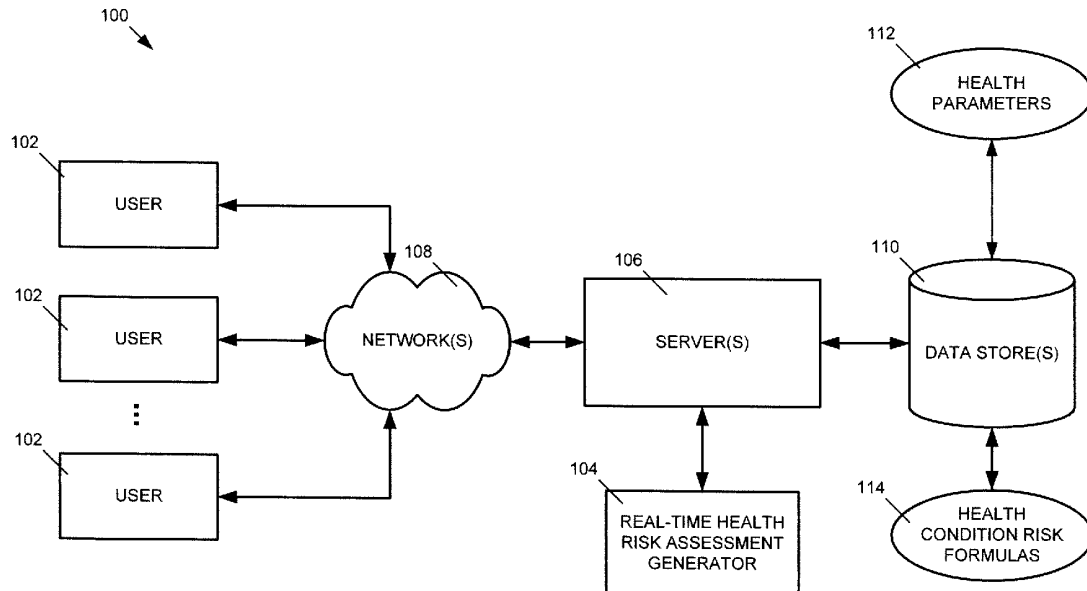




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Brzustowicz(10) **Pub. No.: US 2012/0130194 A1**(43) **Pub. Date: May 24, 2012**(54) **SYSTEMS AND METHODS FOR PROVIDING
A REAL-TIME HEALTH RISK ASSESSMENT**(76) Inventor: **Michael R. Brzustowicz**, San
Francisco, CA (US)(21) Appl. No.: **12/950,495**(22) Filed: **Nov. 19, 2010****Publication Classification**(51) **Int. Cl.**
A61B 5/00 (2006.01)(52) **U.S. Cl.** **600/300**(57) **ABSTRACT**

Systems and methods are provided for providing a real-time health risk assessment generated based on a plurality of health parameters entered via a plurality of health parameter controls. A health parameter entry interface includes a plurality of health parameter controls to enter values, where the values include demographic parameters, health history parameters, and family history parameters. A disease risk interface includes an alphanumeric depiction of risks of a person developing one or more health conditions based on values entered using the health parameter entry interface. A disease risk location identification interface includes a picture of a human body, where when a risk of a person developing a health condition is greater than a threshold, a graphic is displayed on the picture of the human body at a position associated with the health condition.



