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(54) **CALCULATING PACE AND ENERGY EXPENDITURE FROM ATHLETIC MOVEMENT ATTRIBUTES**

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(52) **U.S. Cl.**

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(57) **ABSTRACT**

Systems and methods configured to process motion data associated with a user. The systems and methods are configured to receive motion data from a sensor, calculate motion attributes from the data, and classify the motion data using one or more mathematical models. Attributes may be calculated without classifying the motion data into an activity type (such as walking, running, swimming, or any specific or general activity). Attributes may be compared to activity models comprising motion data from several individuals, which may not include the user. Motion data within the models and attributes of the user may be independent of any activity type. Attributes may be compared to select an energy expenditure model from one or more energy expenditure models, which may be selected as a best-match to the one or more motion attributes. An energy expenditure associated with the motion of the user may then be calculated.

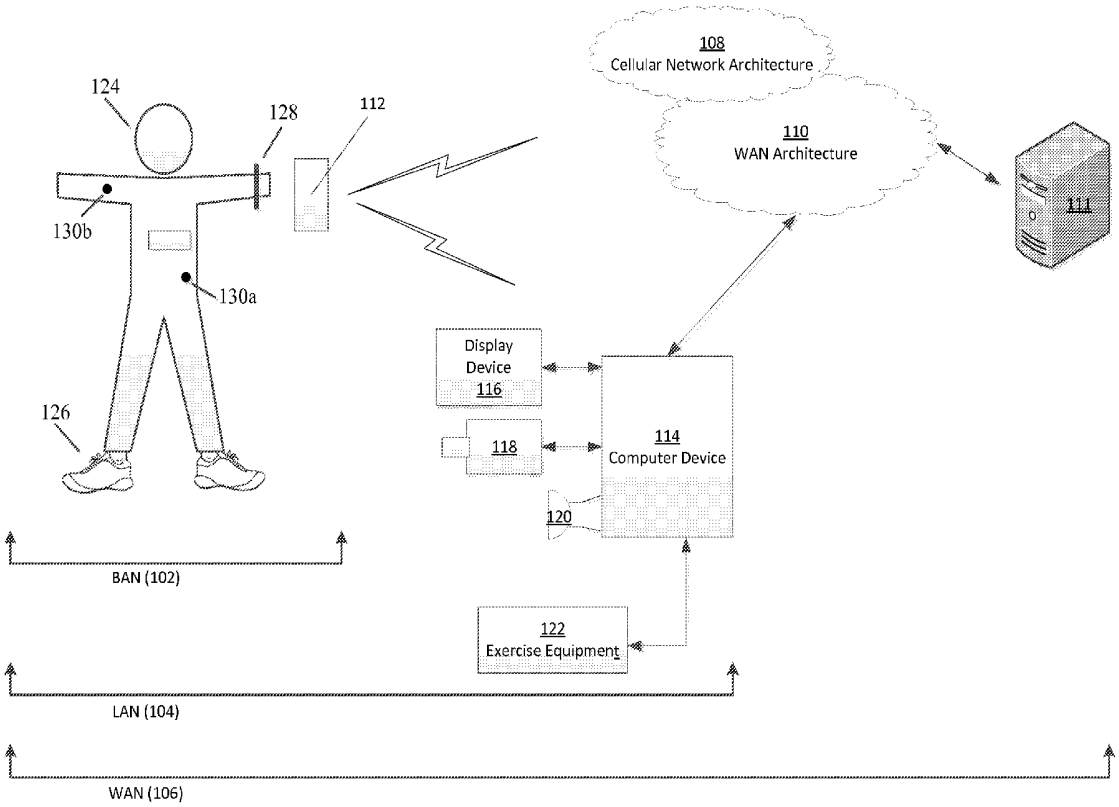
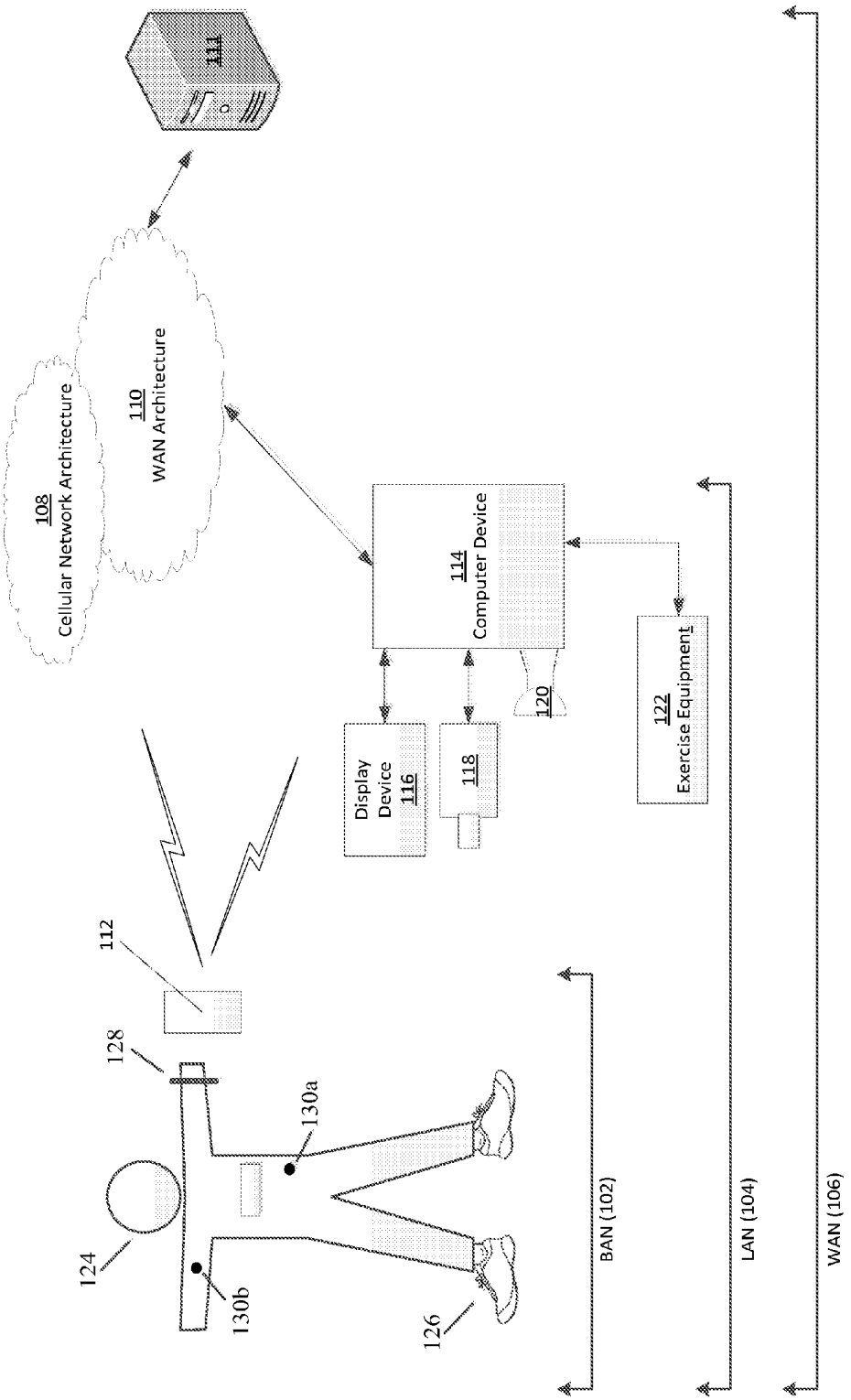


FIG. 1


111
108
Cellular Network Architecture
110
WAN Architecture
114
Computer Device
120
Display Device 116
118
122
Exercise Equipment
112
128
130a
124
130b
126
BAN (102)
LAN (104)
WAN (106)

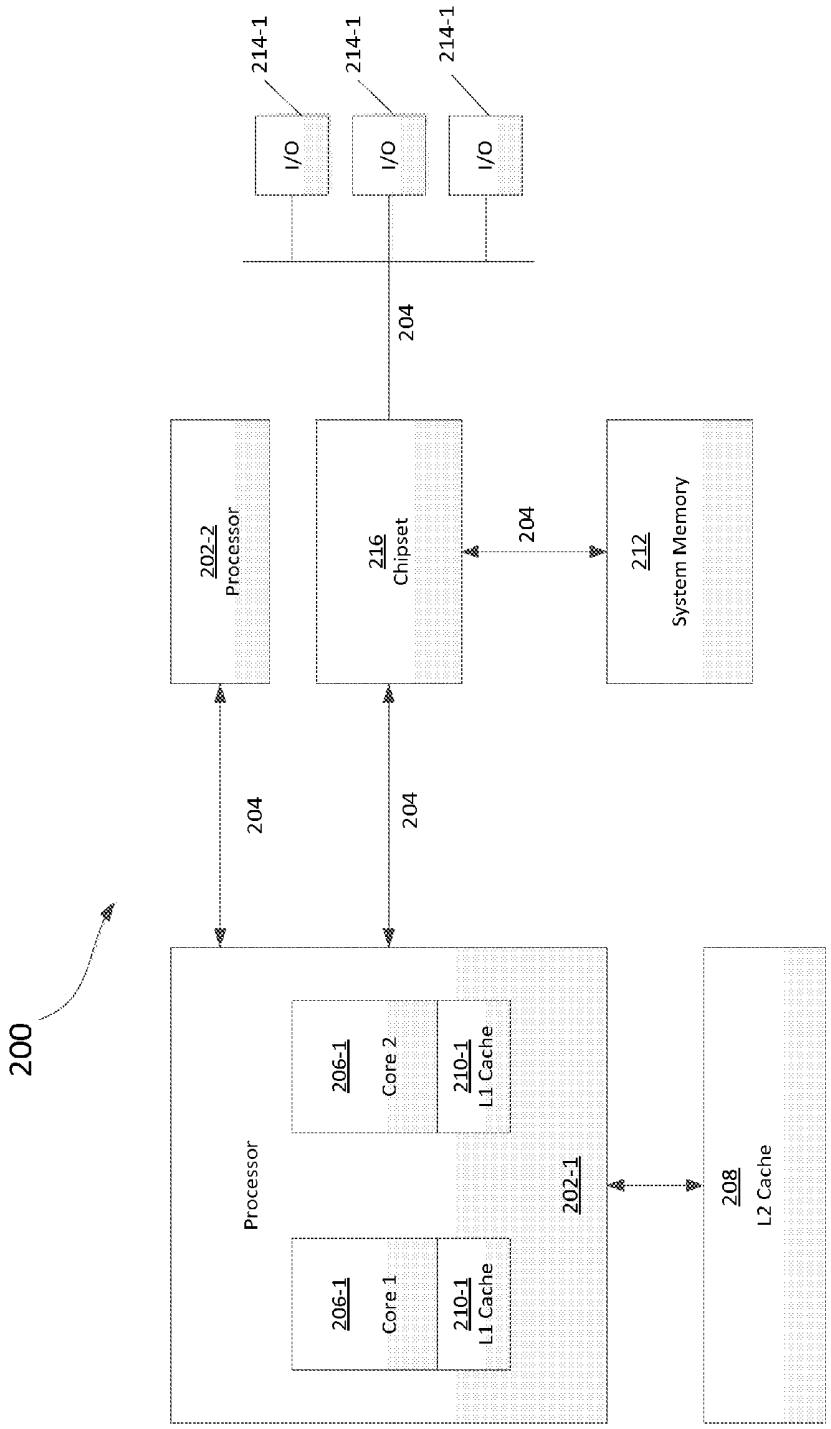

200
Processor
206-1
Core 1
210-1
L1 Cache
206-1
Core 2
210-1
L1 Cache
202-1
204
204
202-2
Processor
216
Chipset
204
212
System Memory
204
I/O
214-1
I/O
214-1
I/O
214-1
208
L2 Cache

FIG. 2

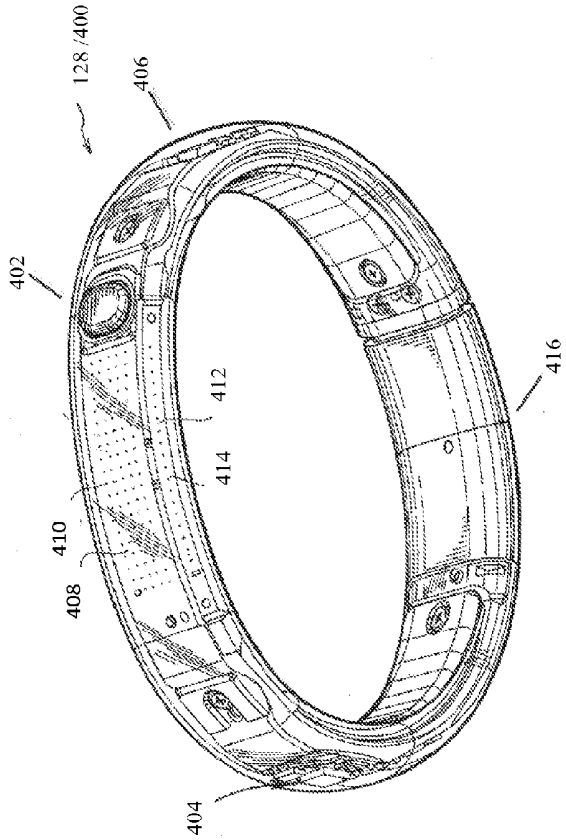

128 /400
406
402
412
414
410
408
404
416

FIG. 4

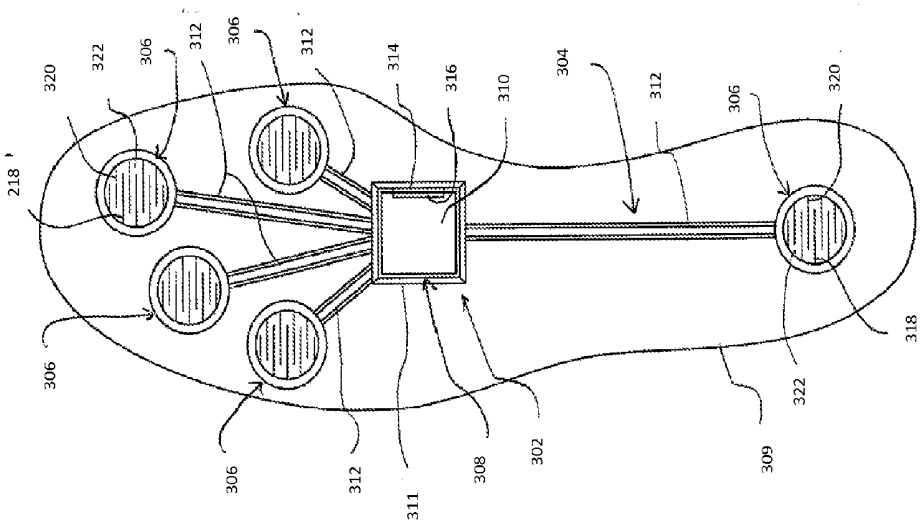

218
320
322
306
312
306
312
314
316
310
304
312
306
320
306
306
312
311
308
302
309
322
318

FIG. 3

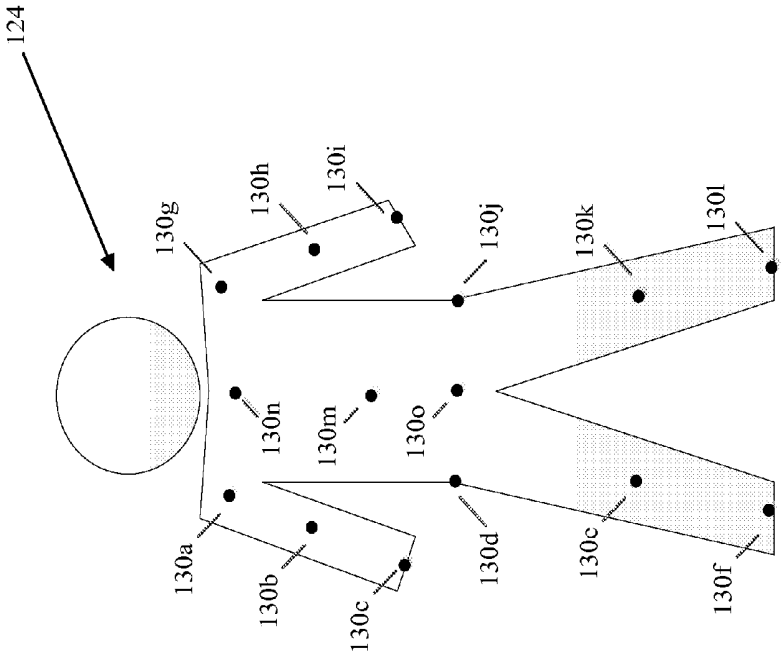
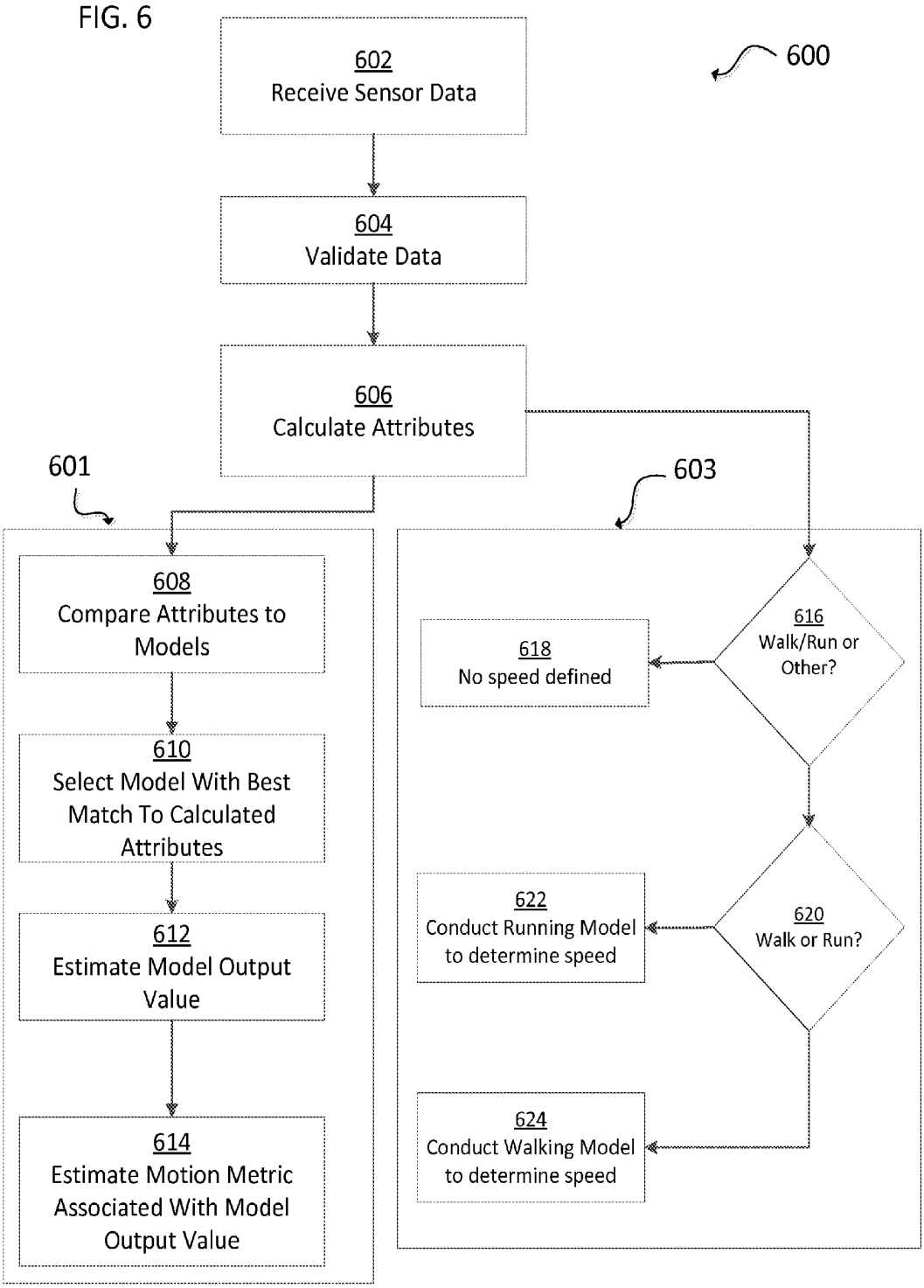

124
130a
130b
130c
130d
130e
130f
130g
130h
130i
130j
130k
130l
130m
130n
130o

FIG. 5

FIG. 6


600
602
Receive Sensor Data
604
Validate Data
606
Calculate Attributes
601
603
608
Compare Attributes to Models
610
Select Model With Best Match To Calculated Attributes
612
Estimate Model Output Value
614
Estimate Motion Metric Associated With Model Output Value
616
Walk/Run or Other?
618
No speed defined
620
Walk or Run?
622
Conduct Running Model to determine speed
624
Conduct Walking Model to determine speed

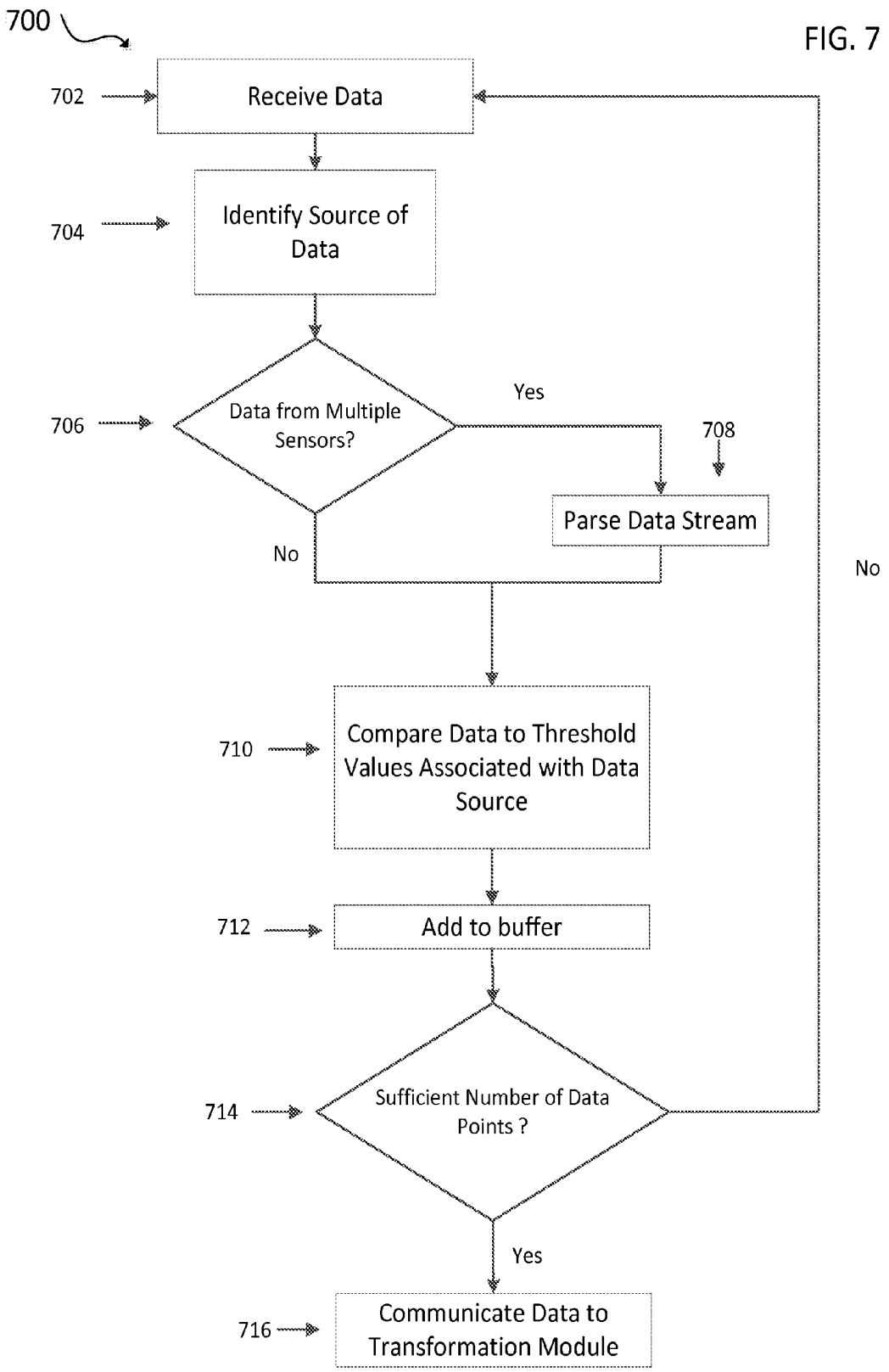

700
FIG. 7
702
Receive Data
704
Identify Source of Data
706
Data from Multiple Sensors?
Yes
708
Parse Data Stream
No
No
710
Compare Data to Threshold Values Associated with Data Source
712
Add to buffer
714
Sufficient Number of Data Points ?
Yes
716
Communicate Data to Transformation Module

FIG. 8A

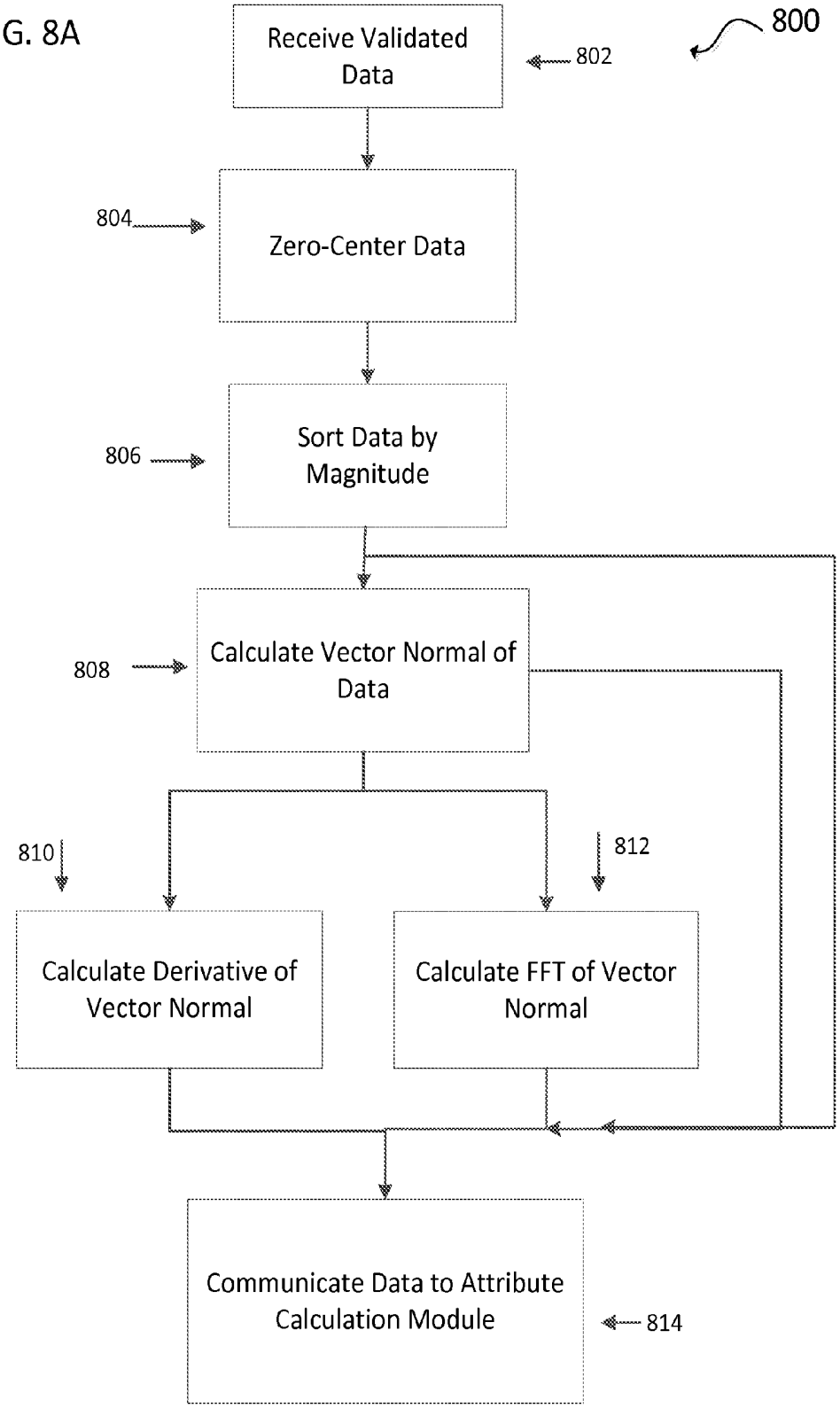

800
Receive Validated Data
802
804
Zero-Center Data
806
Sort Data by Magnitude
808
Calculate Vector Normal of Data
810
812
Calculate Derivative of Vector Normal
Calculate FFT of Vector Normal
Communicate Data to Attribute Calculation Module
814

