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(19) **United States**(12) **Patent Application Publication**  
**Azarbarzin et al.**(10) **Pub. No.: US 2010/0234687 A1**(43) **Pub. Date: Sep. 16, 2010**(54) **SURGICAL INSTRUMENTS WITH  
IMPROVED DEXTERITY FOR USE IN  
MINIMALLY INVASIVE SURGICAL  
PROCEDURES**61/091,335, filed on Aug. 22, 2008, provisional appli-  
cation No. 61/104,532, filed on Oct. 10, 2008.**Publication Classification**(75) Inventors: **Kurt Azarbarzin**, Fairfield, CT  
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606/190**

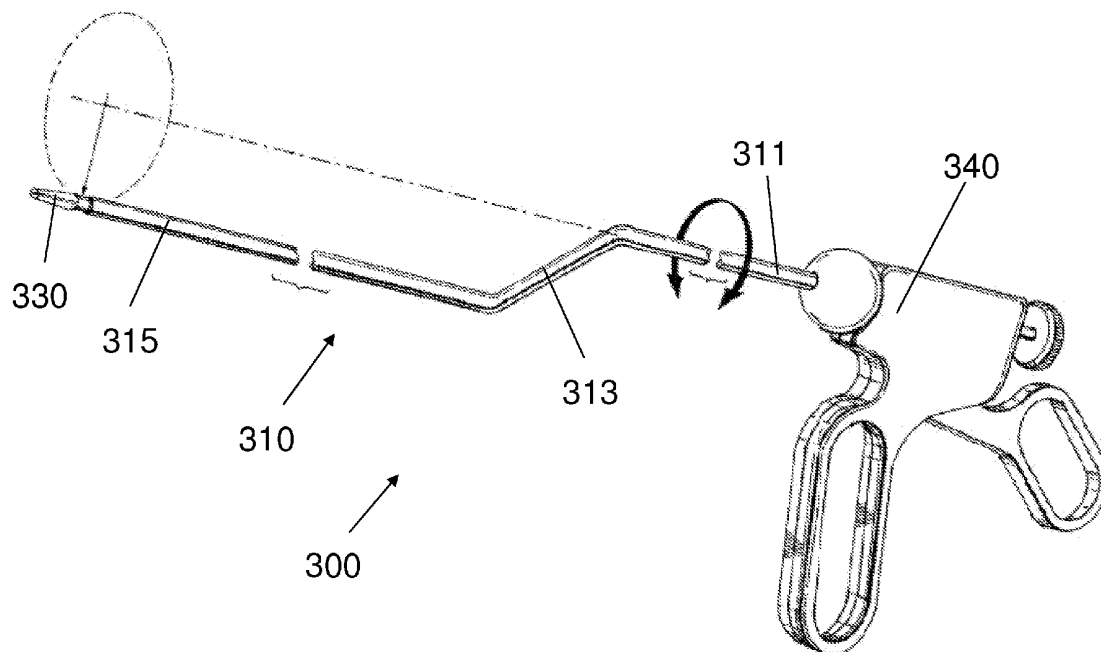
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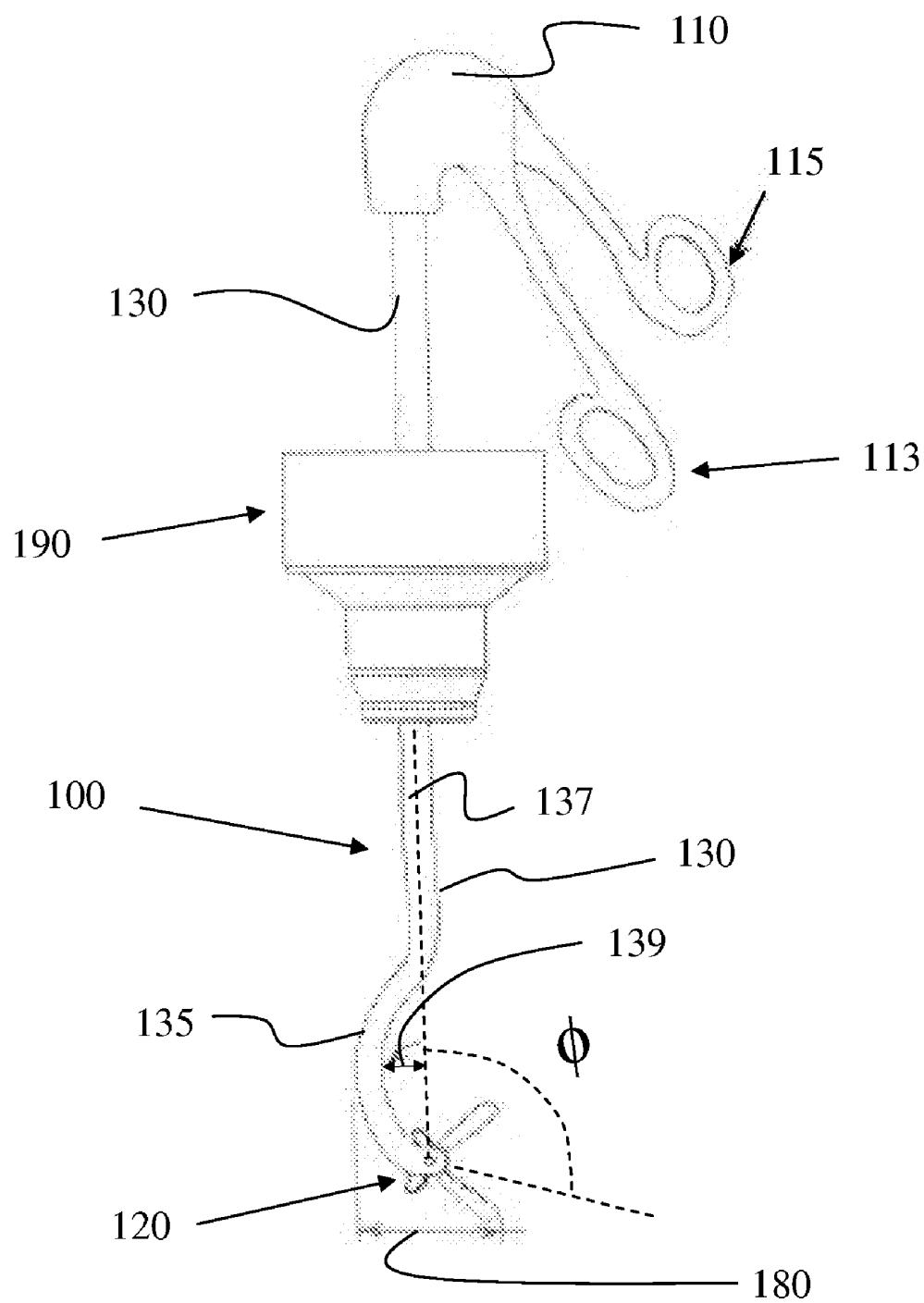
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**BOSTON, MA 02205 (US)**(73) Assignee: **SurgiQuest, Inc.**, Orange, CT (US)(21) Appl. No.: **12/789,643**(22) Filed: **May 28, 2010****Related U.S. Application Data**(63) Continuation of application No. PCT/US2008/  
085081, filed on Nov. 28, 2008.(60) Provisional application No. 60/991,150, filed on Nov.  
29, 2007, provisional application No. 61/053,038,  
filed on May 14, 2008, provisional application No.

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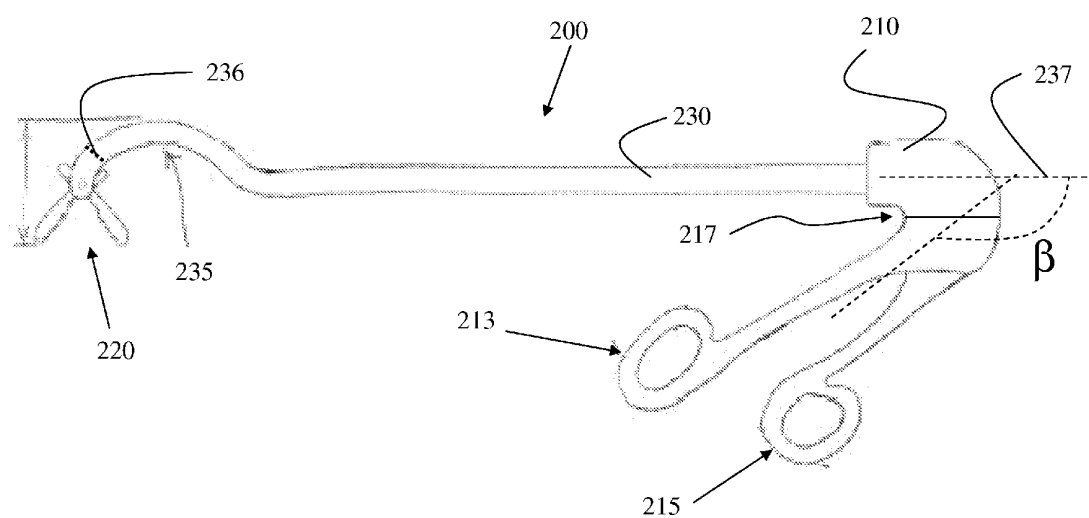
**ABSTRACT**

A surgical instrument adapted and configured for use in mini-  
mally invasive surgical procedures includes a shaft, an end  
effector and a proximal handle. The longitudinal shaft has  
proximal and distal end portions, and defines a longitudinal  
axis of the surgical instrument. The distal end effector is  
connected to the distal end portion of the shaft, and is adapted  
and configured for performing a surgical task. The proximal  
handle portion is operably connected to the proximal end  
portion of the longitudinal shaft and has an actuatable portion  
operably connected to the end effector to result in movement  
of the end effector. The distal end portion of the shaft can be  
laterally offset from the longitudinal axis of the shaft and/or  
have one or more bends or curves formed therein. The proxi-  
mal portion of the shaft can include at least one bend to allow  
for comfortable positioning of a surgeon's hands.

