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(54) **NON-INVASIVE METHOD FOR  
PREDICTION OF OPIOID-ANALGESIA AND  
OPIOID-BLOOD-CONCENTRATIONS**

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(57) **ABSTRACT**

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The present invention pertains to a non-invasive method and apparatus for predicting or monitoring analgesia and blood levels of opioid drugs in a patient receiving pain treatment, e.g., during palliative treatment. The inventive method comprises the measurement of one or more, preferably two or more, surrogate markers of a patient. According to the present invention surrogate markers correlate with the level of analgesia in the opioid receiving subject and thus provide a non-invasive method to predict and monitor analgesia during a treatment. Even more, surrogate markers were identified which correlate with the blood-concentration of the opioid in the subject. Thus, the invention provides a valuable clinical tool to assess and control pain treatments with opioids. Disclosed is the prediction method, an apparatus suitable for performing the inventive methods as well as the apparatus for use in medical treatments, such as pain therapy.

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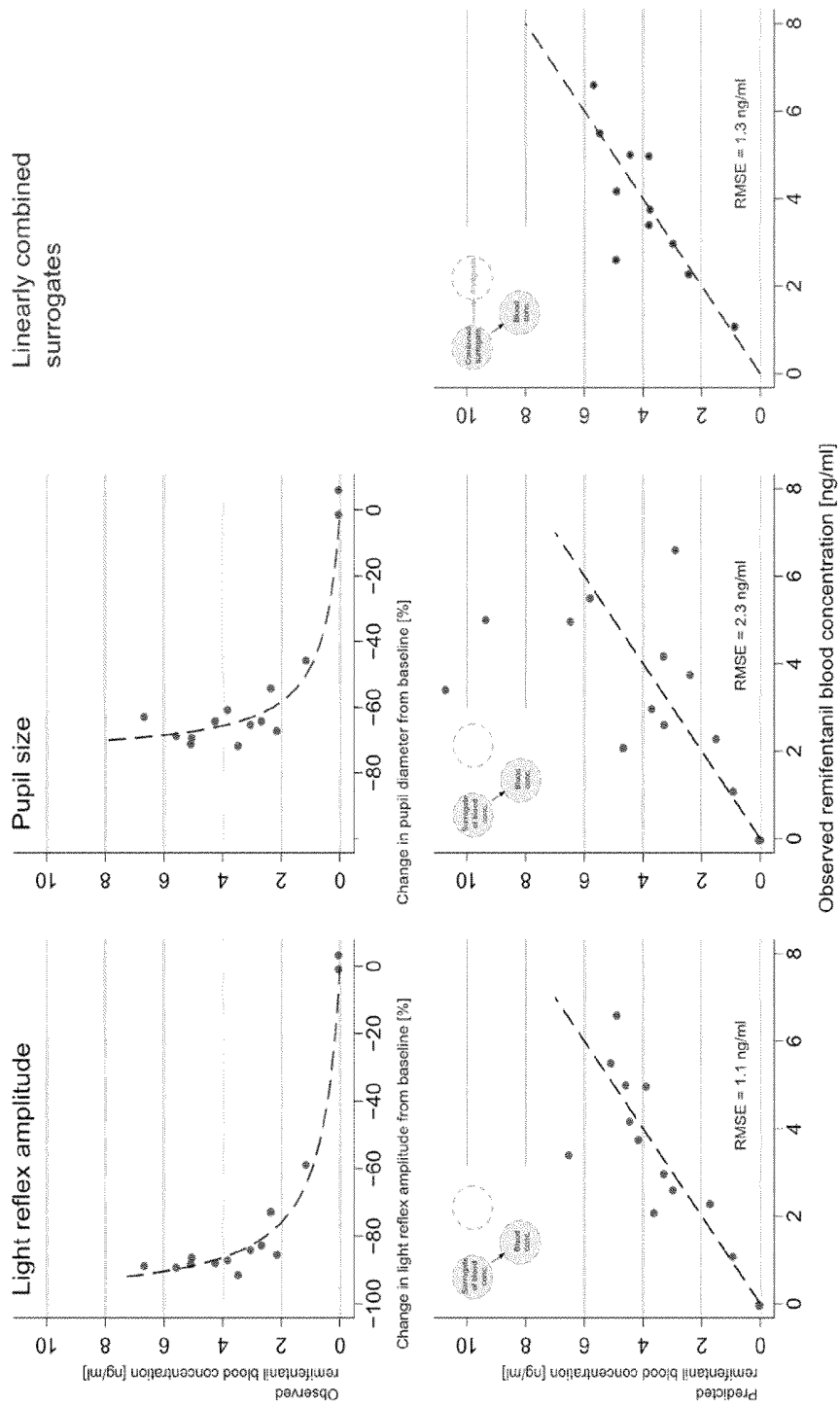
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Figure 1



