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(19) **United States**(12) **Patent Application Publication**
Wigley et al.(10) **Pub. No.: US 2003/0069714 A1**(43) **Pub. Date: Apr. 10, 2003**(54) **AMBULATORY SURFACE SKIN
TEMPERATURE MONITOR**(52) **U.S. Cl. 702/131**(76) **Inventors: Fredrick M. Wigley**, Baltimore, MD
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Laurel, MD 20723-6099 (US)(21) **Appl. No.: 10/264,442**(22) **Filed: Oct. 4, 2002****Related U.S. Application Data**(60) **Provisional application No. 60/327,213, filed on Oct.
4, 2001.****Publication Classification**(51) **Int. Cl.⁷ G06F 15/00**(57) **ABSTRACT**

An ambulatory skin temperature monitoring system. A flexible band is attachable to a patient. The flexible band also secures an electronics assembly that comprises the various electrical components that monitor and operate the ambulatory skin temperature monitoring system. At least one skin temperature sensor is positioned so that it is in contact with the patients skin when the system is attached to the patient. There is also an ambient temperature sensor positioned on the top surface of the electronics assembly housing for measuring and contrasting the ambient temperature to the skin temperature. The electronics assembly positioned within generally comprises a power source and a micro-controller. The micro-controller is coupled with the skin temperature sensor and the ambient temperature sensor. The micro-controller also includes a memory unit for storing temperature data obtained from the skin temperature sensor and the ambient temperature sensor. Data from the system can be downloaded to a remote computing device where software can plot the data in a desired format for analysis by medical personnel.

