



(11) **EP 2 700 353 B1**

(12) **EUROPEAN PATENT SPECIFICATION**

(45) Date of publication and mention of the grant of the patent:  
**01.04.2015 Bulletin 2015/14**

(51) Int Cl.:  
**A61B 5/024** <sup>(2006.01)</sup> **A61B 5/05** <sup>(2006.01)</sup>  
**A61B 5/00** <sup>(2006.01)</sup>

(21) Application number: **13171500.5**

(22) Date of filing: **11.06.2013**

(54) **Heart rate estimating apparatus and method**

Herzfrequenzschätzvorrichtung und Verfahren

Appareil d'estimation de fréquence cardiaque et procédé

(84) Designated Contracting States:  
**AL AT BE BG CH CY CZ DE DK EE ES FI FR GB GR HR HU IE IS IT LI LT LU LV MC MK MT NL NO PL PT RO RS SE SI SK SM TR**

(30) Priority: **22.08.2012 JP 2012183407**

(43) Date of publication of application:  
**26.02.2014 Bulletin 2014/09**

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## Description

### FIELD

**[0001]** The embodiments discussed herein are related to a heart rate estimating apparatus, a heart rate estimating method, and a computer-readable storage medium.

### BACKGROUND

**[0002]** In this specification, a person (or user) who is a target of heart rate measurement or heart rate estimation, will be referred to as a "subject", for the sake of convenience. Various heart rate measuring apparatuses have been proposed to measure a heart rate by making contact with the subject. However, in the case of the contact type heart rate measuring apparatus, an exclusive sensor, such as an ear clip to be worn on the subject's ear, for example, is used. For this reason, the contact type heart rate measuring apparatus may not be easy to use, and the ear clip may come off from the subject's ear. Hence, it may be difficult to realize a heart rate measuring apparatus capable of positively measuring the heart rate while the subject moves, such as when the subject walks.

**[0003]** On the other hand, a non-contact type heart rate measuring apparatus may detect reflected wave from breast or the like of the subject irradiated with microwave, for example, and estimate the heart rate of the subject by utilizing the Doppler effect. More particularly, because the reflected wave from the subject changes when a distance between a microwave transmitter and the subject changes, the heart rate may be estimated by measuring a displacement of a body surface or an organ, such as the heart, caused by the heart beat. For example, the microwave may have a wavelength of 1 m to 100  $\mu$ m and a frequency of 300 MHz to 3 THz.

**[0004]** However, the reflected wave from the subject may include reflected wave related to various information other than heart rate information. The reflected wave related to the various information other than the heart rate information may include the reflected wave from other than the body surface of the subject undergoing the displacement caused by the heart beat, such as the body surface of the subject undergoing a displacement caused by breathing, clothing worn by the subject, and the like. When the subject moves by walking, for example, the heart rate and a respiration rate tend to increase, and a shape of the clothing also changes. For this reason, the reflected wave related to the various information other than the heart rate information changes depending on a movement and the like of the subject.

**[0005]** The various information other than the heart rate information may be regarded as noise with respect to the heart rate information, and the accuracy of the heart rate estimation may be difficult to improve when the noise is mixed to the reflected wave. The accuracy of the heart rate estimation may be difficult to improve

particularly because it is difficult to eliminate the noise that changes depending on the movement of the subject.

**[0006]** Various techniques are proposed in Japanese Laid-Open Patent Publications No. 2009-55997, No. 2011-50604, No. 2008-99849, No. 2005-237569, No. 5-288760, and No. 1-115344, for example.

**[0007]** In the conventional non-contact type heart rate measuring apparatuses, it may be difficult to improve the accuracy of the heart rate estimation because separation of the heart rate information, by eliminating the noise that changes depending on the movement of the subject, is difficult.

**[0008]** US 2009/0203972 A2 discloses an apparatus, system and method for monitoring the motion, breathing, heart rate and sleep state of subjects (e.g. humans) in a non-invasive/non-contact and low cost fashion. The system, method and apparatus specify the use of a radiofrequency sensor to obtain raw signals related to the motion, breathing and heart rate of a subject.

### SUMMARY

**[0009]** Accordingly, it is an object in one aspect of the embodiment to provide a heart rate estimating apparatus, a heart rate estimating method, and a computer-readable storage medium, which may improve the accuracy of the heart rate estimation.

**[0010]** According to one aspect of the present invention, a heart rate estimating apparatus may include a transmitter configured to transmit microwave with respect to a subject; a receiver configured to receive and detect reflected wave from the subject irradiated with the microwave, and acquire a detected result; a sensor configured to sense a movement of the subject, and acquire a sensed result; and an estimating unit configured to estimate a heart rate based on feature points obtained by frequency analysis of the detected result, the heart rate being estimated based on the feature points remaining after excluding, from heart rate candidates, feature points that are obtained by frequency analysis of the detected result that are located in a vicinity of frequencies at which further feature points are obtained by frequency analysis of the sensed result,

wherein the feature points and further feature points identify frequencies established after frequency analysis to have a peak amplitude greater than or equal to a predetermined amplitude.

**[0011]** The object and advantages of the invention will be realized and attained by means of the elements and combinations particularly pointed out in the claims.

**[0012]** It is to be understood that both the foregoing general description and the following detailed description are exemplary and explanatory and are not restrictive of the invention, as claimed.

### BRIEF DESCRIPTION OF DRAWINGS

**[0013]**

FIG. 1 is a diagram for explaining an example of a non-contact type heart rate estimating apparatus;  
 FIG. 2 is a block diagram illustrating an example of a hardware configuration of the heart rate estimating apparatus in one embodiment;  
 FIG. 3 is a block diagram illustrating an example of a microwave transmitter and receiver;  
 FIG. 4 is a perspective view illustrating a first example of a mobile phone with a cover on a rear side thereof removed;  
 FIG. 5 is a perspective view illustrating a second example of the mobile phone with the cover on the rear side thereof removed;  
 FIG. 6 is a perspective view illustrating a front side of a third example of the mobile phone;  
 FIG. 7 is a perspective view illustrating an example of a PC (Personal Computer);  
 FIG. 8 is a diagram illustrating a state of use of the PC;  
 FIG. 9 is a block diagram illustrating an example of a functional configuration of the mobile phone in a case in which a microphone is used;  
 FIG. 10 is a diagram illustrating a relationship between a subject and XYZ coordinate axes;  
 FIG. 11 is a diagram illustrating an example of an analysis result obtained by frequency analysis of measured results from a contact type heart rate measuring apparatus;  
 FIG. 12 is a diagram illustrating an example of an analysis result obtained by frequency analysis of detected result of reflected wave from the subject irradiated with microwave;  
 FIG. 13 is a diagram illustrating an example of an analysis result obtained by frequency analysis of sensed result from the microphone;  
 FIG. 14 is a flow chart for explaining an example of a heart rate estimating process;  
 FIG. 15 is a block diagram illustrating an example of a functional configuration of the mobile phone in a case in which an acceleration sensor is used;  
 FIG. 16 is a diagram illustrating an example of an analysis result obtained by frequency analysis of measured results from the contact type heart rate measuring apparatus;  
 FIG. 17 is a diagram illustrating an example of an analysis result obtained by frequency analysis of detected result of reflected wave from the subject irradiated with the microwave;  
 FIG. 18 is a diagram illustrating an example of an analysis result obtained by frequency analysis of the sensed results for an X-axis of the acceleration sensor;  
 FIG. 19 is a diagram illustrating an example of an analysis result obtained by frequency analysis of the sensed results for a Y-axis of the acceleration sensor;  
 FIG. 20 is a diagram illustrating an example of an analysis result obtained by frequency analysis of the

sensed results for a Z-axis of the acceleration sensor;  
 FIG. 21 is a diagram illustrating a relationship between the mobile phone and the XYZ coordinate axes;  
 FIG. 22 is a diagram illustrating an example of an analysis result obtained by frequency analysis of measured results from the contact type heart rate measuring apparatus;  
 FIG. 23 is a diagram illustrating an example of an analysis result obtained by frequency analysis of detected result of reflected wave from the subject irradiated with the microwave;  
 FIG. 24 is a diagram illustrating an example of an analysis result obtained by frequency analysis of the sensed results for the X-axis of the angular velocity sensor;  
 FIG. 25 is a diagram illustrating an example of an analysis result obtained by frequency analysis of the sensed results for the Y-axis of the angular velocity sensor; and  
 FIG. 26 is a diagram illustrating an example of an analysis result obtained by frequency analysis of the sensed results for the Z-axis of the angular velocity sensor.

#### DESCRIPTION OF EMBODIMENTS

**[0014]** Preferred embodiments of the present invention will be described with reference to the accompanying drawings.

**[0015]** The disclosed heart rate estimating apparatus, heart rate estimating method, and computer-readable storage medium may receive and detect reflected wave from a subject irradiated with microwave to acquire a detected result, and sense a movement of the subject to acquire a sensed result. A heart rate may be estimated based on feature points remaining after excluding, from heart rate candidates, feature points that are obtained by frequency analysis of the detected result and are located in a vicinity of frequencies at which feature points are obtained by frequency analysis of the sensed result.

**[0016]** A description will now be given of the heart rate estimating apparatus, the heart rate estimating method, and the computer-readable storage medium in each embodiment according to the present invention.

**[0017]** FIG. 1 is a diagram for explaining an example of a non-contact type heart rate estimating apparatus. A microwave transmitter 1 may transmit microwave with respect to the breast of a subject 5, for example. A microwave receiver 2 may receive and detect reflected wave from the subject 5 irradiated with the microwave, and acquire a detected result. In the case of an adult subject, an amount of blood that is made to flow in one heart beat may be on the order of 80 ml, and the heart expands and contracts to make the heart beat. Hence, a heart rate may be estimated from an amount of change in the detected result, that is, the change in the reflected

wave from the subject 5.

**[0018]** The reflected wave from the subject 5 may include a relatively large amount of noise caused by a change in the distance between the microwave transmitter 1 and the subject 5. For example, clothing worn by the subject 5 may act as a mask that changes its shape depending on a movement of the subject 5, and it may be difficult to identify the reflected wave from the mask that changes its shape in such a manner. For this reason, the reflected wave from a body surface of the subject 5 and the reflected wave from the clothing worn by the subject 5 may be difficult to distinguish, and it may be difficult to accurately detect the distance between the microwave transmitter 1 and the subject and acquire the change in the distance.

**[0019]** The present inventor noted that the change in the distance between the microwave transmitter 1 and the subject 5 is caused by the movement of the subject 5, and conceived a relatively simple process to eliminate the noise caused by the change in the distance between the microwave transmitter 1 and the subject 5, that is, the noise that changes depending on the movement of the subject 5. This process may exclude, from heart rate candidates, peaks (or feature points) that are obtained by frequency analysis of the detected result acquired by the microwave receiver 2 and are located in a vicinity of frequencies at which peaks (or feature points) are obtained by frequency analysis of the sensed result acquired by the sensor. As will be described later, the movement of the subject 5 may be sensed by a sensor, such as a microphone, an acceleration sensor, an angular velocity sensor, and the like, that acquires a sensed result. In addition, because the movement of the body caused by the heart beat is small compared to the movement of the body when the subject 5 walks, for example, it may be convenient in that there is only a low possibility of the sensor configured to detect the movement of the subject 5 detecting the movement of the body caused by the heart beat.

**[0020]** FIG. 2 is a block diagram illustrating an example of a hardware configuration of the heart rate estimating apparatus in one embodiment. In the example illustrated in FIG. 2, the heart rate estimating apparatus is built into a mobile phone which is an example of an electronic apparatus.

**[0021]** As illustrated in FIG. 2, a mobile phone 10 includes a CPU (Central Processing Unit) 11, a RAM (Random Access Memory) 12, a ROM (Read Only Memory) 13, a recording medium interface 14, a display controller 15, an input and output controller 16, a communication interface 17, and a sensing unit 18 that are connected via a bus 19. A recording medium, such as an SD (Secure Digital) card (or memory card) 21, may be connected to the recording medium interface 14. A display unit 22 may be connected to the display controller 15. Input and output devices may be connected to the input and output controller 16. In this example, the input and output devices may include an USB (Universal Serial Bus) device

23 and a keyboard 24. However, the input and output devices are not limited to the USB device 23 and the keyboard 24, and may include a touchscreen panel, a speaker, and the like. In a case in which the functions of the display unit 22 and the keyboard 24 are realized by a touchscreen panel, the display unit 22 and the keyboard 24 may be omitted.

**[0022]** A communication unit at least including a microwave transmitter and receiver 25 may be connected to the communication interface 17. In this example, the electronic apparatus is formed by the mobile phone 10, and thus, the communication unit includes a mobile phone transmitter and receiver 26. The communication unit may include a NFC (Near Field Communication) unit, a BLUETOOTH (registered trademark) communication unit, a Wi-Fi (Wireless-Fidelity) transmitter and receiver, an infrared transmitter and receiver, and the like. At least one sensor for detecting the movement of the subject 5 may be connected to the sensing unit 18. In this example, the sensors for detecting the movement of the subject 5 may include a microphone 31, an acceleration sensor 32, and an angular velocity sensor (or gyro sensor or gyroscope) 33. The microphone 31 is an example of a sound pressure sensor (or detector). The acceleration sensor 32 and the angular velocity sensor 33 are an example of a velocity sensor (or detector). Sensors, such as a pressure sensor, a temperature and humidity sensor, an illuminance sensor, a camera, and the like, may further be connected to the sensing unit 18.

**[0023]** The CPU 11 may include a function to control the operation of the entire mobile phone 10. The RAM 12 and the ROM 13 may form a storage unit to store programs to be executed by the CPU 11 and various data. The programs may include a program which, when executed by a computer, such as the CPU 11, causes the computer to function as a heart rate estimating apparatus. The storage unit may include the SD card 21. The storage unit that stores one or more programs is an example of a non-transitory computer-readable storage medium.

**[0024]** The display unit 22 may include a function to display results of a heart rate estimating process, operation screens (or menus), and the like under control of the display controller 15. The results of the heart rate estimating process and the like, output under control of the input and output controller 16, may be output to the USB device 23. The USB device 23 may be formed by a USB cable, a USB memory, and the like, for example. The keyboard 24 may be operated when inputting various commands, data, and the like to the mobile phone 10 via the input and output controller 16.

**[0025]** FIG. 3 is a block diagram illustrating an example of the microwave transmitter and receiver 25. The microwave transmitter and receiver 25 illustrated in FIG. 3 may include a controller 251, an oscillator circuit 252, an antenna 253, a detection circuit 254, a power supply circuit 255, and an operational amplifier 256. Transmitting wave (that is, microwave) generated by the oscillator circuit

252 may branch to the antenna 253 and the detection circuit 254, and the subject 5 may be irradiated with the transmitting wave transmitted from the antenna 253. The transmitting wave reaching the subject 5 may be reflected, and the antenna 253 may receive the reflected wave of the transmitted wave, reflected from the subject 5. The reflected wave received by the antenna, indicated by a dotted line, and the transmitted wave indicated by a solid line may interfere with each other at a node N, and a combined wave (that is, DC component) indicated by a one-dot chain line may be output from the detection circuit 254. The operational amplifier 256 may amplify a predetermined frequency band of the combined wave to obtain a sensor output, and provide the sensor output to the CPU 11 via the communication interface 17. The power supply circuit 255 may include a battery to supply a power supply voltage to the controller 251, the oscillator circuit 252, the detection circuit 254, and the operational amplifier 256. For example, the battery of the power supply circuit 255 may be formed by a rechargeable battery. Of course, the power supply circuit 255 may be externally connected with respect to the microwave transmitter and receiver 25.

**[0026]** In the example illustrated in FIG. 3, the microwave transmitter 1 may include at least the oscillator circuit 252 and the antenna 253, and the microwave receiver 2 may include at least the antenna 253, the detection circuit 254, and the operational amplifier 256.

**[0027]** The microphone 31 may sense sound data, and provide the sensed sound data to the CPU 11 via the sensing unit 18. The acceleration sensor 32 may sense acceleration data of the mobile phone 10, and provide the sensed acceleration data to the CPU 11 via the sensing unit 18. The angular velocity sensor 33 may sense angular velocity data of the mobile phone 10, and provide the sensed angular velocity data to the CPU 11 via the sensing unit 18.

**[0028]** FIGs. 4 through 6 are diagrams for explaining examples of an arrangement of the microwave transmitter and receiver 25.

**[0029]** FIG. 4 is a perspective view illustrating a first example of the mobile phone with a cover on a rear side thereof removed. In the first example illustrated in FIG. 4, the microwave transmitter and receiver 25 may be arranged in an upper region A or a side region B on a rear side of a mobile phone 10-1, excluding a region in which a battery 255-1 is arranged. Because the regions A and B do not include the region in which the battery 255-1 is arranged, it may be possible to prevent the microwave transmission and reception from being blocked by the battery 255-1 and deteriorating the quality of the microwave transmission and reception. In addition, because the regions A and B are provided on the back side of the mobile phone 10-1, on the opposite side from a front side of the mobile phone 10-1 provided with the display unit 22 and the keyboard 24 (or touchscreen panel), it may be possible to prevent the microwave transmission and reception from being blocked by the display unit 22 and

the keyboard 24 (or touchscreen panel) and deteriorating the quality of the microwave transmission and reception. For example, in a case in which the mobile phone 10-1 is used in a state where the subject 5 wears the mobile phone 10-1 using a belt or the like, or places the mobile phone 10-1 within a pocket of the clothing, so that the back side of the mobile phone 10-1 faces the breast, arm or the like of the subject 5, the display unit 22 and the keyboard 24 (or touchscreen panel) provided on the front side of the mobile phone 10-1 are visible by the subject 5. Hence, the operability of the mobile phone 10-1 (that is, heart rate estimating apparatus) is good in that the subject 5 may operate the mobile phone 10-1 using the visible display unit 22 and the keyboard 24 (or touchscreen panel).