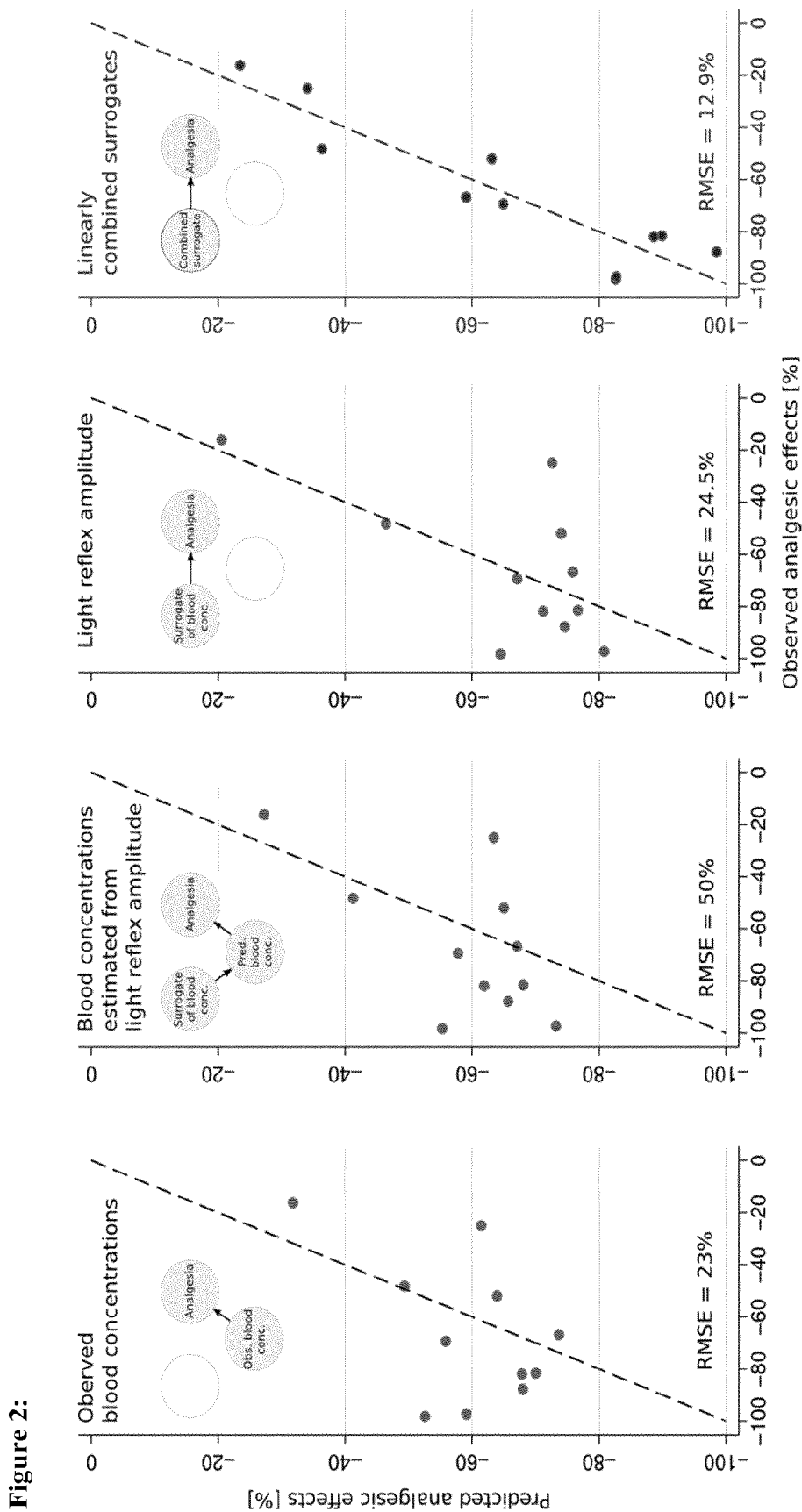


Figure 2:

**NON-INVASIVE METHOD FOR  
PREDICTION OF OPIOID-ANALGESIA AND  
OPIOID-BLOOD-CONCENTRATIONS**

FIELD OF THE INVENTION

**[0001]** The present invention pertains to a non-invasive method and apparatus for predicting or monitoring analgesia and blood levels of opioid drugs in a patient receiving pain treatment, e.g., during palliative treatment. The inventive method comprises the measurement of one or more, preferably two or more, surrogate markers of a patient. According to the present invention surrogate markers correlate with the level of analgesia in the opioid receiving subject and thus provide a non-invasive method to predict and monitor analgesia during a treatment. Even more, surrogate markers were identified which correlate with the blood-concentration of the opioid in the subject. Thus, the invention provides a valuable clinical tool to assess, monitor and control pain treatments with opioids. Disclosed is the prediction method, an apparatus suitable for performing the inventive methods as well as the apparatus for use in medical treatments, such as pain therapy.

DESCRIPTION

**[0002]** The present invention is directed to valuable tools for use in pain treatment (analgesia) in larger mammals, in particular in humans. Opioid analgesics such as e.g. morphine and its derivatives are the most powerful analgesic drugs. The pain relieving activity of opioid analgesics includes a depressive effect on the central nervous system with respiratory depression being one that sometimes even ends fatal. Opioid analgesics are invaluable for the treatment of severe acute or chronic pain as, for example, may occur in bone degenerative diseases and cancer conditions. They are easy to administer and they provide effective pain relief in most patients. Due to the lack of acute organ toxicity the doses of morphine and other strong opioids can be increased to relatively high levels. Yet, dosing of opioids to achieve optimal analgesia in a patient is still not satisfactory controlled.

**[0003]** A well-known and widely used opioid is remifentanyl, which is marketed as the hydrochloric salt from Glaxo Wellcome Inc. under the tradename ULTIVA® (remifentanyl hydrochloric salt). It is a mu-opioid agonist indicated for four administration as (1) an analgesic agent for use during the induction and maintenance of general anesthesia for in-patient and out-patient procedures, (2) for continuation as an analgesic into the immediate postoperative period under the direct supervision of an anesthesia practitioner in a postoperative anesthesia care unit or intensive care setting, and (3) as an analgesic component of monitored anesthesia care. Remifentanyl is chemically designated as a 3-[4-methoxycarbonyl-4-[(1-oxopropyl)phenylamino]-1-piperidine]propanoic acid methyl ester, hydrochloric salt, C<sub>20</sub>H<sub>28</sub>N<sub>2</sub>O<sub>5</sub>.HCl, with a molecular weight of 412.91. Because of the rapid onset of action of remifentanyl, accurate dosing and monitored care are important in order to avoid adverse effects. This is not always suitable for outpatient procedures performed by general practitioners or by patient controlled infusions.

**[0004]** For example postoperative patients, or chronic patients suffering from severe diseases such as cancer, generally suffer a great deal of pain as a result of the surgical

procedure, or the nature of the disease. The physician usually prescribes strong analgesics or painkillers in the form of pills or tablets to relieve this symptom for most patients. For some cases, analgesics are prescribed which can be self-administered by the patient through a “patient-controlled analgesia” (PCA) device or pump. The typical PCA device is programmed to deliver a predetermined amount of opioid (according prescription, or drug leaflet), such as morphine, through a connected intravenous tube whenever the patient presses a button according to the patient’s perceived needs. While the PCA device relieves pressure on nursing resources and grants superior pain control, the patient could easily induce an accidental overdose if the administration of the analgesic is left unchecked or if the patient is hypersensitive to the analgesic. Further possibilities for PCAs are patient-controlled epidural analgesia, patient-controlled regional analgesia or transdermal systems (patches).

**[0005]** However, draw-backs in PCA supported pain therapy occur in the case of mentally impaired patients, patients with severe physical damages (problems with handling of the devices) as well as young and very old patients.

**[0006]** Another option in analgesia is a system that infuses the drug based on the calculations of a computer program, known as “target controlled infusion” (TCI). Empirically determined models based on population kinetics together with data of the pharmacokinetic and—dynamic profile of a given medicament and patient specifics provide the basis for a calculation of the drug administration in order to achieve optimal opioid concentrations at the target area (central nervous system). This system though does not allow the patient to individually adjust drug dosage, and therefore often does not meet the patient’s individual needs. Further, the data on pharmacokinetics and—dynamics vary significantly within and in between individual patients. Thus TCI system often cannot provide appropriate analgesia.

**[0007]** Surrogate parameters are important tools in drug development and monitoring. They provide easy and quick access to information about parameters of interest, which can be measured directly only with difficulty. Miotic opioid effects have recently been proposed as a suitable non-invasive surrogate for opioid blood concentrations (Kharsch et al., 2003) to replace invasive sampling and to provide information about blood concentrations quicker than after analytical assays.