FIG. 8B

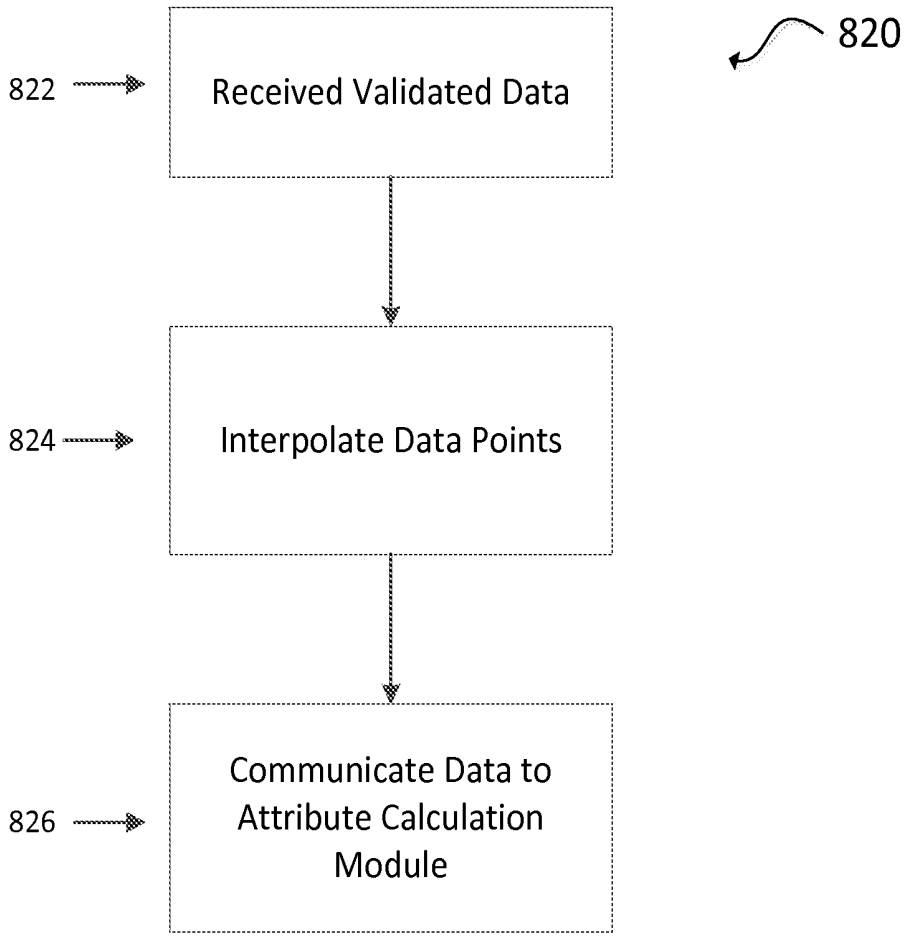

820
822
Received Validated Data
824
Interpolate Data Points
826
Communicate Data to Attribute Calculation Module

FIG. 9A

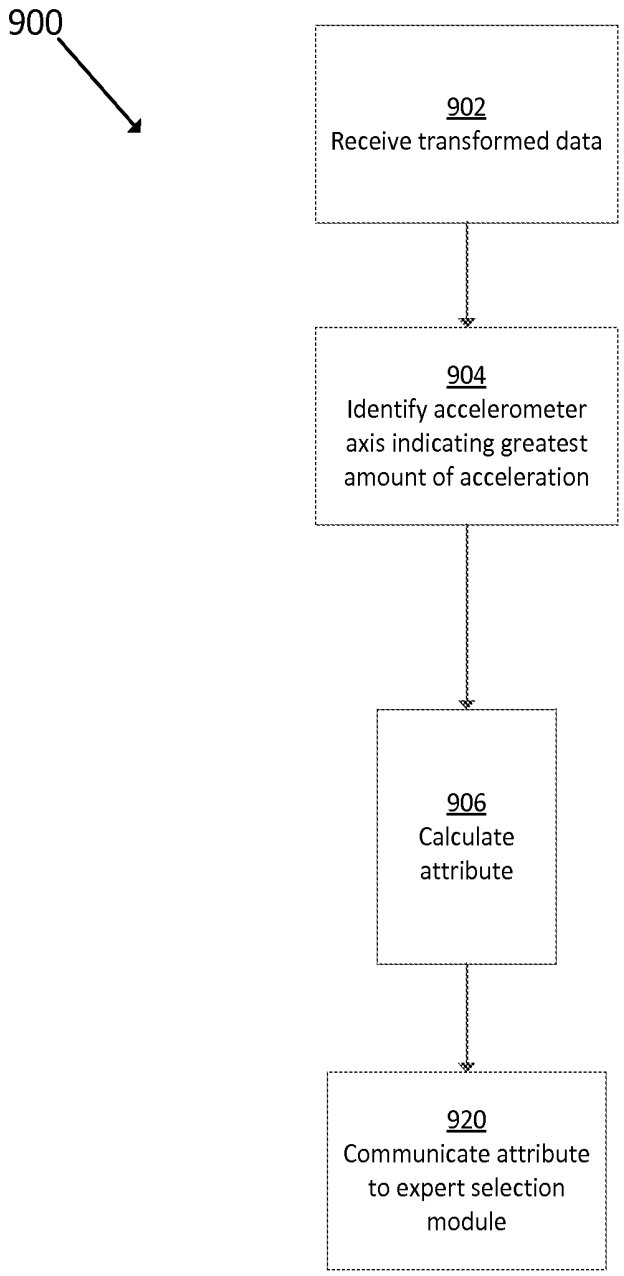

900
902
Receive transformed data
904
Identify accelerometer axis indicating greatest amount of acceleration
906
Calculate attribute
920
Communicate attribute to expert selection module

FIG. 9B

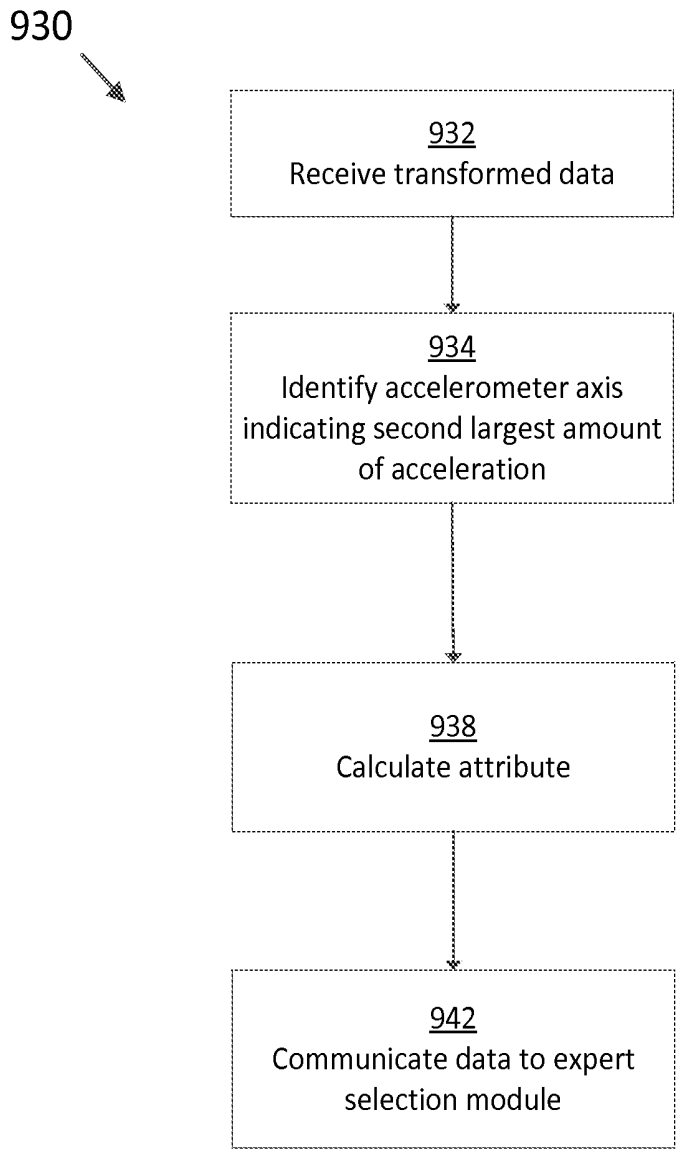

930
932
Receive transformed data
934
Identify accelerometer axis indicating second largest amount of acceleration
938
Calculate attribute
942
Communicate data to expert selection module

FIG. 9C

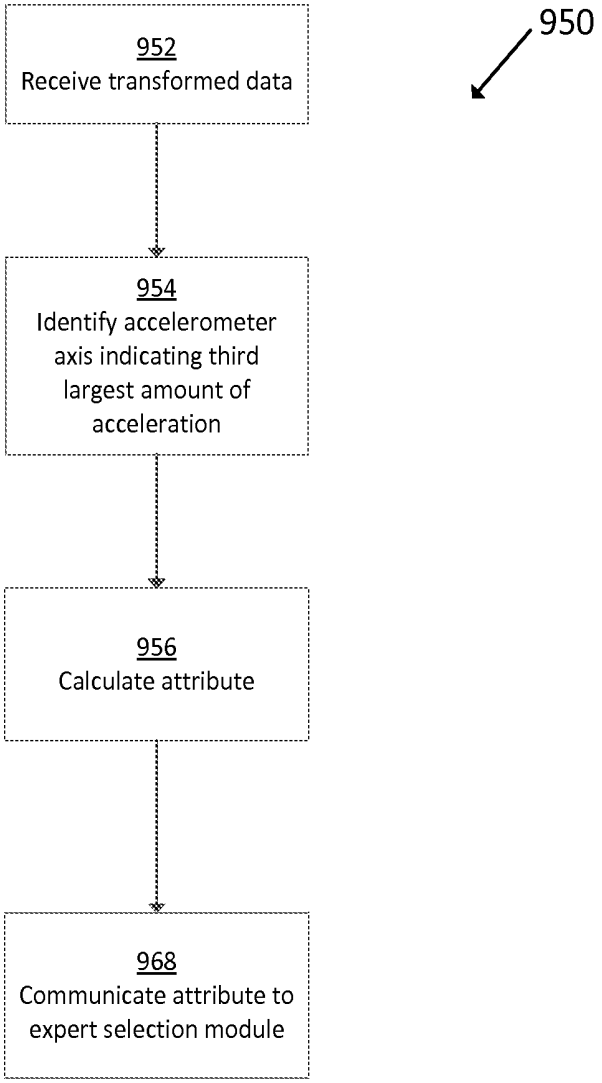

950
952
Receive transformed data
954
Identify accelerometer axis indicating third largest amount of acceleration
956
Calculate attribute
968
Communicate attribute to expert selection module

FIG. 9D

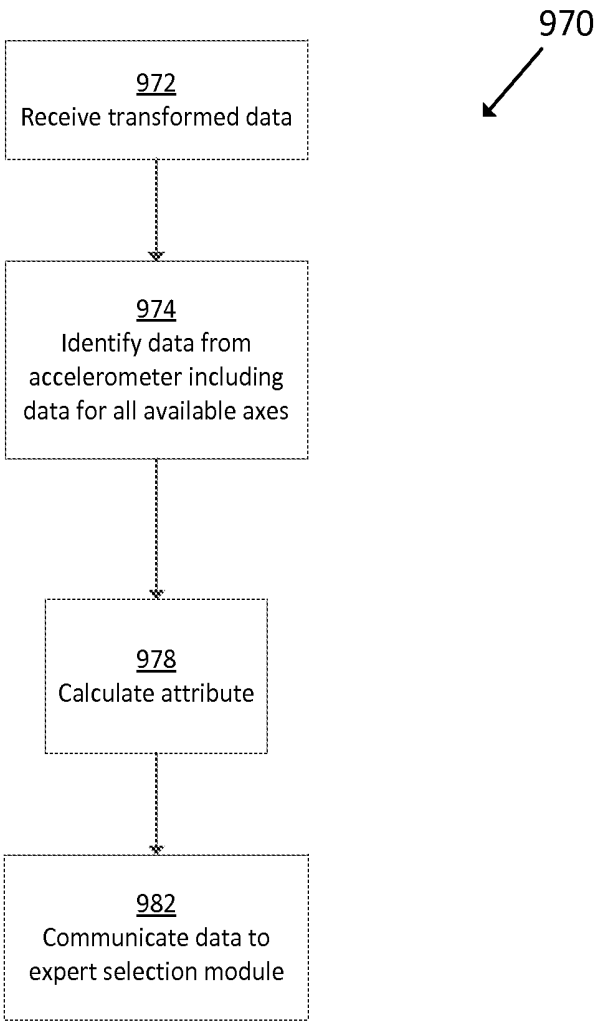
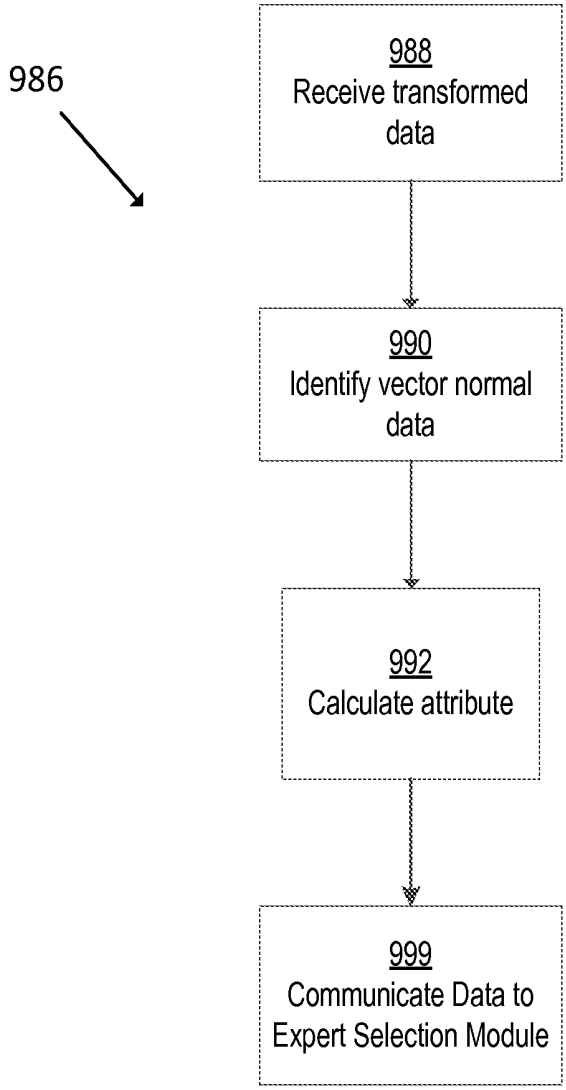

970
972
Receive transformed data
974
Identify data from accelerometer including data for all available axes
978
Calculate attribute
982
Communicate data to expert selection module

FIG. 9E


986
988
Receive transformed data
990
Identify vector normal data
992
Calculate attribute
999
Communicate Data to Expert Selection Module

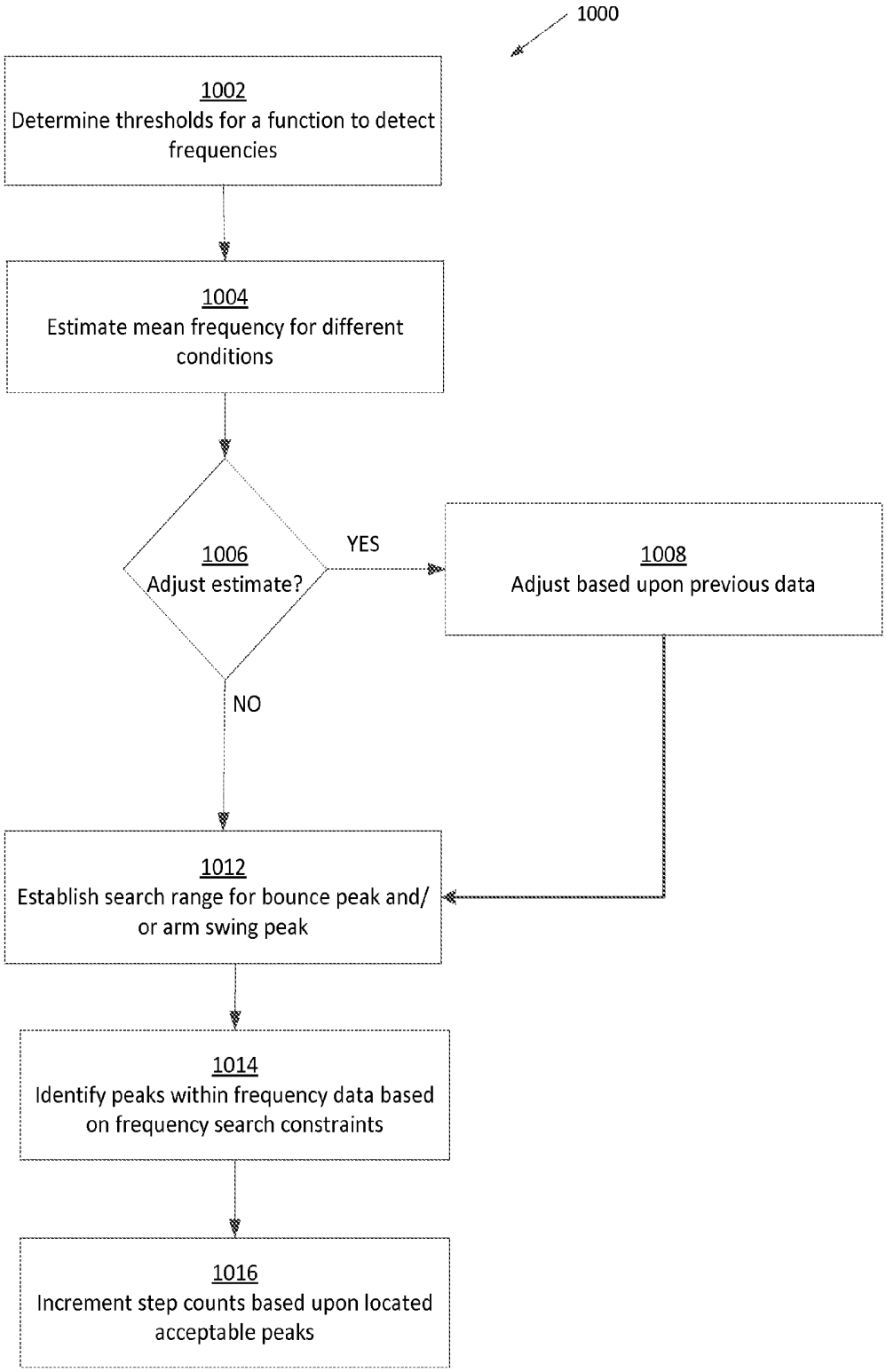

1000
1002
Determine thresholds for a function to detect frequencies
1004
Estimate mean frequency for different conditions
1006
Adjust estimate?
YES
1008
Adjust based upon previous data
NO
1012
Establish search range for bounce peak and/ or arm swing peak
1014
Identify peaks within frequency data based on frequency search constraints
1016
Increment step counts based upon located acceptable peaks

FIG. 10

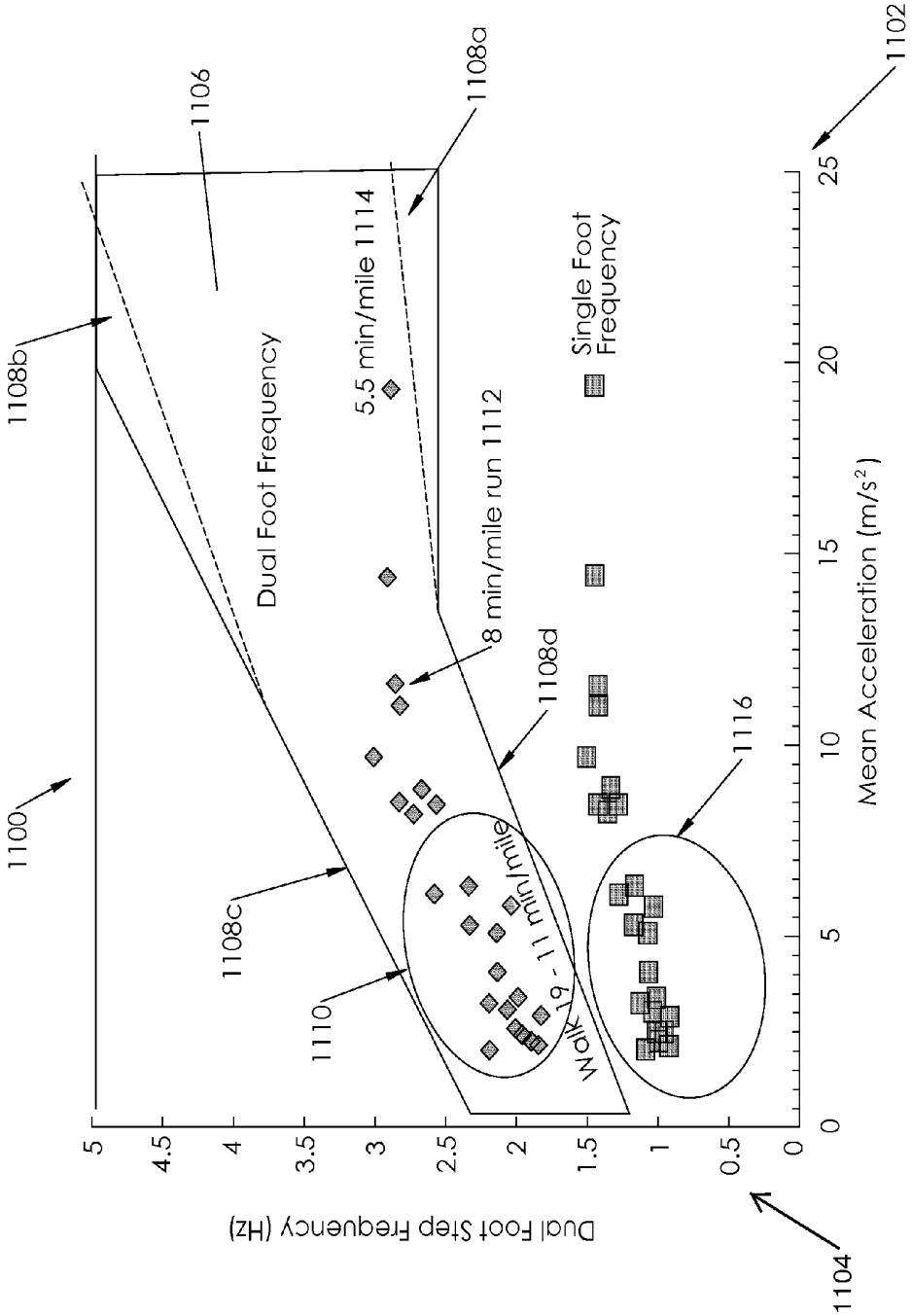

1100
1102
1104
1106
1108a
1108b
1108c
1108d
1110
1112
1114
1116
Dual Foot Frequency
5.5 min/mile 1114
8 min/mile run 1112
Single Foot Frequency
Walk 9 - 11 min/mile
Dual Foot Step Frequency (Hz)
Mean Acceleration (m/s²)
0
0.5
1
1.5
2
2.5
3
3.5
4
4.5
5
0
5
10
15
20
25

Fig. 11

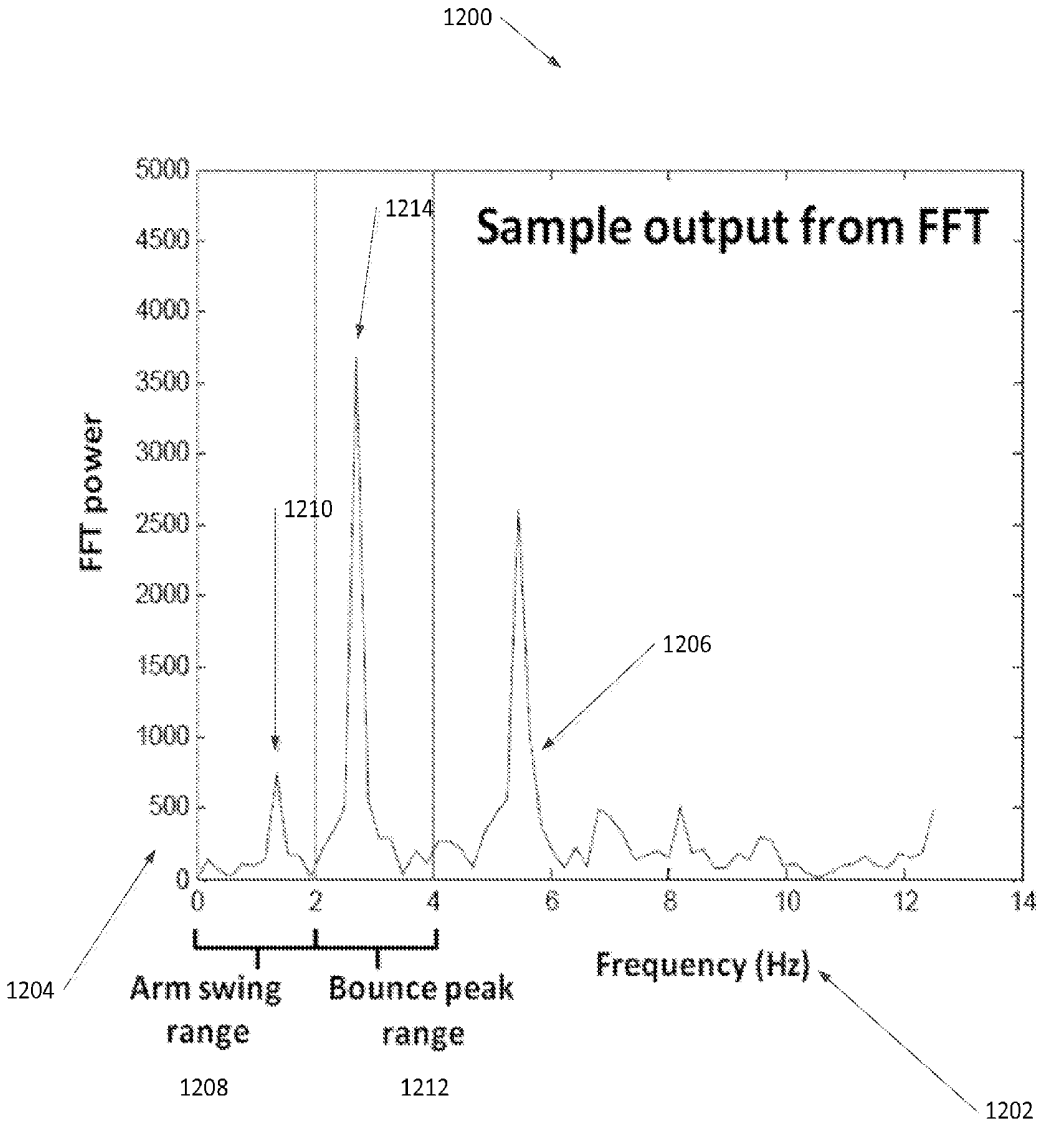

1200
Sample output from FFT
FFT power
5000
4500
4000
3500
3000
2500
2000
1500
1000
500
0
0
2
4
6
8
10
12
14
1214
1210
1206
1204
Arm swing range
Bounce peak range
1208
1212
Frequency (Hz)
1202

FIG. 12A

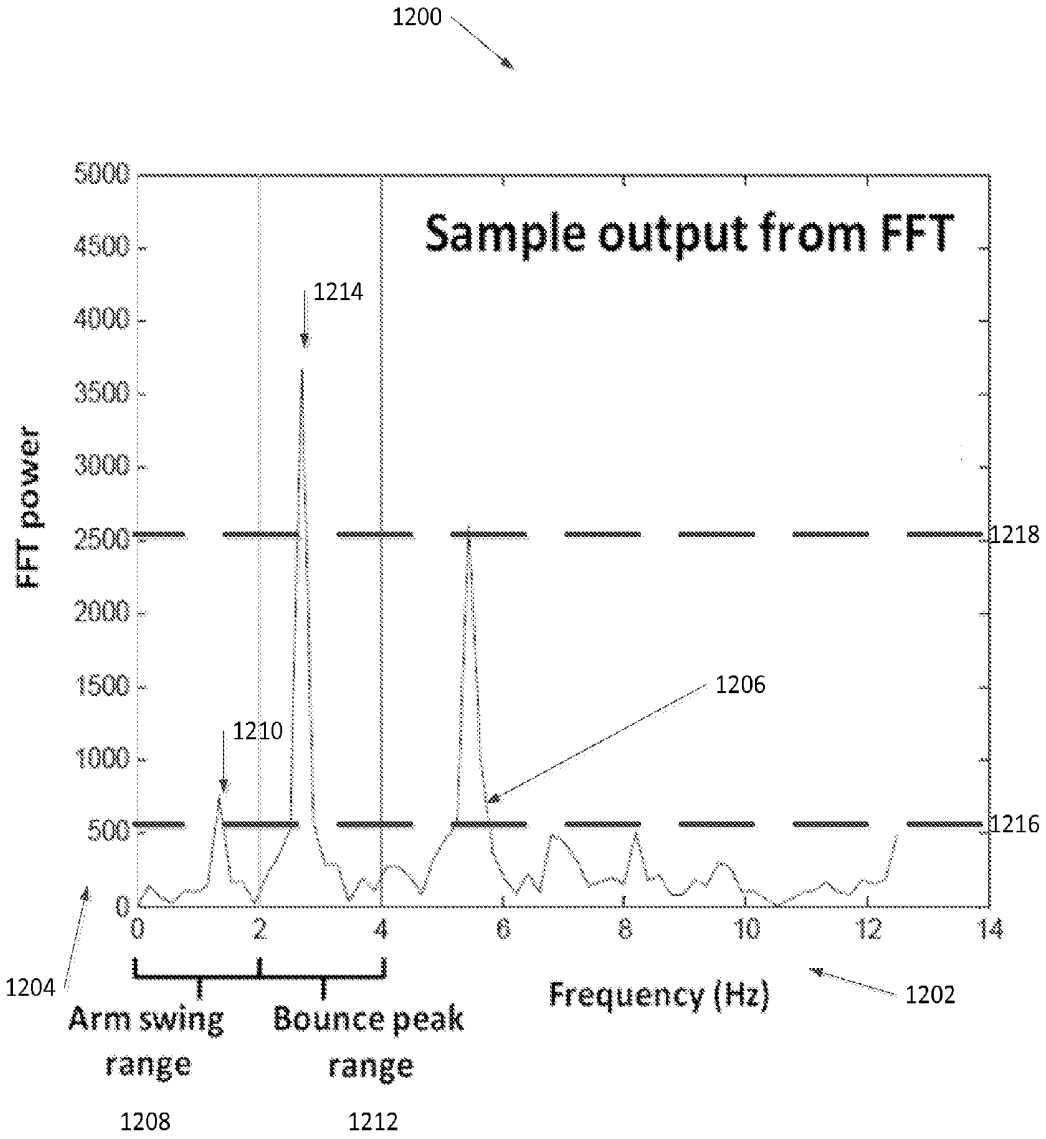

1200
Sample output from FFT
FFT power
5000
4500
4000
3500
3000
2500
2000
1500
1000
500
0
1214
1218
1206
1210
1216
0
2
4
6
8
10
12
14
1204
Frequency (Hz)
1202
Arm swing range
Bounce peak range
1208
1212