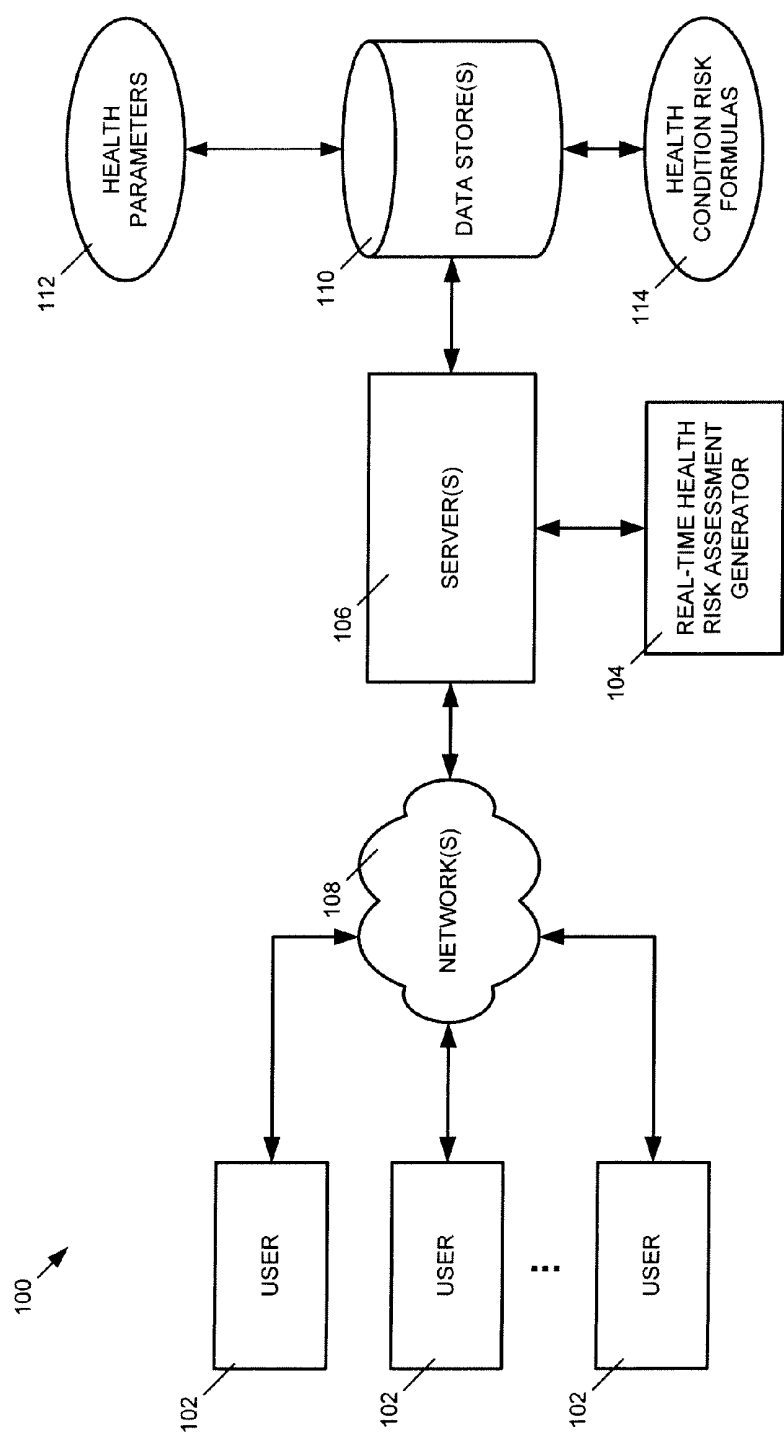


FIG. 1

200
↓

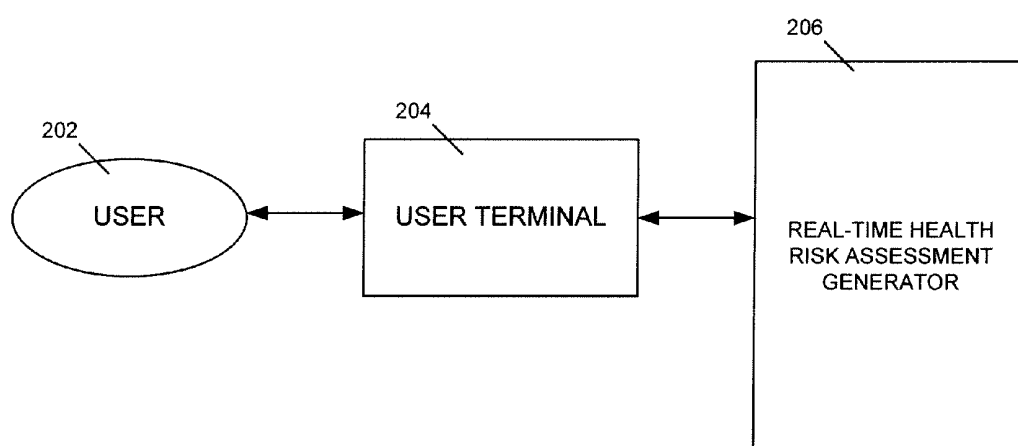


FIG. 2

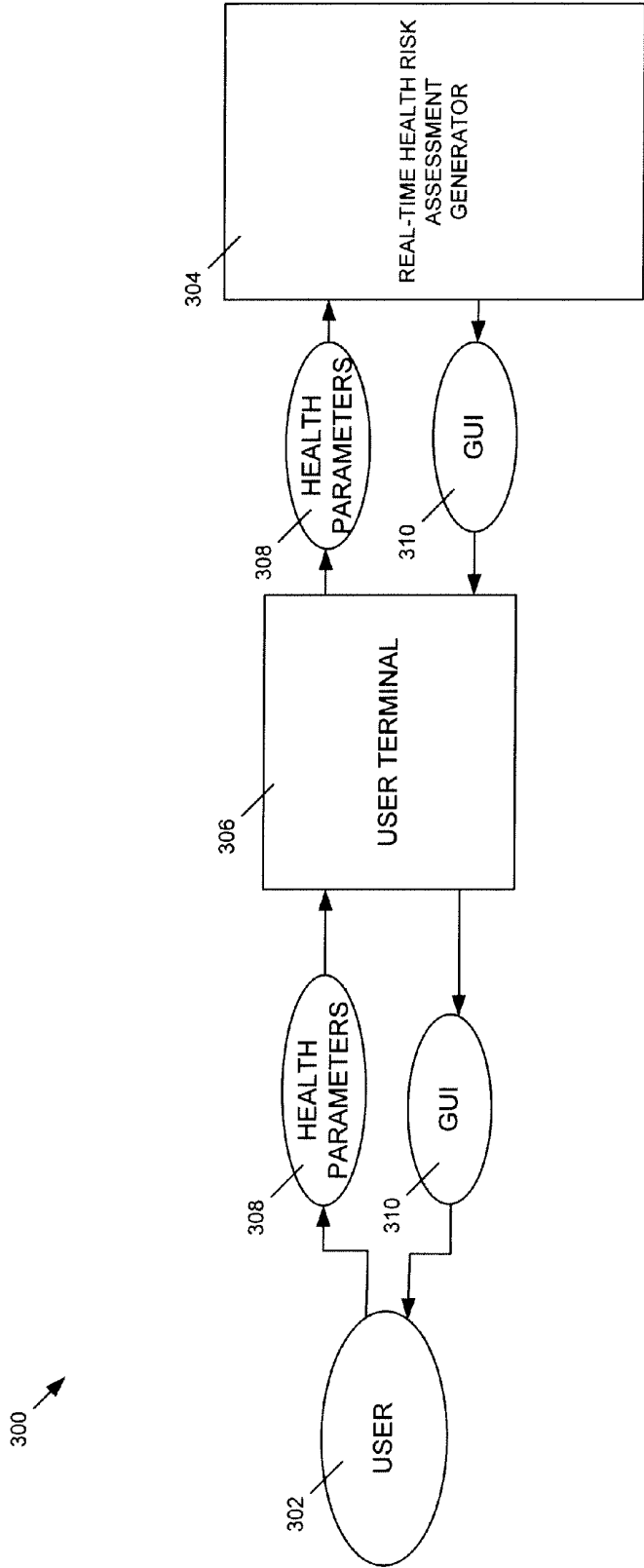


FIG. 3

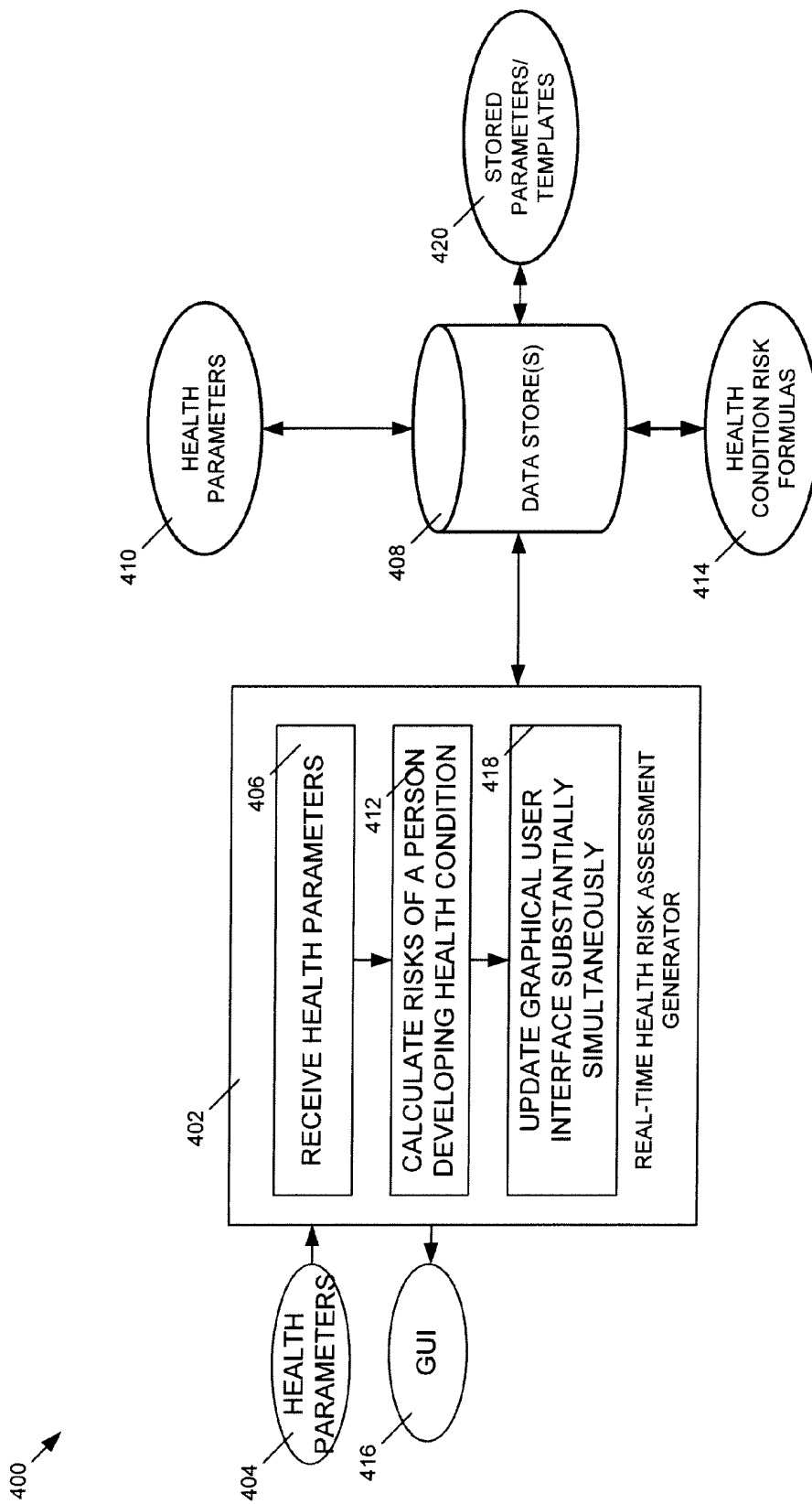