**[0008]** However, apart from pharmacokinetic studies where analytical assays should not be replaced by a surrogate, and in a forensic context, when opioid dosing is in question without available blood samples (Lötsch et al., 2006), opioid blood concentrations mainly serve as an auxiliary measure for the subsequently linked clinical opioid effects. More important are surrogates with relevance for clinical effects as inadequate analgesia due to opioid under-treatment is still a vital topic in modern medicine (Sinatra, 2010, Moskovitz et al., 2011, Wu and Raja, 2011, Simone et al., 2012). An effect-compartment controlled target-controlled infusion system, like recently proposed for anesthesia (Sahinovic et al., 2010), constantly fed with information from a surrogate marker for opioid analgesia, could represent one of the potential strategies to optimize opioid-based pain therapy. However, whether miotic opioid effects are suited to draw conclusions about clinically relevant opioid effects is uncertain.

**[0009]** An opioid that would particularly benefit from a relevant surrogate is remifentanyl because concentration assessment requires arterial sampling (Egan et al., 1993, Egan et al., 1996, Minto et al., 1997a, Egan et al., 2004, Noh et al., 2006, Oertel et al., 2012b), associated with the risk of arterial occlusion (Evans and Kerr, 1975, Bright et al., 1993, Oertel et al., 2012b), a challenging sample handling is needed (Lötsch and Angst, 2003) and analytical methods are established in only a few specialized laboratories of the world.

**[0010]** In view of the above described major drawbacks in the background art, it is the objective of the present invention to provide novel clinical tools that allow the medical practitioner to determine the level of analgesia and the level of side effects in a patient receiving pain treatment with one or more opioids, as well as an alternative for measuring opioid blood-concentrations without arterial sampling.

**[0011]** The above problem is solved in a first aspect by a method for the non-invasive prediction or monitoring of analgesia, and/or opioid blood-concentrations, in a subject which received at least one opioid dose, comprising acquiring or providing at least one surrogate marker of said subject before, and at the same time or at least once after, the opioid administration; and determining therefrom said analgesia, or opioid blood-concentration, in said subject. In a particularly preferred embodiment at least two, three or more surrogate markers are acquired of said patient. In this setting said analgesia, or opioid blood-concentration, is determined by linear combination of said two, three or more surrogate markers.

**[0012]** In one preferred embodiment of the invention, methods for treatment of the human or animal body by surgery or therapy and diagnostic methods practiced on the human or animal body are excluded (not comprised by the method of the invention).

**[0013]** In context of the herein described invention it was surprisingly discovered that the linear combination of more than one surrogate marker (parameter) allows for an adequate and statistically stable prediction of the level of analgesia in a subject receiving opioids. Furthermore, surrogate markers such as the pupil light reflex provided at least in the case of the opioid remifentanyl correlation with the blood-concentration of the opioid, and thus renders arterial sampling superfluous.

**[0014]** Pharmacodynamic surrogate parameters combined by means of a mathematical equation provide a novel tool for the prediction of relevant clinical drug effects that is superior even to the prediction of the effects by measured drug concentrations. The here presented combined surrogate approach seems a suitable path to be followed during early-phase drug development strategies or implanted in therapeutic drug monitoring and controlled dosing systems.

**[0015]** In the context of the present invention the terms “biomarker” and “surrogate marker” shall be understood to pertain to two different parameters. Biomarkers are defined as a laboratory measurement that reflects the activity of a disease process. Typical biomarkers include blood levels of proteins or other molecules, etc., which in essentially all cases, are markers that quantitatively correlate (either directly or inversely) with disease progression and constitute clinical end points. A “surrogate marker” on the other hand must be understood as a substitute for a clinical endpoint, without necessarily having a real relationship with the clinical end point. Because the surrogate markers are

employed as a percent change in status, virtually any indicator can be used. Surrogate markers could include any measure of the effectiveness of an opioid’s action. Given the effectiveness of the opioid’s action, relative to the surrogate markers, the prediction of analgesia or concentration may be used in the clinic to determine a change in drug dose of the subject. Conversely, by employing this system, one could determine the expected result of a drug dose change on the surrogate markers.

**[0016]** In preferred embodiments of the present invention the surrogate marker is selected from the group consisting of pupil size, pupil reaction to light stimuli, tracking test performance, respiratory rate, arterial oxygenation, partial pressure of transcutaneous carbon dioxide, EEG derived parameters, clinical parameters of tiredness, nausea, drowsiness, vertigo, and itching. Particularly preferred are the markers: pupil size, pupil reaction to light stimuli, tracking test performance.

**[0017]** The surrogate markers pupil size and pupil reaction (constriction or dilation) to light stimuli are usually tested in preferred embodiments of the invention via a pupillometer or pupilometer. Usually a pupilometer is a hand-held portable electronic instrument that assesses and records pupil size and reaction to stimulus.

**[0018]** The surrogate marker tracking test performance, or compensatory tracking task, is a task that assesses eye-hand coordination, in which the subject is operating a display that has an indicator and a zero point using a joystick, computer mouse, trackball, or other controlling device. The user must try to keep the indicator within the zero point while the indicator is being acted upon by outside forces. Such tracking tasks can be of varying design, which shall not be restrictive for the embodiments of the present invention.

**[0019]** Surrogate markers such as respiratory rate, arterial oxygenation, partial pressure of transcutaneous carbon dioxide, EEG derived parameters are all well known to the clinical practitioner and can be acquired by standard means known in the art. Surrogate markers corresponding to clinical parameters of tiredness, nausea, drowsiness, vertigo, and itching, may be, for example, acquired by means of paper-administered visual analog scales, e.g. from zero to 100.

**[0020]** One further embodiment of the invention pertains to a method as described herein above wherein said blood opioid concentration is determined according to equation I:

$$C = \text{Effect} \cdot EC_{50} / (E_{max} - \text{Effect}), \quad (I)$$

wherein

C is the predicted blood-concentration of said opioid,

Effect is the relative change of said surrogate marker from the baseline

$EC_{50}$  is the concentration of said opioid at half maximum effect

$E_{max}$  is the maximum effect.

**[0021]** In an even more preferred embodiment the surrogate marker light reflex amplitude (pupil reaction to light) is used in the above equation I which was found in the context of the herein described invention to provide excellent predictions for the blood remifentanyl concentrations. This is particularly useful, because the blood concentrations of remifentanyl, as mentioned above, must be to date determined by arterial sampling—which is due to various risks still unfavorable. In the case of remifentanyl, in the above

equation I said Effect is provided in percent change from baseline, and/or said  $EC_{50}$  for remifentanyl is 0.6 ng/ml, and/or said  $E_{max}$  is -100%.

[0022] Yet, it was furthermore discovered that the linear combination of more than one surrogate marker allowed for an even better prediction of opioid blood concentrations. Thus, it is more preferred that in the herein disclosed methods more than one surrogate marker, preferably two or three, are combined with each other in a linear equation for a given opioid, which than allows for the prediction of the blood concentrations of said opioid in a subject.