FIG. 12B

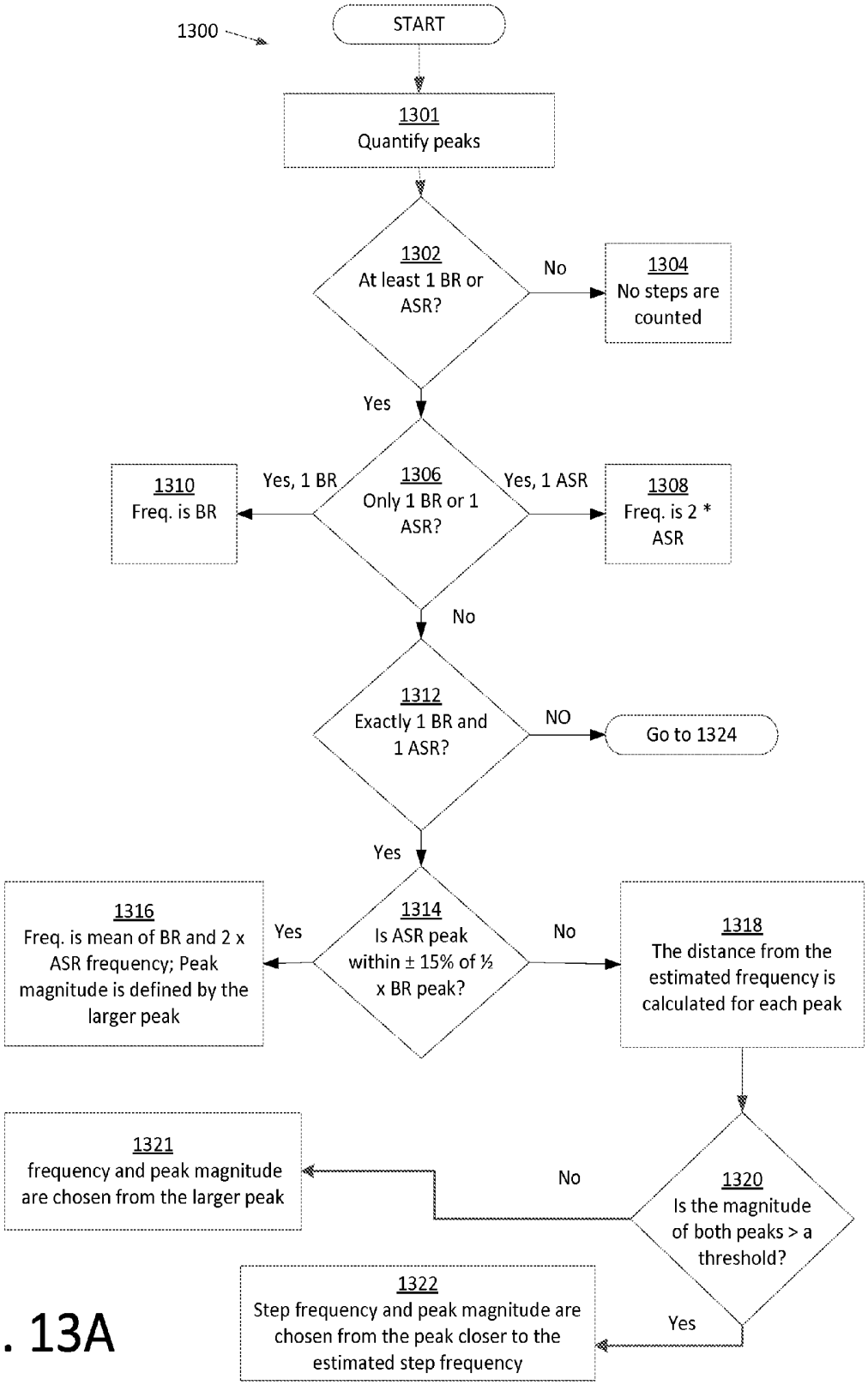

1300
START
1301
Quantify peaks
1302
At least 1 BR or ASR?
No
1304
No steps are counted
Yes
1306
Only 1 BR or 1 ASR?
Yes, 1 BR
1310
Freq. is BR
Yes, 1 ASR
1308
Freq. is 2 * ASR
No
1312
Exactly 1 BR and 1 ASR?
NO
Go to 1324
Yes
1314
Is ASR peak within ± 15% of ½ x BR peak?
Yes
1316
Freq. is mean of BR and 2 x ASR frequency; Peak magnitude is defined by the larger peak
No
1318
The distance from the estimated frequency is calculated for each peak
1320
Is the magnitude of both peaks > a threshold?
No
1321
frequency and peak magnitude are chosen from the larger peak
Yes
1322
Step frequency and peak magnitude are chosen from the peak closer to the estimated step frequency

FIG. 13A

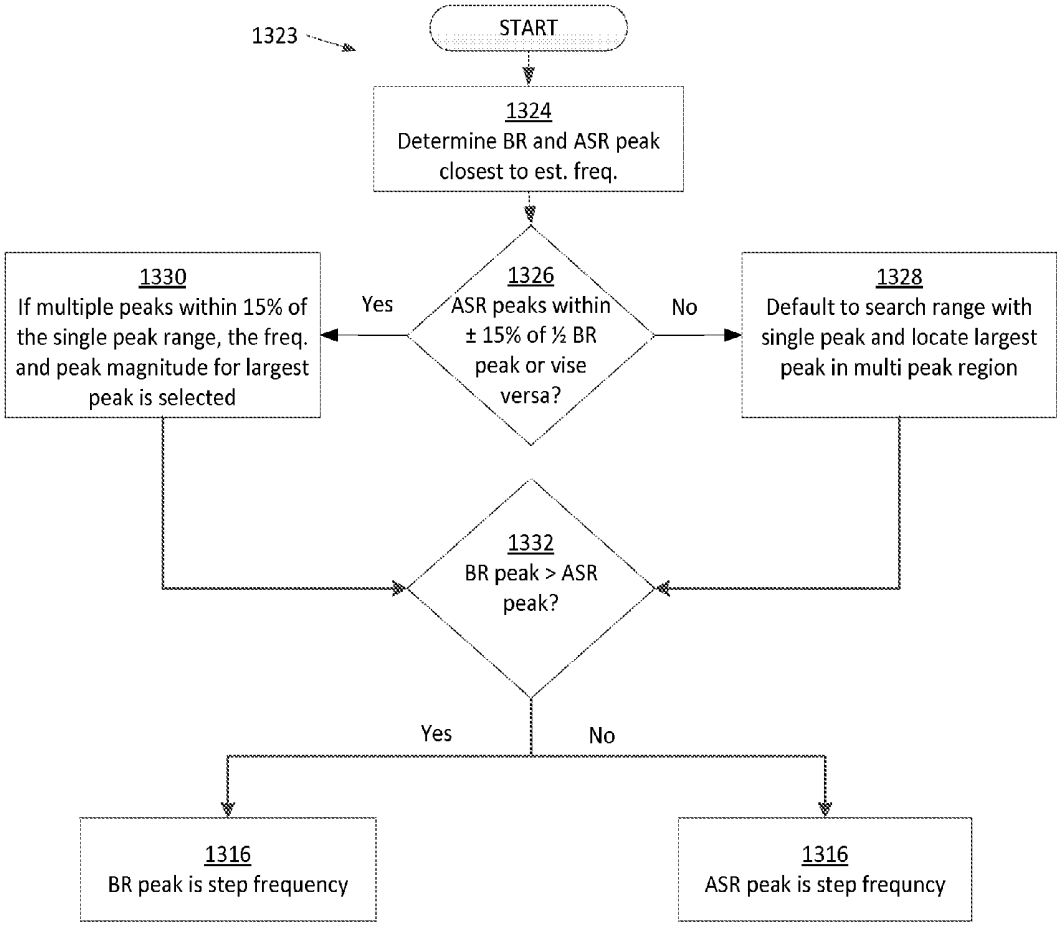

1323
START
1324
Determine BR and ASR peak closest to est. freq.
1326
ASR peaks within ± 15% of ½ BR peak or vise versa?
Yes
No
1330
If multiple peaks within 15% of the single peak range, the freq. and peak magnitude for largest peak is selected
1328
Default to search range with single peak and locate largest peak in multi peak region
1332
BR peak > ASR peak?
Yes
No
1316
BR peak is step frequency
1316
ASR peak is step frequncy

FIG. 13B

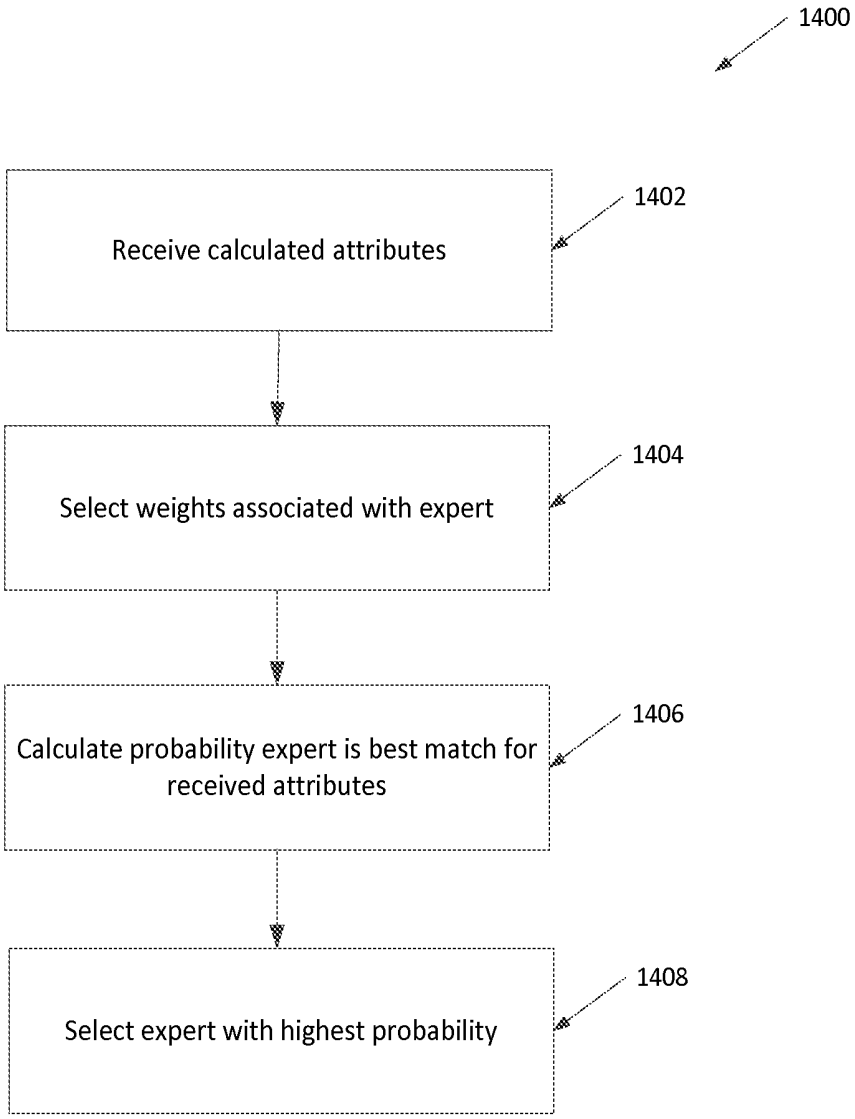

1400
Receive calculated attributes
1402
Select weights associated with expert
1404
Calculate probability expert is best match for received attributes
1406
Select expert with highest probability
1408

FIG. 14

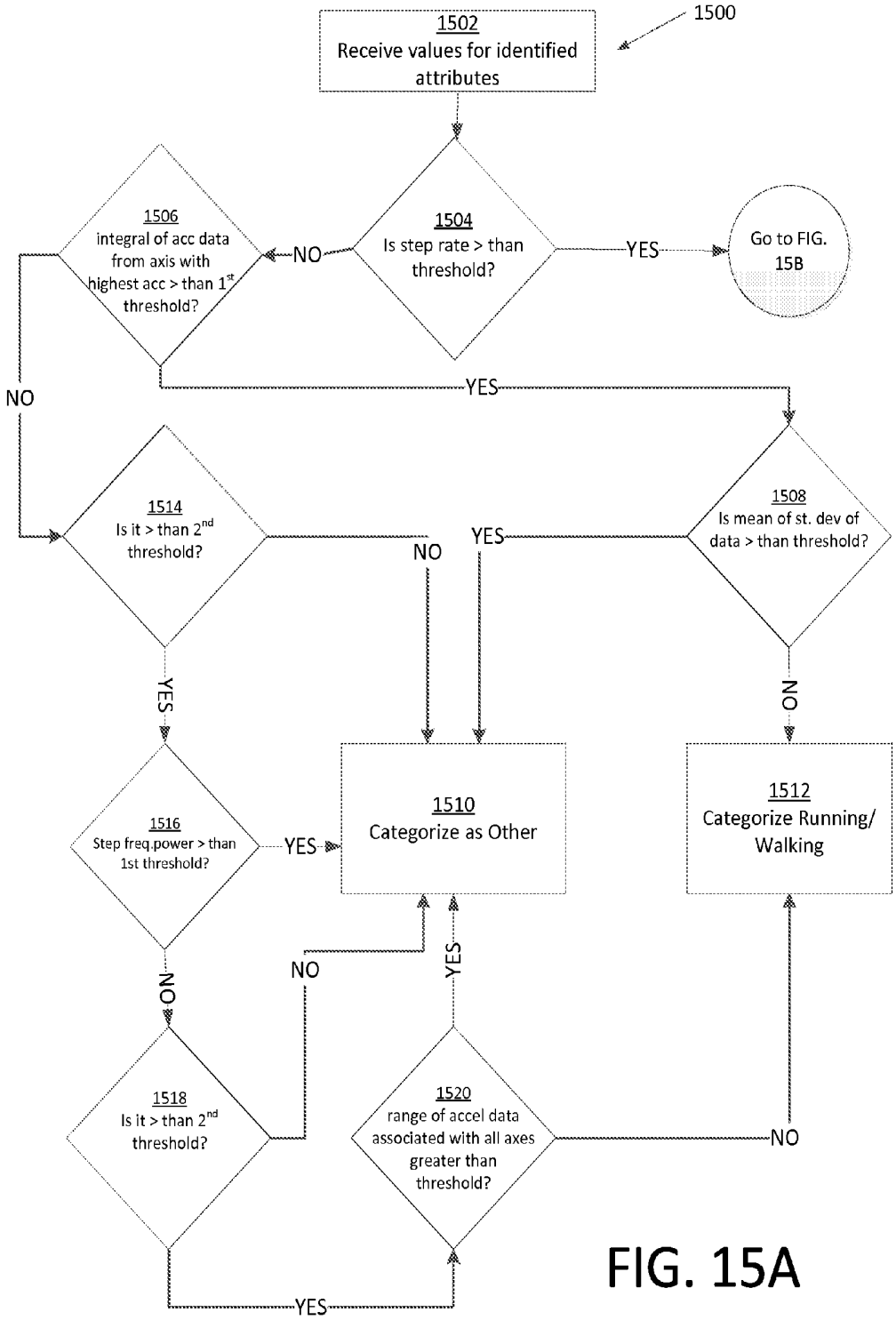

1500
1502
Receive values for identified attributes
1504
Is step rate > than threshold?
YES
Go to FIG. 15B
NO
1506
integral of acc data from axis with highest acc > than 1st threshold?
NO
YES
1508
Is mean of st. dev of data > than threshold?
YES
NO
1514
Is it > than 2nd threshold?
NO
YES
1510
Categorize as Other
1512
Categorize Running/ Walking
1516
Step freq.power > than 1st threshold?
YES
NO
1518
Is it > than 2nd threshold?
NO
YES
1520
range of accel data associated with all axes greater than threshold?
NO
YES

FIG. 15A

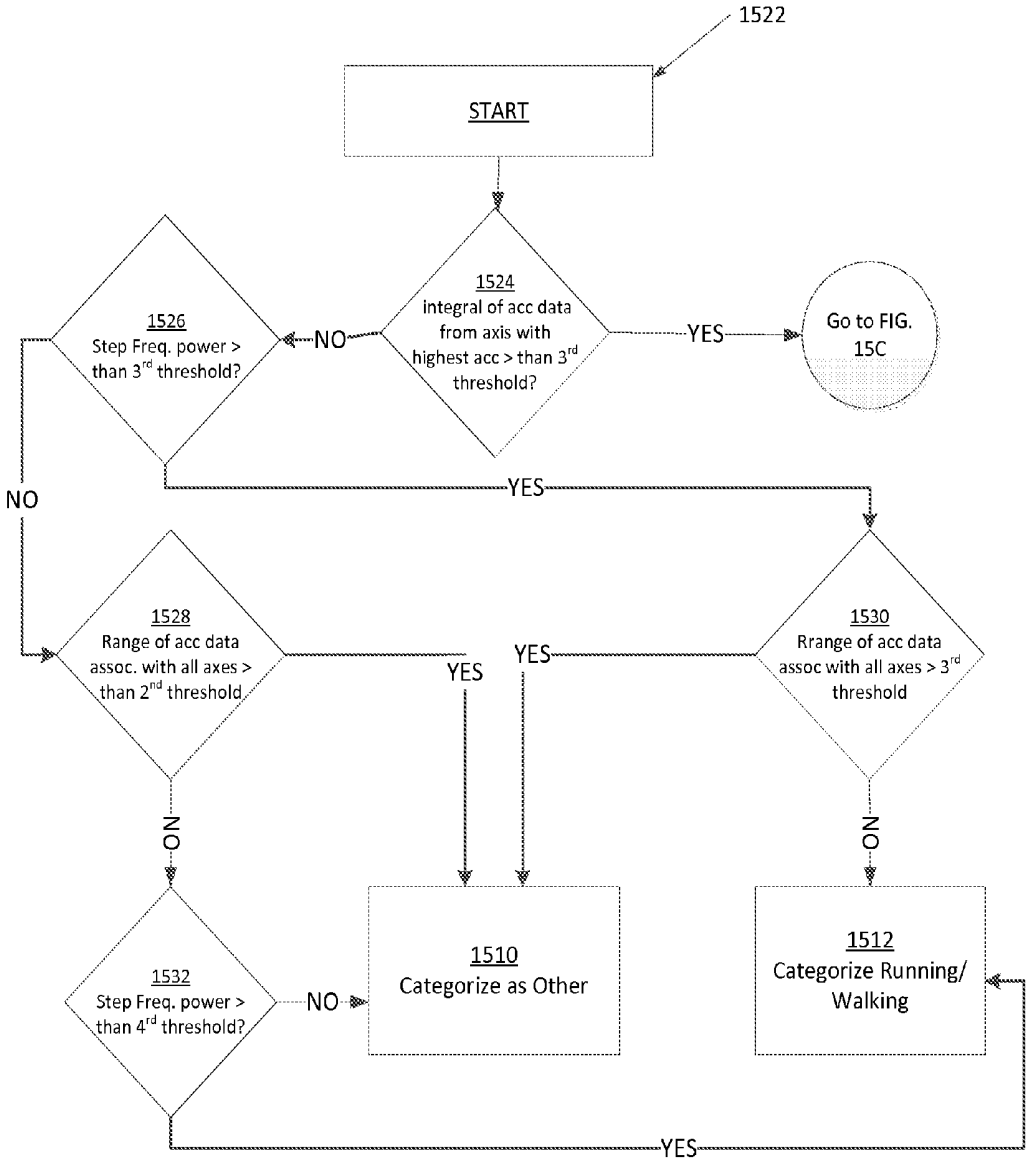

1522
START
1524
integral of acc data from axis with highest acc > than 3rd threshold?
YES
Go to FIG. 15C
NO
1526
Step Freq. power > than 3rd threshold?
YES
NO
1528
Range of acc data assoc. with all axes > than 2nd threshold
YES
YES
1530
Rrange of acc data assoc with all axes > 3rd threshold
NO
NO
1532
Step Freq. power > than 4rd threshold?
NO
1510
Categorize as Other
1512
Categorize Running/ Walking
YES

FIG. 15B

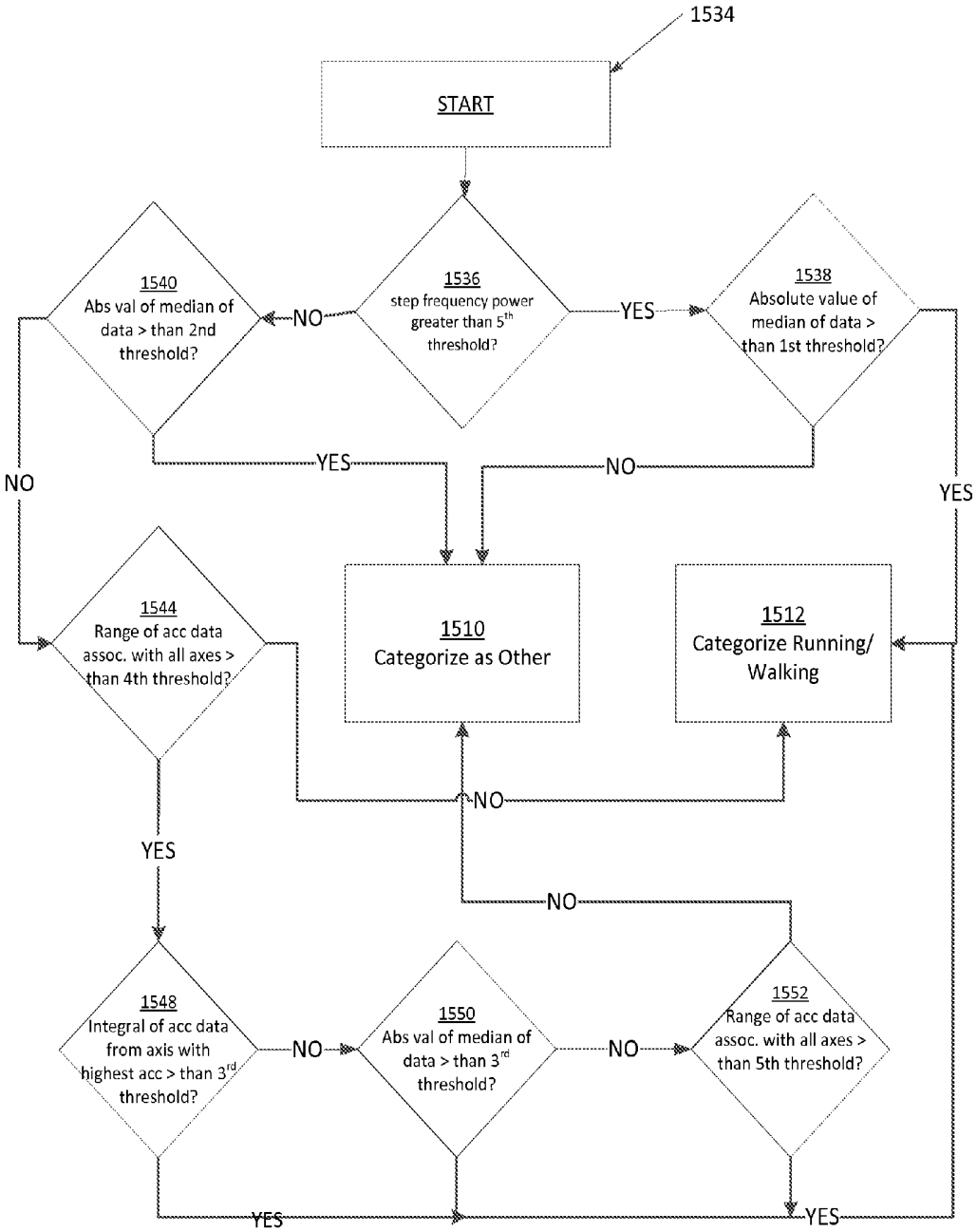

1534
START
1536
step frequency power greater than 5th threshold?
YES
1538
Absolute value of median of data > than 1st threshold?
NO
1540
Abs val of median of data > than 2nd threshold?
NO
YES
YES
NO
NO
YES
1544
Range of acc data assoc. with all axes > than 4th threshold?
1510
Categorize as Other
1512
Categorize Running/ Walking
NO
YES
NO
1548
Integral of acc data from axis with highest acc > than 3rd threshold?
NO
1550
Abs val of median of data > than 3rd threshold?
NO
1552
Range of acc data assoc. with all axes > than 5th threshold?
YES
YES

FIG. 15C

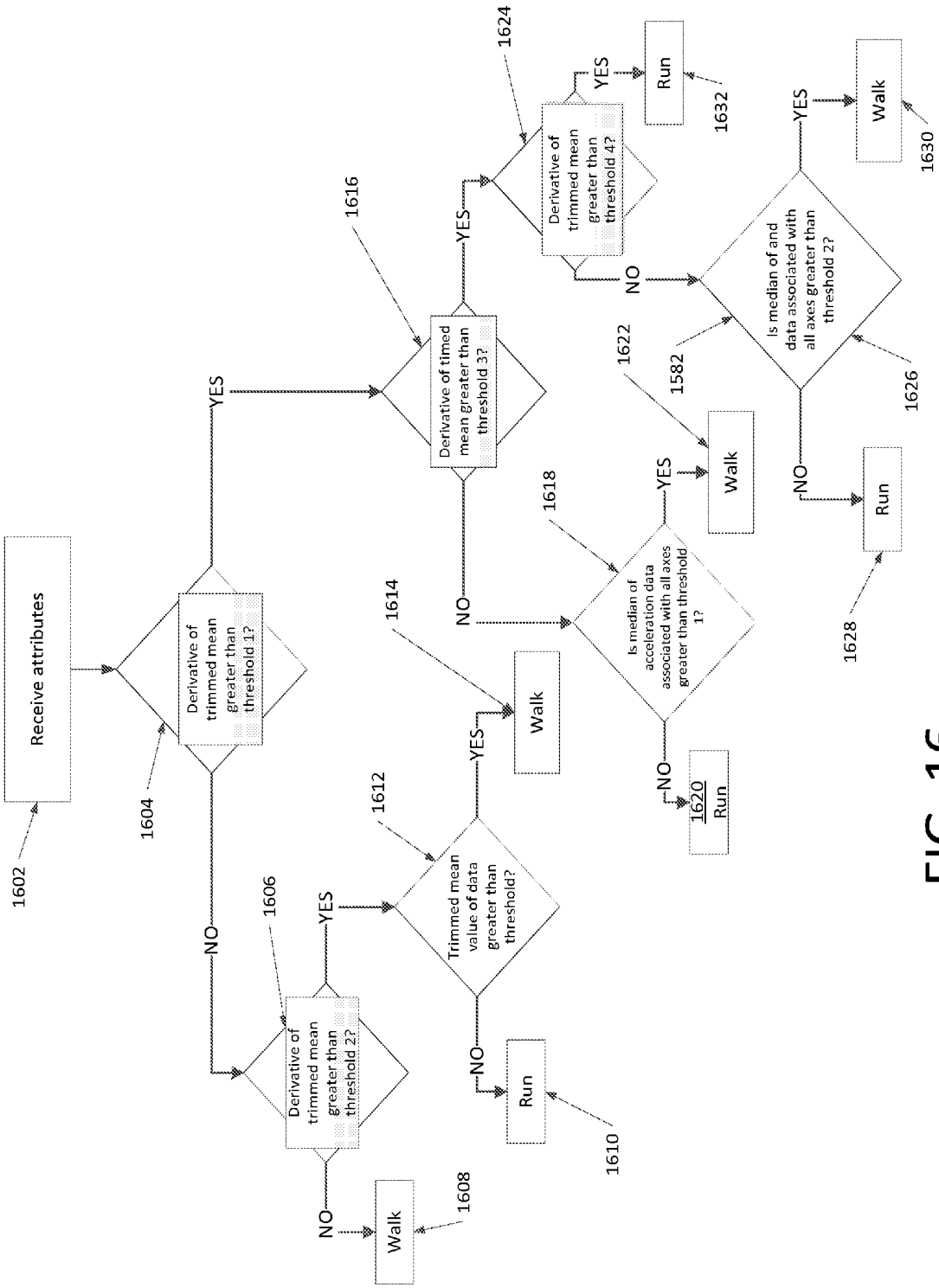

Receive attributes
1602
Derivative of trimmed mean greater than threshold 1?
1604
YES
NO
Derivative of trimmed mean greater than threshold 2?
1606
YES
NO
Walk
1608
Trimmed mean value of data greater than threshold?
1612
YES
NO
Run
1610
Derivative of timed mean greater than threshold 3?
1616
YES
NO
Walk
1614
Is median of acceleration data associated with all axes greater than threshold 1?
1618
YES
NO
Walk
1622
1620
Run
Derivative of trimmed mean greater than threshold 4?
1624
YES
NO
Run
1632
Is median of and data associated with all axes greater than threshold 2?
1582
1626
YES
NO
Walk
1630
Run
1628