**[0030]** FIG. 5 is a perspective view illustrating a second example of the mobile phone with the cover on the rear side thereof removed. In the second example illustrated in FIG. 5, the microwave transmitter and receiver 25 may be arranged in an upper region C on a rear side of a mobile phone 10-2, excluding a region in which a battery 255-1 is arranged. Because the region C does not include the region in which the battery 255-1 is arranged, it may be possible to prevent the microwave transmission and reception from being blocked by the battery 255-1 and deteriorating the quality of the microwave transmission and reception. In addition, because the region C is provided on the back side of the mobile phone 10-2, on the opposite side from a front side of the mobile phone 10-2 provided with the display unit 22 and the keyboard 24 (or touchscreen panel), it may be possible to prevent the microwave transmission and reception from being blocked by the display unit 22 and the keyboard 24 (or touchscreen panel) and deteriorating the quality of the microwave transmission and reception. For example, in a case in which the mobile phone 10-2 is used in a state where the subject 5 wears the mobile phone 10-2 using a belt or the like, or places the mobile phone 10-2 within a pocket of the clothing, so that the back side of the mobile phone 10-2 faces the breast, arm or the like of the subject 5, the display unit 22 and the keyboard 24 (or touchscreen panel) provided on the front side of the mobile phone 10-2 are visible by the subject 5. Hence, the operability of the mobile phone 10-2 (that is, heart rate estimating apparatus) is good in that the subject 5 may operate the mobile phone 10-2 using the visible display unit 22 and the keyboard 24 (or touchscreen panel).

**[0031]** FIG. 6 is a perspective view illustrating a front side of a third example of the mobile phone. In the third example illustrated in FIG. 6, the microwave transmitter and receiver 25 may be arranged in an upper region D on a front side of a mobile phone 10-3, excluding regions in which the display unit 22 and the keyboard 24 (or touchscreen panel) are arranged. Because the region D does not include the regions in which the display unit 22 and the keyboard 24 (or touchscreen panel) are arranged, it may be possible to prevent the microwave transmission and reception from being blocked by the display unit 22

and the keyboard 24 (or touchscreen panel) and deteriorating the quality of the microwave transmission and reception. For example, in a case in which the mobile phone 10-3 is used in a state where the mobile phone 10-3 is operated by the subject 5, the microwave transmitter and receiver 25 may continue the microwave transmission and reception with respect to the subject 5, and the operability of the mobile phone 10-3 (that is, heart rate estimating apparatus) is good in that the subject 5 may operate the mobile phone 10-3 using the visible display unit 22 and the keyboard 24 (or touchscreen panel).

**[0032]** FIGs. 7 and 8 are diagrams for explaining a further arrangement of the microwave transmitter and receiver 25. FIG. 7 is a perspective view illustrating an example of a PC (Personal Computer), and FIG. 8 is a diagram illustrating a state of use of the PC. The PC is an example of the electronic apparatus. A PC 10-4 illustrated in FIGs. 7 and 8 may have a hardware configuration similar to that of the mobile phone 10 illustrated in FIG. 2 but excluding the mobile phone transmitter and receiver 26.

**[0033]** The PC 10-4 illustrated in FIG. 7 may include a main part 401 that is provided with the keyboard 24 and the like, and a lid part 402 that is provided with the display unit 22. FIG. 7 illustrates a state where the lid part 402 is open. A mouse 501 is an example of an input device connected to the input and output controller 16 within the main part 401. The microwave transmitter and receiver 25 may be arranged in an upper region E of the lid part 402 of the PC 10-4, excluding a region in which the display unit 22 is arranged. Because the region E does not include the region in which the display unit 22 is arranged, it may be possible to prevent the microwave transmission and reception from being blocked by the display unit 22 and deteriorating the quality of the microwave transmission and reception. For example, in a case in which the PC 10-4 is used in a state where the subject 5 operates the keyboard 24 of the PC 10-4 that is placed on a table 601 as illustrated in FIG. 8, the microwave transmitter and receiver 25 may continue the microwave transmission and reception with respect to the subject 5, and the operability of the PC 10-4 (that is, heart rate estimating apparatus) is good in that the subject 5 may operate the PC 10-4 using the visible display unit 22 and the keyboard 24.

**[0034]** Next, a description will be given of the operation for a case in which the microphone 31 is used as an example of the sensor to detect the movement of the subject 5, by referring to FIG. 9. FIG. 9 is a block diagram illustrating an example of a functional configuration of the mobile phone 10 in a case in which the microphone 31 is used.

**[0035]** The mobile phone 10 illustrated in FIG. 9 may include a displacement detector 41-1, a feature point extractor 42, a heart rate and respiration rate computing unit 43, an output unit 44, and a data distributor 45. The data distributor 45 may form a part of the displacement detector 41-1, or form a part of the feature point extractor

42. Functions of the feature point extractor 42, the heart rate and respiration rate computing unit 43, and the output unit 44 may be realized by the CPU 11 illustrated in FIG. 2. The CPU 11 may also realize a function of the data distributor 45.

**[0036]** The displacement detector 41-1 may include the microwave transmitter 1, the microwave receiver 2, and the microphone 31. Data of the reflected wave from the subject 5 irradiated with the microwave transmitted from the microwave transmitter 1 and detected by the microwave receiver 2, and sound data from a vicinity of the subject 5 and sensed by the microphone 31 are separately input to the feature point extractor 42 after the data distributor 45 confirms that the data of the reflected wave (hereinafter also referred to as "reflected wave data") and the sound data include no loss. The sound data sensed by the microphone 31 may include data of sound that is generated when the subject 5 moves. The sound that is generated when the subject 5 moves may include rubbing sound of the clothing itself worn by the subject 5, rubbing sound of the clothing making contact with a chair, a seat belt of a vehicle, and the like, sound of shoes of the subject 5 making contact with a floor and the like when the subject 5 walks, and the like. The reflected wave data output from the microwave receiver 2 and the sound data output from the microphone 31 may be input directly to the feature point extractor 42, and in this case, the data distributor 45 may be omitted.

**[0037]** The feature point extractor 42 may include a signal period estimator 420 and a feature recognition unit 428. The signal period estimator 420 may include power spectrum converters 421-1 and 421-2, peak frequency specifying units 422-1 and 422-2, a heart rate information estimator 423-1, a peak frequency comparator 423-2, a peak frequency specifying unit 424-1, a respiratory information estimator 424-2, a filter 425-1, a peak frequency specifying unit 425-2, a filter 426, and an adder 427. The power spectrum converters 421-1 and 421-2 are examples of first and second frequency analyzers.

**[0038]** FIG. 10 is a diagram illustrating a relationship between the subject 5 and XYZ coordinate axes. FIG. 11 is a diagram illustrating an example of an analysis result obtained by frequency analysis of measured results from a contact type heart rate measuring apparatus using an ear clip.

**[0039]** The power spectrum converter 421-1 may convert a power spectrum by frequency analysis of the reflected wave data detected by the microwave receiver 2. In this example, FFT (Fast Fourier Transform) is used for the frequency analysis, and an analysis result illustrated in FIG. 12 may be obtained, for example. FIG. 12 is a diagram illustrating an example of the analysis result obtained by frequency analysis of detected result of the reflected wave data from the subject 5 irradiated with the microwave. FIG. 12 illustrates the analysis result that is obtained simultaneously as the measurement to obtain the analysis result illustrated in FIG. 11, for example. The peak frequency specifying unit 422-1 may specify, from

the analysis result illustrated in FIG. 12, the frequency at which a peak greater than or equal to a predetermined amplitude is generated.

**[0040]** On the other hand, the power spectrum converter 421-2 may convert a power spectrum by frequency analysis of the sound data sensed by the microphone 31. In this example, the FFT is used for the frequency analysis, and an analysis result illustrated in FIG. 13 may be obtained, for example. FIG. 13 is a diagram illustrating an example of the analysis result obtained by frequency analysis of sensed result from the microphone 31. The peak frequency specifying unit 422-2 may specify, from the analysis result illustrated in FIG. 13, the frequency at which a peak greater than or equal to a predetermined amplitude is generated.

**[0041]** The peak frequency comparator 423-2 may compare the frequencies (hereinafter also referred to as "peak frequencies") at which the peaks specified by the peak frequency specifying units 422-1 and 422-2 are generated, and input a compared result to the heart rate information estimator 423-1. The heart rate estimator 423-1 may search the peak frequency in a frequency range of 0.5 Hz or higher and 4.0 Hz or lower, for example, in order to estimate the heart rate information. The heart rate estimator 423-1 may exclude, from the heart rate candidates, the peak frequency located in a vicinity (that is, within a predetermined frequency range) of the peak frequencies illustrated in FIG. 13, amongst the peak frequencies illustrated in FIG. 12. As illustrated in FIG. 11, a correct peak Pc corresponding to the heart beat is located in a vicinity of 1.0 Hz. On the other hand, as illustrated in FIG. 12, according to the frequency analysis result obtained from the detected result of the reflected wave, the peak Pc in the vicinity of 1.0 Hz and a peak Pn in a vicinity of 1.2 Hz exist. However, as illustrated in FIG. 13, according to the frequency analysis result obtained from the sensed result of the sound data from the microphone 31, no peak exists in the vicinity of 1.0 Hz, and a peak Ps exists in a vicinity of 1.2 Hz. Hence, it may be seen that the peak Pn in FIG. 12 is due to noise. In other words, the compared result from the peak frequency comparator 423-2 may indicate that the peak Pn illustrated in FIG. 12 and the peak Ps illustrated in FIG. 13 exist in the vicinity of 1.2 Hz, and the heart rate information estimator 423-1 may exclude the peak Pn from the heart rate candidates.

**[0042]** The peak frequency specifying unit 424-1 may specify the frequency (that is, peak frequency) of the peak, excluding the peak Pn that is excluded from the heart rate candidates by the heart rate information estimator 423-1. The filter 425-1 may perform a filter process with respect to the reflected wave data, about the peak frequency specified as the heart rate candidate, that is, using the peak frequency specified as the heart rate candidate as a center of the filter process. In this example, the filter process may be a BPF (BandPass Filter) process, in order to accurately extract the heart rate that may fluctuate for each heart beat. The reflected wave data

subjected to the filter process of the filter 425-1 may be input to the feature recognition unit 428 via the adder 427.

**[0043]** In this example, a respiration rate estimating process to estimate the respiration rate is performed in addition to the heart rate estimating process to estimate the heart rate. For this reason, the compared result from the peak frequency comparator 423-2 may be input to the respiratory information estimator 424-2. The respiratory information estimator 424-2 may search the peak frequency in a frequency range of 0.1 Hz or higher and 0.8 Hz or lower, for example, in order to estimate the respiratory information. Amongst the peak frequencies illustrated in FIG. 12, the respiratory information estimator 424-2 may regard, as a respiratory candidate, a peak Pb greater than or equal to a predetermined amplitude in a frequency range of 0.1 Hz or higher and 0.8 Hz or lower. In this example, between the respiratory information and the heart rate information to be processed by the power spectrum converters 422-1 and 422-2, the amount of respiratory information to be processed is set to be several times larger than the amount of heart rate information to be processed, for example.

**[0044]** The peak frequency specifying unit 425-2 may specify the frequency of the peak Pb (peak frequency: in a vicinity of 0.3 Hz) that becomes the respiratory candidate and is extracted by the respiratory information estimator 424-2. The filter 426 may perform a filter process with respect to the reflected wave data, about the frequency of the peak Pb (peak frequency) specified as the respiratory candidate, that is, using the peak frequency specified as the respiratory candidate as a center of the filter process. In this example, the filter process may be a BPF process, in order to accurately extract the respiration rate that may fluctuate for each breath. The reflected wave data subjected to the filter process of the filter 426 may be input to the feature recognition unit 428 via the adder 427.

**[0045]** In FIG. 12, a relatively large peak exists in a frequency range lower than 0.8 Hz. However, this relatively large peak may be regarded as being caused by the subject 5 feeling tension at the start of the heart rate estimation, and the rise in the heart rate from that in a resting state due to the tension may be approximately 20%. Accordingly, in the case in which the relatively large peak occurs due to tension felt by the subject 5, low-frequency components lower than 0.8 Hz, for example, may be ignored in FIG. 12, in order to utilize, for the heart rate estimation, the analysis result in the frequency range of 0.8 Hz or higher and 4.0 Hz or lower in which the general heart rate falls.

**[0046]** The feature recognition unit 428 recognizes the feature points of the data received from the filter 425-1 and the feature points of the data received from the filter 426, by a known method. More particularly, the feature recognition unit 428 may acquire a heart beat interval (or pitch) by subjecting the output data of the filter 425-1 to a first order differentiation in order to obtain the feature points, and acquire a respiration interval (or pitch) by sub-

jecting the output data of the filter 426 to a first order differentiation in order to obtain the feature points.

**[0047]** The heart rate and respiration rate computing unit 43 may compute the heart rate from the heart beat interval output from the feature recognition unit 428, and compute the respiration rate from the respiration interval output from the feature recognition unit 428. The output unit 44 may output the heart rate and the respiration rate computed by the heart rate and respiration rate computing unit 43. The heart rate and the respiration rate computed by the heart rate and respiration rate computing unit 43 may be stored in a storage unit.

**[0048]** When not computing the respiration rate, the respiratory information estimator 424-2, the peak frequency specifying unit 425-2, the filter 426, and the adder 427 may be omitted. In this case, a heart rate computing unit may be provided in place of the heart rate and respiration rate computing unit 43.

**[0049]** FIG. 14 is a flow chart for explaining an example of the heart rate estimating process. The heart rate estimating process illustrated in FIG. 14 may be executed by the CPU 11 illustrated in FIG. 2, or by functional blocks including the power spectrum converters 421-1 and 421-2, the peak frequency specifying units 422-1 and 422-2, the heart rate information estimator 423-1, the peak frequency comparator 423-2, and the peak frequency specifying unit 424-1 illustrated in FIG. 9.

**[0050]** The heart rate estimating process illustrated in FIG. 14 may be started when the detected result from the microwave receiver 2 is input via the communication interface 17 and the sensed result from the microphone 31 is input via the sensing unit 18. In FIG. 14, step S1 checks the input sensor data, including the detected result and the sensed result, and decides whether the sensor data are loss-free (that is, includes no loss). The process advances to step S2 when the sensor data are loss-free and the decision result in step S1 becomes YES. Step S2 separates the sensor data into the detected result of the reflected wave data detected by the microwave receiver 2, and the sensed result of the sound data sensed by the microphone 31. Step S11 stores the reflected wave data and the sound data, separated in step S2, in the storage unit.

**[0051]** Step S3 acquires the reflected wave data, and step S4 subjects the acquired reflected data to a LPF (Low-Pass Filter) process in order to limit the peak frequency to be searched to a frequency range of 5 Hz or lower, for example. Step S5 subjects the reflected wave data that are subjected to the LPF process to a FFT that is an example of the frequency analysis. Step S6 extracts the feature points from the frequency analysis result of the reflected wave data that are subjected to the LPF process, and the process advances to step S12.

**[0052]** On the other hand, step S7 acquires the sound data, and step S8 subjects the acquired sound data to a LPF process in order to limit the peak frequency to be searched to a frequency range of 5 Hz or lower, for example, similarly to step S4. Step S9 subjects the sound

data that are subjected to the LPF process to a FFT that is an example of the frequency analysis. Step S10 extracts the feature points from the frequency analysis result of the sound data that are subjected to the LPF process, and the process advances to step S12.

**[0053]** Step S12 decides whether a feature point extracted in step S6 matches a feature point extracted in step S10. When matching feature points exist and the decision result in step S10 is YES, step S13 excludes the matching feature points from the heart rate candidates, by not using the matching feature points. After step S13 or when the decision result in step S12 is NO, step S14 computes a BPF value to be used by a BPF process that is performed in order to accurately extract the heart rate that may fluctuate for each heart beat. In addition, step S15 uses the BPF value computed in step S14, in order to perform the BPF process on the reflected wave data stored in the storage unit in step S11, about the feature point (peak frequency) extracted as the heart rate candidate, that is, using the peak frequency specified as the heart rate candidate as a center of the BPF process.

**[0054]** Step S16 acquires the heart beat interval by performing a first order differentiation on the reflected wave data that are subjected to the BPF process in step S15 in order to obtain the feature points. Step S17 computes the heart rate from the heart beat interval acquired in step S16.

**[0055]** Next, a description will be given of the operation for a case in which the acceleration sensor 32 is used as an example of the sensor to sense the movement of the subject 5, by referring to FIG. 15. FIG. 15 is a block diagram illustrating an example of a functional configuration of the mobile phone 10 in the case in which the acceleration sensor 32 is used. In FIG. 15, those parts that are the same as those corresponding parts in FIG. 9 are designated by the same reference numerals, and a description thereof will be omitted. In this example, an inertia sensor illustrated in FIG. 15 is formed by the acceleration sensor 32.