[0023] Preferably in the embodiment of the linear combination of more than one, preferably two or three, or more surrogate markers, the opioid blood-concentration is determined by equation (II)

$$C_{predicted} = k \cdot \text{Effect}_{\text{pupil diameter}} - m \cdot \text{Effect}_{\text{Light reflex}} - n \cdot \text{Effect}_{\text{Tracking performance}} + w, \quad (\text{II})$$

wherein k, m, n and w, are coefficients ranging from  $-\infty$  to  $\infty$ , depending on the scaling.

[0024] The above coefficients may vary depending on the opioid for which a prediction of monitoring of blood-concentrations is needed. For remifentanyl, k is 0.10316, m is 0.095613, n is 0.060719 and w is 0.038027. Of course, the above equation may include the Effects of other surrogate markers to increase accuracy, or one or more surrogate marker is substituted with a different surrogate marker. Also as mentioned above, the linear combination may only include the linear combination of two surrogate markers, or on the other hand more than three surrogate markers.

[0025] Preferably the above method is for predicting analgesia in a subject receiving opioid treatment. Thus it is preferred that said analgesia is predicted by linear combination of more than one surrogate marker, preferably two or three, according to equation (III)

$$\text{Analgesia}_{predicted} = q \cdot \text{Effect}_{\text{pupil diameter}} - s \cdot \text{Effect}_{\text{Light reflex}} + t \cdot \text{Effect}_{\text{Tracking performance}} + v, \quad (\text{III})$$

wherein

Effect is the relative change of said surrogate marker from the baseline (percent from baseline), and

q, s, t, v are coefficients ranging from  $-\infty$  to  $\infty$ , depending on the scaling.

[0026] The above coefficients may vary depending on the opioid for which a prediction of monitoring of analgesia is needed. For remifentanyl, q is 4.7547, s is 2.4799, t is 0.45914 and v is 47.7756. Of course, the above equation may include the Effects of other surrogate markers to increase accuracy, or one or more surrogate marker is substituted with a different surrogate marker. Also as mentioned above, the linear combination may only include the linear combination of two surrogate markers, or on the other hand more than three surrogate markers.

[0027] The finding of the present invention suggests that predictions of opioid analgesia from suitable pharmacodynamic surrogates are superior to that from opioid blood concentrations. Even under apparent steady state conditions at effect site, the transfer between blood and CNS is subject to interindividual variance. In addition, the resulting opioid effects depend on local concentrations and on the local opioid receptor density and signaling efficiency that is known to vary among pain-relevant brain regions. These differences may be better captured with pharmacodynamic

surrogate parameters according to the method of the present invention than by associating effects solely to concentrations.

[0028] Opioids are among the oldest drugs in existence, and remain a mainstay of pain management. The term "opioid" shall refer to the following substances. Opium, the original opioid, is derived from poppy plants. "Opiates" are natural derivatives of opium, and include morphine, methadone, and heroin. "Opioids" are a broader class of drugs, that includes opium, opiates, and synthetic drugs with the same pharmacological effect of opium. Commonly used, and herein preferred synthetic opioids include meperidine, fentanyl, alfentanil, sufentanil, and remifentanyl. Particularly preferred is remifentanyl.

[0029] In another aspect of the invention there is provided a method for treating, monitoring or controlling analgesia in a patient receiving an opioid treatment, comprising the steps of predicting the analgesia according to the prediction method of the herein above described invention, and calculating based on the predicted analgesia a revised dose of said opioid. Said revised dose shall provide a better analgesia, which means that the analgesia shall meet the individual needs of the actual patient, for example a higher level of analgesia in case of insufficient pain suppression, or a lower level on analgesia in case of unnecessary strong, or even dangerous opioid effects in said patient, for example in order to avoid respiratory depression in the patient.

[0030] In this aspect it is preferred that the surrogate markers are constantly observed and updated while the opioid is administered to the patient. In this way the level of analgesia can be controlled and monitored in order to adjust drug levels to the individual needs of the patient, or to avoid dangerous overtreatment and to enable the timely initiation of counter treatments. By this way it will be possible for clinical practitioners to improve pain treatments that to date suffer from under-treatment due to cautious medical personal.

[0031] The problem of the invention is furthermore solved by an apparatus or system for performing the inventive method in all of the embodiments described herein. Thus in certain embodiments of the invention preferred is an apparatus or system for the prediction of analgesia, or opioid blood-concentrations. The apparatus may comprise

[0032] a. Means for acquiring said at least one surrogate marker of a subject, and/or means for accepting as input said at least one surrogate marker,

[0033] b. Means for storing the recorded values of said at least one surrogate markers,

[0034] c. Means for calculating or monitoring said predicted analgesia, or opioid blood-concentrations, and

[0035] d. Optionally, means for display/output of the calculated analgesia, or opioid blood-concentrations.

[0036] It is preferred that the apparatus or system according to the invention comprises a. means for acquiring at least two or three, or more, surrogate markers of a subject, and/or means for accepting as input at least two, three, or more, surrogate markers.

[0037] This apparatus or system includes as a means for calculating or monitoring a general purpose computer, comprising an input means, which is preferably a keyboard and/or a mouse and/or trackball and/or a joystick, a display/output means, preferably a video display screen, a data storage means, preferably a hard disk drive, and a processor.

It is preferred that on this computer the computer program receives input data from a physician or the patient regarding the current values of the individual surrogate markers as the percent response of the patient based on the surrogate markers used to monitor the opioid. Additional input may be the current drug dosage, and the initial drug dosage the patient received. Further additional input may include individual patient characteristics such as gender, age, weight, etc.

**[0038]** It is preferred that within the apparatus embodiment of the invention said predicted analgesia, or opioid blood-concentrations, is calculated by any of the above equations (I) to (III), or in case other combinations of surrogate markers are use, the respective equations adjusted to said surrogate markers, or marker combinations.

**[0039]** In one further embodiment the apparatus according to the invention further comprises means for applying a dose of said opioid to a subject. Such means may be for example an electronically controlled infusion system, a syringe or the like. Such automated systems for the application of drugs are well known within the art.

**[0040]** The present invention supplies a clinical tool to evaluate the analgesia or opioid blood concentrations in a patient in a non-invasive manner. Even more, the invention for the first time described that the use of surrogate markers provides an even better estimation of analgesia than the measuring of blood concentrations. Thus, the apparatus of the invention in one additional preferred embodiment is characterized in that the amount and/or infusion rate of said dose of said opioid is calculated based on the predicted analgesia, and/or predicted opioid blood-concentration.

