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**(54) SYSTEM FOR ASSESSING MILK VOLUME EXPRESSED FROM A BREAST**

SYSTEM ZUR BEURTEILUNG DES AUS EINER BRUST EXPRIMIERTEN MILCHVOLUMENS  
SYSTÈME D'ÉVALUATION DE VOLUME DE LAIT EXPRIMÉ À PARTIR D'UN SEIN

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**EP 3 193 707 B1**

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**Description****FIELD OF THE DISCLOSURE**

5 [0001] The present disclosure generally relates to systems for assessing milk volume expressed from the breast.

**BACKGROUND OF THE DISCLOSURE**

10 [0002] The American Academy of Pediatrics (AAP), American Academy of Family Physicians (AAFP), Center for Disease Control (CDC), U.S. Department of Health and Human Services (USDHHS), American Public Health Association (APHA) and International Lactation Consultant Association (ILCA) all recommend at least one year of exclusive breastfeeding of an infant from birth. It is estimated that if ninety percent of U.S. families followed this guideline, this would result in nine hundred infant deaths prevented per year and thirteen billion dollars in costs averted.

15 [0003] Measuring the amount of breast milk suckled by a baby is important to ensure that the baby is being properly fed. Knowing the amount of breast milk ingested by a baby can help to evaluate the baby's nutritional status, the need for breastfeeding guidance, or the use of milk substitutes. This information can be useful to the feeding mother, as well as her attending health care professionals.

20 [0004] Methods and systems for determining milk volume expressed during breastfeeding have been previously proposed. One method involves weighing the baby before and after feeding. The difference in weight between the before and after measurements can be correlated to an estimate of the amount of milk that the baby has ingested. The accuracy of this method can vary depending upon the accuracy of the scales used. Additionally, it is not always possible for the nursing mother or someone else to weigh the baby before and after each feeding, and even during feedings where this is possible, it is not convenient.

25 [0005] U.S. Pat. No. 5,827,191 discloses a method of monitoring the volume of milk during breastfeeding by applying a porous elastic nipple-shaped cover over the nipple area of a women's breast, which is present during the breastfeeding. A micro-measurement sensor is located in a space between the nipple and the elastic cover to measure the volume of the milk flowing therethrough. Data from the sensor is gathered and then processed to indicate total milk volume intake by the baby. This method may negatively affect the breastfeeding session, as a mechanically rotating device is placed in the milk flow path, which will likely at least partially impede the flow of milk from the breast to the baby, which could result in less milk being delivered to the baby and/or longer breastfeeding sessions required to deliver a volume of milk that would ordinarily be delivered in less time if the rotary mechanism were not present. Additionally, since components are exposed to the milk, they will need to be cleaned frequently, which is not convenient.

30 [0006] U.S. Patent Application Publication No. US 2005/0059928 discloses a breast shield that includes one or more sensors configured to sense changes in the breast. The sensor(s) can be optical, acoustical, thermal, or electrical and can be used for ultrasound, detection and measurement of electrical activity which records, for example, resistance and impedance between two spaced areas of the breast, and so on. Electrodes are placed on the breast skin for measuring electric signals, optical sensors for detecting and/or measuring, for example, light absorption or reflection, and acoustic sensors for detecting and/or measuring ultrasound. The sensor(s) can be used to detect a change in conductance of the breast during milk pumping using a breast pump, so that the pump can be programmed to be responsive to the change in signal. A breast shield incorporating optical sensing devices can be used to facilitate sensing of light reflected from the breast to convey the light to an optical spectrum analyzing instrument. Changes in the breast detectable by changes in the reflected light may be used in studying milk production and expression and may be used as a control signal in controlling a breast pump.

35 [0007] WO 01/54488A discloses a feeding cap that is configured to be mounted over the nipple of the nursing mother prior to a breastfeeding session. The feeding cap contains a flow meter that measures the amount of milk passing through an outlet in the feeding cap.

[0008] US 2008/0077042 A1 discloses a device for breastfeeding quantification.

[0009] US 2010/0217148 A1 discloses measuring fluid excreted from an organ.

[0010] There is a need for convenient and accurate devices for measuring the amount of milk expressed from a breast.

40 [0011] There is a need for devices that can measure the amount of milk expressed from a breast, without the need to contact the milk expressed from the breast.

**SUMMARY OF THE DISCLOSURE**

55 [0012] According to an aspect of the present invention, there is provided a system according to claim 1-14.

**BRIEF DESCRIPTION OF THE DRAWINGS**

**[0013]**

- 5 Fig. 1 is a perspective, schematic illustration of a device configured to be adhered to the skin of a subject to detect expansion and contraction of the skin.
- Fig. 2 is another schematic illustration of the device of Fig. 1.
- 10 Fig. 3 illustrates the device of having been adhered to a breast.
- Fig. 4 illustrates a portion of the breast defined by the circumferential and AP measurements.
- Fig. 5 shows that the signals from device of Fig. 1 can be wirelessly transmitted to one or more computers configured to process the signals.
- 15 Fig. 6 illustrates events that may be carried out during a process of measuring a volume of milk expressed by a
- Fig. 7 illustrates events that may be carried out during a process of measuring a volume of milk expressed by a breast.
- 20 Fig. 8 is a perspective, schematic illustration of a device configured to be adhered to the skin of a subject to detect expansion and contraction of the skin.
- Fig. 9 is a schematic illustration of a device configured to be adhered to the skin of a subject for use in detecting expansion and contraction of the skin.
- 25 Figs. 10-11 illustrate the device of Fig. 9 having been adhered to a breast.
- Fig. 12 illustrates a system used to detect volume changes in a breast and to calculate an estimate of milk volume expressed from the breast as well as milk volume produced, as the breast re-expands.
- 30 Fig. 13 is a schematic representation of one type of graph that can be visually represented on the display of the external computer and/or printed out for viewing by a user, after taking a series of measurements/images of the breast at different conditions of pre- and post-feeding/pumping
- 35 Fig. 14 illustrates events that may be carried out during a process of measuring a volume of milk contained in a breast.
- Fig. 15 illustrates events that may be carried out during a process of calculating a volume of a breast, change in volume of a breast and/or volume of milk expressed or produced by a breast.
- 40 Fig. 16 shows a device applied to a breast.
- Fig. 17 is an isolated view of the device shown in Fig. 16.
- 45 Fig. 18 is another view of the device of Fig. 17.
- Fig. 19 illustrates a device that can be attached/adhered to the skin to measure skin contraction and expansion.
- Fig. 20 illustrates a device that can be attached/adhered to the skin to measure skin contraction and expansion.
- 50 Fig. 21 illustrates a device that can be attached/adhered to the skin to measure skin contraction and expansion.
- Fig. 22 illustrates a device that can be attached/adhered to the skin to measure skin contraction and expansion.
- 55 Fig. 23 illustrates a device that can be attached/adhered to the skin to measure skin contraction and expansion.
- Fig. 24 A shows a tool that can be used to apply marks to the breast at a fixed distance and orientation from a reference point.

Fig. 24B illustrates tool overlaid on a breast to perform marking.

Fig. 24C illustrates the marks that remain after completion of the marking process and removal of the tool.

5 Fig. 25 illustrates a device that is used in combination with a power unit that is electrically connectable and detachable from the device via an electrical connection wire (or wireless connection).

Fig. 26 illustrates a device.

10 Fig. 27 illustrates a system that can be used for calculating and monitoring breast milk production and expression

Fig. 28 illustrates a device having been adhered to the skin overlying the stomach of a feeding baby.

15 Fig. 29 illustrates an ultrasound machine being used to apply ultrasound to the stomach of an infant, with the echoes being received changing as a dependent function of volume in the stomach.

Fig. 30 illustrates an applicator.

20 Fig. 31 illustrates an acoustic sensor attached to the breast to be used for estimating volume of the breast.

Fig. 32 illustrates a device placed against the stomach of a baby before feeding, to take a baseline measurement.

25 Figs. 33A-33B illustrate a device including a pressure sensor, and placement of the device on the skin of a breast so as to be in contact with a supporting bra.

#### DETAILED DESCRIPTION OF THE DISCLOSURE

30 **[0014]** Before the present devices, systems and methods are described, it is to be understood that this disclosure is not limited to particular examples described, as such may, of course, vary. It is also to be understood that the terminology used herein is for the purpose of describing particular examples only, and is not intended to be limiting, since the scope of the present disclosure will be limited only by the appended claims.

35 **[0015]** Where a range of values is provided, it is understood that each intervening value, to the tenth of the unit of the lower limit unless the context clearly dictates otherwise, between the upper and lower limits of that range is also specifically disclosed. Each smaller range between any stated value or intervening value in a stated range and any other stated or intervening value in that stated range is encompassed within the disclosure. The upper and lower limits of these smaller ranges may independently be included or excluded in the range, and each range where either, neither or both limits are included in the smaller ranges is also encompassed within the disclosure, subject to any specifically excluded limit in the stated range. Where the stated range includes one or both of the limits, ranges excluding either or both of those included limits are also included in the disclosure.

40 **[0016]** Unless defined otherwise, all technical and scientific terms used herein have the same meaning as commonly understood by one of ordinary skill in the art to which this disclosure belongs. Although any methods and materials similar or equivalent to those described herein can be used in the practice or testing of the present disclosure, the preferred methods and materials are now described. All publications mentioned herein are incorporated herein by reference to disclose and describe the methods and/or materials in connection with which the publications are cited.

45 **[0017]** It must be noted that as used herein and in the appended claims, the singular forms "a", "an", and "the" include plural referents unless the context clearly dictates otherwise. Thus, for example, reference to "a pattern" includes a plurality of such patterns and reference to "the algorithm" includes reference to one or more algorithms and equivalents thereof known to those skilled in the art, and so forth.

50 **[0018]** The publications discussed herein are provided solely for their disclosure prior to the filing date of the present application. The dates of publication provided may be different from the actual publication dates which may need to be independently confirmed.

55 **[0019]** A non-invasive method and device are provided for assessing milk volume changes within a human breast. This includes means for detecting expansion or contraction of the breast skin tissue and correlating those changes to a predetermined baseline to render a calculation as to the change of volume within the breast. The system includes a device applied directly to the skin and another device which has been pre-configured with a means for detecting the skin device and also rendering a calculation based upon internal algorithms and also possibly initial baseline measurements on the breast itself. Once calculated, a volume and volume change is presented to the user.

**[0020]** In addition to assessing changes in distance or strain on breast tissue, breast firmness can be sensed and

quantified, and correlated to milk production and expression. Baseline firmness, and other stages of breast conditions, can be identified and included in facilitating correlation to milk production and expression. Hardness tests as well as firmness or tautness assessments can be conducted to further or specifically quantify the firmness of a breast. In one or more approaches, one or more sensors also can be provided and affixed to skin to detect one or more of temperature, heart-rate, respiration, or motion. Such variables can be useful to manage other health parameters.

**[0021]** The device applied to the skin comprises a pattern on a very flexible and expansile surface capable of being adhered closely to the skin surface. The pattern having at least one region that cannot change in a dimension and another region that can change in at least one or more directions.

**[0022]** An app developed for a smartphone or other electronic device with a camera can be used to sense the image of the pattern and, as a result, correlate the changes in the pattern using any predetermined baseline measurements, and render a volume change/amount that correlates to the changes in the pattern.

**[0023]** A device configured to be adhered to the skin comprises at least one elastic element capable of being mechanically altered via the stretch or compression of a region of the skin. In a coupling relationship to this elastic element, an electronic element such as a resistor, magnet or strain gage is coupled such that changes in the tension or compression of the elastic element are translated into a change in the electronic element. The electronic element is further coupled to an antenna capable of receiving power, and the same or another antenna capable of transmitting. Upon activation by a second device, the skin device is activated and sends a signal back corresponding to the state of stretch of the skin device. The signal is interpreted by the second device and correlated using an algorithm to output the measured volume change of the breast.

**[0024]** The device adhered to the skin can include a power source and a circuit to handshake with the second device, activate when needed, and to send the tension/compression electronic information to the second device.

**[0025]** The device adhered to the skin includes memory configured to store multiple data points of tension/compression information which is downloadable at any time by the second device, without requiring interrogation at specific intervals in the feeding cycle to provide useful information.

**[0026]** The second device combines milk volume and time data obtained during breast feedings with milk volume and time data obtained from pumping milk with a breast pump system, to track total volumes of milk production over any specified time period.

**[0027]** Daly et al., "The Determination of Short-Term Breast Volume Changes and the Rate of Synthesis of Human Milk Using Computerized Breast Measurement", *Experimental Physiology* 91992) 79-87, demonstrated the relationship between breast volume changes and the rate of milk production. Therefore it is possible to measure changes in breast size to calculate an estimate of milk volume contained within the breast. Also, by measuring changes in breast volume as it contracts, a calculation of an estimate of milk volume expressed can be made. The following examples physically measure changes in the breast size when expanding or contracting. Alternatively, such breast size changes can be monitored by impedance, electrical resistance or acoustical measurement.