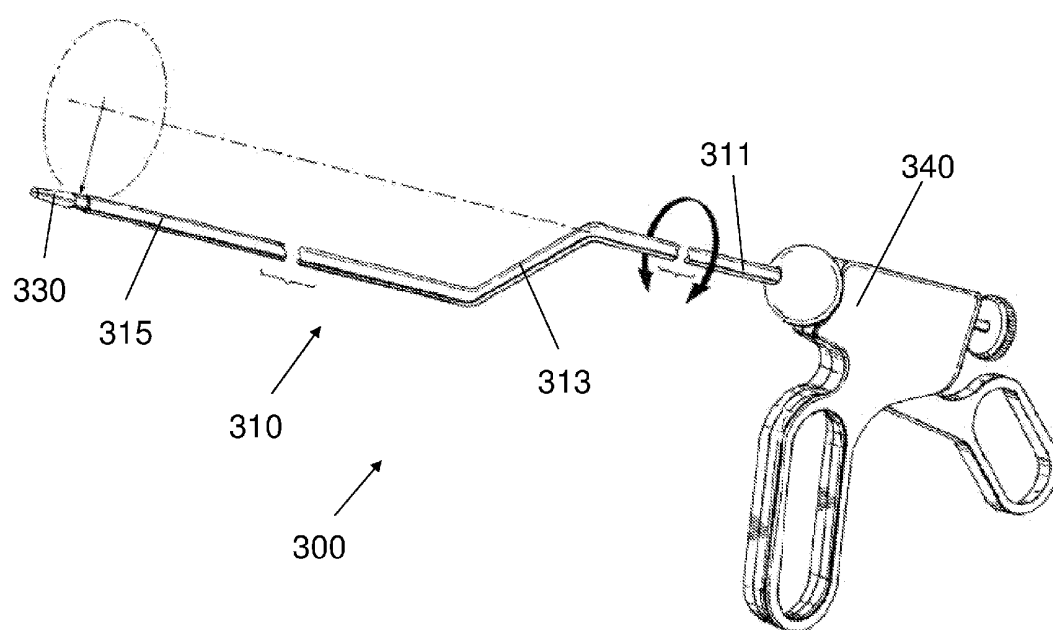




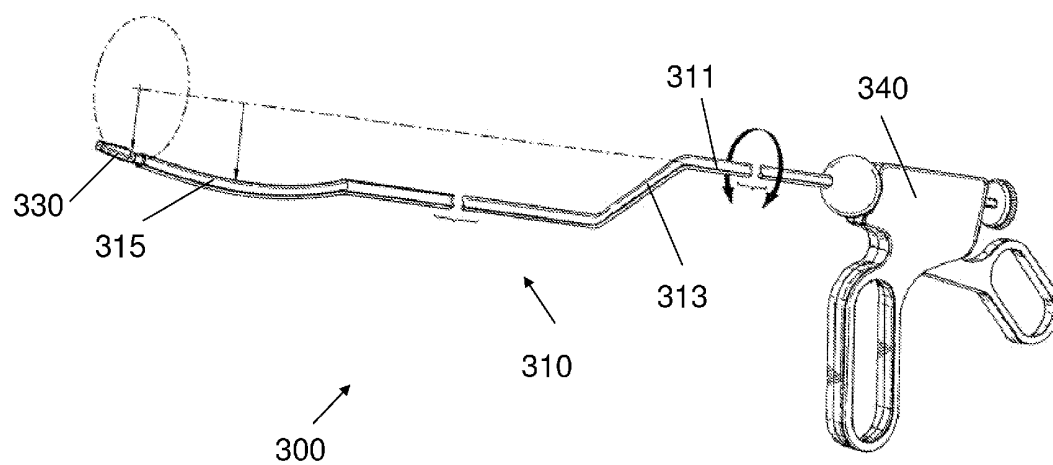
**Fig. 1**



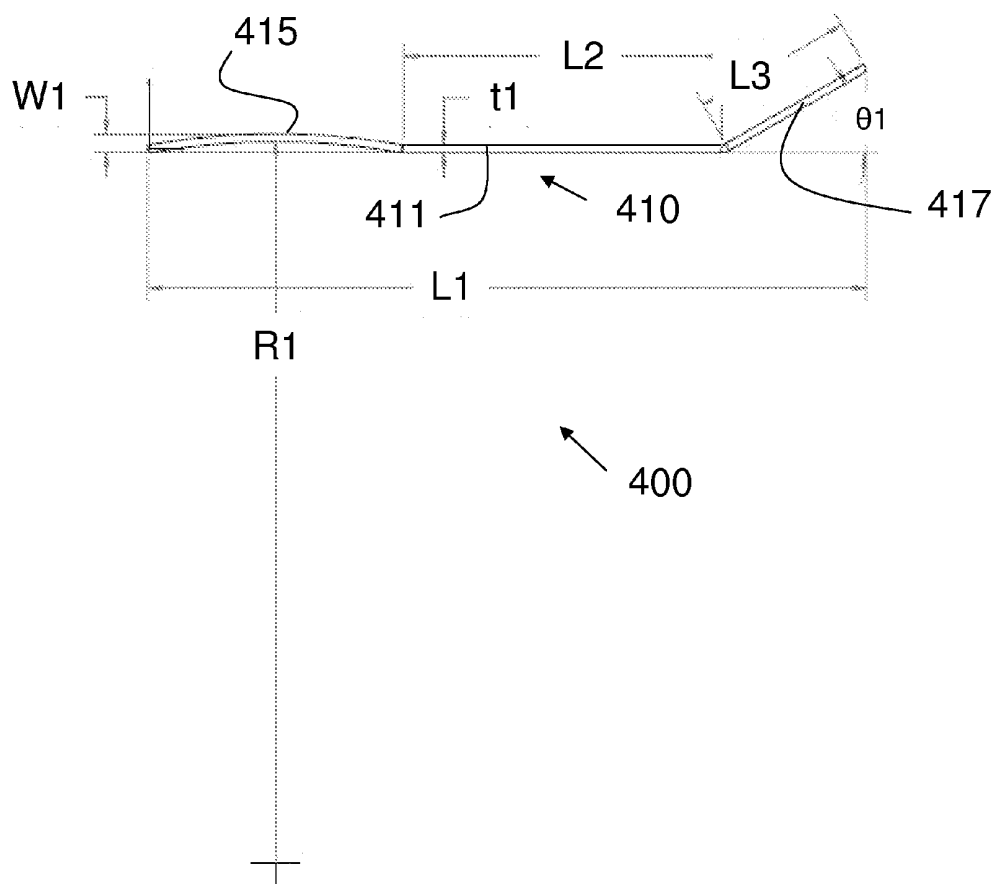
**Fig. 2**



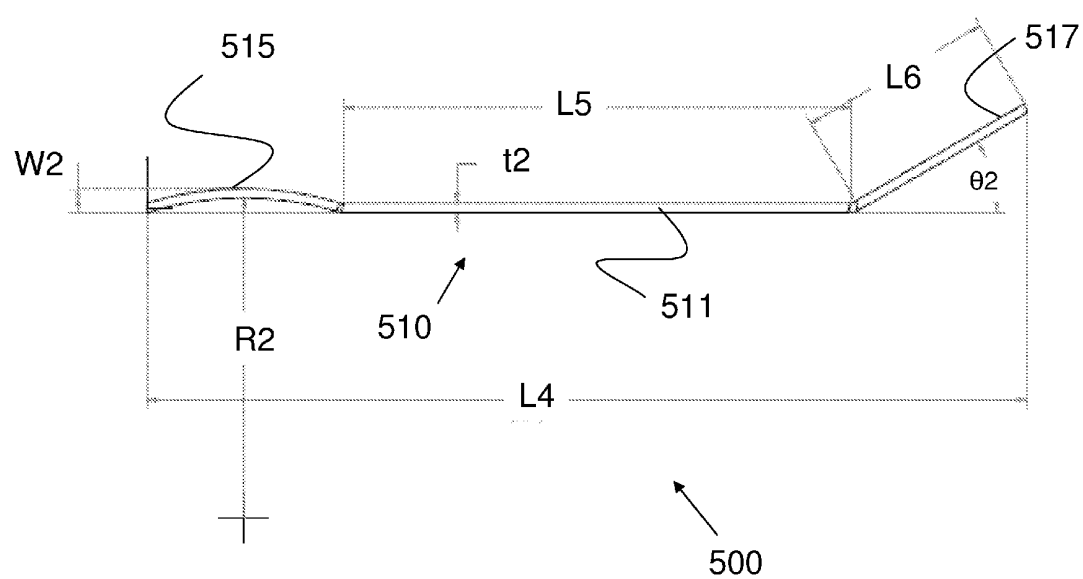
**Fig. 3a**



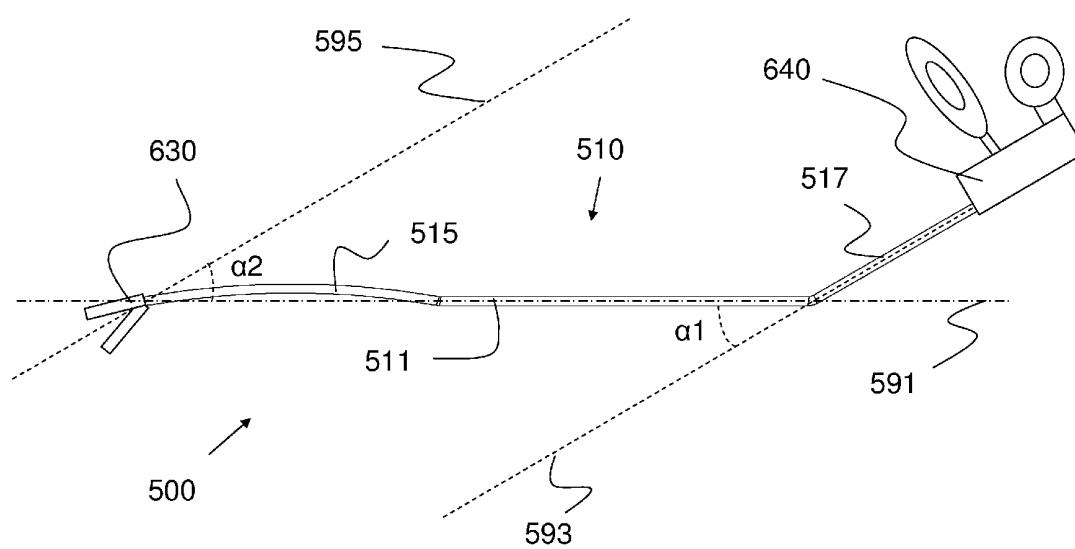
**Fig. 3b**



**Fig. 4**

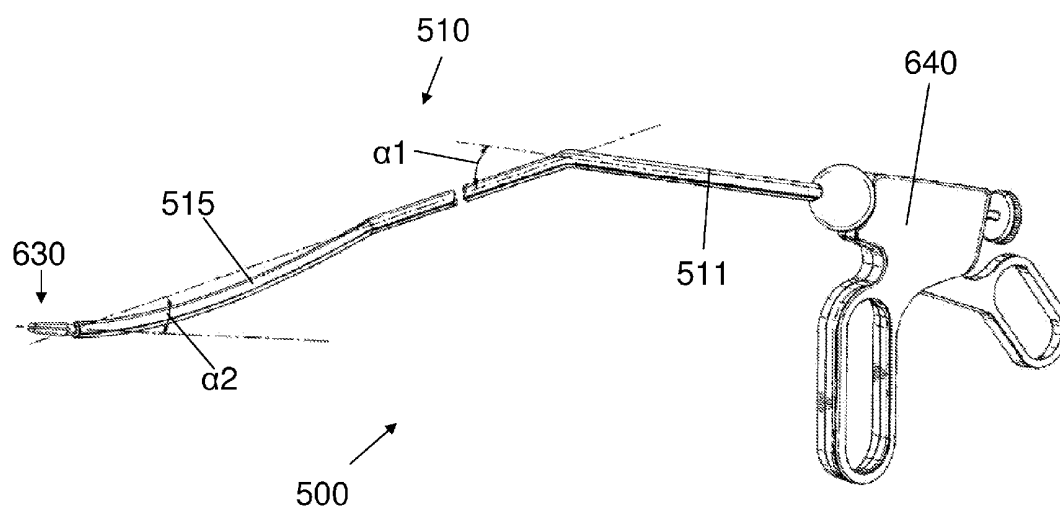


**Fig. 5**

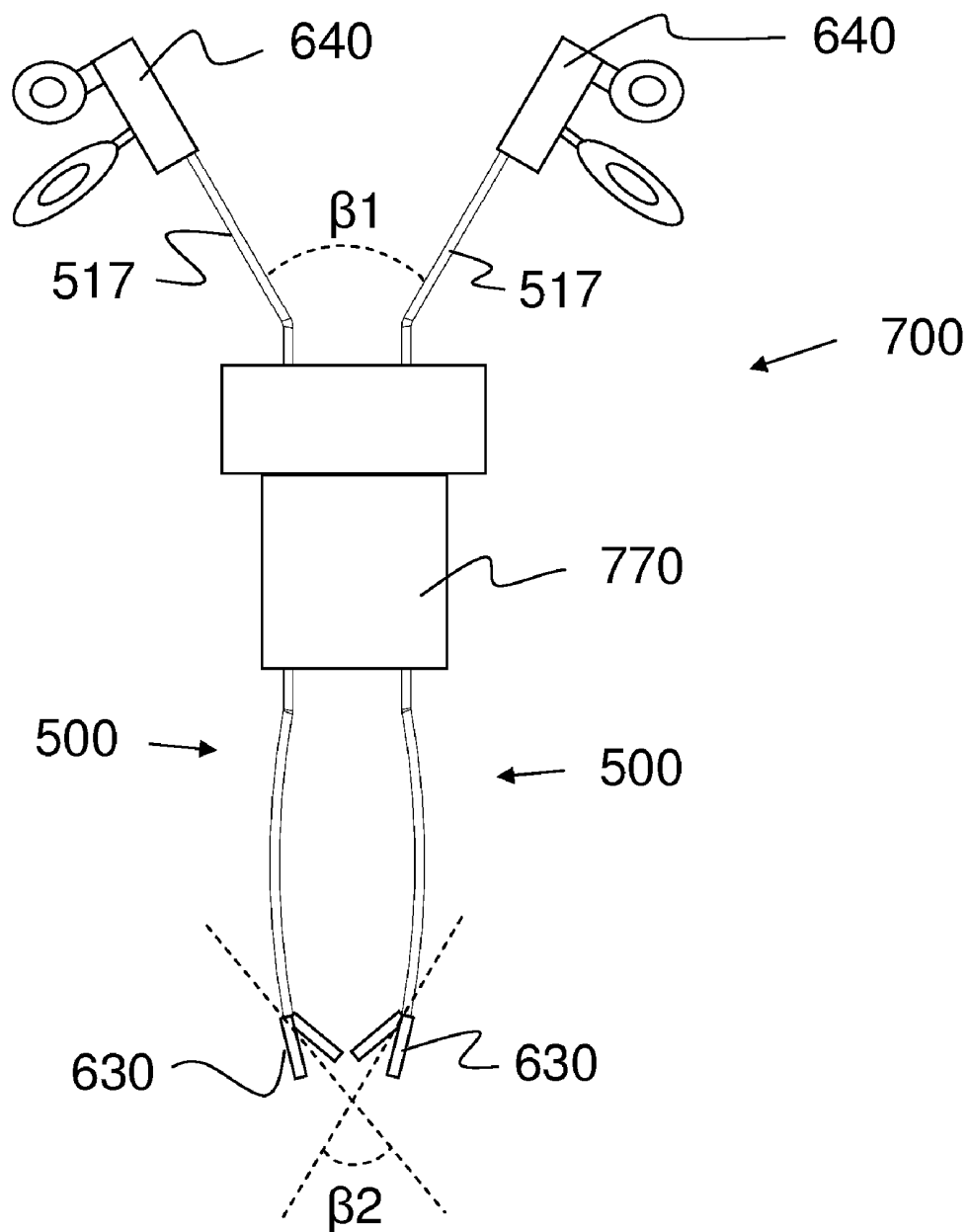


**Fig. 6a**

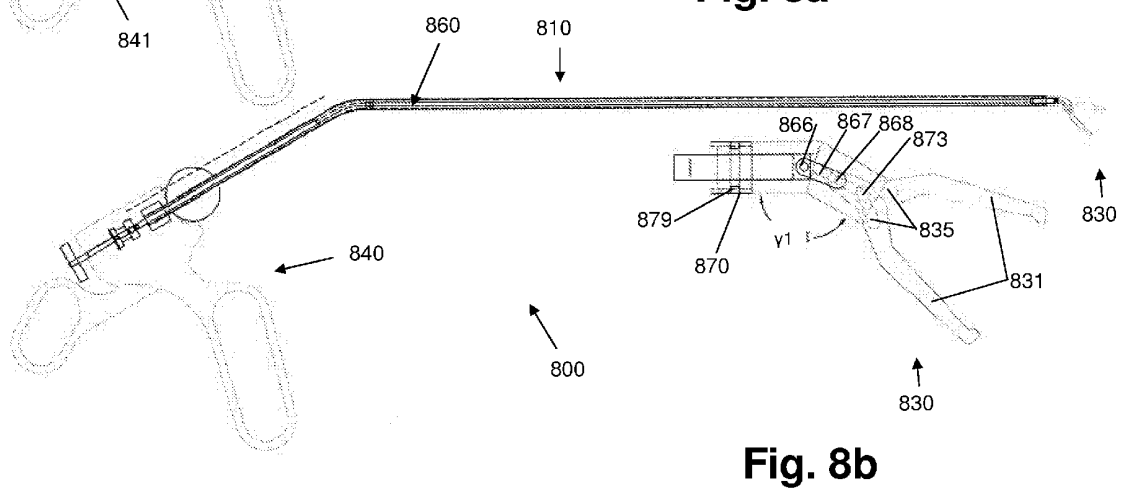
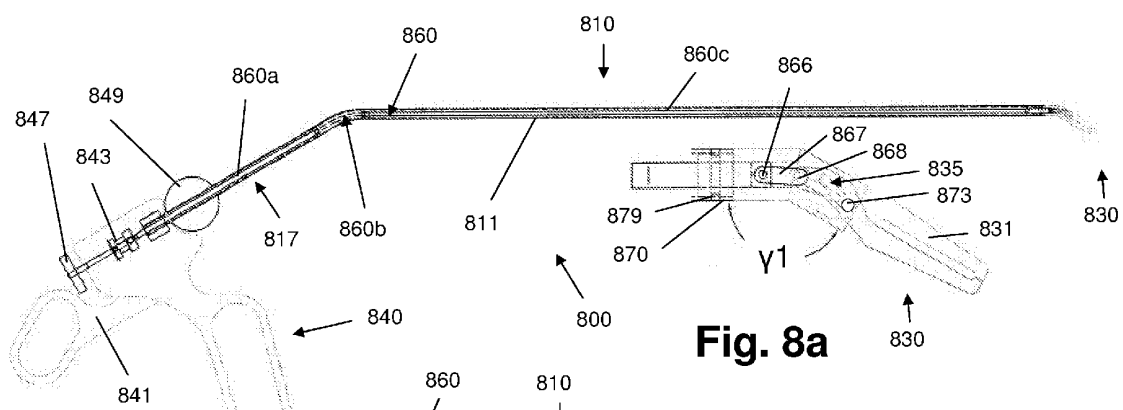