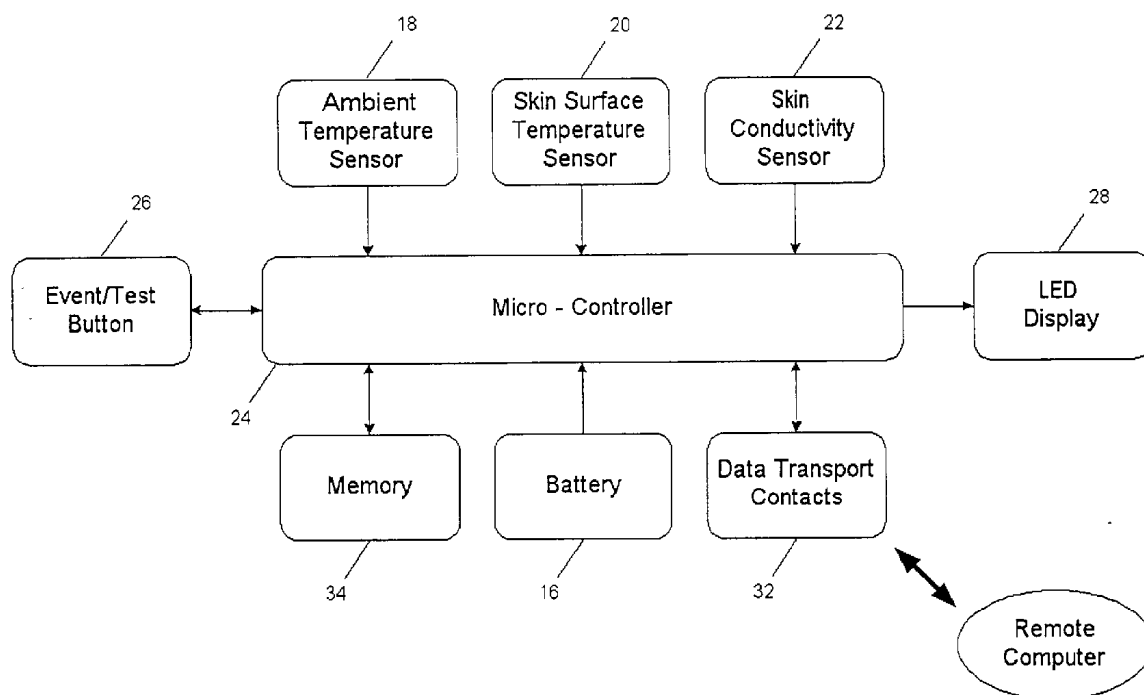


FIGURE 1

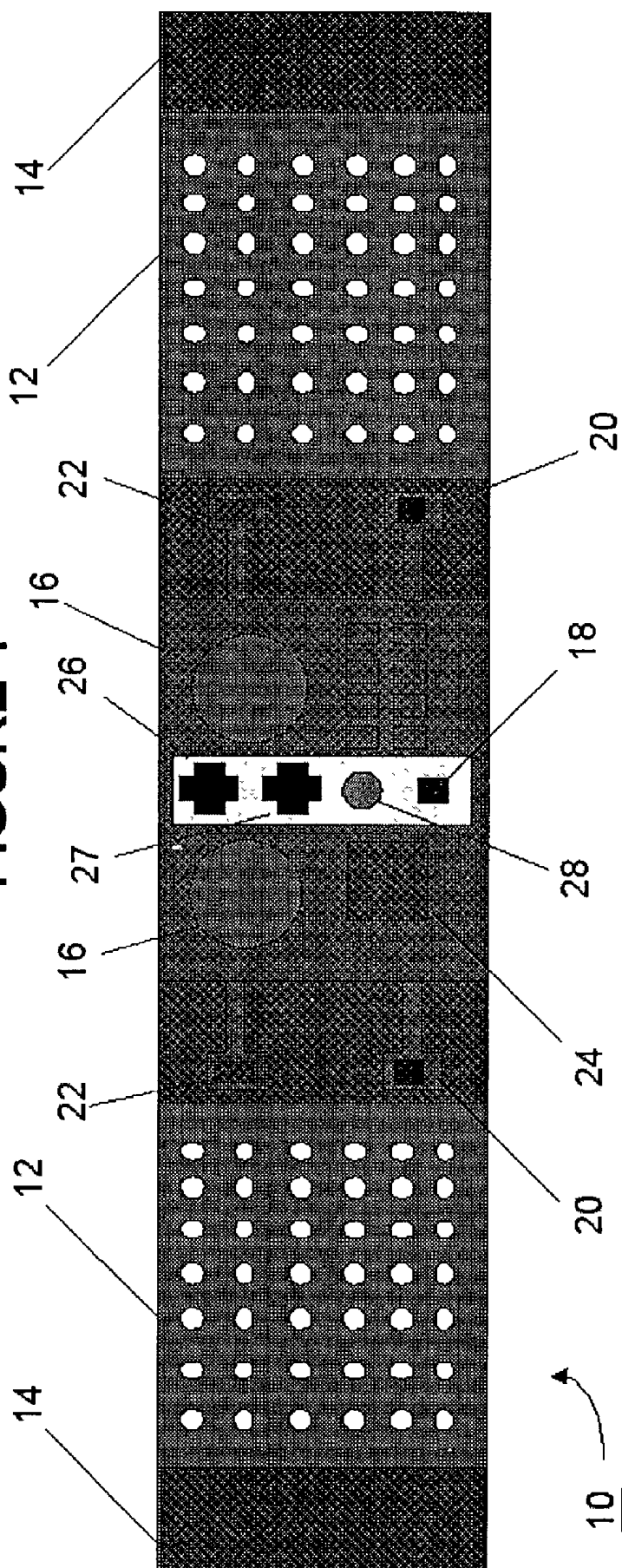