FIG. 4

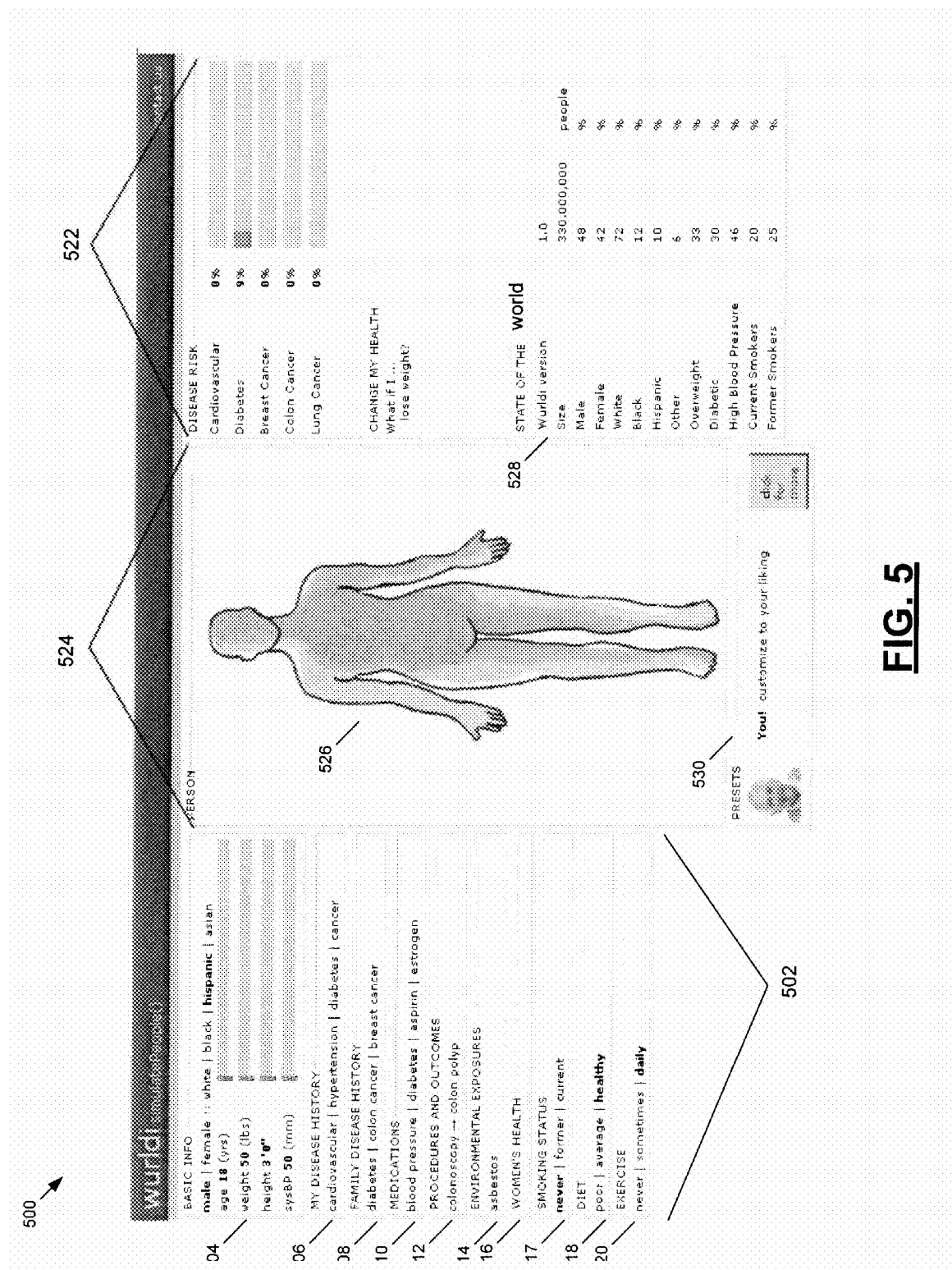
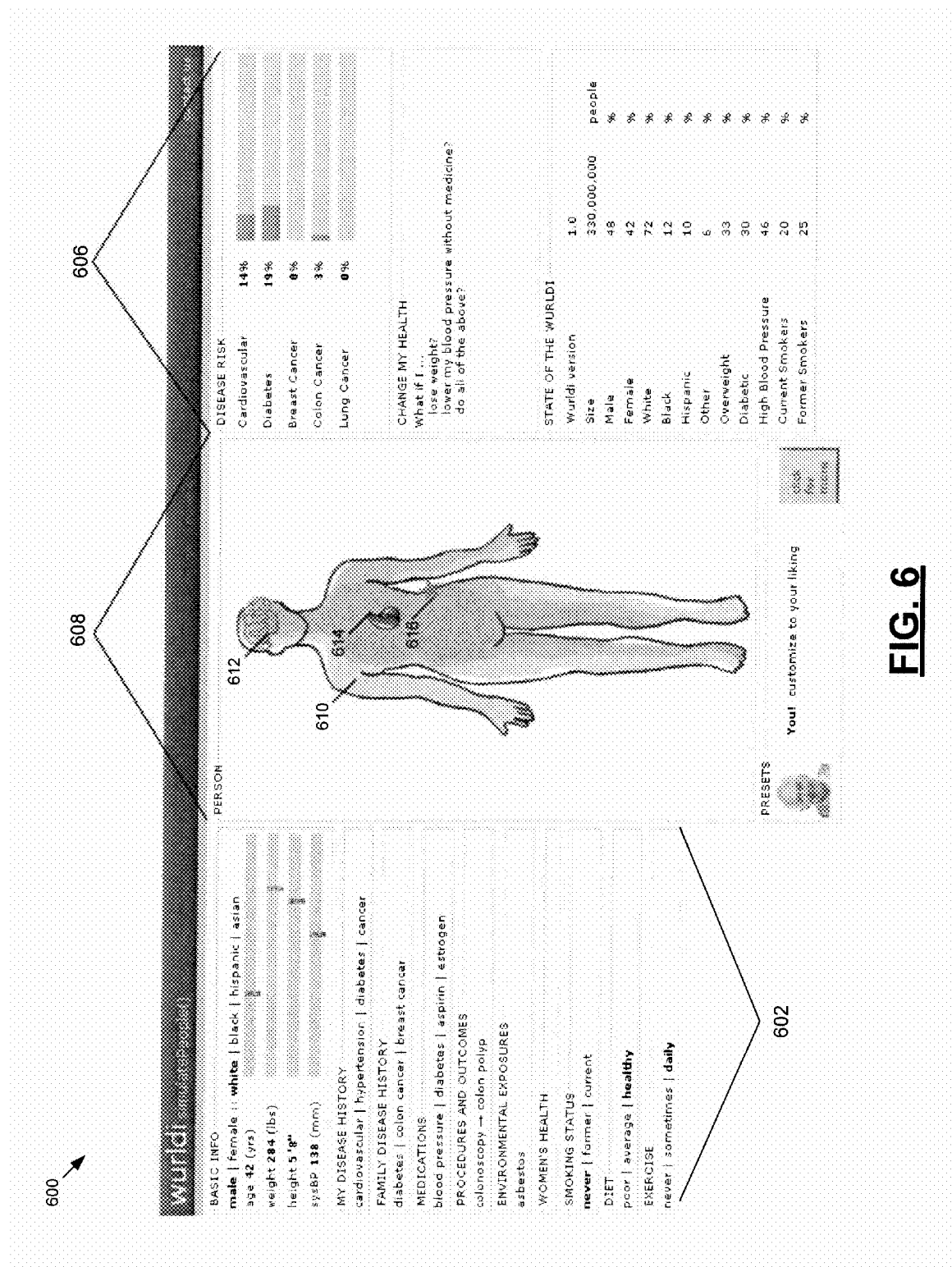
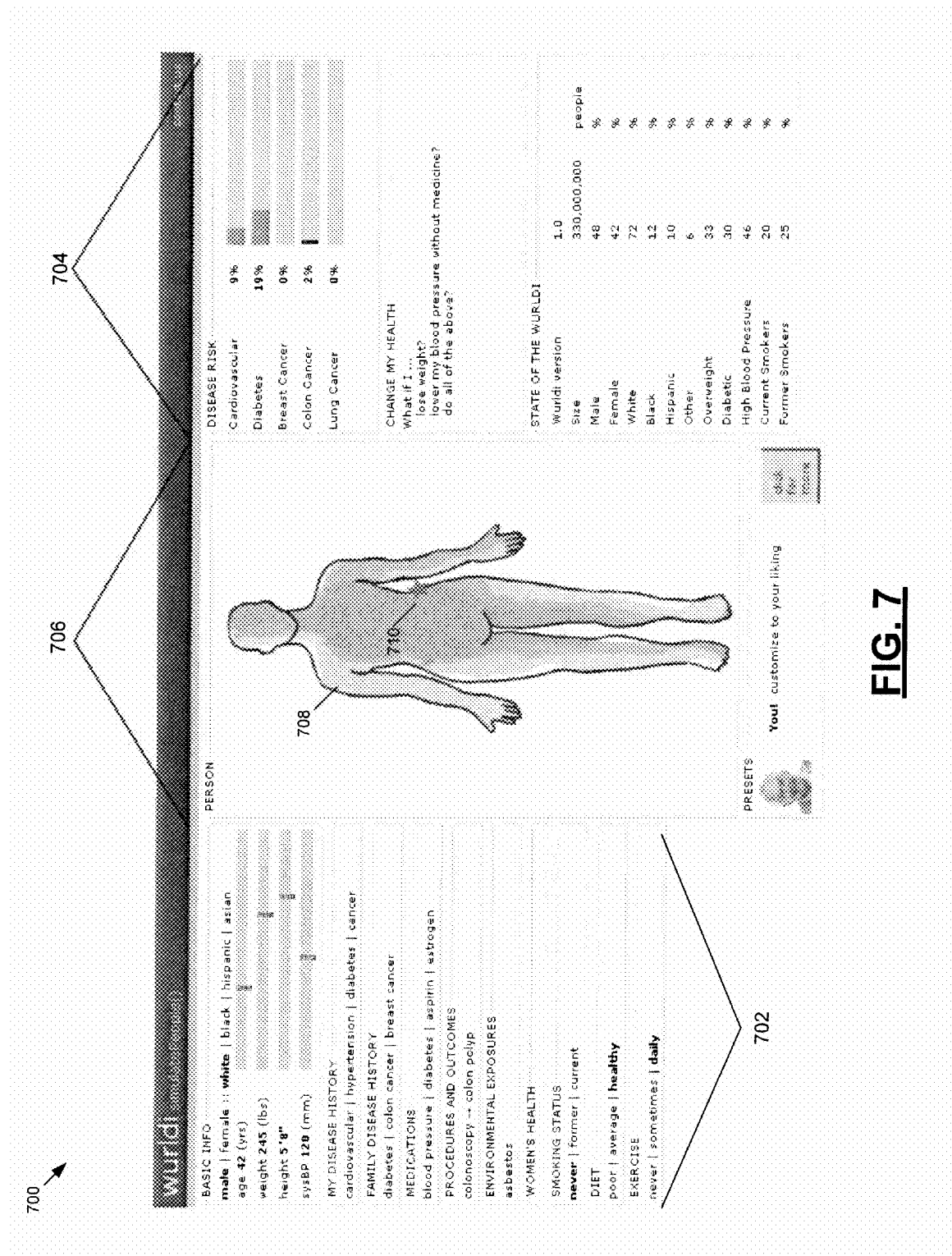
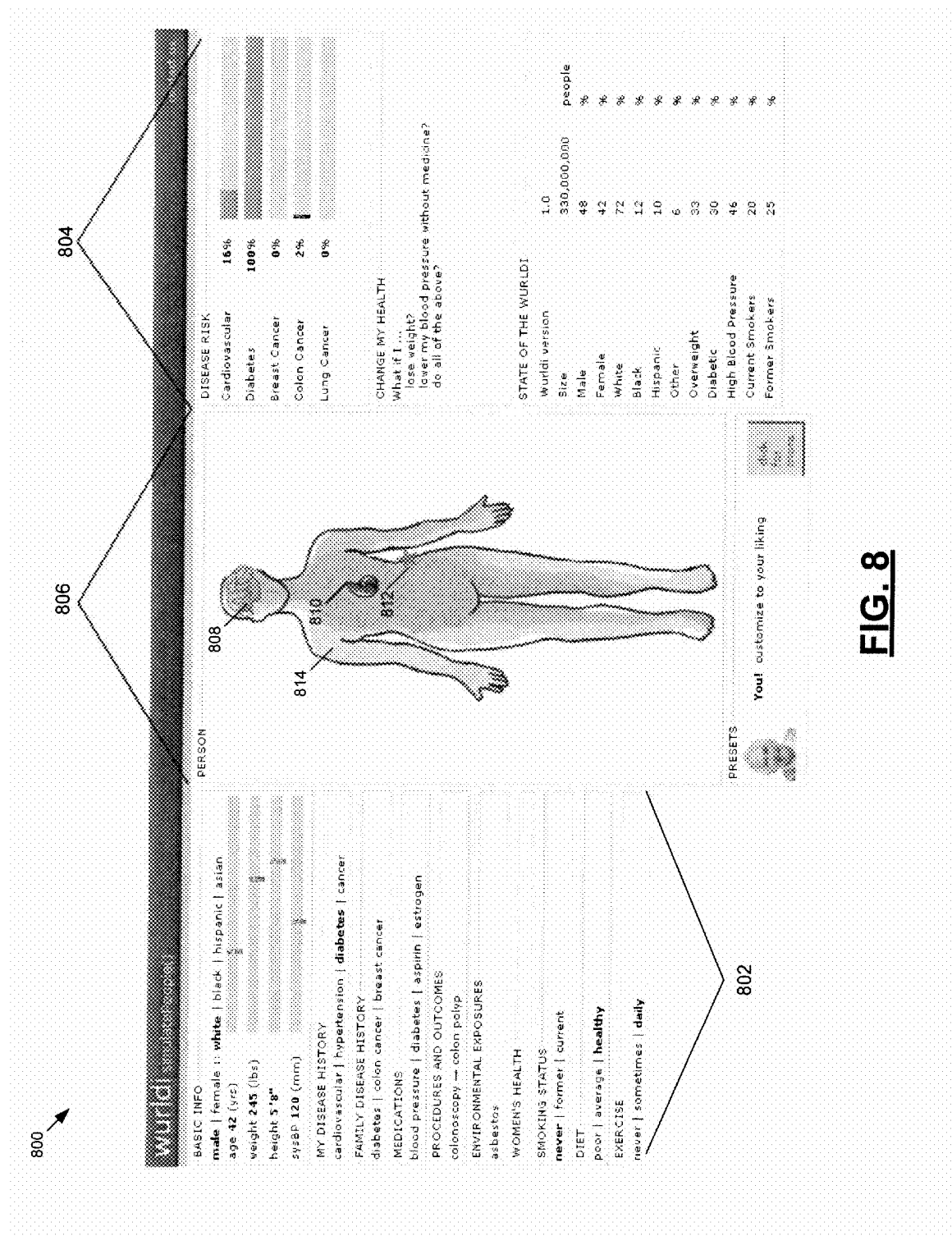