**[0028]** Fig. 1 is a perspective, schematic illustration of a device 10 configured to be adhered to the skin of a subject to detect expansion and contraction of the skin, according to the invention. Although the preferred application of all the examples described herein is to the skin of the breast of a nursing mother, it is noted that all examples herein can be applied to any region of the skin where it is desired to measure changes (expansion and contraction) of the skin. Device 10 includes a distal mount portion 12, a proximal mount portion 14 and a flexible intermediate portion 16 that bridges the proximal 14 and distal 12 mount portions. The proximal mount portion has components mounted to it that measure changes in the skin that the device 10 is adhered to. The back surfaces of the distal and proximal mount portions 10, 12 have an adhesive 18 applied thereto so that the device 10 can be adhered to the skin, while the intermediate (bridge) portion 16 does not have any adhesive applied thereto, so that it can more freely expand and contract. There are various ways that the device 10 can be configured. In one example, an elastically expandable material (silicone, or any number of elastomers) can be used for all portions 12, 14 and 16, in order to render manufacturing easier and relatively less costly. Attached to or embedded within the portions 10 and 12 is a reinforcing structure (e.g., a weave or non-expandable plastic or fabric), which renders the portions 10, 12 resistant to deformation. Additionally to providing a reinforcing structure, the adhesive by which the portions 10, 12 are attached to the skin provide or supplement the function of providing resistance to deformation. Alternatively to making all portions 12, 14, 16 of the same material, composite materials can be chosen so that the composite material provided for portions 12, 14 could include non-elastomeric material encased by or otherwise attached to elastomeric material, which may be the same as, or different from the elastic material used to form portion 16. Elastomeric materials may include, but are not limited to, one or more of silicones, polyurethanes, polyether block amides (PEBAX), polyethylene terephthalates (PET), polyethylenes, high density polyethylenes (HDPE), low density polyethylenes (LDPE), polyamides and/or other biocompatible thermoplastic elastomers. Materials that can be woven as reinforcing fabrics include, but are not limited to, one or more of: polytetrafluoroethylenes (PTFE), polyesters, polypropylenes, polyethylenes, para-aramid synthetic fibers and/or other biocompatible polymers used for making woven fabric. Non-expandable, or non-elastomeric materials that may be used include, but are not limited to, at least one of: acrylonitrile butadiene styrene (ABS) plastics, polyester fiberglasses, high density polyethylenes

(HDPE), high impact polystyrenes (HIPS), nylon, polybutylene terephthalates (PBT), polyethylene terephthalates (PET), polycarbonates and/or other biocompatible, thermosetting polymers or none-expandable, non-elastomeric materials. Woven fabrics used may have either elastomeric or rigid properties depending on how they are configured and could therefore be used in portions 12,14 or portion 16, depending upon configuration for elastomeric properties or rigidity properties. Adhesives that may be used to adhere the portions 12, 14 to the skin include, but are not limited to, at least one of: pressure sensitive adhesives of the type used in ostomy applications, containing various rubber-like organic molecules such as polybutadiene and polyisobutylene, polyacrylate pressure sensitive adhesives, silicone adhesives, soft skin adhesives (Dow Corning ®), skin friendly adhesives (Scapa Healthcare, Windsor, Connecticut), removable adhesives (an adhesive designed to stick to a substrate without edge lifting that can be removed without damage to either the label or the substrate, such as available from Avery Dennison), and/or any other adhesive successfully used for temporary adherence to the skin.

**[0029]** The distal and proximal mount portions 12, 14 are adhered to the skin at locations that initially place the bridge portion 16 in an unbiased stated (neither stretched nor compressed). A sensor 20, such as an electric resistor, strain gauge, magnet or the like is provided on proximal mount 14 and is configured so that compression and expansion of the bridge portion 16 applies strain/forces to the sensor 20, which measures the amount of expansion or compression according to methods well understood in the strain measurement arts. In the example shown in Fig. 1, a circuit 22 is provided on proximal mount that is powered by battery 24 and can be configured to process the output of the sensor 20, and store the processed signals in memory 26. Additionally, an antenna 28 is electrically connected to the circuit 22, which can be used to transmit the data stored in memory 26 to an external device such as a smartphone, tablet, or other computer, and/or to upload the data to a network, such as a cloud-based server or the like. In at least one embodiment, data detected from the system can be integrated with a pump system that also reports milk production via phone or the cloud or computer so that a total milk produced/milk consumed estimate can be calculated. The system can also be configured to be detected directly by the pump, or indirectly via a phone, so that the measurement detected could be calibrated.

**[0030]** Once adhered to the skin as described, expansion or contraction of the skin increases or decreases force in the bridge portion 16 as it stretches or contracts along with the movements of the skin. Referring to Fig. 2, as force 30 is applied to the device (expansion force, as illustrated in Fig. 2), the length of the bridge portion 16 changes with the expansion or contraction of the skin. The distance 32 by which the relative positions of the distal and proximal mounts 12, 14 change, which is also the amount of stretching or contraction of the bridge portion 16, is sensed by the sensor 20. When device 10 is adhered to the skin of the breast, the signal from sensor 20 can be correlated to a change in breast volume.

**[0031]** Where baseline measurement are taken, the breast can be measured at (or just prior to) the time that the device 10 is adhered to the skin of the breast to provide baseline measurements useable with signals from the sensor 20 to calculate changes in breast volume. Fig. 3 illustrates device 10 having been adhered to the breast 2. Illustrated in a phantom line is the location around which a girth (circumferential) baseline measurement is made. Additionally, an anterior-posterior (AP) baseline measurement of the protrusion of the breast 2 is made by measuring along the phantom line 36 from point 38 to point 40 on line 34, wherein the plane of the AP measurement is normal to the plane of the circumferential measurement.

**[0032]** Alternatively, the system can be used without the need to take baseline measurements, according to another example of the present disclosure. In this example, a user can input to the system the general breast cup size of the user to be measured, and use the cup size to calculate a volume estimate of the baseline breast. Further alternatively, no baseline measurements are taken and no entry of breast cup size is performed. Rather, the user inputs to the system when the user feels that the breast is full and also inputs to the system when the user feels the breast is feeling "empty", or relatively depleted of milk. At the times of entry of these full and empty inputs, the system takes a measurement of the breast and uses those relative subjective benchmarks to track full vs. empty state. The technology can also be benchmarked against the weight of the baby before feeding and after feeding without having to make any breast measurements at all.

**[0033]** The orientation of device 10 as adhered to the breast can be important and be provided to the user in instructions for use of the device 10 and system. The preferred location for the device to be adhered to at present can be on the superior aspect of the breast 2 approximately half way between the collar bone and the nipple 3. For a device 10 that has bidirectional expansibility, one axis of expansibility should be lined up along the AP line and the other axis of expansibility would then be naturally circumferentially oriented. One axis may only be needed and if so the axis shown through experimentation to be the most sensitive to changes and the sensors as well, these may ideally be placed at the base of the breast 2 against a region in contact with a supporting bra to add additional data regarding breast weight as well. The signal outputted by pressure sensor 340 (e.g., see Figs. 33A-33B) representative of a pressure change between the breast 2 and the supporting bra 130, as illustrated in Figs. 33A-33B. The pressure sensor 340 measures a force that is proportional to the change in breast size, which can be used to estimate volume change of the breast 2.

**[0034]** Fig. 4 illustrates a portion of the breast 2 defined by the circumferential and AP measurements. The volume of

## EP 3 193 707 B1

this portion can be calculated as the measurements 34 and 36, and the radii 42 and 44 are known.

**[0035]** For example, by modeling the breast as a hemisphere, as an approximation of the volume of the breast 2 but not as a real or precise reflection of the outer shape of a natural breast which does not correspond to a hemisphere, the initial volume contained in the half sphere would be:

$$V_1 = (2/3) * \Pi * r_1^3. \quad (1)$$

where

$V_1$  is the initial volume of the hemisphere in an initial state; and  
 $r_1$  is the radius of the hemisphere in the initial state.

**[0036]** To conform the breast 2 to the model, the initial circumference of the breast 2 measured at the base is

$$C_1 = 2 * \Pi * r_1 \quad (2)$$

where

$C_1$  is the initial circumference of the breast 2 as measured; and  
the length from the top of the sphere to the bottom along the arcuate path of the breast 2 (as measured by the initial AP measurement is

$$L_1 = \Pi * r_1 \quad (3)$$

where

$L_1$  is the initial AP measurement of the base.

**[0037]** If the breast circumference is not measure at the base of the breast 2, a parallel equation can be derived for the location of measurement of the circumference of the breast, to scale it to an estimate of the measurement at the base of the breast 2.

**[0038]** When the volume of the breast changes (referred to here as  $V_2$ ) the difference between the two states can be calculated if  $r_1$  and  $r_2$  (the radius of the breast model at  $V_2$ ) are known or calculated. If only the change in length  $L$  or the change in circumference  $C$  are measured,  $r_2$  as follows. Device 10 measures a portion of the total arc of the length ( $L$ ) or circumference ( $C$ ), so the the smaller change measured by the sensor (device 10) is extrapolated to the entire circumference  $C_1$ , as the initial circumference  $C_1$  is known and the length of the expandable region (bridge 16) of the sensor (device 10) is known, both at  $V_1$  and at  $V_2$ . The bridge 16 length is denoted as  $s_1$  state 1 (i.e., where volume is  $V_1$ ) and as  $s_2$  at state 2 (when volume is  $V_2$ ). Given  $C_1$  is known,  $C_2$  can be calculated as follows:

$$s_{1c} = C_1/a \quad (4)$$

where

$s_{1c}$  is the length of bridge 16 in the initial state (state 1,  $V_1$ ); and  
 $a$  is the arc (length of the portion of the circumference) measured by the device 10.

**[0039]** Now knowing the value of "a",  $C_2$  can be solved for as follows:

$$S_{2c} = C_2/a \quad (5)$$

where

$s_{2c}$  is the length of bridge 16 in the changed volume state (state 2,  $V_2$ ) as sensed and calculated by the system.

**[0040]** A similar approach can be used to calculate the length  $L$  in state 2, as  $L_1$  is known and the lengths of the bridge

$s_{1L}$  and  $s_{2L}$  in states 1 and 2 are sensed and calculated by the system.

**[0041]** The change in circumference between states 2 and 1 is calculated by

$$C_2 - C_1 = a \cdot (s_{2C} - s_{1C}) = 2 \cdot \pi \cdot (r_2 - r_1) \quad (6)$$

**[0042]** Since The  $r_1$ ,  $s_{1C}$ ,  $s_{2C}$ , and  $a$  are known,  $r_2$  is calculated. This is then entered into the volume formula and volume is calculated as follows:

$$V_2 - V_1 = (2/3) \cdot \pi \cdot (r_2^3 - r_1^3) \quad (7)$$

**[0043]** The device 10 can be calibrated by recording signals received from sensor 20 at different stages of breast feeding and the resultant changes in volume of the breast 2. By taking the circumferential 34 and AP 36 measurements at different times as the breast 2 changes in size resulting from expression of milk, a look up table can be generated that correlates the signals from the sensor 20 with specific volume changes in the breast 2. Further optionally, an algorithm can be derived from the successive measurements to develop a relationship between the sensor 20 signal and the change in volume of the breast 2, relative to the baseline circumferential 34 and AP 36 measurements.

**[0044]** The sensor 20 of device 1, in addition to or alternative to being configured for measuring displacement metric by stress/strain measurements, may be configured to measure either directly or indirectly at least one of: impedance changes; pressure changes; acoustic properties; weight; mass; density; compliance; electrical resistance; and/or capacitance metrics. One non-limiting way of measuring capacitance can be by use of a material that changes in capacitance as it is stretched, (e.g., sensors from StetchSense, Auckland, New Zealand) Once the metric(s) has/have been assessed or registered by the device 10, device 10 can communicate the metric(s) to an external computer via various different mechanisms. The example shown in Fig. 1 is provided with one or more antennae 28. In one variant, a single antenna 28 is provided for receiving and transmitting signals to and from device 10. In another variant, a first antenna 28 is provided for transmitting signals and a second antenna 28 is provided for receiving signals. Device 10 can communicate with one or more external devices configured to interrogate the device 10, receive signals from the device 10 representative of measurements taken by sensor 20, and processing the signals to output a desired result, such as change in volume of the breast and an estimate of the milk volume having been expressed, which is calculated as a function of the change in breast volume. The milk volume expressed may be calculated as a one-to-one relationship with the change in breast volume, or as a function of the change in breast volume modified by a factor that can be empirically determined by taking actual measurements of the volumes of expressed milk and correlating them with the measurements received from the sensor 20.

**[0045]** As noted above, the example of Fig. 1 includes its own power source 24, so that data gathered by the device can be automatically transmitted to a preconfigured external device and/or uploaded to the internet, such as to a cloud-base server. Fig. 5 shows that the signals from device 10 can be wirelessly transmitted to one or more computers 60 configured to process the signals. Computer 60 can then retransmit the signals and/or output data resultant from processing the signals, to one or more additional computers 60 and/or a server on the internet 70. Alternatively, device 10 can transmit signals directly to all predesignated external computers 60 and /or server(s) on the internet 70. In one particular example, device 10 automatically transmits signals to a smartphone 60 or tablet 60 of the user as the measurements are taken.

**[0046]** The adhesive 18 of the device 10 maintains the adherence of the device 10 to the skin for at least a period of minutes, preferably for a period of days, up to at least a week. Thus, when the initial baseline measurements are made, they do not need to be re-accomplished for subsequent feedings, as long as the same device 10 remains adhered to the breast 2. Also, the system can estimate milk volume expression whether the feeding is a live breast feeding of a baby, or a milk extraction session performed using a breast pump. Devices 10 may each be encoded with a unique identification code, so that multiple devices 10 may be used at the same time (e.g., one on each breast 2) to allow volume changes in both breasts 2, as the external computer 60 can distinguish between the signals received from different devices 10 based upon their unique identifiers.

**[0047]** Fig. 6 illustrates events that may be carried out during a process of measuring a volume of milk expressed by a breast 2. At event 602, device 10 is attached to the breast 2, preferably using an adhesive in a manner as described above. At event 604, an amount of contraction or expansion of the skin of the breast 2 to which device is attached is sensed. Sensing events may occur periodically at predetermined times, e.g., every minute, every five minutes, every ten minutes, or according to some other predetermined time scheme. Alternatively, device 10 may continuously sense changes in the breast volume, but only transmit signals representative of such measurements when pinged by an external computer 60, 70 that requests the signals.

[0048] At event 606 data from sensing contraction or expansion at event 604 is used to calculate a change in volume of the breast 2 that has occurred during the time from the previous sensing event to the present sensing event and/or from the time of initially attaching the device 10 to the breast and the present sensing event.

[0049] Optionally, at event 608, the volume of milk expressed or produced may be calculated based on the change in volume (contraction or expansion) of the breast calculated at event 606. At event 610 at least one of the change in breast volume and volume of milk expressed/produced are outputted for viewing by a user.