FIG. 16

FIG. 17A

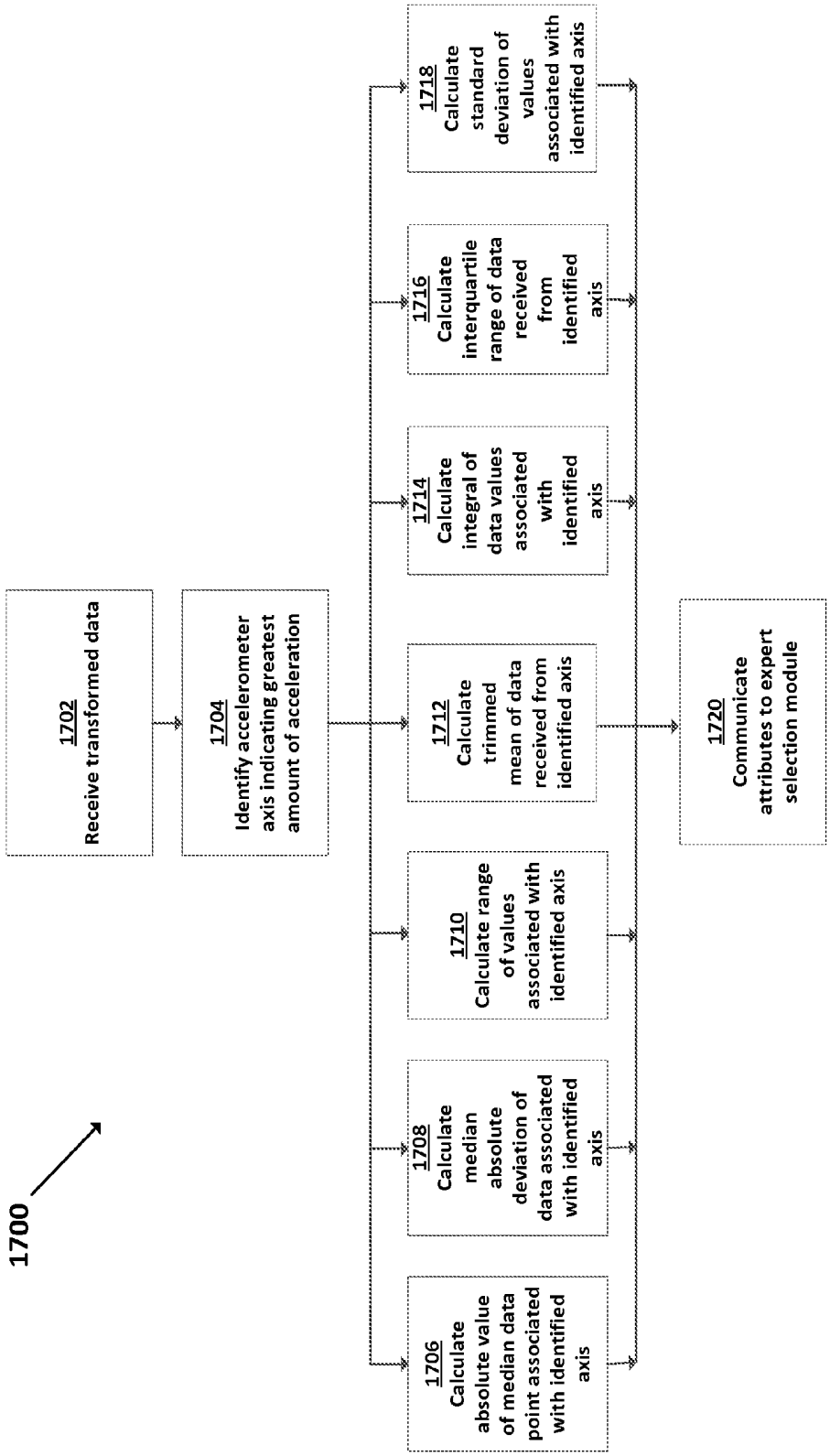

1700
1702
Receive transformed data
1704
Identify accelerometer axis indicating greatest amount of acceleration
1706
Calculate absolute value of median data point associated with identified axis
1708
Calculate median absolute deviation of data associated with identified axis
1710
Calculate range of values associated with identified axis
1712
Calculate trimmed mean of data received from identified axis
1714
Calculate integral of data values associated with identified axis
1716
Calculate interquartile range of data received from identified axis
1718
Calculate standard deviation of values associated with identified axis
1720
Communicate attributes to expert selection module

FIG. 17B

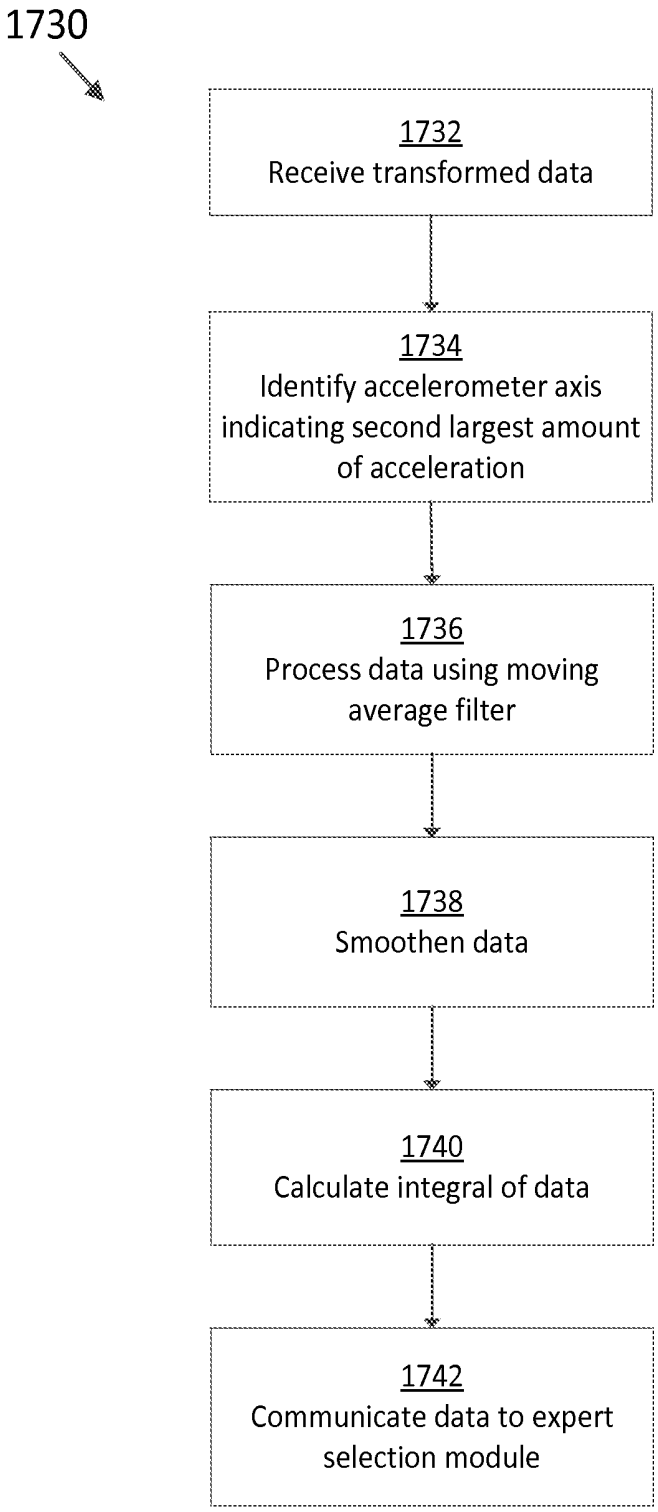

1730
1732
Receive transformed data
1734
Identify accelerometer axis indicating second largest amount of acceleration
1736
Process data using moving average filter
1738
Smoothen data
1740
Calculate integral of data
1742
Communicate data to expert selection module

FIG. 17C

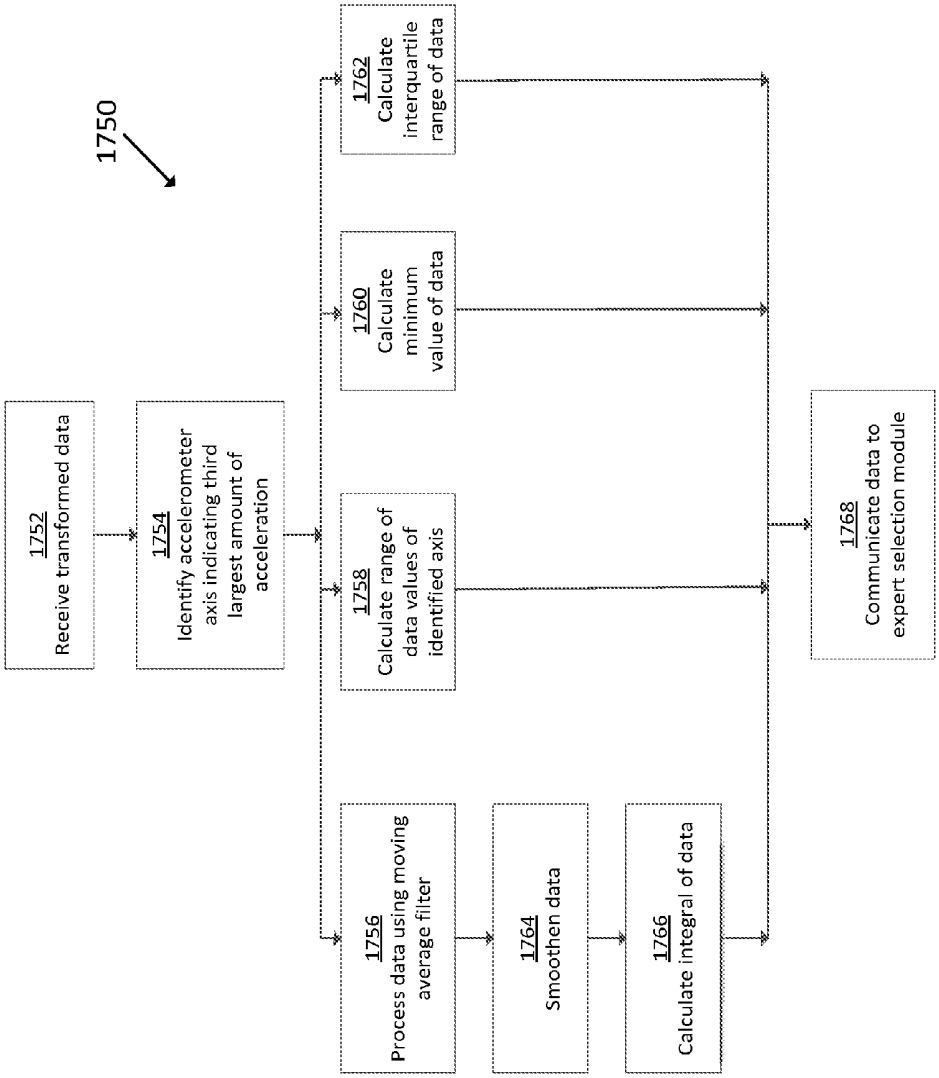

1750
1752
Receive transformed data
1754
Identify accelerometer axis indicating third largest amount of acceleration
1756
Process data using moving average filter
1758
Calculate range of data values of identified axis
1760
Calculate minimum value of data
1762
Calculate interquartile range of data
1764
Smoothen data
1766
Calculate integral of data
1768
Communicate data to expert selection module

FIG. 17D

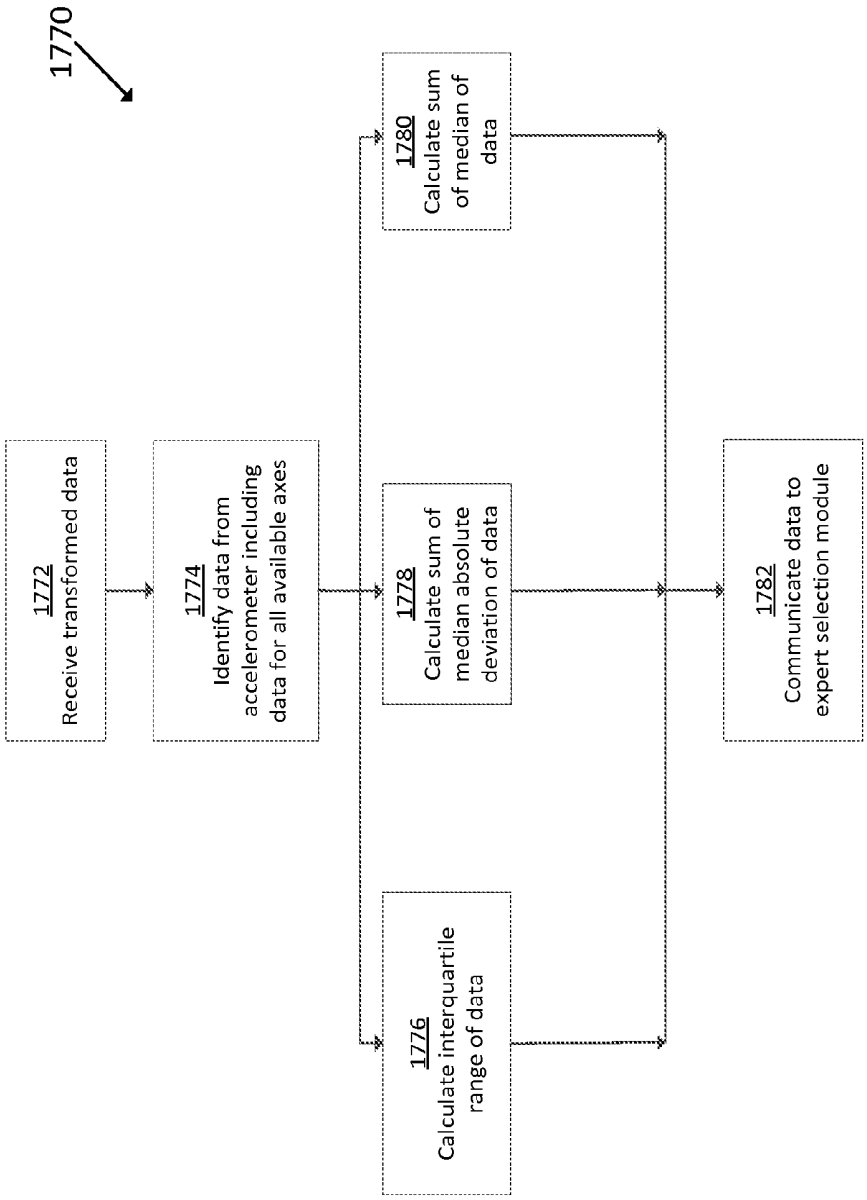
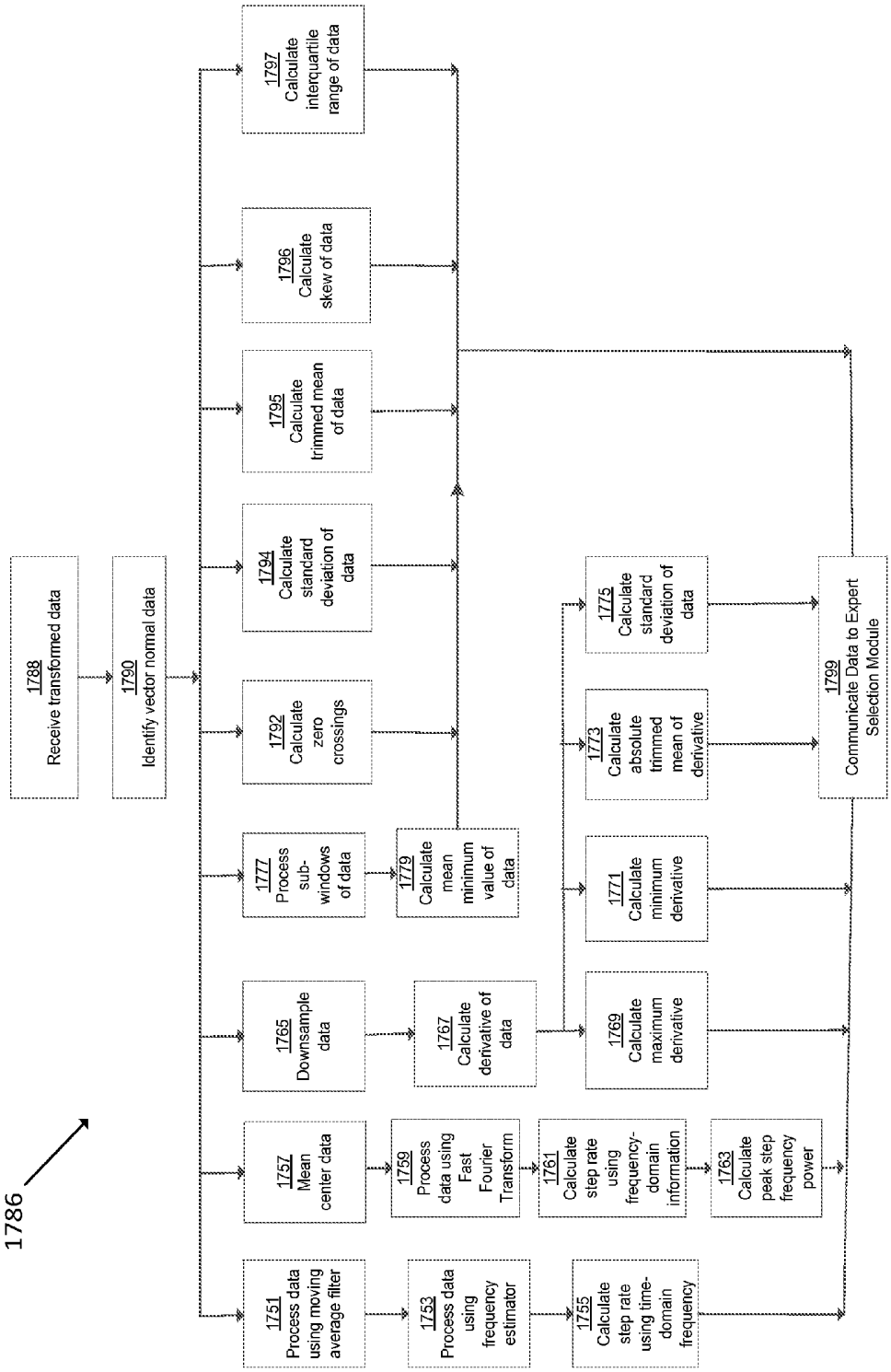

1770
1772
Receive transformed data
1774
Identify data from accelerometer including data for all available axes
1776
Calculate interquartile range of data
1778
Calculate sum of median absolute deviation of data
1780
Calculate sum of median of data
1782
Communicate data to expert selection module

FIG. 17E


1786
1788 Receive transformed data
1790 Identify vector normal data
1751 Process data using moving average filter
1753 Process data using frequency estimator
1755 Calculate step rate using time-domain frequency
1757 Mean center data
1759 Process data using Fast Fourier Transform
1761 Calculate step rate using frequency-domain information
1763 Calculate peak step frequency power
1765 Downsample data
1767 Calculate derivative of data
1769 Calculate maximum derivative
1771 Calculate minimum derivative
1773 Calculate absolute trimmed mean of derivative
1775 Calculate standard deviation of data
1777 Process sub-windows of data
1779 Calculate mean minimum value of data
1792 Calculate zero crossings
1794 Calculate standard deviation of data
1795 Calculate trimmed mean of data
1796 Calculate skew of data
1797 Calculate interquartile range of data
1799 Communicate Data to Expert Selection Module

CALCULATING PACE AND ENERGY EXPENDITURE FROM ATHLETIC MOVEMENT ATTRIBUTES

CROSS-REFERENCE TO RELATED APPLICATIONS

[0001] This application claims priority to U.S. Patent Application No. 61/890,748, entitled "CALCULATING ENERGY EXPENDITURE FROM ATHLETIC MOVEMENTS," filed Oct. 14, 2013, and U.S. Provisional Patent Application No. 61/900,203, entitled "CALCULATING PACE AND ENERGY EXPENDITURE FROM ATHLETIC MOVEMENT ATTRIBUTES," filed on Nov. 5, 2013, which are expressly incorporated herein by reference in their entireties for any and all non-limiting purposes.

BACKGROUND

[0002] While most people appreciate the importance of physical fitness, many have difficulty finding the motivation required to maintain a regular exercise program. Some people find it particularly difficult to maintain an exercise regimen that involves continuously repetitive motions, such as running, walking and bicycling.

[0003] Additionally, individuals may view exercise as work or a chore and thus, separate it from enjoyable aspects of their daily lives. Often, this clear separation between athletic activity and other activities reduces the amount of motivation that an individual might have toward exercising. Further, athletic activity services and systems directed toward encouraging individuals to engage in athletic activities might also be too focused on one or more particular activities while an individual's interest are ignored. This may further decrease a user's interest in participating in athletic activities or using athletic activity services and systems.

[0004] Many existing services and devices fail to provide accurate assessment of the user's energy expenditure, such as caloric burn, during physical activity. Therefore, users are unaware of the benefits that certain activities, which may include daily routines that are often not thought of as being a "workout", are to their health. Existing devices for allowing users to monitor their energy expenditure often suffer from one or more deficiencies, including: cumbersome collection systems, inaccurate measurements that are beyond an acceptable threshold, unacceptable latency in reporting the values, erroneous classification of activities based upon detected motions of the user, failure to account for deviations between different users, improperly including repetitive behavior as being classified as a specific activity, such as for example, running and/or walking, relatively high power consumption, and/or a combination of these or other deficiencies.

[0005] Therefore, improved systems and methods to address at least one or more of these shortcomings in the art are desired.

BRIEF SUMMARY

[0006] The following presents a simplified summary of the present disclosure in order to provide a basic understanding of some aspects of the invention. This summary is not an extensive overview of the invention. It is not intended to identify key or critical elements of the invention or to delineate the scope of the invention. The following summary merely presents some concepts of the invention in a simplified form as a prelude to the more detailed description provided below.

[0007] Aspects relate to systems and methods configured to process motion data associated with a user. Motion data may be utilized, such as for example transformed, to calculate motion attributes from the data. The sensor may be worn by the user in certain embodiments. In certain implementations, it may be worn on an appendage of the user. In further embodiments, at least one sensor is not in physical contact with the user.

[0008] One or more motion attributes from a dataset may be calculated without classifying the motion data into an activity type (such as walking, running, swimming, or any specific or general activity). One or more motion attributes may be compared to one or more activity models comprising motion data from a plurality of individuals. The plurality of individuals may not include the user. In certain embodiments, both the motion data within the models and the motion attributes of the user are independent of any activity type. Various models may be used to calculate different values. For example, in certain embodiments, the attributes may be compared to select an energy expenditure model from the one or more energy expenditure models, which may be selected as a best-match to the one or more motion attributes. The selected energy expenditure model may then be used to calculate an energy expenditure associated with the motion of the user.

[0009] In certain embodiments, the entire process is conducted on a single device, which may be worn by a user. Data points generated by the user's motion may be generated during a performance of a first activity type, but at least one of the activity models is devoid of motion data collected during any individual's performance of the first activity type. One or more motion attributes are calculated as either: (a) omnidirectional attributes from sensor data that includes a value for each of an x-axis, a y-axis, and a z-axis, or (b) unidirectional attributes from sensor data that includes a value for one of an x-axis, a y-axis, or a z-axis. In other embodiments, the one or more motion attributes are calculated from one or more data points representing variation between the motion data point outputs from the sensor. In one embodiment, a first sensor may comprise an accelerometer and heart rate data may be obtained from the user during the user's performance of the motion detected by the sensor. In one such embodiment, it may be determined to cease utilizing heart rate data despite being accurate based upon the accelerometer providing data indicative that the user has reduced their physical activity below a threshold amount for at least a first time frame.

BRIEF DESCRIPTION OF THE DRAWINGS

[0010] FIG. **1** illustrates an example system that may be configured to provide personal training and/or obtain data from the physical movements of a user in accordance with example embodiments;

[0011] FIG. **2** illustrates an example computer device that may be part of or in communication with the system of FIG. **1**.

[0012] FIG. **3** shows an illustrative sensor assembly that may be worn by a user in accordance with example embodiments;

[0013] FIG. **4** shows another example sensor assembly that may be worn by a user in accordance with example embodiments;

[0014] FIG. **5** shows illustrative locations for sensory input which may include physical sensors located on/in a user's clothing and/or be based upon identification of relationships between two moving body parts of the user;

[0015] FIG. **6** shows an example flowchart that may be implemented to metrics, including energy expenditure and speed.

[0016] FIG. **7** shows a flowchart that may be implemented to validate received sensor data in accordance with one embodiment;

[0017] FIGS. **8**A-**8**B show flowchart diagrams that may be implemented to transform received sensor data in accordance with one embodiment;

[0018] FIGS. **9**A-**9**E show flowchart diagrams that may be implemented to calculate attributes from transformed sensor data in accordance with one embodiment;

[0019] FIG. **10** shows an example flowchart that may estimate frequency and set up a frequency search range in accordance with one embodiment;

[0020] FIG. **11** shows a graph illustrating an example search range of motion data in accordance with certain embodiments;

[0021] FIGS. **12**A and **12**B show a graph illustrating a sample FFT output. Specifically, FIG. **12**A shows a graph plotting FFT power against frequency data that includes data within an arm swing range and data within the bounce range; and FIG. **12**B shows the same graph with a threshold utilized to determine if peaks within the bounce range meet a criterion in accordance with one implementation;

[0022] FIGS. **13**A and **13**B show example flowcharts that may be implemented in determinations of whether to utilize arm swing frequency, bounce frequency and/or other frequencies in accordance with one embodiment;

[0023] FIG. **14** shows a flowchart diagram that may be implemented to compare calculated attributes to expert models used to predict one or more output values associated with activities performed by a user;

[0024] FIG. **15**A-**15**C depict flowchart diagrams that may be implemented to categorize an athlete's activity in accordance with one embodiment;

[0025] FIG. **16** is a flowchart that may be implemented to categorize an certain activity as either walking or running in accordance with one embodiment; and

[0026] FIGS. **17**A-**17**E show flowchart diagrams that may be implemented to calculate attributes from transformed sensor data in accordance with one embodiment.

DETAILED DESCRIPTION

[0027] Aspects of this disclosure involve obtaining, storing, and/or processing athletic data relating to the physical movements of an athlete. The athletic data may be actively or passively sensed and/or stored in one or more non-transitory storage mediums. Still further aspects relate to using athletic data to generate an output, such as for example, calculated athletic attributes, feedback signals to provide guidance, and/or other information. These and other aspects will be discussed in the context of the following illustrative examples of a personal training system.

[0028] In the following description of the various embodiments, reference is made to the accompanying drawings, which form a part hereof, and in which is shown by way of illustration various embodiments in which aspects of the disclosure may be practiced. It is to be understood that other embodiments may be utilized and structural and functional modifications may be made without departing from the scope and spirit of the present disclosure. Further, headings within this disclosure should not be considered as limiting aspects of the disclosure and the example embodiments are not limited to the example headings.

I. Example Personal Training System

[0029] A. Illustrative Networks

[0030] Aspects of this disclosure relate to systems and methods that may be utilized across a plurality of networks. In this regard, certain embodiments may be configured to adapt to dynamic network environments. Further embodiments may be operable in differing discrete network environments. FIG. **1** illustrates an example of a personal training system **100** in accordance with example embodiments. Example system **100** may include one or more interconnected networks, such as the illustrative body area network (BAN) **102**, local area network (LAN) **104**, and wide area network (WAN) **106**. As shown in FIG. **1** (and described throughout this disclosure), one or more networks (e.g., BAN **102**, LAN **104**, and/or WAN **106**), may overlap or otherwise be inclusive of each other. Those skilled in the art will appreciate that the illustrative networks **102**-**106** are logical networks that may each comprise one or more different communication protocols and/or network architectures and yet may be configured to have gateways to each other or other networks. For example, each of BAN **102**, LAN **104** and/or WAN **106** may be operatively connected to the same physical network architecture, such as cellular network architecture **108** and/or WAN architecture **110**. For example, portable electronic device **112**, which may be considered a component of both BAN **102** and LAN **104**, may comprise a network adapter or network interface card (NIC) configured to translate data and control signals into and from network messages according to one or more communication protocols, such as the Transmission Control Protocol (TCP), the Internet Protocol (IP), and the User Datagram Protocol (UDP) through one or more of architectures **108** and/or **110**. These protocols are well known in the art, and thus will not be discussed here in more detail.

[0031] Network architectures **108** and **110** may include one or more information distribution network(s), of any type(s) or topology(s), alone or in combination(s), such as for example, cable, fiber, satellite, telephone, cellular, wireless, etc. and as such, may be variously configured such as having one or more wired or wireless communication channels (including but not limited to: WiFi®, Bluetooth®, Near-Field Communication (NFC) and/or ANT technologies). Thus, any device within a network of FIG. **1**, (such as portable electronic device **112** or any other device described herein) may be considered inclusive to one or more of the different logical networks **102**-**106**. With the foregoing in mind, example components of an illustrative BAN and LAN (which may be coupled to WAN **106**) will be described.

[0032] 1. Example Local Area Network

[0033] LAN **104** may include one or more electronic devices, such as for example, computer device **114**. Computer device **114**, or any other component of system **100**, may comprise a mobile terminal, such as a telephone, music player, tablet, netbook or any portable device. In other embodiments, computer device **114** may comprise a media player or recorder, desktop computer, server(s), a gaming console, such as for example, a Microsoft® XBOX, Sony® Playstation, and/or a Nintendo® Wii gaming consoles. Those skilled in the art will appreciate that these are merely example devices for descriptive purposes and this disclosure is not limited to any console or computing device.

