test sample from the subject;

wherein a difference in the telomeric organization of the test sample cells compared to a control is indicative the subject has Alzheimer's disease or an increased risk of developing Alzheimer's disease.

[0072] In an embodiment the method comprises:

30 a) obtaining a test sample from a subject; and

- b) determining and/or characterizing telomeric organization of cells in the test sample;
- wherein a difference in the telomeric organization of the test sample cells compared to a control provides diagnostic information for determining, for example whether the
- 5 subject has Alzheimer's disease or an increased risk of developing Alzheimer's disease; or
- wherein a difference in the telomeric organization of the test sample cells compared to a control is indicative the subject has Alzheimer's disease or an increased risk of developing Alzheimer's disease.
- 10 [0073] As telomere numbers continue to increase and telomere length continues to reduce with progressive AD, it would seem predictable that a subject that has increased telomere numbers and decreased telomere lengths, but which does not meet the criteria for AD, for example using a mental exam, is at risk of developing AD (e.g. according to presently defined criteria).
- 15 [0074] Another aspect of the disclosure provides a method for evaluating cells derived from a subject suspected of having or having Alzheimer's disease comprising:
- a) obtaining a test cell sample from the subject,
- b) assaying the test cell sample to determine the telomeres
- 20 organization signature of the test sample,
- c) comparing the test cell sample signature to one or more control telomeres organization reference signatures, and
- d) identifying differences or similarities between the test cell sample signature and the one or more control reference signatures;
- 25 wherein the telomeres organization signature of the test cell sample is indicative of whether the subject has Alzheimer's disease or an increased risk of developing Alzheimer's disease.
- [0075] The Alzheimer's disease is optionally mild Alzheimer's disease, moderate Alzheimer's disease or severe Alzheimer's disease.

[0076] In an embodiment, determining the telomeres signature comprises determining one or more of telomere numbers, telomere lengths, and/or nuclear volume.

[0077] A difference in telomeres organization is found for example when at
5 least one parameter of the telomeres organization signature of the sample cell is different compared to the reference signature. Accordingly, in one embodiment, the method comprises:

10 a) determining a telomeres organization signature of a test cell sample from the subject, determining the telomeres organization signature comprising determining one or more of telomere numbers, telomere lengths and nuclear volume of the test cell sample, and

b) comparing the telomeres organization signature of the test cell sample with a reference telomeres organization signature, the reference signature comprising reference values for one or more of telomere numbers and
15 telomere length;

wherein an increase in the telomere numbers and/or a decrease in telomere length and/or nuclear volume in the test sample telomeres organization signature compared to the reference telomeres organization signature is indicative the subject has Alzheimer's disease or an increased risk of developing Alzheimer's
20 disease.

[0078] In another embodiment, the method comprises:

a) determining a telomeres organization signature of a test cell sample from the subject, determining the telomeres organization signature comprising determining one or more of telomere numbers and telomere
25 lengths of the test cell sample, and

b) comparing the telomeres organization signature of the test cell sample with a reference telomeres organization signature, the reference signature comprising reference values for one or more of telomere numbers and telomere length;

30 wherein an increase in the telomere numbers and/or a decrease in telomere length in the test sample telomeres organization signature compared to the

reference telomeres organization signature is indicative the subject has Alzheimer's disease or an increased risk of developing Alzheimer's disease.

[0079] In another embodiment, the method comprises:

5 a) determining a telomeres organization signature of a test sample from the subject, determining the telomeres organization signature comprising determining nuclear volume of the test cell sample , and

b) comparing the telomeres organization signature of the test cell sample with a reference telomeres organization signature, the reference signature comprising reference values for nuclear volume;

10 wherein a decrease in the nuclear volume in the test sample telomeres organization signature compared to the reference telomeres organization signature is indicative the subject has Alzheimer's disease or an increased risk of developing Alzheimer's disease.

[0080] In an embodiment, determining the telomeres organization comprises
15 determining telomere numbers, telomere length and cell nuclear volume.

[0081] In one embodiment, the method comprises

(a) determining a telomeres organization signature of a test cell sample from a subject suspected of having or having Alzheimer's disease, determining the telomeres organization comprising determining one or more of
20 telomere numbers, telomere length and nuclear volume, and

[0082] (b) detecting one or more of an increase in the telomere numbers, a decrease in telomere length and a decrease in the nuclear volume in the test cell sample telomeres organization signature compared to the reference telomeres organization signature.

25 [0083] In yet another embodiment, the methods described herein are applied to a subject with dementia.

[0084] An aspect provides a method of determining a diagnostic characteristic in a subject suspected of having or having dementia comprising:

a) determining and/or characterizing the telomeric organization of cells
30 in a test sample from the subject;

wherein a difference in the telomeric organization of the test sample cells compared to a control provides diagnostic information for determining, for example whether the subject has dementia and/or a risk of developing dementia.

[0085] In an embodiment, determining the telomeric organization in the test
5 sample cells and/or control comprises using quantitative fluorescence *in situ*
hybridization (quantitative FISH or Q-FISH). For example, sample cells can be
hybridized using a telomere PNA FISH probe. Digital images of the hybridized cells
can for example be taken using a Zeiss Axiolmager and images can be acquired for
10 example by Axiovision (Zeiss) followed by constrained iterative deconvolution as
described below and for example in Example 1. In an embodiment, determining
and/or characterizing the telomeric organization in the test cell comprises using three
dimensional (3D) analysis. Examples of 3D analysis are described below and in
Vermolen et al 2005 and below.

[0086] A difference in telomeric organization is found for example when at
15 least a parameter of the 3D organization is different compared to control cells. In an
embodiment, the difference is an increased number of telomeres in the test sample
cells compared to a control. In another embodiment, the difference is a decrease in
the length of telomeres in the test sample cells compared to a control. For example,
where the control is a healthy control, an increase in the number of telomeres and
20 decrease in the length of telomeres is indicative the subject has Alzheimer's disease
or an increased risk of developing Alzheimer's disease. The length of telomeres can
for example be the average length of telomeres in a cell, or a number of cells. In an
embodiment, the number of cells assessed is sufficient for statistical analysis. For
example, at least 5 cells, 10 cells, 15 cells, 20 cells, 25 cells or 30 cells are analyzed
25 for telomeric organization. The statistical tests that can be employed include for
example Chi square test for telomere length, and Fisher's exact test for telomere
numbers. ANOVA can also be used. In an embodiment, the statistical test used is a
Student T test. In an embodiment, the increase (or decrease) is a statistically
significant increase (or decrease). The increased risk for example can be expressed
30 as an odd's ratio.

[0087] It is demonstrated for example that subjects with Alzheimer's disease
have significant differences in short (e.g. low intensity), mid-sized (e.g. mid intensity)
and large (high intensity) telomeres compared to normal and also according to
severity of disease (e.g. mild, moderate and severe AD).

[0088] Low intensity is for example considered to be 0-20,000K relative fluorescent units, mid intensity is for example considered to be 20,001-40,000 relative fluorescent units and high intensity is considered to be >40,001 relative fluorescent units. Using these intensities, mild AD is significantly different from
5 normal age-matched controls, and from moderate or severe AD.

[0089] Detecting one or more of an increase in the telomere numbers, a decrease in telomere length and a decrease in the nuclear volume in the test cell sample telomeres organization signature compared to the reference telomeres organization signature is for example indicative of Alzheimer's disease or an
10 increased likelihood of developing Alzheimer's disease.

[0090] In an embodiment, the telomere number associated with AD is for example, greater than 60, greater than 70, greater than 80 or greater than 90.

[0091] In an embodiment, the telomere number associated with mild AD is about 60 to about 70, with moderate AD, about 70 to about 90 and advanced AD,
15 greater than 90.

[0092] In an embodiment, the decrease in telomere intensity associated with AD is at least 10%, at least 20%, at least 30%, at least 50% decreased compared to a control. The decrease is optionally in telomeres having a fluorescence intensity within 0-20000 Units, 20001-40000 units and/or greater than 40001 units. Typically
20 decreased in all three ranges are documented. In an embodiment, the decrease in telomere intensity associated with mild AD is at least 10%, or at least 20% decreased compared to control. In an embodiment, the decrease in telomere intensity associated with moderate AD is at least 10%, at least 20% or at least 30% decreased compared to control. In an embodiment, the decrease in telomere
25 intensity associated with advanced AD is at least 10%, at least 20%, at least 30% or at least 40% decreased compared to control.

[0093] In an embodiment, the decrease in nuclear volume associated with AD is at least 10%, at least 20%, at least 30%, at least 50% decreased compared to a control. In an embodiment, the increase in the number of telomeres indicative of
30 having Alzheimer's disease or an increased risk of developing Alzheimer's disease, is a increase of at least 5%, 10%, 15%, 20% or 25% compared to a control. In an embodiment, the increase in the number of telomeres is between about 10% and about 75% or between about 25% and 75% compared to control. In another

embodiment, the decrease in the length of telomeres indicative of having Alzheimer's disease or an increased risk of developing Alzheimer's disease, is a decrease of at least 10%, 15%, 20%, 25%, 30%, 35%, 40%, 45% or 50% compared to a control. In an embodiment, the decrease in the length of telomeres is between about 10% and about 70% or between about 50% and 70% compared to control.

5 [0094] The control can for example be a threshold where in which subjects with a number of telomeres above the threshold and length of telomeres below the threshold are indicated as having Alzheimer's disease or an increased risk of Alzheimer's disease.

10 [0095] In an embodiment, the test sample comprises buccal cells, lymphocytes, leukocytes, peripheral blood mononuclear cells or fibroblast cells. In another embodiment, the test sample is brain tissue, for example collected post mortem.

15 [0096] In an embodiment, the Alzheimer's disease is mild Alzheimer's disease. In another embodiment, the Alzheimer's disease is moderate Alzheimer's disease. In yet another embodiment, the Alzheimer's disease is severe Alzheimer's disease.

[0097] As the telomeric alterations seen in samples increased with disease severity, the methods described herein can also be used to assess disease severity and/or for monitoring disease.

20 [0098] Accordingly an aspect of the disclosure includes a method of assessing Alzheimer's disease severity comprising:

a) determining and/or characterizing telomeric organization of cells in a test sample from the subject;

25 wherein a difference in the telomeric organization of the test sample cells compared to a disease control is indicative the subject has a different disease severity compared to the disease control.

[0099] In an embodiment, the disease control is a subject with mild AD. In another embodiment, the disease control is a subject with moderate AD.

30 [00100] In another aspect of the disclosure includes a method of monitoring Alzheimer's disease comprising:

a) determining and/or characterizing the telomeric organization of cells in a test sample from the subject;

wherein a difference in the telomeric organization of the test sample cells compared to a previous sample is indicative the subject has progressing Alzheimer's disease and/or ameliorating Alzheimer's disease and a lack of difference in the telomeric organization of the test sample cells compared to a previous sample is indicative of stable Alzheimer's disease.

[00101] For example, subjects with severe Alzheimer's disease had an increased number of telomeres and shorter telomeres compared to healthy age matched controls (see for example Figure 1C).

[001 02] In an embodiment, the method comprises:

a) obtaining a sample comprising cells from the subject; and

b) determining and/or characterizing the telomeric organization of cells in a test sample from the subject;

wherein a difference in the telomeric organization of the test sample cells compared to a previous sample is indicative the subject has progressing Alzheimer's disease and/or ameliorating Alzheimer's disease and a lack of difference in the telomeric organization of the test sample cells compared to a previous sample is indicative of stable Alzheimer's disease.

[00103] The method can also be used to monitor treatment therapy. In an embodiment, the method comprises:

a) determining and/or characterizing the telomeric organization of cells in a test sample from the subject after the subject has received one or more treatments;

wherein a difference in the telomeric organization of the test sample cells compared to a sample obtained prior to the one or more treatments is indicative the subject is responding or not responding to the treatment.

[00104] For example, if a sample obtained after treatment indicates that the cell telomere lengths decreased and/or numbers are increased compared to the sample obtained prior to the one or more treatments, the subject is predicted to not be responding to treatment. If the telomere lengths and/or numbers are stabilized

and/or telomere lengths are increased and/or numbers are decreased, the subject is predicted to be responding to the treatment.

[00105] In an embodiment the telomere organization is determined for interphase telomeres.

- 5 [00106] Also provided is use of the methods described for selecting a treatment, wherein a subject is monitored for response to a treatment and treatment is continued if responding or a new treatment is selected if not responding.

[00107] The methods can also be used for example to differentiate subjects in clinical trials testing new therapies.

- 10 [00108] In an embodiment, an automated method is used for example Teloscan™ (Klewes et al 201 1).

a) Method of characterizing 3D organization of patient samples

- [00109] Methods and systems for determining the 3D organization of telomeres are described in US Patent No. 7,801,682, issued September 21, 2010
15 titled **Method of Monitoring Genomic Instability Using 3D Microscopy and Analysis**, which is incorporated herein by reference.