FIG. 5







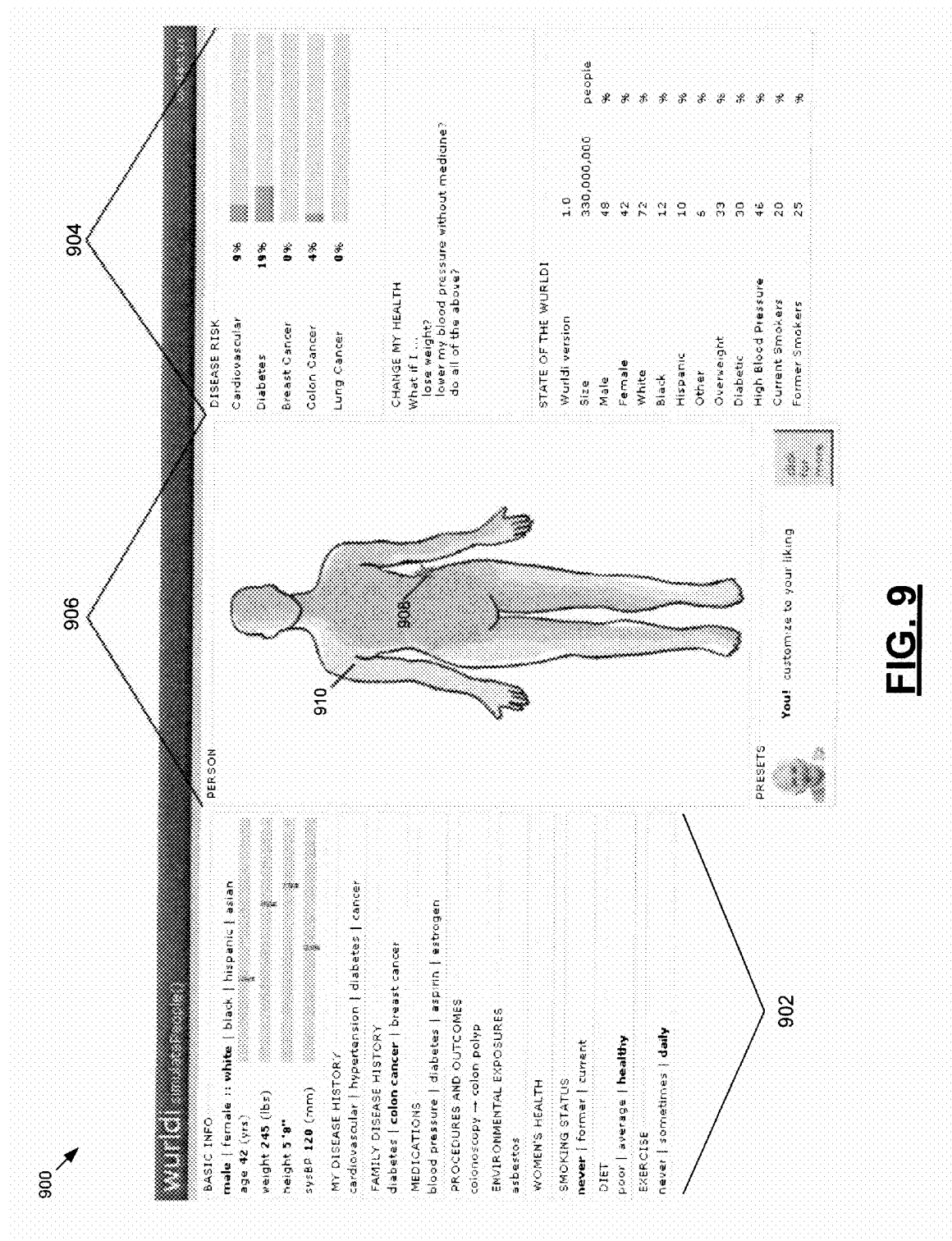


FIG. 9

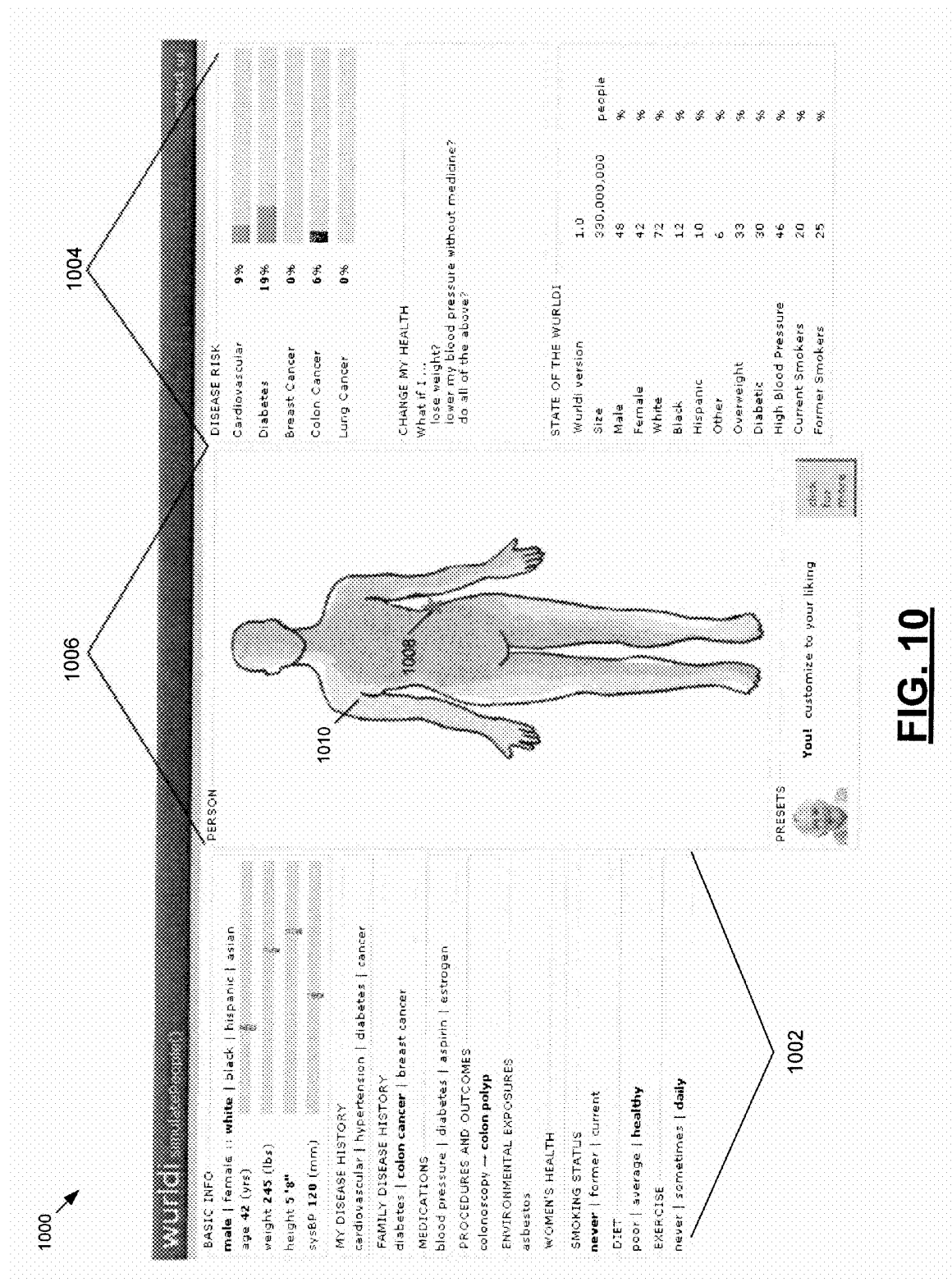
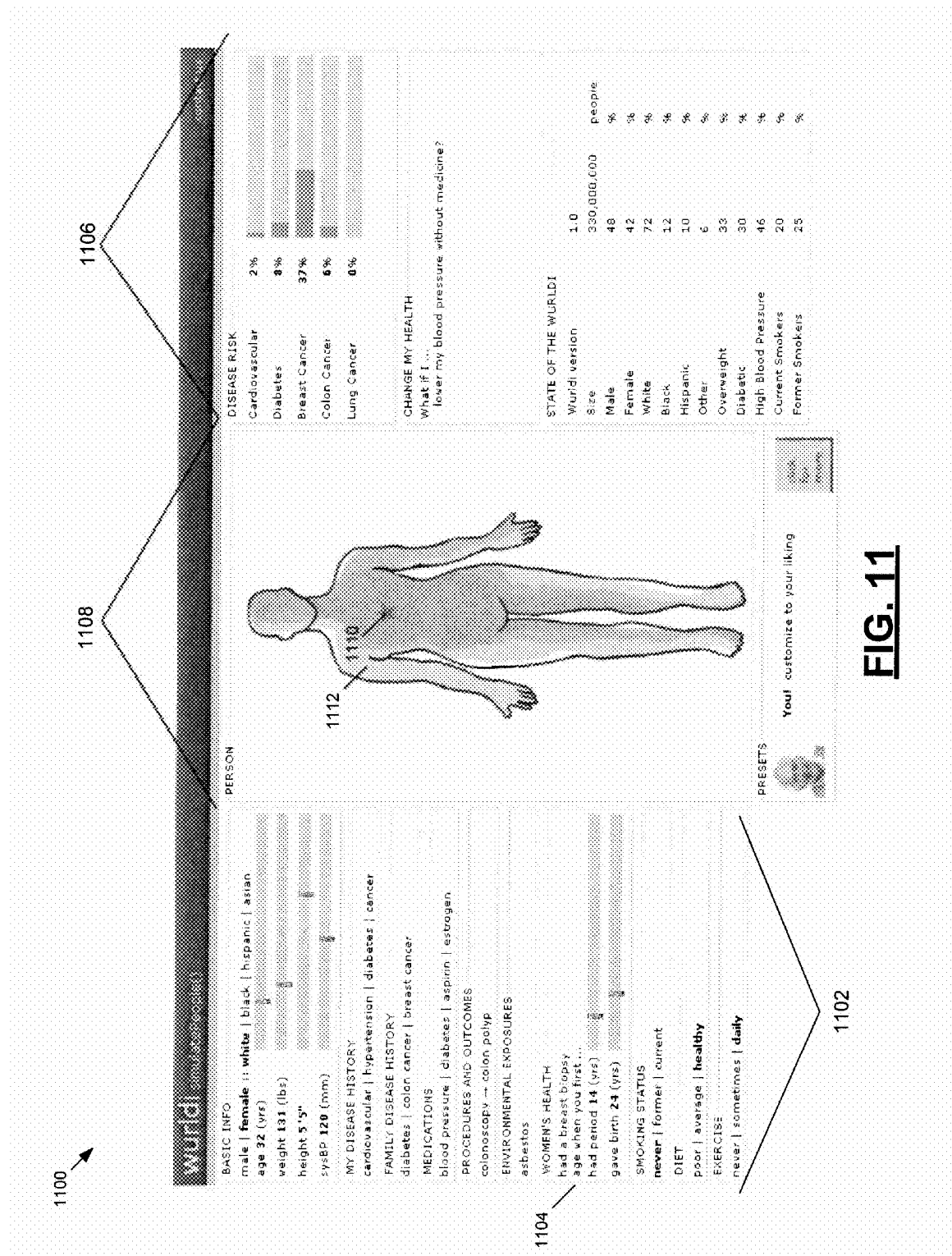
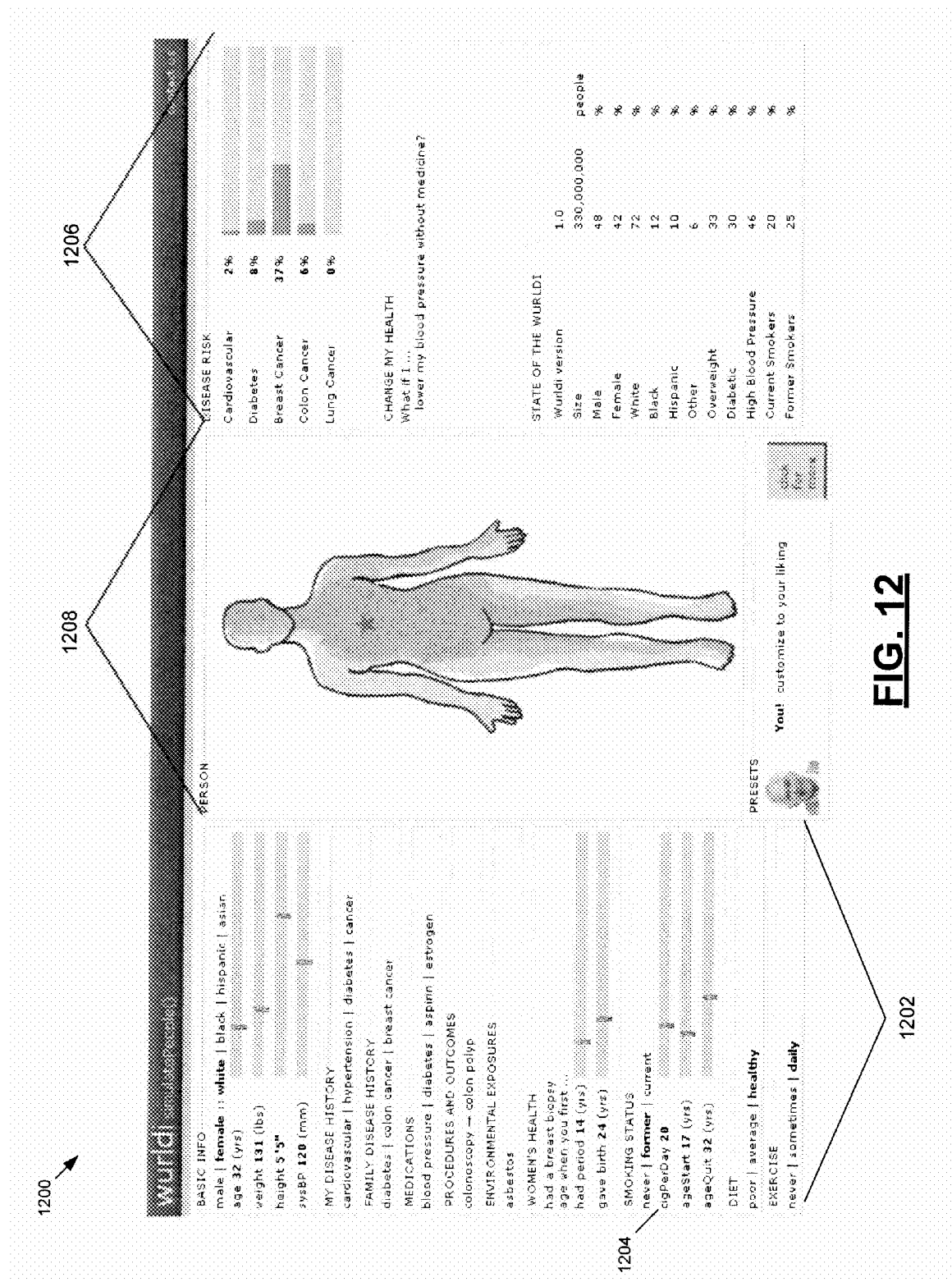
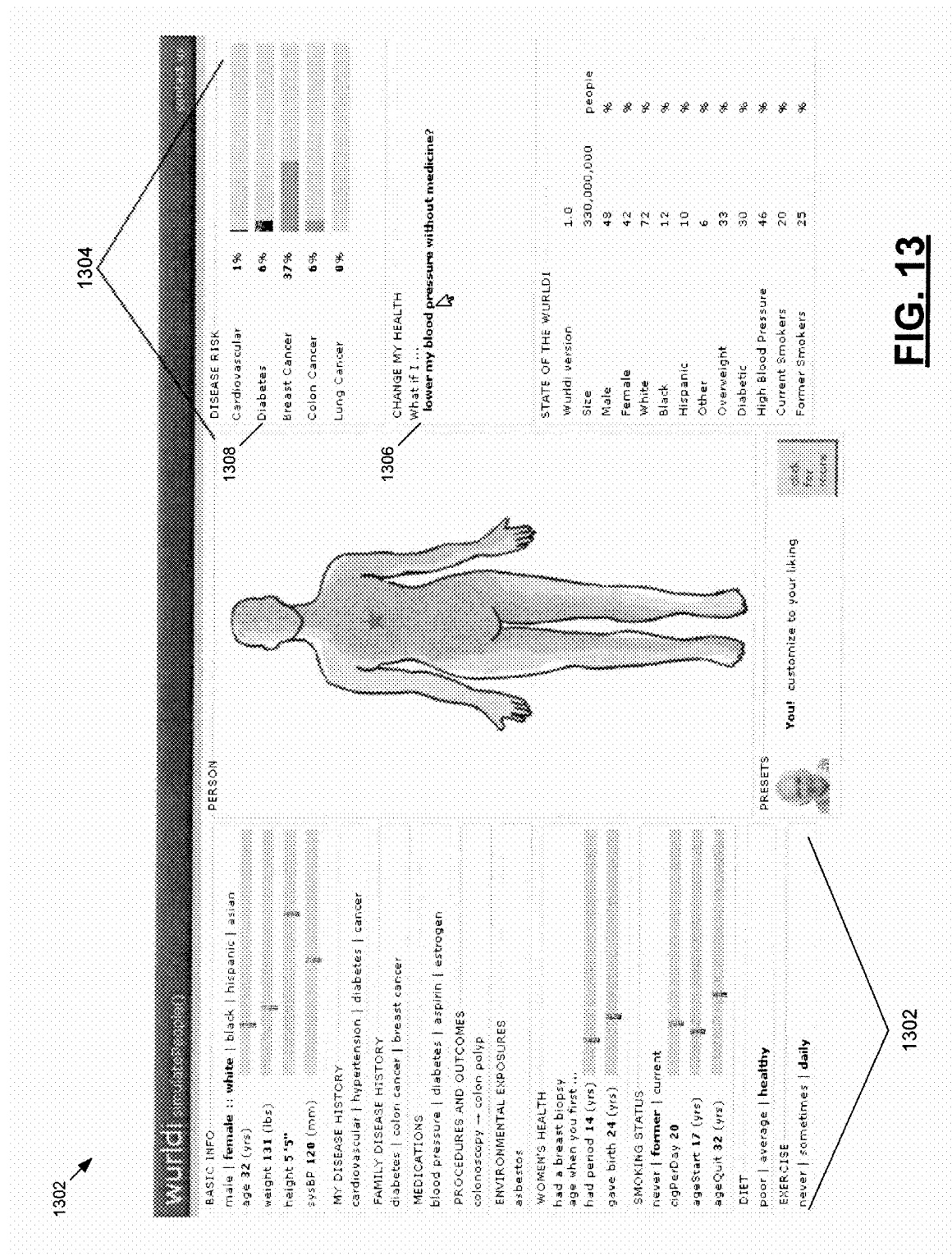
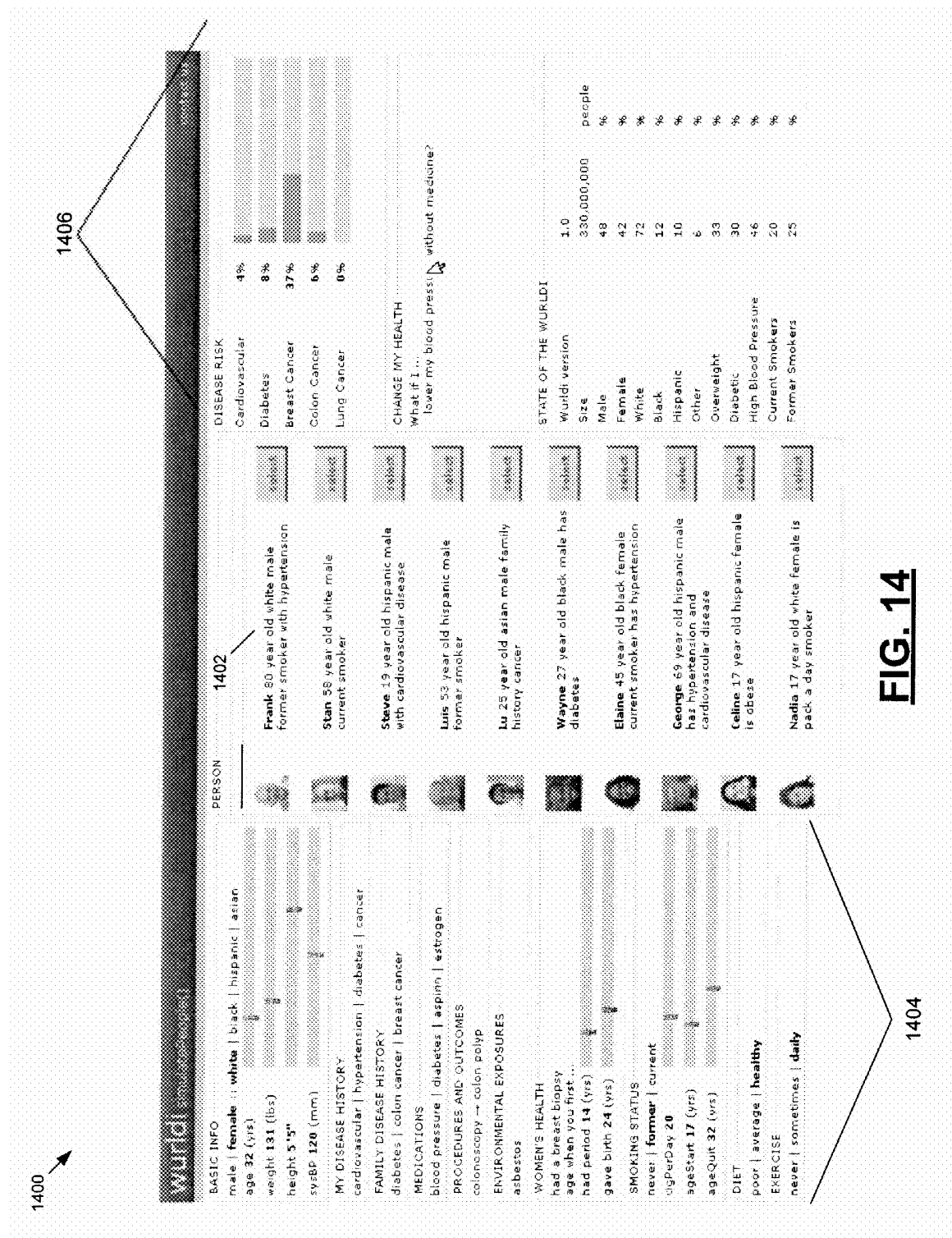