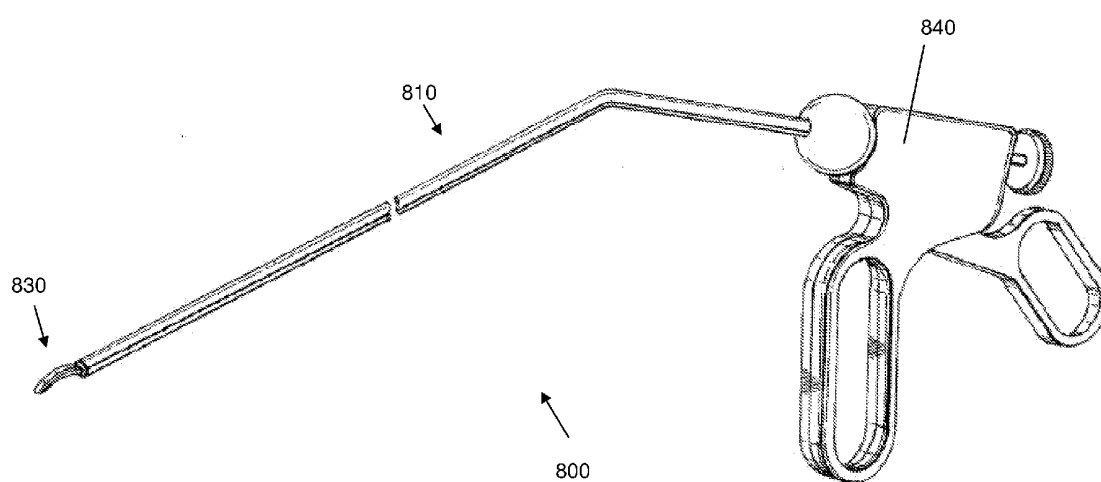


**Fig. 6b**

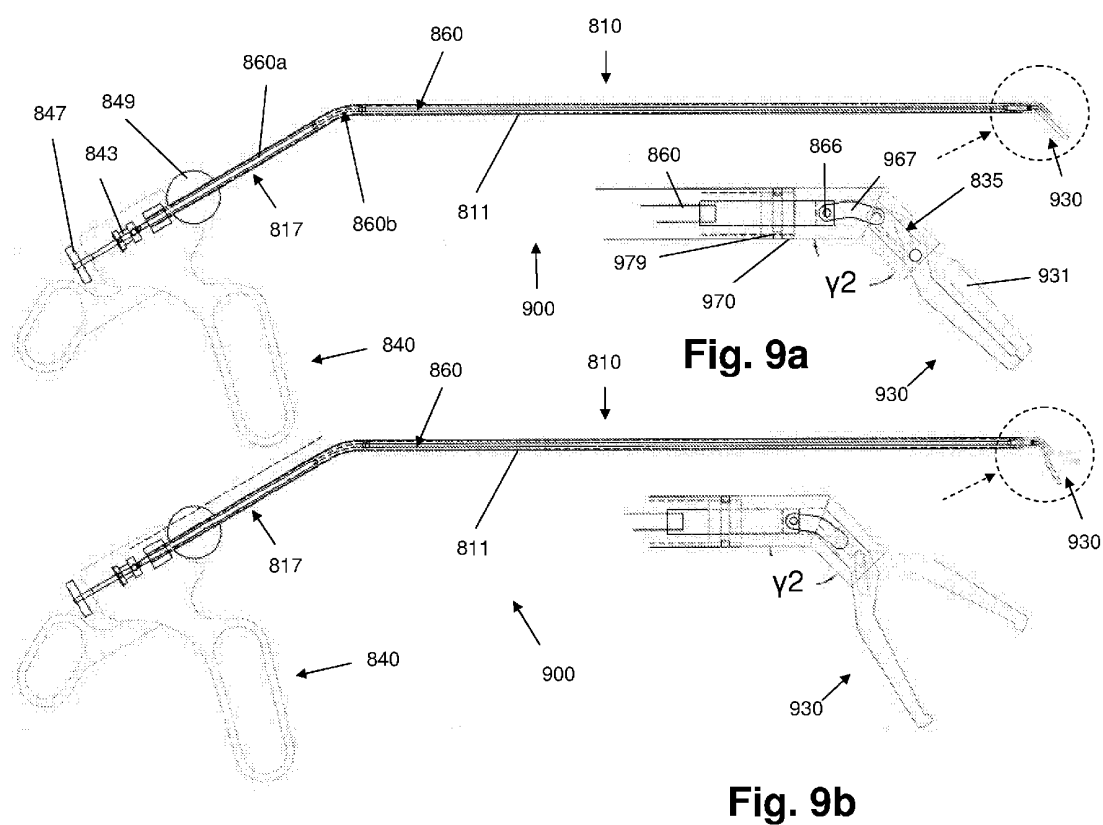


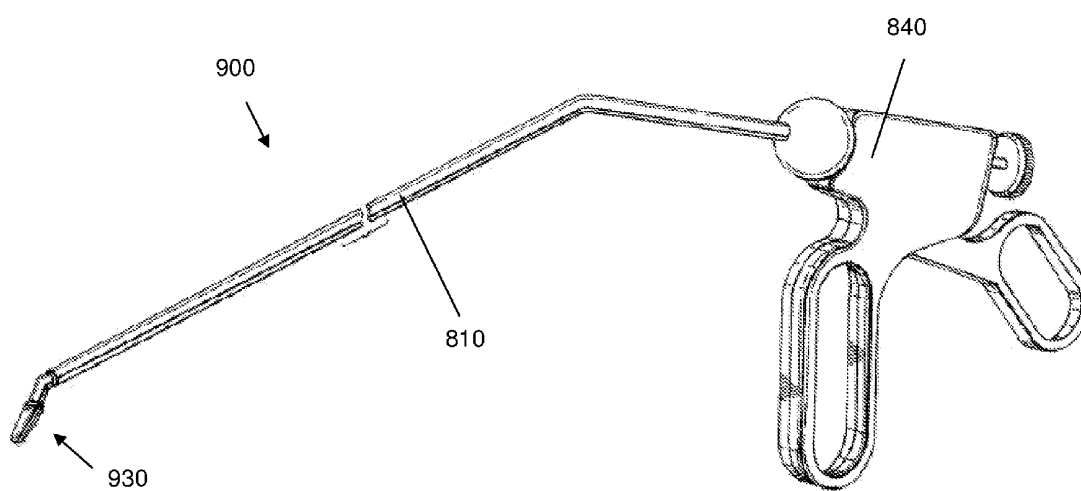
**Fig. 7**



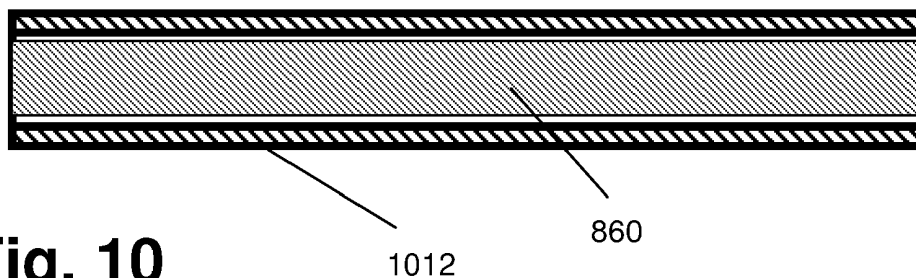


**Fig. 8c**

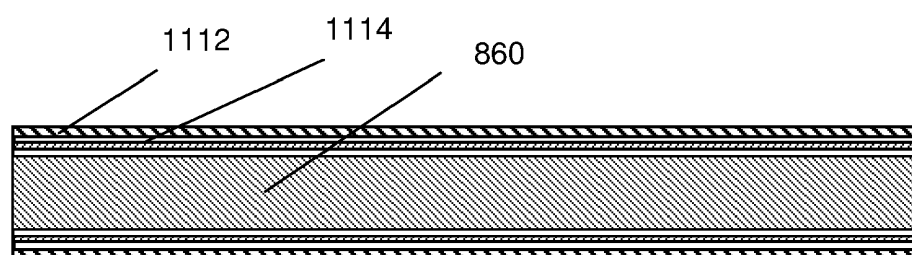




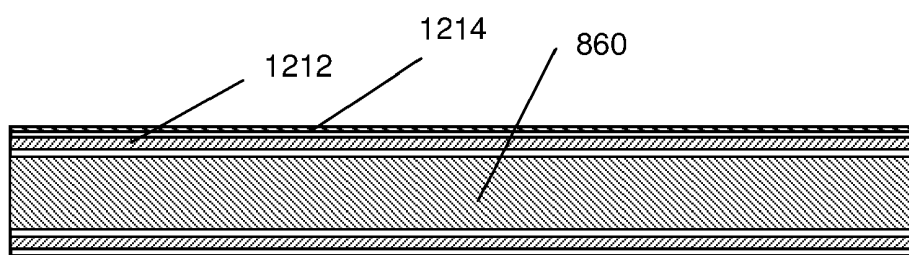
**Fig. 9c**



**Fig. 10**



**Fig. 11**



**Fig. 12**

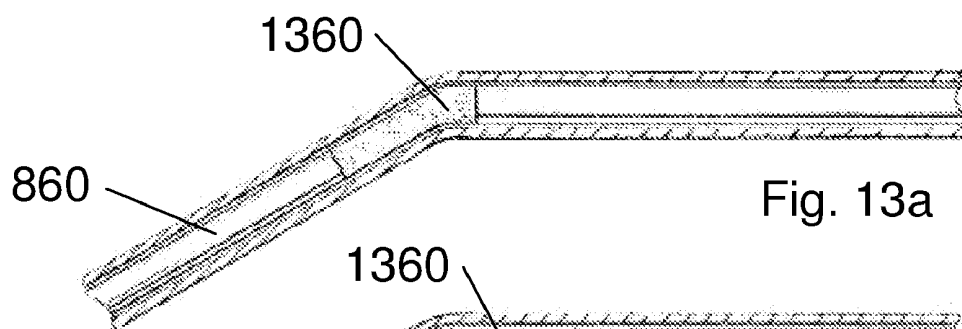


Fig. 13a

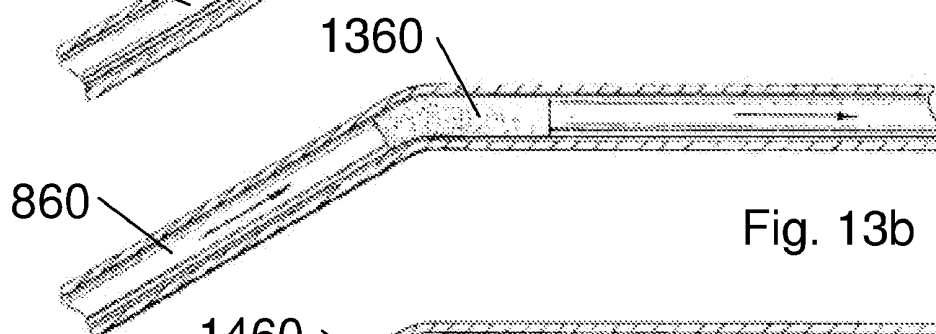


Fig. 13b

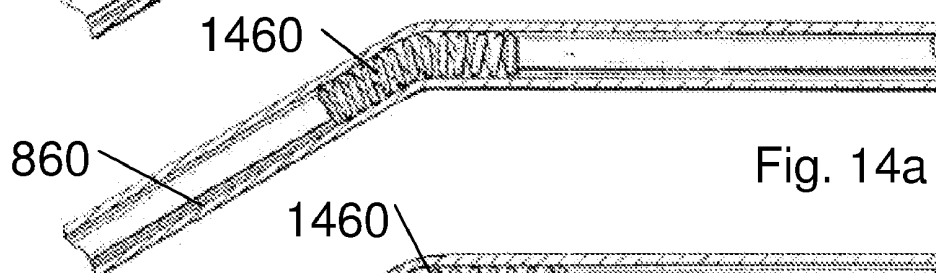


Fig. 14a

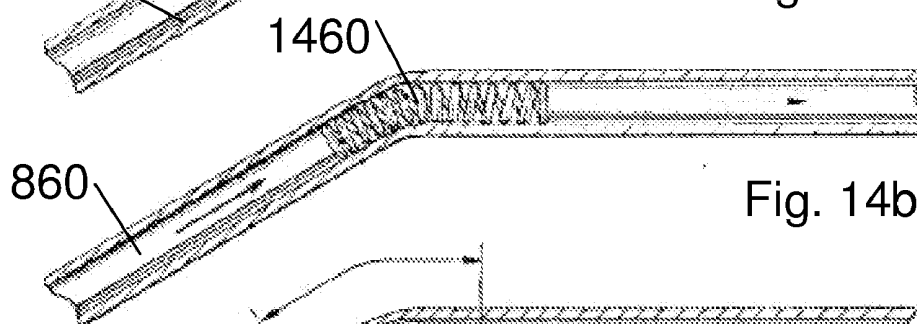


Fig. 14b

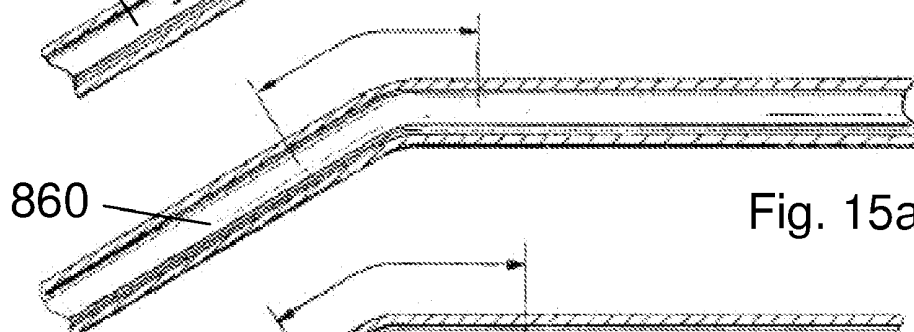


Fig. 15a

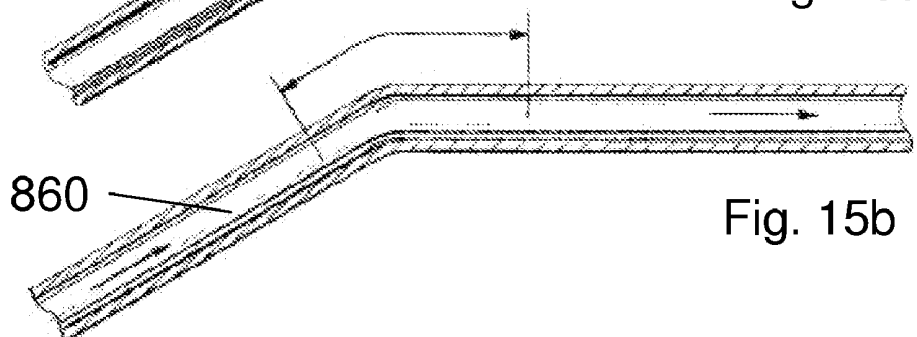
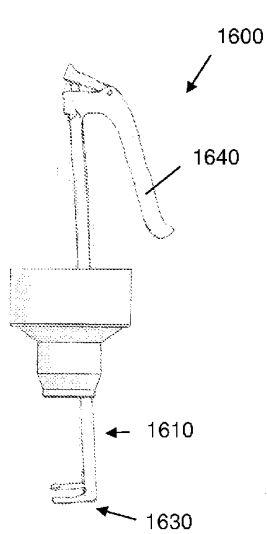
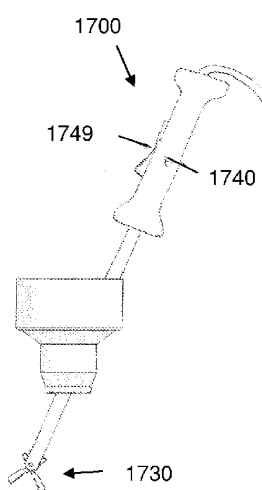


Fig. 15b

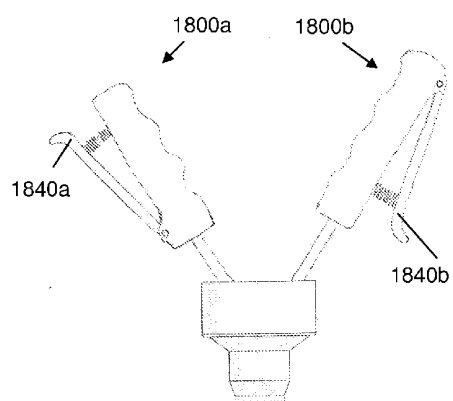




**Fig. 16**



**Fig. 17**



**Fig. 18**

**SURGICAL INSTRUMENTS WITH  
IMPROVED DEXTERITY FOR USE IN  
MINIMALLY INVASIVE SURGICAL  
PROCEDURES**

**CROSS-REFERENCE TO RELATED  
APPLICATIONS**

**[0001]** This application claims the benefit of priority to International Patent Application No. PCT/US2008/085081, which in turn claims the benefit of priority to U.S. Patent Application Ser. No. 60/991,150 filed Nov. 29, 2007, U.S. Patent Application Ser. No. 61/053,038 filed May 14, 2008, U.S. Patent Application Ser. No. 61/091,335 filed Aug. 22, 2008, and U.S. Patent Application Ser. No. 61/104,532 filed Oct. 10, 2008. Each of the aforementioned patent applications is incorporated herein by reference in its entirety.

**FIELD OF THE INVENTION**

**[0002]** The present invention relates to instruments for use in minimally invasive surgical procedures and methods relating thereto. Particularly, the present invention is directed to instruments having an elongated shaft, an actuator at a proximal end and an effector at a distal end thereof, and to surgical methods utilizing such devices.