**[0056]** The relationship between the subject 5 and the XYZ coordinate axes is as illustrated in FIG. 10. FIG. 16 is a diagram illustrating an example of an analysis result obtained by frequency analysis of measured results from the contact type heart rate measuring apparatus using the ear clip.

**[0057]** The power spectrum converter 421-1 may convert a power spectrum by frequency analysis of the reflected wave data detected by the microwave receiver 2. In this example, FFT is used for the frequency analysis, and an analysis result illustrated in FIG. 17 may be obtained, for example. FIG. 17 is a diagram illustrating an example of the analysis result obtained by frequency analysis of detected result of the reflected wave data from the subject 5 irradiated with the microwave. FIG. 17 illustrates the analysis result that is obtained simultaneously as the measurement to obtain the analysis result illustrated in FIG. 16, for example. The peak frequency

specifying unit 422-1 may specify, from the analysis result illustrated in FIG. 17, the frequency at which a peak greater than or equal to a predetermined amplitude is generated.

**[0058]** On the other hand, the power spectrum converter 421-2 may convert a power spectrum by frequency analysis of acceleration data sensed by the acceleration sensor 32. In this example, the FFT is used for the frequency analysis, and analysis results illustrated in FIGs. 18 through 20 may be obtained, for example. FIG. 18 is a diagram illustrating an example of the analysis result obtained by frequency analysis of the sensed results for an X-axis of the acceleration sensor 32. FIG. 19 is a diagram illustrating an example of the analysis result obtained by frequency analysis of the sensed results for a Y-axis of the acceleration sensor 32. FIG. 20 is a diagram illustrating an example of the analysis result obtained by frequency analysis of the sensed results for a Z-axis of the acceleration sensor 32. The peak frequency specifying unit 422-2 may specify, from the analysis results illustrated in FIGs. 18 through 20, the frequency at which a peak greater than or equal to a predetermined amplitude is generated.

**[0059]** The peak frequency comparator 423-2 may compare the frequencies (hereinafter also referred to as "peak frequencies") at which the peaks specified by the peak frequency specifying units 422-1 and 422-2 are generated, and input a compared result to the heart rate information estimator 423-1. The heart rate estimator 423-1 may search the peak frequency in a frequency range of 0.5 Hz or higher and 4.0 Hz or lower, for example, in order to estimate the heart rate information. The heart rate estimator 423-1 may exclude, from the heart rate candidates, the peak frequency located in a vicinity (that is, within a predetermined frequency range) of the peak frequencies illustrated in FIGs. 18 and 20, amongst the peak frequencies illustrated in FIG. 17. As illustrated in FIG. 16, a correct peak  $P_c$  corresponding to the heart beat is located in a vicinity of 1.5 Hz. On the other hand, as illustrated in FIG. 17, according to the frequency analysis result obtained from the detected result of the reflected wave, the peak  $P_c$  in the vicinity of 1.5 Hz and a peak  $P_n$  in a vicinity of 0.95 Hz exist. However, as illustrated in FIGs. 18 through 20, according to the frequency analysis result obtained from the sensed result of the acceleration data from the acceleration sensor 32, no peak exists in the vicinity of 1.5 Hz, and peaks  $P_{ax1}$  and  $P_{az1}$  exist in a vicinity of 0.95 Hz. Hence, it may be seen that the peak  $P_n$  in FIG. 17 is due to noise. In other words, the compared result from the peak frequency comparator 423-2 may indicate that the peak  $P_n$  illustrated in FIG. 17 and the peaks  $P_{ax1}$  and  $P_{az1}$  illustrated in FIGs. 18 and 20 exist in the vicinity of 0.95 Hz, and the heart rate information estimator 423-1 may exclude the peak  $P_n$  from the heart rate candidates. In this example, a peak in a vicinity of the frequencies of peaks  $P_{ax2}$ ,  $P_{ay2}$ , and  $P_{az2}$  in FIGs. 18 through 20 does not exist in the frequency analysis result obtained from the detected result

of the reflected wave data illustrated in FIG. 17.

**[0060]** The peak frequency specifying unit 424-1 may specify the frequency (that is, peak frequency) of the peak, excluding the peak  $P_n$  that is excluded from the heart rate candidates by the heart rate information estimator 423-1. The filter 425-1 may perform a filter process with respect to the reflected wave data, about the peak frequency specified as the heart rate candidate, that is, using the peak frequency specified as the heart rate candidate as a center of the filter process. In this example, the filter process may be a BPF process, in order to accurately extract the heart rate that may fluctuate for each heart beat. The reflected wave data subjected to the filter process of the filter 425-1 may be input to the feature recognition unit 428 via the adder 427.

**[0061]** The process performed thereafter may be similar to that of the process illustrated in FIG. 9. In addition, the heart rate estimating process may be realized by steps similar to those illustrated in the flow chart of FIG. 14.

**[0062]** Next, a description will be given of the operation for a case in which the angular velocity sensor 33 is used as an example of the sensor to detect the movement of the subject 5. An example of the functional configuration of the mobile phone 10 in the case in which the angular velocity sensor 33 is used may be similar to that illustrated in FIG. 15. In this case, the inertia sensor illustrated in FIG. 15 is formed by the angular velocity sensor 33.

**[0063]** FIG. 21 is a diagram illustrating a relationship between the mobile phone 10 and the XYZ coordinate axes, and FIG. 22 is a diagram illustrating an example of an analysis result obtained by frequency analysis of measured results from the contact type heart rate measuring apparatus using the ear clip.

**[0064]** The power spectrum converter 421-1 may convert a power spectrum by frequency analysis of the reflected wave data detected by the microwave receiver 2. In this example, FFT is used for the frequency analysis, and an analysis result illustrated in FIG. 23 may be obtained, for example. FIG. 23 is a diagram illustrating an example of the analysis result obtained by frequency analysis of detected result of the reflected wave data from the subject 5 irradiated with the microwave. FIG. 23 illustrates the analysis result that is obtained simultaneously as the measurement to obtain the analysis result illustrated in FIG. 22, for example. The peak frequency specifying unit 422-1 may specify, from the analysis result illustrated in FIG. 23, the frequency at which a peak greater than or equal to a predetermined amplitude is generated.

**[0065]** On the other hand, the power spectrum converter 421-2 may convert a power spectrum by frequency analysis of angular velocity data sensed by the angular velocity sensor 33. In this example, the FFT is used for the frequency analysis, and analysis results illustrated in FIGs. 24 through 26 may be obtained, for example. FIG. 24 is a diagram illustrating an example of the analysis result obtained by frequency analysis of the sensed re-

sults for an X-axis of the angular velocity sensor 33. FIG. 25 is a diagram illustrating an example of the analysis result obtained by frequency analysis of the sensed results for a Y-axis of the angular velocity sensor 33. FIG. 26 is a diagram illustrating an example of the analysis result obtained by frequency analysis of the sensed results for a Z-axis of the angular velocity sensor 33. The peak frequency specifying unit 422-2 may specify, from the analysis results illustrated in FIGs. 24 through 26, the frequency at which a peak greater than or equal to a predetermined amplitude is generated.

**[0066]** The peak frequency comparator 423-2 may compare the frequencies (hereinafter also referred to as "peak frequencies") at which the peaks specified by the peak frequency specifying units 422-1 and 422-2 are generated, and input a compared result to the heart rate information estimator 423-1. The heart rate estimator 423-1 may search the peak frequency in a frequency range of 0.5 Hz or higher and 4.0 Hz or lower, for example, in order to estimate the heart rate information. The heart rate estimator 423-1 may exclude, from the heart rate candidates, the peak frequency located in a vicinity (that is, within a predetermined frequency range) of the peak frequencies illustrated in FIGs. 24 and 26, amongst the peak frequencies illustrated in FIG. 23. As illustrated in FIG. 22, a correct peak  $P_c$  corresponding to the heart beat is located in a vicinity of 1.5 Hz. On the other hand, as illustrated in FIG. 23, according to the frequency analysis result obtained from the detected result of the reflected wave, the peak  $P_c$  in the vicinity of 1.5 Hz and a peak  $P_n$  in a vicinity of 0.95 Hz exist. However, as illustrated in FIGs. 24 through 26, according to the frequency analysis result obtained from the sensed result of the angular velocity data from the angular velocity sensor 33, no peak exists in the vicinity of 1.5 Hz, and peaks  $P_{ax1}$ ,  $P_{ay1}$ , and  $P_{az1}$  exist in a vicinity of 0.95 Hz. Hence, it may be seen that the peak  $P_n$  in FIG. 23 is due to noise. In other words, the compared result from the peak frequency comparator 423-2 may indicate that the peak  $P_n$  illustrated in FIG. 23 and the peaks  $P_{ax1}$ ,  $P_{ay1}$ , and  $P_{az1}$  illustrated in FIGs. 24 and 26 exist in the vicinity of 0.95 Hz, and the heart rate information estimator 423-1 may exclude the peak  $P_n$  from the heart rate candidates. In this example, a peak in a vicinity of the frequencies of peaks  $P_{ax2}$ ,  $P_{ay2}$ ,  $P_{az2}$ ,  $P_{ax3}$ ,  $P_{ay3}$ , and  $P_{az3}$  in FIGs. 24 through 26 does not exist in the frequency analysis result obtained from the detected result of the reflected wave data illustrated in FIG. 23.

**[0067]** The peak frequency specifying unit 424-1 may specify the frequency (that is, peak frequency) of the peak, excluding the peak  $P_n$  that is excluded from the heart rate candidates by the heart rate information estimator 423-1. The filter 425-1 may perform a filter process with respect to the reflected wave data, about the peak frequency specified as the heart rate candidate, that is, using the peak frequency specified as the heart rate candidate as a center of the filter process. In this example, the filter process may be a BPF process, in order to ac-

curately extract the heart rate that may fluctuate for each heart beat. The reflected wave data subjected to the filter process of the filter 425-1 may be input to the feature recognition unit 428 via the adder 427.

**[0068]** The process performed thereafter may be similar to that of the process illustrated in FIG. 9. In addition, the heart rate estimating process may be realized by steps similar to those illustrated in the flow chart of FIG. 14.

**[0069]** A combination of frequency analysis results of sensed data from two or more sensors, amongst the microphone 31, the acceleration sensor 32, and the angular velocity sensor 33, may be used to exclude, from the heart rate candidates, the peak corresponding to the noise within the frequency analysis result that is obtained from the detected result of the reflected wave. By using the combination of the frequency analysis results of the sensed data from two or more sensors, the accuracy of extracting the peak corresponding to the noise may be improved.

**[0070]** According to the disclosed heart rate estimating apparatus, the heart rate estimating method, and the computer-readable storage medium, the accuracy of the heart rate estimation may be improved without requiring contact with the subject, and the estimated heart rate may be used for various purposes. For example, the health condition, sleepiness (or drowsy state), and the like of the subject may be estimated from the estimated heart rate.

**[0071]** A portable heart rate estimating apparatus may be a dedicated electronic apparatus that is provided with the heart rate estimating function, or may be built into an electronic apparatus that is provided with a function other than the heart rate estimating function, such as a mobile phone, a PC, and the like. By holding the portable heart rate estimating apparatus at a predetermined location within a vehicle, for example, the heart rate of a driver, who is an example of the subject, may be estimated by the heart rate estimating apparatus while the driver is riding on the vehicle. In this case, the sleepiness and the like of the driver may be estimated by a known method, for example, based on the estimated heart rate of the driver.

**[0072]** In addition, the heart rate estimating apparatus is not limited to the portable type apparatus, and may be fixedly set within the vehicle, for example. In this case, the heart rate of the driver, who is an example of the subject, may be estimated by the heart rate estimating apparatus while the driver is riding on the vehicle, and the sleepiness and the like of the driver may be estimated by a known method, for example, based on the estimated heart rate of the driver. When setting the heart rate estimating apparatus within the vehicle, the heart rate estimating apparatus may be mounted on a steering wheel, a seat, a door, and the like, for example.

**[0073]** All examples and conditional language recited herein are intended for pedagogical purposes to aid the reader in understanding the invention and the concepts

contributed by the inventor to furthering the art, and are to be construed as being without limitation to such specifically recited examples and conditions, nor does the organization of such examples in the specification relate to a showing of the superiority and inferiority of the invention.

## Claims

### 1. A heart rate estimating apparatus comprising:

a transmitter (1) configured to transmit microwave with respect to a subject (5);  
 a receiver (2) configured to receive and detect reflected wave from the subject irradiated with the microwave, and acquire a detected result;  
 a sensor (31-33) configured to sense a movement of the subject, and acquire a sensed result;  
 and

an estimating unit (11, 420) configured to estimate a heart rate based on feature points obtained by frequency analysis of the detected result, the heart rate being estimated based on the feature points remaining after excluding, from heart rate candidates, feature points that are obtained by frequency analysis of the detected result that are located in a vicinity of frequencies at which further feature points are obtained by frequency analysis of the sensed result, **characterised in that**

the feature points and further feature points identify peak frequencies established after frequency analysis to have a peak greater than or equal to a predetermined amplitude.

### 2. The heart rate estimating apparatus as claimed in claim 1, wherein the sensor includes at least one of a microphone (31), an acceleration sensor (32), and an angular velocity sensor (33).

### 3. The heart rate estimating apparatus as claimed in claim 1 or 2, wherein the estimating unit includes a first frequency analyzer (11, 421-1) configured to perform frequency analysis of the detected result; a second frequency analyzer (11, 421-2) configured to perform frequency analysis of the sensed result; a first specifying unit (11, 422-1) configured to specify a first peak frequency from a frequency analysis result of the first frequency analyzer; a second specifying unit (11, 422-2) configured to specify a second peak frequency from a frequency analysis result of the second frequency analyzer; a comparator unit (11, 423-2) configured to compare the first and second peak frequencies specified by the first and second specifying units; and a heart rate estimator (11, 423-1) configured to exclude, from the heart rate candidates, the first peak

frequency specified by the first specifying unit that is located in a vicinity of the second peak frequency specified by the second specifying unit.

### 4. The heart rate estimating apparatus as claimed in claim 3, wherein the heart rate estimator is configured to search the first peak frequency to be excluded from the heart rate candidates in a range of 0.5 Hz or higher and 4.0 Hz or lower.

### 5. The heart rate estimating apparatus as claimed in any of claims 1 to 4, wherein the estimating unit includes a filter unit (11, 425-1) configured to perform a filter process with respect to the detected result of the reflected wave, about the peak frequency specified as the heart rate candidate.

### 6. The heart rate estimating apparatus as claimed in claim 5, wherein there are further provided:

a feature recognition unit (11, 428) configured to obtain the feature points by performing a first order differentiation on output data of the filter unit, in order to acquire a heart beat interval; and  
 a computing unit (11, 41) configured to compute the heart rate based on the heart beat interval.

### 7. A heart rate estimating method comprising:

acquiring a detected result from a receiver that receives and detects reflected wave from a subject irradiated with microwave;  
 acquiring a sensed result from a sensor that senses a movement of the subject; and  
 estimating a heart rate based on feature points obtained by frequency analysis of the detected result, the heart rate being estimated based on the feature points remaining after excluding, from heart rate candidates, feature points that are obtained by frequency analysis of the detected result that are located in a vicinity of frequencies at which further feature points are obtained by frequency analysis of the sensed result, **characterised in that**  
 the feature points and further feature points identify frequencies established after frequency analysis to have a peak greater than or equal to a predetermined amplitude.

### 8. The heart rate estimating method as claimed in claim 7, wherein the acquiring the sensed result senses the movement by at least one of a microphone, an acceleration sensor, and an angular velocity sensor.

### 9. The heart rate estimating method as claimed in claim 7 or 8, wherein the estimating includes performing frequency analysis of the detected result; performing frequency analysis of the sensed result;

specifying a first peak frequency from a frequency analysis result of the first performing;  
specifying a second peak frequency from a frequency analysis result of the second performing;  
comparing the first and second peak frequencies specified by the first and second specifying; and  
excluding, from the heart rate candidates, the first peak frequency specified by the first specifying that is located in a vicinity of the second peak frequency specified by the second specifying.

10. A non-transitory computer-readable storage medium having stored therein a program for causing an apparatus according to claim 1 to execute a process for estimating a heart rate, wherein the process comprises:

acquiring a detected result from a receiver that receives and detects reflected wave from a subject irradiated with microwave;  
acquiring a sensed result from a sensor that senses a movement of the subject; and  
estimating a heart rate based on feature points obtained by frequency analysis of the detected result, the heart rate being estimated based on the feature points remaining after excluding, from heart rate candidates, feature points that are obtained by frequency analysis of the detected result that are located in a vicinity of frequencies at which further feature points are obtained by frequency analysis of the sensed result, **characterised in that** the feature points and further feature points identify frequencies established after frequency analysis to have a peak greater than or equal to a predetermined amplitude.

11. The non-transitory computer-readable storage medium as claimed in claim 10, wherein the process further comprises:

sensing the movement of the subject from an output of at least one of a microphone, an acceleration sensor, and an angular velocity sensor.

12. The non-transitory computer-readable storage medium as claimed in claim 10 or 11, wherein the estimating includes  
performing frequency analysis of the detected result;  
performing frequency analysis of the sensed result;  
specifying a first peak frequency from a frequency analysis result of the first performing;  
specifying a second peak frequency from a frequency analysis result of the second performing;  
comparing the first and second peak frequencies specified by the first and second specifying; and  
excluding, from the heart rate candidates, the first

peak frequency specified by the first specifying that is located in a vicinity of the second peak frequency specified by the second specifying.