[0034] Those skilled in the art will appreciate that the design and structure of computer device **114** may vary depending on several factors, such as its intended purpose. One example implementation of computer device **114** is provided in FIG. **2**, which illustrates a block diagram of computing device **200**. Those skilled in the art will appreciate that the disclosure of FIG. **2** may be applicable to any device disclosed herein. Device **200** may include one or more processors, such as processor **202-1** and **202-2** (generally referred to herein as "processors **202**" or "processor **202**"). Processors **202** may communicate with each other or other components via an interconnection network or bus **204**. Processor **202** may include one or more processing cores, such as cores **206-1** and **206-2** (referred to herein as "cores **206**" or more generally as "core **206**"), which may be implemented on a single integrated circuit (IC) chip.

[0035] Cores **206** may comprise a shared cache **208** and/or a private cache (e.g., caches **210-1** and **210-2**, respectively). One or more caches **208**/**210** may locally cache data stored in a system memory, such as memory **212**, for faster access by components of the processor **202**. Memory **212** may be in communication with the processors **202** via a chipset **216**. Cache **208** may be part of system memory **212** in certain embodiments. Memory **212** may include, but is not limited to, random access memory (RAM), read only memory (ROM), and include one or more of solid-state memory, optical or magnetic storage, and/or any other medium that can be used to store electronic information. Yet other embodiments may omit system memory **212**.

[0036] System **200** may include one or more I/O devices (e.g., I/O devices **214-1** through **214-3**, each generally referred to as I/O device **214**). I/O data from one or more I/O devices **214** may be stored at one or more caches **208**, **210** and/or system memory **212**. Each of I/O devices **214** may be permanently or temporarily configured to be in operative communication with a component of system **100** using any physical or wireless communication protocol.

[0037] Returning to FIG. **1**, four example I/O devices (shown as elements **116-122**) are shown as being in communication with computer device **114**. Those skilled in the art will appreciate that one or more of devices **116-122** may be stand-alone devices or may be associated with another device besides computer device **114**. For example, one or more I/O devices may be associated with or interact with a component of BAN **102** and/or WAN **106**. I/O devices **116-122** may include, but are not limited to athletic data acquisition units, such as for example, sensors. One or more I/O devices may be configured to sense, detect, and/or measure an athletic parameter from a user, such as user **124**. Examples include, but are not limited to: an accelerometer, a gyroscope, a location-determining device (e.g., GPS), light (including non-visible light) sensor, temperature sensor (including ambient temperature and/or body temperature), sleep pattern sensors, heart rate monitor, image-capturing sensor, moisture sensor, force sensor, compass, angular rate sensor, and/or combinations thereof among others.

[0038] In further embodiments, I/O devices **116-122** may be used to provide an output (e.g., audible, visual, or tactile cue) and/or receive an input, such as a user input from athlete **124**. Example uses for these illustrative I/O devices are provided below, however, those skilled in the art will appreciate that such discussions are merely descriptive of some of the many options within the scope of this disclosure. Further, reference to any data acquisition unit, I/O device, or sensor is to be interpreted disclosing an embodiment that may have one or more I/O device, data acquisition unit, and/or sensor disclosed herein or known in the art (either individually or in combination).

[0039] Information from one or more devices (across one or more networks) may be used to provide (or be utilized in the formation of) a variety of different parameters, metrics or physiological characteristics including but not limited to: motion parameters, such as speed, acceleration, distance, steps taken, direction, relative movement of certain body portions or objects to others, or other motion parameters which may be expressed as angular rates, rectilinear rates or combinations thereof, physiological parameters, such as calories, heart rate, sweat detection, effort, oxygen consumed, oxygen kinetics, and other metrics which may fall within one or more categories, such as: pressure, impact forces, information regarding the athlete, such as height, weight, age, demographic information and combinations thereof.

[0040] System **100** may be configured to transmit and/or receive athletic data, including the parameters, metrics, or physiological characteristics collected within system **100** or otherwise provided to system **100**. As one example, WAN **106** may comprise server **111**. Server **111** may have one or more components of system **200** of FIG. **2**. In one embodiment, server **111** comprises at least a processor and a memory, such as processor **206** and memory **212**. Server **111** may be configured to store computer-executable instructions on a non-transitory computer-readable medium. The instructions may comprise athletic data, such as raw or processed data collected within system **100**. System **100** may be configured to transmit data, such as energy expenditure points, to a social networking website or host such a site. Server **111** may be utilized to permit one or more users to access and/or compare athletic data. As such, server **111** may be configured to transmit and/or receive notifications based upon athletic data or other information.

[0041] Returning to LAN **104**, computer device **114** is shown in operative communication with a display device **116**, an image-capturing device **118**, sensor **120** and exercise device **122**, which are discussed in turn below with reference to example embodiments. In one embodiment, display device **116** may provide audio-visual cues to athlete **124** to perform a specific athletic movement. The audio-visual cues may be provided in response to computer-executable instruction executed on computer device **114** or any other device, including a device of BAN **102** and/or WAN. Display device **116** may be a touchscreen device or otherwise configured to receive a user-input.

[0042] In one embodiment, data may be obtained from image-capturing device **118** and/or other sensors, such as sensor **120**, which may be used to detect (and/or measure) athletic parameters, either alone or in combination with other devices, or stored information. Image-capturing device **118** and/or sensor **120** may comprise a transceiver device. In one embodiment sensor **128** may comprise an infrared (IR), electromagnetic (EM) or acoustic transceiver. For example, image-capturing device **118**, and/or sensor **120** may transmit waveforms into the environment, including towards the direction of athlete **124** and receive a "reflection" or otherwise detect alterations of those released waveforms. Those skilled in the art will readily appreciate that signals corresponding to a multitude of different data spectrums may be utilized in accordance with various embodiments. In this regard, devices

118 and/or **120** may detect waveforms emitted from external sources (e.g., not system **100**). For example, devices **118** and/or **120** may detect heat being emitted from user **124** and/or the surrounding environment. Thus, image-capturing device **126** and/or sensor **128** may comprise one or more thermal imaging devices. In one embodiment, image-capturing device **126** and/or sensor **128** may comprise an IR device configured to perform range phenomenology.

[0043] In one embodiment, exercise device **122** may be any device configurable to permit or facilitate the athlete **124** performing a physical movement, such as for example a treadmill, step machine, etc. There is no requirement that the device be stationary. In this regard, wireless technologies permit portable devices to be utilized, thus a bicycle or other mobile exercising device may be utilized in accordance with certain embodiments. Those skilled in the art will appreciate that equipment **122** may be or comprise an interface for receiving an electronic device containing athletic data performed remotely from computer device **114**. For example, a user may use a sporting device (described below in relation to BAN **102**) and upon returning home or the location of equipment **122**, download athletic data into element **122** or any other device of system **100**. Any I/O device disclosed herein may be configured to receive activity data.

[0044] 2. Body Area Network

[0045] BAN **102** may include two or more devices configured to receive, transmit, or otherwise facilitate the collection of athletic data (including passive devices). Exemplary devices may include one or more data acquisition units, sensors, or devices known in the art or disclosed herein, including but not limited to I/O devices **116-122**. Two or more components of BAN **102** may communicate directly, yet in other embodiments, communication may be conducted via a third device, which may be part of BAN **102**, LAN **104**, and/or WAN **106**. One or more components of LAN **104** or WAN **106** may form part of BAN **102**. In certain implementations, whether a device, such as portable device **112**, is part of BAN **102**, LAN **104**, and/or WAN **106**, may depend on the athlete's proximity to an access point to permit communication with mobile cellular network architecture **108** and/or WAN architecture **110**. User activity and/or preference may also influence whether one or more components are utilized as part of BAN **102**. Example embodiments are provided below.

[0046] User **124** may be associated with (e.g., possess, carry, wear, and/or interact with) any number of devices, such as portable device **112**, shoe-mounted device **126**, wrist-worn device **128** and/or a sensing location, such as sensing location **130**, which may comprise a physical device or a location that is used to collect information. One or more devices **112**, **126**, **128**, and/or **130** may not be specially designed for fitness or athletic purposes. Indeed, aspects of this disclosure relate to utilizing data from a plurality of devices, some of which are not fitness devices, to collect, detect, and/or measure athletic data. In certain embodiments, one or more devices of BAN **102** (or any other network) may comprise a fitness or sporting device that is specifically designed for a particular sporting use. As used herein, the term "sporting device" includes any physical object that may be used or implicated during a specific sport or fitness activity. Exemplary sporting devices may include, but are not limited to: golf balls, basketballs, baseballs, soccer balls, footballs, powerballs, hockey pucks, weights, bats, clubs, sticks, paddles, mats, and combinations thereof. In further embodiments, exemplary fitness devices may include objects within a sporting environment where a specific sport occurs, including the environment itself, such as a goal net, hoop, backboard, portions of a field, such as a midline, outer boundary marker, base, and combinations thereof.

[0047] In this regard, those skilled in the art will appreciate that one or more sporting devices may also be part of (or form) a structure and vice-versa, a structure may comprise one or more sporting devices or be configured to interact with a sporting device. For example, a first structure may comprise a basketball hoop and a backboard, which may be removable and replaced with a goal post. In this regard, one or more sporting devices may comprise one or more sensors, such as one or more of the sensors discussed above in relation to FIGS. **1-3**, that may provide information utilized, either independently or in conjunction with other sensors, such as one or more sensors associated with one or more structures. For example, a backboard may comprise a first sensor configured to measure a force and a direction of the force by a basketball upon the backboard and the hoop may comprise a second sensor to detect a force. Similarly, a golf club may comprise a first sensor configured to detect grip attributes on the shaft and a second sensor configured to measure impact with a golf ball.

[0048] Looking to the illustrative portable device **112**, it may be a multi-purpose electronic device, that for example, includes a telephone or digital music player, including an IPOD®, IPAD®, or iPhone®, brand devices available from Apple, Inc. of Cupertino, Calif. or Zune® or Microsoft® Windows devices available from Microsoft of Redmond, Wash. As known in the art, digital media players can serve as an output device, input device, and/or storage device for a computer. Device **112** may be configured as an input device for receiving raw or processed data collected from one or more devices in BAN **102**, LAN **104**, or WAN **106**. In one or more embodiments, portable device **112** may comprise one or more components of computer device **114**. For example, portable device **112** may be include a display **116**, image-capturing device **118**, and/or one or more data acquisition devices, such as any of the I/O devices **116-122** discussed above, with or without additional components, so as to comprise a mobile terminal.

[0049] a. Illustrative Apparel/Accessory Sensors

[0050] In certain embodiments, I/O devices may be formed within or otherwise associated with user's **124** clothing or accessories, including a watch, armband, wristband, necklace, shirt, shoe, or the like. These devices may be configured to monitor athletic movements of a user. It is to be understood that they may detect athletic movement during user's **124** interactions with computer device **114** and/or operate independently of computer device **114** (or any other device disclosed herein). For example, one or more devices in BAN **102** may be configured to function as an all-day activity monitor that measures activity regardless of the user's proximity or interactions with computer device **114**. It is to be further understood that the sensory system **302** shown in FIG. **3** and the device assembly **400** shown in FIG. **4**, each of which are described in the following paragraphs, are merely illustrative examples.

[0051] i. Shoe-Mounted Device

[0052] In certain embodiments, device **126** shown in FIG. **1**, may comprise footwear which may include one or more sensors, including but not limited to those disclosed herein and/or known in the art. FIG. **3** illustrates one example embodiment of a sensor system **302** providing one or more

sensor assemblies **304**. Assembly **304** may comprise one or more sensors, such as for example, an accelerometer, gyroscope, location-determining components, force sensors and/or or any other sensor disclosed herein or known in the art. In the illustrated embodiment, assembly **304** incorporates a plurality of sensors, which may include force-sensitive resistor (FSR) sensors **306**; however, other sensor(s) may be utilized. Port **308** may be positioned within a sole structure **309** of a shoe, and is generally configured for communication with one or more electronic devices. Port **308** may optionally be provided to be in communication with an electronic module **310**, and the sole structure **309** may optionally include a housing **311** or other structure to receive the module **310**. The sensor system **302** may also include a plurality of leads **312** connecting the FSR sensors **306** to the port **308**, to enable communication with the module **310** and/or another electronic device through the port **308**. Module **310** may be contained within a well or cavity in a sole structure of a shoe, and the housing **311** may be positioned within the well or cavity. In one embodiment, at least one gyroscope and at least one accelerometer are provided within a single housing, such as module **310** and/or housing **311**. In at least a further embodiment, one or more sensors are provided that, when operational, are configured to provide directional information and angular rate data. The port **308** and the module **310** include complementary interfaces **314**, **316** for connection and communication.

[0053] In certain embodiments, at least one force-sensitive resistor **306** shown in FIG. **3** may contain first and second electrodes or electrical contacts **318**, **320** and a force-sensitive resistive material **322** disposed between the electrodes **318**, **320** to electrically connect the electrodes **318**, **320** together. When pressure is applied to the force-sensitive material **322**, the resistivity and/or conductivity of the force-sensitive material **322** changes, which changes the electrical potential between the electrodes **318**, **320**. The change in resistance can be detected by the sensor system **302** to detect the force applied on the sensor **316**. The force-sensitive resistive material **322** may change its resistance under pressure in a variety of ways. For example, the force-sensitive material **322** may have an internal resistance that decreases when the material is compressed. Further embodiments may utilize "volume-based resistance", which may be implemented through "smart materials." As another example, the material **322** may change the resistance by changing the degree of surface-to-surface contact, such as between two pieces of the force sensitive material **322** or between the force sensitive material **322** and one or both electrodes **318**, **320**. In some circumstances, this type of force-sensitive resistive behavior may be described as "contact-based resistance."

[0054] ii. Wrist-Worn Device

[0055] As shown in FIG. **4**, device **400** (which may resemble or comprise sensory device **128** shown in FIG. **1**), may be configured to be worn by user **124**, such as around a wrist, arm, ankle, neck or the like. Device **400** may include an input mechanism, such as a depressible input button **402** configured to be used during operation of the device **400**. The input button **402** may be operably connected to a controller **404** and/or any other electronic components, such as one or more of the elements discussed in relation to computer device **114** shown in FIG. **1**. Controller **404** may be embedded or otherwise part of housing **406**. Housing **406** may be formed of one or more materials, including elastomeric components and comprise one or more displays, such as display **408**. The display may be considered an illuminable portion of the device **400**. The display **408** may include a series of individual lighting elements or light members such as LED lights **410**. The lights may be formed in an array and operably connected to the controller **404**. Device **400** may include an indicator system **412**, which may also be considered a portion or component of the overall display **408**. Indicator system **412** can operate and illuminate in conjunction with the display **408** (which may have pixel member **414**) or completely separate from the display **408**. The indicator system **412** may also include a plurality of additional lighting elements or light members, which may also take the form of LED lights in an exemplary embodiment. In certain embodiments, indicator system may provide a visual indication of goals, such as by illuminating a portion of lighting members of indicator system **412** to represent accomplishment towards one or more goals. Device **400** may be configured to display data expressed in terms of activity points or currency earned by the user based on the activity of the user, either through display **408** and/or indicator system **412**.

[0056] A fastening mechanism **416** can be disengaged wherein the device **400** can be positioned around a wrist or portion of the user **124** and the fastening mechanism **416** can be subsequently placed in an engaged position. In one embodiment, fastening mechanism **416** may comprise an interface, including but not limited to a USB port, for operative interaction with computer device **114** and/or devices, such as devices **120** and/or **112**. In certain embodiments, fastening member may comprise one or more magnets. In one embodiment, fastening member may be devoid of moving parts and rely entirely on magnetic forces.

[0057] In certain embodiments, device **400** may comprise a sensor assembly (not shown in FIG. **4**). The sensor assembly may comprise a plurality of different sensors, including those disclosed herein and/or known in the art. In an example embodiment, the sensor assembly may comprise or permit operative connection to any sensor disclosed herein or known in the art. Device **400** and or its sensor assembly may be configured to receive data obtained from one or more external sensors.

[0058] iii. Apparel and/or Body Location Sensing

[0059] Element **130** of FIG. **1** shows an example sensory location which may be associated with a physical apparatus, such as a sensor, data acquisition unit, or other device. Yet in other embodiments, it may be a specific location of a body portion or region that is monitored, such as via an image capturing device (e.g., image capturing device **118**). In certain embodiments, element **130** may comprise a sensor, such that elements **130***a* and **130***b* may be sensors integrated into apparel, such as athletic clothing. Such sensors may be placed at any desired location of the body of user **124**. Sensors **130***a/b* may communicate (e.g., wirelessly) with one or more devices (including other sensors) of BAN **102**, LAN **104**, and/or WAN **106**. In certain embodiments, passive sensing surfaces may reflect waveforms, such as infrared light, emitted by image-capturing device **118** and/or sensor **120**. In one embodiment, passive sensors located on user's **124** apparel may comprise generally spherical structures made of glass or other transparent or translucent surfaces which may reflect waveforms. Different classes of apparel may be utilized in which a given class of apparel has specific sensors configured to be located proximate to a specific portion of the user's **124** body when properly worn. For example, golf apparel may include one or more sensors positioned on the apparel in a first

configuration and yet soccer apparel may include one or more sensors positioned on apparel in a second configuration.

[0060] FIG. **5** shows illustrative locations for sensory input (see, e.g., sensory locations **130***a*-**130***o*). In this regard, sensors may be physical sensors located on/in a user's clothing, yet in other embodiments, sensor locations **130***a*-**130***o* may be based upon identification of relationships between two moving body parts. For example, sensor location **130***a* may be determined by identifying motions of user **124** with an image-capturing device, such as image-capturing device **118**. Thus, in certain embodiments, a sensor may not physically be located at a specific location (such as one or more of sensor locations **130***a*-**130***o*), but is configured to sense properties of that location, such as with image-capturing device **118** or other sensor data gathered from other locations. In this regard, the overall shape or portion of a user's body may permit identification of certain body parts. Regardless of whether an image-capturing device is utilized and/or a physical sensor located on the user **124**, and/or using data from other devices, (such as sensory system **302**), device assembly **400** and/or any other device or sensor disclosed herein or known in the art is utilized, the sensors may sense a current location of a body part and/or track movement of the body part. In one embodiment, sensory data relating to location **130***m* may be utilized in a determination of the user's center of gravity (a.k.a, center of mass). For example, relationships between location **130***a* and location(s) **130***f*/**130***l* with respect to one or more of location(s) **130***m*-**130***o* may be utilized to determine if a user's center of gravity has been elevated along the vertical axis (such as during a jump) or if a user is attempting to "fake" a jump by bending and flexing their knees. In one embodiment, sensor location **1306***n* may be located at about the sternum of user **124**. Likewise, sensor location **130***o* may be located approximate to the naval of user **124**. In certain embodiments, data from sensor locations **130***m*-**130***o* may be utilized (alone or in combination with other data) to determine the center of gravity for user **124**. In further embodiments, relationships between multiple sensor locations, such as sensors **130***m*-**130***o*, may be utilized in determining orientation of the user **124** and/or rotational forces, such as twisting of user's **124** torso. Further, one or more locations, such as location(s), may be utilized as (or approximate) a center of moment location. For example, in one embodiment, one or more of location(s) **130***m*-**130***o* may serve as a point for a center of moment location of user **124**. In another embodiment, one or more locations may serve as a center of moment of specific body parts or regions.

Example Metrics Calculations

[0061] Aspects of this disclosure relate to systems and methods that may be utilized to calculate one or more activity metrics of an athlete, including but not limited to energy expenditure, speed, distance, pace, power, and/or others. The calculations may be performed in real time, such that the user may obtain real-time feedback during one or more activities. In certain embodiments, all calculations for a plurality of metrics are be estimated using a same set of attributes, or a sub-set of attributes from a common group of attributes, and the like. In one embodiment, a calculation of energy expenditure may be performed on a first set of attributes and without classifying the activity being performed by the athlete, such as being walking, running, playing a specific sport, or conducting a specific activity. In one embodiment, determinations of energy expenditure are done without any activity type templates, such that as the energy expenditure may be calculated from sensor data and/or derivatives thereof, without classifying the activity type. For example, energy expenditure may be calculated in accordance with certain embodiments using the same set of attributes regardless of whether the athlete is performing a first activity or a second activity, such as for example, walking or playing soccer.

[0062] In certain implementations, calculations of energy expenditure calculated may be performed using a first set of attributes and another metric, such as for example, speed may be determined from the same set of attributes or a subset of the same attributes. In one embodiment, determination of a plurality of metrics may be conducted using a selection of core attributes. In one example, this attribute calculation may be used to estimate energy expenditure and/or a speed of walking and/or running of the user. In one example, an energy expenditure and/or speed of walking and/or running may be estimated using a same set of attributes, or a sub-set of attributes from a common group of attributes, and the like.

[0063] The systems and methods described herein may compare calculated attributes from activity data (real-time activity data, and the like) to one or more models wherein the one or more models may not include data captured for the activity type that the athlete performed (and may not be categorized, such as for energy expenditure calculations). In this way, the one or more models may be agnostic to the specific activity being performed by a user. For example, an activity device may receive information from a user performing a basketball activity and at least one model may not contain any data from basketball activities.

[0064] As an example of calculating multiple metrics, systems and methods may be implemented to determine whether to calculate speed for one or more time windows of data. Certain aspects of this disclosure relate to determinations of speed or distance that comprises categorizing athletic data. As discussed above, however, other aspects relate to calculating energy expenditure values without categorizing the athletic data into activity types (walking, running, basketball, sprinting, soccer, football, etc.), however, categorizing at least a portion of the same data utilized to calculate energy expenditure for the calculation of other metrics, such as for example, speed and/or distance is within the scope of this disclosure. In one implementation, speed (or another metric) may be determined from at least a portion of data derived from the determination of energy expenditure values. In accordance with certain embodiments, the attributes are calculated on a single device, such as any device disclosed herein or known in the art. In one embodiment, the attributes and calculation of the metrics are calculated on a single device. In one such example, a device configured to be worn on an appendage of a user may be configured to receive sensor data and calculate the attributes and a plurality of metrics from the attributes. In one embodiment, the single device comprises at least one sensor configured capture data utilized to calculate at least one attribute. In accordance with certain embodiments, the attributes are calculated from one or more sensors located on the single device.

[0065] Example Energy Expenditure Calculations

[0066] One or more of the systems and methods described herein may calculate an estimate of energy expenditure that implements at least one of the components of FIG. **6**. In one configuration, a device, such as device **112**, **126**, **128**, **130**, and/or **400** may capture data associated with one or more activities being performed by a user, and may include one or

more sensors, including, but not limited to: an accelerometer, a gyroscope, a location-determining device (e.g., GPS), light sensor, temperature sensor (including ambient temperature and/or body temperature), heart rate monitor, image-capturing sensor, moisture sensor and/or combinations thereof. This captured activity data may, in turn, be used to calculate one or more energy expenditure values associated with the user.

[0067] In one implementation, an estimation of the volume of oxygen consumed by a person may be used in the calculation of an effective metabolic equivalent or an estimation of energy expenditure by said person. For example, in one embodiment, a liter of oxygen consumed by a person may be associated with an energy expenditure of approximately 5 kilocalories (5 kcal). Additionally or alternatively, those of ordinary skill in the art will recognize various alternative methodologies exist for utilizing in calculations of energy expenditure based upon oxygen consumption by a person.

[0068] In one embodiment, oxygen consumption by a person may be measured as a volume of oxygen per unit mass, such as per kilogram (VO_2/kg). In one implementation, the systems and methods described herein may utilize values, such as stored as computer-executable instructions on one or more non-transitory computer-readable mediums related to actual and/or estimated oxygen consumption associated with specific activities. In certain embodiments, the values may be actual data or derived from actual data collected from one or more individuals performing one or more specific activities, and otherwise referred to as training data. For example, the systems and methods described herein may utilize training data related to oxygen consumption by one or more individuals performing activities including, among others, playing basketball, playing soccer, playing tennis, walking, jogging, running, and sprinting, sitting, squatting, and/or combinations thereof. Those of ordinary skill in the art will recognize various testing procedures that may be utilized to monitor oxygen consumption while an individual is performing one or more prescribed activities. Additionally, it will be readily understood to those of ordinary skill in the art that multiple oxygen consumption data points may be collected during an activity. Furthermore, one or more data manipulation processes may be performed on said collected data points to calculate, among others, an average oxygen consumption during a specific activity, and based on a recorded mass (e.g., measured in kilograms, and the like), and/or individual or class specific information (e.g., sex, weigh, height, age, percent body fat, among others).

[0069] In one implementation, training data may be recorded for one or more individuals performing one or more specific activities, wherein said training data includes information related to a volume of oxygen consumed at one or more time points during the one or more specific activities, and information related to individual and or class-specific information (e.g., the mass of the individuals performing the specific activities). Additionally, training data may include sensor data from a device, such as device **112**, **126**, **128**, **130**, and/or **400**. In this way, the training day that may store information related to one or more sensor outputs in addition to information related to one or more volumes of oxygen consumed during one or more activities. In one implementation the sensor data stored in addition to the oxygen consumption data may include data from one or more of an accelerometer, a gyroscope, a location-determining device (e.g., GPS), light sensor, temperature sensor (including ambient temperature and/or body temperature), heart rate monitor, image-capturing sensor, moisture sensor and/or combinations thereof. For example, training data may include stored data from an accelerometer sensor, in addition to information related to a volume of oxygen consumed during an activity, for example, playing soccer.

[0070] Accordingly, the systems and methods described herein may include training data that includes one or more calculated attributes associated with an activity. Furthermore, the one or more attributes associated with an activity may include one or more volumes of oxygen consumed per unit mass of a person at one or more time points during an activity, and/or one or more calculated values based on one or more outputs from sensors associated with a device monitoring one or more motions of a user during said activity. For example, in one implementation, an output of an accelerometer sensor may include an acceleration value for each of the three axes (x-, y-, and z-axis). Accordingly, in one implementation, a plurality of acceleration values associated with the respective axes to which an accelerometer sensor is sensitive (x-, y-, and z-axis) may be grouped as a single acceleration data point. In another implementation, acceleration values may be processed by a processor, such as processor **202**, associated with a device, such as device **112**, **126**, **128**, **130**, and/or **400** to calculate one or more attributes.

[0071] In one example, one or more data points received from a sensor aggregated into a dataset representative of one or more motions of user. Accordingly, the one or more data points may be processed to represent the data in a way that allows for one or more trends and/or metrics to be extracted from the data. In one example, acceleration data output from an accelerometer may be processed (transformed) to calculate a vector normal ("vector norm"). Additional or alternative transformations may be employed to calculate, in one example, a standard deviation of the vector normal, a derivative of the vector normal, and/or a Fast Fourier Transform (FFT) of the vector normal. Those skilled in the art will appreciate that certain transformations may combine sensor data from two or more sensors and/or with other data, such as biographical data (e.g., height, age, weight, etc.). In other embodiments, transformation may only utilize data from single sensors, such that sensor data from multiple sensors is not mixed. Transformations related to received motion data points are explained in further detail in relation to FIGS. **8**A and **8**B.

[0072] In one example, one or more attributes may be calculated from the received data, and wherein the attributes may be calculated subsequent to one or more transformation processes be executed on a dataset representative of one or more motions of a user. In this regard, datasets from multiple users may be used as a comparison against a user whose activity is not within the dataset. This may be done without categorizing the user's activity into an activity type (e.g., walking, running, playing specific sport) and in certain embodiments, the user may be performing an activity that was not conducted as part of collecting the training data within the data used to obtain attribute values for the models. Examples of attribute calculations are explained in further detail in relation to FIGS. **9**A-**9**E.

[0073] In another example, the systems and methods described herein may be implemented to estimate one or more metrics from sensor data. These metrics may include, among others, an estimation of energy expenditure, an estimation as to whether a user is running, walking, or performing other activity, and/or an estimation of a speed and a

distance (a pace) which a user is moving, and the like. For example, block **601** of flowchart **600** from FIG. **6** shows an example implementation of calculating energy expenditure from one or more attributes. Separately, block **603** is directed to an example implementation for calculating speed, which may be determined using one or more calculated attributes, which may be derived from the same sensors, from the same data, and/or the same attributes as the energy expenditure metric.

[0074] Accordingly, the systems and methods described herein may utilize data received from one or more different sensor types, including, among others, an accelerometer, a heart rate sensor, a gyroscope, a location-determining device (e.g., GPS), light (including non-visible light) sensor, temperature sensor (including ambient temperature and/or body temperature), sleep pattern sensors, image-capturing sensor, moisture sensor, force sensor, compass, angular rate sensor, and/or combinations thereof.

[0075] Furthermore, while the example of attributes associated with acceleration data output from an accelerometer sensor are described, those of ordinary skill will appreciate that other sensors may be used, alone or in combination with other sensors and devices, without departing from the scope of this disclosure. For example, a heart rate monitor may be used, wherein the data output from a heart rate monitor may output data representative of a heart rate in units of beats per minute (BPM) or equivalent. Accordingly, one or more transformations may be performed on outputted heart rate data to interpolate a heart rate signal between heart rate data points, and allowing for signal dropouts at certain points. Furthermore, the attributes calculated for sensor data associated with a heart rate monitor, or any other sensor, may be the same, or may be different to those described above in relation to accelerometer data.

[0076] In another implementation, the systems and methods described herein may analyze sensor data from combinations of sensors. For example, a device may receive information related to a heart rate of a user from a heart rate monitor, in addition to information related to motion of one or more appendages of a user (from one or more accelerometers, and the like). In one example, the device may determine that a user has a heart rate indicative of vigorous exercise, but accelerometer data may indicate that said user has been at rest for a period of time. Accordingly the device may determine that the user has a sustained elevated heart rate after a period of activity but is now resting after said activity, and the like.