[0050] Fig. 7 illustrates events that may be carried out during a process of measuring a volume of milk expressed by a breast 2 according to another example of the present disclosure. At event 702, circumferential and AP measurements of the breast 2 are taken in a manner as described above. The circumferential and AP measurements are entered into a program run by a processor contained either on the device 10 itself, or, preferably on an external computer 60. The program calculates a starting volume of the breast 2 at (or near) the time that device 10 is attached to the breast.

[0051] At event 704, with prior to, or immediately after taking the circumferential and AP measurements, device 10 is attached to the breast 2, preferably using an adhesive in a manner as described above.

[0052] At event 706, an amount of contraction or expansion of the skin of the breast 2 to which device is attached is sensed. Sensing events may occur periodically at predetermined times, e.g., every minute, every five minutes, every ten minutes, or according to some other predetermined time scheme. Alternatively, device 10 may go into a sleep mode when no change in lengths has been sensed over a predetermined time, and reactivate when a change in length in one or both dimensions is again detected. A further alternative provides a pressure sensor within a supporting bra, so that changes in pressure against the bra caused by changes in volume of the breast 2 supported by the bra can be sensed and used to estimate volume change in the breast.

[0053] At event 708 data from sensing contraction or expansion at event 706 is used, together with the baseline data entered as the circumferential and AP measurements (and initial volume calculation) to calculate a change in volume of the breast 2 that has occurred during the time from the previous sensing event to the present sensing event and/or from the time of initially attaching the device 10 to the breast and the present sensing event.

[0054] Optionally, at event 710, the volume of milk expressed or produced may be calculated based on the change in volume (contraction or expansion) of the breast calculated at event 708. At event 712 at least one of the change in breast volume and volume of milk expressed/produced are outputted for viewing by a user.

[0055] Fig. 8 is a perspective, schematic illustration of a device 10' configured to be adhered to the skin of a subject to detect expansion and contraction of the skin, according to another example of the present disclosure. Device 10' includes a distal mount portion 12, a proximal mount portion 14 and a flexible intermediate portion 16 that bridges the proximal 14 and distal 12 mount portions. The proximal mount portion 14 has components mounted to it that measure changes in the skin that the device 10 is adhered to. The back surfaces of the distal and proximal mount portions 10, 12 have an adhesive 18 applied thereto so that the device 10 can be adhered to the skin, while the intermediate (bridge) portion 16 does not have any adhesive applied thereto, so that it can more freely expand and contract.

[0056] The distal and proximal mount portions 12, 14 are adhered to the skin at locations that initially place the bridge portion 16 in an unbiased state (neither stretched nor compressed). A sensor 20, such as an electronic resistor, strain gauge, magnet or the like is provided on proximal mount 14 and is configured so that compression and expansion of the bridge portion 16 applies strain/forces to the sensor 20, which measures the amount of expansion or compression according to methods well understood in the strain measurement arts. In the example shown in Fig. 1, a circuit 22 is provided on proximal mount 14 that is powered by an external computing device 60 and can be configured to process the output of the sensor 20, and send processed signals representative of the output of sensor 20 to the external device 60 via antenna 28. Like the example of Fig. 1, the transmission is wireless, and may be accomplished, for example, via BLUETOOTH® transmitter or radio transmitter of the type used in cellphones, such as 2G, 3G or 4G. In another approach, a circuit capable of being powered by a body motion or body heat can be incorporated into the device. Antenna 28 can be used to both receive signals and power from the external computer 60 and to transmit signals to the external computer 60. Alternatively, a first antenna 28 may be provided for receiving and sending signals, with a second antenna 28' (shown in phantom in Fig. 8) used to receive power from the external computer 60. Upon being activated by the external computer 60 device 10 takes a measurement with sensor 20 and circuit 22 receives the measurement data from the sensor, processes the data and sends it to the external computer via antenna 28.

[0057] Fig. 9 is a schematic illustration of a device 110 configured to be adhered to the skin of a subject for use in detecting expansion and contraction of the skin, according to another example of the present disclosure. Device 110 includes a plurality of marker elements 112 of known dimension, both of height 114 and width 116. Although the markers 112 shown in Fig. 9 are all of the same height 114 and width 116, this is not necessary, as long as the height and width of each is known. Although the markers 112 can be individually adhered to the tissue at known distances 118, 120, 122, 124 apart from each other, it is more convenient to provide the markers 112 on a main body or backing 126 which is transparent, white, or some other color scheme that is readily distinguishable from the markers 112, as this makes application of a single unit to the skin much easier and the markers 112 will be less prone to be applied at distances other than what they are intended to be applied at. Although the distances 118, 120, 122 and 124 are shown in Fig. 9

as all being equal, this is not necessary, as they can be unequal, as long as they are known. Nor is the number of markers 112 limited to four, as more or fewer markers can be employed to carry out the same functions. Also, by providing each of the markers to have a different pattern, as shown, this assists in determining the orientation of each marker as it moves due to stretching or shrinking of the skin of the breast 2, which facilitates differentiation between circumferential measurements and longitudinal (AP) measurements, so that comparative subsequent measurements are properly referenced each time a "picture" is taken.

**[0058]** Figs. 10-11 illustrate device 110 having been adhered to a breast 2. Once the device 110 is attached to the breast, both circumferential 34 and AP 36 measurements are taken of the breast 2 in its current state to create baseline data as to the volume of the breast 2 in the same manner as discussed previously. Since the distances 118, 120, 122, 124 between the marker elements 112 are known at baseline, small changes between the distances that occur when the breast 2 expands or contracts can be detected. Because the marker elements 112 themselves are fixed in dimension, any visual distortion can be accommodated for, by adjusting visual results to normalize the viewed dimensions of the markers 112 to their known dimensions, and also applying proportional correction to the viewed distances 118, 120, 122, 124. This keeps track of scale, as the camera may be placed at varying angles and distances relative to the marker elements when taking successive pictures. By comparing measurements of the distances 118, 120, 122, 124 relative to the initial distances that correspond to the baseline volume, a change in volume can be calculated.

**[0059]** Fig. 12 illustrates a system 200 used to detect volume changes in the breast 2 and to calculate an estimate of milk volume expressed from the breast 2 as well as milk volume produced, as the breast 2 re-expands. In Fig. 12, device 110 has been adhered to the breast 2 in a manner as already described, and the circumferential and AP measurements have already been taken and inputted to an app running on the smartphone 60. Although a smartphone 60 is shown in Fig. 12, it is noted that a tablet computer or laptop computer having a camera could alternatively be used in the system to perform the monitoring and calculating. Further alternatively, any digital camera could be used and the digital image formed by the camera could be uploaded to a computer running the app for breast volume and milk production calculation. Further alternatively, changes in the distances 118, 120, 122, 124 could be manually measured, such as with calipers or some other mechanical measuring device and manually inputted to the app of the external computer, or some other automated means of measuring the changes in distances could be employed. Marks made directly on the skin with a pen or other writing utensil, or marks associated with a tattoo, ink stamp, or stencil or the like, can be photographed and distances between sub-parts of the various images can be tracked such as by uploading the images to a computer. Baseline information can be created by taking the photos of the images at known times such as when the breast is deemed to be full, or empty or in some other known state or on a specific timetable. Image patterning can be employed to assess multiple dimensions of distance changes, and can help in correcting or tracking camera orientations. Camera orientations can also be determined with the aid of an accelerometer. Recalibrations are contemplated after single or multiple uses. Still further alternatively, rather than taking actual "pictures", the image of the sensors 112 can be directly determined by an app, such through a camera of a smart phone or other computer device equipped with scanning capability, wherein a photo is never saved, but rather the pixels are directly inputted to the processor (app or other application running on the processor), similar to the way that a bar code is currently processed by scanning. Once the elements of the image are collected the data is kept with no remaining visual data.

**[0060]** An image is next taken of the device 110 by the external computer 60 and initial breast volume is calculated by the processor of the computer 60 running the app configured to calculate breast volume. The computer 60 saves the initial breast volume and records time and date that this initial measurement was made, plus other related information, such as which breast 2 was measured. Additionally, the user may input further related information, such as what state the breast 2 was in when taking the measurement (e.g., pre- or post- breast feeding, pre- or post-breast pumping, etc.)

**[0061]** Further images can be taken with computer 60 to establish a record of milk production and milk expression during feedings/pumpings. The user can enter any other notes as desired, that correspond to each additional image. The device 110 can be left adhered to the breast 2 for as long as the adhesive will hold, typically a few days to a few weeks, but could be a shorter or longer time. As long as the device 110 remains adhered to the breast 2, images can be taken and volumes calculated whenever desired, without the need to take further baseline measurements. If upon losing or removing the device 110, another device 110 can be re-applied and, if re-applied immediately after removal or loss of the previous device 110, there is no need to take new baseline measurements.

**[0062]** Fig. 13 is a schematic representation of one type of graph that can be visually represented on the display of the external computer 60 and/or printed out for viewing by a user, after taking a series of measurements/images of the breast 2 at different conditions of pre- and post-feeding/pumping. Graph 180 shows calculated milk volume levels in a monitored breast 2 over a period of three days, with the peaks of the graph 180 being milk volume values calculated for the breast 2 prior to breast feeding or breast pumping at the times indicated and the valleys 184 being milk volume values calculated for the breast just after feeding/pumping. The difference between a peak value 182 and a valley value that immediately follows that peak value is the calculated volume of milk consumed by the baby or pumped. Over time, this graph shows that the volume of milk being produced by the breast 2 is increasing, and the volume consumed or pumped is also increasing.

**[0063]** Fig. 14 illustrates events that may be carried out during a process of measuring a volume of milk contained in a breast 2, according to another example of the present disclosure. At event 1502, device 110 is attached to the breast 2, preferably using an adhesive.

**[0064]** At event 1504, an amount of contraction or expansion of the skin of the breast 2 to which the device is attached is sensed by measuring the change in distance between markers of the device, using an external implement. In an example this measurement is taken by shooting a photo of the device using an external camera and loading a digital representation of the photo into an app run by an external computer which measures the distances and calculates a volume. Sensing events may occur periodically at predetermined times, e.g., every minute, every five minutes, every ten minutes, or according to some other predetermined time scheme.

**[0065]** At event 1506 data from measuring the distances between markers of the device is used to calculate a volume or change in volume of the breast 2.

**[0066]** Optionally, the volume of milk expressed or produced may be calculated based on the change in volume (contraction or expansion) of the breast calculated at event 1506. At event 1510 at least one of the breast volume, change in breast volume and volume of milk expressed/produced are outputted for viewing by a user.

**[0067]** Fig. 15 illustrates events that may be carried out during a process of calculating a volume of a breast, change in volume of a breast and/or volume of milk expressed or produced by a breast 2 according to another example of the present disclosure. At event 1602, the device 110 is attached to the breast 2, preferably using an adhesive in a manner as described above.

**[0068]** At event 1604 circumferential and AP measurements of the breast 2 are taken in a manner as described above. The circumferential and AP measurements are entered into a program run, such as an app by a processor of an external computer 60.

**[0069]** At event 1606 the distances between device markers 112 after attachment to the breast 2 are measured. To make these initial measurements, preferably a photographic image is taken, using a camera of the external computer 60, which then automatically inputs the image data to the app running on the external compute for further processing. Alternative methods of making the initial measurements can be performed, as described above. An initial breast volume is calculated by the processor of the computer 60 running the app configured to calculate breast volume, using the baseline data from the circumferential and AP measurements and the distance data obtained during event 1606. The computer 60 saves the initial breast volume and records time and date that this initial measurement was made, plus other related information, such as which breast 2 was measured. Additionally, the user may input further related information, such as what state the breast 2 was in when taking the measurement (e.g., pre- or post- breast feeding, pre- or- post-breast pumping, etc.)

**[0070]** At event 1608, after a period of time has passed, additional measurements of distances between the markers 112 are performed, such as just prior to breast feeding or pumping, or just after breast feeding or pumping. Using the data obtained from the additional measurements, a new breast volume can be calculated. Additionally, the app may calculate change in breast volume from the previous calculation, as well as estimate a milk volume that corresponds to the calculated breast volume. The calculated values are saved in memory of the computer 60. Events 1608 and 1610 can be iterated pre- and post- each breast feeding/pumping to keep a track record of milk volume produced and expressed.

**[0071]** At event 1612, the external computer may display and/or print out or otherwise output the calculated breast volume data and associated times during which the breast volumes were calculated. Further optionally, the output may include calculated estimates of milk volume consumed by a feeding baby, total milk volume expressed by the breast 2, milk volume expressed during breast pumping, etc.

**[0072]** Fig. 16 shows a device 110 applied to a breast 2 according to another example of the present disclosure. Fig. 17 is an isolated view of device 110 shown in Fig. 16. In this example, device 110 includes a fixed marker 132 on a portion of the device that is configured to neither expand or contract when the skin to which it is attached expands or contracts. One or more expansile markers 134 are also provided on the device and are configured to expand and contract along with expansion and contraction of the skin to which the device 110 is attached. The expansile markers 134 can be made of different materials than that from which the fixed marker 132 is made, similar to the manners described above with regard to portion 16 versions portions 12 and 14 in Fig. 1. Also similar to the description of Fig. 1, the fixed marker 132 may be on a portion of the device 110 that does not stretch to maintain orientation/distance and other portions of the device are made of material that does change dimension/orientation that correlates with some measure that correlates with volume calculations.

**[0073]** The device 110 maybe placed with an applicator, such that there may be some "built in" stretch of the device 110 on the applicator itself, allowing the device 110 to decrease in size if the breast 2 decreases in size and thus has capability not only to measure stretch of the skin of the breast 2, but also contraction of the skin of the breast 2. This is also true of device 10. Of course, it is recommended to apply the device 10, 110 at a time that the breast is most empty and therefore at its smallest volume, as this would not require the device 10, 110 to be pre-stretched prior to attaching it to the breast 2. Fig. 30 illustrates an applicator 3100 according to an example of the present disclosure. It is noted that other types of applicators that can accomplish the same functions described herein may be substituted for applicator

3100. Such applicator will have the ability to temporarily attach to a device 110 or 10 at locations so that it can pre-stretch the device 10, 110 prior to attaching it to the breast. The amount of pre-stretching may be pre-determined by a predetermined amount of stretching force applied by the applicator in both the circumferential (axis C-C) and length (AP, axis LL-as shown in Fig 31) directions. Alternatively, the amount of stretching force applied may be variable, as in the case of applicator 3100 in Fig. 30, where the further that the actuator 3102 is pushed toward the main body 3104 of the actuator 3100, the further apart the actuator arms 31L extend apart from one another, and likewise the actuator arms 31C, thus providing variably increasing stretching force to the device 110, 10.