13. The non-transitory computer-readable storage medium as claimed in claim 12, wherein the excluding searches the first peak frequency to be excluded from the heart rate candidates in a range of 0.5 Hz or higher and 4.0 Hz or lower.

14. The non-transitory computer-readable storage medium as claimed in any of claims 10 to 13, wherein the estimating includes a filter process with respect to the detected result of the reflected wave, about the peak frequency specified as the heart rate candidate.

15. The non-transitory computer-readable storage medium as claimed in claim 14, wherein the process further comprises:

obtaining the feature points by performing a first order differentiation on output data of the filter process, in order to acquire a heart beat interval; and  
computing the heart rate based on the heart beat interval.

### 30 Patentansprüche

1. Vorrichtung zum Abschätzen der Herzfrequenz, umfassend:

einen Sender (1), der zum Übertragen von Mikrowellen bezüglich einer Person (5) ausgelegt ist;  
einen Empfänger (2), der zum Empfangen und Feststellen von reflektierten Wellen von der Person, welche mit der Mikrowelle bestrahlt wurde, und zum Annehmen eines festgestellten Ergebnisses ausgelegt ist;  
einen Sensor (31-33), der zum Erfassen einer Bewegung der Person und Annehmen eines erfassten Ergebnisses ausgelegt ist; und  
eine Schätzeinheit (11, 420), die zum Abschätzen einer Herzfrequenz auf der Basis von Merkmalspunkten ausgelegt ist, die durch Frequenzanalyse des festgestellten Ergebnisses erhalten wird, wobei die Herzfrequenz auf der Basis der Merkmalspunkte abgeschätzt wird, welche nach dem Ausschließen von Merkmalspunkten aus den Herzfrequenzkandidaten übrigbleiben, die durch Frequenzanalyse des festgestellten Ergebnisses erhalten werden, welche sich in der Nähe von Frequenzen befinden, bei denen weitere Merkmalspunkte durch Frequenzanalyse des erfassten Ergebnisses erhalten werden, da-

- durch gekennzeichnet, dass**  
 die Merkmalspunkte und weiteren Merkmalspunkte Peakfrequenzen identifizieren, bei denen nach Frequenzanalyse bestimmt wurde, dass sie einen Peak haben, der größer oder gleich einer vorgegebenen Amplitude ist. 5
2. Vorrichtung zum Abschätzen der Herzfrequenz nach Anspruch 1, wobei der Sensor mindestens ein Mikrofon (31), einen Beschleunigungssensor (32) und einen Winkelgeschwindigkeitssensor (33) umfasst. 10
3. Vorrichtung zum Abschätzen der Herzfrequenz nach Anspruch 1 oder 2, wobei die Schätzeinheit Folgendes umfasst 15  
 einen ersten Frequenzanalysator (11, 421-1), der zum Ausführen einer Frequenzanalyse des festgestellten Ergebnisses ausgelegt ist;  
 einen zweiten Frequenzanalysator (11, 421-2), der zum Ausführen einer Frequenzanalyse des festgestellten Ergebnisses ausgelegt ist; 20  
 eine erste Spezifizierungseinheit (11, 422-1), die zum Spezifizieren einer ersten Peakfrequenz aus einem Frequenzanalyseergebnis des ersten Frequenzanalysators ausgelegt ist; 25  
 eine zweite Spezifizierungseinheit (11, 422-2), die zum Spezifizieren einer zweiten Peakfrequenz aus einem Frequenzanalyseergebnis des zweiten Frequenzanalysators ausgelegt ist; 30  
 eine Vergleichseinheit (11, 423-2), die zum Vergleichen der ersten und zweiten Peakfrequenz ausgelegt ist, die durch die erste und zweite Spezifizierungseinheit spezifiziert werden; und  
 eine Herzfrequenzschätzeinrichtung (11, 423-1), die dafür ausgelegt ist, aus den Herzfrequenzkandidaten die erste Peakfrequenz, die durch die erste Spezifizierungseinheit spezifiziert wird, auszuschließen, welche sich in einer Nähe der zweiten Peakfrequenz befindet, welche durch die zweite Spezifizierungseinheit spezifiziert wird. 40
4. Vorrichtung zum Abschätzen der Herzfrequenz nach Anspruch 3, wobei die Herzfrequenzschätzeinrichtung dafür ausgelegt ist, die erste Peakfrequenz zu suchen, die aus den Herzfrequenzkandidaten in einem Bereich von 0,5 Hz oder größer und 4,0 Hz oder darunter ausgeschlossen werden soll. 45
5. Vorrichtung zum Abschätzen der Herzfrequenz nach einem der Ansprüche 1 bis 4, wobei die Schätzeinheit eine Filtereinheit (11, 425-1) umfasst, die zum Ausführen eines Filterprozesses in Bezug auf das festgestellte Ergebnis der reflektierten Welle zur Peakfrequenz ausgelegt ist, die als Herzfrequenzkandidat spezifiziert wird. 50
6. Vorrichtung zum Abschätzen der Herzfrequenz nach Anspruch 5, wobei weiterhin Folgendes vorgesehen ist: 55  
 eine Merkmalerkennungseinheit (11, 428), die zum Erhalten der Merkmalspunkte durch Ausführen einer Differenzierung ersten Grades an den Ausgabedaten der Filtereinheit ausgelegt ist, um ein Herzfrequenzintervall zu erfassen; und  
 eine Berechnungseinheit (11, 41), die zum Berechnen der Herzfrequenz auf der Basis des Herzfrequenzintervalls ausgelegt ist.
7. Verfahren zum Abschätzen der Herzfrequenz, umfassend:  
 Erlangen eines festgestellten Ergebnisses von einem Empfänger, der reflektierte Wellen von einer Person aufnimmt und feststellt, welche mit Mikrowellen bestrahlt wurde;  
 Erlangen eines erfassten Ergebnisses von einem Sensor, der eine Bewegung der Person erfasst; und  
 Abschätzen einer Herzfrequenz auf der Basis von Merkmalspunkten ausgelegt ist, die durch Frequenzanalyse des festgestellten Ergebnisses erhalten werden, wobei die Herzfrequenz auf der Basis der Merkmalspunkte abgeschätzt wird, welche nach dem Ausschließen von Merkmalspunkten aus den Herzfrequenzkandidaten übrigbleiben, die durch Frequenzanalyse des festgestellten Ergebnisses erhalten werden, welche sich in der Nähe von Frequenzen befinden, bei denen weitere Merkmalspunkte durch Frequenzanalyse des erfassten Ergebnisses erhalten werden, **dadurch gekennzeichnet, dass**  
 die Merkmalspunkte und weiteren Merkmalspunkte Frequenzen identifizieren, bei denen nach Frequenzanalyse bestimmt wurde, dass sie einen Peak haben, der größer oder gleich einer vorgegebenen Amplitude ist.
8. Verfahren zum Abschätzen der Herzfrequenz nach Anspruch 7, wobei das Erlangen des erfassten Ergebnisses die Bewegung durch mindestens ein Mikrofon, einen Beschleunigungssensor oder einen Winkelgeschwindigkeitssensor erfasst.
9. Verfahren zum Abschätzen der Herzfrequenz nach Anspruch 7 oder 8, wobei das Abschätzen Folgendes umfasst  
 Ausführen einer Frequenzanalyse des festgestellten Ergebnisses;  
 Ausführen einer Frequenzanalyse des erfassten Ergebnisses;  
 Spezifizieren einer ersten Peakfrequenz aus einem Frequenzanalyseergebnis der ersten Ausführung;  
 Spezifizieren einer zweiten Peakfrequenz aus einem

Frequenzanalyseergebnis der zweiten Ausführung; Vergleichen der ersten und zweiten Peakfrequenz, die durch das erste und zweite Spezifizieren angegeben werden; und

aus den Herzfrequenzkandidaten Ausschließen der ersten Peakfrequenz, die durch die erste Spezifizierung angegeben wird, welche sich in der Nähe der zweiten Peakfrequenz befindet, die durch die zweite Spezifizierung angegeben wird.

10. Nichtflüchtiges computerlesbares Speichermedium, das ein Programm gespeichert enthält, mit dem bewirkt wird, dass eine Vorrichtung nach Anspruch 1 einen Prozess zum Abschätzen einer Herzfrequenz ausführt, wobei der Prozess Folgendes umfasst:

Erlangen eines festgestellten Ergebnisses von einem Empfänger, der reflektierte Wellen von einer Person aufnimmt und feststellt, welche mit Mikrowellen bestrahlt wurde;

Erlangen eines erfassten Ergebnisses von einem Sensor, der eine Bewegung der Person erfasst; und

Abschätzen einer Herzfrequenz auf der Basis von Merkmalspunkten, die durch Frequenzanalyse des festgestellten Ergebnisses erhalten werden, wobei die Herzfrequenz auf der Basis der Merkmalspunkte abgeschätzt wird, welche nach dem Ausschließen von Merkmalspunkten aus den Herzfrequenzkandidaten übrigbleiben, die durch Frequenzanalyse des festgestellten Ergebnisses erhalten werden, welche sich in der Nähe von Frequenzen befinden, bei denen weitere Merkmalspunkte durch Frequenzanalyse des erfassten Ergebnisses erhalten werden, **dadurch gekennzeichnet, dass** die Merkmalspunkte und weiteren Merkmalspunkte Frequenzen identifizieren, bei denen nach Frequenzanalyse bestimmt wurde, dass sie einen Peak haben, der größer oder gleich einer vorgegebenen Amplitude ist.

11. Nichtflüchtiges, computerlesbares Speichermedium nach Anspruch 10, wobei der Prozess weiter Folgendes umfasst:

Erfassen der Bewegung der Person aus einer Ausgabe von mindestens einem Element aus einem Mikrofon, einem Beschleunigungssensor und einem Winkelgeschwindigkeitssensor.

12. Nichtflüchtiges, computerlesbares Speichermedium nach Anspruch 10 oder 11, wobei das Abschätzen Folgendes umfasst  
Ausführen einer Frequenzanalyse des festgestellten Ergebnisses;  
Ausführen einer Frequenzanalyse des erfassten Ergebnisses;

Spezifizieren einer ersten Peakfrequenz aus einem Frequenzanalyseergebnis der ersten Ausführung; Spezifizieren einer zweiten Peakfrequenz aus einem Frequenzanalyseergebnis der zweiten Ausführung;

Vergleichen der ersten und zweiten Peakfrequenz, die durch das erste und zweite Spezifizieren angegeben werden; und

aus den Herzfrequenzkandidaten Ausschließen der ersten Peakfrequenz, die durch die erste Spezifizierung angegeben wird, welche sich in der Nähe der zweiten Peakfrequenz befindet, die durch die zweite Spezifizierung angegeben wird.

13. Nichtflüchtiges, computerlesbares Speichermedium nach Anspruch 12, wobei das Ausschließen nach der ersten Peakfrequenz, die aus den Herzfrequenzkandidaten auszuschließen ist, in einem Bereich zwischen 0,5 Hz oder darüber und 4,0 Hz oder darunter sucht.

14. Nichtflüchtiges, computerlesbares Speichermedium nach einem der Ansprüche 10 bis 13, wobei das Abschätzen einen Filterprozess in Bezug auf das festgestellte Ergebnis der reflektierten Welle zur Peakfrequenz umfasst, die als Herzfrequenzkandidat angegeben wird.

15. Nichtflüchtiges, computerlesbares Speichermedium nach Anspruch 14, wobei der Prozess weiter Folgendes umfasst:

Erhalten der Merkmalspunkte durch Ausführen einer Ableitung erster Ordnung von ausgegebenen Daten des Filterprozesses, um ein Herzschlagintervall zu erhalten; und Berechnen der Herzfrequenz auf der Basis des Herzschlagintervalls.

#### Revendications

1. Appareil d'estimation de la fréquence cardiaque comprenant :

un émetteur (1) configuré pour transmettre une micro-onde relative à un sujet (5) ;

un récepteur (2) configuré pour recevoir et détecter une onde réfléchiée par le sujet irradié par micro-onde et acquérir un résultat détecté ;

un capteur (31-33) configuré pour capter un mouvement du sujet et acquérir un résultat capté ; et

une unité d'estimation (11, 420) configurée pour estimer la fréquence cardiaque en se basant sur des points caractéristiques obtenus par analyse fréquentielle du résultat détecté, la fréquence cardiaque étant estimée en se basant sur les points caractéristiques restants après exclusion

- des fréquences cardiaques candidates de points caractéristiques qui sont obtenus par analyse fréquentielle du résultat détecté qui sont situés au voisinage de fréquences auxquelles d'autres points caractéristiques sont obtenus par analyse fréquentielle du résultat capté, **caractérisé en ce que** les points caractéristiques et les autres points caractéristiques identifient des fréquences de crête déterminées après analyse fréquentielle comme ayant une crête supérieure ou égale à une amplitude prédéterminée.
2. Appareil d'estimation de la fréquence cardiaque selon la revendication 1, dans lequel le capteur comporte au moins un capteur parmi un microphone (31), un capteur d'accélération (32) et un capteur de vitesse angulaire (33).
3. Appareil d'estimation de la fréquence cardiaque selon la revendication 1 ou 2, dans lequel l'unité d'estimation comporte  
 un premier analyseur de fréquence (11, 421-1) configuré pour effectuer une analyse fréquentielle du résultat détecté ;  
 un second analyseur de fréquence (11, 421-2) configuré pour effectuer une analyse fréquentielle du résultat capté ;  
 une première unité de spécification (11, 422-1) configurée pour spécifier une première fréquence de crête d'après le résultat d'analyse fréquentielle du premier analyseur de fréquence ;  
 une seconde unité de spécification (11, 422-2) configurée pour spécifier une seconde fréquence de crête d'après le résultat d'analyse fréquentielle du second analyseur de fréquence ;  
 une unité formant comparateur (11, 423-2) configurée pour comparer les première et seconde fréquences de crête spécifiées par les première et seconde unités de spécification ; et  
 un dispositif d'estimation de la fréquence cardiaque (11, 423-1) configuré pour exclure des fréquences cardiaques candidates la première fréquence de crête spécifiée par la première unité de spécification qui est située au voisinage de la seconde fréquence de crête spécifiée par la seconde unité de spécification.
4. Appareil d'estimation de la fréquence cardiaque selon la revendication 3, dans lequel le dispositif d'estimation de fréquence cardiaque est configuré pour rechercher la première fréquence de crête à exclure des fréquences cardiaques candidates dans une plage supérieure ou égale à 0,5 Hz et inférieure ou égale à 4,0 Hz.
5. Appareil d'estimation de la fréquence cardiaque selon l'une quelconque des revendications 1 à 4, dans lequel l'unité d'estimation comporte une première unité de filtre (11, 425-1) configurée pour effectuer un processus de filtrage par rapport au résultat détecté de l'onde réfléchie, concernant la fréquence de crête spécifiée en tant que fréquence cardiaque candidate.
6. Appareil d'estimation de la fréquence cardiaque selon la revendication 5, dans lequel sont prévus en outre :  
 une unité de reconnaissance de caractéristique (11, 428) configurée pour obtenir les points caractéristiques en effectuant une différenciation du premier ordre sur les données de sortie de l'unité de filtre, pour acquérir un intervalle de fréquences cardiaques ; et  
 une unité de calcul (11, 41) configurée pour calculer la fréquence cardiaque en se basant sur l'intervalle de fréquences cardiaques.
7. Procédé d'estimation de la fréquence cardiaque comprenant :  
 l'acquisition d'un résultat détecté par un récepteur qui reçoit et détecte une onde réfléchie par un sujet irradié par micro-onde ;  
 l'acquisition d'un résultat capté par un capteur qui capte un mouvement du sujet ; et  
 l'estimation de la fréquence cardiaque en se basant sur des points caractéristiques obtenus par analyse fréquentielle du résultat détecté, la fréquence cardiaque étant estimée en se basant sur les points caractéristiques restants après exclusion des fréquences cardiaques candidates de points caractéristiques qui sont obtenus par analyse fréquentielle du résultat détecté qui sont situés au voisinage de fréquences auxquelles d'autres points caractéristiques sont obtenus par analyse fréquentielle du résultat capté, **caractérisé en ce que** les points caractéristiques et les autres points caractéristiques identifient des fréquences de crête déterminées après analyse fréquentielle comme ayant une crête supérieure ou égale à une amplitude prédéterminée.
8. Procédé d'estimation de la fréquence cardiaque selon la revendication 7, dans lequel l'acquisition du résultat capté capte le mouvement au moyen d'au moins un capteur parmi un microphone, un capteur d'accélération et un capteur de vitesse angulaire.
9. Procédé d'estimation de la fréquence cardiaque selon la revendication 7 ou 8, dans lequel l'estimation comporte l'exécution d'une analyse fréquentielle du résultat détecté ;

l'exécution d'une analyse fréquentielle du résultat capté ;  
 la spécification d'une première fréquence de crête d'après le résultat d'analyse fréquentielle de la première exécution ;  
 la spécification d'une seconde fréquence de crête d'après le résultat d'analyse fréquentielle de la seconde exécution ;  
 la comparaison des première et seconde fréquences de crête spécifiées par les première et seconde spécifications ; et  
 l'exclusion des fréquences cardiaques candidates de la première fréquence de crête spécifiée par la première spécification qui est située au voisinage de la seconde fréquence de crête spécifiée par la seconde spécification.