[001 10] In an embodiment the method for characterizing a 3D organization of telomeres comprises:

- 20 (i) inputting image data of the 3D organization of telomeres;
(ii) processing the image data using an image data processor to find a set of coordinates $\{(x_i, y_i, z_i)\}$, $i = 1, \dots, N$, where (x_i, y_i, z_i) is a position of the i th telomere;
(iii) finding a plane that is closest to the set of coordinates; and
25 (iv) finding a set of distances $\{d_i\}$, $i = 1, \dots, N$, where d_i is the distance between (x_i, y_i, z_i) and the plane, wherein the set $\{d_i\}$ is utilized to characterize the 3D organization.

- [001 11] Figure 2 shows a block diagram of a system 100 for characterizing a 3D organization of telomeres. The system 100 includes an input module 102, an
30 image data processor 104, an optimizer 106 and a characteristic module 108.

[00112] An input module 102 can be used to input image data of the 3D organization of telomeres. The input module 102 includes appropriate hardware and/or software, such as a CD-ROM and CD-ROM reader, DVD and DVDreader or other data storage and reading means including for example external hard drives.

5 The inputting performed by the input module 102 need not be from outside the system 100 to inside the system 100. Rather, in some embodiments, the inputting of data may describe the transfer of data from a permanent storage medium within the system 100, such as a hard disk of the system 100, to a volatile storage medium of the system 100, such as RAM.

10 [001 13] The image data can be obtained using regular or confocal microscopy and can include the intensities of one or more colors at pixels (totaling, for example, 300x300 or 500x500) that comprise an image of a nucleus. The image data can also be grey level image data of a nucleus that has been appropriately stained to highlight telomeres. Several images (on the order of 100) are obtained corresponding to
15 slices along a particular axis. Thus, the image data may correspond to a total of about 2.5×10^7 pixels. In one embodiment, the slices may be on the order of 100 nanometers apart. In this manner, the image data accounts for the 3D quality of the organization of telomeres. In addition, the confocal microscope is able to obtain the intensity of two colors, for example blue and green, of the nucleus at every pixel
20 imaged, thereby doubling the amount of data points.

[001 14] To obtain an image of telomeres, a stain such as DAPI (4',6-diamidino-2-phenylindole) can be used to preferentially mark the heterochromatin material that comprises DNA. A second stain, such as cy3, together with an appropriate label, such as PNA telomere probe, can be used to mark the telomeric
25 portion of the heterochromatin material.

[001 15] To improve the quality of the image data, various techniques can be brought to bear as known to those of ordinary skill, such as constrained iterative deconvolution of the image data to improve resolution. Such constrained iterative deconvolution may not be required if confocal, instead of regular, microscopy is used
30 as the image data may be of superior resolution. In addition, other instruments, such as an apotome, may be used to improve the quality of the image.

- [00116] In an embodiment, the 3D organization is characterized by specifying at least one of \bar{d} and σ , where \bar{d} is the average distance of the set of distances, and σ is the standard deviation of the set of distances.
- [00117] In another embodiment, the characterization is used to monitor and/or
 5 diagnose Alzheimer's disease by comparing the at least one of \bar{d} and σ to a corresponding control value.
- [00118] In an embodiment, the method of characterizing a 3D organization of telomeres comprises:
- (i) inputting image data of the 3D organization of telomeres; and
 - 10 (ii) using an image data processor for finding a three dimensional geometrical shape that best encompasses the 3D organization, wherein the geometrical shape is an ellipsoid having principal axes a_1, a_2 and a_3 and wherein said shape is used to characterize the 3D organization.
- 15 [00119] The image data processor 104 processes the image data to find a set of coordinates $\{(x_i, y_i, z_i)\}$, $i = 1, \dots, N$, where (x_i, y_i, z_i) is a position of the i th telomere. For this purpose, the image data processor 104 identifies "blobs" within the image data that can be identified as a telomere using a segmentation process. Each blob identified as a telomere has a non-negligible volume (for example, a small
 20 telomere may have a volume of 4x4x4 pixels, a large one a volume of 10x10x10, where the size of the nucleus may be approximately 200x200x100 pixels). There is some freedom, therefore, in choosing "the position" of the telomere. One possibility is to choose for this position the center of gravity of the telomere, or more generally, the telomere organization.
- 25 [00120] In an embodiment, the ellipsoid is an oblate spheroid with a_1 approximately equal to a_2 .
- [00121] In an embodiment, an oblateness ratio, a_3/a_1 or a_1/a_3 , is used to characterize the 3D organization.
- [00122] In an embodiment, the method for characterizing a 3D organization of
 30 telomeres comprises:
- (i) inputting image data of the 3D organization of telomeres and

(ii) obtaining from the image data using an image data processor at least one of a set of intensities $\{I_i\}$, a set of volumes $\{V_i\}$ and a set of three dimensions $\{Dx_i, Dy_i, Dz_i\}$, $i = 1, \dots, N$, where I_i is a total or average intensity, V_i is a volume, and (Dx_i, Dy_i, Dz_i) are principle axes of an ellipsoid describing the i th telomere, respectively, wherein the at least one is utilized to characterize the 3D organization.

[00123] In an embodiment, said characterization is used to monitor and/or diagnose Alzheimer's disease and/or treatment efficacy by comparing a quantity obtained from at least one to a control value.

[00124] In an embodiment, the quantity is an average of the members of $\{I_i\}$, $\{V_i\}$ or (Dx_i, Dy_i, Dz_i) .

[00125] In an embodiment, the method for characterizing a 3D organization of telomeres comprises:

(i) obtaining image data of the 3D organization of telomeres obtained using a microscope;

(ii) inputting the image data of the 3D organization of telomeres obtained using the microscope; and

(iii) finding a parameter of the 3D organization that measures a deviation of the 3D organization from a planar arrangement, the deviation used to characterize the 3D organization.

[00126] In yet another embodiment, the method for characterizing a 3D organization of telomeres of sample cells comprises:

(i) obtaining image data of the 3D organization of telomeres obtained using a microscope;

(ii) inputting the image data of the 3D organization of telomeres;

(iii) processing the image data to find a set of coordinates $\{(x_i, y_i, z_i)\}$, $i = 1, \dots, N$, where (x_i, y_i, z_i) is a position of the i th telomere;

(iv) finding a plane that is closest to the set of coordinates;

(v) finding a set of distances $\{d_i\}$, $i = 1, \dots, N$, where d_i is the distance between (x_i, y_i, z_i) and the plane, wherein the set $\{d_i\}$ is utilized to characterize the 3D organization; and

(vi) visually displaying the 3D organization of the telomeres.

[00127] In an embodiment, the method for characterizing a 3D organization of telomeres of sample cells is performed on a system for characterizing a 3D organization of telomeres.

[00128] In an embodiment, the system comprises:

- 5 (i) an input module for inputting image data of the 3D organization of telomeres;
- (ii) an image data processor for processing the image data to find a set of coordinates $\{(x_i, y_i, z_i)\}$, $i = 1, \dots, N$, where (x_i, y_i, z_i) is a position of the i th telomere;
- (iii) an optimizer for finding a plane that is closest to the set of
10 coordinates; and
- (iv) a characteristic module for finding a set of distances $\{d_i\}$, $i = 1, \dots, N$, where d_i is the distance between (x_i, y_i, z_i) and the plane, wherein the set $\{d_i\}$ is utilized to characterize the 3D organization.

15 [00129] The optimizer 106 finds a plane P^{\min} that is closest to the set of coordinates. To find the closest plane, the distance D_i between the location of the i th telomere, (x_i, y_i, z_i) , and the plane given by $ax + by + cz - O_j$ is considered:

$$D_i = \frac{ax_i + by_i + cz_i}{\sqrt{a^2 + b^2 + c^2}}$$

[00130] The optimizer 106 finds the parameters a,b,c,d that minimize the
20 function $\sum_{i=1}^N D_i(a,b,c,d)$.

[00131] The characteristic module 108 proceeds to find at least one parameter that can be used to characterize the 3D organization of telomere. "Parameters used to characterize the organization of telomeres" include:

- 25 1) A set of distances $\{W_t\}$, $t = 1, \dots, N$, where d_t is the distance between (x_i, y_i, z_i) and the plane P^{\min} .
- 2) \bar{d} and σ , the average distance and standard deviation of the set of distances $\{d_i\}$.

$$\bar{d} = \frac{1}{N} \sum_{i=1}^N d_i,$$

and

$$\sigma^2 = \sum_{i=1}^N \frac{(d_i - \bar{d})^2}{N}, \text{ respectively.}$$

3) A three dimensional geometrical shape that best encompasses the 3D organization. For example, the geometrical shape can be the ellipsoid, having principal axes a_1, a_2 , and a_3 , that best encompasses the 3D organization of the telomeres. Several definitions of "best encompasses" can be used. For example, the ellipsoid that best encompasses the telomeres can be defined as the ellipsoid of smallest volume that encloses a certain fraction (e.g., 100%) of the telomeres. If a set of more than one ellipsoid fulfills this condition, other restrictions can be used to reduce the set to just one ellipsoid, such as further requiring the ellipsoid to have the smallest largest ratio of principle axes (i.e., the "most circle-like" ellipsoid). It should be understood that other definitions of "best encompasses" the telomeres can be used. It has been observed that the ellipsoid that best encompasses the telomeres often approximates an oblate spheroid with a_1 approximately equal to a_2 . in such case, it is sufficient to specify just a_1 and a_3 . Alternatively, an oblateness ratio, a_3/a_1 or a_1/a_3 , can be used to characterize the oblate spheroid describing the organization of the telomeres.

4) A set of volumes $\{V_i\}$, where V_i is the volume of the i th telomere.

5) A set of three dimensions $\{(Dx_i, Dy_i, Dz_i)\}$, $i = 1, \dots, N$, where (Dx_i, Dy_i, Dz_i) are principle axes of an ellipsoid describing the i th telomere.

6) A set of intensities $\{I_i\}$, $i = 1, \dots, N$, where I_i is the total intensity of the i th telomere. (In other embodiments, instead of the total intensity, the average intensity of each telomere can be computed.) That is, if the i th telomere is associated with K pixels, then

$$I_i = \sum_{j=1}^K I_{i,j}$$

where $I_{i,j}$ is the intensity of the j th pixel of the i th telomere.

[00132] In the last three cases, the sets can be used to calculate statistical measures such as an average, a median or a standard deviation.

[00133] The parameters 1-5 outlined above characterize the 3D organization
 5 of the telomeres by focusing on the geometrical structure of the telomeres. Parameters 1 and 2 are motivated by the finding that, especially during the late G2 phase of the cell cycle, telomeres tend to lie on a plane. Parameters 1 and 2 measure deviations of telomeres from a planar arrangement.

[00134] Parameter 3 attempts to describe, with features, such as the three
 10 principal axes of an ellipsoid or the oblateness ratio, the overall shape of the 3D organization. While parameters 1-3 are global geometric characteristics, dealing with the overall shape of the organization, parameters 4 and 5 are local geometric characteristics in the sense that they involve the geometry of each individual telomere.

15 [00135] The final parameter is also local, involving the intensity of each individual telomere.

[00136] In an embodiment, the 3D organization is characterized by specifying at least one of \bar{d} and σ , where \bar{d} is the average distance of the set of distances, and σ is the standard deviation of the set of distances.

20 [00137] In an embodiment, the system further comprises a diagnosis module for comparing the at least one of \bar{d} and σ to a corresponding standard value to monitor or diagnose Alzheimer's disease.

[00138] In another embodiment, the method for characterizing a 3D organization of telomeres in the sample comprises:

25 (i) inputting image data of the 3D organization of telomeres; and
 (ii) using an image data processor for finding a parameter of the 3D organization that measures a deviation of the 3D organization from a planar arrangement, the deviation used to characterize the 3D organization.

[00139] In an embodiment, a system is used for characterizing a 3D
 30 organization of telomeres in the sample, the system comprising

- (i) an input module for inputting image data of the 3D organization of telomeres;
- (ii) an image data processor for processing the image data to find a set of coordinates $\{(x_i, y_i, z_i)\}$, $i = 1, \dots, N$, where (x_i, y_i, z_i) is a position of the i th telomere; and
- (iii) a characteristic module for finding a parameter of the distribution that measures a deviation of the distribution from a planar arrangement, the deviation used to characterize the 3D organization.
- [00140] In an embodiment, the method for characterizing a 3D organization of telomeres comprises:
- (i) obtaining image data of the 3D organization of telomeres obtained using a microscope;
- (ii) inputting the image data of the 3D organization of telomeres obtained using the microscope;
- (iii) processing the image data to find a set of coordinates $\{(x_i, y_i, z_i)\}$, $i = 1, \dots, N$, where (x_i, y_i, z_i) is a position of the i th telomere;
- (iv) finding a plane that is closest to the set of coordinates; and
- (v) finding a set of distances $\{d_i\}$, $i = 1, \dots, N$, where d_i is the distance between (x_i, y_i, z_i) and the plane, wherein the set $\{d_i\}$ is utilized to characterize the 3D organization.
- [00141] In another embodiment, the method of characterizing a 3D organization of telomeres, comprises:
- (i) obtaining image data of the 3D organization of telomeres obtained using a microscope;
- (ii) inputting the image data of the 3D organization of telomeres obtained using the microscope; and
- (iii) finding a three dimensional geometrical shape that best encompasses the 3D organization, wherein the geometrical shape is an ellipsoid having principal axes a_1, a_2 and a_3 and wherein said shape is used to characterize the 3D organization.