FIGURE 2

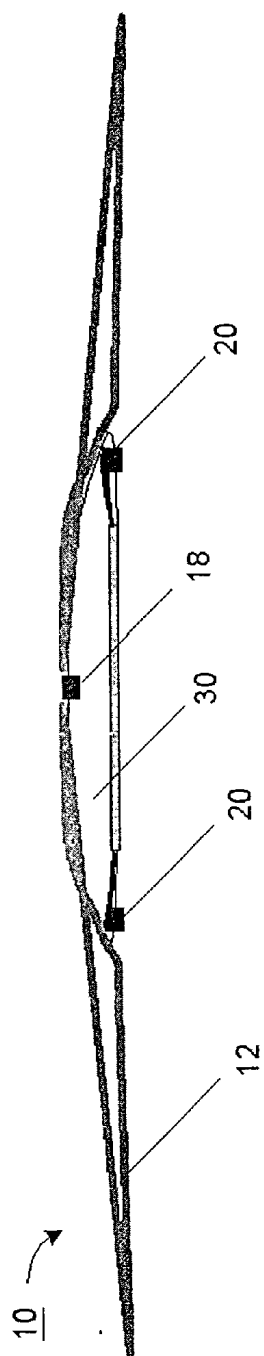


FIGURE 3

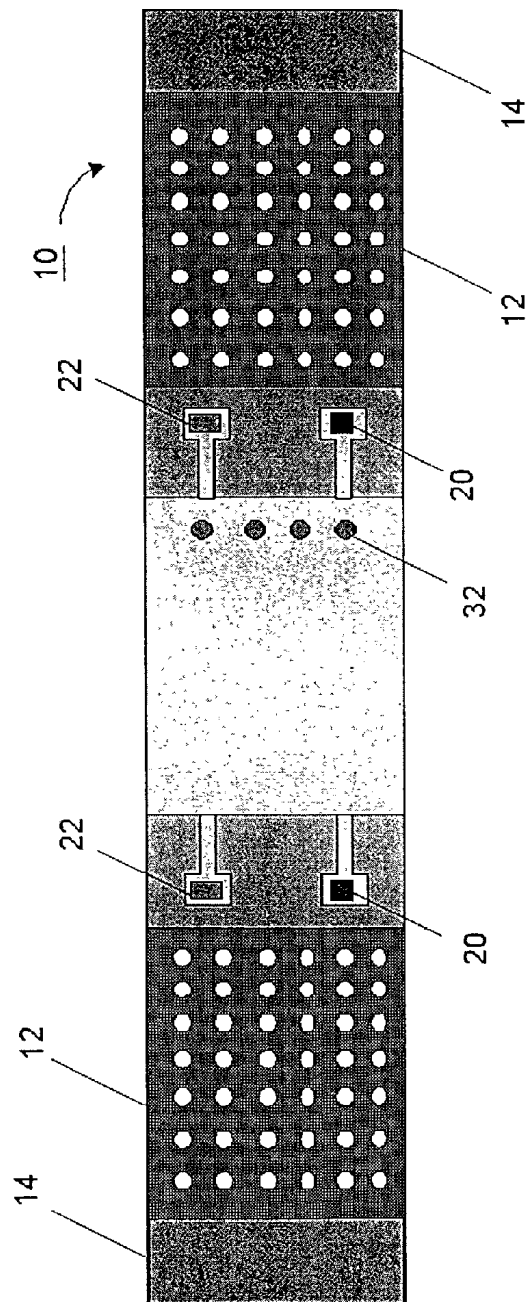
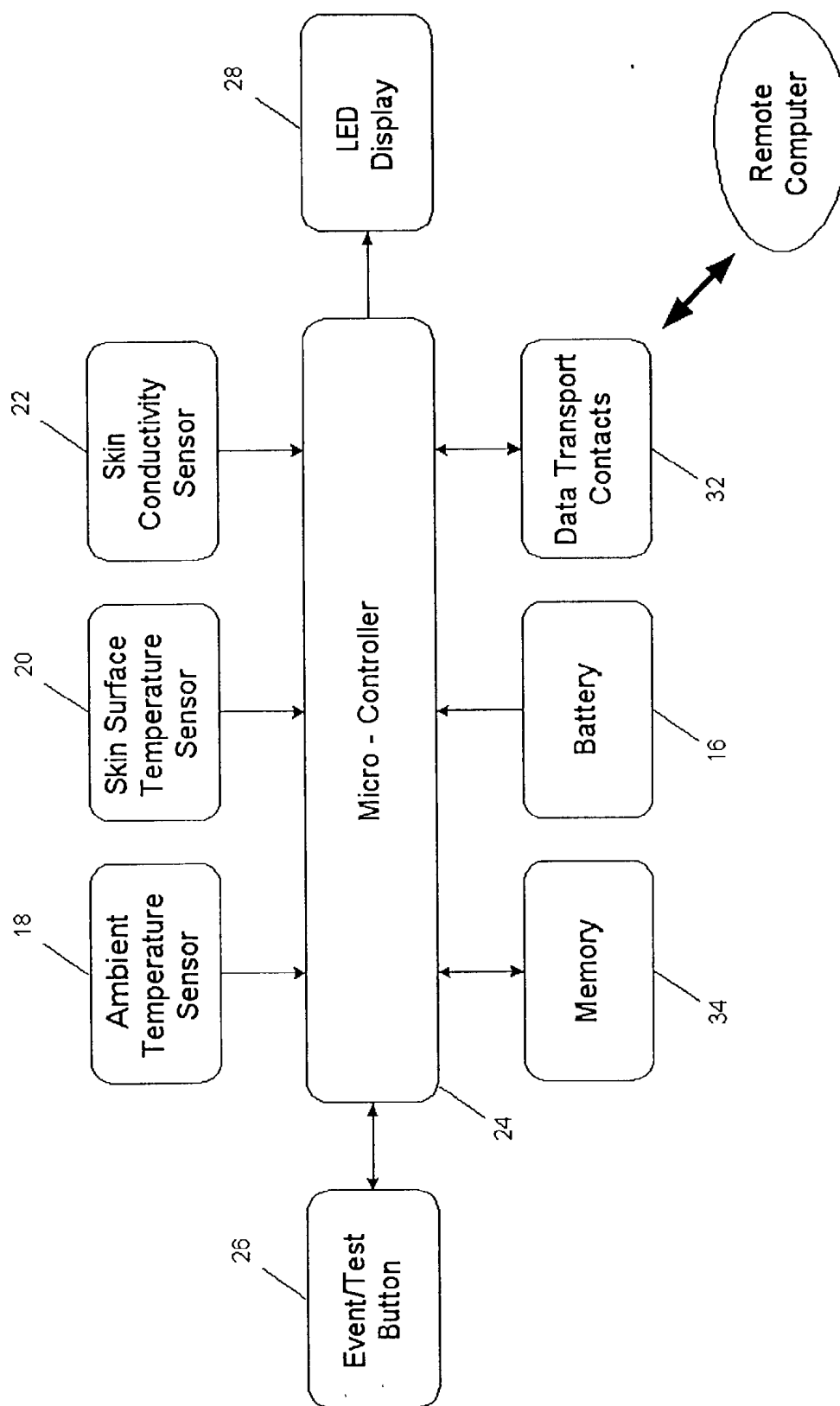