**[0041]** The apparatus may further comprise safety measures known in the art. Preferred are means for applying to a subject a countermeasure to the opioid, for example an infusion of naloxone. Additionally or alternatively the apparatus may comprise means for acquiring respiratory depression in said subject, and/or means for accepting as input the parameter for respiratory depression of said subject. If respiratory depression occurs, safety measures can be initiated in time in order to prevent the subject to suffer any harm from the opioid infusion.

**[0042]** The apparatus may furthermore comprise means for accepting as input the subject's initial and/or current opioid dose.

**[0043]** There is further provided a software product, or computer-readable storage medium having computer-executable instructions stored, that, when executed, cause a computer to perform the method of the invention. The computer software product or computer-readable storage medium is in a preferred embodiment said computer program that is run on the apparatus or system of the invention as described above. Therefore preferably the computer software product or computer-readable storage medium of the invention when loaded into a personal computer causes the personal computer to calculate the predicted analgesia or opioid blood-concentrations in accordance with the present invention by any of the above equations (I) to (III), or in case other combinations of surrogate markers are use, the respective equations adjusted to said surrogate markers, or marker combinations. The calculation is based on the surrogate markers, as acquired, or as received by input from a physician or the patient.

**[0044]** The invention additionally solves the above problem by the above described apparatus for use in medicine,

preferably for use in the pain treatment of a patient, such as a pain treatment involving the opioid remifentanyl.

**[0045]** The present invention will now be further described in the following examples with reference to the accompanying figures and sequences, nevertheless, without being limited thereto. For the purposes of the present invention, all references as cited herein are incorporated by reference in their entireties. In the Figures:

**[0046]** FIG. 1: Association of remifentanyl blood concentrations (n=14) with pupil derived parameters (Left: light reflex amplitude, right: pupil diameter). The top panels show the sigmoidal relationship between blood concentrations and pupil measures

$$C = \frac{\text{Effect} \cdot EC_{50}}{E_{max} - \text{Effect}}$$

dashed curved lines, with values of  $E_{max} = -100\%$  and  $EC_{50} = 0.6$  ng/ml for light reflex amplitudes, and of  $E_{max} = -75.1\%$  and  $EC_{50} = 0.6$  ng/ml for pupil diameters), the bottom panels display the concentrations predicted (ordinate) using the sigmoidal relationship plotted versus the observed concentrations (abscissa). The line of agreement between predictions and observations is given as a dashed diagonal; dots above this line show over-predictions. A linear surrogate combination was also suitable to predict blood concentrations:  $C_{predicted} = 0.10316 \cdot \text{Effect}_{Pupil\ diameter} - 0.095613 \cdot \text{Effect}_{light\ reflex\ amplitude} - 0.060719 \cdot \text{Effect}_{Tracking\ performance} + 0.038027$  (3<sup>rd</sup> bottom panel from left), only slightly less accurate than the predictions obtained with the light reflex amplitude using a sigmoidal relationship (n=12; zero concentrations excluded). RMSE: root mean square error between predicted and observed values.

**[0047]** FIG. 2: Predictions of analgesic effects (n=11; outliers excluded) from observed remifentanyl blood concentrations and different surrogate parameters as given at the top of each panel, with indirect or direct prediction paths indicated below. Left panel: Prediction of analgesia from measured remifentanyl blood concentrations would be possible with an RMSE of 23% ( $\text{Analgesia}_{Obs} = 10.34 \cdot C_{Remifentanyl} + 20.53$ ). When using the effects on the light reflex amplitude to directly predict the analgesic effects ( $\text{Analgesia}_{Pred} = 1.841 \cdot \text{Effect}_{Light\ reflex} + 86.9372$ ), the prediction improved to a level that was comparable to that obtained from observed remifentanyl blood concentrations (3<sup>rd</sup> panel from left). Only when using a linear combination of surrogate parameters (e.g.  $\text{Analgesia}_{predicted} = 4.7547 \cdot \text{Effect}_{Pupil\ diameter} - 2.4799 \cdot \text{Effect}_{Light\ reflex\ amplitude} + 0.45914 \cdot \text{Effect}_{Tracking\ performance} + 47.7756$ ,  $\text{Analgesia}_{Pred} = 4.7547 \cdot \text{Effect}_{Pupil\ diameter} - 2.4799 \cdot \text{Effect}_{Light\ reflex\ amplitude} + 0.45914 \cdot \text{Effect}_{Tracking\ performance} + 47.7756$ ), the precision became acceptable (RMSE=12.9%) and was superior to that obtained from observed remifentanyl blood concentrations. A linear surrogate combination was also suitable to predict blood concentrations (compare FIG. 1). The lines of agreement between predictions and observations are given as dashed diagonals; dots above these lines show over-predictions.

## EXAMPLES

### Materials and Methods

#### Subjects

**[0048]** Sixteen volunteers (aged 19-36 years, all within  $\pm 10\%$  of their normal body weight, eight men) participated

in this double-blind, randomized, single-occasion study. Subjects were determined to be healthy by examining the medical history, present physical condition and routine clinical laboratory tests and abstained from prescription/over-the-counter medications, alcohol and food for 30 days, 24 hours and six hours before the experiments, respectively. Effect measures and clinical effects were assessed in the order: visual acuity (duration: 5 min), clinical parameters (1 min), pupil sizes and reactions to light stimulation (5 min), analgesic effects and concomitant assessment of the tracking performance (20 min). Additional data from this study, non-redundant with the present analysis, has been published in another context in (Lötsch et al., 2001) and (Oertel et al., 2012b).

#### Medication

**[0049]** Remifentanyl (Ultiva®, courtesy of Glaxo Wellcome GmbH & Co., Hamburg, Germany) is an ultra-fast acting opioid which, due to its ester structure, is rapidly degraded in the blood by non-specific tissue and plasma esterases (Egan, 1995) rendering venous blood concentrations irrelevant (Hermann et al., 1999) and causing the necessity of arterial blood sampling (Oertel et al., 2012b). Due to its lipophilicity, remifentanyl is quickly transferred between blood and central nervous effect sites with a first-order equilibration half-life of 1-2 min (Egan et al., 1996). To circumvent this delay, steady-state concentrations were used. Remifentanyl was administered intravenously by means of computerized infusion using STANPUMP ((Shafer et al., 1990) freely available from Steven L. Shafer, MD at <http://www.opentci.org/lib/exe/fetch.php?media=code:stanpump.zip>, accessed Oct. 13, 2012) with published population pharmacokinetic parameters (Minto et al., 1997a, Minto et al., 1997b). Different target concentrations at the effect site were studied (0, 1.2, 2.4, 3.6, 4.8, and 6 ng/ml as used previously (Lötsch and Angst, 2003) and for better resolution in the lower concentration range additionally 1.8 and 3 ng/ml). One hour equilibration time was allowed to ensure steady state, which also allowed the subjects to adapt to the opioid effects and experimental conditions and was considerably longer than suggested by simulations of steady state conditions, which, however, were based on population mean values without including intersubject variability. Therefore, the blood concentrations could be taken as a substitute of the effects site concentrations. To reduce opioid exposure, one target concentration was assigned to one man and woman; a simplified design adapted from “single ascending dose studies” where only a few subjects receive a particular drug dose while another dose is administered to a new group of subjects, as often employed in drug safety studies to limit the number of subjects exposed to a dose and minimize the efforts when many doses are tested (Bouman-Thio et al., 2008, Jiang et al., 2009, Lin et al., 2010, Padhi et al., 2011).