[00142] In another embodiment, the method for characterizing a 3D organization of telomeres, comprises:

- (i) obtaining image data of the 3D organization of telomeres obtained using a microscope;
- 5 (ii) inputting the image data of the 3D organization of telomeres obtained using the microscope; and
- (iii) obtaining from the image data at least one of a set of intensities $\{I_i\}$, a set of volumes $\{V_i\}$ and a set of three dimensions $\{(Dx_i, Dy_i, Dz_i)\}$, $i = 1, \dots, N$, where I_i is a total or average intensity, V_i is a volume, and (Dx_i, Dy_i, Dz_i) are
 - 10 principle axes of an ellipsoid describing the i th telomere, respectively, wherein the at least one is utilized to characterize the 3D organization.

[00143] In an embodiment, determining the 3D organization of telomeres and comparing to a control is a computer implemented method.

[00144] In an embodiment, the computer implemented method is TeloVew In
 15 another embodiment, the computer implemented method is TeloScan.

[00145] The following non-limiting examples are illustrative of the present disclosure:

Examples

20 Example 1

[00146] One of the aims of this study was to investigate changes in the three-dimensional (3D) nuclear architecture in AD patients and age related healthy controls using 3D quantitative fluorescence *in situ* hybridization (3D Q-FISH) to determine if there were any differences in telomere number, length, aggregates and cell cycle profiles represented by a/c ratios (Vermolen et al., 2005) in AD patients compared to
 25 healthy age-matched controls.

[00147] Fifty-nine patients with AD (ranging in stage from mild to severe) and their fifty-nine cognitively normal age-matched caregivers were included in this study. Buccal cells (BCs) were used in the study because they have a number of
 30 advantages; not only can samples be collected non-invasively, but BCs also originate from the neuro-ectoderm, which is where brain tissue is derived from.

[00148] BCs were used previously to study telomere length in AD patients. A study using PCR showed that BCs have significantly shorter telomere lengths than age matched healthy controls (Thomas et al., 2008). However, the authors of that study looked only at telomere length using PCR technique and did not investigate the
5 3D nuclear telomere organization in AD. Further, Thomas et al. (2008) teaches that, for example, white blood cell DNA is potentially a more sensitive measure of differences in telomere length between AD cases and controls compared to buccal cells.

[00149] The study described herein indicates that the 3D Q-FISH technique is
10 sensitive for analysis of telomere characteristics in BC samples of AD patients. To process and analyze the images of 3D nuclei of the samples, a software program called TeloView (Vermolen et al., 2005) was used. TeloView is designed to process the results of 3D FISH images from interphase cell nuclei. It segments telomeric signals and localizes them.

15 [00150] In the presently described study, the association between telomere length in cells obtained from buccal swabs from AD and healthy controls was examined. A significant difference in nuclear organizations of AD samples to controls is shown.

[00151] As demonstrated herein, it was found that 3D nuclear imaging is a
20 very sensitive technique in which not only telomere length can be measured, but also telomere aggregates and numbers in the BCs, nuclear volume, distributions of telomeres in the nucleus from its center to periphery and a/c ratio. More parameters using this system can also be looked at.

25 **Material and Methods:**

Subjects

[00152] In the study, fifty-nine patients with Alzheimer's Disease (AD) attending the Queen's University Memory Clinics were compared to their fifty-nine age matched (+/- 5 years) cognitively normal caregivers according to the following
30 parameters: telomere aggregation, telomere length, a/c ratio, nuclear volume and Fisher's exact test for telomere numbers. Diagnosis of AD was made according to the National Institute of Neurological and Communicative Disorders and Stroke, and the Alzheimer's Disease and Related Disorders Association (NINCDS-ADRDA)

Alzheimer's criteria (McKhann et al., 1984) and all patients had been on standard treatment according to the Canadian Guidelines for the Treatment of Dementia. Patients were followed at the Memory Clinics and the dementia staged as mild, moderate or severe, according to their scores in the Montreal Cognitive Assessment
 5 test (MoCA) (Nasreddine et al., 2005) and/or the Mini-Mental State Exam (MMSE) (Folstein et al., 1975). Patients with mild AD (n=31) had MoCA scores above 18/30. Patients with moderate AD (n=12) had MMSE scores between 16/30 and 21/30 (inclusive). Patients with advanced AD disease (n=16) (e.g. severe disease) had MMSE scores < 16/30.

10 Subject characteristics

Table 1

Number of patients enrolled in study	Stage of AD
31	Mild AD
12	Moderate AD
16	Advanced AD (e.g. severe AD)
1	Aphasia
Total 59 AD	

IN TOTAL

31 Mild + 31 Controls

15 12 Moderate + 12 Controls

16 Advanced + 16 Controls

(59 Patients + 59 Controls)

20 Buccal swabs

[00153] Buccal swabs were obtained in duplicate, at the regular clinic visits, using sterile Epicentre Biotechnologies swabs. Samples from each swab were smeared on VWR micro slides and kept frozen at -20° C for 1 to 3 months until Q-FISH analysis.

25

3D-in situ hybridization

[001 54] Cells were fixed with 3.7% formaldehyde (Fisher). Hybridization was done using a DAKO Cy3 telomere PNA probe (DAKO, Glostrup, Denmark). Three-dimensional telomere quantitative FISH (3D-Q-FISH) was performed as described previously (Knecht et al., 2009).

5

Quantitative image Analysis

[001 55] Digital images were taken using a Zeiss AxioImager Z1 with a cooled AxioCam HR B&W, DAPI, Cy3 filters in combination with a Planapo 63x/1.4 oil objective lens. Images were acquired using AXIOVISION 4.8 (Zeiss) in multichannel
10 mode followed by constrained iterative deconvolution (Schaefer et al., 2001). For every fluorochrome, 80 images stacks were acquired with a sampling distance of 200 nm along the z and 102 nm in the xy direction. Thirty interphase nuclei from each AD sample, as well as healthy control were analyzed. All results were analyzed statistically. Quantitation of 3D nuclear telomeric signals was performed using
15 TeloView (Vermolen et al., 2005). After finding the threshold for the telomeres, the program analyzed the center of intensities for every object resulting in a set of coordinates (x, y, z). The integrated intensity of each telomere that is proportional in length was calculated.

20 Statistics

[001 56] 3D-Q-FISH results were analyzed with Fisher's exact test for telomere numbers and Chi square test for telomere length to determine significant differences between the AD groups and healthy age matched controls. A P value <0.05 was considered statistically significant.

25

Results

[001 57] Using 3D Quantitative Fluorescent in situ Hybridization (3D Q-FISH), it is possible to determine if there are differences in telomere number, length, telomeric aggregates, nuclear volume and cell cycle profiles represented by a/c ratios in AD
30 patients compared to healthy age-matched controls. The telomeric profiles can also be used further categorize disease stages of patients as either Mild, Moderate, or Advanced Alzheimer's. Fifty-nine patients with ranging disease stages of AD and

their fifty-nine cognitively normal age-matched caregivers were included in this double-blind pilot study.

5 Increased number of telomeres and decreased telomere length in BCs from AD patients.

Using the Teloview® software, the total number of telomeres of each patient as well as their healthy control was analyzed. The results of each sample were then graphed against their respective telomere lengths (Figures 1A-1C).

- 10 Figure 1A is a representative graph of patients identified with mild AD compared to age-matched healthy controls. The data revealed a statistically significant increased number of telomere signals in samples from Mild AD patients compared to controls ($p < 0.0001$), and a decrease in length of telomeres in Mild AD samples as compared to controls ($p < 0.0001$). The number of telomeres for the Mild AD patients was
- 15 consistently found to range between 60 and 70 telomeres, whereas in the controls, the range varied between 40-60 telomeres.

- Figure 1B is a representative graph of patients identified with Moderate AD compared to age-matched healthy controls. Moderate AD also shows an increasing
- 20 number of telomeres, ranging between 70-90 ($p < 0.0001$) while showing a decrease in telomeric length ($p < 0.0001$) compared to healthy age matched controls.

- Figure 1C illustrates the results for AD patients identified having Advanced Alzheimers. The data revealed a statistically significant higher number of telomere
- 25 signals in samples from Advanced AD patients compared to controls ($p < 0.0001$), and a decrease in length of telomeres in Advanced AD samples as compared to controls ($p < 0.0247$). The number of telomeres for the Advanced AD patients was consistently found to be over 90.

- 30 Overall, the results show that AD patients have an increasing number of telomeres as their disease progresses to a more severe stage, with the advanced stage showing the highest numbers of telomeres. The age-matched controls however, tend to remain within the normal range (40-60 telomeres, de Vos et al., 2009) regardless of the control's age or gender.

The following table summarizes the results:

Table 2: Ranges of telomeric values for healthy controls, as well as Mild, Moderate and Advanced Alzheimer patients using 3D Q-FISH analysis and 3D Imaging Software on cells obtained from Buccal Swabs.

Disease Stage	Number of Telomeres
None (Control)	40-60
Mild	60-70
Moderate	70-90
Advanced	> 90

Discussion

[00158] Alzheimer's disease (AD) is a progressive degenerative disorder of the brain (Kawas et al., 2003, Matson et al. 2004). Advanced age is the major factor contributing to increased risk of developing AD (Aubert et al., 2007, Thomas et al., 2007). Telomeres have an important function in cell fate and aging. Telomere repeats progressively shorten after every cell division therefore telomere length may be used as a marker of a cell's replicative history (Allsopp et al., 1992). Alzheimer's diagnosis needs better markers for a quick and non-invasive assessment of the patients. There is no single test that can definitively diagnose Alzheimer's disease "in vivo". Therefore finding new biological markers is important for a better understanding of AD, its diagnosis and treatment. The investigations described herein show a strong relationship between AD and telomere lengths in BCs. An altered nuclear architecture of telomeres in AD has been shown herein, which is not seen in healthy controls.

[00159] The aim of this study was to investigate the 3D nuclear organization of telomeres obtained from AD patients from BCs. Using TeloView, telomere numbers, their lengths, percentage of aggregates and a/c ratio were analyzed (Vermolen et al., 2005). Results were compared to those obtained in healthy age matched controls. Three groups of AD patients were enrolled; mild, moderate and severe. Significantly lower telomere length in BCs were found in all three groups of AD patients as compared to age matched healthy controls (Table 2, Fig.1). The presently described studies using 3D nuclear imaging also revealed higher numbers of telomeres in AD

patients (Fig. 1). It is believed that this is the first time that an association between number of telomeres and AD has been shown.

[00160] It has been demonstrated herein that there were no significant changes in numbers of telomere aggregates (TA) in AD groups as compared to aged
5 matched healthy controls. TAs are seen in tumor cells (Mai and Garini 2005, 2006). TAs are aberrations in the nuclear organization. When TAs form and chromosome fusions occur, breakage/fusion/bridge (BBF) cycles result and the genetic information of the chromosomes will be remodeled (Louis et al. 2005). TA formation is independent of telomere size or telomerase activity (Chuang et al., 2003). While not
10 wishing to be limited by theory, a lack of differences in TA formations in ADs and healthy aged matched controls may suggest that an altered mechanism of cell divisions is not the main cause of genetic changes in ADs as it is in cancer cells.

[00161] It has also been reported that 3D nuclear imaging is a very sensitive technique in which not only telomere length can be measured, but also telomere
15 aggregates and numbers (Vermolen et al., 2005). The automation of 3D scanning for telomere signatures in interphase nuclei based on 3D-FISH has been described in relation to tumor cell detection (Klewes et al., 2011). The automated scanning, TeloScan, is suitable for large series of samples and sample sizes. The sensitivity of this automation for tumor cell detection has been defined; it has been shown to
20 detect one aberrant tumor cell in 1,000 normal cells. The automation allows for a throughput of about 10,000 to 15,000 cells within one hour using the 40x objective. It will be tested if the same tool could be used for telomere analysis in AD patients. This would allow for large scale and faster detection of the AD samples. The data from the presently described study suggest that the numbers of telomeres are much
25 higher and the length of telomeres are shorter in severe AD compared to moderate AD and mild AD.