10. Support d'enregistrement non transitoire lisible par un ordinateur sur lequel est enregistré un programme pour faire exécuter par un appareil selon la revendication 1 un processus pour estimer la fréquence cardiaque, dans lequel le processus comprend :

l'acquisition d'un résultat détecté par un récepteur qui reçoit et détecte une onde réfléchie par un sujet irradié par micro-onde ;  
 l'acquisition d'un résultat capté par un capteur qui capte un mouvement du sujet ; et  
 l'estimation de la fréquence cardiaque en se basant sur des points caractéristiques obtenus par analyse fréquentielle du résultat détecté, la fréquence cardiaque étant estimée en se basant sur les points caractéristiques restants après exclusion des fréquences cardiaques candidates de points caractéristiques qui sont obtenus par analyse fréquentielle du résultat détecté qui sont situés au voisinage de fréquences auxquelles d'autres points caractéristiques sont obtenus par analyse fréquentielle du résultat capté, **caractérisé en ce que**  
 les points caractéristiques et les autres points caractéristiques identifient des fréquences de crête déterminées après analyse fréquentielle comme ayant une crête supérieure ou égale à une amplitude prédéterminée.

11. Support d'enregistrement non transitoire lisible par un ordinateur selon la revendication 10, dans lequel le processus comprend en outre :

la capture du mouvement du sujet, d'après la sortie d'au moins un capteur parmi un microphone, un capteur d'accélération et un capteur de vitesse angulaire.

12. Support d'enregistrement non transitoire lisible par un ordinateur selon la revendication 10 ou 11, dans lequel l'estimation comporte

l'exécution d'une analyse fréquentielle du résultat détecté ;  
 l'exécution d'une analyse fréquentielle du résultat capté ;  
 la spécification d'une première fréquence de crête d'après le résultat d'analyse fréquentielle de la première exécution ;  
 la spécification d'une seconde fréquence de crête d'après le résultat d'analyse fréquentielle de la seconde exécution ;  
 la comparaison des première et seconde fréquences de crête spécifiées par les première et seconde spécifications ; et  
 l'exclusion des fréquences cardiaques candidates de la première fréquence de crête spécifiée par la première spécification qui est située au voisinage de la seconde fréquence de crête spécifiée par la seconde spécification.

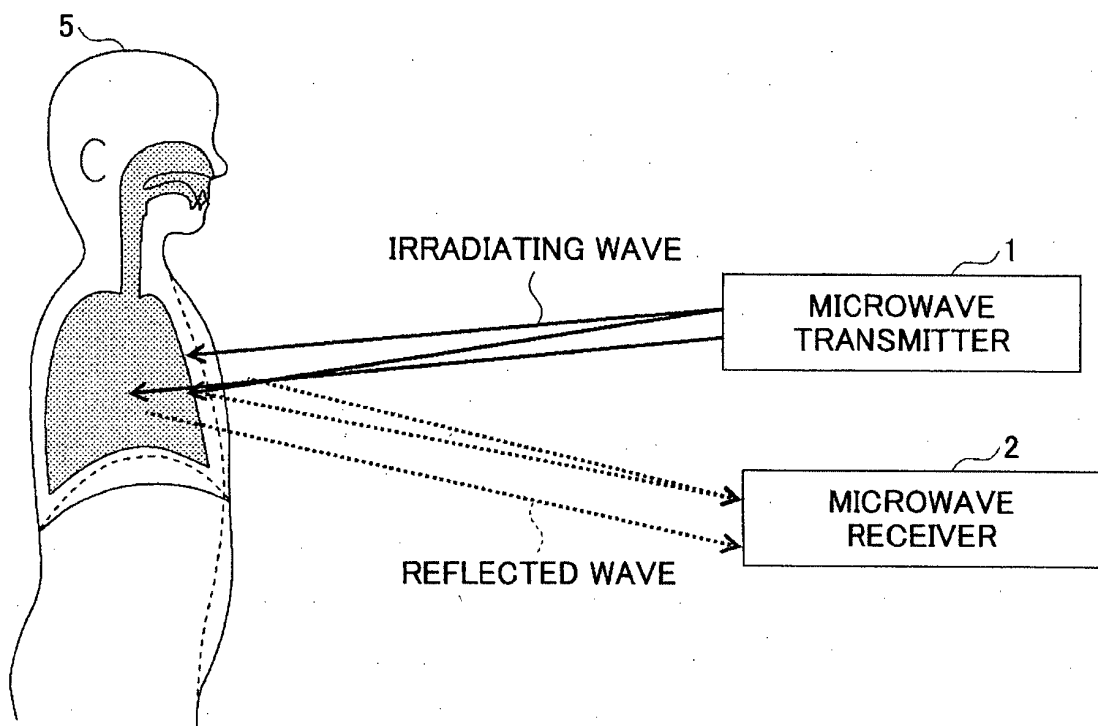
13. Support d'enregistrement non transitoire lisible par un ordinateur selon la revendication 12, dans lequel l'exclusion recherche la première fréquence de crête à exclure des fréquences cardiaques candidates dans une plage supérieure ou égale à 0,5 Hz et inférieure ou égale à 4,0 Hz.

14. Support d'enregistrement non transitoire lisible par un ordinateur selon l'une quelconque des revendications 10 à 13, dans lequel l'estimation comporte un processus de filtrage par rapport au résultat détecté de l'onde réfléchie, concernant la fréquence de crête spécifiée en tant que fréquence cardiaque candidate.

15. Support d'enregistrement non transitoire lisible par un ordinateur selon la revendication 14, dans lequel le processus comprend en outre :

l'obtention des points caractéristiques en effectuant une différenciation du premier ordre sur les données de sortie du processus de filtrage, pour acquérir un intervalle de fréquences cardiaques ; et  
 le calcul de la fréquence cardiaque en se basant sur l'intervalle de fréquences cardiaques.