#### Measurements

##### Remifentanyl Blood Concentrations

**[0050]** Blood (4 ml each) was sampled into lithium-heparin tubes at 0, 0.33, 0.5, 0.75, 1, 1.25, 1.5, 2, 2.5 and 3 h relative to the start of infusion (detailed concentrations given elsewhere (Oertel et al., 2012b)). As described previously (Oertel et al., 2012b), tubes were gently shaken to mix blood and anticoagulant. Immediately, two aliquots of

exactly 1 ml were pipetted into plastic storage tubes containing precisely 20 µl citric acid (50% w/w) for exact pH control peremptory to prevent remifentanyl hydrolysis (Selinger et al., 1994). Manipulations were made with tubes on ice which were subsequently stored at -80° C. Remifentanyl concentrations were measured using a validated LC-MS/MS assay (Jasco LC-unit, Groß-Umstadt, Germany, Sciex API 3000 tandem mass spectrometer, Langen, Germany). Mass transitions used for quantitation and qualification were m/z 377→113.1 (collision energy 41 eV) and m/z 377→81.0 (collision energy 59 eV), respectively. Standards were analyzed at concentrations of 0.01-10 ng/ml (internal standard alfentanil). Quality control samples were randomly analyzed. The interday precision of the assay was 8% with accuracy within 10% of nominal values.

##### Candidate Surrogate Effect Measures

**[0051]** Pupil sizes and reactions to light stimulation were tested using a pupilograph (CIP, Amtech GmbH, Weinheim, Germany). The pupil reaction to light stimuli of 9766 Candela/m<sup>2</sup> (wave length 585 nm, stimulus duration 0.2 s) was sampled at a frequency of 250 Hz for 2 s with implemented CCD-line scan camera. Each measurement was repeated five times, and a total of three measurements at baseline and three during opioid infusion were done before averaging the data. The light in the windowless laboratory was kept at 13.6 Lux and was reduced to 0.3 Lux 3 min before measurements.

**[0052]** During pain tests (see below) but limited to the periods between pain stimuli, subjects executed a tracking task on a computer screen (idea/programming: Kobal, Müller and Hummel (Hummel and Kobal, 2001)). Using a joystick, they had to keep a small red square inside a larger green one that randomly moved across the screen at eye-level at a distance of approximately 2 m from the subject's eyes. The tracking performance was determined by measuring how long the subjects lost contact with the independently moving square (0 to 100% successful performance in tracking (Hummel et al., 1994)).

##### Effects of Clinical Interest

**[0053]** Analgesic effects were assessed using an experimental pain model that employed nociceptive stimuli consisting of short pulses (200 ms, 75% v/v, n=15) of gaseous carbon dioxide (CO<sub>2</sub>) applied to the right nasal mucosa (Kobal, 1985) at an interstimulus interval of 30 s. The CO<sub>2</sub> stimuli were applied via a thin Teflon tube (outer diameter of 0.5 mm), embedded into a constantly flowing stream of compartment air (8 l/min) with controlled temperature (36.5° C.) and humidity (80% relative humidity). After each stimulus, the subjects rated its intensity via a visual analog scale displayed on a computer monitor, ranging from zero (“no pain”) to 100 (“severe pain”). For statistical evaluation, the estimates of individual subjects were averaged. Subjects were rated selected clinical parameters such as tiredness, drowsiness and nausea as typical acute opioid effects by means of paper-administered visual analog scales (100 mm length, ranging from zero, “no such symptom”, to 100, “symptom experienced at maximum intensity”).

**[0054]** Visual acuity was assessed by displaying a standard chart of 10 lines of letters at decreasing sizes for reading at a distance of 6 m from the participant. An illumination of 700 Lux on the chart and of 450 adjacent to the chart was

observed (Buch et al., 2001). The visual acuity was calculated from the number of the line with the smallest letters that were correctly read.

Data Analysis

[0055] Data acquired during the remifentanyl infusion was transformed to percent changes from baseline. Subsequent exploration for correlations was done by calculating Spearman’s correlation coefficient (Spearman, 1987). This measures the similarity of the orderings of ranked data, thereby taking into account that some of the tested relationships were probably non-linear. For the latter reason, a sigmoid pharmacodynamic model (Holford and Sheiner, 1982),

$$\text{Effect} = \frac{E_{max} C^\gamma}{EC_{50}^\gamma + C^\gamma},$$

was subsequently fitted to the data, with  $E_{max}$  and  $EC_{50}$  denoting the maximum effect and the concentration at half-maximum effect as a measure of drug potency, respectively. The shape factor,  $\gamma$ , was fixed at a value of 1 as the data did not allow to estimate a shape factor different than 1 as indicated by 95% confidence intervals of  $\gamma$  always including the value of 1 and the non-significant outcomes of F-tests comparing the simpler (i.e.,  $\gamma=1$ ) with the more complicated (i.e.,  $\gamma$  allowed to differ from a value of 1) models. As one measurement per subject was available, this was a pooled analysis, not providing separate estimates of intraindividual and interindividual variabilities. Nevertheless, the data was approximately log-normally distributed, which justifies the use of sigmoid pharmacodynamic models (Holford and Sheiner, 1982).

[0056] Subsequently, predictions of blood concentrations by candidate surrogate parameters were assessed using the pharmacodynamic model rearranged for C, i.e.,

$$C = \frac{\text{Effect} \cdot EC_{50}}{E_{max} - \text{Effect}}$$

(inverse sigmoidal pharmacodynamic model). Alternatively, linear predictions were explored using Matlab’s (Math-

Works, Natic, Mass., USA) robust linear regression estimation (DuMouchel and O’Brien, 1989). The prediction performances were comparatively judged on the basis of the root mean square error between predicted, P, and observed, O, values, calculated as

$$RMSE = \sqrt{\frac{1}{n} \sum_{i=1}^n (O - P)^2},$$

measured in the same units as the data and representative of the standard error of the predictions. The RMSE is the square root of the squared deviations from the model to the predictions. It represents an absolute measure of goodness-of-fit whereas the R-squared measure is a relative measure of fit (Hosmer, 1991). Lower values of RMSE indicate a better fit. As RMSE is a sum, it is susceptible to outliers. Therefore, RMSE should always be compared with a visualization of the data (e.g. FIG. 2 where the lowest RMSE, 12.9, indeed indicates that the particular prediction model is the best).