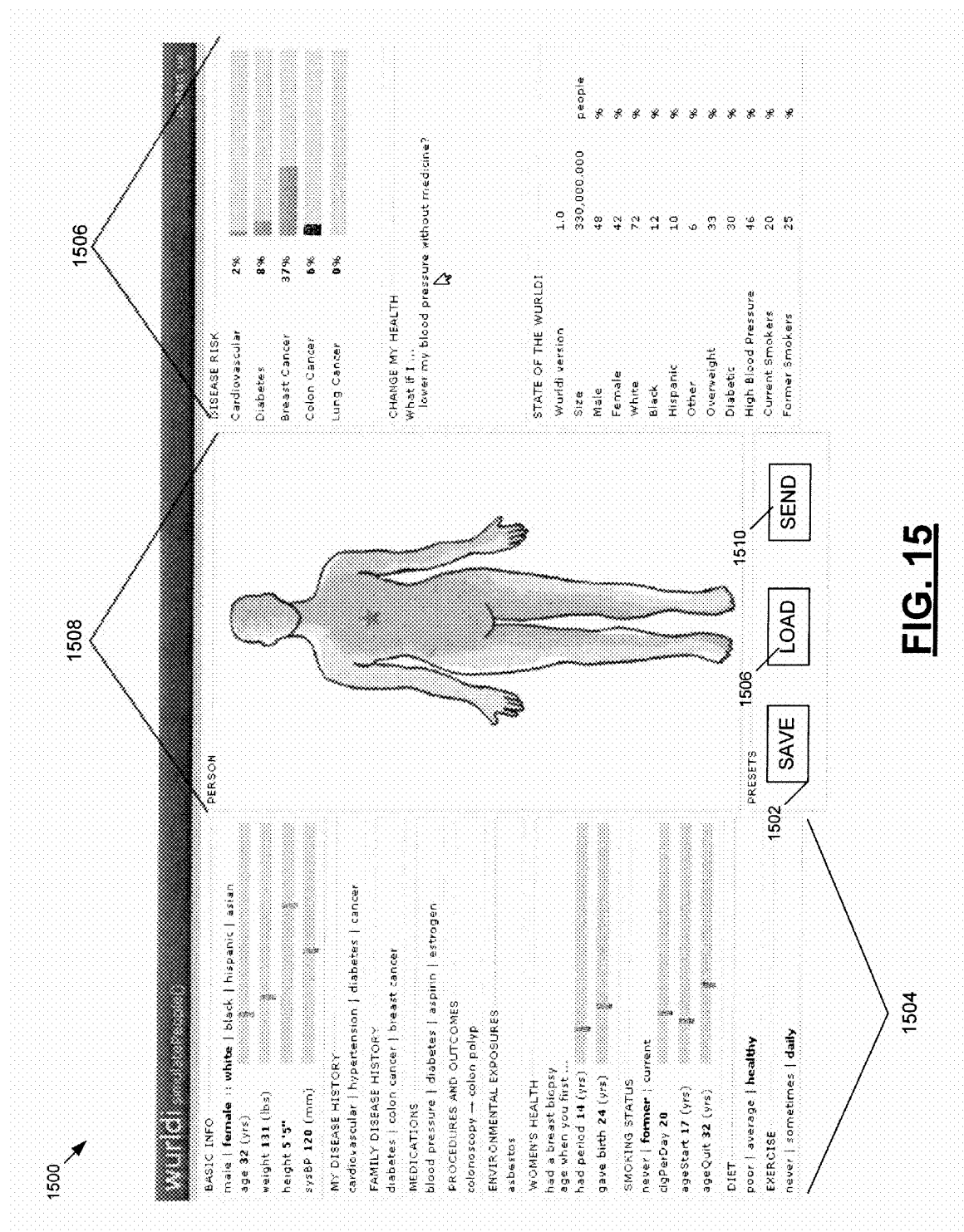
FIG. 10

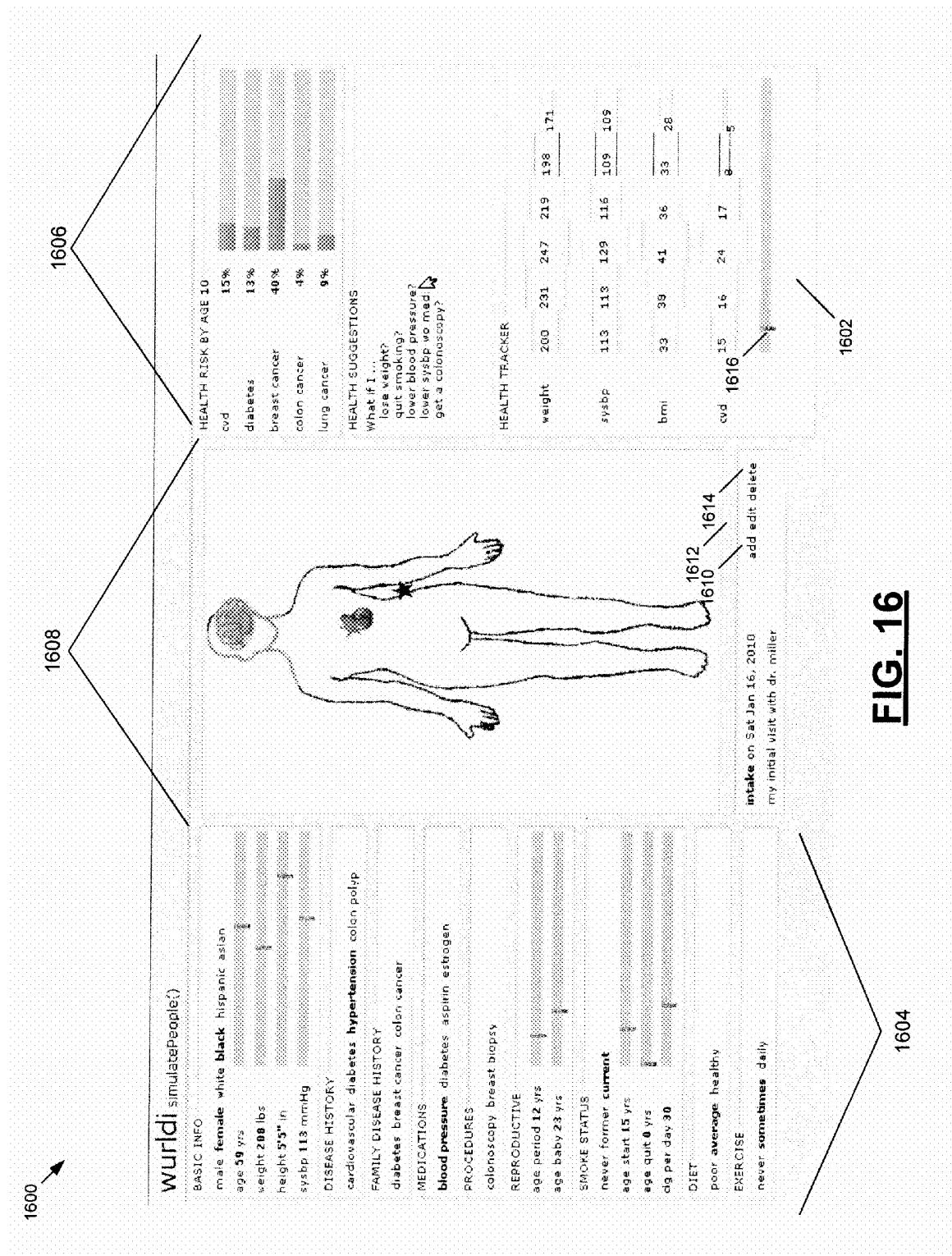


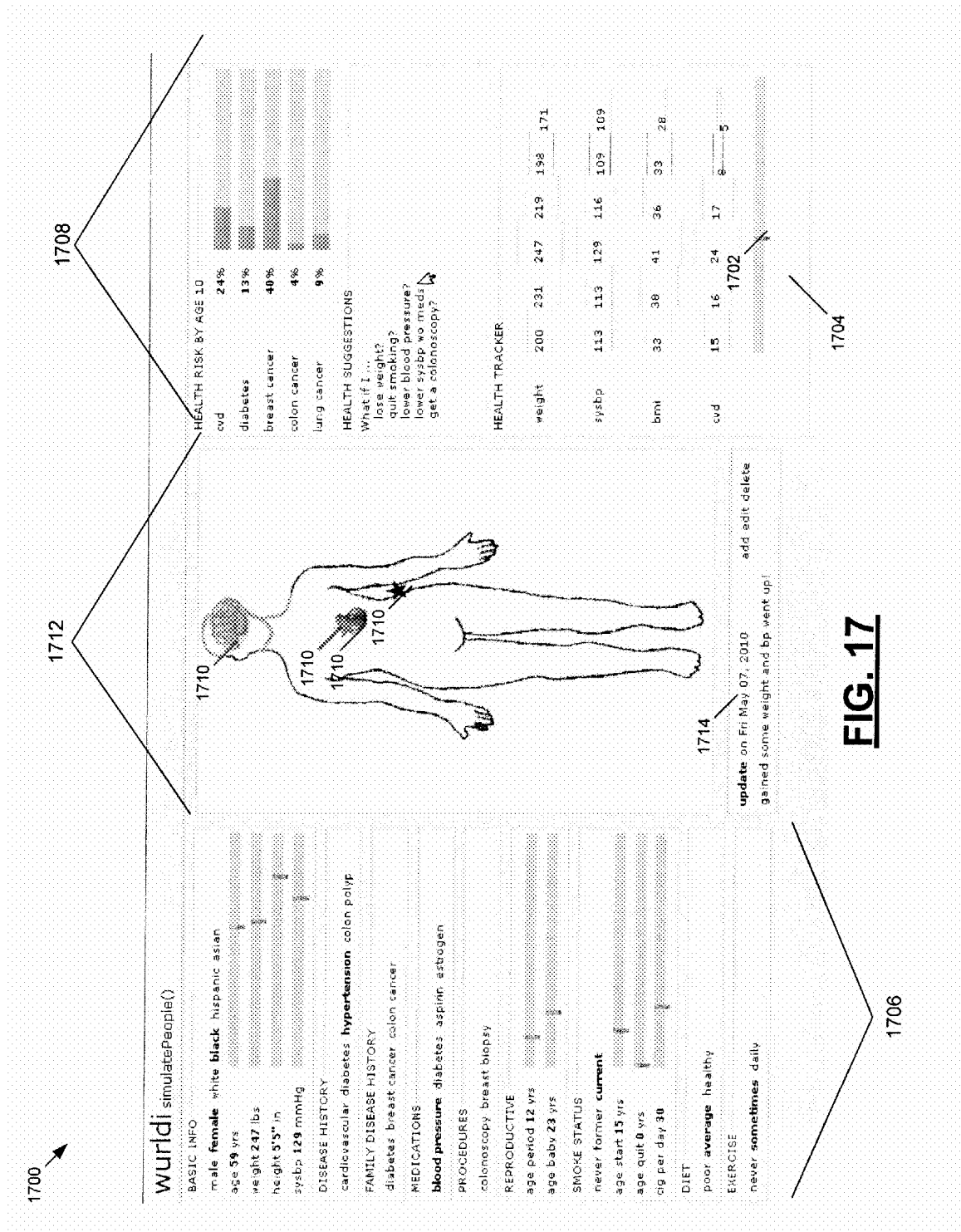


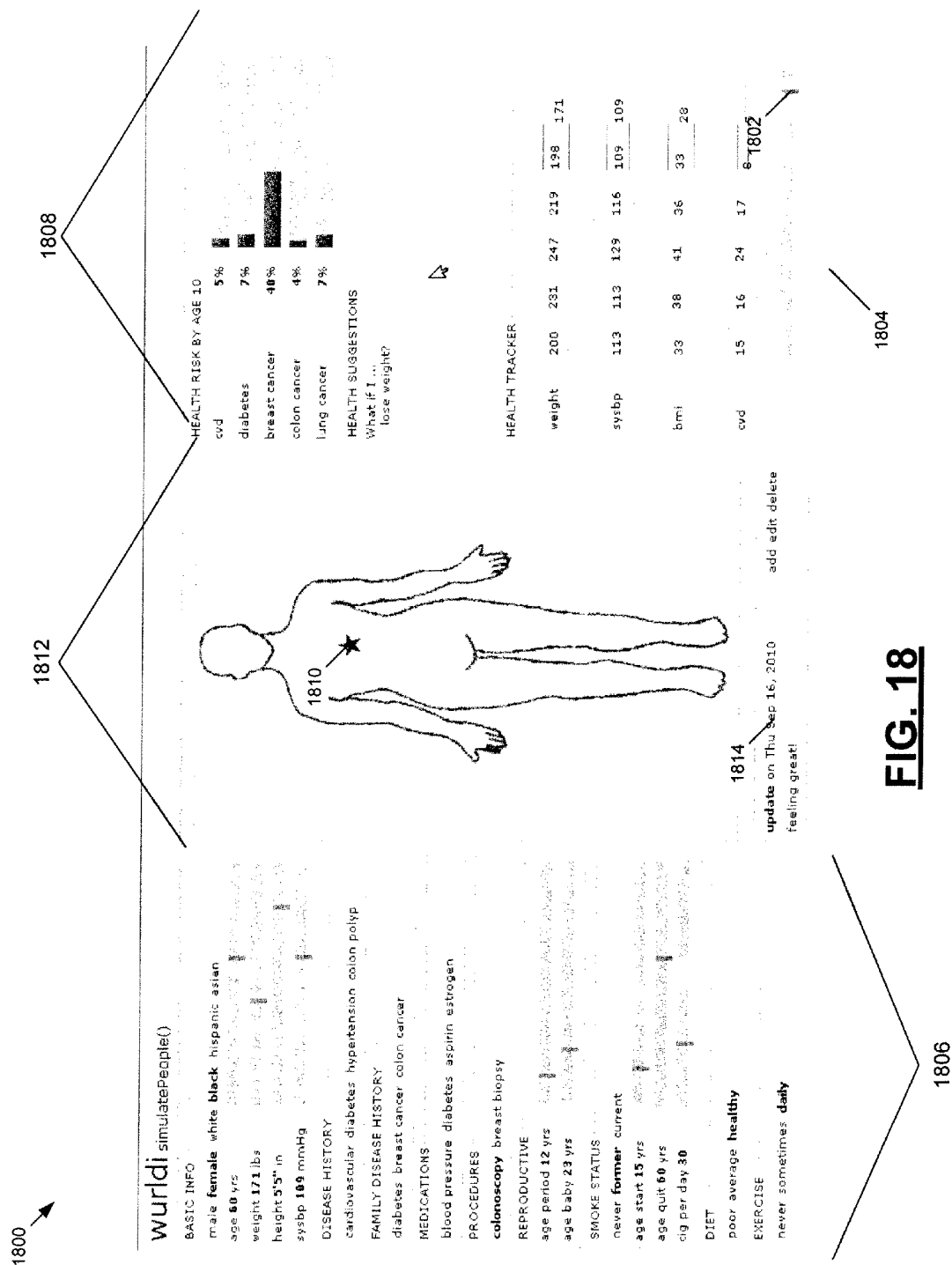












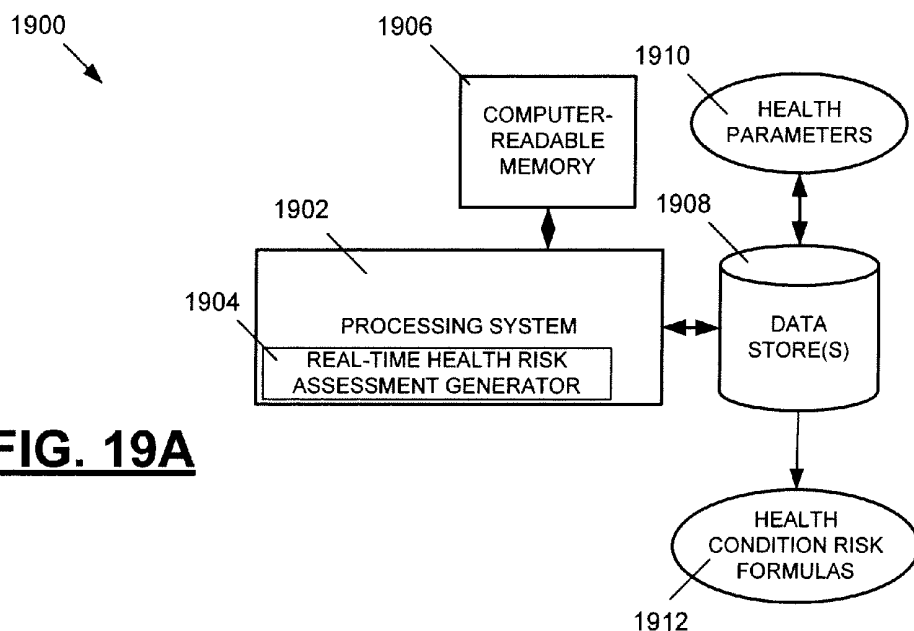


FIG. 19A

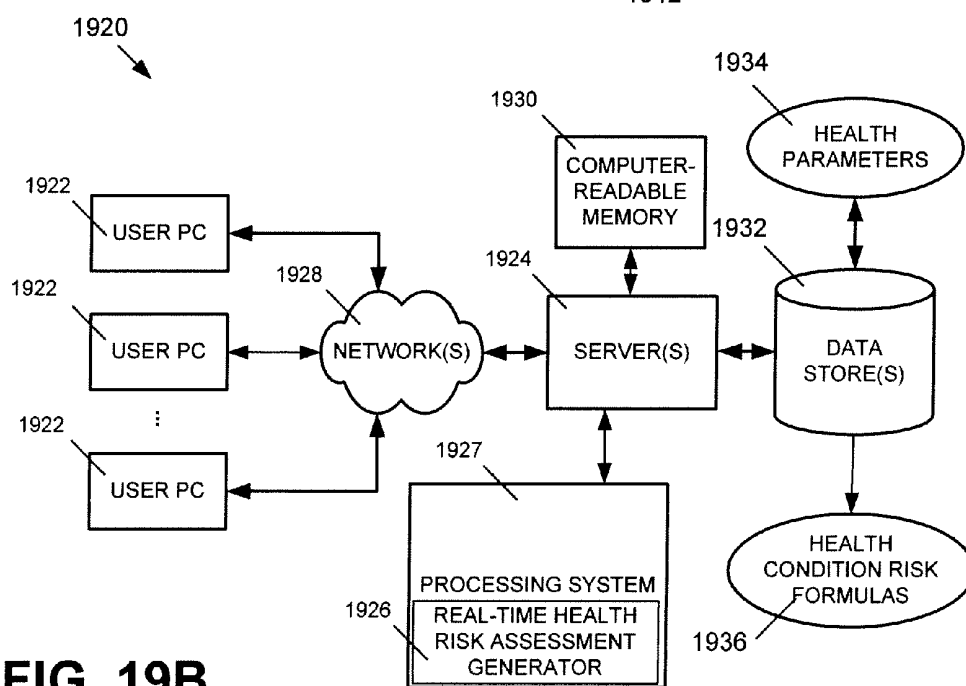


FIG. 19B

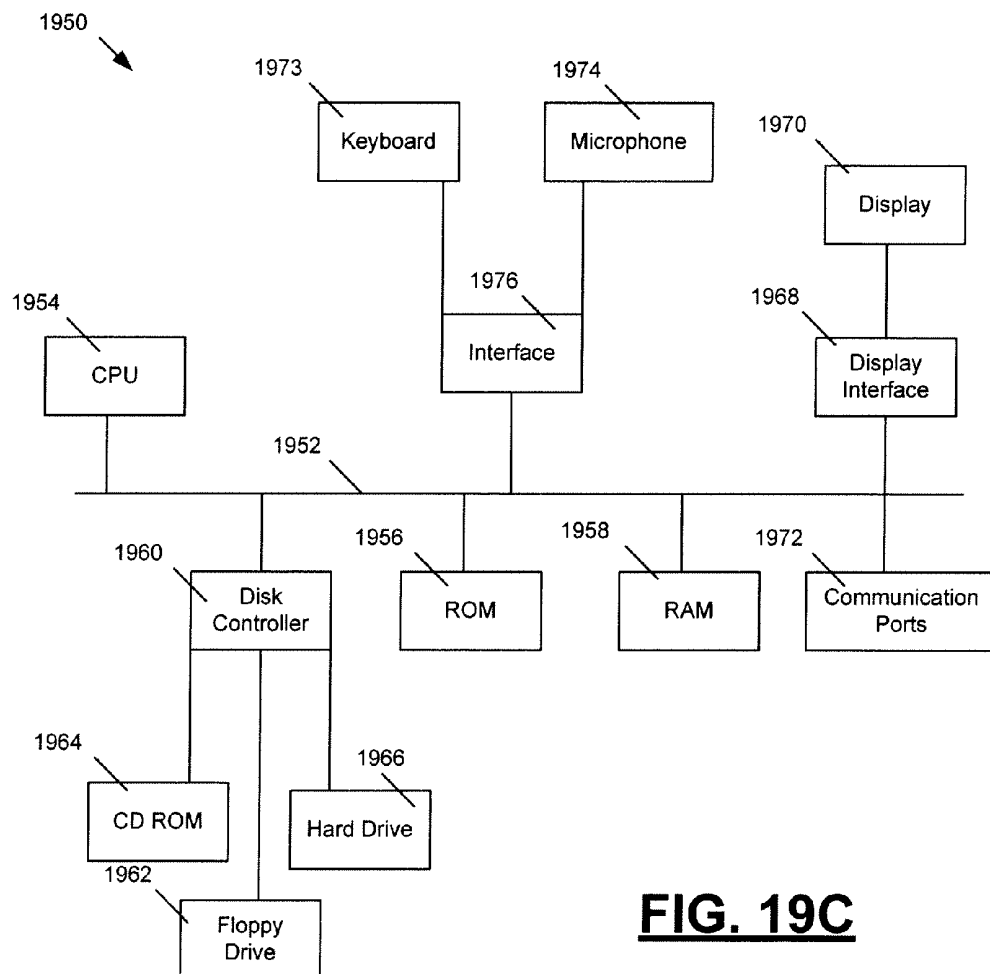


FIG. 19C

SYSTEMS AND METHODS FOR PROVIDING A REAL-TIME HEALTH RISK ASSESSMENT

TECHNICAL FIELD

[0001] The present disclosure relates generally to human health analysis and more particularly to real-time health risk assessment calculation.