FIGURE 4



AMBULATORY SURFACE SKIN TEMPERATURE MONITOR

CROSS REFERENCE TO RELATED APPLICATIONS

[0001] This application is related to and claims the benefit of U.S. Provisional Patent Application Serial No. 60/327, 213, filed Oct. 4, 2001.

FIELD OF THE INVENTION

[0002] The present invention is related to a system and method for objectively monitoring surface skin temperature to assist in the treatment of medical disorders characterized by decreased blood flow to the extremities.

BACKGROUND

[0003] Raynaud's phenomenon patients experience episodic attacks that cause the blood vessels in the fingers and toes to constrict, limiting blood flow to the extremities, and potentially leading to permanent loss of function. During attacks, which are triggered in response to exposure to a cold environment, insufficient digital surface tissue blood flow may cause patients to experience skin color changes, numbness, and cold fingers and toes. Treatments are intended to reduce the number and severity of episodic attacks, and to prevent permanent damage. Raynaud's phenomenon attacks affect approximately five to ten percent of the population in the United States.

[0004] Traditionally, treatments are subjectively evaluated by asking patients to estimate the frequency and severity of Raynaud's attacks. Since each patient's subjective interpretation of an attack can vary widely, determining the efficacy of a particular treatment is problematic.

[0005] What is needed is a method for measuring surface skin temperature, as an indication of digital blood flow, in an ambulatory setting that will provide an objective indication of treatment efficacy during clinical trials, and provide valuable information during a drug approval process, for instance.

SUMMARY

[0006] The present invention is comprised of a miniaturized, programmable, stand-alone device that measures, records, and processes finger surface skin temperature and ambient temperature. The present invention can be used to aid in evaluating candidate treatments for Raynaud's phenomenon. Raynaud's phenomenon is but one application suitable for the present invention. The ambulatory monitor will be a small, simple, easily removable, non-obstructive device that will attach to the finger in a "band-aid" like manner and will permit recording and time-tagging critical evaluation data without restricting patient motion or activities. Since the ambulatory monitor is a self-contained data recorder, it will not require patient companion equipment (e.g. a portable data recorder or personal computer). The ambulatory monitor can be constructed to cover only a small portion of a patient's finger to minimize impact on digital blood flow and surface temperature.

[0007] The ambulatory monitor continuously samples temperature data periodically and records the temperature data directly in a memory contained within the ambulatory

monitor electronics. The ambulatory monitor memory is typically non-volatile, so that recorded data will be retained even if ambulatory monitor power is unexpectedly interrupted. When the ambulatory monitor is removed (for patient washing, bathing, etc.) a built-in detector will automatically record the event time.

[0008] Data can be downloaded from the ambulatory monitor to a computing device such as, but not limited to, a PC or PDA. Raw data can be displayed and plotted for episodic events using customized or commercial-off-the-shelf (COTS) software programs.

[0009] In accordance with a first embodiment of the present invention, there is disclosed an ambulatory skin temperature monitoring system. A flexible band is attachable to a patient. The flexible band also secures an electronics assembly that comprises the various electrical components that monitor and operate the ambulatory skin temperature monitoring system. The housing includes a top surface and a bottom surface, wherein said bottom surface contacts with the skin of the patient when the flexible band is attached to the patient.

[0010] At least one skin temperature sensor is positioned so that it is in contact with the patient's skin when the system is attached to the patient. There is also an ambient temperature sensor positioned on the top surface of the electronics assembly housing for measuring and contrasting the ambient temperature to the skin temperature. The electronics assembly positioned within generally comprises a power source and a micro-controller. The micro-controller is coupled with the skin temperature sensor and the ambient temperature sensor. The micro-controller also includes a memory unit for storing temperature data obtained from the skin temperature sensor and the ambient temperature sensor.

[0011] A skin conductivity sensor may also be attached to the housing and coupled with the micro-controller. The skin conductivity sensor provides feedback indicating whether the system is properly attached to the patient.

BRIEF DESCRIPTION OF THE DRAWINGS

[0012] FIG. 1 illustrates a top view of the ambulatory monitor.

[0013] FIG. 2 illustrates a side view of the ambulatory monitor.

[0014] FIG. 3 illustrates a bottom view of the ambulatory monitor.

[0015] FIG. 4 illustrates a block diagram of the functional processes of the ambulatory monitor.

DETAILED DESCRIPTION

[0016] The following figures use like reference numbers to represent like elements throughout the description.

[0017] FIGS. 1-3 illustrate top, side, and bottom views of the ambulatory monitor respectively. The ambulatory monitor 10 is generally shaped like a typical band-aid bandage. The basic structure is comprised of an electronics section surrounded by a perforated flexible band 12 that includes a replaceable adhesive backing 14 on each end. The ambulatory monitor 10 is designed to be wrapped around a patient's finger and adhesively secured in place. The electronics

portion of the ambulatory monitor **10** is comprised of a small battery **16**, an ambient temperature sensor **18**, one or more surface skin temperature sensors **20** (thermistors), one or more skin conductivity sensors **22**, a micro-controller **24**, an event/test button **26**, a power readout button **27**, and an LED **28** for providing visual feedback to a patient. The micro-controller **24** further includes a resident non-volatile memory device (not shown). The memory device stores skin temperature, skin conductivity, and event data obtained by the ambulatory monitor **10**.