FIG.1



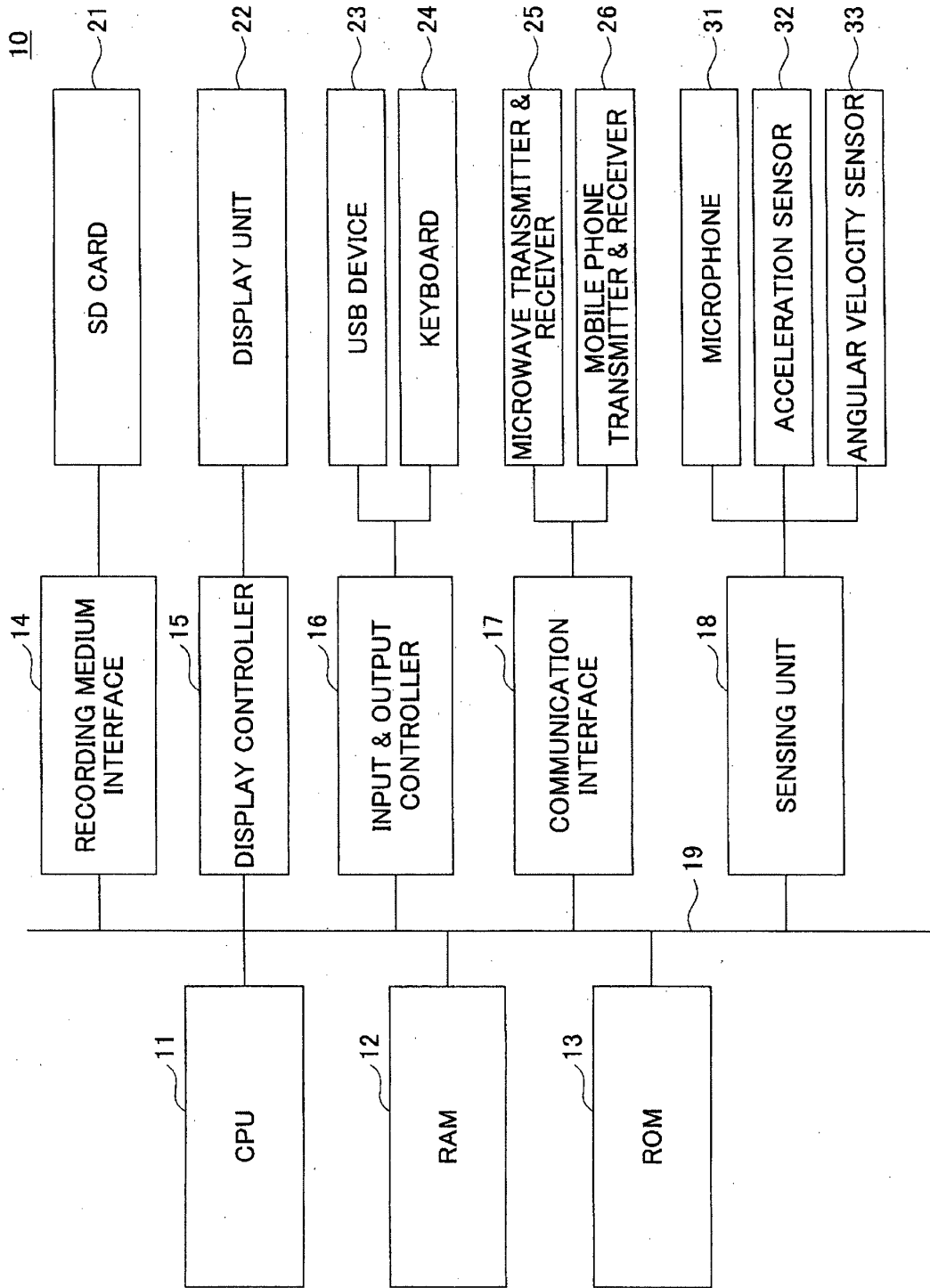


FIG.2

FIG.3

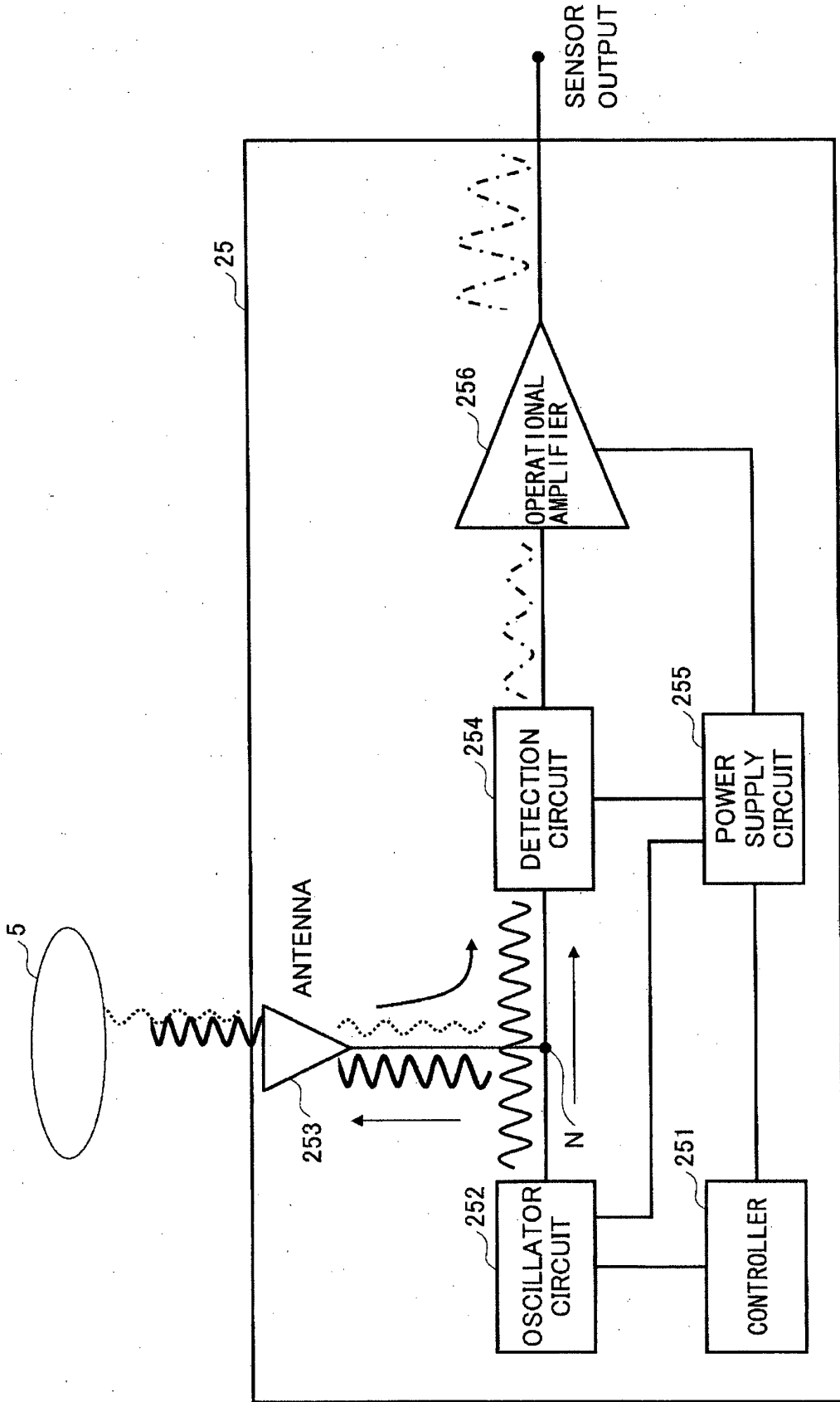


FIG.4

10-1

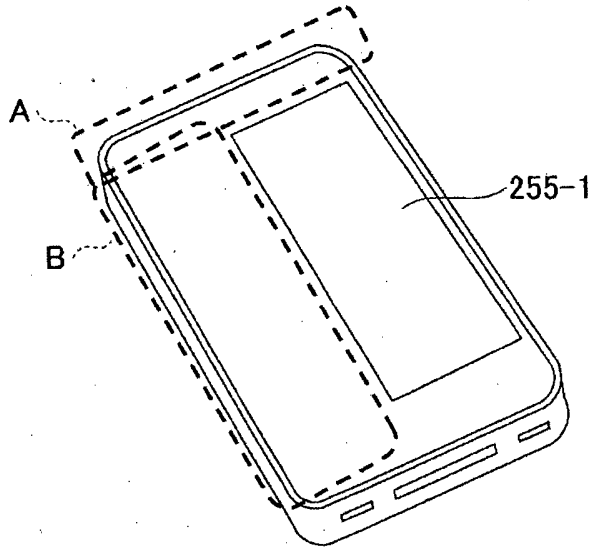


FIG.5

10-2

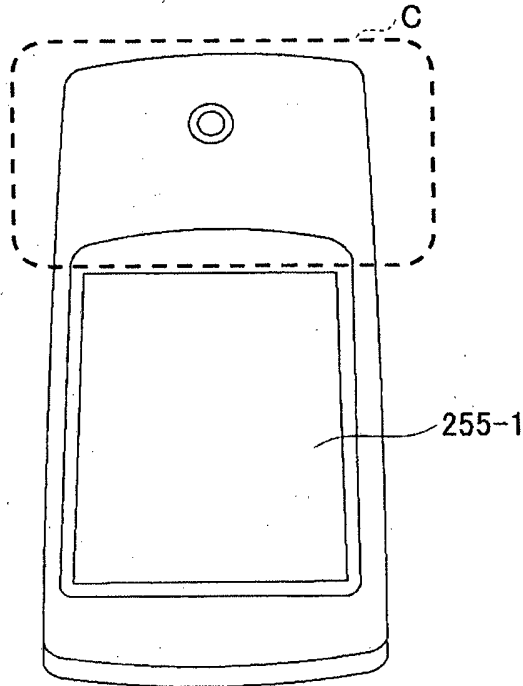


FIG.6

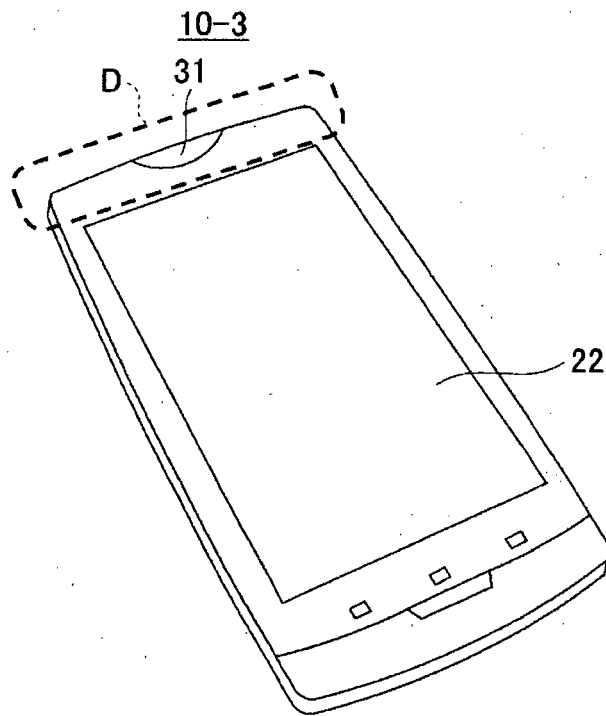


FIG.7

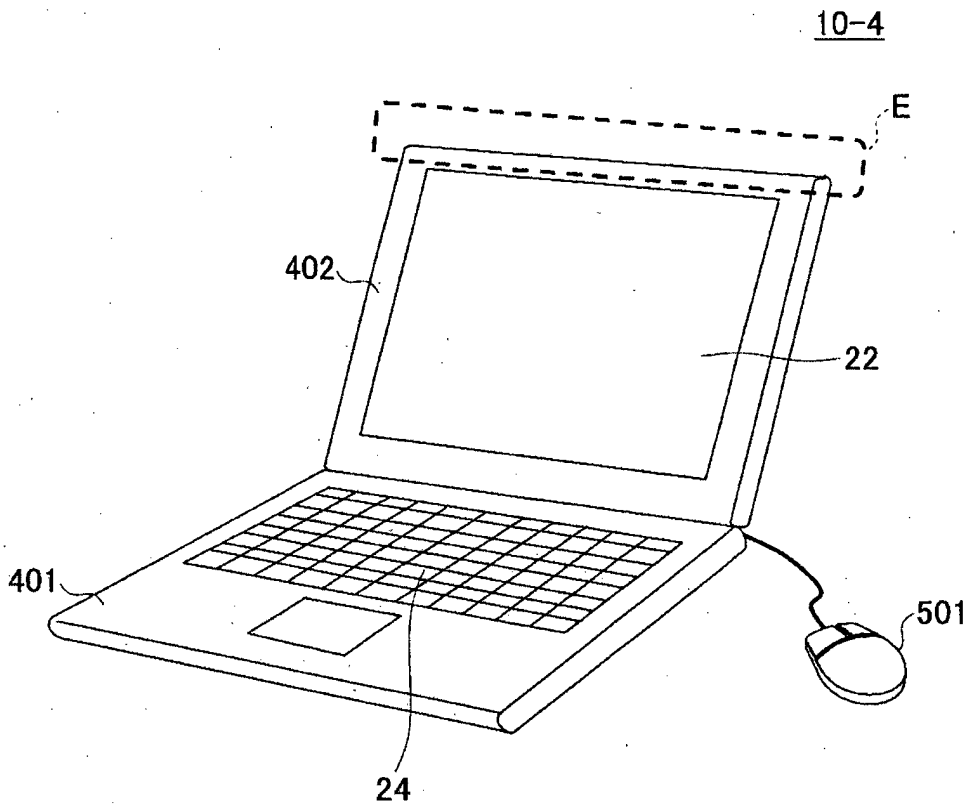


FIG.8

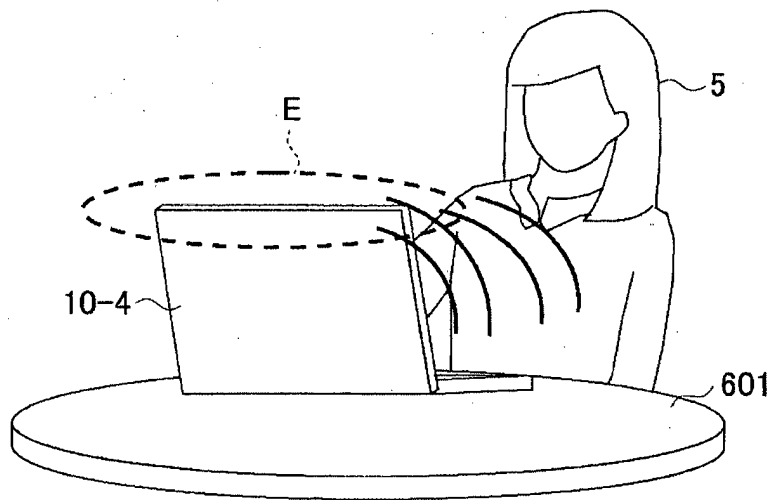


FIG. 9

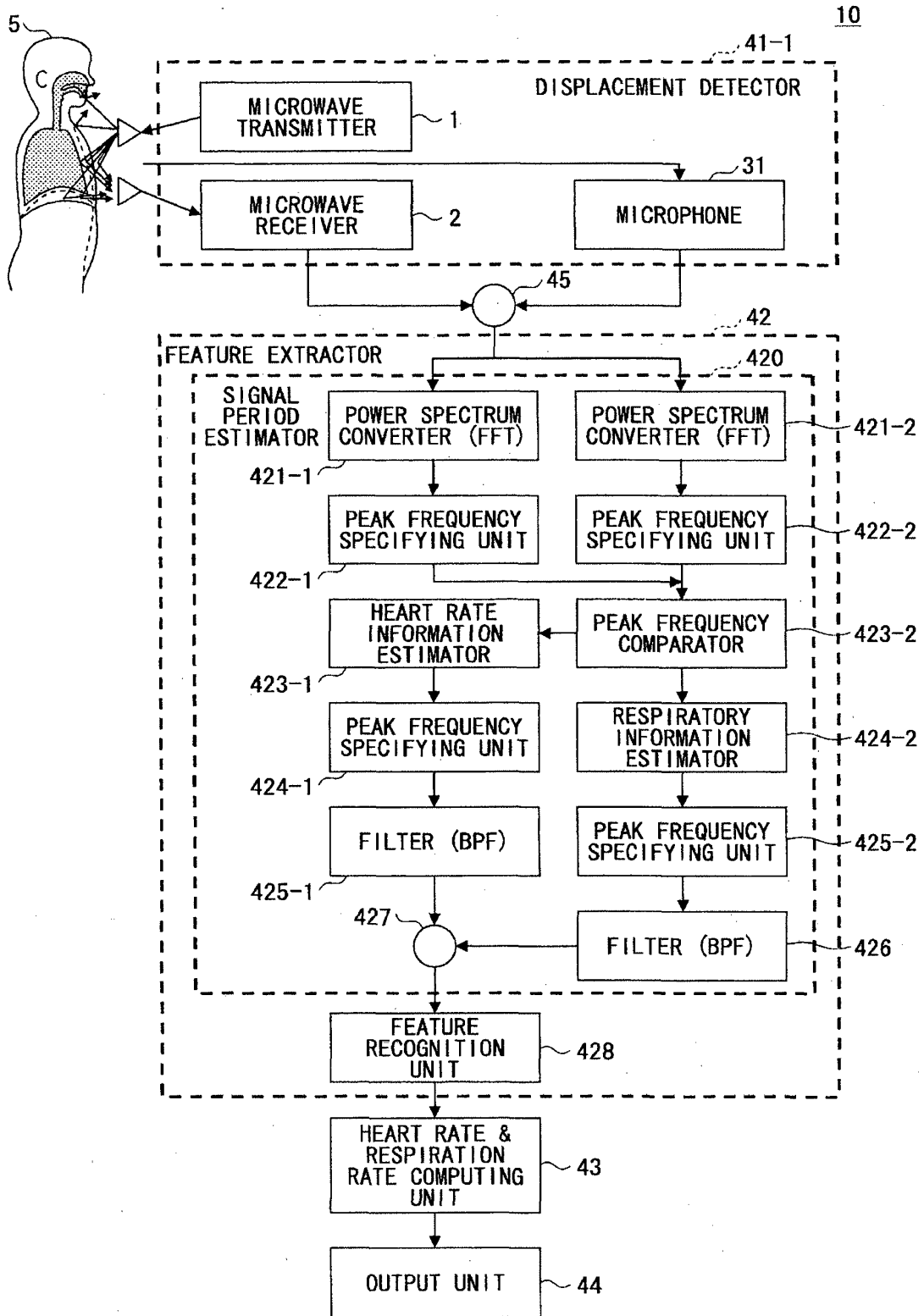


FIG.10

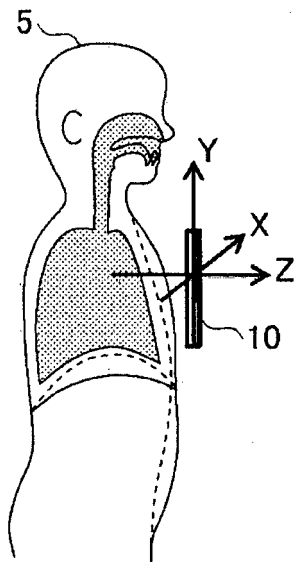


FIG.11

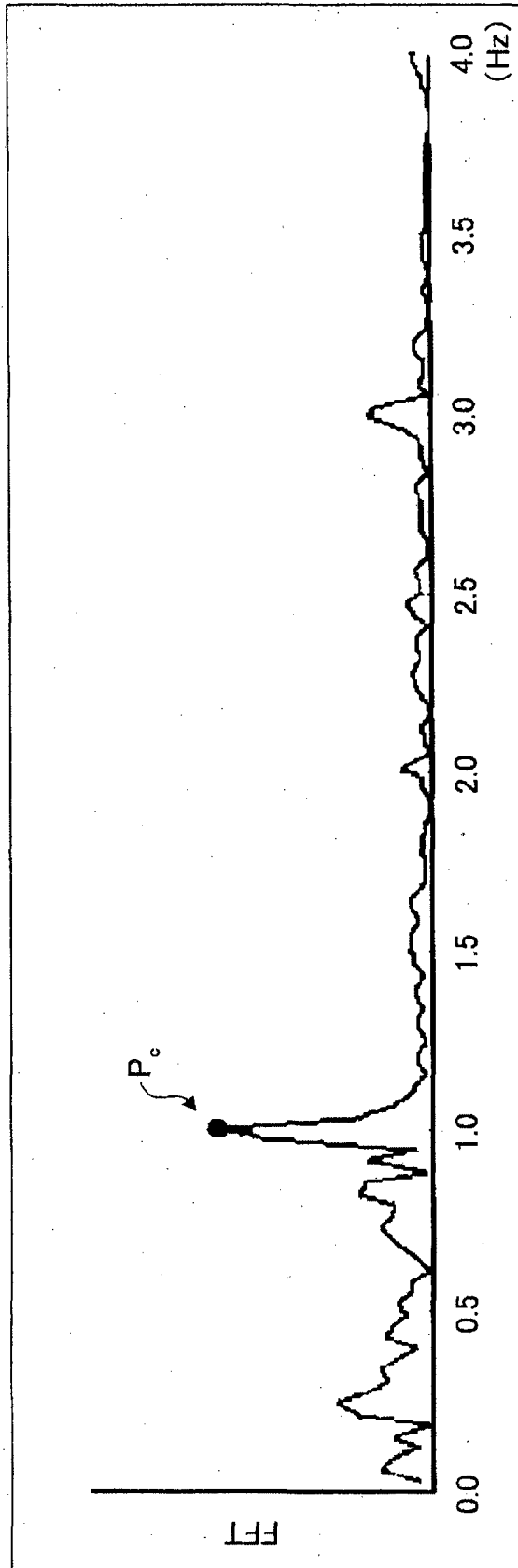


FIG.12

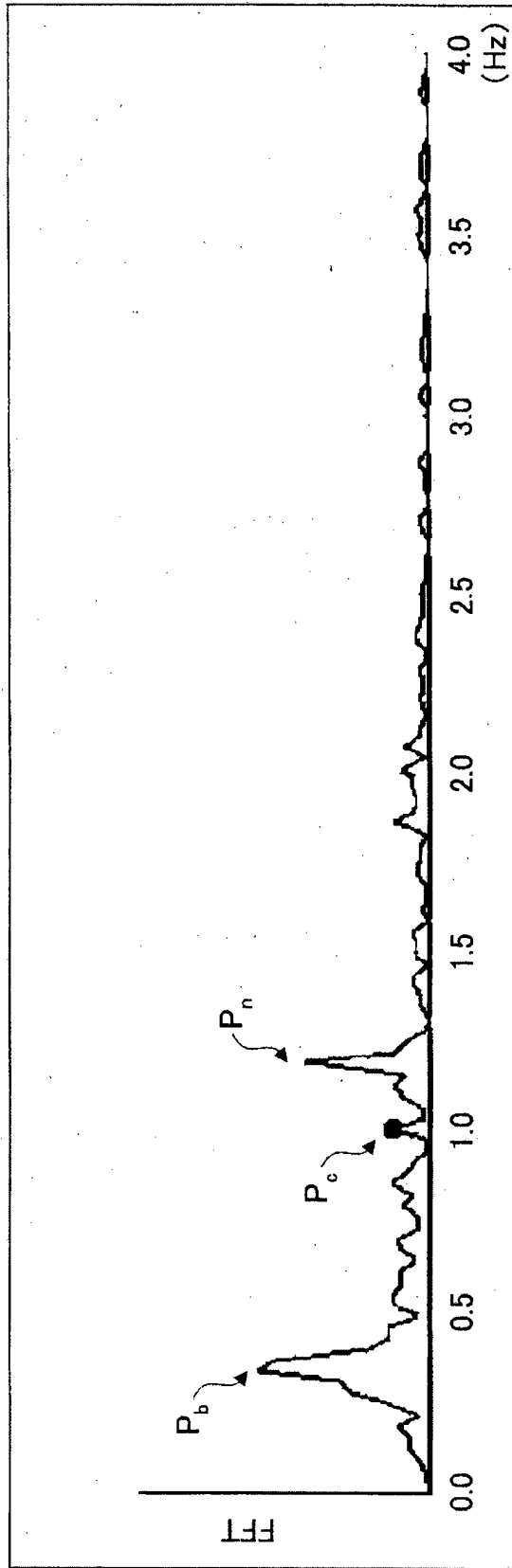


FIG.13

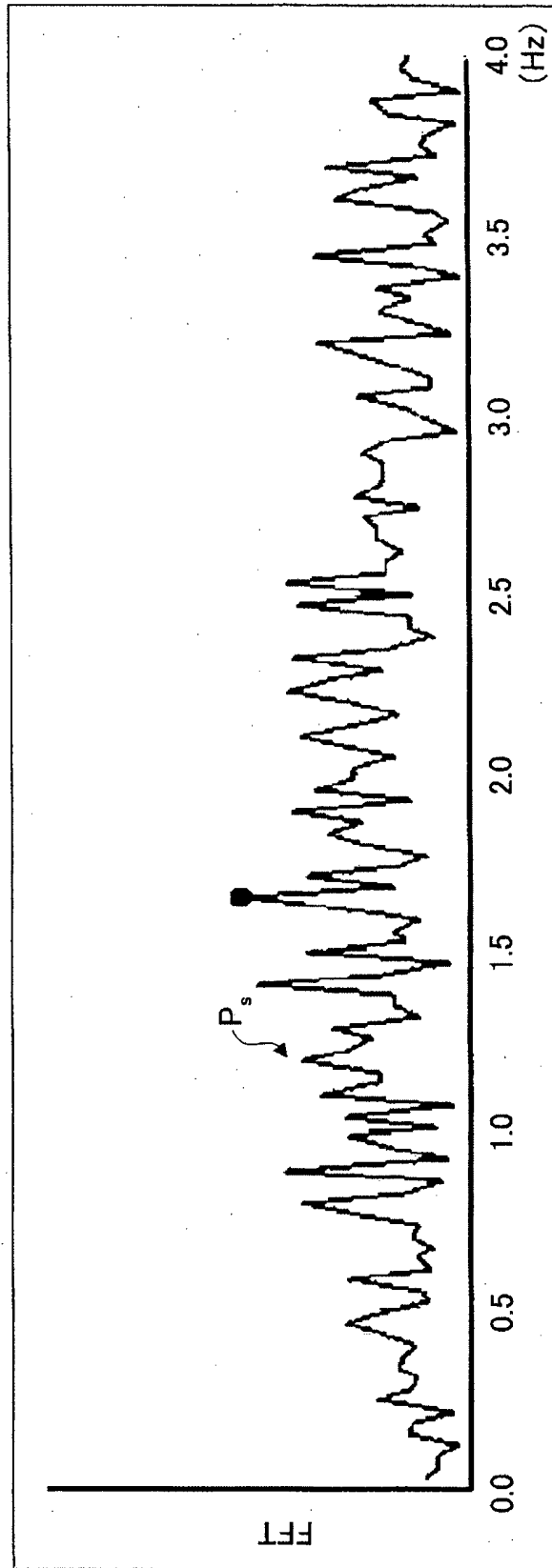


FIG.14

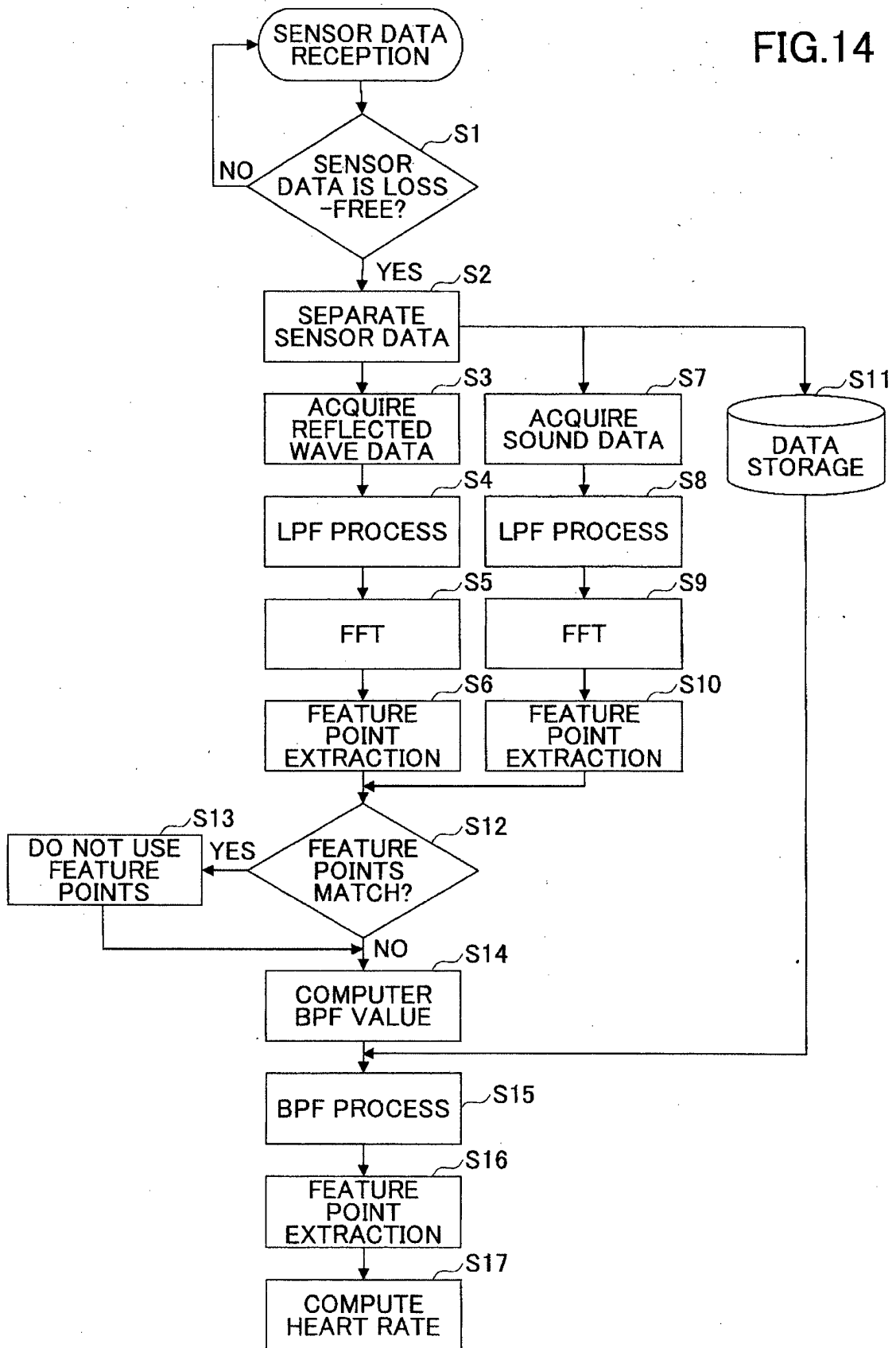