[0077] In one implementation, training data may be used to construct one or more models, otherwise referred to as experts, or expert models, for predicting, among others, a volume of oxygen consumption based upon (at least in part) one or more individual-specific properties such as a gender, a mass and/or a height of a user. Accordingly, information from one or more sensors associated with a device, such as device **112**, **126**, **128**, **130**, and/or **400**, may be used to calculate one or more attributes. In turn, the calculated attributes may be compared to attributes associated with one or more constructed models, and thereby, used to predict a volume of oxygen being consumed by a user while outputting motion signals (sensor output values) corresponding to the calculated attributes. For example, a user may be performing an activity, such as playing soccer, while wearing a sensor device on an appendage. The sensor device, in turn, may output sensor values, which may be processed to calculate one or more attributes. Subsequently, the one or more calculated attributes may be compared to one or more attributes associated with one or more models, and an estimation of a volume of oxygen being consumed by the user while playing soccer may be made. Furthermore, said estimation of a volume of oxygen being consumed may be used to estimate energy expenditure values by the user playing soccer. This process is described in further detail in relation to FIG. **6**. In certain embodiments, all of the sensor data comes from a unitary device. In one example, the unitary device is an appendage-worn device. In certain configurations, the appendage worn device comprises at least one of an accelerometer, a location-determining sensor (e.g., GPS) and a heart rate monitor. In another example, the unitary device comprises a sensor configured to be placed on or within athletic apparel, such as a shoe. In yet another example, a sensor from at least two different devices are utilized to collect the data. In at least one embodiment, the device comprising a sensor utilized to capture data is also configured to provide an output of energy expenditure. In one embodiment, the device comprises a display device configured to display an output relating to energy expenditure. In further embodiments, the device may comprise a communication element configured to transmit information relating to energy expenditure to a remote device.

[0078] In another implementation, one or more attributes may be calculated from received sensor data and used as inputs to one or more walking and/or running models for predicting, among others, a speed/a pace of a user. Further details of such an implementation are described in relation to block **603** of flowchart **600**.

[0079] FIG. **6** is a flowchart showing an exemplary implementation of attribute calculation. In one example, this attribute calculation may be used to estimate one or more metrics associated with an activity being performed by a user, and wherein said estimation may include an energy expenditure speed, and/or one or more other metrics. In one example, an energy expenditure and/or speed of walking and/or running may be estimated using a same set of attributes, or a sub-set of attributes from a common group of attributes, and the like.

[0080] Information related to the movement of the user may be outputted as one or more data signals from one or more sensors associated with one or more sensor devices monitoring the user. In one implementation, FIG. **6** represents one or more processes carried out by at least one processor, such as processor unit **202**, which may be associated with a sensor device, such as, among others, device **112**, **126**, **128**, **130**, and/or **400**. Accordingly, devices may not directly monitor a volume of oxygen being consumed by a user during an activity. In one implementation, one or more sensor devices may monitor one or more motions associated with one or more activities being performed by a user. Furthermore, in one arrangement, received activity data may be correlated with observed oxygen consumption values for activities that may exhibit certain attributes, and associated with one or more oxygen consumption models.

[0081] One or more embodiments receive sensor data from one or more sensors (see, e.g., block **602**). In certain embodiments, the sensor data may be associated with a device worn by a user. In one example, and as previously described, said device may be, among others, device **112**, **126**, **128**, **130**, and/or **400**. Accordingly, the sensor data may be received by a processor, such as processor **202** from FIG. **2**, and may be received from one or more sensors described herein and/or known in the art. In one implementation, sensor data may be

received at block **602** from an accelerometer at a frequency of, among others, 25 Hz. Additionally or alternatively, sensor data may be received from the sensor, such as accelerometer, in windows of between 5.0 and 5.5 seconds. In one embodiment, the window (or time frame) may be about 5.12 seconds in length. A window may be a period of time during which sensor data is recorded for one or more motions of a user associated with one or more activities being performed by a user. In one implementation, a sample window may include 128 samples (data points) of sensor data, wherein a sample of sensor data may include a value for each of three orthogonal axes of an accelerometer (x-axis, y-axis, and z-axis), and/or a vector normal value. In yet another implementation, sensor data received from, in one implementation, an accelerometer, may be received in windows that do not overlap (e.g., 5.12 second-length groups of sensor data each containing 128 samples, and received singly, rather than simultaneously, and/or discrete from each other). However, in alternative embodiments, those of ordinary skill will readily understand that the systems and methods described herein may be employed with any frequency of operation of an accelerometer, with a window length measuring any length of time, and using any number of samples of sensor data from within a given window. Data may be validated as it is received, such as for, for example, at block **604**. Data validation may include, among others, a person of one or more values of received sensor data to one or more threshold values, and the like. Various examples of example data validation embodiments are described in further detail in relation to FIG. **7**.

[0082] Further aspects of this disclosure relate to calculating one or more attributes from the data (see, e.g., block **606**). Calculation of one or more attributes may occur after validation protocols, such as those described herein, including in relation to FIG. **7**. In one implementation, one or more attributes may be calculated for one or more of the received samples in a sample window (e.g., the 128 sample window described above). Attribute calculation may occur in real-time as the data is collected. Various example embodiments that may be implemented to calculate one or more attributes are described in greater detail in relation to FIGS. **9**A-**9**E.

[0083] Further embodiments may compare one or more calculated attributes associated with data received from one or more sensors, and indicative of one or more activities being performed by a user, to one or more attributes associated with one or more models. In one example, one or more attributes may be compared to one or more models (see e.g., block **608**). For example, for calculations of energy expenditure, one or more attributes may be compared to oxygen consumption models. In another example, attributes may be used as inputs to one or more of, among others, models for estimation of a number of steps (during walking), strides (during running), or other movements by a user, and/or models for estimation of speed and distance (pace) of a user (see e.g., block **603** of flowchart **600**, FIG. **15**A-**15**C, and/or FIG. **16**). Furthermore, as will be apparent from FIG. **6**, one or more calculated attributes may be used as inputs to one or more models such that, in one example, a model for estimation of an energy expenditure may be executed separately from a model for calculation of a step rate, a walking speed, and/or a running speed, and the like. As previously described, one or more models may be stored in a memory, such as memory **212**, and the like, and associated with a device, including a sensor device.

[0084] In one implementation, a model may include information (e.g. training data) collected during one or more user's performance conducting one or more activities and, in one example, predicted oxygen consumption. The models may include training data from activities that, despite being different from the activity that an athlete is performing, may have similar relationships between attributes. As such, the models may serve as accurate predictors of oxygen consumption. Accordingly, a model may include training data associated with one or more different activities. For example, a model may include training data received from one or monitoring processes associated with, among others, playing soccer and playing basketball. In this way, oxygen consumption data associated with certain movements of soccer and basketball activity data may be similar (within one or more predetermined numerical ranges for different periods during the activities, and the like).

[0085] In another implementation, a first oxygen consumption model may comprise data from a same one or more users as those one or more users' data used in a second oxygen consumption model. In another configuration, a first model and a second model may use a same one or more users' data. In yet another configuration, a data associated with a model may have been captured from a same one or more users during a single data collection period, or from multiple collection periods across a same or a different day, and the like. In one implementation, a first model may be associated with data from a first group of one or more sensors and a second model may be associated with a second group of one or more sensors, and wherein the first group may share one or more, or none of the same sensor types. In one implementation, the systems and methods described herein may compare calculated attributes from activity data (real-time activity data, and the like) to one or more models wherein the one or more models may not include data captured for that activity type. In this way the one or more models may be agnostic to the specific activity being performed by a user. For example, an activity device may receive information from a user performing a basketball activity. In response, the device may process the received basketball activity data (such as, for example, block **606** of flowchart **600**), and compare calculated attributes to one or more models (such as, for example, block **608**). In one implementation, the one or more models may or may not comprise data related to basketball. In this way, the computed one or more attributes for received sensor data may correspond to one or more models, and wherein the models need not comprise training data related to the specific activity being performed by a user.

[0086] In one configuration, a plurality of models, each with their own attributes, which may or may not overlap attributes of other models, may be utilized. In one example implementation, each model may be associated with 20 attributes. In another configuration, the systems and methods described herein may store 5, 10, 15 or 21 attributes for each model. However it will be readily understood to those of ordinary skill that the systems and methods described herein may store any number of attributes in association with each model, and in certain embodiments a first number of attributes stored in association with a first model may differ from a second number of attributes stored in association with a second model. Furthermore, the one or more attributes stored in association with a model may be alternatively referred to as weights, or may be used to calculate related weighting values that may be used to compare a model to

those attributes calculated from sensor data received from a device. Accordingly, in one implementation, the number of attributes calculated from data received from a sensor device (or multiple sensor devices) collecting movement data of a user may be equal to a number of attributes, or alternatively, a number of weights associated with one or more stored oxygen consumption models.

[0087] One or more aspects may calculate a probability that a first model will provide the most accurate estimation of oxygen consumption from the total number of stored one or more models. For example, a probability that a specific model, from a group of different (e.g., 16) models is most likely to provide the most accurate output of oxygen consumption may be calculated. The calculations may be performed, for example, as part of block **608**, and be based on one or more attributes calculated from received sensor data indicative of an activity being performed by a user. In one implementation, a level of closeness between attributes calculated from received sensor data, and those attributes, or alternatively, those weights, associated with one or more of the stored oxygen consumption models may be calculated, such as for example as part of block **608**. In one implementation, the systems and methods described herein may execute one or more processes to compare input attributes with corresponding weights associated with a stored model (expert). In one example, block **608** may calculate a probability for each stored model. Accordingly, said probability may represent a likelihood that the calculated one or more attributes are a best-fit for a given model. For example, a probability may be calculated for each of 16 stored models, and the like. The highest probability value, from the 16 calculated probabilities, indicates the model with the best-fit for the calculated attributes, and the like. Further details related to a comparison of calculated attributes to stored models, and subsequent selection of a best-fit model for those calculated attributes, are explained in relation to FIG. **14**.

[0088] In one example, block **610** represents one or more processes to select a model with a best-match, or best-fit to those calculated attributes from block **608**. As previously described, said best-fit model represents stored training data that most closely approximates the data received from a sensor device monitoring an activity of the user. In one implementation, the best-fit model may be the model corresponding to a calculated probability value that is closest to a value of 1.0. In another implementation, block **610** may select two or more models. For example, models fitting within a predefined deviation, variation, and/or threshold may be selected (referred to as a hybrid-model strategy).

[0089] As shown by illustrative block **612**, one or more embodiments may estimate an output value from a selected model (expert). In one example, an output may be in estimation of a volume of oxygen consumption as a result of one or more activities being performed by a user. Accordingly, in one example, block **612** may correlate an activity being performed by a user with an estimated oxygen consumption value, and based on a selected model (e.g., a best-fit model) that most closely matches attribute values calculated from sensor data. In one implementation, a model may store one or more estimates of oxygen consumption, wherein the one or more estimates of oxygen consumption may be stored based on at least one individual-specific value, such as a gender, a weight and/or a height of a user. Accordingly, and based upon the one or more attributes associated with the sensor data received from a sensor device, block **612** may return an estimate of a volume of oxygen consumption by the user based upon an activity carried out by the user.

[0090] Block **614** may be implemented to estimate a motion metric associated with a model output value. In one example, a motion metric may be an energy expenditure value, which may be estimated using an oxygen consumption value. As previously described, one or more methods may be utilized to calculate an energy expenditure from an oxygen consumption value. In one example, an estimated energy expenditure of 5 kcal is associated with an oxygen consumption of 1 L by a user. However those of ordinary skill in the art will recognize various other formulae for calculating energy expenditure based upon a value of oxygen consumption, and using one or more individual-specific values (e.g., a height and a weight of a user).

[0091] In another implementation, one or more attributes calculated (including, e.g., at block **606**) may be used in a determination of whether sensor data is indicative of walking, running, or another activity being performed by a user, and additionally or alternatively, the speed at which the user is walking or running, and the like. Accordingly, one or more attributes calculated at block **606** may be used as inputs to block **603**. In particular, one or more attributes may be communicated from block **606** to decision block **616**. At block **616**, one or more processes may be executed to determine whether a user is running or walking, or performing another activity. Further details related to these one or more processes are described in relation to FIGS. **15**A-**15**C. If it is determined that a user is performing an activity other than running or walking, flowchart proceeds from block **616** to **618**. Accordingly, for a user performing activity other than running or walking, no processes are executed to define the speed at which the user is traveling, and the like. If it is determined, at decision **616**, that's the user is running or walking, decision **620** may be implemented to determine whether the activity is awalking or running. Example embodiments for selecting an activity, such as running or walking, are provided herein, including in relation to In one embodiment, if tt is determined that a user is running, one or more attributes may be communicated to a running model, such as to determine speed (e.g., see block **622**). If, however, it is determined that a user is walking, certain embodiments may communicate one or more attributes to a walking model, such as to determined speed (e.g., block **624**).

[0092] FIG. **7** depicts a flowchart **700** showing an example implementation that may be utilized in the verification of data received from one or more sensors. In one example, flowchart **700**, either in whole or in part, may be implemented as part of executing verification implementations of block **604** from FIG. **6**. Block **702** may represent one or more processes for receiving data from one or more sensors. As previously described, data may be received from sensors of different types, including, but not limited to, accelerometers, heart rate monitors, gyroscopes, location-determining device (e.g., GPS), light (including non-visible light) sensor, temperature sensor (including ambient temperature and/or body temperature), sleep pattern sensors, image-capturing sensor, moisture sensor, force sensor, compass, angular rate sensor, and/or combinations thereof. Data may be received, at block **702**, as one or more data points, or samples. Furthermore, data may be received as part of a continuous, or in intermittent data stream. Additionally, and as will be readily understood to those of ordinary skill in the art, data received at block **702** may be from a single sensor, or multiple sensors, and may be

received as a serial input, or as a parallel import (simultaneously). Block **702** may encompass portions of block **602** in certain embodiments.

[0093] Block **704** may include one or more processes to identify a source of received data. Accordingly, block **704** may identify a sensor type from which data is received. In one implementation, the information contained within a data point (a sample) may include an identification of a sensor type, sub-type, model and/or specific instance of a sensor from which the data was generated and communicated. For example, block **704** may identify received data that has been received from an accelerometer, and the like. In another example, block **706** of flowchart **700** may identify the received data as being from one or more sensors. If one or more received data points are received from separate sensors, f the data stream may be parsed (e.g., block **708**). In one example, block **708** may be implemented to separate received data points based upon a sensor type from which the data has been received, and the like.

[0094] A value of a received data point may be compared to one or more threshold values (e.g., 710). Accordingly, block **710** may validate a received data point. In this way, a data point may be identified as representing a motion of a user, and distinguished from one or more values representing noise, and the like. For example, for an accelerometer data point, a threshold value may be, among others, 10% of a maximum output value from an accelerometer sensor. Accordingly, if a received data point from an accelerometer has a numerical value (in one example, an absolute numerical value, and the like), of less than 10% of the maximum output value from the accelerometer sensor, the data point may be identified as noise, and disregarded. Correspondingly, if the received data point from an accelerometer has a numerical value of greater than 10% of the maximum output value from the accelerometer sensor, the data point is it identified as a valid acceleration. Those of ordinary skill in the art will recognize that a threshold value may take any numerical value, or otherwise, that is appropriate for a particular sensor type, and based upon, among others, an output range of numerical values from a particular sensor type. Furthermore, the exemplary 10% threshold associated with an accelerometer may additionally or alternatively be a 5% threshold, a 15% threshold, a 20% threshold, or 25% threshold, or any other numerical value, and the like. Furthermore, there may be more than one threshold associated with a specific sensor type. For example, a sensor may have two or more thresholds associated with data outputs. A first threshold may distinguish between noise and true acceleration data, and may be, for example, a 10% threshold. Furthermore, a second threshold may distinguish between true acceleration data and saturated data, and may be, for example, a 95% threshold, and the like.

[0095] Data from multiple sensors or inputs may be validated, such as at block **710**. As one example, one or more data points from a heart rate sensor, wherein a heart rate sensor data point may be compared to one or more thresholds. In one example, if a received heart rate is between 20 and 220 bpm, the heart rate data point is considered proper, and maybe subsequently communicated to a data buffer, such that the buffer described in relation to block **712**, and the like. In another example, a validation of heart rate sensor data may execute one or more processes to check that a number of heart rate data points are within a one or more predetermined beats per minute thresholds while a buffer is being populated with acceleration data.

[0096] One or more data points may be validated as being representative of useful data, such as for example at block **710**, wherein useful data may be representative of one or more activities or performances being carried out by a user. Accordingly, subsequent to validation of one or more data points, the validated data points may be stored (temporarily or otherwise) in a buffer (see, e.g., block **712**). Those of ordinary skill in the art will understand that's various types of buffers may be used without departing from the scope of this disclosure. Accordingly, in one example, a buffer may be a dedicated hardware chip that includes elements configured for storage of digital information. A buffer may be implemented in a form of persistent memory, such as a hard disk drive (HDD), a solid state drive (SDD), an optical disk, and the like. Additionally or alternatively, buffer may be implemented in a form of volatile memory, such as, among others random access memory (RAM), and the like.

[0097] Certain embodiments may be configured to add one or more data points to a buffer, wherein said buffer may, in one example, store 128 data points (samples) before communicating the contents of the buffer to a transformation module. Those of ordinary skill in the art will recognize that, in one example, fewer than 128 data points may be stored in the buffer. For example, the buffer may store 64 samples, 32 samples, 16 samples, and the like. Similarly, those of ordinary skill will recognize that, in another example, greater than 128 data points may be stored in the buffer, and without departing from the scope of the disclosure described herein. Additionally or alternatively, the number of samples and/or data points stored in a buffer may be dependent upon the sensor type from which the data is received. For example, data received from an accelerometer may occupy more storage space than data received from a heart rate monitor, and the like. Furthermore, in one example, a transformation module may include one or more processes for manipulating and/or identifying features of received data, and the like.

[0098] In one implementation, a time stamp may be associated with a data point as it is added to the buffer. In another implementation, a timestamp may be associated with a validated data point independently of a buffer, and the like.

[0099] Certain embodiments may confirm whether a threshold number of data points are within a buffer, or series of buffers (see, e.g., block **714**). In this way, block **714** may represent one or more processes to identify the number of stored data points and a buffer, and compare this stored number of data points to a threshold number of data points before flowchart **700** proceeds to block **716**. For example, block **714** may check the number of data points stored in a buffer, and compare this number of stored data points to a threshold number of 128 data points, and the like. In one example, once block **714** identifies 128 samples stored in a buffer, flowchart **700** proceeds to block **716**, wherein the 128 samples are communicated to a data transformation module. If, however, block **714** determines that the number of samples stored in a buffer is less than a threshold number of, for example, 128 samples, flowchart **700** proceeds to block **702** for processing of additional data points, and the like. Those of ordinary skill will recognize that block **714** may be omitted from flowchart **700**, without departing from the scope of the disclosure, and one or more data points may be communicated to a transformation module continuously, and without having received a threshold number of data points, and the like.

[0100] In accordance with one embodiment, a threshold of 128 data points may represent a window of data, wherein a

window of data, which if collected at a frequency of 25 Hz would result in a length of time of about 5.12 seconds. Accordingly, a sample window may comprise a number of samples other than 128, sampled at any given frequency, and for any length of time, and the like. Furthermore, a transformation module may be one or more processes configured to execute on data received from one or more sensors. The one or more transformation processes may aggregate data into a dataset, wherein a dataset may be a group of data points representative of a motion and/or an activity of a user, and the like. Accordingly, data transformation processes are described in further detail in relation to FIGS. **8**A and **8**B.

[0101] FIG. **8**A is a flowchart diagram **800** that includes one or more exemplary processes for transforming received sensor data. In one example, validated data, which may be validated in accordance with one or more teachings set forth in FIG. **7**, may be received (e.g., block **802**). In one configuration, flowchart **800** may represent one or more processes to transform data received from an accelerometer sensor. Accordingly, a data point output from an accelerometer may include a data value associated with one or more of three orthogonal axes (x-axis, y-axis, z-axis), and the like. In one specific implementation, an accelerometer may output a numerical value representative of an acceleration along a single axis (a single axis selected from one or more of an x-axis, y-axis, or z-axis), and on a scale of 0 to 1024. Those of ordinary skill in the art will recognize that accelerometers manufactured by different companies, or indeed, sensors of different types, will output numerical values different to those described herein. In this specific example, an output value of 1 to 512 may represent an acceleration in a negative direction along an axis. Correspondingly, an output value of 513 to 1024 may represent an acceleration in a positive direction along said same axis. Block **804** of flowchart **800** may execute one or more processes to zero-center one or more data points output from an accelerometer, and the like. Zero-centering data, in one implementation, may be used to transform data values associated with one or more data points on accelerometer such that acceleration of 0 m/s^2, is outputted with numerical value of zero, and the like. In one example, one or more processes to zero-centered data may include subtracting 512 from an output value from an accelerometer. As such, an acceleration along a negative direction of an axis may be represented by a negative value from −1 to −512, and an acceleration along a positive direction of an axis may be represented by a positive value of +1 to +512, and the like.

[0102] In one example, data points associated with an accelerometer may include one or more numerical values representing one or more axes to which the accelerometer is sensitive to acceleration. For example, an accelerometer may output three numerical values associated with each of three orthogonal axes (x-axis, y-axis, and z-axis). In one example, the physical orientation of an accelerometer circuit and/or chip in a device, such as device **112**, **126**, **128**, **130**, and/or **400**, may control the output values from the accelerometer. For example, an accelerometer positioned within a device in a first orientation may output acceleration values primarily along an x-axis during a first activity. However, the same accelerometer positioned within a device in a second orientation may output acceleration values primarily along a y-axis during said same first activity, and the like. As such, one or more processes may be dependent upon a physical orientation of accelerometer sensor within the device, and wherein the orientation of the sum accelerometer sensor may differ between two devices. In one implementation, however, block **806** may execute one or more processes to source data output from an accelerometer sensor based on a magnitude of the output values, and the like. For example, for each data point received from an accelerometer, one or more processes may execute to identify the axis, from a group of, in one implementation, three axes (x-axis, y-axis, and z-axis) with the highest value of acceleration. In one implementation the highest value of acceleration may be an absolute value, and the like. Accordingly, the axis corresponding to the highest value of acceleration may be re-labeled/re-ordered as the x-axis. Furthermore, the axis corresponding to the second highest value of acceleration may be re-labeled/re-ordered as the y-axis. Additionally, the axis corresponding to the third-highest value of acceleration may be re-labeled/re-ordered as the z-axis, and the like. In this way, re-ordering the axes by magnitude allows one or more subsequent data manipulation processes to be agnostic to the physical orientation of an accelerometer sensor within a device, such as device **112**, **126**, **128**, **130**, and/or **400**, and the like.

[0103] In one example, block **808** may transform one or more data points received from an accelerometer sensor by calculating a vector normal of the received data. Those of ordinary skill in the art will recognize one or more processes to calculate a vector normal of a data point comprising three values representative of each of three orthogonal axes to which an accelerometer is sensitive. In one example, a vector normal may be calculated as a square roots of a sum of squares according to equation 1 below:

$$\text{Vector normal}=SQRT((x_i)^2+(y_i)^2+(z_i)^2). \qquad \text{(Equation 1)}$$

[0104] Given equation 1 above, those of ordinary skill in the art will recognize that x_i is a value of acceleration along an x-axis, y_i is a value of acceleration along a y-axis, and z_i is a value of acceleration along a z-axis, and the like.

[0105] Further transformations may be carried out on data received from a sensor, wherein said data may be received from an accelerometer sensor, and may be validated prior to transformation. In one example, block **810** represents a transformation to calculate a derivative of a vector normal. Accordingly, those of ordinary skill in the art will recognize various systems and methods for calculating a derivative, such as a derivative of a vector normal, and the like. In another example, block **812** represents a transformation to calculate a Fast Fourier Transform (FFT) of a vector normal. Similarly, those of ordinary skill in the art will recognize various systems and methods for calculating a FFT of data to represents a data in a frequency domain: the like.

[0106] Block **814** of flowchart **800** represents one or more processes to communicate transform data to an attribute calculation module. The transformed data may be represented as one or more of zero-centered data sorted by magnitude, vector normal data, derivative of vector normal data, and/or a FFT representation of vector normal data, among others. Additionally, an attribute calculation module may comprise one or more processes for extracting information from a dataset, wherein said the extracted information may characterize one or more motions and/or activities being performed by a user. In one example said extracted information may be referred to as one or more attributes of the data, and the like.

[0107] FIG. **8**B depicts a flowchart **820**, wherein flowchart **820** may comprise one or more processes for transforming received data, and the like. Block **822** of flowchart **820**, in one example, may represent received of validated data. Data may

be validated in accordance with one or more teachings herein, including the teachings in relation to, for example, to FIG. **7**. In one example, the received validated data may be representative of one or more hearts rate data points received from a heart rate monitor, and the like.

[0108] In one example, block **824** may represent one or more processes to interpolate between received heart rate data points. For example, the rate at which data points representative of a heart rate of a user are received may be, among others, 1 Hz. In one implementation, it may desirable to receive at least one or more than one heart rate data point per unit time (such as per second). Accordingly, in one implementation, interpolation between received heart rate data points may be employed to generate data points corresponding to a rate higher than 1 Hz, and the like. Subsequently, and as represented by block **826**, one or more processes may be executed to communicate interpolated heart rate data points to an attribute calculation module, and the like.

[0109] FIG. **9**A depicts an exemplary flowchart **900** that may include one or more processes for calculation of one or more attributes from received sensor data. In one example, data received from one or more sensors may be validated, and transformed prior to receipt by block **902**. In another example, however, one or more data points may be communicated directly to block **902** without validation or transformation, and the like.

[0110] In one example, FIG. **9**A may represent one or more processes to calculate one or more attributes from one or more received accelerometer data points. For example, block **904** of flowchart **900** may execute one or more processes to identify an accelerometer axis indicating a greatest amount of acceleration. In one example, and as a result of one or more sorting processes executed at block **806** of flowchart **800**, the axis corresponding to a greatest amount of acceleration will be an x-axis, and the like. Accordingly, block **904** may identify those data values associated with an x-axis. However, those of ordinary skill in the art will understand that the acceleration values associated with highest acceleration may be re-ordered using one or more alternative methods, and such that an axis representing a highest amend of acceleration may differ between data points, or may be re-ordered to be a y-axis or a z-axis, and the like.

[0111] As previously described, an attribute may generally be a calculated value representing one or more motions of a user, or parts thereof, and which may be used to subsequently predict an output from a model. Furthermore, a model may be used to, among others, predict oxygen consumption by a user during an activity, and the like. A plurality of different attributes may be calculated from a single data point received from a sensor, or a group of data points/group of samples, otherwise referred to as a dataset, and the like.

[0112] In one example, a group of attributes used to estimates, among others oxygen consumption by a user may include, a vector normal oven acceleration data point, a derivative of vector normal of an acceleration data point, and/or a Fast Fourier Transform of vector normal of an acceleration data point, as described in relation to FIG. **8**A.

[0113] In another example, further specific attributes may be calculated from data received from an accelerometer. For example, an attribute may be calculated as a value representing one or more motions of a user, and associated with an acceleration signal from an accelerometer axis indicating a greatest amount of acceleration. In one example, an attribute calculated at block **906** may include a statistical value related to a data point received from an axis indicating the greatest amount acceleration, such as a mean value, and the like.

[0114] Block **920** represents one or more processes to calculate one or more attributes to an expert selection module. Accordingly, an expert selection module may comprise one or more processes to compare one or more calculated attributes to one or more expert models, wherein an expert model may be used to predict/estimates an output associated with an activity being performed by a user. In one example, such an output may be a volume of oxygen consumption by a user, and the like.

[0115] FIG. **9**B includes a flowchart **930**, wherein flowchart **930** may include one or more processes to calculate one or more attributes from received sensor data. Similar to FIG. **9**A, block **932** of flowchart **930** represents one or more processes to receive transformed sensor data. Accordingly, data transformation is described in further detail in relation to FIG. **8**A and FIG. **8**B.

[0116] Block **934** of flowchart **930** may identify accelerometer axis indicating a second largest amount of acceleration. In one example, and subsequent to one or more transformation processes including one or more axis re-ordering processes, the axis indicating a second largest amount of acceleration may be a y-axis, and the like.

[0117] Block **938** may represent one or more processes to calculate an attribute from the received sensor data. In one example, a calculated attribute may be a statistical value. Furthermore, specific examples of attributes are described in relation to FIG. **17**B, which may be similar to the processes that may be executed in relation to FIG. **9**B, and the like. Subsequently, a calculated attribute may be communicated to an expert selection module, as described in relation to block **942**.

[0118] FIG. **9**C depicts a flowchart **950** which may include one or more processes for calculating one or more attributes of received data, wherein the received data may be one or more data points from accelerometer, and the like. Accordingly, block **952** represents one or more processes to receive transformed data, wherein data transformations are described in relation to FIG. **8**A and FIG. **8**B. Alternatively, those of ordinary skill will recognize that the received data may not be transformed, such that received data at block **952** may, alternatively, be raw data received from one or more sensors.

[0119] Block **954** may represent one or more processes to identify data associated with an axis of accelerometer indicating a third largest amount of acceleration. In one example, and as described in relation to block **806** of FIG. **8**A, the axis associated with a third largest amount of acceleration may be a z-axis.

[0120] Block **956** of flowchart **950** represents one or more processes to calculate an attribute from the received sensor data. In a similar manner to FIG. **9**A and FIG. **9**B, a calculated attribute may be a statistical value, such as a mean value of received data, and the like. Additional details related to population of one or more attributes are given in relation to FIG. **17**C, which includes features similar to those described in relation to FIG. **9**C.

[0121] Block **968** may execute one or more processes to communicate one or more calculated attributes to an expert selection module, wherein said expert selection module is described in relation to FIG. **14**.