[0018] The electronics are potted with silicone or equivalent material to provide protection for the assembly and comfort for the patient **30**. The electronics assembly forms a small (approximately 0.5 in. square) flat surface that can attach to the finger. A perforated flexible band **12** with its replaceable adhesive backing **14** secures the ambulatory monitor **10** to the finger without impacting blood flow or surface temperature. The adhesive backing **14** can be easily replaced whenever there is a need to remove the ambulatory monitor **10** from the patient's finger.

[0019] Also included in the ambulatory monitor **10** are data transport contacts **32** for downloading data from the memory device within the micro-controller **24** to a remote computing device where the data can be processed and displayed to medical personnel for analysis. The data transport contacts **32** can be accessed using appropriate computer technology such as, for instance, a serial I/O cable. Or, the data transport mechanism between the ambulatory monitor **10** and the remote computer can be a suitable wireless link. Power readout button **27** provides external power to the ambulatory monitor **10** for data transport purposes in the event that the batteries **16** have drained.

[0020] The batteries **16** provide electrical power to the ultra-low power, mixed signal micro-controller **24** that is connected to all of the electronics required to sample, time-tag, store, process, and download data. A pair of silver oxide battery cells, for instance, can provide power to operate the ambulatory monitor **10** for at least one month. The micro-controller **24** has low power operating modes that reduce its average power drain to a few microamperes. Skin surface temperature data is obtained from the thermistors **20** mounted beneath the perforated flexible strap **12**. Ambient temperature data is obtained from a thermistor **18** mounted on top of the electronics board.

[0021] Skin conductivity sensors **22** serve two functions. The primary function of the skin conductivity sensors **22** is to ensure that the ambulatory monitor **10** is properly installed. The skin conductivity sensors **22** also serve as a crude indicator of the patient's emotional state. This is important because under some conditions, Raynaud's Phenomenon events are more likely to occur when patients are under emotional stress. The skin conductivity sensors operate by using the resistance between two metallic contacts to form a voltage divider with a fixed resistor.

[0022] FIG. 4 illustrates a block diagram of the functional processes of the ambulatory monitor. The micro-controller **24** acts as a centralized coordinating unit powered by battery **16** that manages the functions and data with respect to the ambulatory monitor **10**. All of the sensors (ambient temperature **18**, skin surface temperature **20**, and skin conductivity **22**) are coupled with the micro-controller **24** such that data gathered by these sensors is passed to the micro-

controller. In addition, the micro-controller can be programmed to periodically poll the sensors for instantaneous temperature readings. The data sent from the sensors **18**, **20**, **22** to the micro-controller is stored in a memory device **34** that is part of micro-controller **24** itself. The event/test button **26** allows the patient to test the ambulatory monitor **10** and to record a suspected event. To test the ambulatory monitor **10**, the patient depresses the event/test button **26** once. If either of the skin conductivity sensors **22** report measurements that are within an expected range, then the LED **28** will flash once for about a second. This indicates that the ambulatory monitor **10** is properly installed and ready for use. To record a suspected event (e.g., a Raynaud's event), the patient depresses the event/test button **26** twice. The LED **28** will flash once following the first depression and twice following the second depression. This confirms that the ambulatory monitor **10** has logged that a Raynaud's event is in progress according to the patient.

[0023] The ambulatory monitor **10** serves generally to gather temperature data from a patient's skin surface and from the ambient environment. The temperature data is then stored on-board the ambulatory monitor **10** where it is subsequently downloaded (either by cable or wirelessly) to a separate computing device. The separate computing device can then act on the data received. Software customized to interpret and plot the data can be utilized to display the data in a format that is of value to medical personnel. The medical personnel can then draw objective conclusions based on the temperature readings presented.

[0024] Such a system is very advantageous in evaluating the efficacy of treatments for Raynaud's phenomenon. Other medical conditions can benefit from the data gathered by the present invention. For instance, the ambulatory skin temperature data can be used in the monitoring and treatment of disorders characterized by reduction in blood flow to the hand or foot such as atherosclerotic peripheral vascular disease or arteritis. The ambulatory skin temperature data can also be used in the monitoring and treatment of disorders characterized by decreased total cardiac output such as heart failure or shock as well as disorders characterized by constriction of blood vessels and increases in skin conductivity such as pain or stress.