FIG.15

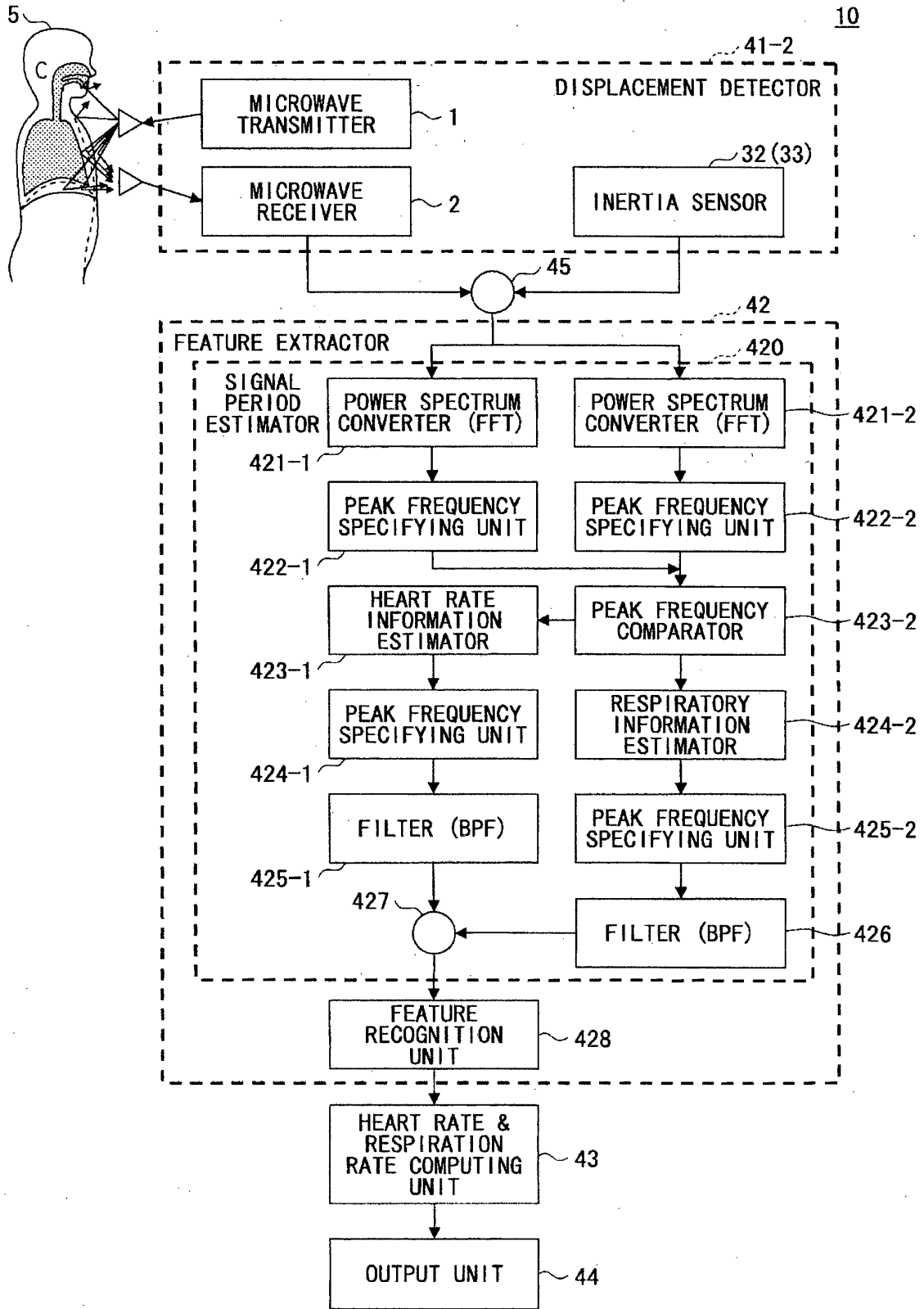


FIG.16

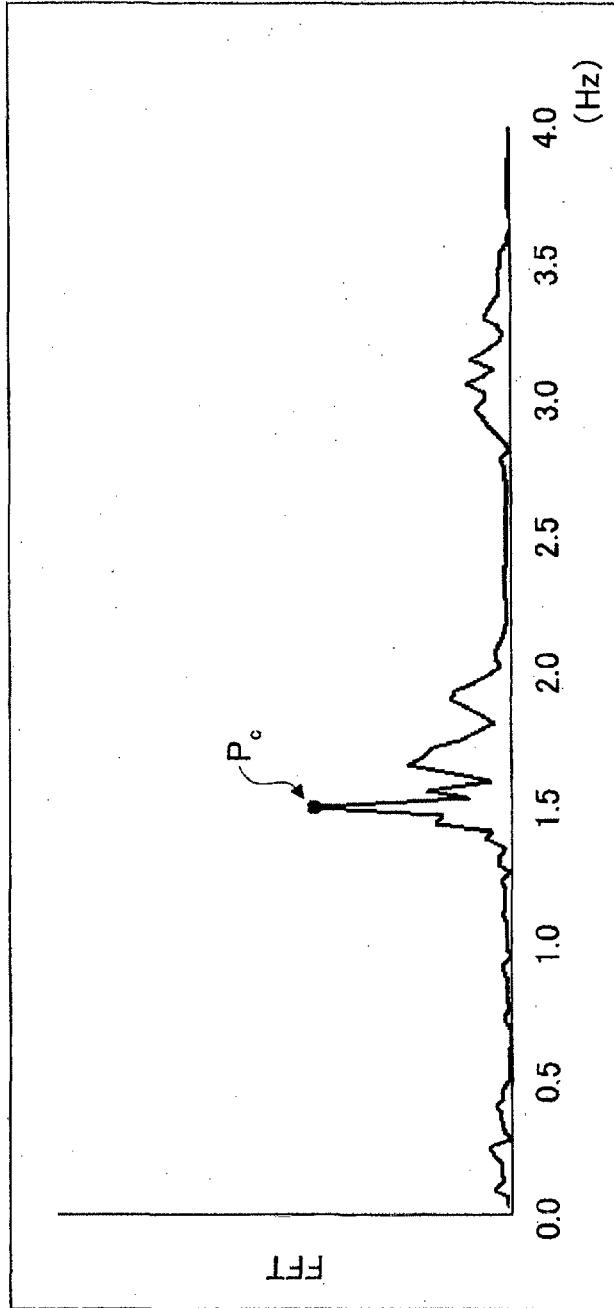


FIG.17

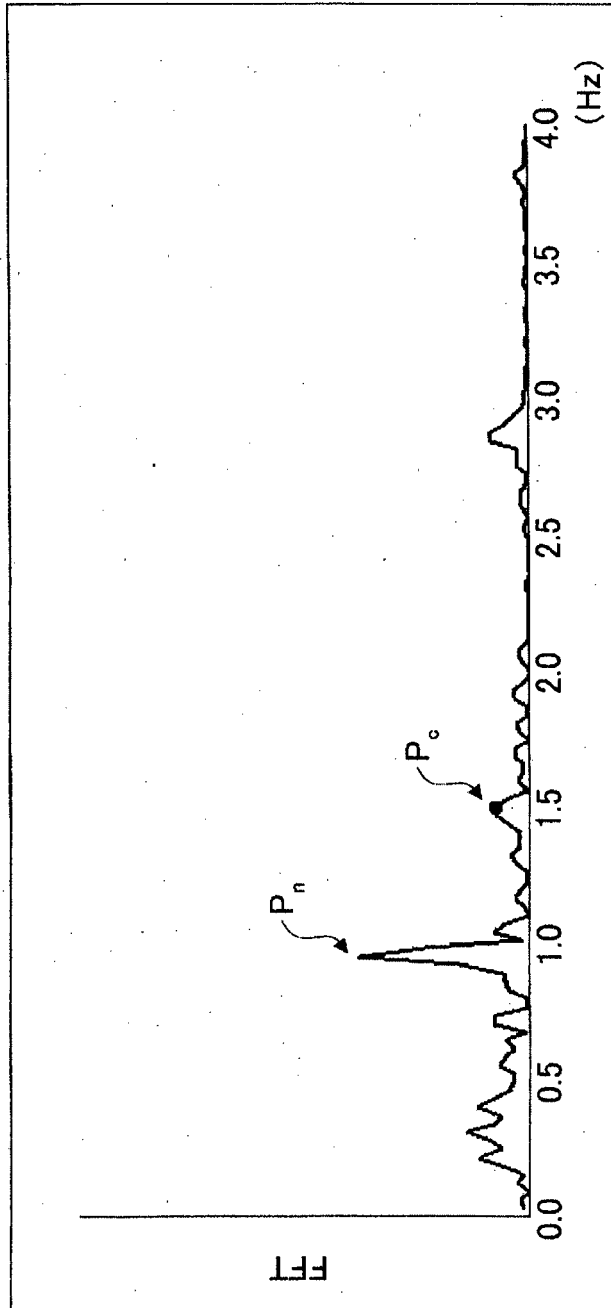


FIG.18

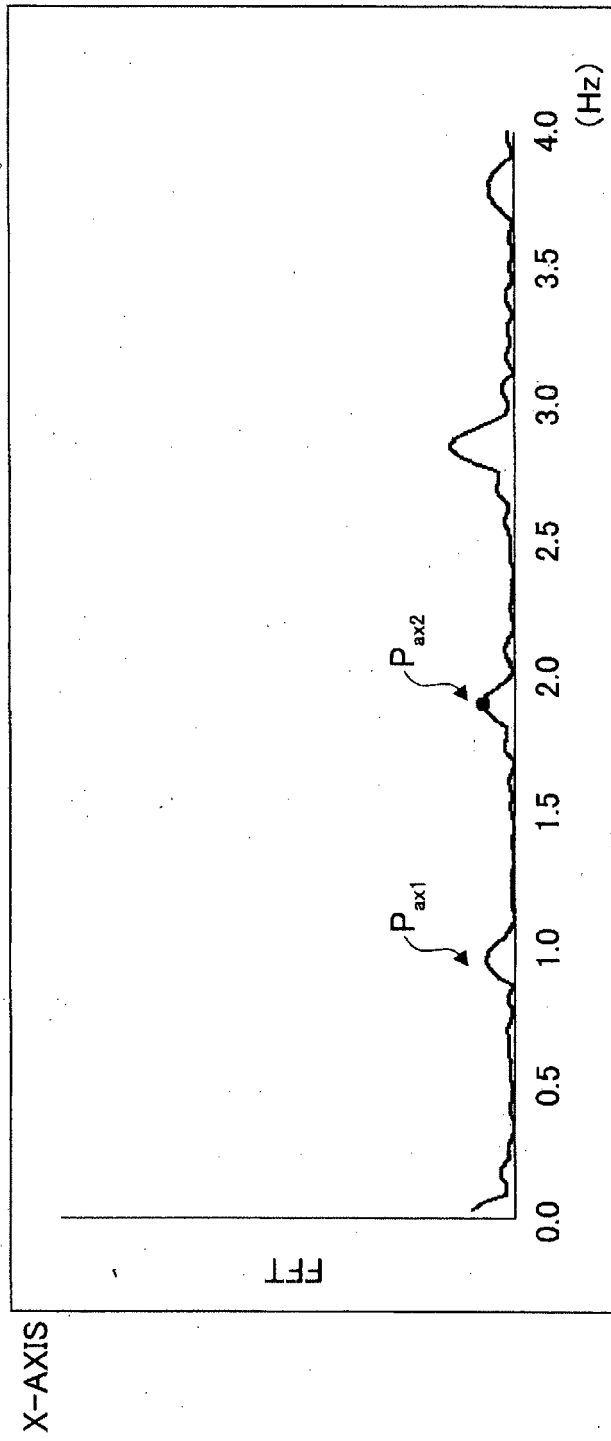


FIG.19

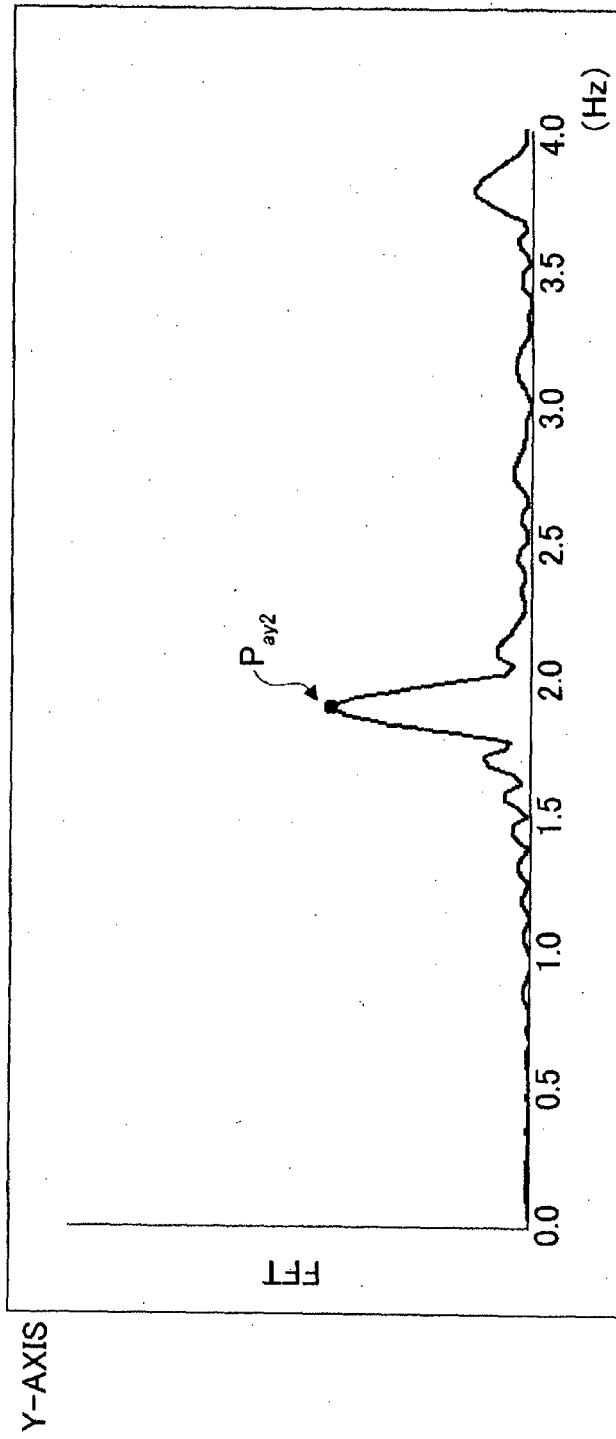


FIG.20

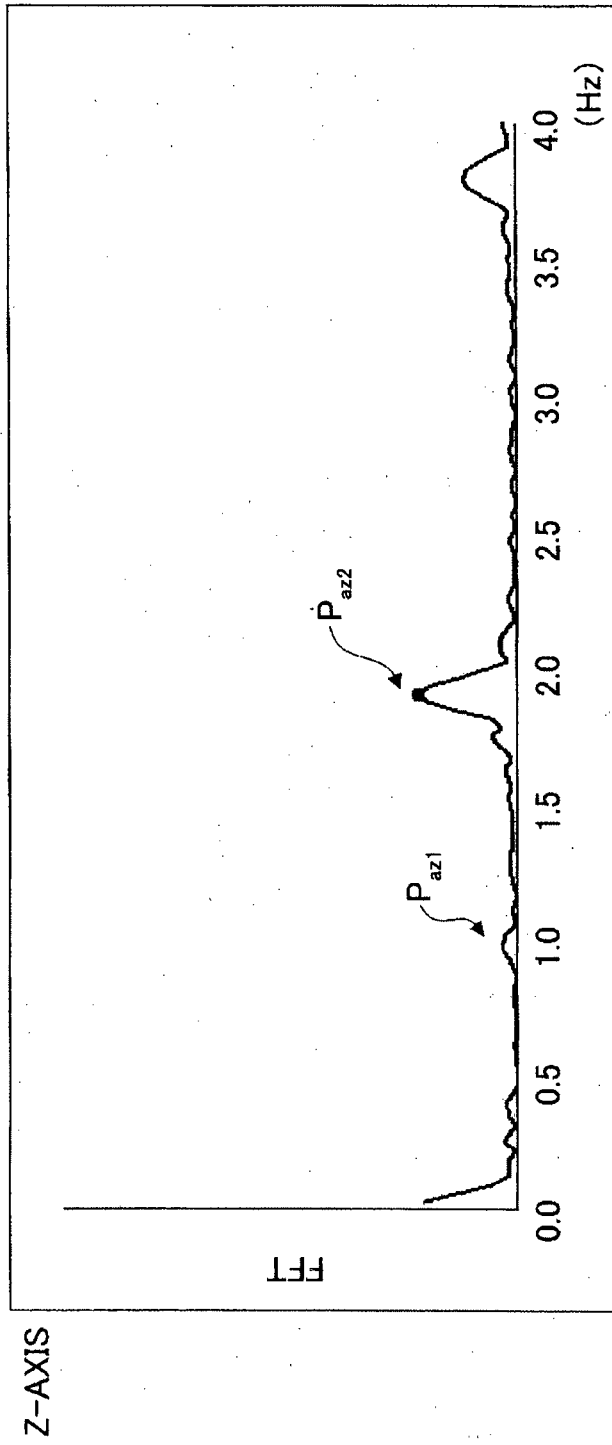


FIG.21

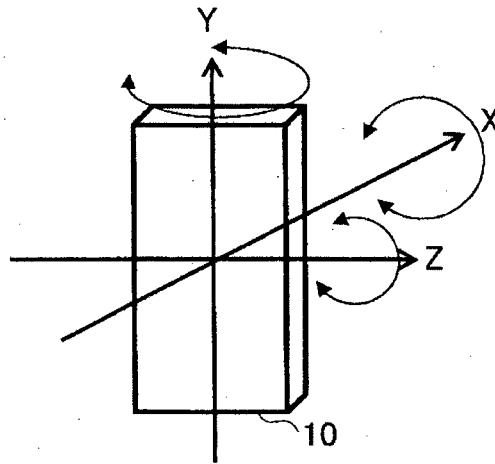


FIG.22

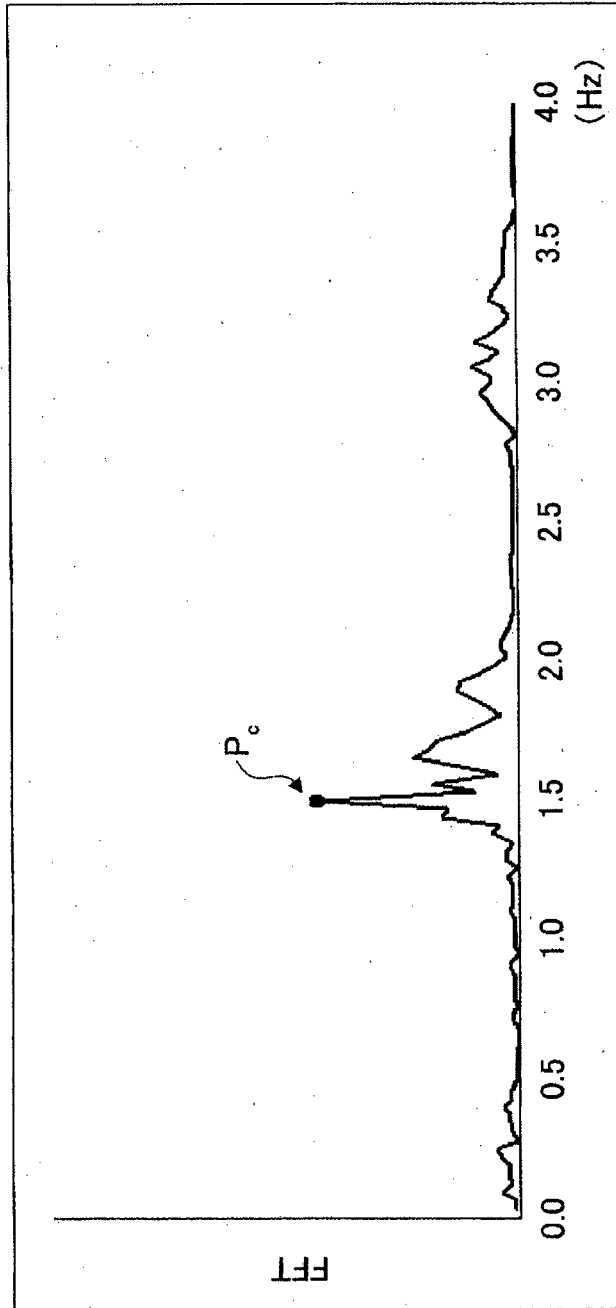


FIG.23

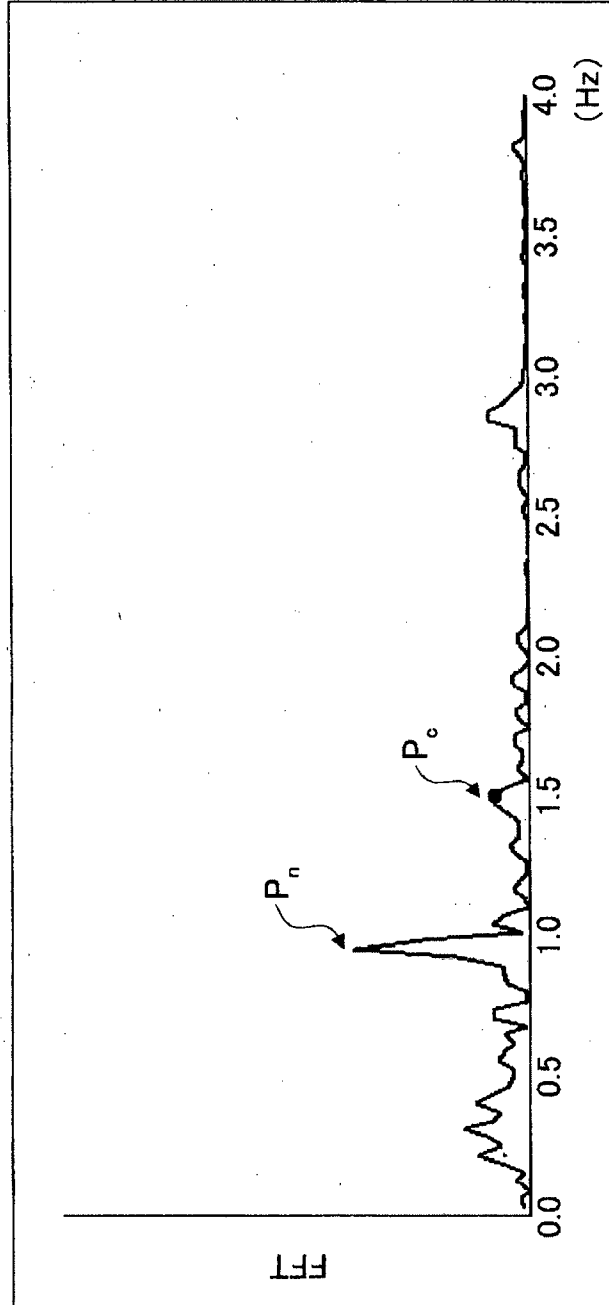


FIG.24

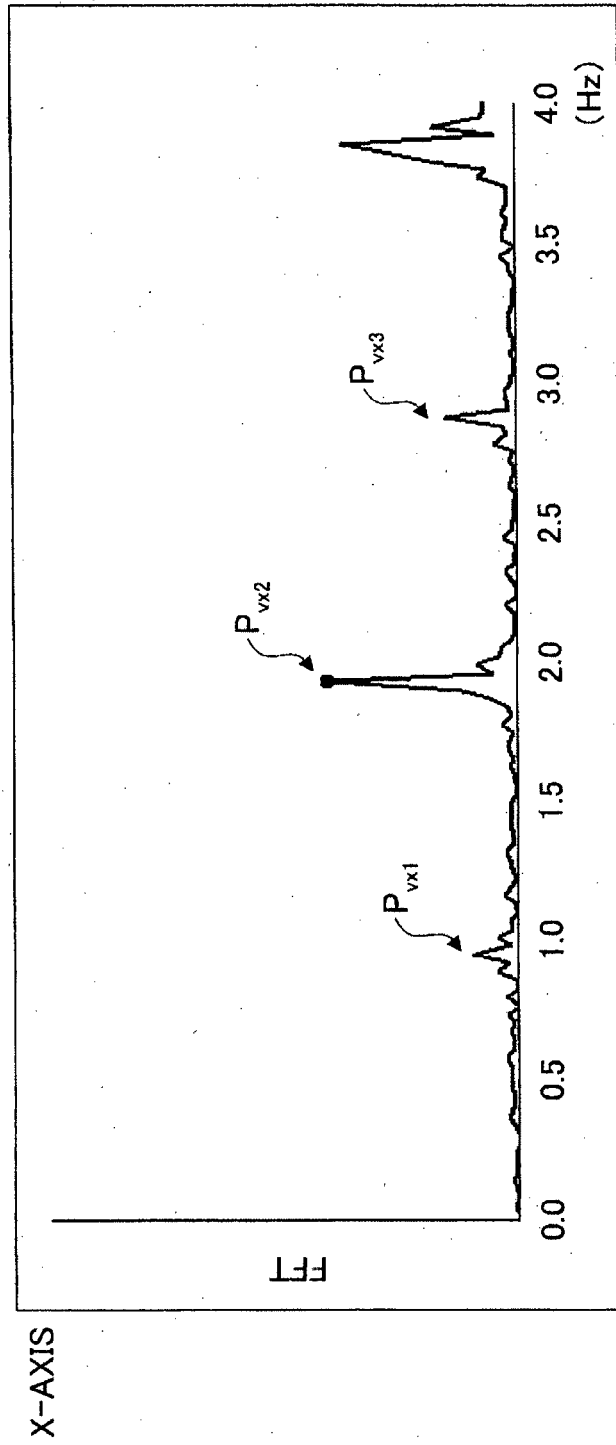
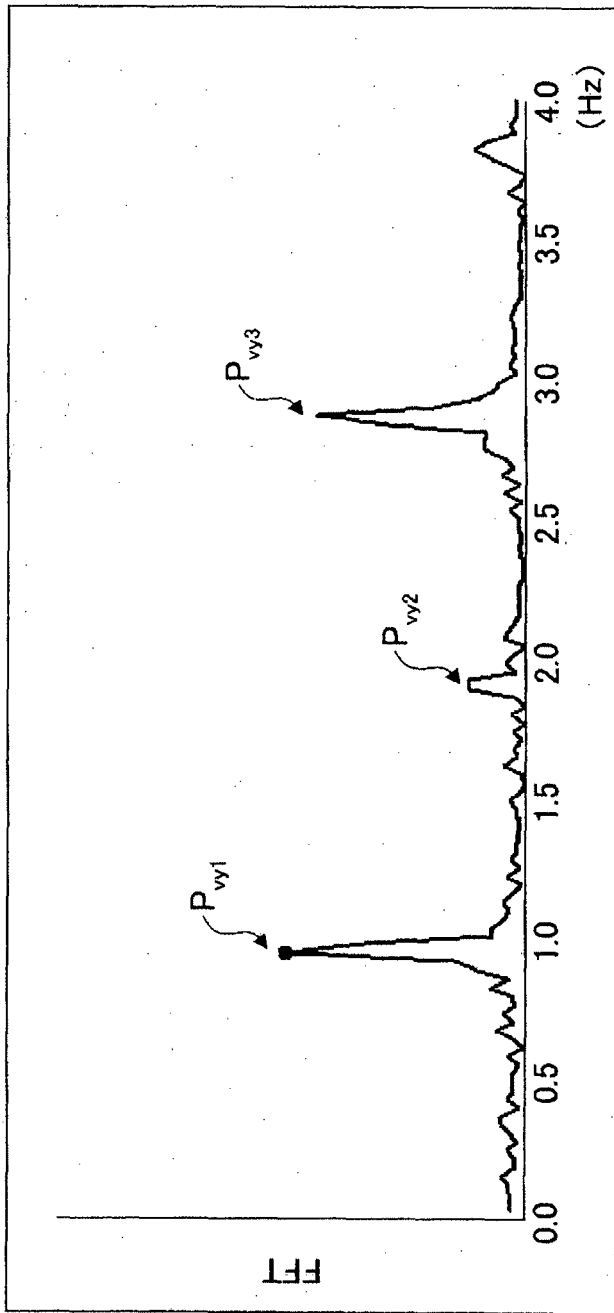
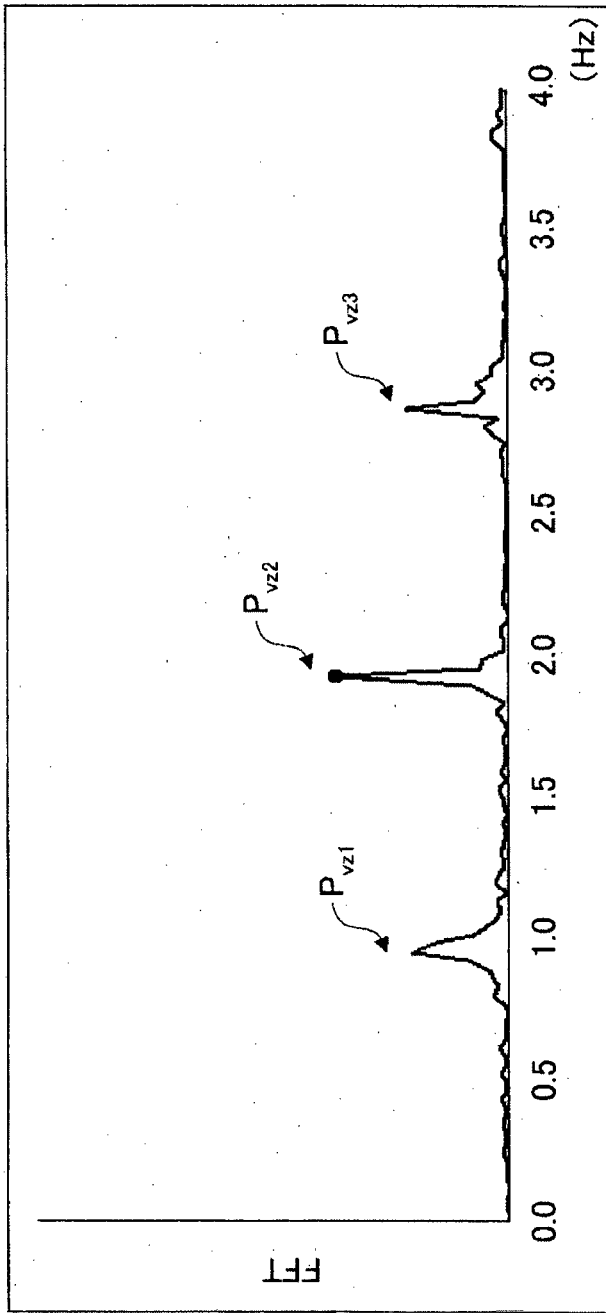


FIG.25



Y-AXIS

FIG.26



Z-AXIS