[00162] Moreover, results described herein show that telomere intensity and number in patients with AD in all stages was significantly different from the normal controls. Telomeric aggregate and a/c ratios were also looked at. No changes in
30 aggregate formation and numbers in the BC samples were noticed.

Example 2

Purpose

[00163] Telomeres are linear repeats of two thymidine, an adenine and three glycine residues capping human chromosomes. They maintain chromosomal integrity and prevent chromosomal instability. Telomeres shorten progressively with each cell division and, therefore, with age. The main aim of the study described

5 herein was to analyze the three-dimensional (3D) architecture of telomeres in AD patients compared to age-matched normal controls, and the feasibility of obtaining cells from buccal swabs for 3D analysis. 3D analysis allows for quantification of telomere numbers, length and aggregates. Buccal swabs were chosen because cells

10 be collected non-invasively. Previous studies have only investigated telomere length in different types of cell with conflicting results.

Methods

[00164] Fifty-nine patients with AD (stage mild to severe) and fifty-nine cognitively normal age-matched controls were included in this present study.

15 Patients' caregivers served as normal controls. Patients were diagnosed and disease staged following standard procedures. Cells were obtained from buccal swabs using sterile Epicentre Biotechnologies swabs at follow-up memory clinic visits, smeared on VWR micro slides and frozen at -20° C until processing for telomere analysis. Quantitative fluorescence in situ hybridization (Q-FISH) technique was used for

20 telomere numbers and length analysis in 30 interphase cells/person. Digital images were taken using Zeiss AxioImager Z1 with a cooled AxioCam HR B&W, DAPI, Cy3 filters in combination with a Planapo 63x/1.4 oil objective lens. Images were acquired using AXIOVISION 4.8 (Zeiss) in multichannel mode followed by constrained iterative deconvolution. For every fluorochrome, 80 images stacks were acquired with a

25 sampling distance of 200 nm along the z, and 102 nm in the xy axis. Quantitation of 3D nuclear telomeric signals was performed using TeloView. Differences in telomere intensity between AD patients stratified by disease stage and their normal controls, were analyzed by Fisher exact test (number of telomeres) and Chi-Square (telomere length). Visual inspection of the images permitted analysis of telomere aggregates. A

30 $p < .05$ was considered significant.

Results

[00165] It was found that patients with AD (all stages from mild to severe) had significantly more number of telomeres and significantly shorter telomeres than the

control subjects (range from $p < .001$ to $p < .0001$). There was no difference in telomere aggregates between AD patients and controls. Telomere aggregates are found in some types of cancer.

Conclusions

- 5 [00166] Cells obtained from smeared buccal swabs are suitable for 3D analysis of telomeres in patients with AD and normal controls, allowing for further characterization of telomeres in this disease. In the study described herein, subjects with AD, at any stage of the disease had more and shorter telomeres in their buccal cells when compared to their age-matched controls, but no difference in aggregates.

10

Example 3

- [00167] The following tables contain data relating to patients with aphasia (Table 3), mild AD (Table 4), moderate AD (Table 5) and severe AD (Table 6) as compared to controls. Further details regarding the AD patients are provided in
- 15 Example 4. Statistical analysis for each sample set is found below the dataset. The analysis demonstrates that AD patients (mild, moderate and severe) have statistically different short, mid-sized and long telomeres compared to age matched controls.

[00168] For each of Tables 2-6, the three numbers corresponding to the control or patient for each intensity range represent the following:

- 20 [00169] The first row of numbers represents the frequency (i.e how many signals were in those particular ranges). The second row represents the row percentage (e.g the second row adds up to 100%). This row shows what percentage of the total signals were in the particular ranges. E.g., for Table 4 (mild AD), 1.47 % of the signals were under 20000, 4.02% in the mid range, and 94.52% above 40001.
- 25 The third row of numbers is the column percentages. The third row of numbers from the control and patient adds up to 100%.

Table 3: Aphasia (sample size = 3519)

Table of case/cntl by Intensity				
casecntl	Intensity(Intensity) x 10			
Frequency Row Pct Col Pct	<2000	2001-4000	>4001	Total
control	354 23.40 47.20	700 46.27 44.05	459 30.34 38.90	1513
patient	396 19.74 52.80	889 44.32 55.95	721 35.94 61.10	2006
Total	750	1589	1180	3519

Statistics for Table of case/cntl by Intensity

Statistic	DF	Value	Prob
Chi-Square	2	14.2165	0.0008
Likelihood Ratio Chi-Square	2	14.2519	0.0008
Mantel-Haenszel Chi-Square	1	14.2120	0.0002
Phi Coefficient		0.0636	
Contingency Coefficient		0.0634	
Cramer's V		0.0636	

5

Table 4: Mild AD - sample size: 2818

Table of casecntl by Intensity				
casecntl	Intensity(Intensity) x 10			
Frequency Row Pct Col Pct	<=2000	2001-4000	>=4001	Total
control	27 1.47 52.94	74 4.02 43.53	1741 94.52 67.04	1842
patient	24 2.46 47.06	96 9.84 56.47	856 87.70 32.96	976
Total	51	170	2597	2818

Statistics for Table 4 of casecntl by Intensity

Statistic	DF	Value	Prob
Chi-Square	2	42.4945	<.0001
Likelihood Ratio Chi-Square	2	40.2604	<.0001
Mantel-Haenszel Chi-Square	1	27.0821	<.0001
Phi Coefficient		0.1228	
Contingency Coefficient		0.1219	
Cramer's V		0.1228	

5

Table 5: Moderate AD – sample size: 2046

Table of casecntl by Intensity				
casecntl	Intensity(Intensity) x 10			
Frequency				
Row Pct				
Col Pct	<=2000	2001-4000	>=4001	Total
control	2 0.16 7.69	6 0.48 8.45	1247 99.36 63.98	1255
patient	24 3.03 92.31	65 8.22 91.55	702 88.75 36.02	791
Total	26	71	1949	2046

Statistics for Table 5 of casecntl by Intensity

Statistic	DF	Value	Prob
Chi-Square	2	121.0396	<.0001
Likelihood Ratio Chi-Square	2	127.5404	<.0001
Mantel-Haenszel Chi-Square	1	98.4856	<.0001
Phi Coefficient		0.2432	
Contingency Coefficient		0.2363	
Cramer's V		0.2432	

5 Table 6: Advanced AD- sample size: 1738

Table of casecntl by Intensity				
casecntl	Intensity(Intensity) x 10			
Frequency Row Pct Col Pct	<=2000	2001-4000	>=4001	Total
control	43 3.86 81.13	84 7.53 66.67	988 88.61 63.37	1115
patient	10 1.61 18.87	42 6.74 33.33	571 91.65 36.63	623
Total	53	126	1559	1738

Statistics for Table 6 of casecntl by Intensity

Statistic	DF	Value	Prob
Chi-Square	2	7.4018	0.0247
Likelihood Ratio Chi-Square	2	8.1176	0.0173
Mantel-Haenszel Chi-Square	1	6.8334	0.0089
Phi Coefficient		0.0653	
Contingency Coefficient		0.0651	
Cramer's V		0.0653	

5 Example 4

[00170] Telomeres get progressively shorter with each cell division. Changes in telomere length are associated with the process of aging and some age related syndromes. Whether the three-dimensional (3D) nuclear organization of telomeres is altered in Alzheimer's disease (AD) and during the initiation and progression of this disease was investigated. To this end, buccal swaps of AD patients and age-matched controls were utilized. Buccal cells (BCs) were examined after 3D Q-FISH

of telomeres, 3D imaging of telomeres and quantitative analysis using TeloView software. Fifty-nine patients with Alzheimer's disease (AD) (ranging in stages from mild to severe) and their fifty-nine cognitively normal age-matched caregivers were included in the study. Significantly higher numbers of telomeres with lower intensity signals and decreased nuclear volumes in AD patients and during disease initiation and progression were found compared to controls. The data suggest significant differences in nuclear architecture of BCs in AD and normal age-matched controls.

[00171] Fifty-nine patients with AD (ranging in stage from mild to severe) and their fifty-nine cognitively normal age-matched caregivers were included in this study.

Buccal cells (BCs) were used in the study because they many advantages; not only can the samples be collected non-invasively, but BCs also originate from the neuro-ectoderm, which is where brain tissue is derived from. A previous study had shown that BCs from AD patients had significantly shorter telomere length than age-matched healthy controls [Thomas P et al, (2008)]. However, the authors looked only at telomere length using PCR technique and did not investigate the 3D nuclear telomere organization in AD. Using Q-FISH to localize the telomeres in the nucleus of BC samples and analyzing them by TeloView [Vermolen BJ et al, 2005] the 3D architecture of telomeres in patients with AD and aged-matched controls has been investigated.

20 **Population and Methods:**

Subjects: In the study, fifty-nine patients with Alzheimer's Disease (AD) attending the Queen's University Memory Clinics were compared to their fifty-nine age-matched (+/- 5 years) cognitively normal caregivers according to the following parameters: telomere aggregation, telomere length, a/c ratio, nuclear volume and Fisher's exact test for telomere numbers. Diagnosis of AD was made according to the National Institute of Neurological and Communicative Disorders and Stroke, and the Alzheimer's Disease and Related Disorders Association (NINCDS-ADRDA) Alzheimer's criteria and all patients had been on standard treatment according to the Canadian Guidelines for the Treatment of Dementia. Patients were followed at the Memory Clinics and the dementia was staged as mild, moderate or severe, according to their scores in the Montreal Cognitive Assessment test (MoCA) and/or the Mini-Mental State Exam (MMSE). Patients with mild AD (n=31) had Montreal Cognitive Assessment (MoCA) scores between 24/30 and 18/30. Patients with

moderate AD (n=12) had MMSE scores between 16/30 and 21/30 inclusive and patients with advanced AD (n=16) had MMSE scores <16/30.

Buccal swabs

5 [00172] Buccal swabs were obtained in duplicate, at the regular clinic visits, using sterile Epicenter Biotechnologies swabs. Samples from each swab were smeared on VWR micro slides and kept frozen at -20° C for 1 to 3 months until Q-FISH analysis.

10 3D quantitative fluorescent in situ hybridization (3D Q-FISH)

[00173] Cells were fixed with 3.7% formaldehyde (Fisher). Hybridization was completed using a DAKO Cy3 telomere PNA probe (DAKO, Glostrup, Denmark). Three-dimensional telomere quantitative FISH (3D-Q-FISH) was performed as described previously [Knecht H et al., 2009; Knecht H et al., 2010].

15

Quantitative image Analysis

[00174] Digital images were taken using Zeiss AxioImager Z1 with a cooled AxioCam HR B&W, DAPI, Cy3 filters in combination with a Planapo 63x/1.4 oil objective lens. Images were acquired by using AXIOVISION 4.8 (Zeiss) in
20 multichannel mode followed by constrained iterative deconvolution [Schaefer LH et al., (2010)]. For every fluorochrome, 80 images stacks were acquired with a sampling distance of 200 nm along the z and 102 nm in the xy direction. Thirty interphase nuclei from each AD sample, as well as a healthy control, were analyzed.

25 3D Telomere Analysis

[00175] Quantification of the 3D nuclear telomeric signals was performed using TeloView [Vermolen BJ et al., (2005)]. After finding the threshold for the telomeres, a binary image opens and the volume, intensity and center of gravity are calculated. The program analyzed the center of intensities for every object resulting
30 in a set of coordinates (x, y, z). For each telomere that is proportional in length the integrated intensity of each is calculated [Poon SS, et al., (1999)].

Telomere aggregates

- [00176] Telomere aggregates are clusters of telomeres that are in close association to each other and cannot be further resolved as separate entities
- 5 because of an optical resolution limit of 200 nm [Mai S and Garini Y, (2006)]

Telomere length

- [00177] Telomeres were classified depending on the relative fluorescent intensity (x-axis) as: Short: 0-20000 units, Mid-size: 20001-40000 units and large:
- 10 >40001 units. These ranges were proposed by looking at the profiles and were over 95% accurate in categorizing the disease stages according to their diagnosis.

A/c ratio and the nuclear volume

- [00178] The nuclear space occupied by telomeres is measured by three axes,
- 15 a, b and c where a, b, are equal in length, and c, has a different length. The distribution of telomeres in the three-dimensional space of the nucleus varies with cell cycle; as the specific stages of the cell cycle (G0/G1, S, and G2) phases have characteristic a/c ratios, therefore, the investigator can determine where they reside in the cell cycle. The a/c ratio allows defining progression through cell cycle in
- 20 interphase cells [Vermolen BJ et al., (2005)].

- [00179] Nuclear volume is calculated according to the 3D nuclear 4', 6-diamidino-2-phenylindole staining (DAPI) [Vermolen BJ et al., (2005)].