[0025] The ambulatory monitor **10** micro-controller **24** is a very low power device with analog measurement and digital processing capabilities sufficient to: read the two temperature probes that sense ambient and skin surface temperatures; record and time-tag raw data in non-volatile flash memory that resides within the micro-controller chip; process the raw data to detect events; maintain a separate file of time-tagged events; manage the operating mode of the micro-controller **24** to reduce battery power consumption; and support the data interface by which data stored in micro-controller **24** memory is copied out to an external computer.

[0026] Software for the ambulatory monitor **10** can include programs for both the micro-controller **24** within the ambulatory monitor **10** as well as programs for the remote computer that reads the data gathered, stored, and transmitted by the micro-controller **24**. A computer such as a PC or Palm Pilot with an off the shelf plotting software package can be used to extract data from the ARM micro-controller and present a convenient user interface for the physician.

[0027] The foregoing description illustrated an ambulatory monitor device that was designed for and operable in the fingertip area. The device can easily be adapted for use at other areas on the body depending on the application for which the monitor is gathering data. Specifically, the device can readily be adapted to fit about a patient's toe.

[0028] Moreover, the present invention has been described with respect to temperature sensors primarily. One of ordinary skill in the art can readily adapt the present invention to be used with sensors that perceive different data such as, for instance, pulse rate, blood pressure and the like.

[0029] In the following claims, any means-plus-function clauses are intended to cover the structures described herein as performing the recited function and not only structural equivalents but also equivalent structures. Therefore, it is to be understood that the foregoing is illustrative of the present invention and is not to be construed as limited to the specific embodiments disclosed, and that modifications to the disclosed embodiments, as well as other embodiments, are intended to be included within the scope of the appended claims. The invention is defined by the following claims, with equivalents of the claims to be included therein.

1. An ambulatory skin temperature monitoring system comprising:

- a flexible band attachable on a patient;
- a skin temperature sensor positioned to be in direct contact with the skin of the patient when said flexible band is attached to said patient;
- an ambient temperature sensor for determining the temperature of the environment about the patient;
- an electronics assembly attached to said flexible band wherein the electronics assembly comprises:
 - a power source; and
 - a micro-controller coupled with said skin temperature sensor and said ambient temperature sensor including a memory unit for storing temperature data obtained from said skin temperature sensor and said ambient temperature sensor.

2. The ambulatory skin temperature monitoring system of claim 1 wherein said electronics assembly further comprises a skin conductivity sensor coupled with said micro-controller.

3. The ambulatory skin temperature monitoring system of claim 2 further comprising a data transport mechanism that facilitates the extraction of data from the micro-controller to a remote computing device.

4. The ambulatory skin temperature monitoring system of claim 3 wherein the data transport mechanism that facilitates the extraction of data from the micro-controller to a remote computing device comprises electrical contacts coupled with the micro-controller that are positioned to be accessible to a cable that can be connected to the remote computing device.

5. The ambulatory skin temperature monitoring system of claim 3 wherein the data transport mechanism that facilitates the extraction of data from the micro-controller to a remote computing device comprises a wireless transmitting device coupled with the micro-controller that can transmit data to the remote computing device.

6. The ambulatory skin temperature monitoring system of claim 1 wherein the flexible band includes an adhesive area for securing the flexible strap to the patient.

7. The ambulatory skin temperature monitoring system of claim 6 wherein the flexible band is adapted to fit about the finger of the patient.

8. The ambulatory skin temperature monitoring system of claim 1 further comprising a test/event button coupled with the micro-controller, said test/event button for permitting the patient to test whether the ambulatory skin temperature monitoring system has been properly affixed to the patient and is in an operational status.

9. The ambulatory skin temperature monitoring system of claim 8 further comprising a test/event button coupled with the micro-controller, said test/event button for permitting the patient to record the onset of a suspected Raynaud's event.