**[0074]** All points along the markers 132, 134 are mapped and inputted to the program (such as an app or other program) running on the external computer, so that distances between all points along the marker 132 and all points along the marker(s) 134 are known in the initial state, when the device is neither stretched (expanded) nor compressed, which is the condition of the device 110 prior to attaching it to the skin. After attachment to the skin, when the skin expands or contracts, the marker(s) 134 expand(s) or contract(s) by the same or some known proportional amount as the skin, while marker 132 remains in its original condition, neither expanded nor contracted.

**[0075]** Because the length 136 (See Fig. 18) and width (negligible in this example) of marker 132 are known and the original distances between markers 132, 134 along all points are known, the amount of expansion of the skin can be readily determined by comparing distances measurements between points along the markers 132 and 134 and finding the changes in distance from the unbiased condition to the expanded or contracted condition. The distances between one of more points along the fixed marker 132 (points 132a, 132b and 132c in Fig. 18, but could be as few as one, or as many as desired or as practical to process depending upon the computing power available) and one or more points along the expansile markers 134 (134a-134g as shown, but could be as few as one per marker 134, or as many as desired or as practical to process depending upon the computing power available) are computed to determine the amount of expansion or contraction of the skin, which can then be used to calculate breast volume or change in breast volume, in examples where device 110 is applied to the skin of the breast. As the length 136 is known and remains fixed, this can be applied as a reference for all other distance measured, e.g., vectors 136 as illustrated in phantom in Fig. 18. Note that all vectors 136 have not been illustrated, for clarity of illustration. By knowing the original orientation of the device 110 on the skin and the length and directionality of the vectors 136, any one of the vectors 136 can be used to calculate the amount of expansion of the skin in any direction desired. In the case of breast 2 measurement, any vector 136 can be broken down into component vectors parallel to the planes of the circumferential and AP measurements to determine the amount of expansion or contraction of in the circumferential and AP planes. This can then be used, along with the baseline measurements to determine breast volume and change in breast volume. It could also be used to detect whether the breast 2 emptied uniformly or whether there may be some residual milk in one region or another based on the non-uniformity of the tension or relaxation.

**[0076]** As noted previously, all devices described herein can be applied to any skin location where it is desired to determine the amount of expansion or contraction of the skin. In one alternative example, device 110, or any of the other devices for attachment to the skin described herein, can be applied to the skin over a baby's stomach to detect changes in stomach volume. Measurements of skin contraction or expansion in this instance can be calibrated during feeding of the baby with a known volume of milk, such as by bottle feeding.

**[0077]** Fig. 19 illustrates a device 110 that can be attached/adhered to the skin to measure skin contraction and expansion according to another example of the present disclosure. In this example, device 110 is expansile and is designed to extend along two main axes 142, 144 that are orthogonal to one another. When applied to a breast 2, device 110 can be attached to the skin of the breast so that axis 142 is aligned with the circumferential plane used to perform the initial circumferential measurement of the breast 2 for the baseline data. In this way, measurement between the end points 146, 148 of device 110 along the axis 142 provides a measurement of the expansion of the breast 2 in the circumferential direction. By measuring the angle 150 between axis 142 and 144 after the skin has expanded or contracted, and measuring the distance between end points 152, 154 along the axis 144, the amount of contraction or expansion in the AP direction can be calculated. These changes in distance along the circumferential and AP directions can then be used together with the baseline measurements to calculate breast volume and or change in breast volume, as well as to calculate milk volume and/or change in milk volume in the breast 2.

**[0078]** Fig. 20 illustrates a device 110 that can be attached/adhered to the skin to measure skin contraction and expansion according to another example of the present disclosure. In this example, first and second fixed markers 160, 162 are attached to the skin, with a bridge element 164 slidably received in channels 166, 168 of fixed marker elements 160, 162, respectively. As the skin expands or contracts, the elements 160, 162 that are fixed to the skin move with the skin. The bridge element 164 is not fixed to the skin and slides in or out of the channels 166, 168 as the elements 160, 162 move closer together or farther apart. By measuring a distance 170 between fixed points 172, 174 on the elements 160, 162 before and after skin expansion or contraction (such as by taking photo images, or manual measurement, like described with regard to the previous examples of device 110), a difference in the distance between points can be calculated and, together with baseline data, be used to calculate breast volume, change in breast volume, milk volume in the breast and change in milk volume in the breast.

[0079] Alternatively, any of the device 110 can be calibrated by taking measurements as described and correlating them to actual volumes of milk expressed from the breast, such as can be obtained during breast pumping, for example.

[0080] In further alternative examples, device 110 can be configured with electronic components to form an active sensor that sends signals to an external computer 60, like the examples of device 10 in Figs. 1 and 8, for example.

5 [0081] Any of the devices described herein that are configured to actively send data to an external computer 60 can be configured to send an alert to the external computer, or the external computer 60 can be configured to generate an alert if a predefined abnormality in the data is present, such as, but not limited to: a missed feeding; a milk production change greater or less than a predetermined or average milk production change over a predefined time; enlargement of the breast 2 beyond a predefined volume; etc.

10 [0082] Fig. 21 illustrates a device 110 that can be attached/adhered to the skin to measure skin contraction and expansion according to another example of the present disclosure. In this embodiment, device 110 is shaped like the example of Fig. 19, but includes a marker 132 at the center that is configured to neither expand or contract when the skin to which it is attached expands or contracts. The arms 190 of device 110 are expansile and are configured to expand and contract along with expansion and contraction of the skin to which the device 110 is attached. Like the example of  
15 Fig. 18, because the dimensions of fixed marker 132 are known, and the starting dimensions (prior to expanding or contraction) of the arms 190 are known, the amount of expansion or contraction of arms 190 can be calculated, using the dimensions of marker 132 as a reference.

[0083] Fig. 22 illustrates a device 110 that can be attached/adhered to the skin to measure skin contraction and expansion according to another example of the present disclosure. This example is similar to the example of Fig. 21,  
20 as it has a fixed marker 132 in the center that is configured to neither expand nor contract as the skin expands. Device 110 of Fig. 22 includes a pair of expansile arms, the expansion or contraction of which can be measure along both the circumferential and AP directions.

[0084] Fig. 23 illustrates a device 110 that can be attached/adhered to the skin to measure skin contraction and expansion according to another example of the present disclosure. In this example, device 110 comprises an expansile  
25 ring that is attachable/adherable to the breast 2 to encircle a portion of the breast 2. As the nipple 3 remains substantially unchanged during expansion and contraction of the breast 2 (except during feeding), by measuring the diameter of the nipple 3, it can be used as a reference point against which contraction and expansion of ring 110 can be measured.

[0085] Fig. 24A shows a tool 210 that can be used to apply marks to the breast at a fixed distance and orientation from a reference point, such as the center of the nipple 3, for example. Tool 210 is made of flexible material so that it  
30 can readily conform to the curvature of the breast 2 as it is overlaid on the breast 2 to make the marks. The distances 212, 214 between the reference location 216 and the locations 218, 220 where the marks are to be made are predefined and premeasured, as are the angles 222 and 224 of the lines connecting 216 and 218, and 216 and 220, respectively, relative to the longitudinal axis 226. As shown, the distances 212, 214 are equal, and the angles 222, 224 are equal and opposite, but neither the distances or the angles need be equal, only all must be known.

[0086] Fig. 24B illustrates tool 210 overlaid on a breast 2 to perform marking and Fig. 24C illustrates the marks 228,  
35 230 that remain after completion of the marking process and removal of the tool 210. The marks 228, 230 can be made with any type of marker that is safe and approved for marking the skin and which is visible. The nipple 3 can be used as a fixed reference to measure expansion and contraction distances of markers 228, 230 therefrom, in the same manner as described above with regard to Fig. 23. Although the tool 210 has been shown to make marks on the top portion of  
40 the breast, it is noted that the marks 228, 230 could be made on the bottom portion of the breast 2 a side portion of the breast, or at any radial angle from the nipple 3, relative to the circumference of the breast 2

[0087] Fig. 25 illustrates a device 10 that is used in combination with a power unit 240 that is electrically connectable and detachable from device 10 via an electrical connection wire 242 (or wireless connection), according to an example  
45 of the present disclosure. Device 10 operates like the example of device 10 described with regard to Fig. 1, but the battery 24, optional memory 26 and control circuit 22 are provided on power unit 240. This makes device 10 less expensive to manufacture to facilitate its production as a disposable unit. The relatively more expensive control circuit, battery and memory are reusable, as they can readily be detached or otherwise electrically disconnected from one device 10 and attached or otherwise electrically connected to another device 10. An alternative mounting location for the power unit is shown on the strap of the bra 130.

50 [0088] Fig. 26 illustrates a device 10 according to another example of the present disclosure. The example shown is like that of the example of Fig. 1, except that one or more of the electronic components (all, as shown, but could be fewer than all) are provided on a substrate 250 that is detachable from the proximal portion 14. This allows the patch portions 12, 14, 16 to be made disposable, while the substrate and its components can be reusable, being detachable from one patch and reattachable to another patch, thereby saving costs. It is noted that this same principle can be applied  
55 to any of the other device that include electronic components, such as the example shown in Fig. 8.

[0089] Fig. 27 illustrates a system that can be used for calculating and monitoring breast milk production and expression according to an example of the present disclosure. In addition to the methods and devices described with regard to the system shown in Fig. 5, a breast pump 510 can be integrated into the system so that breast milk expression can be

tracked by breast pump 510 during breast feeding, if desired, and integrated into the data calculated and tracked using the software on the external computer 60. It is noted that this is optional, as milk production and expression can be monitored and calculated using device 10 or 110 (or other disclosed devices) and the associated apparatus used to perform measurements and calculations. However, particularly in the case where the device 10, 110 is a passive one that does not actively transmit the measurement data, the pump 510 may alternatively perform milk expression volume calculations and transmit this data to the external computer. Examples of breast pumps 510 that may be integrated into the system include those breast pumps that are disclosed in copending provisional application serial number 62/027,685, titled "Breast Pump System and Methods", filed 07/22/2014. Breast pump 510 includes at least one sensor 54 and circuitry 22' configured to process signals from the at least one sensor 54 to calculate estimates of milk volume expressed. By providing breast pump 510 with an antenna 28, the circuitry 22' including a transmitter can transmit the milk volume expression data to the external computer(s)/server 70 to be integrated with the data received from device 10/110.

**[0090]** Further optionally, data from both device 10/110 and breast pump 510 (or other disclosed devices) can be received by the external computer to validate one set of data against the other and/or calculate some type of average of the two data sets received.

**[0091]** Fig. 28 illustrates a device 10 or 110 having been adhered to the skin overlying the stomach 6 of a feeding baby 5. The device 10 can be active and transmit changes regarding the stretching of the skin in the same manner as the breast examples. Alternatively, a passive device, such as 110 can be used and can be photographed pre- and post-feeding using the smartphone 60 to input the data used to calculate the volume in the baby's stomach. Alternatively to the devices 10, 110 that measure physical changes in the dimensions of the skin, a device 210 may be attached to the skin over the stomach to measure impedance. In this example, a lead 210A is attached over the stomach 6 and a probe 210B is attached on the back, opposite the lead 210A, or vice versa. Similar to calculation of changes in breast volume by measuring impedance, as described above, changes in impedance through and/or around the baby's stomach can be correlated with volume contained by the stomach. Sensors/electrodes 201A, 210B are placed on the torso to determine impedance changes after a slight current is applied.

**[0092]** Further alternatively, acoustic assessment of the volume in the stomach 6 may be performed. An external computing device 60', preferably, but not necessarily, a small handheld device is configured to emit and receive an acoustic wave, e.g., a portable ultrasound device, a smart phone or other computer configured with an ultrasound transducer and operating software, or other external computing device 60' configured to emit and receive acoustic waves. The device 60' may also be configured to process the received waves, or only to transduce the received waves to signals which are outputted to device 60, 70 for processing. The device 60' is placed against the stomach 6 before feeding and a baseline measure can be taken, e.g., see Fig. 32. After feeding, the user places the device 60' in the same or similar location and takes another reading. The device 60' emits a tone or spectrum of tones (which are not necessarily in the audible range). The reflected signal is characteristics and correlates with a change in fluid volume and hence the volume of milk ingested. It may also be able to characterize the amount of air ingested.

**[0093]** Fig. 29 illustrates methods of estimating the volume of milk consumed by a baby 5 during a breastfeeding session. In one example, a microphone 310 is adhered to or placed against the throat of the baby 5 and swallow sounds are recorded. By differentiating between the sounds that vary for a swallow full of milk and a swallow empty of milk, as well as swallows having intermediate amounts somewhere in between full and empty, a model can be made to correlate the swallow sound signature with the volume of milk contained in that swallow. Additionally, a camera can optionally be provided to view the throat as the baby 5 swallows, as an aid to counting the number of swallows during the feeding session. Otherwise the number of swallows can be audibly determined using the microphone 310 (and associated amplifier and recording equipment 312, types of which are known in the art). An ultrasound machine 330 can be used to apply ultrasound to the stomach, with the echoes being received changing as a dependent function of volume in the stomach.

**[0094]** In at least one example, the echoes may be processed to average the signal, e.g., black/anechoic regions and echoic regions that corresponds with a change in volume. Ultrasonic imaging can be used to differentiate the stomach outline from its contents. By scanning, a three-dimensional image of the volume of the contents can also be created, which may be a more accurate estimate of volume compared to estimating based upon one or more two-dimensional images.