[0122] FIG. **9**D is a flowchart diagram **970** which may represent one or more processes to calculate one or more attributes associated with received sensor data. For example,

block **972** may receive transformed sensor data from accelerometer. Accordingly, block **974** may group those data points from all axes associated with the accelerometer. In one example, an accelerometer may output data related to one, two, or three orthogonal axes (x-axis, y-axis, and/or z-axis). Block **978** represents one or more processes to calculate an attribute from the received sensor data. As such, a calculated attribute may be a statistical value, such as a mean value of the received sensor data, and the like. Further details related to attribute calculation are given in relation to FIG. **17**D, which includes elements similar to those described in relation to FIG. **9**D.

[0123] Subsequent to calculation of one or more attributes, and as represented by block **982** of flowchart **970**, one or more attributes may be communicated to an expert selection module. An expert selection module may be one or more processes associated with selecting a best-fit model associated with calculated attributes, and as described in further detail in relation to FIG. **14**.

[0124] FIG. **9**E is a flowchart diagram representing one or more processes to calculate attributes associated with received sensor data. In one example, flowchart **986** represents one or more attribute calculation processes associated with data received from an accelerometer, and the like. Accordingly, block **988** represents one or more processes to receive transformed accelerometer data. In one implementation, and as described in relation to FIG. **8**A, accelerometer data may be transformed by calculation of a vector normal of said data, and the like. In one example, block **990** identifies a calculated vector normal of accelerometer data. From said calculated vector normal data, one or more attributes may be identified.

[0125] In one example, block **992** of flowchart **986** represents one or more processes to calculate an attribute from the received sensor data, and in particular, the vector normal data. In one example, a calculated attribute may be, among many others, a mean value of the vector normal data, and the like. Additional examples of attributes related to vector normal data are described in relation to FIG. **17**E.

[0126] Subsequently, block **999** may communicate data to an expert selection module. An example expert selection module is described in further detail herein, including in relation FIG. **14**.

[0127] Although aspects of this disclosure relate to systems and methods configured to calculate energy expenditure without determinations whether a user is conducting an activity, such as running or walking, certain embodiments may determine step count, which may (either directly or indirectly) be used to calculate one or more attributes. In accordance with certain embodiments, systems and methods may be implemented to conduct frequency estimation and setting up frequency search ranges to locate peaks. In one embodiment, peak locating systems and methods may be utilized on data within a buffer, such as the analysis buffer. Yet in other embodiments, other data may be utilized, alone or in combination with data within the analysis buffer. FIG. **10** provides a flowchart **1000** showing one example process for estimating frequency. Those skilled in the art will appreciate that FIG. **10** is merely one of many embodiments that may be utilized in accordance with various implementations. One or more systems and methods may be implemented to identify a subgroup (or sub-groups) of peaks within the frequency data to utilize in the determinations of step quantification. In one embodiment, a FFT is performed and peaks in the FFT spectrum may be identified, such as with the thresholds and/or derivative around the peak. The performance of the FFT may occur before, during, or after initiating frequency estimation processes, such as one or more processes described in relation to FIG. **10**. In further embodiments, the FFT may utilize one or more threshold and derivatives derived from one or more components of flowchart **1000**.

[0128] In one embodiment, a specific peak (or peaks) within the data (such as for example, data obtained within a buffer and/or data obtained during a time frame) may be utilized. In one embodiment, "bounce peaks," "arm swing peaks," and/or other peaks may be identified. For example, many users "bounce" upon landing their feet when running. This bounce may provide frequency peaks within the data. Other peaks (and/or valleys) may be present within the sensor data. For example, many users often swing their arms in a predictable manner during running and/or walking to provide "arm swing peaks". For example, arms usually swing along an anterior/posterior axis (e.g., front to back). This frequency may be about half the frequency of the "bounce peaks". These peaks, however, may each vary independently, based upon, for example, the individual, the type of motion, the terrain, and/or a combination thereof.

[0129] In certain embodiments, thresholds for a function to detect frequencies may be determined or retrieved (e.g., block **1002**). One or more systems or methods for determining identification criteria for locating peaks may estimate frequency of the data points. For example, an average (such as for example, a mean value) and/or a standard deviation (or variance) may be obtained. Such data may be utilized to determine "peaks" and "valleys" (e.g., the high and low values within the data), which may be quantified. Such data may be used in determinations of dynamic thresholds and/or derivative around the peak. In one embodiment, weighted averages, such as one or two-pass weighted moving averages of data in the buffer may be utilized in any determinations. In further embodiments, raw sensor data (e.g., accelerometer signals) may also be used, either alone or in combination with other attributes, such as derivatives of the data.

[0130] In one embodiment, a 1-pass weighted moving average, a 2-pass weighted average and raw data are each used. In another embodiment, only the 2-pass weighted moving average may be used. In one embodiment, the mean and standard deviation of the derivatives are calculated and may be used as threshold levels. In one embodiment, one or more processes may be utilized to obtain thresholds. For example, a first method may be utilized to locate peaks within a fixed range. Yet in certain embodiments, a second method may be utilized to determine identification criteria for locating peaks. In certain implementations, the first, second or additional methods may be implemented based, at least in part, on battery life. For example, the second method may require additional processing power, and therefore, may not be utilized upon receiving an indication that the battery life was decreased below a set point, and/or is declining at a rate above a threshold.

[0131] At block **1004**, a step frequency may be determined for the specific buffer (or groups of buffers). In certain embodiments, a mean acceleration of the buffer may be used to create a distinct narrow search range of the data (e.g., frequencies). For example, FIG. **11** shows graph **1100** showing the mean acceleration (expressed in meters per second squared "m/s^2") along x-axis **1102** and the frequency in Hertz (Hz) of the dual foot step frequency along y-axis **1104**. Area **06** shows the detection area, which may be constrained by

boundary lines **1108***a*-**1108***d*. One or more of boundary lines **1108** may be based, at least in part, on the thresholds calculated at block **1002**. Thus, if accelerations generate a frequency outside the frequency range that the accelerometry predicts (e.g., outside of boundary lines **1108***a*-**1108***d*), then certain systems and methods may not utilize at least a portion of this data. This may be utilized to ensure data considered to be random noise (e.g. data with different frequency content but similar acceleration magnitudes). In one embodiment, a mean frequency may be approximated. In one embodiment, the mean frequency of sensor data measured along one or more axes may be calculated. For example, sensor data collected from one or more accelerometers may be used to determine the mean frequency along one or more of the x, y and z axes. For example, arm swing data may comprise components along each of the three axes, and thus measured. In one embodiment, the mean frequency for multiple axes may be approximated by examining the number of peaks and/or valleys in the data.

[0132] In accordance with certain embodiments, sensor data may be utilized to determine step count regardless of whether the step counts are responsive to walking and/or running. In this regard, it may be advantageous to retain sensor data comprising non-walking and/or non-walking data, rather determinations of walking and or running may be determined from attributes.). For discussion purposes of example sensor readings, however, FIG. **11** is provided to show signals within the range of 0.5-2.4 Hz (located along y-axis **1104**) which using other categorizing techniques may be considered as indicative of walking (see, e.g., samples designated by **1110**). In another embodiment, signals within the range of 2.4 to 5 Hz may be considered as indicative of running in other categorizing techniques. For example, data points **1112** may indicate the athlete is running an 8-minute mile and data point **1114** may indicate that the athlete is running a 5.5 minute mile. Further, in certain embodiments, arm swing data may be utilized to determine the dual foot step frequency (see axis **1104**). For example, if a wrist-worn device is configured to measure arm swings, such data may be interpreted as the single foot frequency. In this regard, single foot frequency data points designated by element **1116** may correspond to half the value (with respect to the y-axis **1104**) to data points **1110**. In one embodiment, therefore, the value of the single foot frequency may be doubled to arrive at the dual foot step frequency value. Those skilled in the art will appreciate that graph **1100** is no required to be generated or displayed, but rather is illustrated herein to demonstrate aspects of this disclosure.

[0133] Decision **1006** may be implemented to determine whether to adjust the estimated step frequency. In one embodiment, decision **1006** may consider whether steps were counted (or the frequency of steps) in a previous buffer, such as a preceding non-overlapping buffer. For example, decision **1006** may determine whether a successful FFT located steps in previous data. As would be appreciated in the art there may be situations in which the data (e.g., frequencies) change, however, the user may still be conducting the same activity, albeit at a different rate or pace. For example, if a user is running at 10 mph and slows to 5 mph, he/she may still running, although at a slower pace. In this situation, however, the frequency detected will be altered.

[0134] In one embodiment, step quantification may be determined absent linear combinations, such as for example, by identifying peaks as discussed above. The estimate (which may have been adjusted via block **1008**) may be used to establish a search range for bounce peak and/or arm swing peak within the data (See, e.g., block **1012**).

[0135] Block **1014** may be implemented to identify a subgroup (or sub-groups) of peaks within the frequency data to utilize in the determinations of step quantification. In one embodiment, a FFT is performed and peaks in the FFT spectrum may be identified, such as with the thresholds and/or derivative around the peak. The performance of the FFT may occur before, during, or after initiating frequency estimation processes, such as one or more processes described in relation to FIG. **10**. In further embodiments, the FFT may utilize one or more threshold and derivatives derived from one or more process of flowchart **1000**. In on embodiment, a specific peak (or peaks) within the data (such as for example, data obtained within the first buffer and/or data obtained during first time frame) may be utilized. This may be conducted based upon determining that linear combination cannot be used. In one embodiment, "bounce peaks," "arm swing peaks," and/or other peaks may be identified. For example, many users "bounce" upon landing their feet when running. This bounce may provide frequency peaks within the data. Other peaks (and/or valleys) may be present within the sensor data. For example, many users often swing their arms in a predictable manner during running and/or walking to provide "arm swing peaks". For example, arms usually swing along an anterior/posterior axis (e.g., front to back). This frequency may be about half the frequency of the "bounce peaks". These peaks, however, may each vary independently, based upon, for example, the individual, the type of motion, the terrain, and/or a combination thereof.

[0136] FIG. **12**A shows graph **1200** of an example FFT output of sensor data, such as multi-axis accelerometer data. Graph **1200** shows the frequency in Hertz (Hz) along x-axis **1202** and FFT power along y-axis **1204**. Line **1206** plots the frequency (along x-axis **1202**) against the power (along y-axis **1208**), wherein the magnitude or maximum height along the y-axis **1204** provides the maximum FFT power for a peak. The peak magnitude indicates the relative strength of the frequency, and may be used as an indicator whether a person is stepping. Those skilled in the art will appreciate that graph **1200** is not required to be generated or displayed, but rather is illustrated herein to demonstrate aspects of this disclosure.

[0137] As further seen in FIG. **12**A, arm swing range **1208** is shown between about 0 and 2 Hz along x-axis **1202** and comprises arm swing peak **1210**. Bounce peak range is shown at about 2-4 Hz along the x-axis **1202** and comprises bounce peak **1214**. Thus, in the illustrated example, the frequency of the bounce peak **1208** within bounce peak range is generally twice the frequency of the arm swing peak. Thus, systems and methods may identify peaks (and/or valleys) based upon the established thresholds. In this regard, computer-executable instructions of one or more non-transitory computer-readable mediums may be executed to determine if a threshold quantity of peaks are located within the range (either fixed or dynamically determined). If no peaks within the range are located, that buffer may be emptied (or otherwise not utilize that data in step counting determinations). In this regard, the peaks may refer to the frequencies may be measured by those with the highest quantity of occurrences and/or highest absolute value.

[0138] Certain embodiments may determine whether peaks (e.g., arm swing peak, bounce peak, and/or any other peak)

meet a threshold. In one embodiment, a threshold of the frequency power within the constrained search range may ensure that the frequency is not simply noise and that it is large enough to be considered an activity (such as, for example, walking or running). In yet another embodiment, an overlapping window strategy may be utilized. For example, FFT windows may be analyzed in an overlapping fashion to make sure short term duration steps are counted. FIG. **12**B shows graph **1200** as substantially shown in FIG. **12**A, however, further includes arm swing threshold **1216** and bounce threshold **1218**. As shown, peaks within arm swing range **1208** (between 0-2 Hz) may only be counted if their magnitude meets a threshold of FFT power (e.g., threshold **1216** is at about 500 as shown on the y-axis **1204**).

[0139] Likewise, in certain embodiments, peaks within bounce peak range (2-4 Hz) may only be counted if their magnitude meets a threshold (such as bounce threshold **1218**, which is at about 2500 as shown on the on the y-axis **1204**). In certain embodiments, peaks that meet or exceed a threshold may be counted as steps (see, block **1016**). The steps may be incremented for a set time, such as the duration of the FFT analysis window. Certain embodiments may continue incrementing with overlapping windows. In one embodiment, steps may be quantified for each sample buffer or a certain portion (e.g., 25%) of the analysis buffer and if the threshold is met, then steps may be counted for the specific sample buffer or portion of activity buffer. If, however, the threshold for that sample buffer or portion is not met, then steps for the remaining portion of the activity buffer (or specific surrounding samples) is determined based upon the step frequency. For example, if analysis buffer comprises 4 sample buffers and only the first **3** have steps, then the step count for ¾ of that analysis buffer may be based upon the previously selected step frequency.

[0140] Further aspects relate to selecting which peaks, if any, are utilized. In accordance with one embodiment, systems and methods may select which peaks are to be utilized in quantifying steps despite the fact that the located peaks are deemed valid or meet a threshold. As discussed above, bounce data from foot contact may be more reliable arm swing data in some circumstances. Equally, arm swing data may provide more accurate results in other embodiments. In still further instances, using both peaks (and/or others) together to derive a range of data may provide the best results. Embodiments disclosed herein relate to systems and methods that may be used on a portable device configured to be worn on an appendage (such as an arm or leg) to collect activity data and determine which peaks to utilize in quantifying steps (and possibly in further embodiments, activity type and/or energy expenditure). In this regard, combinations of various peaks may be used to determine specific activities of the athlete. In certain embodiments, systems and methods may be configured to dynamically determine whether to use bounce peaks, such as for example peak **1214** or arm swing peaks, such as peak **1210**. The determination may be updated in substantially real-time (such as every 0.5 seconds, 1 second, 2 seconds, 4 seconds, etc.) and based upon the activity data.

[0141] FIG. **13** shows example flowcharts that may be implemented to determine whether to utilize arm swing frequency or bounce frequency in accordance with one embodiment. As shown in FIG. **13**, the systems and methods may be implemented to select relevant frequency peaks out of the illustrative FFT output to determine which data provides the most accurate results (e.g., a which frequency from an FFT analysis of accelerometer data should be utilized). In certain embodiments, step frequency may be used in the generation of a step count for the period of time represented by the FFT spectrum.

[0142] In one embodiment, the "relevant" peaks may include arm swing peaks and bounce peaks. Block **1301** may be implemented to quantify the number of identified peaks within the corresponding search range. Thus, the bounce peaks located in the frequency estimation for the bounce range ("BR") (see, e.g., range **1208** comprising frequencies between 0-2 Hz of FIG. **12**A) may be quantified and the arm swing peaks located in the frequency estimation for arm swing range ("ASR") (e.g., range **1212** comprising frequencies between 2-4 Hz of FIG. **12**A) may also be quantified. In certain embodiments, the quantity of identified peaks (and/or quantity of specific peaks identified) may be utilized to determine which of the estimated step frequencies (e.g., determined by the ASR, BR or peaks in other ranges) may utilized. For example, decision **1302** may determine whether there is at least 1 peak in the BR or at least 1 peak in the ASR. If not, block **1304** may be implemented to register that no steps were performed in the specified range. If, however, there is at least 1 BR or at least 1 ASR peak at decision **1302**, decision **1306** may be implemented to determine if there is only 1 BR peak (and zero ASR peaks) or alternatively, if there is 1 ASR peak (and zero BR peaks). If it is determined that there is only the 1 ASR peak, then block **1308** may be implemented to mark the step frequency at 2*ASR frequency. Alternatively, if it is determined that there is the one BR peak, then block **1310** may be implemented to mark the step frequency as corresponding to the BR frequency. As a third alternative, if there are more than only 1 ASR or only 1 BR in absence of each other, then decision **1312** may be implemented. Before discussing decision **1312**, it is worth noting to the reader that FIG. **13** (and other flowcharts provided herein) include several decisions, such as for example, decisions **1302**, **1306**, **1312** and **1314**. Those skilled in the art with the benefit of this disclosure will readily appreciate that one or more decisions may be grouped into a single decision and/or placed in different order, such as incorporating decision **1304** within decision **1302**. Thus, the use of a plurality of decisions in the current order is merely for illustrative purposes.

[0143] One or more processes may determine whether there are exactly 1 BR peak and 1 ASR peak (see, e.g., decision **1312**). If not, block **1324** (which is discussed below) may be implemented. If so, however, decision **1314** may be implemented to determine whether the ASR peak is within a set range of the BR peak. In one embodiment, decision **1314** may determine whether the ASR peak is within +/−15% of the 1/2*BR peak. If so, block **1316** may be implemented to determine that the step frequency is the mean of the BR peak and 2× the ASR frequency.

[0144] If, however, the ASR peak and the BR peak are not within the identified range threshold, then block **1318** may be implemented to calculate the distance from the estimated frequency for each peak. One or more processes may then determine whether the magnitude of at least one of the peaks is greater than a threshold. For example, decision **1320** may be implemented to determine if the magnitude of both peaks are greater than a threshold. If the threshold(s) of decision **1320** are not satisfied, block **1321** may be implemented to select the frequency and magnitude of the larger of the two peaks. If the magnitude of the peaks, however, are greater

than a threshold, then step frequency and peak magnitude may be chosen from the peak closer to the estimated step frequency (e.g., block **1322**).

[0145] Looking to FIG. **13**B showing flowchart **1323**, systems and methods may be configured to determine the step frequency when there are more than 1 BR peak and more than 1 ASR peak in the search range. In one embodiment, block **1324** may be utilized determine the step frequency when there are more than 1 BR peak and 1 ASR peak in the data. Block **1324** may be implemented upon determining that there is not exactly 1 BR peak and 1 ASR peak at decision **1312** of FIG. **13**A, yet in other embodiments, block **1324** is independent of decision **1312** and/or FIG. **13**A. Block **1324** may determine peak proximity to an estimated frequency, such as the frequency estimated by a frequency estimator (see, e.g., block **1002** and flowchart **1000**). In one embodiment, the BR peak and ASR peak closest the estimated frequency are determined. Decision **1326** may be implemented to determine whether at least one identified ASR peak is within a set range of the BR peak and/or whether at least one identified BR peak within a set range of the ASR peak. In one embodiment, decision **1326** may determine whether the ASR peak is within +/−15% of the 1/2*BR peak or whether the BR peaks are within +/−15% of 1/2*ASR peak.

[0146] If it's determined at decision **1326** that the threshold range set is not met, then block **1328** may be initiated to default to a search range with a single peak and locate the largest peak in the multi-peak region. Alternatively, block **1330** may be implemented if a criterion set forth in decision **1326** is satisfied. In one embodiment, if there are multiple peaks within the set range set forth in decision **1326** (e.g., 15%) of the single peak range, block **1330** may be implemented to select the frequency and peak magnitude for the biggest peak. Decision **1332** may be implemented to determine which of the identified peaks are larger. For example, decision **1332** may determine whether the BR peak is larger than the ASR peak (or vice versa). Decision **1332** may merely determine which of the BR peak and the ASR peak is larger. In one embodiment, the larger of the two peaks may be selected as the step frequency (see, e.g., blocks **1334** and **1336**).

[0147] FIG. **14** depicts a flowchart **1400** which may represent one or more processes to compare one or more calculated attributes from received sensor data with one or more expert models. Accordingly, FIG. **14** may be described as an expert selection module. Those of ordinary skill in the art will readily understand statistical analysis methodology described as a mixture of experts. Accordingly, in one implementation, an expert may be a model that may be used to estimate an output value. In one example, an output value may be an estimation of oxygen consumption associated with one or more activities being performed by a user.

[0148] As described briefly in relation to FIG. **6**, in one example, 16 experts (models) may be stored in a device, such as device **112**, **126**, **128**, **130**, and/or **400**. Additionally, there may be a number of attributes (otherwise referred to as weights) stored in association with each expert. In one example, 20 attributes may be compared with 20 weights associated with each expert model, and wherein said attributes are calculated according to those processes described in relation to FIGS. **9**A-**9**E and FIGS. **17**A-**17**E, and the like.

[0149] In response to receipt, at block **1402**, of calculated attributes, weights associated with each stored expert model may be selected (block **1404**). For each expert model, a probability may be calculated that said expert model is the best match for those received attributes, wherein the best match represents a model that will predict with highest accuracy an output of the model, given the calculated attribute inputs. In one example, block **1406** may represent one or more processes to calculate a probability that an expert is a best match for received attributes using a Softmax regression function, and according to a "mixture of experts" methodology, and the like.

[0150] Accordingly, given, in one example, 20 input attributes calculated from sensor data received from an accelerometer, and indicative of an activity being performed by a user, those 20 attributes may be compared to an equal number of weights associated with each of the models stored in the energy expenditure system. A calculated Softmax regression may return a probability value associated with each stored model, wherein each probability value represents a likelihood that the associated model will give a best available estimate of, in one example, a volume of oxygen being consumed by a user. For example, an energy estimation system may store four models (experts). Accordingly, using attributes calculated from received acceleration sensor data, a Softmax regression may be calculated for each of the four models. In one example, this Softmax regression may calculate a probability for each of the four models. Accordingly, the model corresponding to the highest calculated probability is the model to be used to give a best available estimate of a volume of oxygen being consumed by a user. In one implementation, a Softmax regression may be calculated using the formula:

(Softmax regression equation)

p_i = ⍰

⍰ indicates text missing or illegible when filed

[0151] As described in the Softmax regression equation above, p, represents the probability that model i is the best model, from k different models, to use to predict a volume of oxygen consumption, given the vector of input attributes, symbolized by vector x, calculated from sensor input values. Furthermore, m, is a vector of weights associated with model i.

[0152] Block **1406** may produce one or more outputs representing one or more probabilities that an associated expert model represents a best-much for calculated attribute values. Block **1408** may select an expert with a highest probability from those outputs of block **1406**. Accordingly, block **1408** may estimate an output using the selected expert, and wherein the output may be an estimated volume of oxygen consumption by a user, and based on one or more activities being performed by the user, and the like.

[0153] Further aspects relate to systems and methods for calculating one or more other metrics, such as the athlete's speed, distance, and or other one or more parameters. In one embodiment in which speed is an attribute being calculated, a speed calculation module may be provided. Provided with the relevant attributes for the window of interest, systems and methods may be implemented to determine whether to calculate speed for one or more windows of data. In one implementation, if a data window is determined to contain walking or running data, the relevant attributes may be utilized, such

as by being sent to a speed and distance module, to calculate speed and distance. Thus, it goes from the foregoing that certain aspects of this disclosure relate to determinations of speed or distance that comprises categorizing athletic data. As discussed above, certain aspects relate to calculating energy expenditure values without categorizing the athletic data into activity types (walking, running, basketball, sprinting, soccer, football, etc.), however, categorizing at least a portion of the same data utilized to calculate energy expenditure for the calculation of other metrics, such as for example, speed and/or distance is within the scope of this disclosure. Speed (or another parameter determined from the categorization of athletic data may) be computed from the same attributes utilized for the determination of energy expenditure values. In this regard, the same exact set of attributes may be used, however, in yet another embodiment, a sub-set of the same attributes may be used; and in yet additional embodiments, there may be only a single common attribute value utilized in the determination of two different metrics (such as, for example, speed and/or energy expenditure). In one implementation, speed (or another metric) may be determined from at least a portion of data derived from the determination of energy expenditure values.

[0154] FIGS. **15** and **16** are flowcharts showing example processes that may be utilized in categorizing the athlete's activity (such as, for example, into categories of: "walking", "running", or "other") based upon at least a portion of the attributes utilized in the calculation of energy expenditure values. Although example embodiments described herein utilize the categories "walking", "running" and/or "other", those skilled in the art will appreciate that this is for illustrative purposes and other categories are within the scope of this disclosure. Further, although the categories of FIGS. **15** and **16** are provided in the exemplary context of determining speed and/or distance, this is not a requirement. In this regard, categorization of activity data may be performed independently of any determinations of speed and/or distance.

[0155] Looking first to FIG. **15**, one or more processes may be utilized to first determine whether the data is to be considered within a first sub-group (e.g., inclusive of walking and running) or, alternatively, within a second sub-group (e.g., other than walking or running). In one example, one or more processes may be utilized to determine whether data is to be considered within a linear travel motion sub-group, or alternatively, a linear motion sub-group. This linear travel motion sub-group may, in one example, correspond to walking and/or running. Furthermore, those of ordinary skill will understand that the linear travel motion sub-group includes substantially linear motion, such as that associated with walking or running, and as opposed to that comparatively random movement of a person participating in a team sport, such as basketball, soccer, ice hockey, and the like. Accordingly, running and walking may be referred to/categorized as "linear travel motion" in comparison to the stop-start/comparatively more intermittent nature of user motion while participating in other athletic activities, such as team sports. In another example, however, the linear travel motion of running or walking may include running and/or walking around a track, wherein certain periods of running and/or walking may be considered circular motion, and the like.

[0156] Values for attributes (such as one or more of the attributes disclosed herein and/or known in the art) may be received (e.g., see block **1502**). In one embodiment, a 128 sample window of acceleration data at 25 Hz may be utilized. In one embodiment, a wrist-mounted accelerometer, which may be a multi-axis accelerometer, may be utilized to capture data.

[0157] Step rate may be a criterion utilized to categorize the activity data. Step rate may be an attribute utilized in the determination of energy expenditure, derived from an attribute, and/or independently derived for categorization purposes. In certain embodiments, the step rate may be compared to one or more thresholds (see, e.g., block **1504** of FIG. **15**A). As used herein, recitation of a second, third or any subsequent threshold (or other values) is merely for descriptive purposes to distinguish from earlier-mentioned thresholds and not limited to specific ordering and/or quantity of threshold or ranges. Specific attributes and ordering of the attributes may be based upon whether the step rate meets designated thresholds. For example, if the step rate does not exceed a first threshold (see, e.g., block **1504**), it may then be determined whether the integral of the accelerometer data from the axis with highest acceleration values is greater than a 1st threshold (see, e.g., block **1506**), wherein if the if the step rate exceeds the first threshold for step rate, it may then be determined whether the integral of the accelerometer data from the axis with highest acceleration values is greater than a 2nd threshold (as opposed to the first threshold) set for that same attribute (see, e.g., decision block **524** of FIG. **15**B).

[0158] The remainder of FIG. **15**A will be described in the context of the determination that the step rate met the first threshold, and FIG. **15**B will be described in the context of the step rate not meeting the first threshold, however, those skilled in the art will readily understand that such an implementation is merely one example. Utilizing data from a single axis, such as the axis with the greatest magnitude (e.g., decisions **1504** and **1524**), may be beneficial in certain circumstances to restrain the amount of data needed to be analyzed for reliable determinations.

[0159] If the integral of the accelerometer data from the axis with highest acceleration magnitude is greater than a 1st threshold set for that attribute, variation of the data may be examined to determine categorization of activity. As one example, the mean of the standard deviation ("std. dev.") of the data may be considered (see, e.g., block **1508**). In one embodiment, if the mean of the std. dev. exceeds a threshold, then the data may be too inconsistent to be categorized as "walking" or "running". This is not to suggest that the user's activity did not include walking or running, for example, the user may be playing defensive maneuvers during a basketball game, however, categorizing it as "walking" or running" may not be the most accurate category. As one example, merely categorizing a defensive basketball's movements as "walking" and attempting to determine distance from relatively smaller sidesteps may not be preferable in certain implementations. In one embodiment, if the mean of the std. dev. exceeds a threshold, the data may be categorized as a non-walking and/or non-running category. For example, it may be categorized as "other." (see block **1510**). Alternatively, if the mean of the std. dev. does not exceed the threshold, it may be classified as containing "running" and/or "walking" (see, e.g., block **1512**). As explained in more detail below with reference to FIG. **16**, further analysis may be performed to designate the data as either "running" or "walking."

[0160] Returning to exemplary block **1506**, the integral of the accelerometer data from the axis with highest acceleration values may not be greater than the 1st threshold set for that attribute, therefore, it may be determined whether the integral

exceeds a second threshold (see, block **1514**). In certain embodiments, the second threshold may be quantitatively lower than the first threshold (e.g., a smaller value—which may be in one example, indicative of a lower amount of acceleration by a user). If the integral does not meet the second threshold, the data may be categorized as not being running or walking data (see, block **1510**). If, however, the second integral threshold is met, step frequency power ("step freq. power") may be utilized to categorize activity data. For example, if the step freq. power exceeds a first threshold, it may be categorized as "other" (see, e.g., decision **1516** going to block **1510**). If it does not exceed the first threshold, it may be compared to a second threshold (e.g., decision **1518**). A negative determination at decision **1518** may result in categorizing the data as categorized as not being walking or running data, whereas an affirmative finding may result in further analysis (see, e.g., decision **1520**). In one embodiment, the range of sensor data (such as accelerometer data associated a plurality of axes—such as x, y and z axes) may be compared with a threshold (e.g., block **1520**). In one embodiment, if the range threshold is not met, the data may be classified as running or walking, whereas if the threshold is met, the data may not be classified as walking or running.

[0161] FIG. **15**B will be described in the context of the step rate not meeting the first threshold (see, e.g., decision **1504** of FIG. **15**A), however, those skilled in the art will appreciate that one or more aspects of FIG. **15**A, including the utilization of the first threshold of block **1504**, may be omitted from one or more processes. In one embodiment, the entirety of flowchart **1500** of FIG. **15** may be omitted. In one such embodiment, FIG. **15**B may show the initial stages of a categorization function.