[0057] Direct prediction of clinical effects by surrogate parameters was also analyzed. Subgroups of data were identified by means of hierarchical clustering. As surrogate effects are related by an inverse sigmoidal pharmacodynamic model to the concentrations, which are related to effects by a sigmoidal model, surrogate and clinical effects can be regarded as linearly related and analyzed by means of (multiple) linear regression.

Example I

Prediction of Remifentanyl Blood Concentrations from Surrogates

[0058] Data was available from 14 subjects as of three dropouts (at target concentrations of 1.8, 2.4 and 6 ng/ml) only one was replaced (1.8 ng/ml). Two subjects dropped out at an early stage of the experiment, one because of anxiety shortly after the remifentanyl infusion was started and another one due to excessive vomiting and nausea. A third dropout was due to bradycardia that caused the medical decision to stop the remifentanyl infusion.

TABLE 1

Non-parametric Spearman rank correlation matrix among opioid effect measures (n = 14; percent changes in effect measures from baseline served as the basis for this non-parametric correlation analysis). The correlation coefficient  $\rho$  is given with the respective p-values.

Rank correlation matrix								
Changes in	Blood concentrations	Pain	Pupil diameter	Light reflex	Visual acuity	Tiredness	Drowsiness	Nausea
Pain	-.565* p = 0.035							
Pupil diameter	-.629 p = 0.016	.644 p = 0.013						
Light reflex	-.862 p < 0.001	.521 p = 0.056	.776 p = 0.001					
Visual acuity	-.454 p = 0.103	.334 p = 0.244	.745 p = 0.002	.712 p = 0.004				
Tiredness	.405 p = 0.151	-.486 p = 0.078	-.609 p = 0.021	-.640 p = 0.014	-.718 p = 0.004			

TABLE 1-continued

Non-parametric Spearman rank correlation matrix among opioid effect measures (n = 14; percent changes in effect measures from baseline served as the basis for this non-parametric correlation analysis). The correlation coefficient $\rho$ is given with the respective p-values.								
Rank correlation matrix								
Changes in	Blood concentrations	Pain	Pupil diameter	Light reflex	Visual acuity	Tiredness	Drowsiness	Nausea
Drowsiness	.533 p = 0.050	-.245 p = 0.398	-.594 p = 0.025	-.514 p = 0.060	-.639 p = 0.014	.545 p = 0.044		
Nausea	.558 p = 0.038	-.287 p = 0.319	-.667 p = 0.009	-.632 p = 0.015	-.766 p = 0.001	.316 p = 0.271	.562 p = 0.037	
Tracking	-.801 p = 0.001	.692 p = 0.009	.692 p = 0.009	.742 p = 0.004	.689 p = 0.009	-.698 p = 0.008	-.696 p = 0.008	-.650 p = 0.016

\*From this significant non-parametric rank correlation does not follow that pain could be predicted from plasma concentrations using a linear relationship between the arterial remifentanyl concentrations and the changes in pain. Indeed, such a relationship of  $\text{Analgesia}_{Obs} = 10.34 \cdot C_{Remifentanyl} + 20.53$  predicted pain with an RMSE of 28.4%, which was worse than the using the sigmoid pharmacodynamic model (RMSE 23%, see also FIG. 2).

**[0059]** Median<sub>1-3</sub> h arterial blood concentrations of remifentanyl ranged between 1.1 and 6.6 ng/ml (plus two zero concentrations). Recorded subjective ratings of the clinical parameters tiredness (0-66 mm VAS), nausea (0-12 mm VAS) and drowsiness (0-5 mm VAS) raised following the administration of remifentanyl to 28-100, 0-23, and 0-100 mm VAS, respectively, with higher symptoms associated with high opioid concentrations (further details not shown). The correlation matrix (Table 1) further showed that remifentanyl effects on the light reflex amplitude were highest (negative) correlated with its concentrations, followed by its effects on the tracking performance and on pupil diameters.

**[0060]** Considering the proposal of miotic opioid effects as a noninvasive surrogate for its conventional pharmacokinetics (Kharasch et al., 2003), the first part of the analysis comparatively addressed the prediction of remifentanyl blood concentration by candidate surrogate parameters. The best prediction of remifentanyl blood concentrations (RMSE=1.1 ng/ml) was obtained with the light reflex amplitude (FIG. 1) associated sigmoid-shaped to the concentrations (EC<sub>50</sub>=0.6 ng/ml, E<sub>max</sub>=-100%; these parameters had been obtained by a standard fit of pooled data using a classical sigmoid pharmacodynamic model. Details about goodness-of-fit are: the standard error of estimate of EC<sub>50</sub>=0.1, E<sub>max</sub> did not significantly differ from a value of -100% and had therefore been fixed, and goodness-of-fit: R<sup>2</sup>=0.984). Pupil diameters (Kharasch et al., 2003) and the tracking performance produced comparatively inferior predictions (RMSE=2.6 ng/ml and 3.2 ng/ml, respectively).

### Example II

#### Prediction of Analgesia from Surrogates

**[0061]** In the second part of the analysis, the utility of the surrogates to predict more clinically relevant remifentanyl effects, in particular analgesia, was analyzed. Two subjects with zero concentrations and a subject with hyperalgesia (increased pain ratings by 23% from 25 to 30.7 mm VAS during steady-state blood concentrations of 2.1 ng/ml, target 1.8 ng/ml) formed separate clusters and were excluded. Predicting the analgesic effects on the basis of the observed remifentanyl blood concentrations (E<sub>max</sub>=-100% and EC<sub>50</sub>=2.4 ng/ml; again, these values had been obtained using a standard sigmoidal model: the standard error of the

estimate of EC<sub>50</sub> was 4, E<sub>max</sub> did not significantly differ from a value of -100% and had therefore been fixed, and R<sup>2</sup> was 0.274) provided an RMSE of 23%. Replacing in E<sub>max</sub> model the observed concentrations with those predicted on the basis of the pupil light reflex amplitude resulted in an RMSE of 50% (FIG. 2). In contrast, the light reflex amplitude provided a prediction of analgesia with an RMSE=24.4% and pupil sizes of 17.8%.

**[0062]** However, the prediction of analgesia (FIG. 2) substantially improved when using a linear combination of all three surrogate parameters as  $\text{Effect}_{Analgesia} = 4.7547 \cdot \text{Effect}_{Pupil\ diameter} - 2.4799 \cdot \text{Effect}_{Light\ reflex\ amplitude} + 47.7756 \cdot \text{Effect}_{Tracking\ performance}$ .