10. The ambulatory skin temperature monitoring system of claim 9 further comprising an LED coupled with the micro-controller for indicating to the patient an acknowledgement of a depression of the test/event button.

11. The ambulatory skin temperature monitoring system of claim 3 further comprising a power readout button coupled with the micro-controller, said power readout button for powering the data transport mechanism.

12. An ambulatory skin temperature monitoring system comprising:

- means for measuring the skin temperature of the patient;
- means for measuring the ambient temperature near the patient; and
- means for storing temperature data obtained by said means for measuring the skin temperature and said means for measuring the ambient temperature near the patient; and
- means for attaching the ambulatory skin temperature monitoring system to a patient.

13. The ambulatory skin temperature monitoring system of claim 12 further comprising means for measuring the skin conductivity of the patient with respect to the ambulatory skin temperature monitoring system.

14. The ambulatory skin temperature monitoring system of claim 13 further comprising means for transporting stored data from the ambulatory skin temperature monitoring system to a remote computing device.

15. The ambulatory skin temperature monitoring system of claim 13 further comprising means for wirelessly transporting stored data from the ambulatory skin temperature monitoring system to a remote computing device.

16. The ambulatory skin temperature monitoring system of claim 12 wherein the means for attaching the ambulatory skin temperature monitoring system to a patient includes an adhesive area.

17. The ambulatory skin temperature monitoring system of claim 16 wherein the means for attaching the ambulatory skin temperature monitoring system to a patient is adapted to fit about the fingertip of the patient.

18. The ambulatory skin temperature monitoring system of claim 12 further comprising means for permitting the patient to test whether the ambulatory skin temperature monitoring system has been properly affixed to the patient and is in an operational status.

19. The ambulatory skin temperature monitoring system of claim 18 further comprising means for permitting the patient to record the onset of a suspected Raynaud's event.

20. The ambulatory skin temperature monitoring system of claim 19 further comprising means for indicating to the patient an acknowledgement of a depression of the test/event button.

21. An ambulatory monitoring system comprising:

a flexible band attachable on a patient;

a sensor positioned to be in direct contact with the skin of the patient when said flexible band is attached to said patient;

an electronics assembly attached to said flexible band wherein the electronics assembly comprises:

a power source; and

a micro-controller coupled with said sensor including a memory unit for storing sensor data obtained from said sensor.

22. The ambulatory monitoring system of claim 21 wherein said sensor is for detecting the pulse rate of the patient.

23. The ambulatory monitoring system of claim 21 wherein said sensor is for detecting the blood pressure of the patient.

24. The ambulatory monitoring system of claim 21 further comprising a data transport mechanism that facilitates the extraction of data from the micro-controller to a remote computing device.

25. The ambulatory monitoring system of claim 24 wherein the data transport mechanism that facilitates the extraction of data from the micro-controller to a remote computing device comprises electrical contacts coupled with the micro-controller that are positioned to be accessible to a cable that can be connected to the remote computing device.

26. The ambulatory monitoring system of claim 24 wherein the data transport mechanism that facilitates the extraction of data from the micro-controller to a remote computing device comprises a wireless transmitting device coupled with the micro-controller that can transmit data to the remote computing device.

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专利名称(译)	动态表面皮肤温度监测仪		
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摘要(译)

动态皮肤温度监测系统。柔性带可附接到患者。柔性带还固定电子组件，该电子组件包括监视和操作移动皮肤温度监测系统的各种电子组件。设置至少一个皮肤温度传感器，使得当系统连接到患者时它与患者皮肤接触。环境温度传感器位于电子组件壳体的顶表面上，用于测量和对比环境温度与皮肤温度。位于其内的电子组件通常包括电源和微控制器。微控制器与皮肤温度传感器和环境温度传感器耦合。微控制器还包括存储器单元，用于存储从皮肤温度传感器和环境温度传感器获得的温度数据。来自系统的数据可以下载到远程计算设备，其中软件可以以期望的格式绘制数据以供医务人员分析。