**[0095]** Acoustic sensing is configured to differentiate the signal characteristic of swallowing when the baby's mouth is full, or contains a significant amount of milk, versus when the baby's mouth is substantially empty and the baby is swallowing mostly air, to provide a more accurate estimate of the volume of milk consumed. Calibration can be performed by taking a calibration measurement while feeding the baby via a bottle. The bottle volume is entered and correlates with the signal, and these correlating data can be stored in the device to allow accurate measurements during breastfeeding.

**[0096]** Fig. 31 illustrates an example in which an acoustic sensor 320 is attached to the breast 2 to be used for estimating volume of the breast 2. In this example, acoustic sensor 320 is configured to emit a "ping", i.e., a sound wave into the breast and then receive echo signals from the same which can be used to calculate breast volume. That echo

signal characteristics can define/correlate with a baseline and change in volume. A single sensor 320 may be used as the sound wave emitter/receiver for both emitting the signal and receiving echo signals that can be either analyzed with a computer processor on board the sensor 320, but more preferably outputted to an external computer 60, 70 for processing. Alternatively, the system may employ two sensors 320 and 320" (shown in phantom in Fig. 31) wherein sensor 320 emits the signal and sensor 320' receives the signals that pass through the breast. In this alternative example, the sensors 320, 320' could alternatively or additionally be used to measure impedance and impedance changes in the breast 2, which can be correlated to changes in breast volume.

## Claims

1. A measurement system for assessing milk volume expressed from a breast, comprising:

a measurement device (10) associated with a breast or other tissue and configured to facilitate measuring changes in breast volume or milk production or consumption; and  
 a controller wirelessly communicating with the measurement device, the controller configured to calculate one or more of changes in breast volume and milk expressed from the breast  
 wherein the measurement device (10) includes:

a distal mount portion (12);  
 a proximal mount portion (14); and  
 a flexible intermediate portion (16) formed from an elastic material that bridges the proximal (14) and distal (12) portions;  
 wherein the proximal (14) and distal (12) portions include adhesive (18) for affixing the measurement device (10) to tissue, and the flexible intermediate portion (16) lacks adhesive so that the flexible intermediate portion (16) is capable of expansion and contraction;  
 wherein the adhesive (18) provides the proximal (14) and distal (12) portions with resistance to deformation;  
 wherein the proximal (14) and distal (12) portions are formed from material including non-elastomeric and elastomeric material that is different from the elastic material forming the flexible intermediate portion (16) and wherein the proximal and distal portions include a reinforcing structure so that the proximal (14) and distal (12) portions are resistant to deformation; and  
 wherein the measurement device includes a sensor (20) provided on the proximal portion (14), the sensor being configured to measure an amount of expansion and compression of the flexible intermediate portion (16).

2. The system of claim 1, further comprising an app developed for a smart phone or an electronic device with a camera, the app configured to use the camera to sense an image of a pattern and correlate changes in the pattern using predetermined baseline measurements to render a volume change that correlates to changes in the pattern.

3. The system of any preceding claim, wherein the sensor (20) is configured to provide information concerning a change in breast size.

4. The system of any preceding claim, the measurement device (10) further comprising an antenna (28) electrically connected to a circuit (22), the antenna configured to communicate wireless with an external device or to upload data to a network or cloud based server.

5. The system of any preceding claim, the system configured to be calibrated by recording signals from the sensor (20) at different stages of breast feeding and considering resultant changes in volume of the breast.

6. The system of any preceding claim, further comprising a look up table that correlates signals from the sensor (20) with specific volume changes of the breast.

7. The system of any preceding claim, wherein the system measures displacement metrics by a stress/strain measurement.

8. The system of any preceding claim, wherein measurements are provided by one or more of impedance changes, pressure changes, acoustic properties, weight, mass, density, compliance, electrical resistance or capacitance metrics.

9. The system of any preceding claim, wherein the measurement device (10) is powered by an external device wirelessly.
- 5 10. The system of any preceding claim, wherein one or more sensors are provided to detect one or more of heart rate, temperature, respiration or motion to facilitate other health management of a user.
11. The system of any preceding claim, wherein the system is integrated with a breast pump (510) and is in communication with a phone or cloud to transmit and coordinate information concerning milk production.
- 10 12. The system of any preceding claim, wherein the system can be calibrated in accordance with information gathered by a breast pump system.
13. The system of any preceding claim, wherein the system can be powered by one or more of body heat or motion.
- 15 14. The system of any preceding claim, further including a sensor configured to sense firmness of a breast to quantify and correlate the firmness to milk production or expression.

**Patentansprüche**

- 20 1. Messsystem zum Bewerten des von einer Brust exprimierten Milchvolumens, aufweisend:

25 eine Messvorrichtung (10), die einer Brust oder einem anderen Gewebe zugeordnet ist und die konfiguriert ist, um das Messen von Änderungen des Brustvolumens oder der Milchproduktion oder des Milchkonsums zu erleichtern; und

eine Steuerung, die drahtlos mit der Messvorrichtung kommuniziert, wobei die Steuerung konfiguriert ist, um eine oder mehrere Änderungen des Brustvolumens und der von der Brust exprimierten Milch zu berechnen, wobei die Messvorrichtung (10) aufweist:

30 einen distalen Montageabschnitt (12);

einen proximalen Montageabschnitt (14); und

einen aus einem elastischen Material gebildeten flexiblen Zwischenabschnitt (16), der den proximalen (14) und den distalen (12) Abschnitt überbrückt;

35 wobei der proximale (14) und der distale (12) Abschnitt Klebstoff (18) zum Befestigen der Messvorrichtung (10) an Gewebe enthalten und dem Zwischenabschnitt (16) Klebstoff fehlt, so dass der flexible Zwischenabschnitt (16) expandieren und kontrahieren kann;

wobei der Klebstoff (18) dem proximalen (14) und dem distalen (12) Abschnitt einen Deformationswiderstand bereitstellt;

40 wobei der proximale (14) und der distale (12) Abschnitt aus einem Material gebildet sind, welches nicht-elastomeres und elastomeres Material umfasst, das unterschiedlich zu dem elastischen Material ist, das den flexiblen Zwischenabschnitt (16) bildet, und wobei der proximale und der distale Abschnitt eine Verstärkungsstruktur aufweisen, so dass der proximale (14) und der distale (12) Abschnitt widerstandsfähig gegen Deformation sind; und

45 wobei die Messvorrichtung (10) einen Sensor (20) aufweist, der an dem proximalen Abschnitt (14) bereitgestellt ist, wobei der Sensor konfiguriert ist, um einen Grad an Expansion und Kompression des flexiblen Zwischenabschnitts (16) zu messen.

- 50 2. System nach Anspruch 1, weiterhin aufweisend eine App, die für ein Smartphone oder eine elektronisches Gerät mit einer Kamera entwickelt ist, wobei die App konfiguriert ist, um die Kamera zu verwenden, um ein Bild eines Musters zu erfassen und Veränderungen in dem Muster zu korrelieren, indem vorgegebene Grundlinienmessungen verwendet werden, um eine Volumenänderung zu berechnen, die mit den Änderungen im Muster korreliert.

- 55 3. System nach einem der vorhergehenden Ansprüche, bei dem der Sensor (20) konfiguriert ist, um Informationen betreffend eine Veränderung in der Brustgröße bereitzustellen.

4. System nach einem der vorhergehenden Ansprüche, bei dem die Messvorrichtung (10) weiterhin eine Antenne (28) aufweist, die elektrisch mit einer Schaltung (22) verbunden ist, wobei die Antenne konfiguriert ist, um drahtlos mit einem externen Gerät zu kommunizieren oder Daten auf ein Netzwerk oder einen Cloud-basierten Server hochzu-

laden.

- 5
6. System nach einem der vorhergehenden Ansprüche, wobei das System so konfiguriert ist, dass es kalibriert wird, indem Signale vom Sensor (20) in verschiedenen Stadien des Stillens aufgezeichnet werden und resultierende Änderungen im Volumen der Brust berücksichtigt werden.
- 10
7. System nach einem der vorhergehenden Ansprüche, bei dem das System Verschiebungsmetriken durch eine Spannungs-/Dehnungsmessung misst.
- 15
8. System nach einem der vorhergehenden Ansprüche, bei dem Messungen durch eine oder mehrere Impedanzänderungen, Druckänderungen, akustische Eigenschaften, Gewicht, Masse, Dichte, Nachgiebigkeit, elektrischen Widerstand oder Kapazitätsmetriken bereitgestellt werden.
- 20
9. System nach einem der vorhergehenden Ansprüche, bei dem die Messvorrichtung (10) von einem externen Gerät drahtlos mit Energie versorgt wird.
- 25
10. System nacheinem der vorhergehenden Ansprüche, bei dem ein oder Sensoren bereitgestellt sind, um eine oder mehrere von Herzfrequenz, Temperatur, Atmung oder Bewegung zu erfassen, um ein anderes Gesundheitsmanagement des Benutzers zu erleichtern.
- 30
11. System nach einem der vorhergehenden Ansprüche, bei dem das System in eine Milchpumpe (510) integriert ist und mit einem Telefon oder einer Cloud in Verbindung steht, um Informationen bezüglich der Milchproduktion zu übertragen und zu koordinieren.
- 35
12. System nach einem der vorhergehenden Ansprüche, wobei das System in Übereinstimmung mit von einem Brustpumpensystem gesammelten Informationen kalibriert werden kann.
- 40
13. System nach einem der vorhergehenden Ansprüche, wobei das System durch eine oder mehrere von Körperwärme oder Bewegung angetrieben werden kann.
- 45
14. System nach einem der vorhergehenden Ansprüche, weiterhin aufweisend einen Sensor, der konfiguriert ist, um die Festigkeit einer Brust zu bewerten, um die Festigkeit mit der Milchproduktion oder -expression zu quantifizieren und zu korrelieren.

## Revendications

- 40
1. Système de mesure pour évaluer un volume de lait exprimé à partir d'un sein, comprenant :
- 45
- un dispositif de mesure (10) associé à un sein ou un autre tissu et configuré pour faciliter des changements de mesure de volume de sein ou de production de lait ou de consommation de lait ; et
- un dispositif de commande communiquant de manière sans fil avec le dispositif de mesure, le dispositif de commande étant configuré pour calculer un ou plusieurs de changements de volume de sein et de lait exprimé à partir du sein,
- le dispositif de mesure (10) comprenant :
- 50
- une partie de montage distale (12) ;
- une partie de montage proximale (14) ; et
- une partie intermédiaire souple (16) formée à partir d'un matériau élastique qui relie les parties proximale (14) et distale (12) ;
- 55
- les parties proximale (14) et distale (12) comprenant un adhésif (18) pour fixer le dispositif de mesure (10) à un tissu, et la partie intermédiaire souple (16) étant dépourvue d'adhésif de telle sorte que la partie intermédiaire souple (16) est capable de s'étendre et se contracter ;
- l'adhésif (18) fournissant aux parties proximale (14) et distale (12) une résistance à la déformation ;
- les parties proximale (14) et distale (12) étant formées à partir de matériau comprenant un matériau non-

## EP 3 193 707 B1

élastomère et un matériau élastomère, qui est différent du matériau élastique formant la partie intermédiaire souple (16), et les parties proximale et distale comprenant une structure de renforcement de telle sorte que les parties proximale (14) et distale (12) sont résistantes à la déformation ; et le dispositif de mesure comprenant un capteur (20) prévu sur la partie proximale (14), le capteur étant configuré pour mesurer une quantité d'extension et de compression de la partie intermédiaire souple (16).

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2. Système selon la revendication 1, comprenant en outre une application développée pour un téléphone intelligent ou un dispositif électronique ayant une caméra, l'application étant configurée pour utiliser la caméra pour détecter une image d'un motif et mettre en corrélation des changements dans le motif à l'aide de mesures de base prédéterminées afin de rendre un changement de volume qui est en corrélation avec des changements dans le motif.
3. Système selon l'une quelconque des revendications précédentes, dans lequel le capteur (20) est configuré pour fournir des informations concernant un changement de taille de sein.
4. Système selon l'une quelconque des revendications précédentes, le dispositif de mesure (10) comprenant en outre une antenne (28) reliée électriquement à un circuit (22), l'antenne étant configurée pour communiquer de manière sans fil avec un dispositif externe ou téléverser des données vers un réseau ou un serveur en nuage.
5. Système selon l'une quelconque des revendications précédentes, le système étant configuré pour être étalonné par enregistrement de signaux provenant du capteur (20) à différentes étapes d'allaitement et par prise en compte de changements résultants dans le volume du sein.
6. Système selon l'une quelconque des revendications précédentes, comprenant en outre une table de recherche qui met des signaux provenant du capteur (20) en corrélation avec des changements de volume spécifiques du sein.
7. Système selon l'une quelconque des revendications précédentes, le système mesurant une métrique de déplacement par une mesure de contrainte/déformation.
8. Système selon l'une quelconque des revendications précédentes, dans lequel des mesures sont fournies par un ou plusieurs parmi des changements d'impédance, des changements de pression, des propriétés acoustiques, le poids, la masse, la densité, la conformité, la résistance électrique ou une métrique de capacité.
9. Système selon l'une quelconque des revendications précédentes, dans lequel le dispositif de mesure (10) est alimenté de manière sans fil par un dispositif externe.
10. Système selon l'une quelconque des revendications précédentes, dans lequel un ou plusieurs capteurs sont prévus pour détecter un ou plusieurs parmi la fréquence cardiaque, la température, la respiration ou un mouvement pour faciliter une autre gestion de santé d'un utilisateur.
11. Système selon l'une quelconque des revendications précédentes, dans lequel le système est intégré à un tire-lait (510) et est en communication avec un téléphone ou un nuage pour transmettre et coordonner des informations concernant la production de lait.
12. Système selon l'une quelconque des revendications précédentes, le système pouvant être étalonné selon des informations regroupées par un système de tire-lait.
13. Système selon l'une quelconque des revendications précédentes, le système pouvant être alimenté par un ou plusieurs parmi de la chaleur corporelle ou un mouvement.
14. Système selon l'une quelconque des revendications précédentes, comprenant en outre un capteur configuré pour détecter la fermeté d'un sein afin de quantifier et mettre la fermeté en corrélation avec la production de lait ou l'expression de lait.