**[0063]** This Model gave a good RMSE of 12.9% (FIG. 2). Similar linear combinations of surrogate parameters were found (detailed equations not shown) predicting the opioid effects on tiredness and visual acuity with acceptable precision (RMSE 23.1 and 17.3%, respectively), while multi-linear predictions of nausea and drowsiness remained unacceptable (RMSE 32.6 and 26.5%). The results did not substantially change with other permutations of outlier exclusions. Inclusion of the hyperalgesia case raised the RMSE of the prediction of analgesia by a linear combination of the three surrogate parameters to 31.6% which is inadequate. Finally, combined surrogates were also suitable for prediction of the blood concentrations (RMSE=1.3 ng/ml; detailed equation see FIG. 1).

**[0064]** To obtain a suitable prediction of analgesia, a more complex approach was required. From the present invention can be concluded that combined surrogates may provide better surrogates than single surrogates, without jeopardizing the prediction of blood concentrations. In the present setting, the improvement seems to be obtained by the combination of the pupil derived parameters, that highly correlate with remifentanyl blood concentrations, with a parameter that covered the analgesic potency of remifentanyl (reportedly ranging between 2 and 6 ng/ml (Kern and Stanski, 2008), presently provided by the tracking performance. Indeed, applying a sigmoid pharmacodynamic model to the effects on tracking performance resulted in a value of EC<sub>50</sub> of 5 ng/ml (standard error of estimate=1, R<sup>2</sup>=0.667). Nevertheless, this parameter may be replaced in other settings, provided that the newly chosen surrogate parameter meets the above criteria and is produced at a similar or lower potency as compared to that of analgesia.

1. A method for non-invasive prediction and/or monitoring of analgesia, and/or opioid blood-concentrations, in a subject who received at least one opioid dose, wherein said method comprises acquiring at least one surrogate marker of said subject before, and at the same time or at least once after, the opioid administration; and determining therefrom said analgesia, or opioid blood-concentration, in said subject.

2. The method according to claim 1, wherein at least two surrogate markers are acquired of said patient, and wherein said analgesia, or opioid blood-concentration, is determined by linear combination of said two or more surrogate markers.

3. The method according to claim 1, wherein said surrogate marker is selected from the group consisting of pupil size, pupil reaction to light stimuli, tracking test performance, respiratory rate, arterial oxygenation, partial pressure of transcutaneous carbon dioxide, EEG derived parameters, and clinical parameters of tiredness, nausea, drowsiness, vertigo, and itching.

4. The method according to claim 1, wherein said blood opioid concentration is determined according to equation I:

$$C = \text{Effect} \cdot EC_{50} / (E_{max} - \text{Effect}), \tag{I}$$

wherein

C is the predicted blood-concentration of said opioid,  
Effect is the relative change of said surrogate marker from the baseline,

EC<sub>50</sub> is the concentration of said opioid at half maximum effect, and

E<sub>max</sub> is the maximum effect.

5. The method according to claim 1, wherein said opioid is remifentanyl.

6. The method according to claim 1, wherein the opioid blood-concentration is determined by equation (II)

$$C_{predicted} = k \cdot \text{Effect}_{pupil\ diameter} - m \cdot \text{Effect}_{light\ reflex\ ampli-} \\ tude - n \cdot \text{Effect}_{tracking\ performance} + w, \tag{II}$$

wherein k, m, n and w, are coefficients ranging from -∞ to ∞, depending on the scaling.

7. The method according to claim 6, wherein k is 0.10316, m is 0.095613, n is 0.060719 and w is 0.038027.

8. The method according to claim 1, wherein said analgesia is predicted by linear combination of three surrogate markers according to equation (III)

$$\text{Analgesia}_{predicted} = q \cdot \text{Effect}_{pupil\ diameter} - s \cdot \text{Effect}_{light\} \\ \text{reflex\ amplitude} + r \cdot \text{Effect}_{tracking\ performance} + v, \tag{III}$$

wherein

Effect is the relative change of said surrogate marker from the baseline (percent from baseline), and

q, s, t, v are coefficients ranging from -∞ to ∞, depending on the scaling.

9. The method according to claim 8, wherein q is 4.7547, s is 2.4799, t is 0.45914 and v is 47.7756.

10. The method according to claim 6, wherein said opioid is remifentanyl.

11. An apparatus for performing the method of claim 1, wherein said apparatus comprises

a. means for acquiring said at least one surrogate marker of a subject, and/or means for accepting as input said at least one surrogate marker,

b. means for storing the recorded values of said at least one surrogate marker,

c. means for calculating or monitoring said predicted analgesia, or opioid blood-concentrations, and

d. optionally, means for display/output of the calculated analgesia, or opioid blood-concentrations.

12. The apparatus according to claim 11, further comprising means for applying a dose of said opioid to a subject.

13. The apparatus according to claim 11, further comprising means for acquiring respiratory depression in said subject, and/or means for accepting as input the parameter for respiratory depression of said subject.

14. (canceled)

15. A computer-readable storage medium having computer-executable instructions stored, that, when executed, cause a computer to perform a method according to claim 1.

16. The method, according to claim 5, wherein said Effect is provided in percent change from baseline, and/or said EC<sub>50</sub> for remifentanyl is 0.6 ng/ml, and/or said E<sub>max</sub> is -100%.

17. The apparatus, according to claim 12, wherein the amount and/or infusion rate of said dose of said opioid is calculated based on the predicted analgesia, and/or predicted opioid blood-concentration.

18. A method for the treatment of pain in a subject wherein said method comprises non-invasive prediction and/or monitoring of analgesia, and/or opioid blood-concentrations, in a subject who received at least one opioid dose, and wherein said method further comprises acquiring at least one surrogate marker of said subject before, and at the same time or at least once after, the opioid administration; and determining therefrom said analgesia, or opioid blood-concentration, in said subject.

19. The method, according to claim 18, wherein the opioid is remifentanyl.

20. The method, according to claim 18, further comprising applying a dose of opioid to said subject wherein the amount and/or infusion rate of said dose of said opioid is calculated based on the predicted analgesia, and/or predicted opioid blood-concentration.

21. The method, according to claim 20, wherein the opioid is remifentanyl.

\* \* \* \* \*

专利名称(译)	用于预测阿片类镇痛和阿片类血药浓度的非侵入性方法		
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摘要(译)

本发明涉及用于预测或监测接受疼痛治疗（例如在姑息治疗期间）的患者中的阿片类药物物质的镇痛和血液水平的非侵入性方法和装置。本发明的方法包括测量患者的一个或多个，优选两个或更多个替代标记物。根据本发明，替代标记物与阿片类药物物质接受受试者的镇痛水平相关，因此提供了在治疗期间预测和监测止痛的非侵入性方法。甚至，鉴定了与受试者中阿片类药物物质的血液浓度相关的替代标志物。因此，本发明提供了评价和控制使用阿片类药物物质的疼痛治疗的有价值的临床工具。公开了预测方法，适合于执行本发明方法的装置以及用于医疗治疗（例如疼痛治疗）的装置。