**BACKGROUND**

**[0003]** A variety of surgical devices are known in the art to aid in performing surgical procedures. Typical surgical devices of this kind are fully rigid, including an elongate shaft rigidly affixed to a handle at a proximal end thereof. Such handles and any actuator thereon are typically configured with a pistol-type grip, as in the case of a surgical stapler, or with a scissor handle, as in the case of many other devices, such as some graspers, for example. The handles are typically arranged at the proximal end of the device, in-line with the longitudinal axis of the device or deviated therefrom by an acute angle. Examples of such devices are set forth, for example, in U.S. Pat. No. 7,258,262 to Mastri et al, U.S. Pat. No. 5,820,009 to Melling et al., U.S. Pat. No. 5,462,558 to Kolsea et al. and U.S. Pat. No. 5,728,121 to Bimbo et al., each of which documents is hereby incorporated by reference in its entirety.

**[0004]** Applicant recognizes, however, that such typical instruments pose difficulties when used in conjunction with other instruments in a small space, such as during laparoscopic procedures, and particularly during such procedures through a single or limited number of access ports. Under such conditions, typical devices in the art suffer from interference between handles and/or effector ends of other such devices.

**[0005]** Moreover, during laparoscopic surgical procedures, the movement of the surgical instrument tip is typically restricted to a region relatively proximal to an axis of a surgical access port, such as that of a surgical cannula. Typically, this disadvantage is mitigated through use of multiple access ports distributed across a patient's abdomen.

**[0006]** Increasingly, techniques are being developed for performing minimally invasive surgical procedures through a single access port. With the advent of such surgeries, it has become necessary to insert multiple instruments through a single access port. Accordingly, the relative motion of, and distance between instrument tips are restricted by the inner diameter of the access port. With traditional instruments,

instrument effector ends can interfere with one another while also not being capable of reaching a wide range of areas, or of approaching such areas from different angles.