**REFERENCES CITED IN THE DESCRIPTION**

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专利名称(译)	心率估计设备和方法		
公开(公告)号	<a href="#">EP2700353B1</a>	公开(公告)日	2015-04-01
申请号	EP2013171500	申请日	2013-06-11
[标]申请(专利权)人(译)	富士通株式会社		
申请(专利权)人(译)	FUJITSU LIMITED		
当前申请(专利权)人(译)	FUJITSU LIMITED		
[标]发明人	YAMAJI TAKAYUKI		
发明人	YAMAJI, TAKAYUKI		
IPC分类号	A61B5/024 A61B5/05 A61B5/00		
CPC分类号	A61B5/024 A61B5/02438 A61B5/0507 A61B5/7257 A61B2562/0204 A61B2562/0219		
优先权	2012183407 2012-08-22 JP		
其他公开文献	EP2700353A1		
外部链接	<a href="#">Espacenet</a>		

摘要(译)

心率估计设备可包括：发射器，用于相对于对象发射微波；接收器，用于接收和检测来自被微波照射的对象的反射波，并获取检测结果；感测器，用于感测对象的运动，并获得感测结果和估计单元。估计单元可以基于从心率候选者中排除通过检测结果的频率分析获得的特征点并且位于通过频率分析获得特征点的频率附近之后剩余的特征点来估计心率。感觉到的结果。

FIG.1