Statistics

- 25 [00180] 3D-Q-FISH results were analyzed by Fisher's exact test for telomere numbers. Chi-square was used to determine telomere length and differences between the AD groups and healthy age matched controls. A P value <0.05 was considered statistically significant.

30 Results

Increased number and decreased telomere length in BCs from AD patients.

[00181] First the total number and length of telomeres were analysed in each AD group and healthy controls using Teloview [Vermolen BJ et al., (2005)]. Similar results to Figure 1 were found. The results show that AD patients have an increasing
5 number of telomeres as their disease progresses to a more severe stage, with the advanced stage showing the highest numbers of telomeres. The age-matched controls however, tend to remain within the normal range (40-60 telomeres, de Vos et al., 2009) regardless of the control's age or gender. AD patients also show a decrease in telomeres length as their disease progresses. Telomere nuclear signals
10 for each patient category in two-dimensional and three-dimensional images as determined using imaging and three-dimensional reconstruction after constrained iterative deconvolution. The 2D images found interphase nuclei with higher numbers of telomeres in patients with AD as compared to age-matched controls. The 3D images show increased telomeric signals as well with a decrease in length of
15 telomeres in AD as compared to controls samples.

Telomere Aggregates (TAS) are not altered in AD.

[00182] Using the Teloview software, the number of telomeric aggregation (TAS) in the three AD groups was analyzed and compared to healthy controls. No
20 significant changes in numbers of TAS in AD patients compared to controls (Mild $p=0.1246$, Moderate $p=0.0519$ and Advanced $p=0.1171$) were found.

Decreased nuclear volume of ADs samples is not related to changes in proliferations in BCs

25 [00183] Using the 3D imaging software, the cell morphology of the Buccal Cells (BCs) was studied by analyzing their a/c ratios and nuclear volume. The results show a statistically significant decreased nuclear volume of BCs in all three groups of AD compared to controls (Mild $p<0.0001$, Moderate $p<0.0005$ and Advanced $p<0.0001$) was observed (Tables 7-10). To determinate if decreased in nuclear
30 volume is related to cells proliferation the a/c ratio in BCs cells was assessed. No significant alteration in a/c ratio in all three groups of AD as compare to ached-matched controls (Mild $p=0.11$, Moderate $p=0.74$ and Advanced $p=0.74$) was

detected suggesting that smaller nuclear volume of BCs in ADs is not related to cell cycle.

Table 7: Nuclear Volume Statistics for Mild AD Representative Graph

5

Wilcoxon Scores (Rank Sums) for Variable Nuclear volume Classified by Variable casecnt1					
casecnt1	N	Sum of Scores	Expected Under H0	Std Dev Under H0	Mean Score
control	30	1151.0	915.0	67.638746	38.366667
patient	30	679.0	915.0	67.638746	22.633333

Wilcoxon Two-Sample Test	
Statistic	1151.0000
Normal Approximation	
Z	3.4817
One-Sided Pr > Z	0.0002
Two-Sided Pr > Z 	0.0005
t Approximation	
One-Sided Pr > Z	0.0005
Two-Sided Pr > Z 	0.0009
Z includes a continuity correction of 0.5.	

Kruskal-Wallis Test	
Chi-Square	12.1740
DF	1
Pr > Chi-Square	0.0005

5

Table 8: Nuclear Volume Statistics for Moderate AD Representative Graph

Wilcoxon Scores (Rank Sums) for Variable Nuclear Volume Classified by Variable casecnt1						
casecnt1	N	Sum of Scores	Expected Under H0	Std Dev Under H0	Mean Score	
control	30	1117.0	915.0	67.638746	37.233333	
patient	30	713.0	915.0	67.638746	23.766667	

10

Wilcoxon Two-Sample Test	
Statistic	1117.0000
Normal Approximation	
Z	2.9791
One-Sided Pr > Z	0.0014
Two-Sided Pr > Z	0.0029
t Approximation	
One-Sided Pr > Z	0.0021
Two-Sided Pr > Z	0.0042
Z includes a continuity correction of 0.5.	

Kruskal-Wallis Test	
Chi-Square	8.9189
DF ^a	1
Pr > Chi-Square	0.0028

5

Table 9: Nuclear Volume Statistics for Advanced AD Representative Graph

10

Wilcoxon Scores (Rank Sums) for Variable Nuclear volume Classified by Variable casecnt1					
casecnt1	N	Sum of Scores	Expected Under H ₀	Std Dev Under H ₀	Mean Score
control	30	1349.0	915.0	67.638746	44.966667
patient	30	481.0	915.0	67.638746	16.033333

Wilcoxon Two-Sample Test	
Statistic	1349.000 0
Normal Approximation	
Z	6.4090
One-Sided Pr > Z	<.0001
Two-Sided Pr > Z	<.0001
t Approximation	
One-Sided Pr > Z	<.0001
Two-Sided Pr > Z	<.0001
Z includes a continuity correction of 0.5.	

Kruskal-Wallis Test	
Chi-Square	41.170 7
DF	1
Pr > Chi-Square	<.0001

5

Table 10: Five randomly chosen representative statistics on a/c ratio and nuclear volume (The patients were selected with disregard to their AD disease stage)

10

Level of case/control	Level of unit	N	a/c ratio		Nuclear volume	
			Mean	Std Dev	Mean	Std Dev
control	29	31	5.0883402	1.6112826	542312.67	94630.770
patient	29	33	5.2148131	2.9345860	368785.13	338519.10 3
control	33	30	6.7835816	2.8685095	496497.77	190697.94 9
patient	33	32	4.6374265	1.6151638	357084.78	123871.07 7

Level of case/control	Level of unit	N	acratio		Nuclear volume	
			Mean	Std Dev	Mean	Std Dev
control	45	30	5.5982671	1.6308646	563854.00	138114.830
patient	45	30	4.5170006	1.8195579	435992.00	150009.229
control	51	30	9.0832502	3.8431860	1067085.40	279181.790
patient	51	30	5.3289436	2.6183706	1075780.50	217608.838
control	54	30	10.7643725	5.9442943	1254834.63	393183.852
patient	54	30	7.8002197	2.7682179	927393.53	270204.209

- 5 All AD patients except for one showed a 10-50% decrease in their nuclear volumes as compared to their control.

Discussion

[00184] The aim of the study was to investigate the 3D nuclear organization of telomeres obtained from BCs of Alzheimer patients and compare them to BCs of healthy age-matched controls. Q-FISH was used to localize the telomeres in the nucleus of our samples. The results show significant higher numbers of telomeres and shorter telomere length in AD patients at any stage of the disease, when compared to healthy age matched controls. A decrease in nuclear volume in AD patients compared to controls was also seen.

[00185] This is the first study to relate changes in 3D nuclear architecture from BCs to the mental status/stage of AD patients. A study by Panossian et al [Panossian LA et al., (2003)] investigating AD patients' mental status and telomeres looked only at telomere length in T-cells using Telomere length analysis. Within the AD group they observed a significant correlation between telomere length of T cells and MMSE scores. Using the 3D approach and BCs, not only telomere length but also telomere numbers was analyzed in relation to AD stages, to investigate the presence of aggregates, the cell cycle distribution and nuclear volumes in AD vs.

controls. BCs have been used in one previous Alzheimer study only to look at telomere length in different age groups of AD patients to compare them to BCs from healthy age-related controls [Thomas P et al, (2008)] as well as to other cells from the same populations.

5 [00186] Significantly shorter telomere lengths were found in BCs in all three groups of AD patients compared to their age-matched healthy controls (Table 1). It is still unknown, however, why people with AD have shorter telomere length. Telomeres shorten with each cell division because of an end replication problem. Loss of telomeric DNA activates a p53-dependent checkpoint that leads to apoptosis or
10 senescence (Milyavsky M et al., (2001); Farazi PA et al., (2006)). Telomerase solves this problem by synthesizing new telomeres. The accumulation of the damaged DNA bases in cells may result in the loss of normal cellular function, which may be contributing to AD and other age-related diseases [Myung NH et al., (2008), Coppede F and Migliore L (2009)]. Many proteins related to DNA damage are altered
15 in AD. The Mre11 protein complex consisting of Rad50, Mre11 and Nbs1 is essential for cellular responses to DNA damage, such as initiating cell cycle checkpoints and repairing damaged DNA [Mirzoeva OK and Petrini JH (2001); Delmas S et al. (2009)]. The Mre11 complex is present in adult human cortex and cerebellum neurons. This complex is reduced in the cortical neurons of patients with AD. The
20 accumulated DNA damage in AD neurons may be, in part, the result of the reduced levels of Mre11 protein complexes [Jacobson SJ et al, (2004)]. Repair of double-stranded breaks requires a DNA-dependent protein kinase, which is composed of DNA-PKcs and Ku. Ku DNA binding activity is reduced in extracts of postmortem AD mid-frontal cortex [Davydov V, et al., (2003)]. The decreased Ku DNA binding is
25 positively correlated with reduced protein levels of Ku subunits (DNA-PKcs) and poly (ADP-ribose) polymerase-1 .

[00187] To date, most AD research has been done on brain cells, not on buccal cells [Davydov V, Hansen LA, Shackelford DA (2003)] BCs' DNA repair capacity is limited in comparison to the peripheral blood cells and lymphocytes. It has
30 been shown that BCs have shorter telomeres in AD than in controls [Thomas P, et al, (2008)]. BCs reflect the actual age-related changes in genomic instability in epithelial cells [Dhillon VS, et al. (2004); Carlin V et al. 2011; Thomas P, et al. (2008)].

[00188] The studies using 3D nuclear imaging also revealed higher numbers of telomeres in cells of AD patients. Dysfunction of telomeres leads to the arrest of

the cell cycle and initiates cell apoptosis or cell senescence [Coppede F et al., (2009); Lechel A et al. 2005; Herbig U et al. 2006]. Neuronal cell death is a pathological hallmark of AD. Apoptosis and other alternative pathways of neuronal cell death have also been investigated in AD. It is still unclear how changes in
5 telomere signals contribute to cell death in AD and what mechanisms contribute to these alterations. Telomere maintenance depends heavily on telomere binding proteins, of which telomere repeat binding factor 2 (TRF2) is a critical member. TRF2 is one of six proteins consisting of the protein complex shelterin capping the telomeres [de Lange T. (2005)]. Shelterin is involved in telomere length regulation
10 and telomere structure maintenance [de Lange T. (2005)]. Loss or mutation of TRF2 is associated with telomeric structure destruction, DNA damage, apoptosis and senescence [Lechel A et al. 2005, an Steensel B, et al 1998, Smogorzewska A, 2002]. Therefore, further research on TRF2 and shelterins is needed to understand telomere maintenance in AD.

15 [00189] Nuclear volume of the BCs in all three groups of ADs patients was analysed and compared to age-matched controls. Significant decreases were observed in nuclear volume in ADs. The size of the cells is changing during the cell cycle although no changes in a/c ratio were found suggesting that smaller nuclear volume of BCs in ADs is not related to cell cycle [Umen JG (2005; Echave Pet al
20 (2007)]. It has been shown that size of the nucleus is also related to chromatin remodeling and involves lamin A [Broers JL, et al (2006)]. A-type lamin is an important protein influencing nuclear architecture by providing the scaffolds for the organization of nuclear function [Taddei A, et al, (2004); Dechat T, et al, (2008)]. Loss of lamin A contributes to pathogenesis of lamin-related diseases, especially
25 premature aging syndromes, such as Hutchinson-Gilford progeria syndrome (HGPS) [Huang S et al, (2008); Mounkes LC, Stewart CL (2004); Prokocimer M, et al., (2009)]. Studies showed that knockout of lamin A leads to variety of changes in telomere biology including: i) nuclear decompartmentalization of telomeres; ii) impairment of telomere length and iii) defects in telomere chromatin architecture [Raz
30 V, et al (2008)]. Using the TeloView, the presence or absence of telomeric aggregates (TAs) a/c ratio and nuclear volume was determined in our samples. TAs are defined as clusters of telomeres found in close proximity to each other and that cannot be resolved as separate entities because of the optical resolution limit of 200 nm. There were no significant differences in numbers of TAs in AD groups as

compared to aged-matched healthy controls. TAs are aberrations in the nuclear organization seen in tumor cells [Mai S, Garini Y(2006); Mai S, Garini Y (2005); Gadji M et al (2010)]. When TAs form and chromosome fusions occur, breakage/bridge/fusion (BBF) cycles result. This then remodels the genetic information of the chromosomes [Louis SF, et al (2005); Guffei A, et al. (2010)]. TA formation is independent of telomere size and telomerase activity [Louis SF, et al (2005)]. Lack of differences in TA formations in ADs and healthy age-matched controls suggests that i) nuclear remodeling in AD is different from that found in tumors, and ii) clusters of telomeres are not the reason for the lower numbers of telomeres in AD samples.