**[0007]** Additionally, as mentioned above, in such procedures with traditional laparoscopic hand instruments, it becomes difficult to manipulate the handles at the proximal end (user end) thereof, due to crowding due from mutual interference between multiple instrument handles in a relatively small area.

**[0008]** Certain surgical access devices or access "ports" have been developed which have particular advantages with single-incision surgeries, including those devices described in U.S. Pat. Nos. 7,182,752, 7,338,473, and 7,285,112, U.S. Patent Application Publication Number US 2007/0088275 and PCT Publication Number WO2008/077080, which documents are fully incorporated herein by reference. The surgical access devices described in these documents utilize a non-mechanical pressure sealing capability to prevent depressurization of the abdominal cavity during laparoscopic abdominal surgeries. The absence of reliance upon purely mechanical seals, as is common in traditional surgical access devices, allows for the simultaneous use of multiple instruments through a single access device inserted through a single incision, while maintaining a pressurized abdominal cavity (pneumoperitoneum). Traditional mechanically-sealed surgical access devices suffer from various drawbacks when multiple instruments are inserted, or even when a single instrument is manipulated off axis, usually resulting in loss of pneumoperitoneum and/or torn seals or other problems.

**[0009]** Accordingly, Applicant recognizes that there remains a need in the art for devices that are capable of reduced interference with other instruments, which facilitate simultaneous use of multiple instruments in a confined space.

**[0010]** Furthermore, one objective of the present invention, is to provide instruments that are particularly suited for use in single-incision surgeries, which allow for greater freedom of movement at the proximal end, reducing crowding and allowing the surgeon an ergonomically advantageous position. Another objective of the present invention is to provide a surgeon with a greater range of motion between instrument tips during laparoscopic surgery, particularly in single-port surgeries. Among other advantages, instruments in accordance with the invention will enhance a surgeon's dexterity, reduce fatigue and improve accuracy during laparoscopic surgical procedures, particularly during single-incision laparoscopic surgical procedures.

**SUMMARY**

**[0011]** The purpose and advantages of the present invention will be set forth in and apparent from the description that follows. To achieve these and other advantages and in accordance with the purpose of the invention, as embodied, the invention includes a surgical instrument adapted and configured for use in minimally invasive surgical procedures that includes a longitudinal shaft, a distal end effector and a proximal handle. The longitudinal shaft has proximal and distal end portions, and defines a longitudinal axis of the surgical instrument. The distal end effector is connected to the distal end portion of the shaft, and is adapted and configured for performing a surgical task. For example, such end effector can be a shear, a stapler or of another type. The proximal handle portion is connected to the proximal end portion of the

longitudinal shaft and has an actuatable portion operably connected to the end effector to result in movement of the end effector when actuated.

**[0012]** If desired, the distal end portion of the shaft can be laterally offset from the longitudinal axis of the shaft. Additionally or alternatively, the distal end portion of the shaft can have an arcuate portion that deviates from the longitudinal axis of the shaft. The arcuate portion can be formed so as to curve in a plane that is substantially orthogonal, with respect to the longitudinal axis of the shaft, to a plane in which the lateral jog is formed. Alternatively, the arcuate portion can be formed so as to curve in a plane that is substantially parallel, with respect to the longitudinal axis of the shaft, to a plane in which the lateral jog is formed.

**[0013]** Additionally or alternatively, the proximally arranged handle portion of the surgical instrument can be arranged such that it extends away from the longitudinal axis of the shaft of the surgical instrument.

**[0014]** In accordance with one aspect of the invention, a method of performing a laparoscopic cholecystectomy is provided. The method includes: inserting a single access port through the abdominal wall of a patient, introducing a scope through the access port, inserting a surgical grasper through the access port, lifting the gall bladder with the surgical grasper, inserting a dissector through the access port, dissecting the cystic duct and artery with the dissector, inserting a clip applier and surgical scissor through the access port, terminating the cystic duct and artery with the clip applier, cutting the cystic duct and artery with a surgical scissor, inserting an energy device through the access port, dissecting the gall bladder from the liver bed with the energy device, introducing a specimen bag through the access port, removing the gallbladder from the abdominal cavity with the specimen bag, removing the access port, and closing the incision with a suitable closure.

**[0015]** In accordance with a further aspect of the invention, a surgical instrument for laparoscopic procedures includes a handle, an elongated shaft extending therefrom, and an effector at a distal end of the shaft. The shaft includes one or more bends or curves formed therein. An actuating member extends from the handle through the elongated shaft, and includes a plurality of axially-connected shaft portions including rigid and flexible portions. The effector is provided on a distal end of the elongated shaft, and is operatively connected to the actuating member for performing a surgical task.

**[0016]** The one or more bends or curves can include a bend in a proximal portion of the shaft. In accordance with the invention, the bend can be between about 10 and 170 degrees. In accordance with a preferred aspect, the bend is between about and 20 and 60 degrees. The one or more bends or curves can include an arcuate curve in the distal portion of the shaft.

**[0017]** The one or more bends or curves can be provided in the shaft such that the position of the handle portion, when the instrument is in a working position, inserted through a surgical access device in a laparoscopic procedure, for example, is such that it approximates the position of a handle of a surgical instrument used in an open surgical procedure.

**[0018]** The one or more bends or curves can be provided such that when a plurality of instruments are inserted through a single access device, a portion of the shaft of the surgical instruments passing through the surgical access device are mutually substantially parallel, and a proximal end portion of

the surgical instruments extend away from a longitudinal axis of the respective surgical instrument.

**[0019]** If desired, the handle portion can be rotatably connected to the proximal end portion of the shaft, and the end effector can be rotatably connected to the distal end portion of the shaft. In this case, the handle portion and the end effector are mutually connected such that relative rotation of the handle portion with respect to the shaft causes relative rotation of the end effector with respect to the shaft. Accordingly, a flexible connecting member, such as a cable for example, is provided in the shaft to transfer a rotational force from the handle portion to the end effector.

**[0020]** It is to be understood that both the foregoing general description and the following detailed description are exemplary and are intended to provide a non-limiting explanation of the invention.

## BRIEF DESCRIPTION OF THE DRAWINGS

**[0021]** The accompanying drawings, which are incorporated in and constitute part of this specification, are included to illustrate and provide a further understanding of the method and system of the invention. Together with the description, the drawings serve to explain the principles of the invention, wherein:

**[0022]** FIG. 1 is a side view of an example surgical hand instrument constructed in accordance with one aspect of the invention, shown inserted through a surgical access port;

**[0023]** FIG. 2 is a side view of the surgical hand instrument of FIG. 1, with the surgical access port absent;

**[0024]** FIG. 3a is an isometric view of a surgical hand instrument in accordance with the invention, including a lateral jog formed in the shaft thereof;

**[0025]** FIG. 3b is an isometric view of a surgical hand instrument in accordance with the invention, including a lateral jog formed in the shaft thereof and an arcuately curved distal shaft portion;

**[0026]** FIGS. 4 and 5 are side views of example shaft constructions of surgical hand instruments in accordance with the invention, having arcuately curved distal shaft portions combined with proximal bends formed in the shafts thereof;

**[0027]** FIG. 6a is a side view of a surgical hand instrument in accordance with the invention having a shaft construction having an arcuately curved distal shaft portion combined with proximal bend formed in the shaft thereof;

**[0028]** FIG. 6b is an isometric view of the surgical hand instrument of FIG. 6a;

**[0029]** FIG. 7 is a side view of two surgical hand instruments shown in FIG. 6a, inserted through a surgical access device;

**[0030]** FIGS. 8a and 8b illustrate side and isometric views of a surgical instrument in accordance with the invention, in open and closed positions, respectively;

**[0031]** FIG. 8c is an isometric view of the surgical instrument of FIGS. 8a and 8b;

**[0032]** FIGS. 9a and 9b illustrate side and isometric views of a surgical instrument in accordance with the invention, in open and closed positions, respectively;

**[0033]** FIG. 9c is an isometric view of the surgical instrument of FIGS. 9a and 9b;

**[0034]** FIGS. 10-12 are cross-sectional views of example shaft constructions for surgical instruments in accordance with the invention;

[0035] FIG. 13-15 are cross-sectional views of further example shaft constructions for surgical instruments in accordance with the invention; and

[0036] FIGS. 16-18 are side views of surgical instruments having alternative handle and effector end constructions, in accordance with the invention.

#### DETAILED DESCRIPTION

[0037] Reference will now be made in detail to the presently preferred embodiments of the invention, examples of which are illustrated in the accompanying drawings.

[0038] The devices and methods presented herein may be used for minimally invasive surgical procedures, but may be used for more conventional surgical procedures. The present invention is particularly suited for use in minimally invasive surgical procedures performed through a single or limited number of access ports, when multiple instruments are required at the same time.

[0039] For the purposes of explanation and illustration, and not limitation, a side view of an exemplary embodiment of the surgical hand instrument in accordance with the invention is shown in FIG. 1, where the surgical instrument is inserted through a surgical access port 190. The surgical access port 190 can be any suitable type, but in accordance with one aspect of the invention preferably includes a fluidic seal, such as those described in U.S. Pat. Nos. 6,030,402, 6,056,766, 6,447,527, 7,182,752, 7,285,112 and U.S. Patent Publication No. 2007/0088275, which documents are incorporated herein by reference in their entirety. The surgical hand instrument is designated generally by reference character 100. FIG. 2 illustrates a similar surgical hand instrument 200 with the surgical access port 190 absent.

[0040] As shown in FIGS. 1 and 2, the surgical hand instruments 100, 200 are each adapted and configured for use in minimally invasive surgical procedures and each include a longitudinal shaft 130, 230, a distal end effector 120, 220 and a proximal handle 110, 210.

[0041] The longitudinal shaft 130 has proximal and distal end portions and defines a longitudinal axis 137 of the surgical instrument 100. The distal end effector 120 is connected to the distal end portion of the shaft 130, and is adapted and configured for performing a surgical task. For example, such end effector 120 can be a shear as illustrated in FIGS. 1 and 2, a stapler or any effector desired. The proximal handle portion 110 is connected to the proximal end portion of the longitudinal shaft 130 and has a stationary portion 113 and an actuable portion 115 operably connected to the end effector 120 to result in movement of the end effector 120 when actuated by a surgeon. If desired, the distal end portion 135 of the shaft 130 can be laterally offset from the longitudinal axis of the shaft.

[0042] As illustrated in FIG. 1, the distal end portion of the shaft 130 is offset by a distance 139 from the longitudinal axis 137. As illustrated, the distal end portion 135 of the shaft 130 is arcuate in shape, but can be more angularly configured, as with straight sections if necessary. Naturally, the distal end portion 135 need not be curved at all, and can be straight and in-line with the longitudinal axis 137.

[0043] Moreover, in the illustrated embodiment, the distal end portion 135 of the shaft 130 curves back toward the longitudinal axis 137, leaving the end effector 120 essentially where it would have been if no deviation were present in the shaft 130. Alternatively, if so-desired, the end effector 120

can remain laterally offset from the longitudinal axis 137, rather than returning to a laterally central position.

[0044] Further, as illustrated, the distal end of the shaft end portion 135 and the end effector 120 terminate at an angle of  $\phi$  (phi) with respect to the longitudinal axis 137. This angle can range from an acute angle of about 0 degrees to an angle of about 180 degrees and can be at any one-degree increment therebetween, as desired for the particular application. As illustrated in FIG. 1, the angle  $\phi$  (phi) is about 100 degrees. If so desired, the end effector 120 and/or the shaft distal end portion 135 can be adjustable such that the angle  $\phi$  (phi) is adjustable. Although the shaft 130 is preferably substantially rigid, the shaft may instead be fully or partially flexible, such as at its distal end portion 135, to allow for adjustability in different situations.

[0045] Moreover, the overall width 180, due to the offset 139 and the angle of the end effector 120 is preferably selected such that it is no greater than the largest diameter of the access port being used. Naturally, when multiple such instruments are inserted, the space available for insertion of the end effector through the access port must be considered. In such an instance, a flexible shaft portion can allow for adjustment of the end effector once inserted through the access port. Devices in accordance with the invention can advantageously be used with access ports having major and minor axes, such as an elliptically-shaped access port. The extra width available can allow for instruments constructed in accordance with the invention to pass more easily there-through.