[0162] As discussed above, certain embodiments may utilize the data from an axis with the highest magnitude. As one example, it may be determined whether the integral of the accelerometer data from the axis with highest acceleration magnitude values is greater than a threshold set for that attribute (see, e.g., decision **1524**). In one embodiment, the "3rd threshold" of decision **1524** may be indicative of less movement along the respective axis than set by the first and/or second thresholds. If the threshold is not exceeded, step freq. power (e.g., a third threshold of step freq. power at decision **1526**) may be utilized. In one embodiment in which at least three thresholds for step freq. power are utilized in an overall process for categorizing activities, the third threshold (e.g., the threshold utilized at decision **1526**) may be a value that is numerically "in-between" the first and second threshold values. In one embodiment, the first threshold value may be greater than the third threshold value; however, the second threshold value may be less than the third value. Yet, in other embodiments, the threshold value may be greater or less than either one or more other thresholds for this attribute.

[0163] In one embodiment, the range of sensor data (such as accelerometer data) associated a plurality of axes (e.g., x, y and z axes) may be compared with one more thresholds (e.g., decisions **1528** and **1530**) based upon whether a threshold of decision **1526** is not met. In one embodiment, if a second threshold (which may be different than the first threshold of decision **1520**) may be about half of a third threshold for this attribute. In one embodiment, one of the thresholds may be within +/−10% of another threshold. In one embodiment, the threshold of decision **1530** is the highest threshold for that attribute. If the thresholds of decisions **1528** or **1530** are met, the data may not be categorized as running or walking. (See, decisions **1528** and **1530** going to block **1510** labeled "other"). A determination that the third threshold is not met (e.g., at decision **1530**), may result in classifying the data as running or walking, whereas for the second threshold (see decision **1528**), further analysis may be conducted if the threshold is not met. In one embodiment, if the threshold of decision **1528** is not met, step freq. power (e.g., the fourth threshold of step freq. power at decision **1532**) may be utilized. The threshold of block **1532** may be 10%, 5% or less of any other step freq. power threshold utilized. If the threshold of block **1532** is met, the data may be categorized as walking or running, yet if the threshold is not met, the data may be classified as not walking or running.

[0164] FIG. **15**C may be viewed in the context of FIGS. **15**A and **15**B, in which a first step count threshold was not met (see, e.g., decision **1504** of FIG. **15**A) and/or an integral of sensor data from the axis with the highest magnitude was met (e.g., decision **1524** of FIG. **15**B), however, those skilled in the art will appreciate that one or more aspects of FIG. **15**A and/or FIG. **15**B, including the utilization of the specific thresholds may be omitted from one or more processes conducted in relation to FIG. **15**C. In one embodiment, the entirety of flowcharts **1500** of FIGS. **15** and/or **1522** of FIG. **15**B may be omitted. In one such embodiment, FIG. **15**C, inclusive of any portion of flowchart **1534**, may show the initial stages of a categorization function.

[0165] In one implementation, a determination may be made whether a step freq. power threshold is met (e.g., at decision **1536**). In one embodiment, the threshold is different than the previous four step freq. power thresholds discussed in relation to FIGS. **15**A and **15**B. A negative finding may result in a subsequent determination whether the absolute value ("abs val") of the median of the data is greater than a first threshold (e.g., decision **1538**), whereas an affirmative determination may result in a subsequent determination weather the abs val of the median of the data meets a second threshold (e.g., decision **1540**).

[0166] Looking first to decision **1538**, upon determining that the abs value threshold is met, the data may be classified as running or walking, whereas if the threshold is not met, the data may not be classified as walking or running (such as for example, placed within an "other" categorization). At block **1540**, however, if the relevant abs value threshold is met, the data may be categorized data as not being running or walking, whereas a negative finding may result in further analysis.

[0167] In one embodiment, if a threshold of decision **1540** is not met, the range of sensor data (such as accelerometer data) associated a plurality of axes (e.g., x, y and z axes) may be compared with one more thresholds (see, e.g., decision **1544**). In one embodiment, it may be a fourth range threshold that is different than the other thresholds (such as optional thresholds of decisions **1528** and **1530**). In one embodiment, if the threshold of block **1544** is not met, the data may be categorized as running or walking. (See, decision **1544** going to block **1512**). If the threshold of decision **1544** is met, then an integral threshold, such as from the axis with the highest magnitude may be utilized (see, e.g., decision **1548**), whereas if the threshold is met, then the data is classified as walking or running data, and wherein if it's not met, then further analysis may be conducted.

[0168] In accordance with one implementation, it may be determined whether the absolute value ("abs val") of the median of the data is greater than a threshold (e.g., decision **1550**). The threshold may be less than one or more other abs

val thresholds, such as thresholds utilized in decisions **1538** and/or **1540**). An affirmative determination at decision **1550** may result in the data being categorized as running or walking. A negative finding may result in considering the range of data across multiple axes. In one embodiment, it may be determined whether the range of sensor data (such as accelerometer data) associated a plurality of axes (e.g., x, y and z axes) meets a threshold (e.g., decision **1552**). In one embodiment previously employing a first range threshold (such as, for example, decision **1544**), decision **1552** may employ a second range threshold that is greater than the first range threshold. In accordance with one implementation, if the threshold of decision **1552** is met, the data may be classified as running or walking, whereas if the threshold is not met, the data may not be classified as walking or running.

[0169] FIG. **16** is a flowchart showing an example implementation of classifying sensor data as either walking or running (as opposed to, for example, a single category that contains both). Looking first to flowchart **1600** of FIG. **16**, one or more processes may be utilized to determine whether the data should be categorized as either "walking" or "running". In other embodiments, additional options may be available. Data, such as attribute values, may be received at block **1602**. Attribute values received at block **1502** may be the same attribute values received at block **1502** and/or utilized to calculate other metrics, such as energy expenditure, heart rate, and/or others. In this regard, the attributes utilized in block **1602** may include one or more of the attributes disclosed herein and/or known in the art. In accordance with one embodiment, attribute values of data previously prescreened or otherwise deemed to contain walking or running data may be utilized. For example, one or more processes set forth in FIGS. **15**A-**15**C may be used to categorize at least a portion of the received data as containing walking or running data as opposed to not containing running or walking data.

[0170] In accordance with certain embodiments, the data may be categorized as either walking or running based entirely on one or two of attribute values. In one embodiment, an attribute may be the trimmed mean of the vector norm (or derivative thereof). In another embodiment, an attribute may relate to an average value of data collected from a plurality of axes (such as the x, y, and/or z axes). In one such embodiment, the attribute may be a median acceleration value associated with a plurality of the axes.

[0171] In the example illustrated in FIG. **16**, the derivative of the trimmed mean of the vector norm ("der trimmed mean") may be utilized to either classify the data as either walking or running (see, e.g., decisions **1604**, **1606**, **1616**, **1624**). In one embodiment, the der trimmed mean may be used as the initial determination distinguishing between walking and running. In certain embodiments, the der trimmed mean alone may determine the classification within either walking or running. For example, if the der trimmed mean falls within a lowest range, then the data may be classified as walking (see, e.g., decision **1606** stemming from not meeting the threshold of decision **1604**).

[0172] If the der trimmed mean falls within a second range above the lowest range, then further analysis may be performed. In one embodiment, the trimmed mean (as opposed to the derivative of the trimmed mean) may be utilized, whereas data falling below a threshold may be classified as running and data meeting the threshold may be classified as walking (see, e.g., decision, **1612**). Further embodiments may employ further ranges of the der. trimmed mean. For example, block **1604** may be utilized to pre-screen data that is above a threshold, such that to create a range that is above the first and/or second ranges. For example, the combination of decisions **1604** and **1616** may be utilized to essentially create two ranges (which may be, for example, a third and fourth range). If the data fails to meet the der trimmed range threshold of decision **1616**, further analysis of one or more attributes may be conducted to categorize it as either walking or running. In one embodiment, a determination that the median of the acceleration data associated with all the axes is greater than a first threshold may result in categorizing the data as walking data, yet a negative determination may result in categorizing it as walking data (e.g., determination **1618**).

[0173] Looking back decision **1616**, an affirmative finding may result in creating additional ranges for the der trimmed mean (see e.g., decision **1624**; which may be utilized to divide the fourth range into a lower end and an upper end, which may not be equal). Data within the upper end may be categorized as running data, and data in the lower end may be classified upon the same attribute(s) as the data within the third range. In one embodiment, data within the lower end of the fourth range may be categorized based upon the median sensor data associated with one or more sensors along multiple axes. In one embodiment, if the median acceleration value of data associated with all the 3 axes are above a threshold, then the data may be deemed walking, whereas data not meeting the threshold may be deemed running.

[0174] FIGS. **17**A-**17**E comprise elements similar to those depicted in FIGS. **9**A-**9**E, and including further details related to one or more attributes calculated from received sensor data. In one example, FIG. **17**A depicts an exemplary flowchart **1700** that may include one or more processes for calculation of one or more attributes from received sensor data. In one example, data received from one or more sensors may be validated, and transformed prior to receipt by block **1702**. In another example, however, one or more data points may be communicated directly to block **1702** without validation or transformation, and the like.

[0175] In one example, FIG. **17**A may represent one or more processes to calculate one or more attributes from one or more received accelerometer data points. For example, block **1704** of flowchart **1700** may execute one or more processes to identify an accelerometer axis indicating a greatest amount of acceleration. In one example, and as a result of one or more sorting processes executed at block **806** of flowchart **800**, the axis corresponding to a greatest amount of acceleration will be an x-axis, and the like. Accordingly, block **1704** may identify those data values associated with an x-axis. However, those of ordinary skill in the art will understand that the acceleration values associated with highest acceleration may be re-ordered using one or more alternative methods, and such that an axis representing a highest amend of acceleration may differ between data points, or may be re-ordered to be a y-axis or a z-axis, and the like.

[0176] As previously described, an attribute may generally be a calculated value representing one or more motions of a user, or parts thereof, and which may be used to subsequently predict an output from a model. Furthermore, a model may be used to, among others, predict oxygen consumption by a user during an activity, and the like. A plurality of different attributes may be calculated from a single data point received from a sensor, or a group of data points/group of samples, otherwise referred to as a dataset, and the like. In one example, a group of attributes used to estimate, among others

oxygen consumption by a user may include, a vector normal oven acceleration data point, a derivative of vector normal of an acceleration data point, and/or a Fast Fourier Transform of vector normal of an acceleration data point, as described in relation to FIG. **8**A. In another example, an attribute may be calculated as an omnidirectional attribute, wherein an omnidirectional attribute is representative of a motion of a user captured using a sensor sensitive in three dimensions, and the like. In one example, an omnidirectional attribute may be calculated using an accelerometer sensitive to acceleration along an x-axis, y-axis, and z-axis, and the like. In yet another example, an attribute may be calculated as a unidirectional attribute. Accordingly, a unidirectional attribute may be calculated from data outputted from a sensor that is sensitive in a single dimension, and/or to a single variable. In one example, such a sensor may be a heart rate sensor that is sensitive to a heart rate of a user, and the like. In one configuration, one or more attributes may be grouped based on said attributes representing variation in sensor data. In yet another configuration, attributes may be calculated and classified based on a combination of sensor data and biographic information of a user. Biographic information may include, among others, a sex, a mass, and/or a height of a user, and the like.

[0177] In another example, further specific attributes may be calculated from data received from an accelerometer. For example, one attribute may be a calculated absolute value of a median data point associated with the axis indicating the greatest amount of acceleration from an accelerometer, and as outlined in relation to exemplary block **1706**. In another example, an attribute may include a calculation of a median absolute deviation of data associated with an axis indicating a greatest amount of acceleration from accelerometer, and as described in relation to block **1708**. In a further example, block **1710** is an exemplary attribute calculation of a range of values associated with the axis indicating the greatest amount of acceleration from accelerometer. Block **1712** calculates a trimmed mean attributes from the data received from the axis indicating the greatest amount of acceleration from accelerometer. Block **1714** is an example of an attribute calculation of an integral of data values associated with that axis indicating a greatest amount of acceleration from accelerometer. Block **1716** depicts an example process for calculating an interquartile range attribute from data received from said axis indicating the greatest amount of acceleration from accelerometer. Block **1718** calculates a standard deviation attribute of those data values associated with the axis indicating a greatest amount of acceleration.

[0178] Block **1720** represents one or more processes to communicate one or more attributes to an expert selection module. Accordingly, an expert selection module may comprise one or more processes to compare one or more calculated attributes to one or more expert models, wherein an expert model may be used to predict/estimates an output associated with an activity being performed by a user. In one example, such an output may be a volume of oxygen consumption by a user, and the like.

[0179] FIG. **17**B includes a flowchart **1730**, wherein flowchart **1730** may include one or more processes to calculate one or more attributes from received sensor data. Similar to FIG. **17**A block **1732** of flowchart **1730** represents one or more processes to receive transformed sensor data. Data transformation is described in further detail in relation to FIG. **8**A and FIG. **8**B.

[0180] Block **1734** of flowchart **1730** may identify accelerometer axis indicating a second largest amount of acceleration. In one example, and subsequent to one or more transformation processes including one or more axis re-ordering processes, the axis indicating a second largest amount of acceleration may be a y-axis, and the like.

[0181] Block **1736** may represent one or more processes to filter received data using a moving average filter. Accordingly, a moving average filter may smooth data by replacing data points with the average of neighboring data points within a group of data points. In one example, a moving average filter may be equivalent to a low pass filter, and the like. Those of ordinary skill in the art will recognize several implementations of moving average filters that may be utilized in this example implementation. For example, one or more moving average filters may be implemented within a numerical computing environment, and the like.

[0182] Furthermore, and as described in relation to block **1738**, one or more processes may be executed to smoothen received data. In one implementation, one or more processes to smoothen received data may also utilize a moving average filter. Accordingly, smoothening may also be accomplished using one or more functions associated with a numerical computing environment.

[0183] In one implementation, block **1740** may calculate an attribute of received data as an integral of those data points associated with the axis of accelerometer indicating a second largest amount of acceleration, and the like. Subsequently, the calculated attribute may be communicated to an expert selection module, as described in relation to block **142**.

[0184] FIG. **17**C depicts a flowchart **1750** which may include one or more processes for calculating one or more attributes of received data, wherein the received data may be one or more data points from an accelerometer, and the like. Accordingly, block **1752** represents one or more processes to receive transformed data, wherein data transformations are described in relation to FIG. **8**A and FIG. **8**B. Alternatively, those of ordinary skill will recognize that the received data may not be transformed, such that received data at block **1752** may, alternatively, be raw data received from one or more sensors.

[0185] Block **1754** may represent one or more processes to identify data associated with an axis of accelerometer indicating a third largest amount of acceleration. In one example, and as described in relation to block **806** of FIG. **8**A, the axis associated with a third largest amount of acceleration may be a z-axis.

[0186] Block **1756** of flowchart **1750** represents one or more processes to filter received data using a moving average filter. Those of ordinary skill in the art will recognize that various moving average filter processes that may be used to filter the received data using, among others, a numerical computing environment, and the like. Block **1764** may represent one or more processes to smoothen received data. For example, a numerical computing environment may include one or more smoothening functions and/or processes, wherein said smoothening functions will be readily understood to those of skill in the art. Furthermore, moving average filters and smoothening processes are described in relation to blocks **1736** and **1738** from FIG. **17**. Block **1766** calculates an attribute associated with an integral of the received data.

[0187] Block **1758** of flowchart **1750** may represent one or more processes for calculating an attribute representing a range of data values associated with the axis for presenting a

third largest amount of acceleration from an accelerometer. Additionally or alternatively, block **1760** may execute one or more processes to calculate a minimum value attribute associated with those data points indicating a third largest amount of acceleration from an accelerometer. Block **1762** represents one or more processes to calculate an interquartile range of data associated with that axis indicating a third largest amount of acceleration associated with an accelerometer, and the like.

[0188] Block **1768** communicates one or more attributes to an expert selection module, wherein said expert selection module is described in relation to FIG. **14**.

[0189] FIG. **17**D is a flowchart diagram **1770** which may represent one or more processes to calculate one or more attributes associated with received sensor data. For example, block **1772** may receive transformed sensor data from accelerometer. Accordingly, block **1774** may group those data points from all axes associated with the accelerometer. In one example, an accelerometer may output data related to one, two, or three orthogonal axes (x-axis, y-axis, and/or z-axis). Block **1776** represents one or more processes to calculate an interquartile range attribute of the data associated with all available axes. Furthermore, block **1778** represents those processes for calculation of a sum of median absolute deviation of the data associated with all available axes. Additionally, block **1780** calculates a sum of median data attribute associated with those data points from all available axes from the accelerometer.

[0190] Subsequent to calculation of one or more attributes, and as represented by block **1782** of flowchart **1770**, one or more attributes may be communicated to an expert selection module. An expert selection module may be one or more processes associated with selecting a best-fit model associated with calculated attributes, and as described in further detail in relation to FIG. **14**.

[0191] FIG. **17**E is a flowchart diagram representing one or more processes to calculate attributes associated with received sensor data. In one example, flowchart **1786** represents one or more attribute calculation processes associated with data received from an accelerometer, and the like. Accordingly, block **1788** represents one or more processes to receive transformed accelerometer data. In one implementation, and as described in relation to FIG. **8**A, accelerometer data may be transformed by calculation of a vector normal of said data, and the like. In one example, block **1790** identifies a calculated vector normal of accelerometer data. From said calculated vector normal data, one or more attributes may be identified.

[0192] In one example, block **1751** processes vector normal data using a moving average filter. As previously described, those of ordinary skill in the art will recognize various implementations of moving average filters which may be utilized in the following disclosure. Subsequently, and as described in relation to block **1753**, the filtered data may be processed using a frequency estimator. Similarly, those of ordinary skill in the art will recognize various frequency estimator functions/processes that may be utilized in relation to block **1753**. Block **1755** represents one or more processes to calculate a step rate attribute using a time-domain frequency, and from received accelerometer data.

[0193] Block **1757** represents one or more processes to mean-center received vector normal data. Subsequently, and as described in relation to block **1759**, the mean-centered data may be transformed using a Fast Fourier Transform. Those of ordinary skill in the art once again will recognize one or more processes for carrying out a Fast Fourier Transform. Block **1761** represents one or more processes to calculate a step rate using frequency-domain information found from the Fast Fourier Transform. Subsequently, block **1763** calculates a peek step frequency power attribute.

[0194] Block **1765** may be executed to downsample the received vector normal data. Those of ordinary skill in the art will recognize various downsampling processes that may be utilized in relation to block **1765**. Subsequently, block **1767** may be executed to calculate a derivative of the downsampled data. Alternatively, and using the calculated derivative of the data from block **1767**, a minimum and derivative attribute may be calculated at block **1771**, an absolute trimmed mean of a derivative attribute may be calculated at block **1773**, and/or a standard deviation of data may be calculated at block **1775**, and the like.

[0195] Block **1777** represents one or more processes to process sub-windows of data. As previously described, a window of data may be a duration of time measuring, among others, 5.12 seconds in length, and sampling data at a rate of 25 Hz, thereby producing 128 accelerometer samples, and the like. A sub-window of data may be, among others, a fraction of a full window. For example, a sub-window may be one quarter of a full window. As such, a sub window may include 128/4=32 data samples, and the like. Block **1779** of flowchart **1786** represents one or more processes to calculate a mean a value of the data from block **1777**, wherein said calculation represents an attribute of the received vector normal data, and the like.

[0196] Block **1792** calculates one or more zero crossings of the received vector normal data. Those of ordinary skill in the art will recognize one or more processes for identifying and/or calculating zero crossings, and the like. As such, the calculation of one or more zero crossings at block **1792** represents an attribute of the received data.

[0197] Block **1794** represents one or more processes that may be used to calculate a standard deviation of received vector normal data, wherein said standard deviation represents another attribute of the received data. Similarly, block **1795** represents a calculation of an attribute of the received data by executing one or more processes to calculate a trimmed mean of the received data, and the like. In a similar manner to those one or more attributes previously described, a trimmed mean will be readily understood to those of ordinary skill in the art, and wherein, in one implementation, a trimmed mean is a mean that excludes outliers from a data set.

[0198] Block **1796** may execute one or more processes to calculate a skew attribute of received vector normal data. A skew will be readily understood to those of ordinary skill with knowledge of statistics, and wherein a skew may be a measure of an extent to which a probability distribution is biased, and the like.

[0199] Block **1797** may represent one or more processes to calculate an interquartile range attribute of the received vector normal data. Accordingly, those of ordinary skill in the art will understand one or more processes for calculation of an interquartile range associated with statistical analysis of data, and the like.

[0200] In one example, and for accelerometer data having data output associated with three mutually orthogonal axes (x-axis, y-axis, and z-axis), those attributes calculation may include, in addition to those described in relation to FIGS. **17**A-**17**E: A range of x-axis values (x_range), an arm swing frequency (in one implementation, associated with the

motion of an appendage of a user) (L_peak_freqA), a trimmed mean of x-axis values (X_trimmed_mean), an interquartile range of z-axis values (Z_iqRange), an arm swing power (in one implementation, associated with motion of an appendage of a user) (L_peak_powA), a difference in a number of vector normal values above or below a mean, otherwise referred to as a skew (Skew), an integral of x-axis values (X_integral), a step frequency determined from a vector normal, and not using Fast Fourier Transform (TimeDomainFrequency), a summation of max of quartered windows (wherein a window may be a period of time for which sensor data is outputted from a sensor device) (Sum_max), a standard deviation of a derivative (Der_std), a sum of the standard deviation of x-, y-, and z-axis values (AS_sum_std), an integral of a vector normal (Integral), a step frequency power (H_peak_powA), a mean of the standard deviation values of quartered windows (Mean_std), a maximum of a vector normal (Max), a median absolute deviation of the derivative of the vector normal (Der_med_abs_dev), an interquartile range of x-axis values (X_iqRange), a trimmed mean of vector normal (Trimmed_mean), and/or a standard deviation of x-axis values (X_stddev), among others.

CONCLUSION

[0201] Providing an activity environment having one or more of the features described herein may provide a user with an experience that will encourage and motivate the user to engage in athletic activities and improve his or her fitness. Users may further communicate through social communities and challenge one another to participate in point challenges.

[0202] Aspects of the embodiments have been described in terms of illustrative embodiments thereof. Numerous other embodiments, modifications and variations within the scope and spirit of the appended Clauses will occur to persons of ordinary skill in the art from a review of this disclosure. For example, one of ordinary skill in the art will appreciate that the steps illustrated in the illustrative figures may be performed in other than the recited order, and that one or more steps illustrated may be optional in accordance with aspects of the embodiments.

We claim:

1. A unitary apparatus configured to be worn on a user, comprising:

a processor;

a sensor configured to capture motion data of the user;

a non-transitory computer-readable medium comprising computer-executable instructions that when executed by the processor perform at least:

capturing, from the sensor while being worn by the user, a data stream comprising one or more data points generated as a result of a motion of the user;

transforming the one or more motion data points into a dataset representing a motion of the user;

without classifying the motion data into an activity type, calculating one or more motion attributes from the dataset;

comparing the one or more motion attributes to one or more activity models comprising motion data from a plurality of individuals that does not include the user and, wherein both (1) the motion data within the models, and (2) the motion attributes of the user are independent of any activity type;

selecting an energy expenditure model, from the one or more energy expenditure models, as a best-match to the one or more motion attributes; and

calculating, using the selected energy expenditure model, an energy expenditure associated with the motion of the user.

2. The unitary apparatus of claim **1**, wherein the non-transitory computer-readable medium comprises instructions that when executed by the processor further perform at least:

validating the one or more data points by comparison to one or more threshold values.

3. The unitary apparatus of claim **1**, wherein the data points generated by the user's motion are generated during a performance of a first activity type, and wherein at least one of the activity models is devoid of motion data collected during any individual's performance of the first activity type.

4. The unitary apparatus of claim **3**, wherein all of the activity models are devoid of motion data collected during any individual's performance of the first activity type.

5. The unitary apparatus of claim **1**, wherein the one or more motion attributes are calculated as omnidirectional attributes from sensor data that includes a value for each of an x-axis, a y-axis, and a z-axis.

6. The unitary apparatus of claim **1**, wherein the one or more motion attributes are calculated as unidirectional attributes from sensor data that includes a value for one of an x-axis, a y-axis, or a z-axis.

7. The unitary apparatus of claim **1**, wherein the one or more motion attributes are calculated from one or more data points representing variation between the motion data point outputs from the sensor.

8. The unitary apparatus of claim **1**, wherein the one or more motion attributes are calculated from a combination of one or more data points captured from the sensor and biographic data related to the user.

9. The unitary apparatus of claim **5**, wherein the biographic data includes data relating to at least: a sex, a mass, and a height of the user.

10. The unitary apparatus of claim **1**, wherein the non-transitory computer-readable medium further comprises instructions that when executed by the processor further perform at least:

after selecting the energy expenditure model from the one or more energy expenditure models, categorizing the motion data of the user into an activity type.

11. The unitary apparatus of claim **1**, wherein the sensor is a first sensor comprising an accelerometer, and wherein the non-transitory computer-readable medium further comprises instructions that when executed by the processor further perform at least:

receiving heart rate data obtained from the user during the user's performance of the motion detected by the sensor; and

determining to cease utilizing heart rate data despite being accurate based upon the accelerometer providing data indicative that the user has reduced their physical activity below a threshold amount for at least a first time frame.

12. The unitary apparatus of claim **1**, wherein the sensor is an accelerometer that outputs data points for an x-axis, a y-axis, and a z-axis, and wherein the one or more calculated motion attributes comprise one or more attributes selected from a group consisting of: a vector normal calculated as a square root of a sum of squares of x-axis, y-axis, and z-axis

values; a range of x-axis values; an arm swing frequency; a trimmed mean of x-axis values; an interquartile range of z-axis values; an arm swing power; a skew; an integral of x-axis values; a step frequency determined from a vector normal using a time domain frequency; a summation of max of quartered windows; a standard deviation of a derivative; a sum of a standard deviation of x-axis, y-axis, and z-axis values; an integral of a vector normal; a step frequency power; a mean of a standard deviation values of quartered windows; a maximum of a vector normal; a median absolute deviation of a derivative of a vector normal; an interquartile range of x-axis values; a trimmed mean of a vector normal; an absolute value of a median data point of x-axis data; a median absolute deviation of data associated with x-axis; a standard deviation of x-axis data; an integral of y-axis values; an integral of z-axis data; a range of z-axis data; a minimum value of z-axis data; an interquartile range of data from the x-axis, y-axis, and z-axis; a sum of a median absolute deviation of data from the x-axis, y-axis, and z-axis; a sum of a median of data from x-axis, y-axis, and z-axis; a maximum derivative of a vector normal; a minimum derivative of a vector normal; an absolute trimmer mean of a derivative of a vector normal; a standard deviation of a vector normal; one or more zero crossings of vector normal data; a skew of vector normal data; an interquartile range of vector normal data; and a standard deviation of x-axis values.

13. The unitary apparatus of claim **1**, wherein the capturing from the sensor is conducted while being worn on an appendage of the user.

14. A computer-implemented method, comprising:

capturing from a sensor a data stream comprising one or more data points generated as a result of a motion of a user;

transforming the one or more motion data points into a dataset representing a motion of the user;

without classifying the motion data into an activity type, calculating one or more motion attributes from the dataset;

comparing the one or more motion attributes to one or more activity models comprising motion data from a plurality of individuals that does not include the user and, wherein both: (1) the motion data within the models, and (2) the motion attributes of the user, are independent of any activity type;

selecting an energy expenditure model, from the one or more energy expenditure models, as a best-match to the one or more motion attributes; and

calculating, using the selected energy expenditure model, an energy expenditure associated with the motion of the user.

15. The method of claim **14**, wherein entire method is performed on a single device.

16. The method of claim **14**, wherein the data points generated by the user's motion are generated during a performance of a first activity type, and wherein at least one of the activity models is devoid of motion data collected during any individual's performance of the first activity type.

17. The method of claim **14**, wherein the one or more motion attributes are calculated as either: (a) omnidirectional attributes from sensor data that includes a value for each of an x-axis, a y-axis, and a z-axis, or (b) unidirectional attributes from sensor data that includes a value for one of an x-axis, a y-axis, or a z-axis.

18. The method of claim **14**, wherein the one or more motion attributes are calculated from one or more data points representing variation between the motion data point outputs from the sensor.

19. The method of claim **14**, wherein the sensor is a first sensor comprising an accelerometer, and the method further comprises:

receiving heart rate data obtained from the user during the user's performance of the motion detected by the sensor; and

determining to cease utilizing heart rate data despite being accurate based upon the accelerometer providing data indicative that the user has reduced their physical activity below a threshold amount for at least a first time frame.

20. The method of claim **14**, wherein the capturing from the sensor is conducted while being worn on an appendage of the user.

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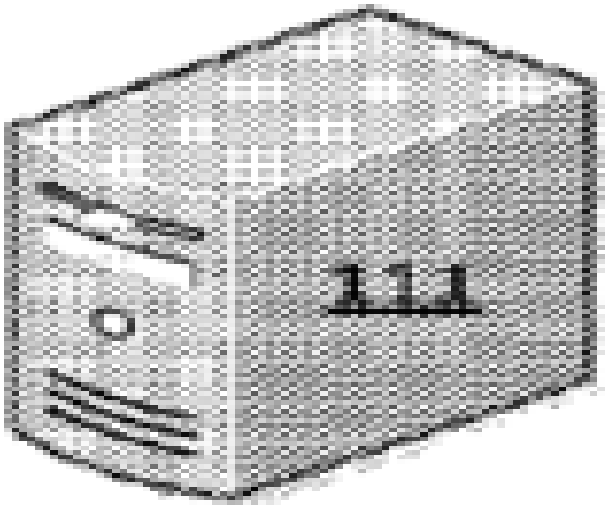
摘要(译)

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