[00190] In conclusion, the study describes the detailed nuclear telomeric architecture of BCs in AD and compares it to healthy age-matched controls. A significantly higher number of telomeres and shorter telomere signals in three different groups of AD patients were found. TA formations were not observed in AD or healthy controls. 3D-Q-FISH analysis is an excellent discriminator for the identification of changes in the nuclear telomeric architecture of AD. The 3D telomeric signatures identified in AD are associated with all disease stages; mild, moderate and severe.

20 **Table 11: Population characteristics**

Population	Number of Subjects	Mean age	Sex	AD stage	Mean Score MoCA - MMSE
AD mild	31	72.57	7M/6F	MILD	22.8 23.5
Control	31	69.14	9F/4M	Normal	
AD moderate	12	77.5	3F	MOD.	20
Control	12	77.5	3M	Normal	
AD advanced	16	70.0	2F/2M	ADV	7
Control	16	69.0	2M/2F	Normal.	

AD = Alzheimer's disease; M = male; F = female; MOD = Moderate AD; ADV = Advanced AD; MoCA = Montreal Cognitive Assessment test score; MMSE = Mini-Mental State Examination test score. — = No MoCA score. The numbers are the mean scores for the AD groups. Only the mild group has a MoCA score, the moderate and advanced only have an MMSE score.

[00191] While the present disclosure has been described with reference to what are presently considered to be the preferred examples, it is to be understood that the invention is not limited to the disclosed examples. To the contrary, the invention is intended to cover various modifications and equivalent arrangements included within the spirit and scope of the appended claims.

[00192] All publications, patents and patent applications are herein incorporated by reference in their entirety to the same extent as if each individual publication, patent or patent application was specifically and individually indicated to be incorporated by reference in its entirety.

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- 20 Guffei A, Sarkar R, Klewes L, Righolt C, Knecht H, Mai S (2010) Dynamic chromosomal rearrangements in Hodgkin's lymphoma are due to ongoing three-dimensional nuclear remodeling and breakage-bridge-fusion cycles. *Haematologica* **95**, 2038-46.
- 25

Claims:

1. A method for evaluating cells derived from a subject suspected of having or having Alzheimer's disease and/or dementia comprising:

- 5 a) obtaining a test cell sample from the subject,
- b) assaying the test cell sample to determine the telomeres organization signature of the test sample,
- c) comparing the test cell sample signature to one or more control telomeres organization reference signatures, and
- 10 d) identifying differences or similarities between the test cell sample signature and the one or more control reference signatures;

wherein the telomeres organization signature of the test cell sample is indicative of whether the subject has Alzheimer's disease and/or dementia or an increased risk of developing Alzheimer's disease and/or dementia.

15

2. The method of claim 1, wherein the method comprises:

- a) determining a telomeres organization signature of a test sample cell from the subject, determining the telomeres organization signature comprising determining one or more of telomere numbers, telomere lengths and nuclear volume of the test cell sample and
- 20 b) comparing the telomeres organization signature of the test sample with a reference telomeres organization signature, the reference signature comprising reference values for one or more of telomere numbers, telomeres length and nuclear volume;

25 wherein an increase in the telomere numbers and decrease in telomere length in the test sample telomeres organization signature compared to the reference telomeres organization signature is indicative the subject has Alzheimer's disease and/or dementia or an increased risk of developing Alzheimer's disease and/or dementia.

30

3. The method of claim 1 or 2, wherein determining the telomeres organization signature comprises detecting telomere number and a telomere number greater than 60, greater than 70, greater than 80, or greater than 90 is indicative of Alzheimer's disease and/or dementia or an increased likelihood of developing Alzheimer's disease and/or dementia.
- 5
4. The method of claim 2, wherein determining the telomeres organization signature comprises detecting nuclear volume and a decrease in the nuclear volume in the test sample telomeres organization signature compared to the reference telomeres organization signature is indicative the subject has Alzheimer's disease and/or dementia or an increased risk of developing Alzheimer's disease and/or dementia.
- 10
5. The method of claim 4, wherein a decrease of at least 10, 20, 30, 40 or 50% in the nuclear volume in the test sample telomeres organization signature compared to the reference telomeres organization signature is indicative the subject has Alzheimer's disease and/or dementia or an increased risk of developing Alzheimer's disease and/or dementia.
- 15
6. The method of any one of claims 1 to 5, wherein determining the telomeres organization signature comprises quantitative FISH.
- 20
7. The method of any one of claims 1 to 6, wherein determining the telomeres organization signature comprises detecting telomeres with a relative fluorescent intensity of (a) less than 20000 units, (b) 20001-40000 units and (c) greater than 40001 units.
- 25
8. The method of any one of claims 1 to 7, wherein the determining and/or characterizing the telomeres organization signature comprises 3D analysis.
- 30
9. The method of any one of claims 1 to 8, wherein the sample comprises buccal cells, lymphocytes, leukocytes, peripheral blood mononuclear cells or fibroblast cells.

10. The method of any one of claims 1 to 9, wherein the Alzheimer's disease is mild Alzheimer's disease, moderate Alzheimer's disease or severe Alzheimer's disease.

5 11. The method of any one of claims 1 to 10, wherein the telomeres organization signature is determined on interphase telomeres.

12. A method for evaluating cells derived from a subject suspected of having or having Alzheimer's disease and/or dementia comprising:

- 10 a) obtaining a first cell test sample from the subject,
b) subsequently obtaining a second cell test sample from the subject,
c) assaying the first and second test sample to determine the telomeric organization signature of the test samples,
d) comparing the first test sample signature to the second test
15 signature, and
e) identifying differences or similarities between the first test sample signature to the second test sample signature;

wherein the telomeres organization signature of the test sample cell is indicative of the clinical outcome of the subject.

20

13. The method of claim 12, wherein a difference in the telomeres organization signature of the second test sample compared to the first test sample is indicative the subject has progressing Alzheimer's disease and/or dementia and/or ameliorating Alzheimer's disease and/or dementia and a lack of difference in the telomeres
25 organization signature of the second test sample compared to the first test sample is indicative of stable Alzheimer's disease and/or dementia.

14. The method of claim 12 comprising:

- a) obtaining a first cell test sample from the subject,

b) subsequently obtaining a second cell test sample from the subject after the subject has received one or more treatments,

c) assaying the first and second test samples to determine the telomeres organization signature of the test samples,

5 d) comparing the first test sample signature to the second test signature, and

e) identifying differences or similarities between the first test sample signature and the second test sample signature;

10 wherein a difference in the telomeres organization of the second test sample compared to the first test sample is indicative the subject is responding or not responding to the treatment.

15 15. The method of any one of claims 12 to 14, wherein determining the telomeres organization signature comprises quantitative FISH.

16. The method of any one of claims 12 to 15, wherein determining the telomeres organization signature comprises detecting telomeres with a relative fluorescent intensity of (a) less than 20000 units, (b) 20001-40000 units and (c) greater than 40001 units.

20 17. The method of any one of claims 12 to 16, wherein the determining and/or characterizing the telomeres organization signature comprises 3D analysis.

25 18. The method of any one of claims 12 to 17, wherein the difference in telomeres organization is telomere numbers and/or telomere length.

19. The method of any one of claims 12 to 18, wherein the sample comprises buccal cells, lymphocytes, leukocytes, peripheral blood mononuclear cells or fibroblast cells.

20. The method of any one of claims 12 to 19, wherein the telomeres organization signature is determined on interphase telomeres.

21. A method for evaluating cells derived from a subject suspected of having or
5 having Alzheimer's disease or dementia comprising:

(a) determining a telomeres organization signature of a test cell sample from a subject suspected of having or having Alzheimer's disease or dementia, determining the telomeres organization comprising determining one or more of telomere numbers, telomere length and nuclear volume, and

10 (b) detecting one or more of an increase in the telomere numbers, a decrease in telomere length and a decrease in the nuclear volume in the test cell sample telomeres organization signature compared to the reference telomeres organization signature.

15 22. The method of claim 21, wherein detecting one or more of an increase in the telomere numbers, a decrease in telomere length and a decrease in the nuclear volume in the test cell sample telomeres organization signature compared to the reference telomeres organization signature is indicative of Alzheimer's disease or dementia or an increased likelihood of developing Alzheimer's disease or dementia.