[0046] With reference to FIG. 2, although applicable to any embodiment set forth herein, the proximal handle portion 210 (as well as handle portion 110 of the embodiment of FIG. 1), are oriented at an angle  $\beta$  (beta) with respect to the longitudinal axis 237 of the surgical hand instrument 200. As illustrated, this angle  $\beta$  (beta) is obtuse. The angle can be any angle desired between about 0 and 180 degrees, but is preferably between about 90 degrees and 145 degrees. In a preferred embodiment, the angle is about 135 degrees. Additionally, the proximal handle portion 210 can be configured such that the angle  $\beta$  (beta) is adjustable. Such adjustability may further reduce mutual interference between adjacent instruments, and can further improve ergonomics for the user, allowing the user to position the handles in the most comfortable position for the procedure or specific situation.

[0047] This offset of the handle portion 110, 210 and/or end effectors 120, 220, allows for reduced interference between instruments during use, particularly when they are concurrently inserted through a single surgical access port.

[0048] Additionally, as illustrated in the embodiment of FIG. 2, the stationary portion 213 and the actuable portion 215 of the handle 210 can be rotatably attached to the remainder of the handle portion 210 by way of a joint element 217. This, in-turn, can be connected through the shaft 230 by way of any suitable element, such as a cable or other flexible member to impart rotational force from the handle 210 to the end effector 220. The end effector 220 can be, in-turn, rotatably attached to the distal end portion 235 of the shaft 230 by way of a joint 236, allowing relative rotation between the shaft 230 and the end effector 220. In either of the embodiments of FIG. 1 and FIG. 2, the end effector 220 can be actuated normally, by moving the actuable portion 215 of the handle 210 relative to the stationary portion 213.

[0049] End effectors which may be used with devices constructed in accordance with the invention include but are not

limited to clip appliers, staplers, morcellators, dissectors, shears, graspers, suturing devices, ligating loops, specimen retrievers, retractors, biopsy punches, probes, irrigation canulas, scissors, forceps, needle holders, electrocautery devices, coagulating devices, and clamps. In accordance with any embodiment of the invention, the end effector and instrument can be configured such that the end effectors are interchangeable. That is, the end effectors can be removable and replaceable with the same or different type of end effector.

**[0050]** Although illustrated and described as being actuable only by hand, devices in accordance with the invention can be modified so as to be used in conjunction with robotic surgical systems. In this case, the proximal handle portion (**110**, **210**) is replaced with a suitable engaging and interface portion to adapt the surgical instruments described herein for use with such systems.

**[0051]** Devices constructed in accordance with the invention can facilitate various minimally invasive surgical procedures using a minimal number of access ports, including cholecystectomy, sleeve gastrectomy, nephrectomy, colon resection, hysterectomy, appendectomy, oophorectomy, or mass removal.

**[0052]** For example, a laparoscopic cholecystectomy, in accordance with one aspect of the invention, includes a first step of inserting a single access port through the umbilicus or in another location in the abdomen of the patient. As set forth above, the access port, in accordance with one aspect of the invention, includes a fluidic seal. Such access ports can be relatively large in size to accommodate multiple instruments, and be circular or non-circular in cross-section, including oval, for example. Diameters or axial dimensions, in accordance with one aspect, are in the range of about 12 mm to about 25 mm. Larger sizes allow for insertion of more and/or larger instruments, and facilitate tissue removal through the port.

**[0053]** Subsequently, a scope can be introduced through the access port, which may be a flexible endoscope or laparoscope, for example. All subsequent steps can be performed by inserting the appropriate instrument or instruments through the access port. In the case of a cholecystectomy, the gallbladder can be lifted with surgical graspers or another suitable instrument. The cystic duct and artery can then be dissected with a suitable instrument, such as a dissector. The cystic duct and artery can be terminated, for example, clipped with a clip applier and cut with a suitable instrument, such as a surgical scissor.

**[0054]** The gall bladder can then be removed, and is dissected from the liver bed prior to removal with a suitable instrument, such as an energy device, which can be a cautery device or harmonic device, for example. Subsequently, a specimen bag can be introduced to remove the gallbladder from the abdominal cavity. Upon completion of the procedure, the access port can be removed, and the incision can be closed with sutures or by another suitable closure.

**[0055]** A sleeve gastrectomy can be performed in accordance with the invention including the steps of inserting the required number of access ports, but preferably only a single port, in the abdomen of a patient, such as through the umbilicus as set forth above. The method can further include introducing a scope, and transecting small gastric vessels with a grasper and energy source, for example. An energy source can include ultrasonic, Ligasure™ (Manufactured by ValleyLab, a division of Tyco Healthcare Group LP) or bipolar energy sources, for example. Further steps included in

accordance with this aspect are retracting the stomach laterally, sizing a sleeve such as by inserting a bougie via the mouth, transecting the stomach, such as with a surgical stapler, removing a specimen or excess tissue, with graspers, for example, and finally removing the access port and closing the incision made to insert the access port.

**[0056]** A nephrectomy can be performed in accordance with the invention, including the steps of inserting a port and inserting a scope therethrough, as set forth above, dissecting and exposing the kidney, such as with dissectors, scissors and/or an energy source, ligating and transecting the ureter, such as with clips and scissors, and transecting renal vessels, such as with a surgical stapler or other suitable instrument. The method further includes removing the kidney such as with a specimen bag and/or through use of a morcellator. The procedure is completed by removing the access port and closing the incision made therefor, with sutures or other suitable closure.

**[0057]** A colon resection performed in accordance with one aspect of the invention includes the steps of inserting a port and inserting a scope therethrough, as set forth above, mobilizing the colon with a suitable instrument such as graspers, scissors, dissectors and/or an energy source, for example. The method can further include ligating the blood supply with a stapler and/or an energy source, for example, and transecting and removing the desired portion of the colon using a surgical stapler and a specimen bag, for example. Next, anastomosis can be performed using a surgical stapler, which can be an EEA stapler, and then the access port can be removed and the incision can be closed.

**[0058]** A laparoscopic hysterectomy can be performed in accordance with one aspect of the invention in the following steps: First, a single port is inserted into the abdominal cavity, such as through the umbilicus, as set forth above, followed by insertion of a scope therethrough. Next, the uterus is mobilized and the blood supply thereto is ligated and transected, using a grasper, energy source and/or surgical stapler, for example. Subsequently, the uterus can be removed vaginally, or alternatively can be removed through the access port. In the latter instance, a morcellator is preferably utilized to facilitate removal. Finally, the access port is removed, and the incision is closed.

**[0059]** In accordance with another aspect of the invention, an appendectomy can be performed laparoscopically, including the steps of inserting an access port and scope into the abdominal cavity, as set forth above, then grasping and exposing the appendix with a suitable instrument, such as surgical graspers. Subsequently, the mesoappendix is ligated, such as with a surgical stapler or energy source, the appendix is transected with a suitable instrument, such as a surgical stapler, the appendix is removed with a specimen bag, and the port is removed and the incision closed with sutures or other suitable closure.

**[0060]** An oophorectomy or mass removal can be accomplished laparoscopically in accordance with the invention, including the steps of inserting a port and scope as set forth above, exposing the ovary or mass with a suitable instrument, such as a surgical grasper, mobilizing the ovary/mass with dissectors, scissors or other suitable instrument, and ligating and transecting the ovary/mass with a suitable instrument, such as an energy source or surgical stapler.

**[0061]** In accordance with the invention, any of the foregoing methods can include more or fewer steps, and can include steps or utilize instruments that vary from those specifically set forth herein.

**[0062]** Additionally, in accordance with a preferred aspect of the invention, the abdominal cavity is insufflated during the procedures set forth above. Naturally, this can be accomplished in a conventional manner, such as with a Veress needle. Alternatively, the access port can be adapted and configured to provide insufflation to the abdominal cavity.

**[0063]** In accordance with further aspects of the invention, the shafts of laparoscopic instruments designed and constructed in accordance herewith are curved, bent or otherwise offset in one or more planes. In accordance with one aspect, for example, bends and/or curves are formed in orthogonal vertical and horizontal planes.

**[0064]** For example, and as illustrated in FIGS. 3a and 3b, in accordance with one aspect of the invention, a laparoscopic surgical instrument 300 has a main shaft 310, a proximal handle 340 and a distal effector end 330. The main shaft 310, as illustrated, has an integral jog formed therein such that the axis of the distal shaft portion 315 end is parallel to, but offset from the axis of the proximal end 311 of the instrument shaft. As illustrated particularly in FIG. 1, an angled shaft portion 313 between the proximal and distal shaft portions can be provided to offset the axis of the instrument. Accordingly, such a surgical instrument can be configured such that a rotation of the surgical instrument, or alternatively only the shaft thereof, results in a rotational and translational displacement of the effector end. Such instruments can be additionally configured so that rotation of another element, such as the handle 340 or a separate knob, for example, causes the effector end itself to rotate with respect to the shaft 310, further increasing dexterity.

**[0065]** Accordingly, in an embodiment such as that illustrated in FIGS. 3a and 3b, one or more instruments can be inserted through a surgical access port, and one or more of the shafts can be rotated, to move the distal (effector) end 330 of the instrument toward or away from the central axis of the access port, and accordingly toward or away from other surgical instruments being used at the same time. When rotated, the distance traveled is proportional to the product of the magnitude of the offset caused by the bent shaft portion 313 and the angle of rotation of the shaft. Accordingly, the proximal end of the instrument at the handle may be stationary, while the distal (effector) end 330 is displaced by a relatively large distance. Effector ends 330 for instruments in accordance with the invention can include any desired surgical tool, including but not limited to surgical graspers, dissectors, scissors, scalpels, clamps and cautery devices.

**[0066]** In accordance with this aspect of the invention, the positioning of the jog in the shaft, causing lateral displacement of the distal portion 315 of the surgical instrument shaft 310 from the proximal portion 311 of the shaft 310, occurs in a location that is selected to be just distal to the end of the access port when in use. Accordingly, an instrument can advantageously be inserted through the access port, and then rotated out of the way, while another instrument is inserted, for example.

**[0067]** Additionally or alternatively, in accordance with the invention, and as illustrated in FIG. 1, the distal portion 315 of surgical instruments 300 in accordance with the invention can include an arcuate bend formed therein. The effector end 330, and/or the distal portion of the shaft 315 near the effector end

330, can optionally be bent or otherwise configured so as to provide further dexterity of the surgical instrument. In accordance with the invention, the lateral jog caused by a bent shaft portion 313 can be combined with the arcuate curve of the distal shaft portion 315, as shown in FIG. 3b, for example. As shown in FIG. 3b, the arcuate curve can be formed in a plane parallel to that in which the lateral jog is formed. Alternatively, the arcuate curve can be formed in a plane orthogonal to that in which the lateral jog is formed.

**[0068]** In such an arrangement, effector ends 330 of each of a pair of surgical instruments used in conjunction (as illustrated in FIG. 7, for example) inserted through an access port (e.g. access port 770) are able to triangulate with one another. If the shafts of the two instruments are rotated in opposite directions, the distal effector ends move apart by twice the distance of the individual offsets, proportional to the angle of rotation. Such ability is particularly advantageous in a scenario in which multiple surgical instruments are needed simultaneously in a surgical access port, which situation increasingly or completely inhibits relative cross-axis translation.

**[0069]** In accordance with a further aspect of the invention, a surgical instrument in accordance with the invention can be intentionally laterally restrained within a surgical cannula for the purpose of providing additional stability of the instrument, for example. In such an arrangement, the subject instruments can be configured and adapted to rotate, and optionally move inward and outward (axially), but inhibit lateral translation. However, with the configuration of the subject instruments, rotational movement results in translational movement, thereby allowing for additional stability without severely inhibiting dexterity.

**[0070]** In accordance with another aspect of the invention, and as illustrated in FIGS. 4-7, for example, there is illustrated a laparoscopic surgical instrument having a main shaft with a proximal angularly offset or "bent" portion 417, 517, a handle portion (e.g. 640) attached to the proximal angularly offset portion 417, 517 of the shaft 410, 510, an optional arcuately curved distal shaft portion 415, 515, and an effector (e.g. 630) operably connected to the distal end portion 415, 515 of the shaft 410, 510. The foregoing arrangement of an angularly offset handle, particularly in combination with an arcuately curved distal portion, allows for reduced interference between multiple instruments used at the same time.