BACKGROUND

[0002] Health is the general condition of a person in all aspects. It is also sometimes defined as a level of functional and/or metabolic efficiency of an organism. The World Health Organization (WHO) defines health as “a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.” Every person is concerned with personal health, as one’s personal health level enables or limits one’s ability to perform actions in their life. People are not only concerned about the current state of their health, but they are also interested in actions they can take to improve their health, as well as behaviors that may have a negative impact on their health. Other parties, outside of an individual, may also have an interest in an individual’s health level. For example, a health or life insurance company may factor a health level of an individual into pricing a premium for a policy because a person in poor health may be at a higher risk for debilitating disease or death.

SUMMARY

[0003] In accordance with the teachings herein, systems and methods are disclosed for providing a real-time health risk assessment generated based on a plurality of health parameters entered via a plurality of health parameter controls. The systems and methods may include a health parameter entry interface, where the health parameter entry interface includes the plurality of health parameter controls for manipulation by a user to enter values for the plurality of health parameters, where the plurality of health parameters include one or more demographic parameters, one or more health history parameters, and one or more family history parameters. The systems and methods may further include a disease risk interface, where the disease risk interface includes an alphanumeric depiction of risks of a person developing one or more health conditions based on the values entered for the plurality of health parameters using the health parameter entry interface. The systems and methods may further include a disease risk location identification interface, where the disease risk location identification interface includes a picture of all or a portion of a human body wherein, for each respective health condition in said one or more health conditions, a graphic is displayed on the picture of said all or said portion of the human body at a position of the human body associated with the respective health condition when a risk of a person developing the respective health condition is greater than a display threshold associated with the respective health condition. The health parameter entry interface, the disease risk interface, and the disease risk location identification interface may be simultaneously displayed on a computer display, and the alphanumeric depiction of risks of a person developing one or more health conditions and the display of graphics on the picture of said all or said portion of the human body may be updated substantially simultaneously with changes to the plurality of health parameters in the health parameter entry interface.

[0004] The details of one or more embodiments of the invention are set forth in the accompanying drawings and the description below. Other features, aspects, and advantages of the invention will become apparent from the description, the drawings, and the claims.

BRIEF DESCRIPTION OF THE DRAWINGS

[0005] FIG. 1 depicts a computer-implemented environment for providing a real-time health risk assessment.

[0006] FIG. 2 is a block diagram depicting a user interacting with a user terminal to access a real-time health risk assessment generator.

[0007] FIG. 3 is a block diagram further depicting a user interacting with a real-time health risk assessment generator via a user terminal.

[0008] FIG. 4 is a block diagram depicting example inputs and outputs to a real-time health risk assessment generator.

[0009] FIG. 5 depicts a graphical user interface for providing a real-time health risk assessment.

[0010] FIG. 6 depicts a graphical user interface having certain values entered into the health parameter entry interface.

[0011] FIG. 7 depicts a graphical user interface showing reduced risks for certain health conditions based on improvement of values for certain health parameters.

[0012] FIG. 8 depicts a graphical user interface having certain values entered into the health parameter entry interface, including a personal history of diabetes.

[0013] FIG. 9 depicts a graphical user interface having certain values entered into the health parameter entry interface, including a family history of colon cancer.

[0014] FIG. 10 depicts a graphical user interface having certain values entered into the health parameter entry interface, including a family history of colon cancer and a personal colonoscopy that revealed a colon polyp.

[0015] FIG. 11 depicts a graphical user interface having certain values entered into the health parameter entry interface for a woman.

[0016] FIG. 12 depicts a graphical user interface having certain values entered into the health parameter entry interface including a smoking history.

[0017] FIG. 13 depicts a graphical user interface having certain values entered into the health parameter entry interface, wherein a health improvement behavior is included in the disease risk interface.

[0018] FIG. 14 depicts a graphical user interface that includes a plurality of templates and/or saved profiles for selection.

[0019] FIG. 15 depicts a graphical user interface that includes example controls for saving, loading, and sending values for health parameters.

[0020] FIG. 16 displays a graphical user interface that includes a health parameter value history.

[0021] FIG. 17 depicts a graphical user interface, where a slider in a health history interface has been moved to a second position.

[0022] FIG. 18 depicts a graphical user interface, where a slider in a health history interface has been moved to a third position.

[0023] FIGS. 19A, 19B, and 19C depict example systems of a real-time health risk assessment generator.

DETAILED DESCRIPTION

[0024] FIG. 1 depicts a computer-implemented environment for providing a real-time health risk assessment. A user 102 interacts with a real-time health risk assessment generator 104 on one or more servers 106 via one or more networks 108. The user may interact with the real-time health risk assessment generator 104 to perform a variety of functions, such as performing a self-real-time health risk assessment or performing a real-time health risk assessment for another individual, such as for generating a health or life insurance premium quotation, or performing a health risk assessment to recommend treatment in a doctor's office or other clinical setting.

[0025] Oftentimes, people are concerned with their overall health and their risks for developing certain debilitating conditions over time. While, data about one's risks is highly desirable, it can be very expensive to acquire. For example, hiring a medical doctor to perform an analysis of one's current health may include significant physical examinations along with substantial inquiry into personal and family histories. Each of these may be very expensive and are often highly invasive. These factors make such inquiries into personal health and risk factors unfeasible for many individuals.

[0026] Analysis of an individual's health and risks of developing debilitating conditions may also be valuable to entities other than the individual. For example, an insurance company or employer may desire knowledge of an individual's health and wellbeing for determinations regarding insurance underwriting, hiring, and other decisions. The expense of such analyses by a doctor may make such full health workups impractical when the cost of such procedures is greater than the potential savings such additional health data may make available.

[0027] The real-time health risk assessment generator 104 makes data concerning current health and future risks of developing certain conditions readily available for an individual as well as other parties having an interest in the health of an individual. Certain parameters, most of which are readily available/accessible, are entered into the real-time health risk assessment generator 104 for an individual. The real-time health risk assessment generator 104 analyzes the entered data and provides an analysis of the individual's risks for developing certain conditions. The real-time health risk assessment generator 104 may also provide suggested behaviors for improving an individual's health and reducing risks of generating the certain conditions, as well as provide updated risk data that the individual could expect should the individual implement the real-time health risk assessment generator's suggested behaviors. The real-time health risk assessment generator 104 may track parameters entered for an individual over time to detect improvement or decline in overall health and the affect of the improving/declining health on the risks for developing the certain conditions.

[0028] The users 102 can interact with the real-time health risk assessment generator 104 in a number of ways, such as over one or more networks 108. For example, server(s) 106 accessible through the network(s) 108 can host the real-time health risk assessment generator 104. One or more data stores 110 can store data used by the real-time health risk assessment generator 104 as well as any intermediate or final data generated by the real-time health risk assessment generator

104. The one or more data stores 110 may contain many different types of data associated with the process including entered health parameter values 112, health condition risk formulas 114, as well as other data. The real-time health risk assessment generator 104 can be an integrated web-based reporting and analysis tool that provides users flexibility and functionality for providing a real-time health risk assessment. It should be understood that the real-time health risk assessment generator 104 could also be provided on a stand-alone computer. It should also be understood that the real-time health risk assessment generator 104 may be utilized with hardware implementations of software such as field-programmable gate arrays.

[0029] FIG. 2 is a block diagram depicting a user 202 interacting with a user terminal 204 to access a real-time health risk assessment generator 206. As described above, the user 202 may be an individual desiring a self-assessment of his current health and risk levels or the user 202 may be another party interested in the health and risk levels of an individual for which data is entered into the real-time health risk assessment generator via the user terminal 204. The real-time health risk assessment generator 206 enables very fast generation of real-time health risk assessments such that those assessments can be provided on a regular basis (e.g., hourly, daily, weekly, monthly, yearly), as desired by the user.

[0030] FIG. 3 is a block diagram further depicting a user 302 interacting with a real-time health risk assessment generator 304 via a user terminal 306. The user 302 enters values for a plurality of health parameters 308 associated with an individual into the user terminal 306, which provides the values for the plurality of health parameters 308 to the real-time health risk assessment generator 304. The real-time health risk assessment generator 304 analyzes the received values for the health parameters 308 and calculates risk values for the individual developing certain health conditions. The real-time health risk assessment generator 310 provides a graphical user interface (GUI) 310 to the user terminal 306, which displays the graphical user interface 310 to the user 302. The graphical user interface 310 may contain a variety of data including confirmation of the health parameter values 308 entered by the user, the risks of the individual associated with the health parameter values 308 of developing certain conditions, as well as one or more graphics that depict locations of a body associated with conditions for which the individual has greater than a threshold risk of acquiring.

[0031] FIG. 4 is a block diagram depicting example inputs and outputs to a real-time health risk assessment generator 402. The real-time health risk assessment generator 402 receives values for health parameters 404 for an individual, as depicted at 406. The real-time health risk assessment generator 402 may store those values in one or more data store(s) 408 to which the real-time health risk assessment generator 402 is responsive, as depicted at 410. The real-time health risk assessment generator 402 calculates risks of an individual developing one or more certain health conditions, as shown at 412. For example, the real-time health risk assessment generator 402 may input values for health parameters for an individual, entered at 404 or retrieved from 410, into one or more health condition risk formulas 414 to calculate risks that an individual might acquire certain health conditions. The real-time health risk assessment generator 402 outputs a graphical user interface 416 that may display a variety of data including confirmation of entered values for health parameters 404, 410 considered in calculating risk levels for acquiring

ing certain conditions, as well as the calculated risk levels. The real-time health risk assessment generator **402** may calculate the risk levels at **412** and update the graphical user interface **416** to display the calculated risk values substantially simultaneously with the entry of the health parameter values **404** (e.g., within less than a second, within one second, within ten seconds, without subsequent user control such as activation of a “submit” button), as depicted at **418**. The one or more data stores **408** responsive to the real-time health risk assessment generator **402** may also include stored health parameter values and/or templates that may be accessible for populating the health parameter values upon user request, as shown at **420**.

[0032] FIG. 5 depicts a graphical user interface **500** for providing a real-time health risk assessment. The graphical user interface **500** includes a health parameter entry interface **502** contained substantially in the left third of the graphical user interface **500** (e.g., within 10% of 33% of the width of the graphical user interface). The health parameter entry interface **502** includes a plurality of health parameter controls for manipulation (e.g., by a user) to enter values for a plurality of health parameters. For example, the plurality of health parameters may include one or more demographic parameters, one or more health history parameters, and one or more family history parameters.

[0033] The example health parameter entry interface **502** of FIG. 5 includes a plurality of controls for entering certain demographic and current health parameters at **504**. Selectable text enables entry of whether an individual is male or female as well as entering race data. Slide bars are provided for entering data related to age, weight, height, and systolic blood pressure.

[0034] The example health parameter entry interface **502** of FIG. 5 further includes a plurality of controls for entering values for certain health history parameters. At **506**, selectable text is available for selecting whether an individual has a personal history of cardiovascular disease, hypertension, diabetes, and cancer. The health parameter entry interface **502** further includes a plurality of controls for entering values for certain family disease history parameters at **508**. Selectable text is provided at **508** for inputting whether family members of the individual have a history of diabetes, colon cancer, and breast cancer.

[0035] The health parameter entry interface **502** may include additional controls for inputting further data associated with an individual. For example, a medications section **510** may include controls for identifying certain medications that an individual is noted as taking. A procedures and outcomes section **512** may include controls identifying whether certain procedures have been performed on an individual and the results of those procedures. An environmental exposures section **514** may include controls for identifying whether an individual has been exposed to certain environmental factors, such as the carcinogen asbestos. A women’s health section **516** may display controls specific to women’s health. In some implementations, the women’s health section **516** may only be made active when the individual is identified as being female in the demographic parameter entry section **504**, as discussed in further detail with respect to FIG. 11. When the individual is noted as being a male, the women’s health section **516** may be made inactive, as shown in FIG. 5.

[0036] The health parameter entry interface **502** may further include controls for entering data regarding a smoking history for the individual at **517**. The health parameter entry

interface **502** may further include controls for entering data regarding an individual’s diet at **518** and an individual’s exercise habits at **520**.

[0037] The graphical user interface **500** may further include a disease risk interface at **522**. The disease risk interface **522** may include an alphanumeric depiction of risks of an individual developing one or more health conditions based on values entered for the plurality of health parameters using the health parameter entry interface **502**. The disease risk interface **522** may be displayed substantially in the right third of the graphical user interface **500** (e.g., within 10% of 33% of the width of the graphical user interface). The disease risk interface may be updated substantially simultaneously to each change at the health parameter entry interface **502**, such as upon a manipulation of a slide bar in the demographic parameter entry section **504**.

[0038] The graphical user interface **500** may further include a disease risk location identification interface **524**. The disease risk location identification interface **524** may include a picture of all or a portion of a human body **526**. For each health condition described in the disease risk interface **522**, a graphic may be displayed on the picture of the human body **526** at a position of the human body associated with the health condition when a risk of the individual developing the respective health condition is greater than a display threshold value. For example, when an individual’s cardio vascular disease risk is greater than 40%, then a graphic of a heart may be depicted on the picture of the human body **526**. The disease risk location identification interface **524** may be displayed substantially in the center third of the graphical user interface **500** (e.g., within 10% of 33% of the width of the graphical user interface). The disease risk location identification interface may be updated substantially simultaneously to each change at the health parameter entry interface **502**, such as upon a manipulation of a slide bar in the demographic parameter entry section **504**.

[0039] The graphical user interface **500** may include other interfaces as well. In the example of FIG. 5, the graphical user interface includes a state of the world interface **528**, where compiled values for all people or compiled values for all people who have interacted with the real-time health risk assessment generator are displayed. The graphical user interface **500** may further include a save/load profile/template interface **530**. That interface **530** may enable saving or loading a template that contains values for each of the health parameters, which can be loaded into health parameter entry interface upon selection. The interface **530** may further be used to save values for each of the health parameters for an individual so that those values can be recalled at a later time.

[0040] It should be understood that the health parameter controls for entering values for health parameters may take a variety of forms. For example, health parameters **504** can be entered via selectable text and slide bars, as shown at **504**. In other implementations, other controls may be utilized including text boxes, radio buttons, drop down boxes, selection boxes, and other controls. Further, the health parameter controls may include more or less controls than are depicted in FIG. 5. For example, the personal health history controls at **506** could include fewer controls or a number of additional controls related to diseases including different types of cancers, immune system disorders, endocrine disorders, as well as others.

[0041] FIG. 6 depicts a graphical user interface **600** having certain values entered into the health parameter entry inter-

face **602**. In the example of FIG. 6, the individual is noted as being a white male, aged 42, 5 feet, 8 inches tall, weighting 284 pounds, and having a systolic blood pressure of 138. The individual has never smoked, has a healthy diet, and exercises regularly.

[0042] The disease risk interface **606** includes an alphanumeric depiction or risks of the individual developing one or more health conditions based on the values entered in the health parameter entry interface **604**. In the example of FIG. 6, the individual has a 14% risk for developing cardiovascular disease (e.g., heart attack, stroke), a 19% risk for developing diabetes, a 0% risk for developing breast cancer, a 3% risk for developing colon cancer, and a 0% risk of developing lung cancer.