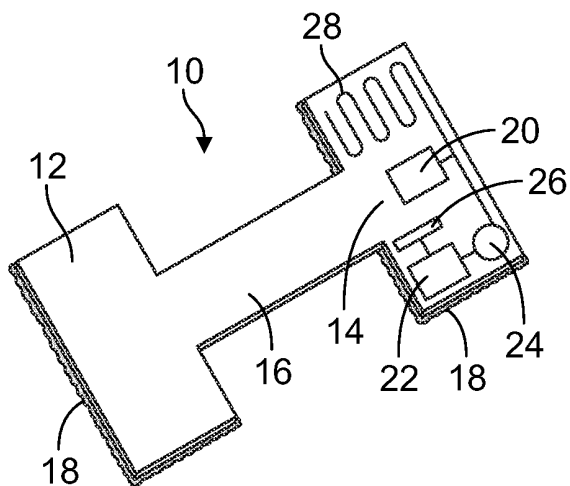


FIG. 1

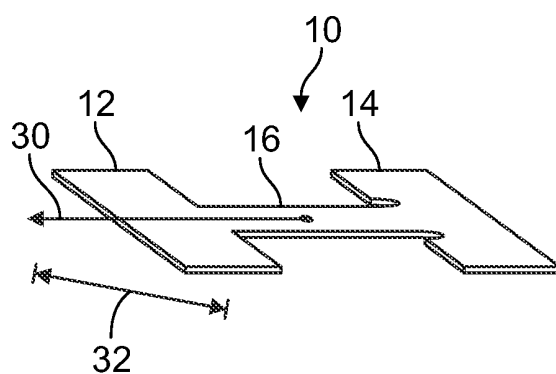


FIG. 2

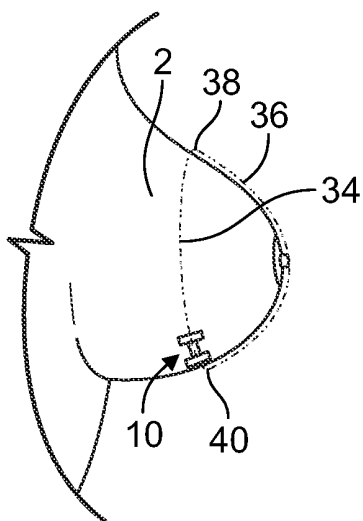


FIG. 3

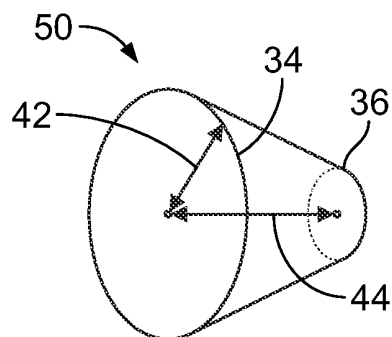


FIG. 4

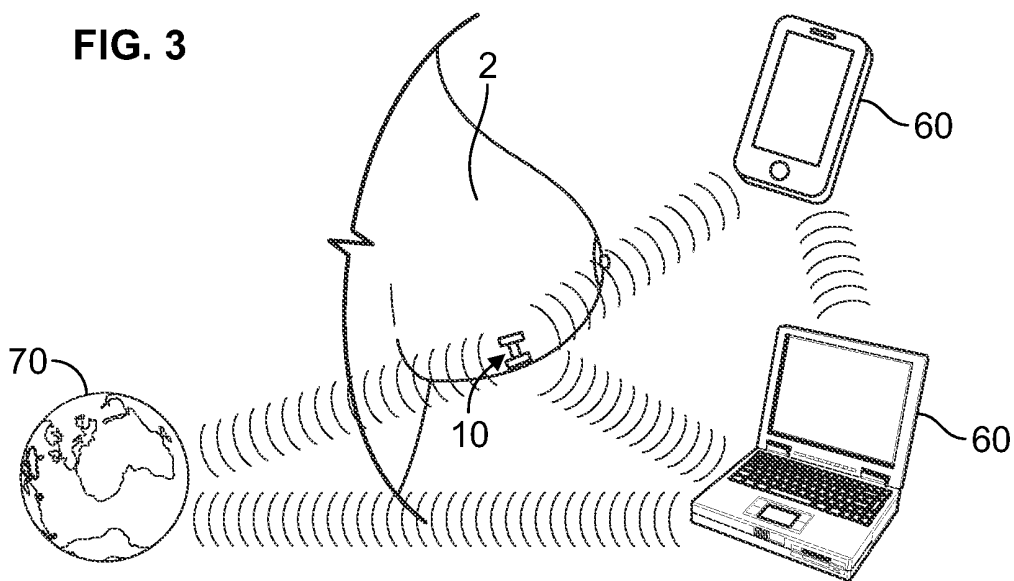
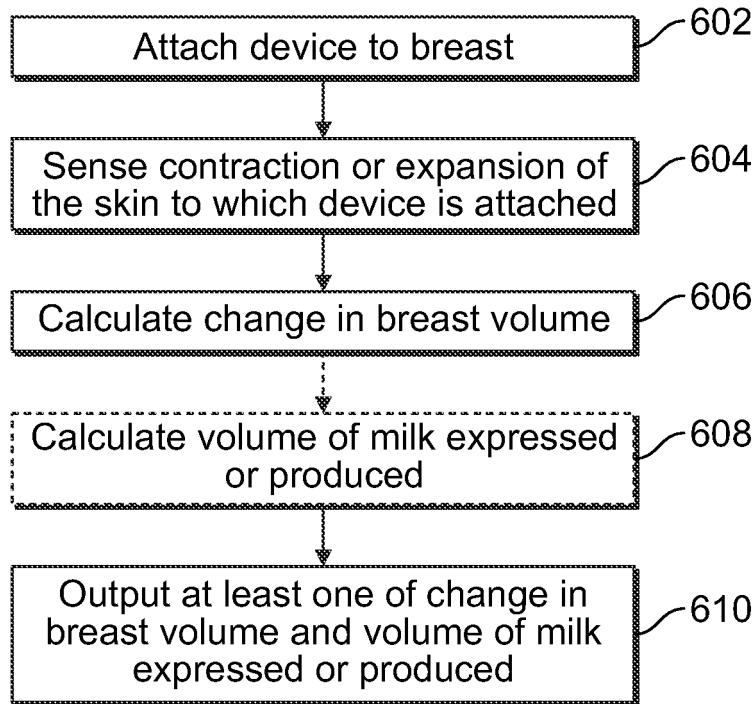
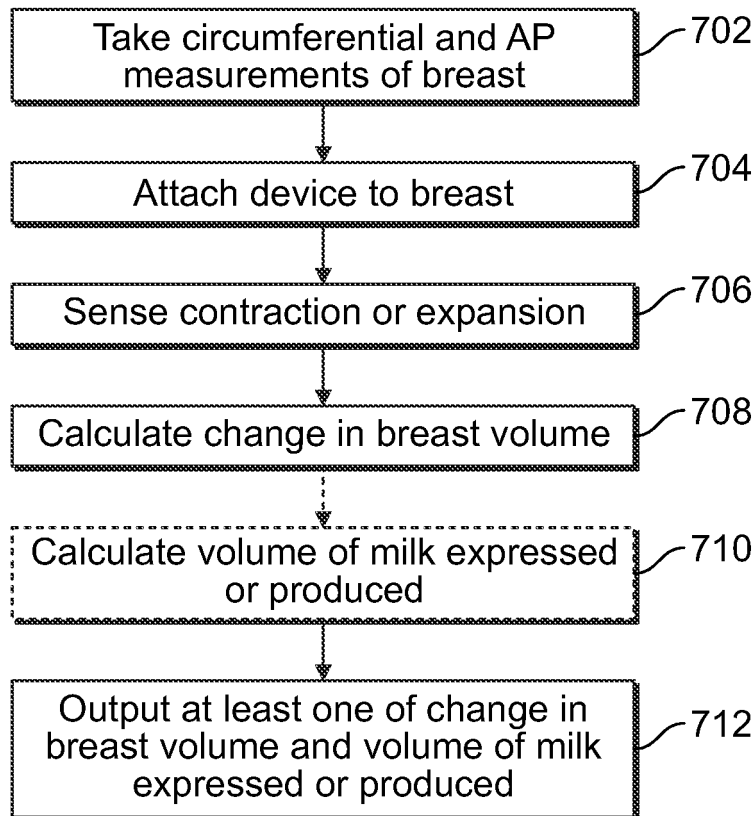