**[0071]** Although variations in the specific dimensions are possible, and contemplated by applicants, as illustrated in FIG. 4, the overall length L1 of the instrument 400 is about 45 cm. The length L3 of the angularly offset proximal shaft portion 417 is about 10 cm. The length L2 of the main shaft 411 is about 20 cm. The radius R1 of the arcuately curved portion 415 is about 45 cm. The shaft thickness t1 is about 0.5 cm, and the width W1 of the shaft 410, taking into account the added width due to the arcuate portion 415 is about 1.2 cm. The angle  $\theta 1$  between the axis of the main shaft portion 411 and the proximal angularly offset portion 417 is about 30 degrees. Naturally, these values are for the purpose of providing an example, and the instrument can be embodied with actual values that differ slightly or greatly from the foregoing values.

**[0072]** The embodiment of the surgical instrument 500 illustrated in FIG. 5 is similar to the embodiment of FIG. 4, but with a more shallow curvature being provided to the distal curved portion 515 of the shaft 510. The overall length L4 of the instrument 500 is about 45 cm. The length of the angularly

offset proximal shaft portion **517** is about 10 cm. The length **L5** of the main shaft **511** is about 26 cm. The radius **R2** of the arcuately curved portion **515** is about 16.5 cm. The shaft thickness **t2** is about 0.5 cm, and the width **W2** of the shaft **510**, taking into account the added width due to the arcuate portion **515** is about 1.25 cm. The angle  $\theta 2$  between the axis of the main shaft portion **511** and the proximal angularly offset portion **517** is about 30 degrees. Naturally, these values are for the purpose of providing an example, and the instrument can be embodied with actual values that differ slightly or greatly from the foregoing values.

[0073] In accordance with one aspect of the invention, and as illustrated for example in FIGS. **6a** and **6b**, the relative angle  $\alpha 1$  (alpha 1) between the central axis **591** of the instrument **500** and the angularly offset proximal shaft portion **517** is about the same as the relative angle  $\alpha 2$  (alpha 2) between an axis **595** of the effector end **630** and the central axis **591** of the instrument **500**. In accordance with one preferred embodiment, the angles  $\alpha 1$ ,  $\alpha 2$  are each about 30 degrees. Naturally, however, the angles  $\alpha 1$ ,  $\alpha 2$  can vary from that magnitude as desired or required. Moreover, the angles can be embodied such that they are adjustable. This can be accomplished by utilizing malleable materials and/or through use of an angularly adjustable shaft **510**.

[0074] If so desired, the proximal handle **640** can be formed so as to have an angular offset, with respect to the proximal shaft portion **517**, in order to augment the relative angle formed between the main shaft **511** and the proximal shaft portion **517**. Further, angular adjustability can be provided at this point as well, to allow the user to determine the most comfortable position for the handle **640**.

[0075] FIG. **7** illustrates two laparoscopic surgical instruments **500** designed and constructed in accordance with the invention, and as described above in connection with FIGS. **5**, **6a** and **6b**. As can be seen, both surgical instruments **500** are inserted though an access port **770**, which in-turn, in use would ordinarily be inserted through an incision formed in a patient, typically through the patient's abdominal wall, for example.

[0076] As illustrated, a relative angle  $\beta 1$  is formed between the proximal angularly offset portions **517** of the shafts thereof, as is a relative angle  $\beta 2$  formed between the axes of the distal effector ends **630**. Although these angles can be any particular value needed or desired, in accordance with one aspect of the invention, these angles are about the same, and range between about 30 and about 60 degrees. In accordance with one embodiment, the angles  $\beta 1$ ,  $\beta 2$  are about 45 degrees.

[0077] Instruments designed and constructed in accordance with the invention, used in conjunction as illustrated in FIG. **7**, or with conventional laparoscopic instruments, allow for reduced interference between the instruments being used. In use, there is a reduced need for manipulating instruments so that they cross the central axis of the access device **770**. This advantageously reduces the obstruction of the surgeon's view through an endoscope or other viewing device. Additionally, the separation of the handles **640** afforded by the angularly offset proximal portion **517** of the shaft **510**, in combination with an advantageous orientation between the effector ends **630**, reduces or completely eliminates the need for a surgeon to cross his or her arms while performing a procedure.

[0078] In use, the perception by the surgeon is, to an extent, as if the surgical site were open, located at the intersection of the proximal angularly offset portions of the instrument shaft,

but displaced vertically therefrom. Accordingly, the movements of the surgeon need not be substantially different from those he or she would use when performing an open surgery. Therefore, the difficulty level is reduced and the speed of training is increased. Additionally, because of the ergonomically advantageous position of the handles **517** with respect to the patient, fatigue on the surgeon is reduced.

[0079] In accordance with the invention, the handle **517** can actuate the effector end **630** in any suitable manner. The handle **517** is preferably connected to the effector end by way of an actuating element that is capable of exerting tension and/or compression without buckling or fatiguing during the life of the instrument. Such element is also preferably somewhat flexible to allow passage through bent and/or curved portions of the shaft, as will be discussed in more detail below.

[0080] The actuating element can be of any suitable material, but is preferably formed of a flexible metal or semi-rigid polymeric material. The actuating element can be substantially rod shaped, and can have a substantially circular cross section, for example. The actuating element can be a soft metal rod, such as one formed of a flexible metal alloy. Alternatively, the actuating element can be a semi-rigid coil, which is relatively stiff in resistance to axially-applied forces, but which allows movement through the bends and curves formed in the surgical instrument. The cross section, moreover can be either solid or tubular, as required for strength. The actuating element can be formed wholly or in part by a braided material, such as a braided cable made of a metal or polymer. The actuating element can also be restrained laterally to reduce buckling of the element laterally in compression.

[0081] FIGS. **8a**, **8b**, **8c**, **9a**, **9b** and **9c** illustrate side and isometric views of surgical instruments **800**, **900**, in open and closed positions, respectively. As illustrated, surgical instruments **800** and **900** differ in that the internal angle  $\gamma 1$ ,  $\gamma 2$  (gamma 1, gamma 2) between an axis of the main shaft **811**, **911** of the instrument and the effector ends **830**, **930**, respectively, is more acute in the instrument **900** of FIGS. **9a-c**. That is,  $\gamma 2$  is less than  $\gamma 1$ , as illustrated. In accordance with the invention, preferred fixed angles for  $\gamma 1$  and  $\gamma 2$  are between about 90 degrees and 180 degrees. In still further preferred embodiments, the fixed angles ( $\gamma 1$ ,  $\gamma 2$ ) are between about 130 and 155 degrees. In still preferred embodiments, one or more of the fixed angles ( $\gamma 1$ ,  $\gamma 2$ ) is about 135 degrees, and in still other preferred embodiments, one or more of the fixed angles ( $\gamma 1$ ,  $\gamma 2$ ) is about 150 degrees.

[0082] In accordance with a preferred aspect of the invention, as illustrated in FIGS. **8a-c** and **9a-c**, for example, the actuating element **860** can be a compound element. As illustrated, the actuating element **860** includes multiple coupled sections including a first linear element **860a**, a first flexible element **860b**, and a second linear element **860c**. If a curved distal shaft portion is provided, as with the embodiments of FIGS. **4** and **5** for example, further flexible portions can be provided as needed. Coupling of linear and flexible elements can be effected in any suitable manner, including but not limited to use of a cuff, sleeve or spline, for example. Alternatively, if the materials used are compatible, welding, such as solvent, heat or arc welding, brazing, gluing (as with an adhesive or the like), or other suitable techniques can be used.

[0083] In accordance with the invention, and as set forth above, the flexible elements (e.g. **860b**) can be formed from a suitable flexible material, which can include a solid, tubular, coiled or braided element, for example. In accordance with a

preferred aspect, the flexible elements include sufficient flexural and/or torsional rigidity to efficiently transfer forces between the handle **840** and the effector **830** without buckling or twisting while still allowing for bending when urged longitudinally through one or more bends in the shaft **810**.

**[0084]** In accordance with the invention, the linear elements (e.g. **860a**, **860c**) can be of any suitable configuration, and made of any suitable material, including those set forth above. For example, the linear elements **860a**, **860c** can be solid, tubular, coiled, braided or woven, for example. In accordance with a preferred aspect, the linear elements **860a**, **860c** are solid or tubular and substantially cylindrical in shape. In any case, the linear elements are preferably relatively stiff in compression, so as to inhibit buckling of the actuating element **860** in compression. If so-embodied, as described in more detail below, the actuating element **860**, and particularly the linear elements thereof are also relatively stiff in torsion, so as to provide a relatively quick and accurate response to torsional actuation inputs.

**[0085]** As best seen in the enlarged partial views of the distal end effectors **830**, **930** of FIGS. **8a-8c** and **9a-9c**, the shaft of the actuating element **860** terminates at a link **867**, connected thereto with a first pivot **866**, such as a pin, which is connected to jaws **831** by way of a second pivot **868**. The jaws **831** are closed with respect to one another by exerting a proximally-directed force on the second pivot **868**. The proximally-directed force pulls the actuating elements proximally (toward the left in the figures), causing the jaws **831** to ride on an axially stationary cam pin **873**, by virtue of cam slots **835** defined in the jaws **831**. Accordingly, there is a slight proximal movement of the jaws **831** when they are closed.

**[0086]** As mentioned briefly above, in the embodiments of FIGS. **8a-8c** and **9a-9c**, the effectors **830**, **930** of the instrument **800**, **900** are supported by a distal elbow housing **870**, **970**. The elbow housing can be preformed with a desired bend, with the relative angle  $\gamma$  between the straight shaft **811** and effector being between about 90 and 180 degrees. In the embodiment of FIGS. **8a** and **8b**, the angle  $\gamma_1$  is about 150 degrees and in the embodiment of FIGS. **9a-9c**, the angle  $\gamma_2$  is about 135 degrees. Alternatively, the distal housing **870** can be essentially straight, and the effectors **830**, **930** can be configured to articulate angularly toward and away from the axis of the instrument.

**[0087]** The cam pin **873** can be integrally formed or otherwise mounted in the distal elbow housing **870**. Moreover, the distal elbow housing **870** can be adapted to be rotatable with respect to an axis of the shaft **811**. Accordingly, the housing **870** can be secured to a tubular member provided on top of or within a skeletal shaft of the instrument **800**, **900**.

**[0088]** FIG. **10** illustrates a simple shaft construction in which an outer tubular shaft **1012** acts as a skeleton for an instrument (e.g. instrument **800**) in accordance with the invention, helping the instrument maintain its shape, including any bends, curves or other features. The shaft of the actuating element **860** is arranged within a lumen of the tubular shaft **1012**, and can be adapted for axial and/or rotational movement, relative to the tubular shaft **1012**, depending on the precise embodiment. As set forth above, the actuating element can be solid or tubular, for example, and can be formed from an extruded, coiled, braided, woven or formed of another suitable construction.

**[0089]** FIG. **11** illustrates a shaft construction adapted to permit axial rotation of a distal component, such as the distal housing **870**, for example. In the shaft construction of FIG.

**11**, an outer tubular shaft **1112** serves as a skeleton for an instrument to maintain its shape. The tubular shaft **1112** is again provided on the outer surface, as with the embodiment of FIG. **10**, but an inner rotatable sleeve **1114** is provided and is connected to the distal housing **870** for effecting rotation thereof. The connection can be made in any suitable manner, depending on the material selection. The inner sleeve **1114** can be formed of a polymeric material, or alternatively, another suitable material such as a resilient metal can be used. In this embodiment, the actuating element **860** resides axially internal to the rotatable sleeve **1114**. Accordingly, friction and/or interference-reducing elements can be incorporated, including but not limited to spacer bushings placed between concentric elements, low friction materials, and/or one or more decoupling sleeves to reduce interference between adjacent active components, which sleeve(s) may be made of or coated with a low friction material such as PTFE, for example.

**[0090]** Alternatively, as illustrated in FIG. **12**, a shaft construction adapted to permit rotation of a distal component can include a tubular shaft **1212** serving as a shape-maintaining skeleton arranged intermediate the actuating element **860** for actuating the effector end **830**, and an outer sleeve **1214** connected to the distal housing **870** for effecting rotation thereof. In such an embodiment, a distal housing can be rotationally coupled to the outer sleeve **1214**, while being supported by the inner tubular shaft **1212**. As shown in the enlarged partial views of FIGS. **8a-9b**, the distal housings **870**, **970** can include an axially inwardly-directed annular boss **879** to maintain the position of the housing **870**, while the outer sleeve **1214** is rotationally coupled to the housing **870**.