20

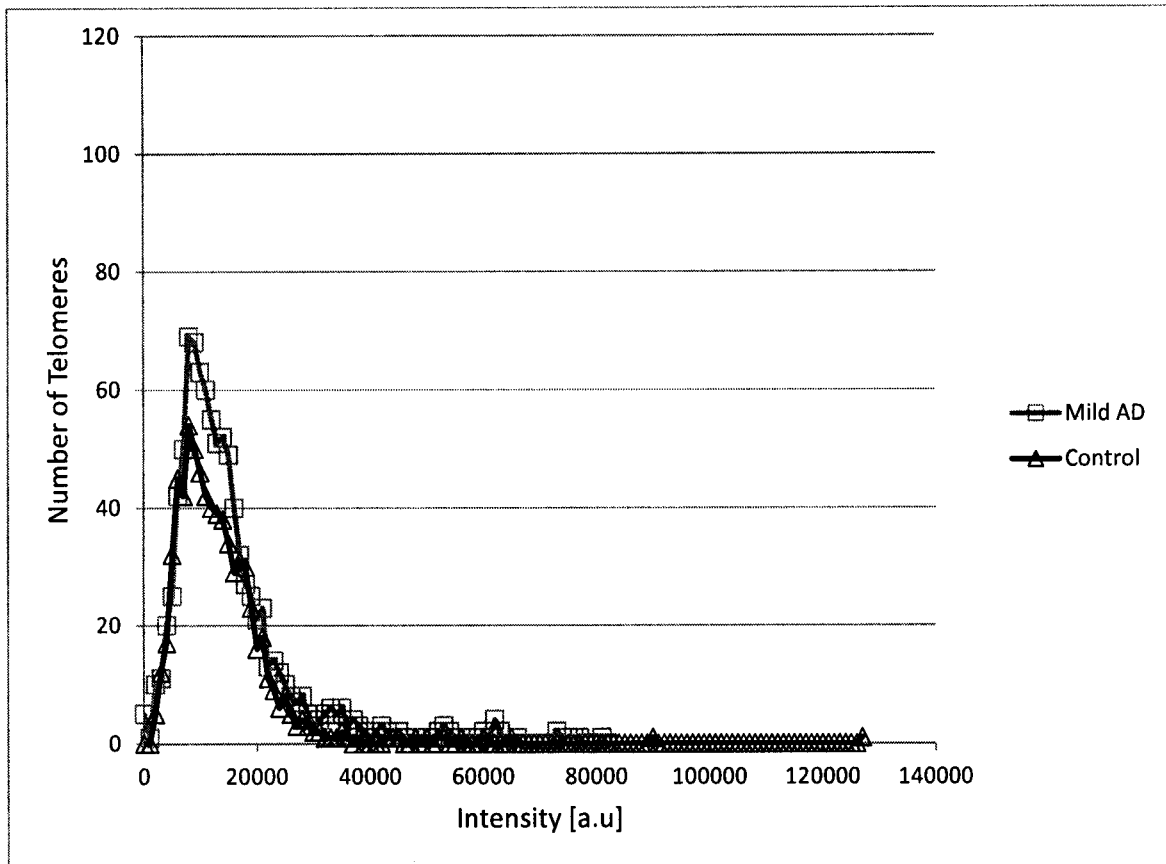


FIGURE 1A

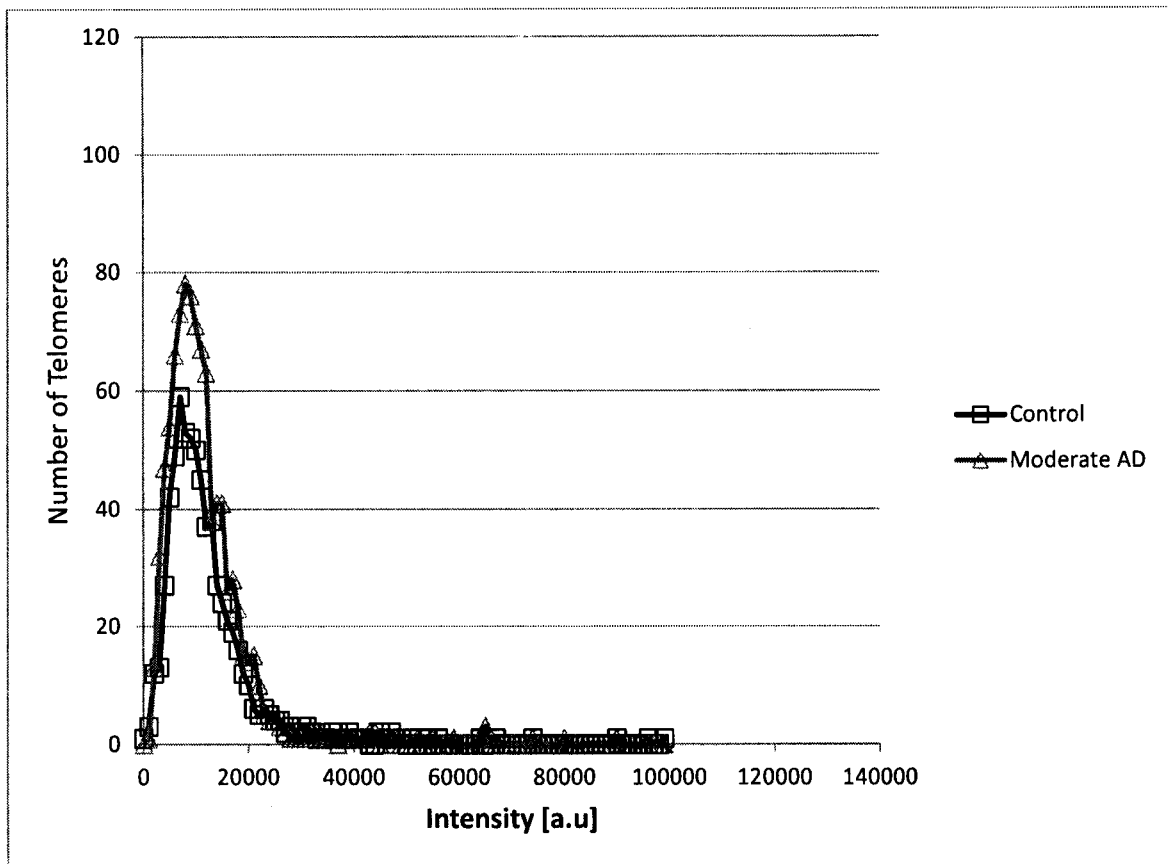


FIGURE 1B

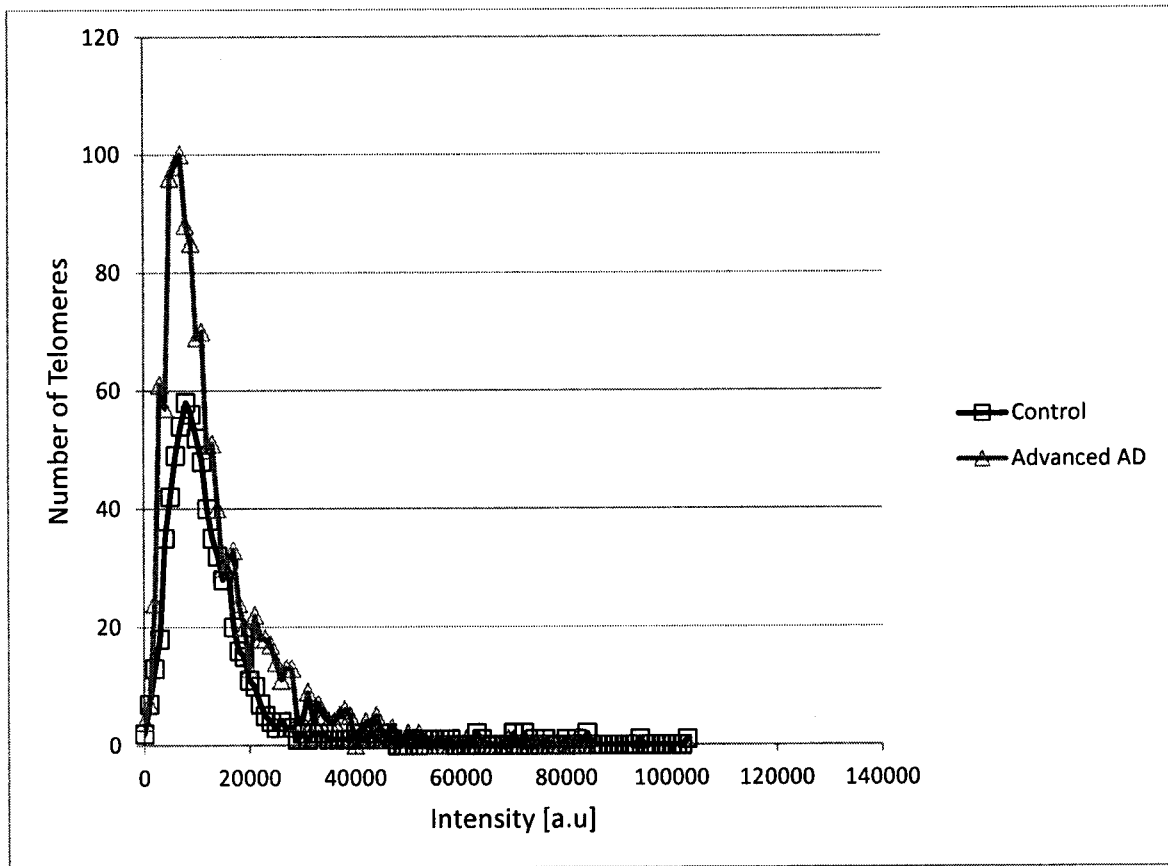


FIGURE 1C

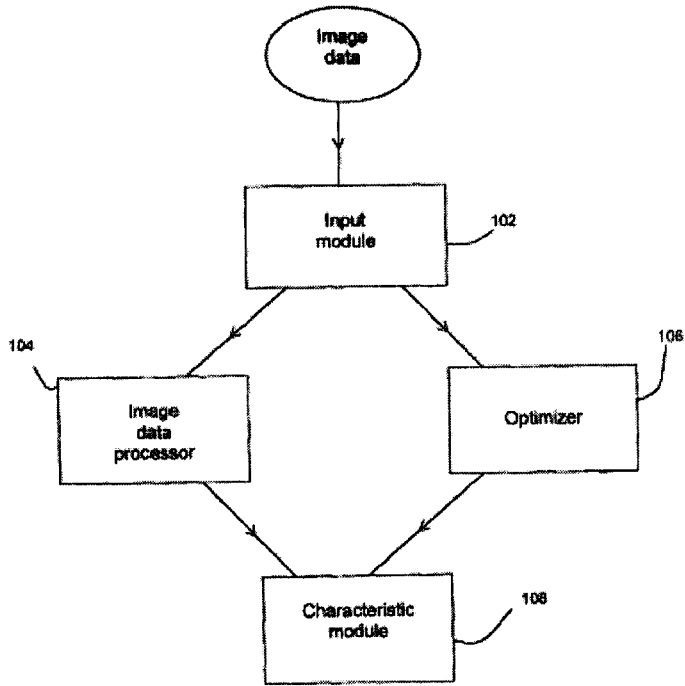


FIGURE 2

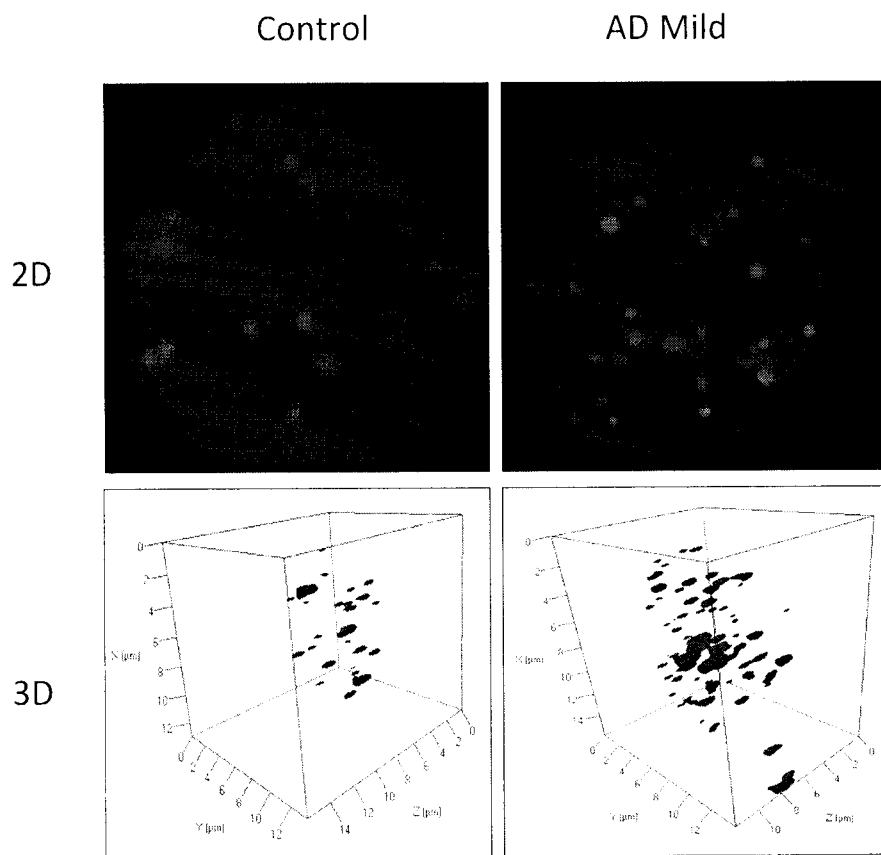


FIGURE 3A

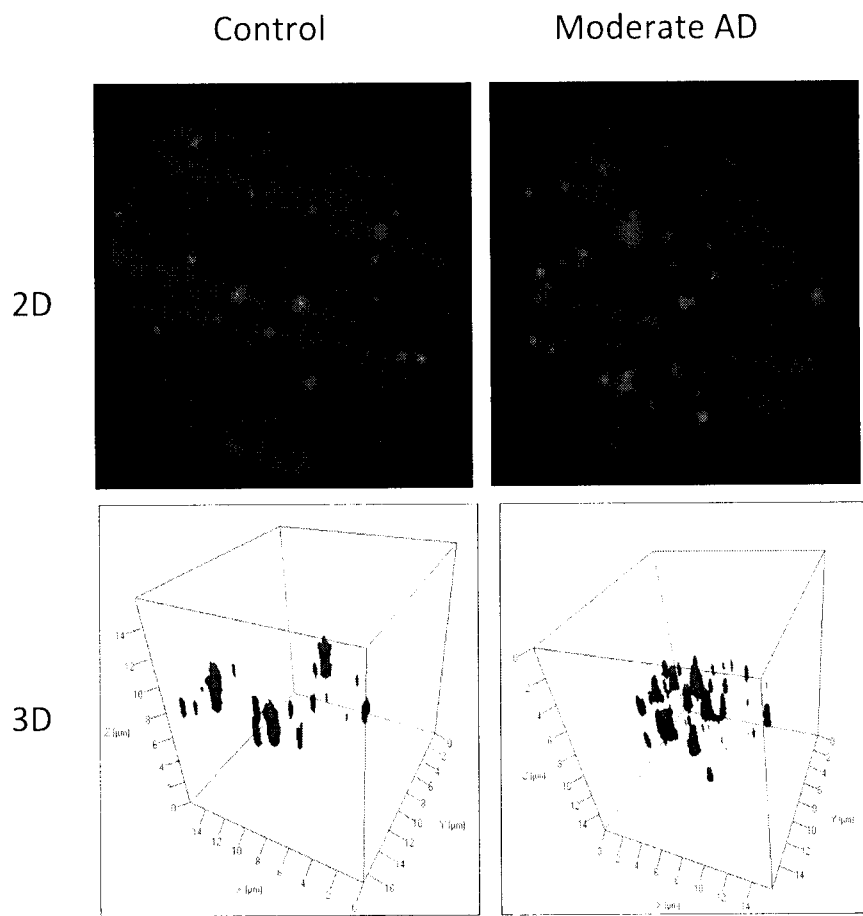


FIGURE 3B

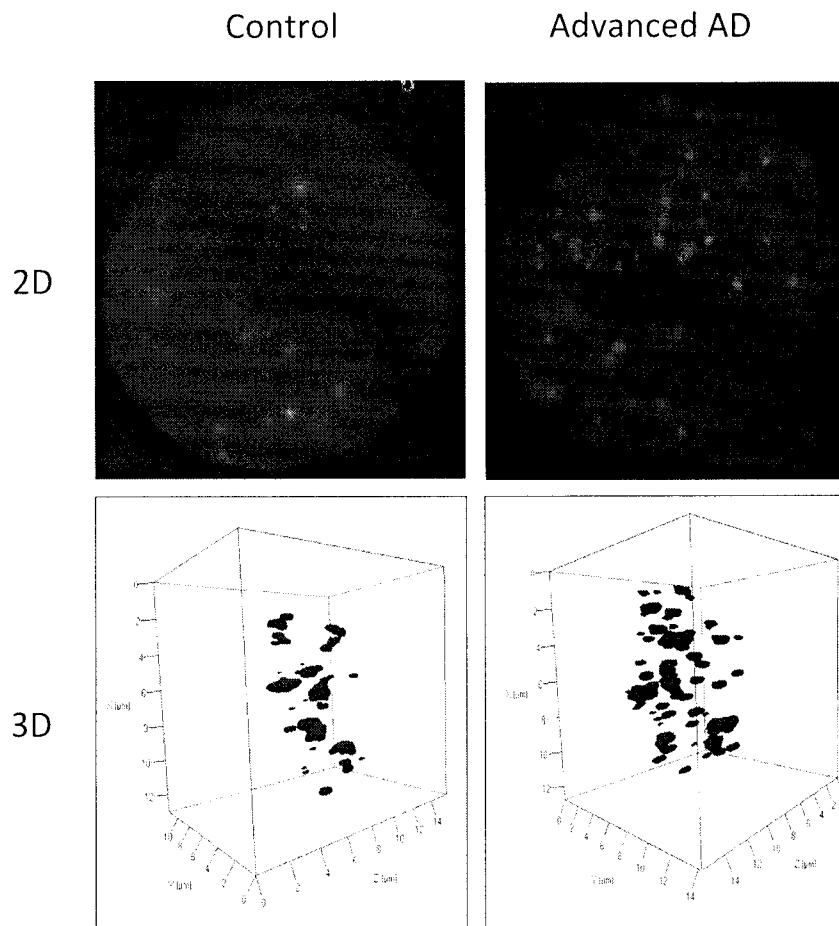


FIGURE 3C

INTERNATIONAL SEARCH REPORT

International application No.
PCT/CA2012/001 157

<p>A. CLASSIFICATION OF SUBJECT MATTER IPC: G01N 33/53 (2006.01) , G01N 33/58 (2006.01) According to International Patent Classification (IPC) or to both national classification and IPC</p>																	
<p>B. FIELDS SEARCHED</p> <p>Minimum documentation searched (classification system followed by classification symbols) IPC: G01N 33/53 (2006.01) , G01N 33/58 (2006.01)</p> <p>Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched</p> <p>Electronic database(s) consulted during the international search (name of database(s) and, where practicable, search terms used) TotalPatent, PubMed, Scopus, Intellect, Google search terms: telomere number length Alzheimer's buccal</p>																	
<p>C. DOCUMENTS CONSIDERED TO BE RELEVANT</p> <table border="1" style="width:100%; border-collapse: collapse;"> <thead> <tr> <th style="width:10%;">Category*</th> <th style="width:60%;">Citation of document, with indication, where appropriate, of the relevant passages</th> <th style="width:30%;">Relevant to claim No.</th> </tr> </thead> <tbody> <tr> <td align="center">A</td> <td>Thomas et al, "Telomere length in white blood cells, buccal cells and brain tissue and its variation with ageing and Alzheimer's disease" , <i>Mechanisms of Ageing and Development</i>, 129(4): 183-190, 2008, see entire document</td> <td align="center">1-3, 6-22</td> </tr> <tr> <td align="center">A</td> <td>Panossian et al, "Telomere shortening in T cells correlates with Alzheimer's disease status", <i>Neurobiology of Aging</i>, 24(1): 77-84, 2003, see entire document</td> <td align="center">1-3, 6-22</td> </tr> <tr> <td align="center">A</td> <td>Jenkins et al, "Increased "absence" of telomeres may indicate Alzheimer's disease/dementia status in older individuals with Down syndrome", <i>Neuroscience Letters</i>, 440(3): 340-343, 2008, see entire document</td> <td align="center">1-3, 6-22</td> </tr> <tr> <td align="center">A</td> <td>De Vos et al, "Controlled light exposure microscopy reveals dynamic telomere microtubules throughout the cell cycle". <i>Cytometry Part A</i>, 75A: 428-439, 2009, see entire document</td> <td align="center">1-3, 6-22</td> </tr> </tbody> </table>			Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.	A	Thomas et al, "Telomere length in white blood cells, buccal cells and brain tissue and its variation with ageing and Alzheimer's disease" , <i>Mechanisms of Ageing and Development</i> , 129(4): 183-190, 2008, see entire document	1-3, 6-22	A	Panossian et al, "Telomere shortening in T cells correlates with Alzheimer's disease status", <i>Neurobiology of Aging</i> , 24(1): 77-84, 2003, see entire document	1-3, 6-22	A	Jenkins et al, "Increased "absence" of telomeres may indicate Alzheimer's disease/dementia status in older individuals with Down syndrome", <i>Neuroscience Letters</i> , 440(3): 340-343, 2008, see entire document	1-3, 6-22	A	De Vos et al, "Controlled light exposure microscopy reveals dynamic telomere microtubules throughout the cell cycle". <i>Cytometry Part A</i> , 75A: 428-439, 2009, see entire document	1-3, 6-22
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<p><input type="checkbox"/> Further documents are listed in the continuation of Box C. <input type="checkbox"/> See patent family annex.</p>																	
<table style="width:100%;"> <tr> <td style="width:50%; vertical-align: top;"> <p>* Special categories of cited documents :</p> <p>"A" document defining the general state of the art which is not considered to be of particular relevance</p> <p>"E" earlier application or patent but published on or after the international filing date</p> <p>"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)</p> <p>"O" document referring to an oral disclosure, use, exhibition or other means</p> <p>"P" document published prior to the international filing date but later than the priority date claimed</p> </td> <td style="width:50%; vertical-align: top;"> <p>"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention</p> <p>"X" document of particular relevance : the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone</p> <p>"Y" document of particular relevance: the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art</p> <p>"&" document member of the same patent family</p> </td> </tr> </table>			<p>* Special categories of cited documents :</p> <p>"A" document defining the general state of the art which is not considered to be of particular relevance</p> <p>"E" earlier application or patent but published on or after the international filing date</p> <p>"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)</p> <p>"O" document referring to an oral disclosure, use, exhibition or other means</p> <p>"P" document published prior to the international filing date but later than the priority date claimed</p>	<p>"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention</p> <p>"X" document of particular relevance : the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone</p> <p>"Y" document of particular relevance: the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art</p> <p>"&" document member of the same patent family</p>													
<p>* Special categories of cited documents :</p> <p>"A" document defining the general state of the art which is not considered to be of particular relevance</p> <p>"E" earlier application or patent but published on or after the international filing date</p> <p>"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)</p> <p>"O" document referring to an oral disclosure, use, exhibition or other means</p> <p>"P" document published prior to the international filing date but later than the priority date claimed</p>	<p>"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention</p> <p>"X" document of particular relevance : the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone</p> <p>"Y" document of particular relevance: the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art</p> <p>"&" document member of the same patent family</p>																
<p>Date of the actual completion of the international search</p> <p>08 March 2013 (08-03-2013)</p>		<p>Date of mailing of the international search report</p> <p>03 April 2013 (03-04-2013)</p>															