FIG. 5



**FIG. 6**



**FIG. 7**

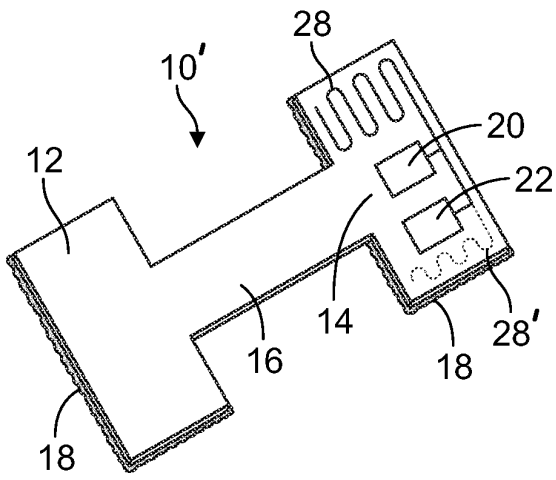


FIG. 8

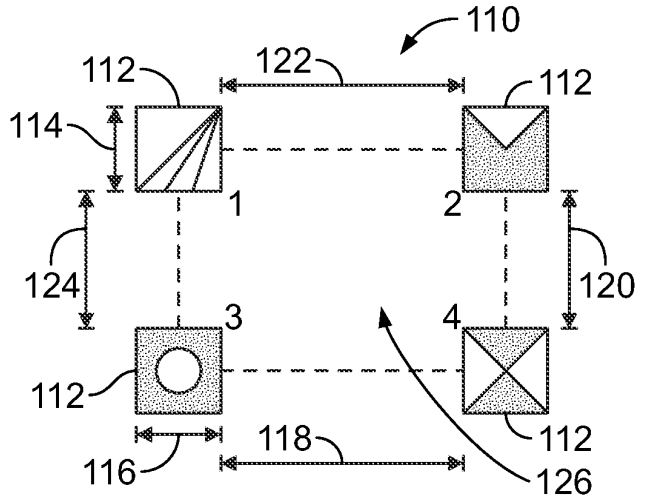


FIG. 9

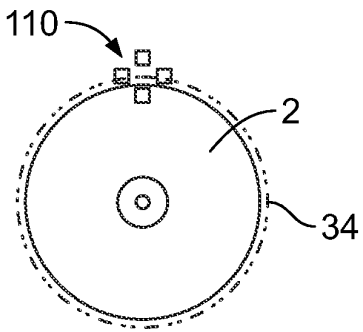


FIG. 10

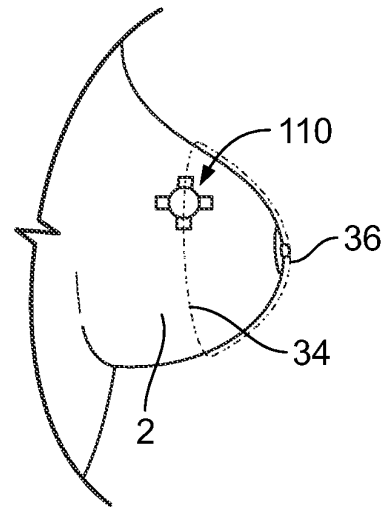


FIG. 11

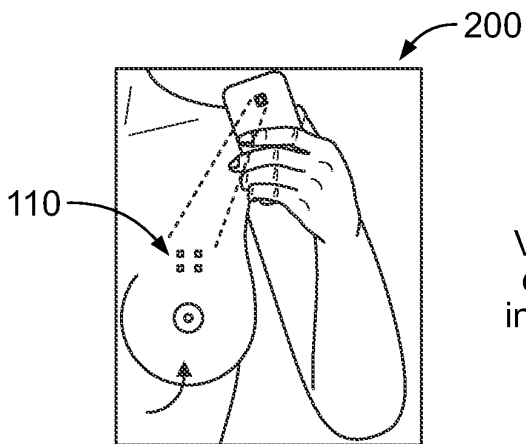


FIG. 12

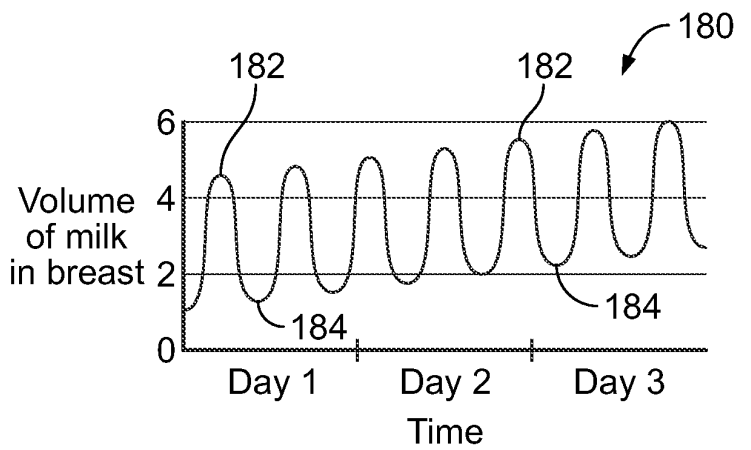
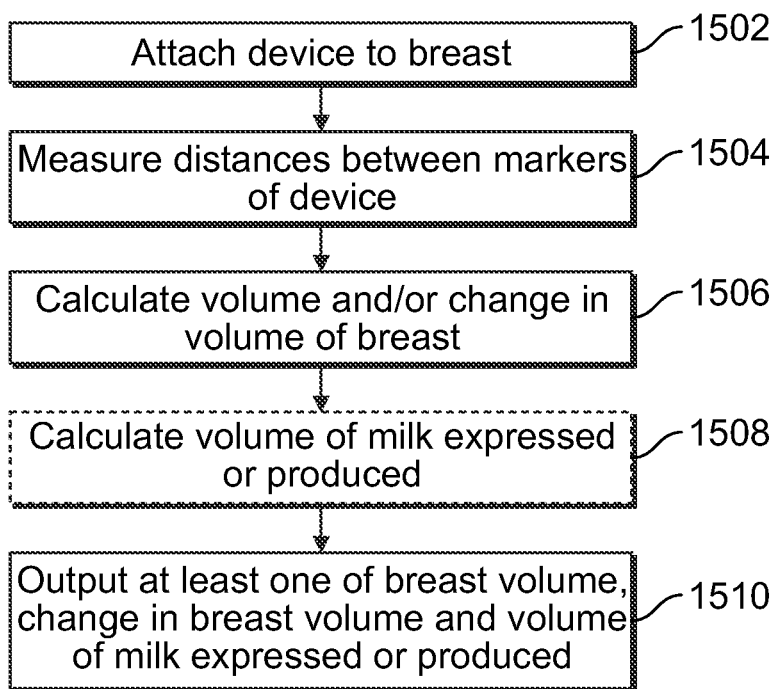
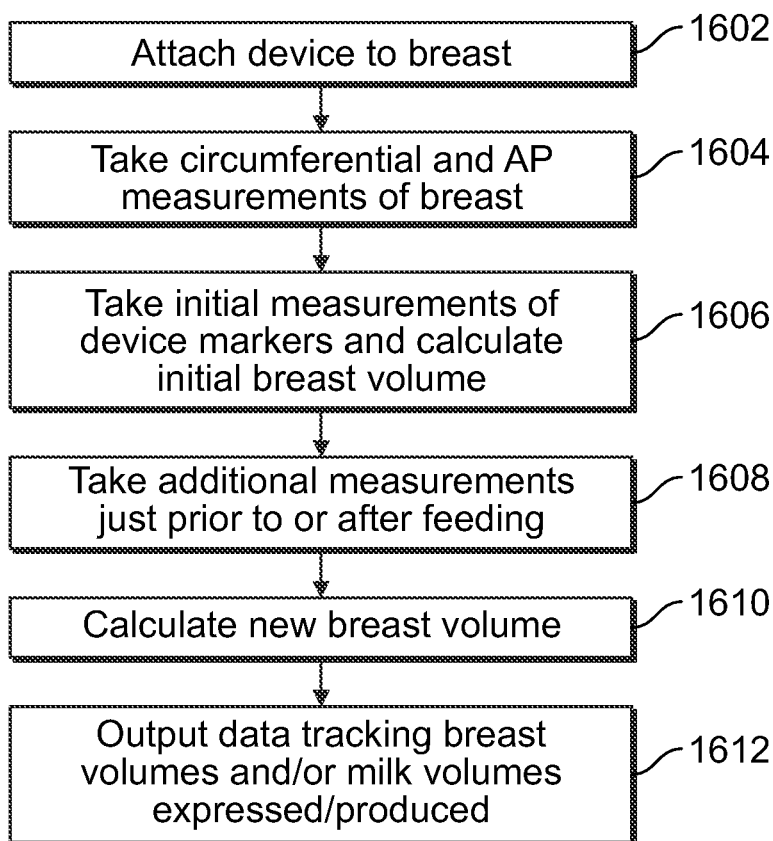