**[0091]** FIGS. **13a-b**, **14a-b** and **15a-b** illustrate respective example shaft constructions in accordance with the invention, shown in cross-section at a bend in the shaft through which the respective actuating element **860** passes. FIGS. **13a-13b** illustrate an actuating element **860**, where the actuating element includes an intermediate flexible portion **1360**. The flexible portion allows the actuating element **860** to transmit forces across the illustrated bend or other non-linear region, for example. The flexible portion **1360** can be a flexible solid material, a flexible tubular material, or a woven or braided material, for example. The flexible portion **1360** can be a polymeric, metallic, composite or other suitable material. As illustrated in FIGS. **14a-14b**, a flexible portion **1460** is a coiled material, and as illustrated in FIGS. **15a-15b**, the entire actuating element is formed of a material and construction that is sufficiently flexible so as to allow the transmission of longitudinal and/or rotational forces therethrough. With any of the foregoing shaft constructions and elements thereof, materials used are selected so as to have appropriate strength and flexibility, and can be formed of polymeric, metal, ceramic or composite materials, for example. Such materials can include but are not limited to metals and metal alloys including steel, titanium alloys, nickel alloys, copper alloys, shape memory alloys such as nitinol, polymers such as PTFE, polyethylene, polyurethane, composites such as fiberglass, carbon fiber materials, and the like.

**[0092]** Referring again to FIGS. **8a-9b**, for the purpose of providing an example, a first knob **849** or other actuator can be provided in the handle **840** and coupled to an element such as the outer sleeve **1212** to allow manipulation thereof by the surgeon. It is conceived that the internal actuating element **860** is connected to the movable handle portion **841** by way of



a lever arrangement, and engaged therewith by way of a spool-shaped bushing **843** or other suitable connection. An adjustable stop **847** can be provided on the proximal end of the handle **840** as an extension of the internal actuating element **860**, to maintain or limit the movement of the actuating element **860**, and thus the effector **830**. The adjustable stop **847** can be positioned to maintain the effector in a closed position—that is, “locked” closed. Applicants further conceive that there are alternative modes for achieving the desired relative motion of the moving components of instruments (e.g. **800**, **900**) of the invention, and the foregoing embodiment is therefore not intended to be exhaustive or limiting in any way.

[0093] As set forth above, the instrument **900** of FIGS. **9a-9c** differs from the instrument **800** of FIGS. **8a-8c** primarily in that the bend formed in the distal housing **970** thereof is more extreme (that is, more acute) than in that of the housing **870** of the instrument **800** of FIGS. **8a-8c**. Accordingly, the link **967** within the housing **970** is provided with an integral bend to facilitate axial movement through the housing **970**. The manner in which the axial movement of the internal actuating element **860** actuates the jaws **931** of the effector **930** is similar to that of the instrument **800** of FIGS. **8a-8c**, and as described above.

[0094] FIGS. **16-18** illustrate various alternative handle and/or effector configurations for surgical instruments, in accordance with the invention. FIG. **16** illustrates an instrument **1300** having a fixed angle effector **1630**, arranged at about 90 degrees with respect to the instrument shaft **1610**. The handle **1640** of the instrument **1600** is elongated to provide mechanical advantage to the user. A ratchet mechanism is optionally incorporated into the instrument to reduce fatigue of the surgeon.

[0095] FIG. **17** illustrates a laparoscopic surgical instrument **1700** having a switch **1749** arranged in a handle **1740**, which switch operates the effector **1730** by way of electrical, electro-pneumatic, or pneumatic actuation, for example. Use of an external source of energy (e.g. electrical or pneumatic) can be implemented to reduce surgeon fatigue. A relatively small force applied by the surgeon thus results in a potentially strong force at the effector **1730**. In accordance with one embodiment of this aspect of the invention, the switch **1749** activates a solenoid to allow pressurized gas to enter a cylinder. The pressure urges a piston axially to actuate the effector **1730**.

[0096] FIG. **18** illustrates two instruments **1800a**, **1800b** having elongated actuating levers **1840a**, **1840b**, respectively to provide a mechanical advantage to the surgeon to reduce fatigue. The orientation of the levers **1840a**, **1840b** also reduces the overall sizes of the instrument handles, reducing interference between adjacent instruments.

[0097] The devices and methods of the present invention, as described above and shown in the drawings, provide instruments and surgical procedures that are versatile and facilitate use of multiple instruments in a confined space and through a single access port, if necessary or desired. It will be apparent to those skilled in the art that various modifications and variations can be made to the devices of the present invention without departing from the spirit or scope of the invention. Thus, it is intended that the present invention include such modifications not specifically set forth herein.

What is claimed is:

1. A surgical instrument adapted and configured for use in minimally invasive surgical procedures, the surgical instrument comprising:

- (a) a shaft having proximal and distal end portions, the shaft defining a longitudinal axis of the surgical instrument;
- (b) an end effector operably connected to the distal end portion of the shaft, adapted and configured for performing a surgical task; and
- (c) a handle portion connected to the proximal end portion of the shaft, having an actuatable portion operably connected to the end effector to result in movement of the end effector when actuated,
- (d) wherein the distal end portion of the shaft is laterally offset from the longitudinal axis of the shaft.

2. The surgical instrument of claim 1, wherein the distal end portion of the shaft is substantially parallel to the proximal end portion of the shaft.

3. The surgical instrument of claim 1, wherein the distal end portion of the shaft includes an arcuate portion that deviates from the longitudinal axis of the shaft.

4. The surgical instrument of claim 3, wherein the arcuate portion curves in a plane that is substantially orthogonal, with respect to the longitudinal axis of the shaft, to a plane in which the lateral jog is formed.

5. A surgical instrument adapted and configured for use in minimally invasive surgical procedures, the surgical instrument comprising:

- (a) a shaft having proximal and distal end portions;
- (b) an end effector connected to the distal end portion of the shaft, adapted and configured for performing a surgical task; and
- (c) a handle portion connected to the proximal end portion of the longitudinal shaft, having an actuatable portion operably connected to the end effector to result in movement of the end effector when actuated,
- (d) wherein the handle portion of the surgical instrument is arranged at an obtuse angle with respect to the longitudinal axis of the proximal longitudinal end of the shaft of the surgical instrument.

6. The surgical instrument of claim 5, wherein the end effector is one of a surgical stapler, dissector, grasper and retractor.

7. A surgical instrument adapted and configured for use in minimally invasive surgical procedures, the surgical instrument comprising:

- (a) a shaft having proximal and distal end portions;
- (b) an end effector connected to the distal end portion of the shaft, adapted and configured for performing a surgical task; and
- (c) a handle portion connected to the proximal end portion of the longitudinal shaft, having an actuatable portion operably connected to the end effector to result in movement of the end effector when actuated,
- (d) wherein a bend is formed in the shaft, such that the proximal end portion of the surgical instrument is arranged at an acute angle with respect to the distal end portion of the surgical instrument, offsetting the handle from the longitudinal axis of the distal portion of the shaft.

8. A surgical instrument adapted and configured for use in minimally invasive surgical procedures, the surgical instrument comprising:

- (a) a longitudinal shaft having proximal and distal end portions;
  - (b) a distal end effector operably connected to the distal end portion of the shaft, adapted and configured for performing a surgical task; and
  - (c) a proximal handle portion connected to the proximal end portion of the longitudinal shaft, having an actuable portion operably connected to the end effector to result in movement of the end effector when actuated,
  - (d) wherein the handle portion is rotatably connected to the proximal end portion of the shaft; and
  - (e) the end effector is rotatably connected to the distal end portion of the shaft, the handle portion and the end effector being mutually connected such that relative rotation of the handle portion with respect to the shaft causes relative rotation of the end effector with respect to the shaft.
9. The surgical instrument of claim 8, wherein a flexible connecting member is provided in the shaft to transfer a rotational force from the handle portion to the end effector.
10. A method of performing a laparoscopic cholecystectomy, comprising the steps of:
- a) inserting a single access port through the abdominal wall of a patient;
  - b) introducing a scope through the access port;
  - c) inserting a surgical grasper through the access port;
  - d) lifting the gall bladder with the surgical grasper;
  - e) inserting a dissector through the access port;
  - f) dissecting the cystic duct and artery with the dissector;
  - g) inserting a clip applier and surgical scissor through the access port;
  - h) terminating the cystic duct and artery with the clip applier;
  - i) cutting the cystic duct and artery with a surgical scissor;
  - j) inserting an energy device through the access port;
  - k) dissecting the gall bladder from the liver bed with the energy device;
  - l) introducing a specimen bag through the access port;
  - m) removing the gallbladder from the abdominal cavity with the specimen bag;
  - n) removing the access port; and
  - o) closing the incision with a suitable closure.
11. A surgical instrument adapted and configured for use in minimally invasive surgical procedures, the surgical instrument comprising:
- (a) a shaft having proximal and distal end portions, the shaft defining a longitudinal axis of the surgical instrument;
  - (b) an end effector operably connected to the distal end portion of the shaft, adapted and configured for performing a surgical task; and
  - (c) handle portion connected to the proximal end portion of the shaft, having an actuable portion operably connected to the end effector to result in movement of the end effector when actuated,
  - (d) wherein the distal end portion of the shaft is arcuately offset from the longitudinal axis of the shaft.
12. The surgical instrument of claim 11, wherein the distal end portion of the shaft is additionally laterally offset from the proximal end portion thereof.
13. The surgical instrument of claim 12, wherein the laterally offset distal end portion is substantially parallel to the proximal end portion of the shaft.
14. The surgical instrument of claim 12, wherein the arcuate offset and lateral offset are formed in mutually orthogonal planes, with respect to a longitudinal axis of the shaft.
15. The surgical instrument of claim 12, wherein the arcuate offset and lateral offset are formed in mutually parallel planes, with respect to a longitudinal axis of the shaft.
16. The surgical instrument of claim 12, wherein the end effector and actuable portion of the handle are mutually operably connect by an actuating element.
17. The surgical instrument of claim 16, wherein the actuating element is formed of a flexible material.
18. The surgical instrument of claim 16, wherein the actuating element is a composite element formed of at least two longitudinally coupled sections.
19. The surgical instrument of claim 16, wherein the actuating element is formed of a coiled material.
20. A surgical instrument for laparoscopic procedures, the surgical instrument comprising:
- a) a handle portion;
  - b) an elongated shaft extending from the handle portion, the shaft having one or more bends or curves formed therein;
  - c) an actuating member extending from the handle through the elongated shaft, the actuating member including a plurality of axially-connected shaft portions including rigid and flexible portions; and
  - d) an effector provided on a distal end of the elongated shaft, operatively connected to the actuating member for performing a surgical task.
21. The surgical instrument of claim 20, wherein the one or more bends or curves includes a bend in a proximal portion of the shaft.
22. The surgical instrument of claim 21, wherein the bend is between about 30 and 60 degrees.
23. The surgical instrument of claim 20, wherein the one or more bends or curves includes an arcuate curve in the distal portion of the shaft.
24. The surgical instrument of claim 20, wherein the one or more bends or curves are provided in the shaft such that the position of the handle portion, when the instrument is in a working position, inserted through a surgical access device, is such that it approximates the position of a handle of a surgical instrument used in an open surgical procedure.
25. The surgical instrument of claim 24, wherein the one or more bends or curves are provided such that when a plurality of instruments are inserted through a single access device, a portion of the shaft of the surgical instruments passing through the surgical access device are mutually substantially parallel, and a proximal end portion of the surgical instruments extend away from a longitudinal axis of the respective surgical instrument.

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#### 摘要(译)

适于和配置用于微创外科手术的外科器械包括轴，末端执行器和近侧手柄。纵轴具有近端部分和远端部分，并限定手术器械的纵向轴线。远端执行器连接到轴的远端部分，并且适于并配置用于执行手术任务。近侧手柄部分可操作地连接到纵向轴的近端部分，并且具有可操作地连接到末端执行器的可致动部分，以导致末端执行器的运动。轴的远端部分可以从轴的纵向轴线横向偏移和/或具有在其中形成的一个或多个弯曲或弯曲。轴的近端部分可包括至少一个弯曲部，以允许外科医生的手的舒适定位。