[0043] The above described risks may be calculated in a variety of ways. For example, the risk for general cardiovascular disease within ten years is calculated from a logistic regression on the variables x_i , resulting in determination of coefficients k_i . The risk can then be expressed via Cox proportional hazard as

$$1 - S_0^{k_0 + \sum k_i x_i},$$

where, for men, $S_0=0.88431$, $k_0=-23.9802$, and the $k_i x_i$ pairs are: $2.72107 * \log(\text{age})$; $2.81291 * \log(\text{bmi})$; $2.81291 * \log(\text{sbp_untreated})$; $2.88267 * \log(\text{sbp_treated})$; $0.61868 * \text{smoking}$; and $0.77763 * \text{diabetes}$. For women, the parameters are: $S_0=0.94833$, $k_0=-26.1931$, and the $k_i x_i$ pairs are: $3.11296 * \log(\text{age})$; $0.79277 * \log(\text{bmi})$; $1.85508 * \log(\text{sbp_untreated})$; $1.922672 * \log(\text{sbp_treated})$; $0.70953 * \text{smoking}$; and $0.53160 * \text{diabetes}$. The treated and untreated modifiers on the blood pressure variables refer to a blood pressure medication health parameter, where if a person is identified as taking blood pressure medication, then the sbp_treated term is used, and if the person is identified as not taking blood pressure medication, then the sbp_untreated term is used.

[0044] As another example, the risk of an individual developing diabetes within ten years can be calculated from a logistic regression expressed as:

$$\frac{1}{1 + e^{-(3.02 + 0.19 * \text{age_bin} + 0.46 * \text{is_male} + 0.42 * \text{hypertension_med} + 0.51 * \text{obesity})}},$$

where age_bin=1 ($55 \leq \text{age} < 60$), age_bin=2 ($60 \leq \text{age} < 65$), age_bin=3 ($65 \leq \text{age} < 70$), age_bin=4 ($70 \leq \text{age} < 75$), and obesity=1 when $\text{bmi} \geq 30$

[0045] As a further example, the risk of an individual having a breast cancer diagnosis within ten years may be calculated according to a regression expressed as

$$\frac{1}{1 + e^{-(\text{var})}},$$

where $\text{var} = -0.74948 + 0.09401 * \text{age_menopause} + 0.52926 * \text{number_breast_biopsies} + 0.21863 * \text{age_first_live_birth} + 0.95830 * \text{num_relatives_with_breast_cancer} + 0.01081 * \text{age_bin} - 0.28804 * \text{number_breast_biopsies} * \text{age_bin} - 0.19081 * \text{age_first_live_birth} * \text{num_relatives_with_breast_cancer}$, where age_bin=for age<50 and age_bin=1 for age $\geq$ 50.

[0046] As an additional example, the risk of an individual being diagnosed with lung cancer in the next year can be calculated according to $F(1) = 1 - S_0^{e^{\text{model}}}$, where $S_0=0.99629$, CPD=cigarettes per day, SMK=duration of smoking, QUIT=duration of quitting, ASB=asbestos exposure, and $\text{model} = -9.7960571 + (0.060818386 * \text{CPD}) - (0.00014652216 * (\text{CPD} - 15)^3)$ for all values $\text{CPD} > 15 + (0.00018486938 * (\text{CPD} - 20.185718)^3)$ for all values $\text{CPD} > 20 - (0.000038347226 * (\text{CPD} - 40)^3)$ for all values $\text{CPD} > 40 + (0.11425297 * \text{SMK}) - (0.000080091477 * (\text{SMK} - 27.6577)^3)$ for all values $\text{SMK} > 27 + (0.00017069483 * (\text{SMK} - 40)^3)$ for all values $\text{SMK} > 40 - (0.000090603358 * (\text{SMK} - 50.910335)^3)$ for all values $\text{SMK} > 50 - (0.085684793 * \text{QUIT}) + (0.0065499693 * \text{QUIT})^3$ for all values $-\text{QUIT} > 0 + (0.00028061519 * (\text{QUIT} - 12.295688)^3)$ for all values $\text{QUIT} > 12 + (0.070322812 * \text{AGE}) - (0.00009382122 * (\text{AGE} - 53.459001)^3)$ for all values $\text{AGE} > 53 + (0.00018282661 * (\text{AGE} - 61.954825)^3)$ for all values $\text{AGE} > 61 - (0.000089005389 * (\text{AGE} - 70.910335)^3)$ for all values $\text{AGE} > 70 + (0.2153936)$ if ASB=yes-(0.05827261) if SEX=female.

[0047] The ten year probability can be calculated according to $F(10) = 1 - \pi(1 - F(1))$.

[0048] Further, the risk of an individual developing colon cancer within ten years can be calculated from a logistic expression expressed as

$$\frac{1}{1 + e^{-z}},$$

where for men, $z = -10.549532 + 0.087296 * \text{age} - 0.704948 * \text{hasColonoscopy} + 0.458835 * \text{hasColonPolyp} + 0.728315 * \text{familyColonCancer} + 0.065647 * \text{exerciseHoursPerWeek} - 1.353137 * \text{takesAspirin} - 0.033220 * \text{cigarettesPerDay} - 0.053865 * \text{vegetablesPerDay} + 0.074451 * \text{bmi}$. For women, $z = -0.661563 + 0.077854 * \text{age} - 1.031067 * \text{hasColonoscopy} + 0.962106 * \text{hasColonPolyp} - 0.109171 * \text{familyColonCancer} - 0.092106 * \text{exerciseHoursPerWeek} - 2.683215 * \text{takesAspirin} + 0.182743 * \text{vegetablesPerDay} - 0.220073 * \text{bmi} - 0.933628 * \text{takesEstrogen}$.

[0049] The risks may be calculated in a variety of ways and may represent a variety of quantities. For example, a risk level may be representative of a likelihood that an individual will develop a condition during a particular period of time such as a month, a year, five years, ten years, twenty years, a lifetime, or another period.

[0050] The disease risk location identification interface **608** may provide, for each respective health condition discussed in the disease risk interface **606**, a graphic on a picture of a human body **610** at a position associated with the respective health condition when a risk of the individual developing the respective health condition is greater than a display threshold associated with the respective health condition. In the example of FIG. 6, three graphics are displayed identifying health conditions having a risk greater than the display threshold. A graphic is displayed at the brain **612** and the heart **614** based on the risk of the individual developing cardiovascular disease being at 14%. The display threshold for displaying a stroke graphic **612** may be the same or different than the display threshold for displaying a heart attack graphic **614**. For example, a heart attack graphic **614** may be displayed when the cardiovascular risk is greater than 10%, while the

stroke graphic **612** may be displayed with the cardiovascular risk is greater than 12%. A diabetes graphic **616** is also displayed based on the risk of the individual developing diabetes being greater than the display threshold for diabetes.

[0051] FIG. 7 depicts a graphical user interface **700** showing reduced risks for certain health conditions based on improvement of values for certain health parameters. FIG. 7 depicts similar values for most of the health parameters in the health parameter entry interface **702** for the individual. In the example of FIG. 7, the individual has been noted as losing weight, down to 245 pounds, and reducing blood pressure, down to 120 systolic. The effect of the lost weight is noted in the disease risk interface **704**, where the individual's risk of developing cardiovascular disease has been reduced to 9%. The reduced risk for cardiovascular disease is also noted in the disease risk location interface **706**. The disease risk location interface **706** no longer depicts graphics associated with stroke and heart attack on the depiction of all or a portion of the human body **708** because the individual's risk of cardiovascular disease is lower than the display thresholds for those health conditions. The disease risk location interface **706** does depict a graphic related to diabetes **710** based on the individuals remaining at an elevated risk level for developing diabetes of 19%.

[0052] FIG. 8 depicts a graphical user interface **800** having certain values entered into the health parameter entry interface **802**, including a personal history of diabetes. In the example of FIG. 8, the individual is noted as being a white male, aged 42, 5 feet, 8 inches tall, weighting 245 pounds, having a systolic blood pressure of 120. The individual is further noted as having a personal history of diabetes. The individual has never smoked, has a healthy diet, and exercises regularly.

[0053] The disease risk interface **804** depicts an alphanumeric representation of the risks of the individual developing certain health conditions based on the values entered in the health parameter entry interface **802**. Because the individual is noted as having a personal history of diabetes, the risk of diabetes is noted as 100%. The individual also has a higher risk of cardiovascular disease, 16%, than the individual depicted in FIG. 7 having similar values for other health parameters, based on the individual in FIG. 8 having a personal history of diabetes. The disease risk location identification interface **806** includes graphics for stroke **808**, heart attack **810**, and diabetes **812** on the picture of the human body **814** based on the individual's elevated risks of developing those conditions.

[0054] FIG. 9 depicts a graphical user interface **900** having certain values entered into the health parameter entry interface **902**, including a family history of colon cancer. In the example of FIG. 9, the individual is noted as being a white male, aged 42, 5 feet, 8 inches tall, weighting 245 pounds, having a systolic blood pressure of 120. The individual is further noted as having a family history of colon cancer. The individual has never smoked, has a healthy diet, and exercises regularly.

[0055] The disease risk interface **904** depicts an alphanumeric representation of the risks of the individual developing certain health conditions based on the values entered in the health parameter entry interface **902**. Because the individual is noted as having a family history of colon cancer, the individual's colon cancer risk is doubled to 4% over the individual depicted in FIG. 7 having similar values for several health parameters. The disease risk location identification interface

906 displays a graphic associated with diabetes **908** on the picture of the human body **910** based on the individual's elevated risks of developing that condition. However, the disease risk location identification interface **906** does not display a graphic associated with colon cancer because the individual's risk of developing colon cancer is not above the display threshold for colon cancer.

[0056] FIG. 10 depicts a graphical user interface **1000** having certain values entered into the health parameter entry interface **1002**, including a family history of colon cancer and a personal colonoscopy that revealed a colon polyp. In the example of FIG. 10, the individual is noted as being a white male, aged 42, 5 feet, 8 inches tall, weighting 245 pounds, having a systolic blood pressure of 120. The individual is further noted as having a family history of colon cancer and as having had a colonoscopy performed that discovered a colon polyp. The individual has never smoked, has a healthy diet, and exercises regularly.

[0057] The disease risk interface **1004** depicts an alphanumeric representation of the risks of the individual developing certain health conditions based on the values entered in the health parameter entry interface **1002**. Because the individual is noted as having a family history of colon cancer and as having had a colonoscopy that discovered a colon polyp, the individual's colon cancer risk is tripled to 6% over the individual depicted in FIG. 7 having similar values for several health parameters. The disease risk location identification interface **1006** displays a graphic associated with diabetes **1008** on the picture of the human body **1010** based on the individual's elevated risks of developing that condition. However, the disease risk location identification interface **1006** does not display a graphic associated with colon cancer because the individual's risk of developing colon cancer is not above the display threshold for colon cancer.

[0058] FIG. 11 depicts a graphical user interface **1100** having certain values entered into the health parameter entry interface **1102** for a woman. In the example of FIG. 11, the individual is noted as being a white female, aged 32, 5 feet, 5 inches tall, weighting 131 pounds, and having a systolic blood pressure of 120. The individual has never smoked, has a healthy diet, and exercises regularly. Because the individual is noted as being a female, the women's health field **1104** of the health parameter entry interface **1102** is activated. The women's health field **1104** includes controls for entering data regarding whether an individual had a breast biopsy, when the individual had a first period, and when an individual first gave birth.

[0059] The disease risk interface **1106** includes an alphanumeric depiction or risks of the individual developing one or more health conditions based on the values entered in the health parameter entry interface **1104**. In the example of FIG. 11, the individual has a 2% risk for developing cardiovascular disease, an 8% risk for developing diabetes, a 37% risk for developing breast cancer, a 6% risk for developing colon cancer, and a 0% risk of developing lung cancer. The disease risk location identification interface **1108** displays a graphic associated with breast cancer **1110** on the picture of the human body **1112** based on the individual's elevated risks of developing that condition.

[0060] FIG. 12 depicts a graphical user interface **1200** having certain values entered into the health parameter entry interface **1202** including a smoking history. In the example of FIG. 12, the individual is noted as being a white female, aged 32, 5 feet, 5 inches tall, weighting 131 pounds, and having a

systolic blood pressure of 120. The individual has a healthy diet and exercises regularly, and is noted as a smoker. Because the individual is noted as being a smoker, the smoking status field **1204** of the health parameter entry interface **1202** is activated. The smoking status field **1204** includes controls for entering data regarding how many cigarettes the individual averaged while a smoker, the age the individual started smoking, and the age the individual quit smoking. In the example of FIG. 12, the individual is noted as smoking 20 cigarettes per day from the age of 17 to the age of 32. These values are considered by the real-time health risk assessment generator in calculating risks for certain diseases, which are displayed in the disease risk interface **1206** as well as the disease risk location identification interface **1208**.

[0061] FIG. 13 depicts a graphical user interface **1300** having certain values entered into the health parameter entry interface **1302**, wherein a health improvement behavior **1306** is included in the disease risk interface **1304**. In the example of FIG. 13, the individual is noted as being a white female, aged 32, 5 feet, 5 inches tall, weighting 131 pounds, and having a systolic blood pressure of 120. The individual has a healthy diet and exercises regularly, and is noted as a smoker. Based on the values entered into the health parameter entry interface, the disease risk interface **1304** displays an alphanumeric depiction of risks of a person developing one or more health conditions.

[0062] The disease risk interface **1304** further provides a health improvement behavior **1306**, which the user has selected. The health improvement behavior **1306** asks what would happen to the risks of the individual developing the one or more health conditions if the individual adopted the behavior. When the user selects the behavior, such as by performing a mouse over operation or a clicking operation, the risks of the individual developing the one or more health conditions displayed at **1308** are updated to show the changed risk based on adoption of the selected behavior **1306**. In the example of FIG. 13, the individual's risk for cardiovascular disease decreases by 1% over the example of FIG. 12, and the individual's risk for diabetes decreases by 2% over the example of FIG. 12 when the individual adopts the displayed health improvement behavior **1306**. The updated risk levels for the one or more health conditions may be calculated in a variety of ways. For example, the formulas described above with respect to FIG. 6 may be modified to include a term related to the displayed health improvement behavior.

[0063] FIG. 14 depicts a graphical user interface **1400** that includes a plurality of templates and/or saved profiles **1402** for selection. Upon selection of one of the displayed records **1402**, a set of values for the plurality of health parameters displayed in the health parameter entry interface **1404** may be loaded, with the health parameter entry interface **1404** and the disease risk interface **1406** being updated accordingly. The displayed records **1402** may be a set of templates for a user to use to help "jump-start" value entry for an individual. For example, the user may select a record **1402** that is similar to the individual that the user wishes to evaluate. The user can then customize the loaded values to better match the individual. In another embodiment, the records may represent saved records for individuals. For example, a user may activate a control to save values for the health parameters for a user after entering them for later access. The user may enter a short description of the individual, or such a description may be automatically generated based on the health parameter values being saved.

[0064] FIG. 15 depicts a graphical user interface **1500** that includes example controls for saving, loading, and sending values for health parameters. A first control **1502** enables a user to save values for health parameters entered into the health parameter entry interface **1504**. Upon selecting the save control **1502**, the current values of the health parameters may be stored in persistent memory along with a description of the individual with which those values are associated. Such a description may include a name, patient number, customer number, a user entered description, or other data. The saved health parameter values may be stored for subsequent access by the real-time health risk assessment generator or for use by another application.