<p>Name and mailing address of the ISA/CA</p> <p>Canadian Intellectual Property Office Place du Portage I, CI 14 - 1st Floor, Box PCT 50 Victoria Street Gatineau, Quebec K1A 0C9 Facsimile No.: 001-819-953-2476</p>		<p>Authorized officer</p> <p>Kathryn Blackwell 8 19-934-9088</p>															

Box No. II Observations where certain claims were found unsearchable (Continuation of item 2 of the first sheet)

This international search report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons :

1. Claim Nos. :
because they relate to subject matter not required to be searched by this Authority, namely :

2. Claim Nos. : 1-22 (partially)
because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out, specifically :

see extra sheet

3. Claim Nos. :
because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

Box No. III Observations where unity of invention is lacking (Continuation of item 3 of first sheet)

This International Searching Authority found multiple inventions in this international application, as follows :

see extra sheet

1. As all required additional search fees were timely paid by the applicant, this international search report covers all searchable claims.
2. As all searchable claims could be searched without effort justifying additional fees, this Authority did not invite payment of additional fees.
3. As only some of the required additional search fees were timely paid by the applicant, this international search report covers only those claims for which fees were paid, specifically claim Nos. :
4. No required additional search fees were timely paid by the applicant. Consequently, this international search report is restricted to the invention first mentioned in the claims; it is covered by claim Nos. :

1, 2, 6-22 (partially); 3 (completely), wherein the telomere organization signature comprises telomere number

- Remark on Protest** The additional search fees were accompanied by the applicant's protest and, where applicable, the payment of a protest fee.
- The additional search fees were accompanied by the applicant's protest but the applicable protest fee was not paid within the time limit specified in the invitation.
- No protest accompanied the payment of additional search fees.

Continuation of Box No. II

Claims 1-22 (partially) encompass embodiments with insufficient technical features. The application lacks sufficient disclosure to render a meaningful search over the whole of the claimed scope possible, and provides adequate disclosure within the meaning of Article 5 for only the evaluation of a subject suspected of having Alzheimer's disease. The application as originally filed lacks support for the evaluation of a subject suspected of having dementia. The only subjects tested in the examples were those diagnosed with Alzheimer's disease and healthy age-matched controls. None of the test subjects had other forms of dementia.

Continuation of Box No. III

Reference is made to the following documents:

- D1: Thomas et al, "Telomere length in white blood cells, buccal cells and brain tissue and its variation with ageing and Alzheimer's disease". *Mechanisms of Ageing and Development*, 129(4): 183-190, 2008
- D2: Panossian et al, "Telomere shortening in T cells correlates with Alzheimer's disease status". *Neurobiology of Aging*. 24(1): 77-84, 2003

The claims are directed to a plurality of inventive concepts as follows:

Group 1 - Claims 1, 2, 6-22 (partialh); 3 (completely) are directed to a method for evaluating cells from a subject suspected of having Alzheimer's disease comprising determining the telomere number.

Group 2 - Claims 1, 2, 6, 8-15, 17, 19-22 (partialh); 4, 5 (completely) are directed to a method for evaluating cells from a subject suspected of having Alzheimer's disease comprising determining the nuclear volume.

Group 3 - Claims 1, 2, 6-22 (partialh) are directed to a method for evaluating cells from a subject suspected of having Alzheimer's disease comprising determining the telomere lengths.

Groups 4-7 - Claims 1-22 (partialh) are directed to a method for evaluating cells from a subject suspected of having Alzheimer's disease comprising determining a combination of telomere number, telomere length, and nuclear volume.

The claims must be limited to one inventive concept as set out in Rule 13 of the PCT. The correlation of each distinct telomere organization signature component (i.e. telomere number, telomere length, nuclear volume) with a disease state is considered to be directed to separate alleged inventive concepts. Further, combinations of each telomere organization signature component are also considered to be directed to separate alleged inventive concepts.

The common concept linking the subjects is determining a telomere organization signature of the test sample and comparing to controls. However, D1 and D2 already disclose the determination of the telomere organization signature, when it comprises telomere length, as being indicative of Alzheimer's disease. As such, there exists neither a common concept nor common or corresponding special technical features forming a contribution over the prior art.

Claims 1-22 (partially) encompass embodiments with insufficient technical features. The application lacks sufficient disclosure to render a meaningful search over the whole of the claimed scope possible, and provides adequate disclosure within the meaning of Article 5 for only the evaluation of a subject suspected of having Alzheimer's disease. The application as originally filed lacks support for the evaluation of a subject suspected of having dementia. The only subjects tested in the examples were those diagnosed with Alzheimer's disease and healthy age-matched controls. None of the test subjects had other forms of dementia. Consequently, the groups of claims directed to a plurality of alleged inventive concepts have been established for the parts of the application which appear to be clear and supported, namely claims 1-22 wherein the subject is suspected of having Alzheimer's disease.

专利名称(译)	诊断阿尔茨海默病的方法		
公开(公告)号	EP2791676A1	公开(公告)日	2014-10-22
申请号	EP2012857141	申请日	2012-12-17
[标]申请(专利权)人(译)	MAI SABINE GARCIA ANGELES		
申请(专利权)人(译)	MAI, SABINE GARCIA, 洛杉矶		
当前申请(专利权)人(译)	MAI, SABINE GARCIA, 洛杉矶		
[标]发明人	MAI SABINE GARCIA ANGELES		
发明人	MAI, SABINE GARCIA, ANGELES		
IPC分类号	G01N33/53 G01N33/58 G01N33/68		
CPC分类号	G01N33/6875 G01N33/6896 G01N2800/2821 C12Q1/6883 C12Q2600/112 C12Q2600/118 C12Q2600/156		
优先权	61/576168 2011-12-15 US 2771621 2012-03-09 CA		
其他公开文献	EP2791676A4		
外部链接	Espacenet		

摘要(译)

一种在受试者中诊断阿尔茨海默氏病的方法，包括：a) 确定和/或表征来自受试者的测试样品中细胞的端粒组织；其中与对照相比，测试样品细胞中端粒组织的差异，例如端粒的数量和/或长度表明受试者患有阿尔茨海默氏病或患阿尔茨海默病的风险增加。