FIG. 13



**FIG. 14**



**FIG. 15**

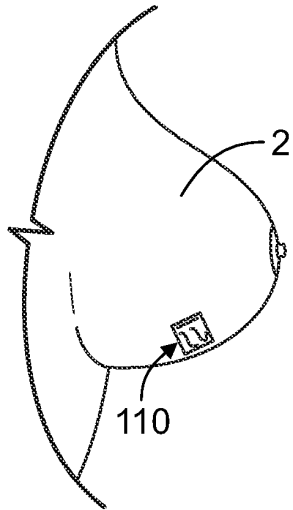


FIG. 16

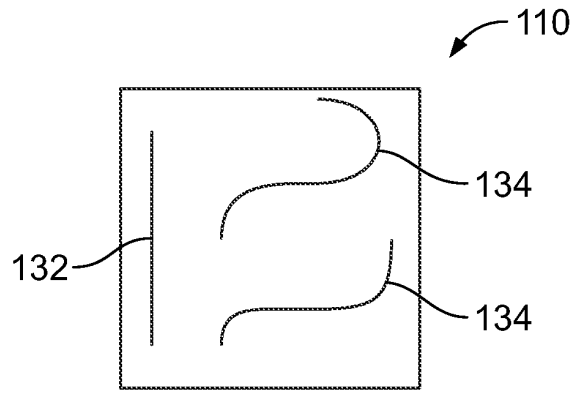


FIG. 17

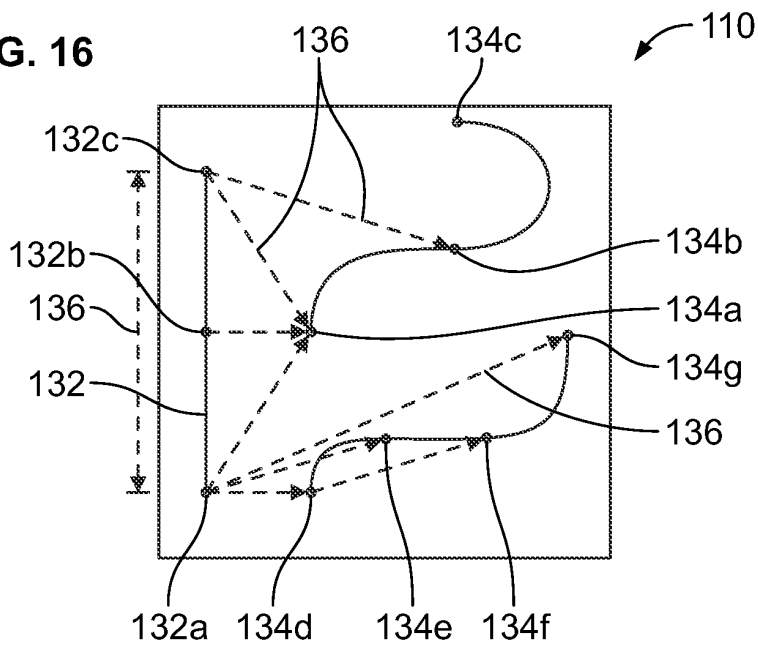


FIG. 18

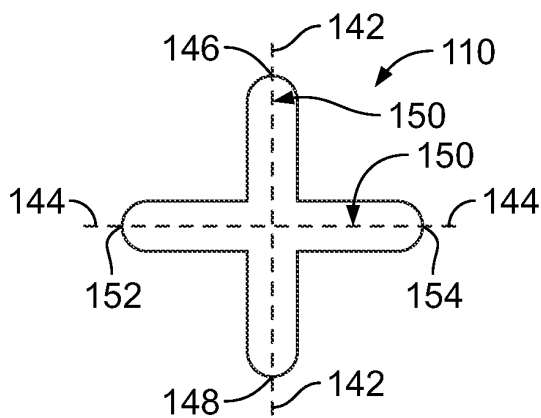


FIG. 19

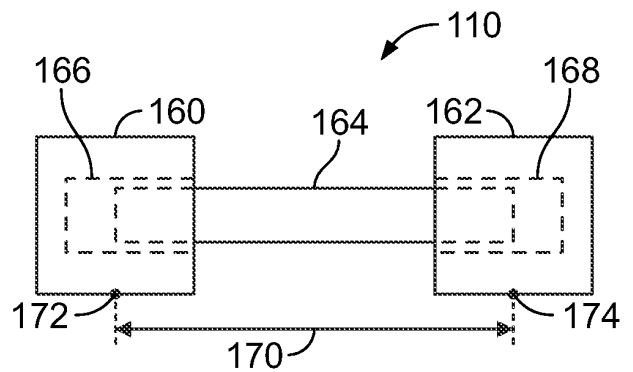


FIG. 20

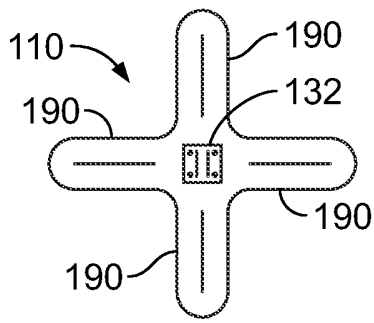


FIG. 21

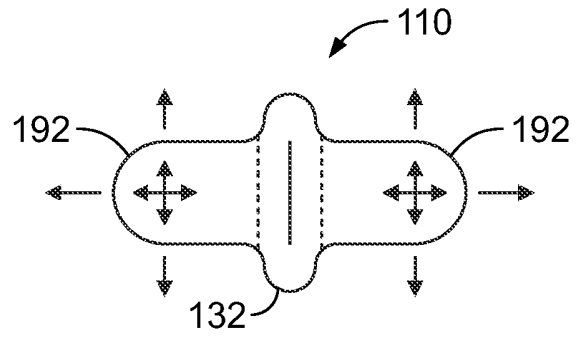


FIG. 22

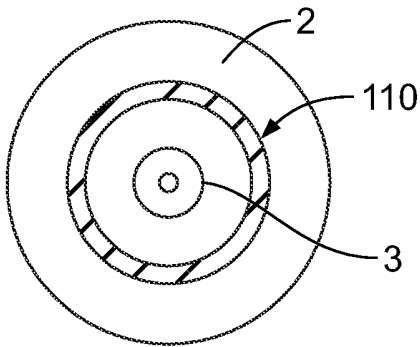


FIG. 23

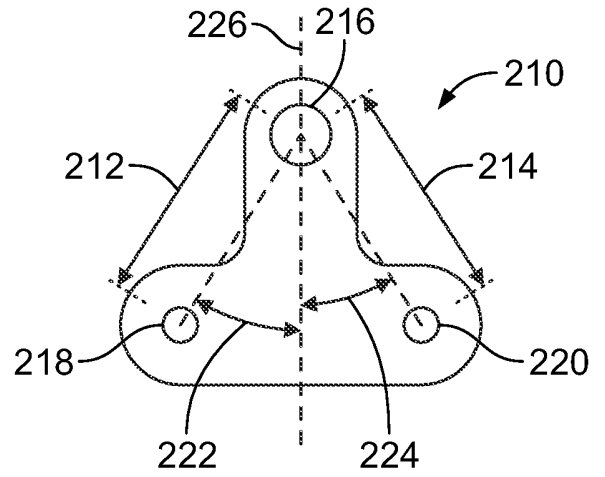


FIG. 24A

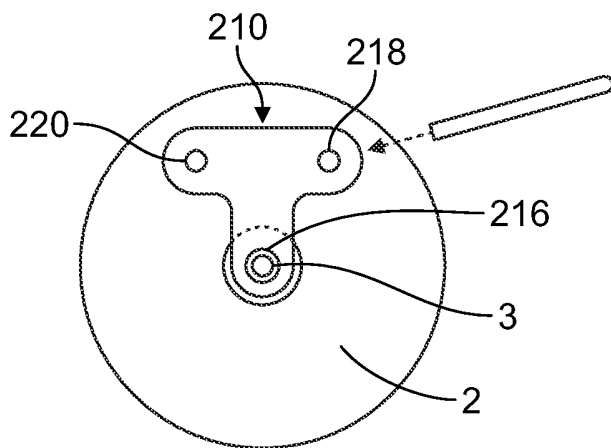


FIG. 24B

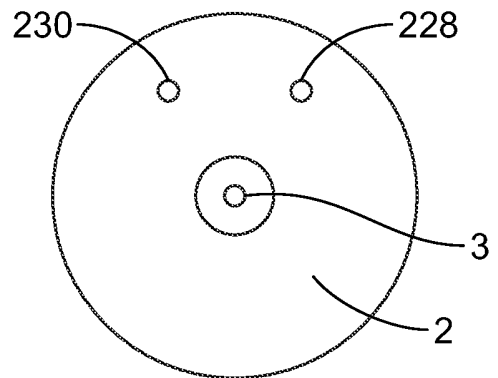


FIG. 24C

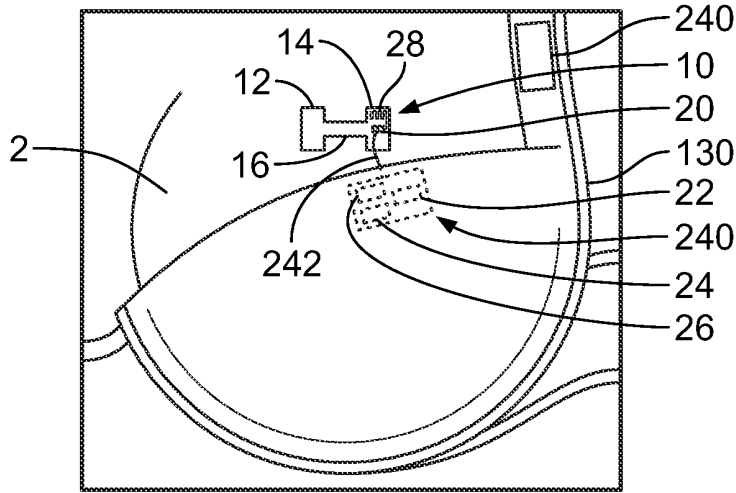


FIG. 25

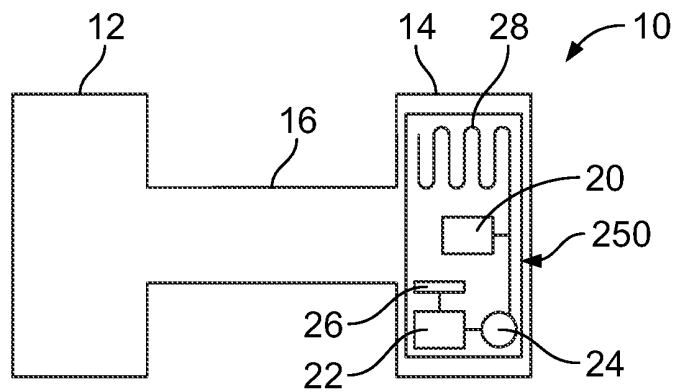


FIG. 26

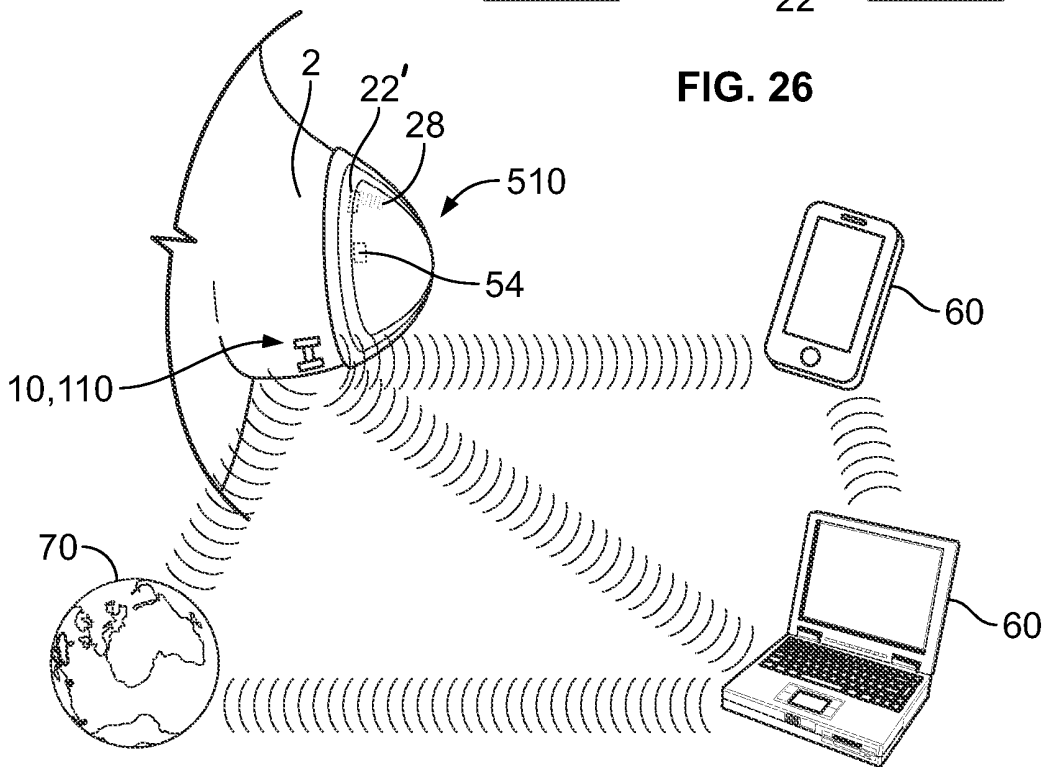


FIG. 27

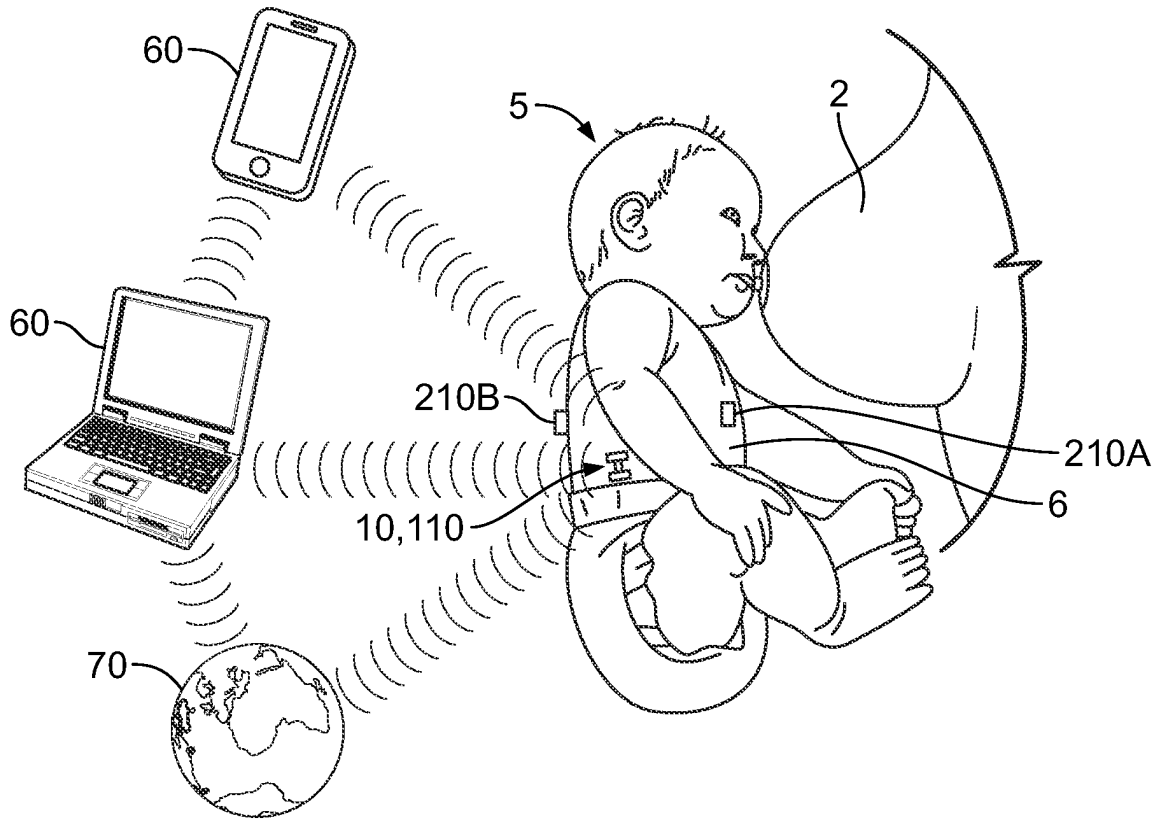


FIG. 28

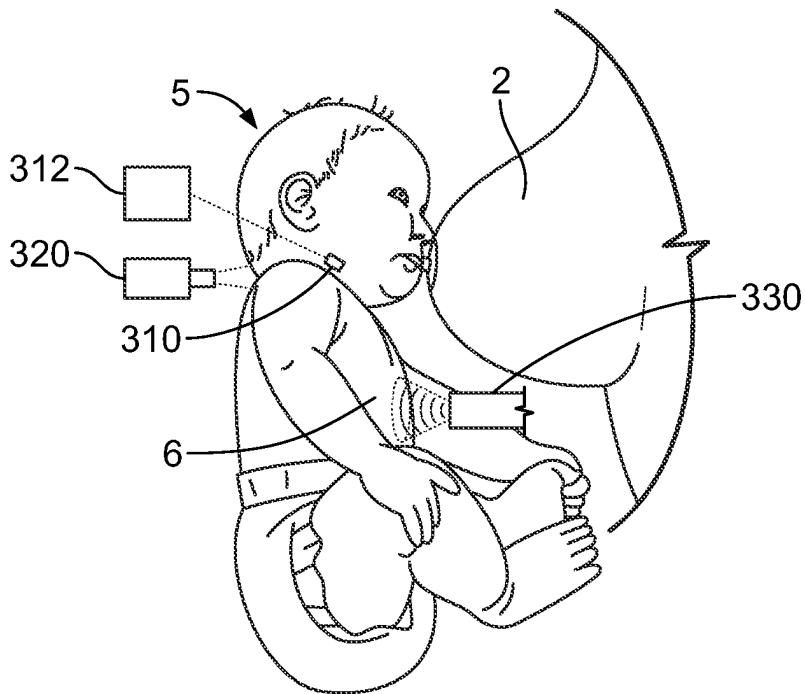


FIG. 29

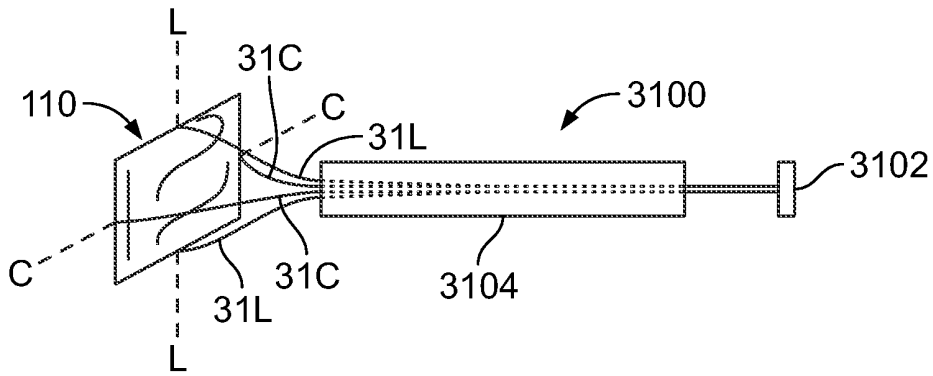


FIG. 30

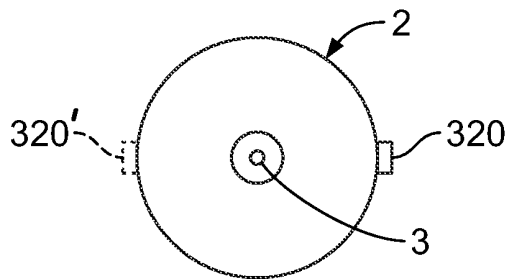


FIG. 31

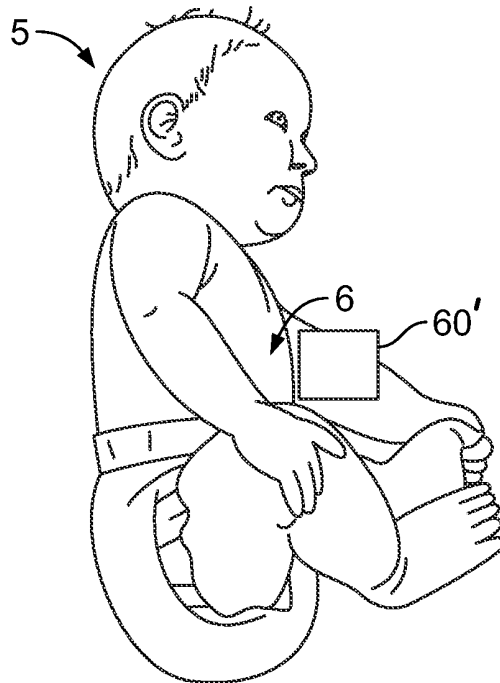


FIG. 32

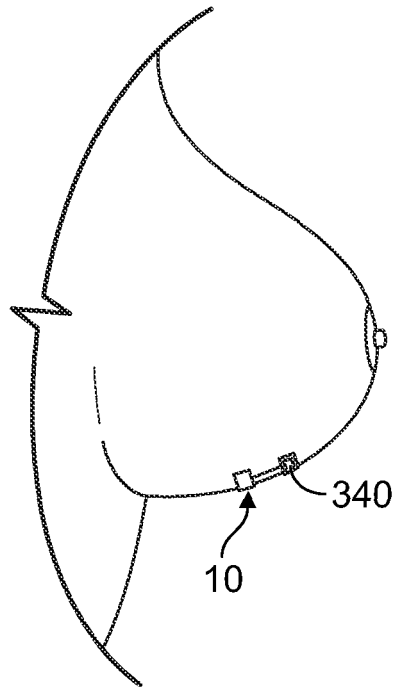


FIG. 33A

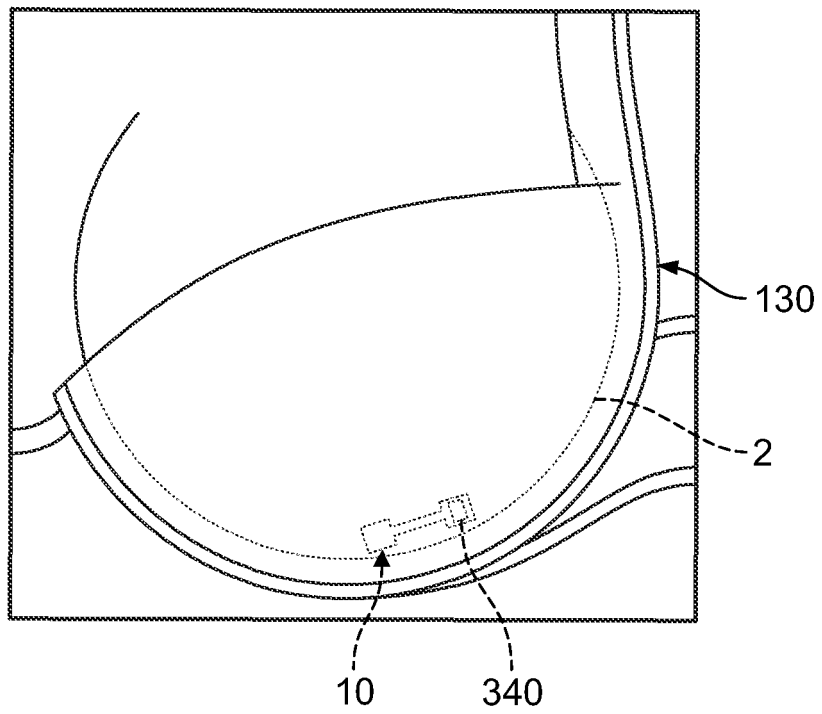


FIG. 33B

**REFERENCES CITED IN THE DESCRIPTION**

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专利名称(译)	用于评估从乳房表达的乳汁量的系统		
公开(公告)号	<a href="#">EP3193707B1</a>	公开(公告)日	2019-09-04
申请号	EP2015841125	申请日	2015-09-16
[标]申请(专利权)人(译)	医疗探索NC6公司		
申请(专利权)人(译)	EXPLORAMED NC7 , INC.		
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摘要(译)

描述了用于评估乳房内乳量变化的系统和方法。还描述了用于评估婴儿胃中体积变化的系统和方法。