[0065] The graphical user interface further includes a second control **1506** for loading values for health parameters. Selection of the load control **1506** may access a selection display such as the display shown in FIG. 14 at **1402**. Upon selection of a set of values for health parameters, those values may be loaded, shown in the health parameter entry interface **1504**, and the disease risk interface **1506** and disease risk location identification interface **1508** may be updated accordingly.

[0066] The graphical user interface further includes a third control **1510** for sending values of health parameters. Upon selection of the send control **1510**, the user may be prompted for a destination. The destination may be an e-mail address, where the values of the health parameters are sent via e-mail as a body of a message or an attachment. The destination may further be an address, where the values of the health parameters are sent to the address as a file or a data record for storage. The destination may also be a service. For example, values of the health parameters may be sent to a third party, such as Google Health.

[0067] FIG. 16 displays a graphical user interface **1600** that includes a health history interface **1602**. The graphical user interface **1600** includes a health parameter entry interface **1604** that displays values related to a plurality of health parameters. The graphical user interface **1600** further includes a disease risk interface **1606** that displays risks of an individual developing one or more health conditions based on the values of the health parameter entry interface **1604**, and the graphical user interface **1600** further includes a disease risk location identification interface **1608** that displays graphics on a depiction of a human body based on the risk levels shown in the disease risk interface **1606**.

[0068] The graphical user interface **1600** also includes a health history interface **1602**. The health history interface **1602** displays, both numerically and graphically, values for a plurality of the health parameters at different points and time. For example, a user may enter values for the health parameters for an individual into the health parameter entry interface **1604**. When the user is satisfied with the entered values, the user may click an add control **1610** to add the values entered into the health parameter entry interface **1604** to the health history interface **1602**. The user may be prompted to input a title, description, and/or date for the current values. The values are saved and displayed on the health history interface **1602**. Sets of health parameter values can also be edited or deleted using controls **1612**, **1614**, respectively.

[0069] The columns in the health history interface **1602** may be sorted from left to right according to date, where the set of values associated with the earliest date is displayed in a leftmost column. A slider **1616** enables selection of different ones of the sets of health parameter values. The example of

FIG. 16 depicts selection of the first column, where the individual has a weight of 200, a systolic blood pressure of 113, a body mass index of 33, and a cardiovascular score of 15. When the slider 1616 is moved, the values of the health parameter entry interface 1604, the risks in the disease risk interface 1606, and the graphics in the disease risk location identification interface 1608 are updated accordingly. The numeric values in the health history interface 1602 may be displayed along with a graphical identifier, such as parallel bars shaded in between where the height of the parallel bars represents the magnitude of the numeric value. Using such a graphical identifier, a user can easily compare the numeric values for a row across the periods of time represented in the health history interface 1602.

[0070] FIG. 17 depicts a graphical user interface 1700, where a slider 1702 in a health history interface 1704 has been moved to a second position. Upon moving the slider 1702 to the second position, the values in the health parameter entry interface 1706, the risks in the disease risk interface 1708 and the graphics 1710 in the disease risk location identification interface 1712 are updated accordingly. A title, description, and date associated with the slider position are also displayed at 1714.

[0071] FIG. 18 depicts a graphical user interface 1800, where a slider 1802 in a health history interface 1804 has been moved to a third position. Upon moving the slider 1802 to the third position, the values in the health parameter entry interface 1806, the risks in the disease risk interface 188 and the graphics 1810 in the disease risk location identification interface 1812 are updated accordingly. A title, description, and date associated with the slider position are also displayed at 1814.

[0072] This specification includes a number of examples of implementations of a real-time health assessment generator. Additional examples are contemplated as well. For example, a picture of a human body displayed in a disease risk location identification interface may be modified according to values for health parameters entered in the health parameter entry interface. For example, the picture of the human body may be modified based on sex, race, age, weight, height or other parameter values entered. The picture of the human body may be further user customizable (e.g., via a head-shot picture) to further represent an individual being assessed. A real-time health assessment generator can be implemented in a variety of manners including via an Ajax programming language.

[0073] FIGS. 19A, 19B, and 19C depict example systems for a real-time health risk assessment generator. For example, FIG. 19A depicts an exemplary system 1900 that includes a stand alone computer architecture where a processing system 1902 (e.g., one or more computer processors) includes a real-time health risk assessment generator 1904 being executed on it. The processing system 1902 has access to a computer-readable memory 1906 in addition to one or more data stores 1908. The one or more data stores 1908 may contain health parameter values 1910 as well health condition risk formulas 1912.

[0074] FIG. 19B depicts a system 1920 that includes a client server architecture. One or more user PCs 1922 accesses one or more servers 1924 running a real-time health risk assessment generator 1926 on a processing system 1927 via one or more networks 1928. The one or more servers 1924 may access a computer readable memory 1930 as well as one

or more data stores 1932. The one or more data stores 1932 may contain health parameter values 1934 as well as health condition risk formulas 1936.

[0075] FIG. 19C shows a block diagram of exemplary hardware for a stand alone computer architecture 1950, such as the architecture depicted in FIG. 19A, that may be used to contain and/or implement the program instructions of system embodiments described herein. A bus 1952 may serve as the information highway interconnecting the other illustrated components of the hardware. A processing system 1954 labeled CPU (central processing unit) (e.g., one or more computer processors), may perform calculations and logic operations required to execute a program. A processor-readable storage medium, such as read only memory (ROM) 1956 and random access memory (RAM) 1958, may be in communication with the processing system 1954 and may contain one or more programming instructions for a real-time health risk assessment generator. Optionally, program instructions may be stored on a computer readable storage medium such as a magnetic disk, optical disk, recordable memory device, flash memory, or other physical storage medium. Computer instructions may also be communicated via a communications signal, or a modulated carrier wave.

[0076] A disk controller 1960 interfaces with one or more optional disk drives to the system bus 1952. These disk drives may be external or internal floppy disk drives such as 1962, external or internal CD-ROM, CD-R, CD-RW or DVD drives such as 1964, or external or internal hard drives 1966. As indicated previously, these various disk drives and disk controllers are optional devices.

[0077] Each of the element managers, real-time data buffer, conveyors, file input processor, database index shared access memory loader, reference data buffer and data managers may include a software application stored in one or more of the disk drives connected to the disk controller 1960, the ROM 1956 and/or the RAM 1958. Preferably, the processor 1954 may access each component as required.

[0078] A display interface 1968 may permit information from the bus 1952 to be displayed on a display 1970 in audio, graphic, or alphanumeric format. Communication with external devices may optionally occur using various communication ports 1972.

[0079] In addition to the standard computer-type components, the hardware may also include data input devices, such as a keyboard 1973, or other input device 1974, such as a microphone, remote control, pointer, mouse and/or joystick.

[0080] Embodiments of the subject matter and the functional operations described in this specification can be implemented in digital electronic circuitry, or in computer software, firmware, or hardware, including the structures disclosed in this specification and their structural equivalents, or in combinations of one or more of them. Embodiments of the subject matter described in this specification can be implemented as one or more computer program products, i.e., one or more modules of computer program instructions encoded on a computer-readable medium for execution by, or to control the operation of, data processing apparatus.

[0081] The computer-readable medium can be a machine-readable storage device, a machine-readable storage substrate, a memory device, or a combination of one or more of them. The term "data processing apparatus" encompasses all apparatus, devices, and machines for processing data, including by way of example a programmable processor, a computer, or multiple processors or computers. The apparatus can

include, in addition to hardware, code that creates an execution environment for the computer program in question, e.g., code that constitutes processor firmware, a protocol stack, a database management system, an operating system, or a combination of one or more of them. A propagated signal is an artificially generated signal, e.g., a machine-generated electrical, optical, or electromagnetic signal, that is generated to encode information for transmission to suitable receiver apparatus.

[0082] While this specification contains many specifics, these should not be construed as limitations on the scope of the invention or of what may be claimed, but rather as descriptions of features specific to particular embodiments of the invention. Certain features that are described in this specification in the context or separate embodiments can also be implemented in combination in a single embodiment. Conversely, various features that are described in the context of a single embodiment can also be implemented in multiple embodiments separately or in any suitable subcombination. Moreover, although features may be described above as acting in certain combinations and even initially claimed as such, one or more features from a claimed combination can in some cases be excised from the combination, and the claimed combination may be directed to a subcombination or variation of a subcombination.

[0083] Similarly, while operations are depicted in the drawings in a particular order, this should not be understood as requiring that such operations be performed in the particular order shown or in sequential order, or that all illustrated operations be performed, to achieve desirable results. In certain circumstances, multitasking and parallel processing may be advantageous. Moreover, the separation of various system components in the embodiments described above should not be understood as requiring such separation in all embodiments, and it should be understood that the described program components and systems can generally be integrated together in a single software product or packaged into multiple software products.

[0084] Thus, particular embodiments of the invention have been described. Other embodiments are within the scope of the following claims. For example, the actions recited in the claims can be performed in a different order and still achieve desirable results

It is claimed:

1. A graphical user interface for providing a real-time health risk assessment generated based on a plurality of health parameters entered via a plurality of health parameter controls, the user interface comprising:

a health parameter entry interface, the health parameter entry interface including the plurality of health parameter controls for manipulation to enter values for the plurality of health parameters, the plurality of health parameters including one or more demographic parameters, one or more health history parameters, and one or more family history parameters;

a disease risk interface, the disease risk interface including an alphanumeric depiction of risks of a person developing one or more health conditions based on the values entered for the plurality of health parameters using the health parameter entry interface; and

a disease risk location identification interface, the disease risk location identification interface including a picture of all or a portion of a human body wherein, for each respective health condition in said one or more health

conditions, a graphic is displayed on the picture of said all or said portion of the human body at a position of the human body associated with the respective health condition when a risk of a person developing the respective health condition is greater than a display threshold associated with the respective health condition;

the health parameter entry interface, the disease risk interface, and the disease risk location identification interface being simultaneously displayed on a computer display; the alphanumeric depiction of risks of a person developing one or more health conditions and the display of graphics on the picture of said all or said portion of the human body being updated substantially simultaneously with changes to the plurality of health parameters in the health parameter entry interface.

2. The graphical user interface of claim 1, wherein a health parameter is adjusted using a sliding bar control via a mouse click-drag-release operation or mouse click-drag operation, wherein the alphanumeric depiction of risks of a person developing one or more health conditions and the display of graphics on the picture of the human body are updated upon the mouse release or the mouse drag.

3. The graphical user interface of claim 1, wherein the one or more demographic parameters is a plurality of demographic parameters that include sex, race, age, weight, and height.

4. The graphical user interface of claim 3, wherein the plurality of demographic parameters further includes blood pressure.

5. The graphical user interface of claim 1, wherein the one or more health history parameters is a plurality of health history parameters that includes an identification of a history of cardiovascular disease, an identification of a history of hypertension, an identification of a history of diabetes, and an identification of a history of cancer.

6. The graphical user interface of claim 1, wherein a health history parameter in the one or more health history parameters is selected by clicking a name of a disease without use of any other selection control.

7. The graphical user interface of claim 1, wherein the one or more family history parameters is a plurality of family history parameters that includes parameters identifying a history of diabetes, colon cancer, and breast cancer.

8. The graphical user interface of claim 1, wherein the health parameter interface further includes at least one parameter from the group of parameters comprising:

a medication parameter;
a received procedures parameter;
an environmental exposure parameter;
a women's health parameter;
a smoking parameter;
a diet parameter; and
an exercise parameter.

9. The graphical user interface of claim 1, wherein the plurality of health parameters further includes a smoking status parameter, a smoking start age parameter, and a smoking quit age parameter.

10. The graphical user interface of claim 1, wherein the disease risk interface includes an alphanumeric depiction of a risk of a person developing:

cardiovascular disease;
diabetes;
breast cancer;
colon cancer; and
lung cancer.

11. The graphical user interface of claim 1, wherein the disease risk interface further includes a health improvement behavior;

wherein the health improvement behavior provided is based on values of the risks of a person developing the one or more health conditions.

12. The graphical user interface of claim 11, wherein the health improvement behavior is related to lowering cardiovascular disease risk that is displayed when a risk for cardiovascular disease for the a person is greater than a behavior display threshold.

13. The graphical user interface of claim 11, wherein, when a user performs a mouse over function on the health improvement behavior, the listing of risks of a person developing the one or more health conditions is adjusted to account for a person performing an action associated with the health improvement behavior.

14. The graphical user interface of claim 1, wherein the graphic displayed on the picture of said all or said portion of the human body is representative of the associated risk of a person developing a health condition that is greater than the display threshold associated with a respective health condition.

15. The graphical user interface of claim 1, wherein the picture of said all or said portion of the human body is generated based on the plurality of health parameters.

16. The graphical user interface of claim 15, wherein the picture of said all or said portion of the human body is generated based on one of the group of health parameters consisting of:

sex;
race;
age;
weight; and
height.

17. The graphical user interface of claim 1, wherein a user entering the plurality of health parameters is not the person with which the plurality of health parameters are associated.

18. The graphical user interface of claim 1, further comprising a save/load profile interface.

19. The graphical user interface of claim 1, wherein an insurance quote is generated based on the risks of a person developing the one or more health conditions.

20. The graphical user interface of claim 1, further comprising a formula display, wherein the formula display shows a formula used to calculate a risk of a person developing a health condition.

21. The graphical user interface of claim 1, wherein the health parameter entry interface is displayed on approximately a first columnar third of the graphical user interface,

the disease risk location identification interface is displayed on approximately a second columnar third of the graphical user interface, and

the disease risk interface is displayed on approximately a third columnar third of the graphical user interface.

22. The graphical user interface of claim 1, wherein the graphical user interface is provided via a webpage.

23. The graphical user interface of claim 1, wherein the listing of risks of a person developing the one or more health conditions and the display of graphics on the picture of said all or said portion of the human body are updated substantially simultaneously with changes to the plurality of health parameters in the health parameter entry interface without utilization of a submit button or other submit control.

24. The graphical user interface of claim 1, further comprising a health history interface, wherein the health history interface displays the values for more than one of the plurality of health parameters at different points in time, wherein the health history interface includes a selection control for selecting one of the different points in time, wherein the health parameter entry interface, the disease risk interface, and the disease risk location interface are updated when the selection control is manipulated.

25. The graphical user interface of claim 24, wherein the selection control is a slide bar, wherein the health history interface displays the values graphically and numerically.

26. The graphical user interface of claim 1, wherein the graphical user interface is provided via a smart phone application.

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专利名称(译)	提供实时健康风险评估的系统和方法		
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[标]申请(专利权)人(译)	BRZUSTOWICZ迈克尔 - [R		
申请(专利权)人(译)	BRZUSTOWICZ迈克尔布隆		
当前申请(专利权)人(译)	BRZUSTOWICZ , MICHAEL R.		
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摘要(译)

提供了用于提供基于经由多个健康参数控件输入的多个健康参数而生成的实时健康风险评估的系统和方法。健康参数输入界面包括用于输入值的多个健康参数控件，其中值包括人口统计参数，健康历史参数和家族历史参数。疾病风险界面包括基于使用健康参数输入界面输入的值来发展一个或多个健康状况的人的风险的字母数字描绘。疾病风险位置识别界面包括人体的图片，其中当发生健康状况的人的风险大于阈值时，在与健康状况相关联的位置处的人体图片上显示图形。。

